



## Gamete quality and ovarian reserve as markers for early pregnancy loss

Special Interest Group Early Pregnancy

# 14

1 July 2012  
Istanbul, Turkey





# **Gamete quality and ovarian reserve as markers for early pregnancy loss**

**Istanbul, Turkey  
1 July 2012**

**Organised by  
the Special Interest Group Early Pregnancy**



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# Course coordinators

Ole B. Christiansen (Denmark)

## Course description

There is uncertainty whether low quality of spermatozoa and low sperm count as well as low oocyte number and quality reflected in markers for ovarian reserve is predictive for an increased risk of biochemical pregnancies and miscarriages in subsequent pregnancies conceived with and without the use of ART.

The course will review the current knowledge about whether such associations exist and whether some of the markers for sperm and oocyte quality can be helpful in clinical practice.

## Target audience

Reproductive physicians and biologists





# Scientific programme

Chair: Mariette Goddijn (The Netherlands)

- 09.00 – 09.10 Introduction – **Ole B. Christiansen (Denmark)**  
09.10 – 09.40 Subfertility, mode of conception and their effect on miscarriage rate – **Monique Brandes (The Netherlands)**  
09.40 – 09.50 Discussion  
09.50 – 10.20 Transmission electron microscopy and FISH studies of sperm in couples with recurrent miscarriage – **Gaia Terzuoli (Italy)**  
10.20 – 10.30 Discussion  
10.30 – 11.00 Coffee break

Chair: Siobhan Quenby (United Kingdom)

- 11.00 – 11.30 Markers of sperm quality and miscarriage rate – **Nicolas Garrido (Spain)**  
11.30 – 11.40 Discussion  
11.40 – 12.10 Sperm DNA damage and its effect on miscarriage after IVF/ICSI – **Armand Zini (Canada)**  
12.10 – 12.30 Panel discussion with Nicolas Garrido, Gaia Terzuoli, Armand Zini, and delegates on the role of sperm factors in post-conception reproductive failure and its clinical implications  
12.30 – 13.30 Lunch break

Chairs: Roy Farquharson (United Kingdom)

- 13.30 – 14.00 Are ovarian reserve tests predictive of miscarriage in women undergoing ART? – **Jayaprakasan Kannamannadiar (United Kingdom)**  
14.00 – 14.10 Discussion  
14.10 – 14.40 Ovarian reserve and early pregnancy – **Maaïke Haadsma (The Netherlands)**  
14.40 – 14.50 Discussion  
15.00 – 15.30 Coffee break

Chair: Ole B. Christiansen (Denmark)

- 15.30 – 16.00 Anti-Müllerian hormone levels and miscarriage rates after IUI – **Kelton Tremellen (Australia)**  
16.00 – 16.30 Anti-Müllerian hormone levels in women with recurrent miscarriage and their value in predicting another miscarriage – **Elisabeth Clare Larsen (Denmark)**  
16.30 – 17.00 Panel discussion with Banchhita Sahu, Maaïke Haadsma, Kelton Tremellen, Elisabeth Clare Larsen and delegates on the role of ovarian reserve tests in miscarriage and their clinical importance



Subfertility, mode of conception and their effect on miscarriage rate

M. Brandes, MD PhD



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Infertility

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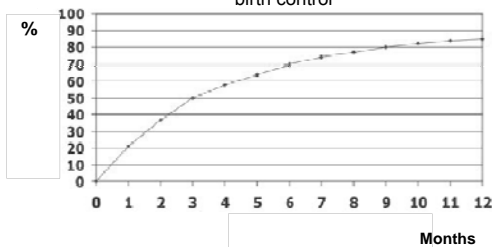
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Normal fertility

Pregnancy chance in months after discontinuation of birth control



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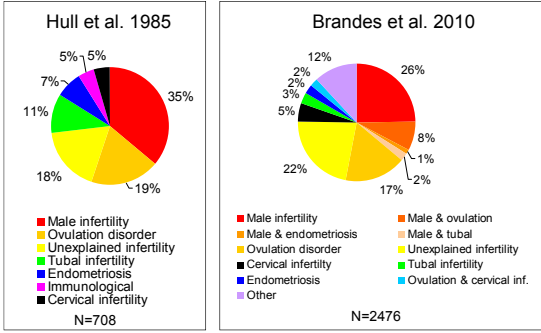
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## Diagnoses in the infertility clinic




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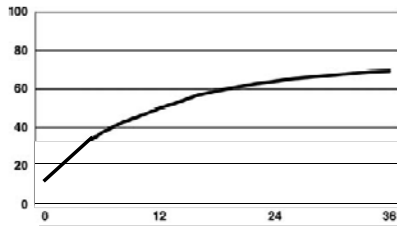
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## Overall outcome

Percentage ongoing pregnancies infertile patients



Brandes et al. 2010

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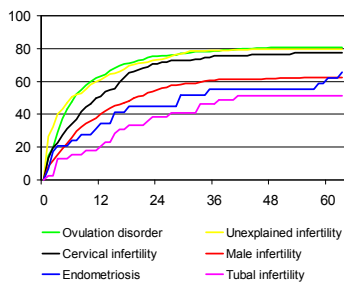
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## Pregnancy chance per diagnosis



Brandes et al. 2010

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## Miscarriage rate

General population 10-15%  
Infertile population 18-30%



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## Infertility and miscarriage

1572 women, 3269 pregnancies (1980-1990)

	Infertile couples	Fertile couples	Adj OR (95% CI)
Miscarriage	23%	14%	1.71 (1.26-2.94)

Infertile women experience more frequently a miscarriage compared to normal fertile women

Gray and Wu 2000, Am J Publ Health

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## Risk factors for miscarriage

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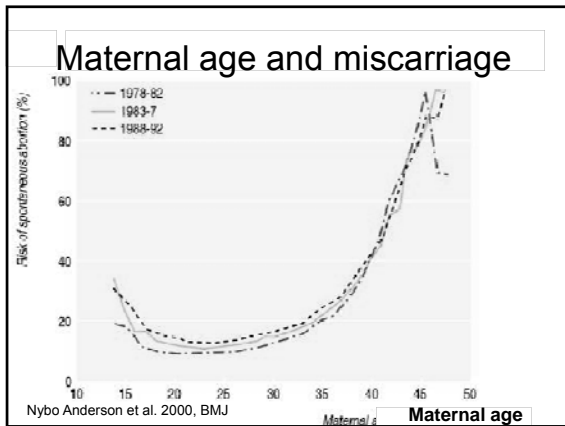
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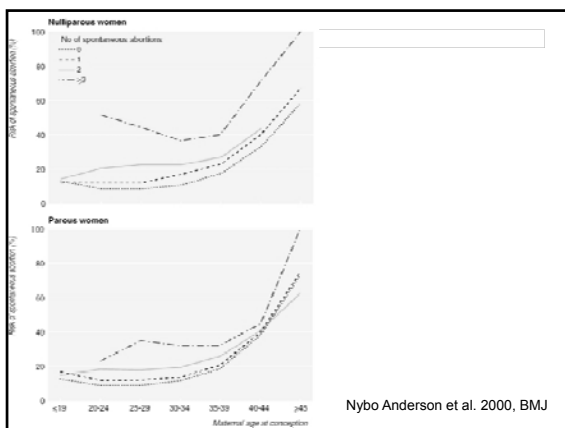
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### Maternal age and miscarriage

**TABLE 1-Study Outcomes, by Characteristics of the Women at Time of Conception: New York and Vermont, 1980-1990**

Characteristic	No of Pregn	Spont abortion Rate %	Odd Ratio (95% CI)	Waiting Time >1y %	Odd ratio of Infertility (95% CI)
Age at conception, y					
<24	1001	10.4	1.0	5.8	1.0
25-29	1277	13.6	1.36 (1.04-1.78)	9.6	1.73 (1.24-2.43)
30-34	573	22.3	2.48 (1.85-3.32)	14.3	2.72 (1.88-3.93)
>35	116	22.4	2.49 (1.50-4.13)	13.8	2.60 (1.38-4.86)

Gray and Wu 2000, Am J Publ Health

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### Maternal and paternal age and miscarriage

Paternal age	Maternal age		
	20-29	30-34	35-44
20-29	1.00	1.72	9.18
	ref	0.62-4.74	1.8-46.66
30-34	1.06	1.62	3.87
	0.61-1.86	0.93-2.82	1.24-12.02
35-39	1.31	1.06	3.38
	0.56-3.07	0.52-2.17	1.76-6.47
40-64	1.80	2.90	6.73
	0.52-6.24	1.26-6.67	3.50-12.95

de la Rochebrochard and Thonneau 2002, Hum Reprod

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### Maternal and paternal age and miscarriage

Paternal age	Maternal age		
	20-29	30-34	35-44
20-29	Standard Risk Zone (reference)		High Risk Zone
30-34			
35-39			
40-64	High Risk Zone	Highest Risk Zone	

de la Rochebrochard and Thonneau 2002, Hum Reprod

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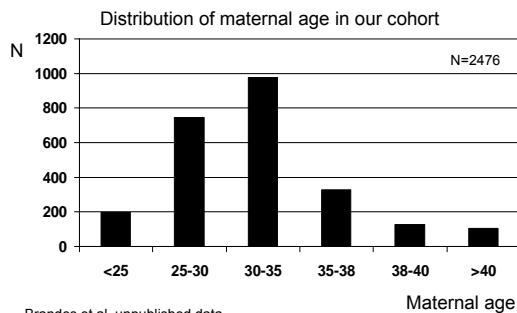
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### Maternal age




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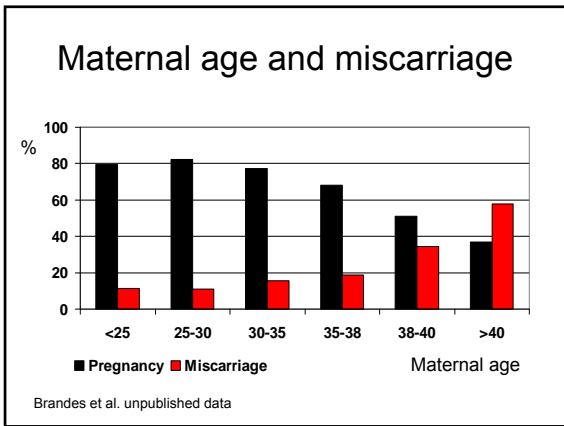
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### Maternal age and BMI and miscarriage

	Abn karyo n	Abn karyo type	p value		Abn karyo n	Abn karyo type	p value
<b>AGE</b>	<35	93	49.5	0.009	ART	IUI/nat	90 62.2 0.433
	≥35	111	67.6			IVF	111 56.8
<b>BMI</b>	<25	153	63.4	0.040	ICSI	no	53 50.9 0.237
	≥25	51	47.1			yes	58 62.1
<b>PCOS</b>	no	156	61.5	0.244	RPL	no	173 59.0 0.915
	yes	48	52.1			yes	30 60.0

Landres et al. 2010, Hum Reprod

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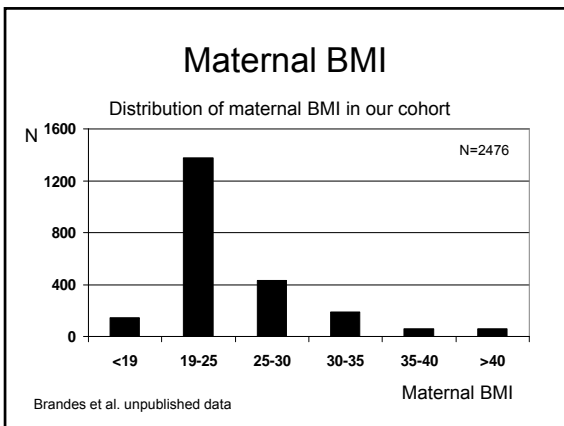
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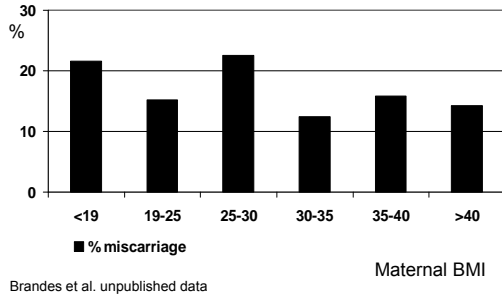
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## Maternal BMI and miscarriage




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## Tobacco and Cocaine and miscarriage

400 women with miscarriage, aged 14-40 years



	Spontaneous abortion	No spontaneous abortion
Tobacco use	34.6	21.8
Cocaine use	28.9	20.5

**Tobacco and cocaine use were associated with spontaneous miscarriage.**

Ness et al. 1999, N Eng J Med

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## Cigarette, alcohol, caffeine and miscarriage

330 women with spontaneous abortion  
1168 women with ongoing pregnancy

	OR (95% CI)
≥5 U alcohol/week	4.84 (2.87-8.16)
375mg caffeine/day	2.21 (1.53-3.18)
10-19 cigarettes	-
≥ 20 cigarettes	-



Consumption of ≥5 units alcohol p/wk and ≥ 375 mg caffeine p/day during pregnancy may increase the risk for spontaneous abortion.

Rasch et al. 2003, Acta Obstet Gynecol Scan

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Fertility diagnosis and miscarriage

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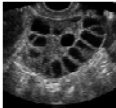
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**PCOS and miscarriage**

Single center, retrospective study  
PCOS: 631 patients  
Controls (tubal path): 1423 patients



Pregnancies after IVF

409 miscarriage (23% vs 17%,  $p < 0.05$ )

Yan et al. 2011, Zhonghua Fu Chan ke Za Zhi

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**PCOS and miscarriage**

Single study, 1018 patients

Overall incidence of miscarriage 21%

Univariate:  
PCOS vs non-PCOS: 25% vs 18%  $p < 0.01$

Multivariate logistic regression:  
PCOS vs non-PCOS: not significant !

Wang et al. 2001, Hum Reprod

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## Endometriosis and miscarriage

140 patients with endometriosis  
182 IVF cycles

Table II. Pregnancy outcome and implantation rate after in-vitro fertilization using gonadotrophins

Groups	No. of cycles	Implantation rate	Pregnancy rate/transfer	Miscarriage rate
1. Male factor	45	23.4%	39% (9/23)	0
2. Unexplained	196	27.6%	48% (76/159)	3.9% (3)
3. Tubal factor	1136	23.4%	45% (465/1039)	3.4% (16)
4. Endometriosis	129	21.8%	40% (44/110)	0

Absolute numbers are given in parentheses. The differences between the groups for implantation

Geber et al. 1995, Hum Reprod

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## Relation of mode of conception to miscarriage

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## Infertility treatment and miscarriage

Single center, historical cohort, 418 patients

Spontaneous vs OI, vs IVF, vs non-OI  
depending treatment

No increased risk for miscarriage after either  
treatment



Pezeshki et al. 2000, Fertil Steril

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## Infertility treatment and miscarriage

Multicenter, 6759 patients

Spontaneous vs ART pregnancies (2503 patients)

Corrected by female age (RR 1.20, 95%CI 1.03-1.46)

Wang et al. 2004, Hum Reprod



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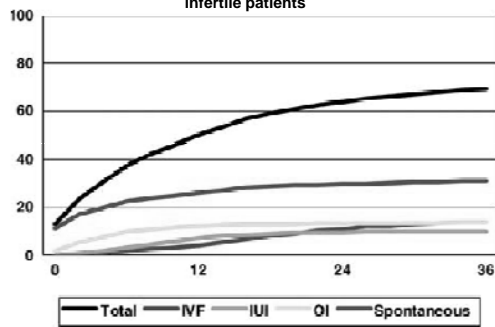
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Percentage ongoing pregnancies in GP referred infertile patients



Brandes et al. 2010, Hum Reprod

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## Study design

2476 patients



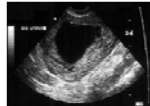
1809 clinical pregnancies



1523 ongoing pregnancies



286 miscarriages



Brandes et al. 2011 RBM Online

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### Results

	Ongoing pregnancy	Early pregnancy loss	p value
	Mean ± SD	Mean ± SD	
Female age, years	30.1 ± 4.1	32.1 ± 4.9	<0.001
Male age, years	33.1 ± 5.1	34.1 ± 5.6	0.006
Female BMI kg/m <sup>2</sup>	24.2 ± 4.8	23.8 ± 4.5	NS
Duration of infertility, months	16.8 ± 12.3	17.9 ± 13.2	NS
Time to pregnancy, months	25.8 ± 16.3	27.3 ± 16.7	NS

Brandes et al. 2011 RBM Online

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### Results

Multivariate analysis

Female age	(p<0.001)
Male age	(p=0.006)
Obstetrical history	(p=0.10)
Male alcohol use	(p=0.02)
Type of menstrual cycle	(p=0.14)
Diagnosis	(p=0.05)
Secondary or tertiary hospital	(p=0.03)
Female smoking behaviour	(p=0.12)

Brandes et al. 2011 RBM Online

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### Infertility treatment and miscarriage

Mode of conception	n	Miscarriage n (%)	OR	95% CI
<b>Spontaneous</b>	864	125 (14.5)	1	-
OI	266	42 (15.8)	1.3	0.79-2.18
IUI	20	5 (25.0)	2.4	0.82-7.42
IUI/COH	203	37 (18.2)	1.3	0.85-2.10
IVF	190	31 (16.3)	1.1	0.67-1.75
ICSI	202	30 (14.9)	1.0	0.60-1.62
<b>FET</b>	<b>61</b>	<b>16 (26.2)</b>	<b>2.2</b>	<b>1.14-4.19</b>

Corrected for: female and male age, obst.history, diagnosis, male alcohol use, female smoking  
Brandes et al. 2011, RBM Online

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## Infertility treatment and miscarriage

Distribution of the embryo quality for pregnancies after the different treatments.

	Grade 1 embryo		Grade 2 embryo		Grade 3 embryo		Grade 4 embryo	
	Misc/pr	%	Misc/pr	%	Misc/pr	%	Misc/pr	%
<b>IVF</b>	3/31	9.7	19/104	18.3	7/37	18.9	1/4	25.0
<b>ICSI</b>	4/21	19.0	22/128	17.2	3/27	11.1	0/1	-
<b>FET</b>	1/10	10.0	10/32	31.3	2/7	28.6	0/1	-

Brandes et al. 2011, RBM Online

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## Conclusions

The incidence of miscarriage in an infertile population is 18-30%.

But, most studies not corrected for risk factors, like female age

Age and lifestyle most important factors in an infertile population

Diagnoses give contradictory results

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## Conclusions

Modes of conception did not show an increased miscarriage rate, except for the replacement of frozen-thawed embryos

The quality of the embryo influences the chance of pregnancy but it does not influence the pregnancy outcome.

This information can be useful in counseling infertile couples.

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Thank you for your attention!

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University of Siena  
Department of Biomedical Sciences, Applied Biology Section  
Interdepartmental Centre for Research and Therapy of Male Infertility

## Transmission electron microscopy and FISH studies of sperm in couples with recurrent miscarriage

*Gaia Terzuoli*

Disclosure of commercial and financial relationships and conflict of interest: none

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### RECURRENT MISCARRIAGE (RM)

- Three or more consecutive miscarriages before 20 weeks post-menstruation with the same biological father
- Around 1% of fertile couples
- More pregnancies are lost spontaneously than pregnancies carried to term
- The most common complication of pregnancy
- The experience can be painful for the couple

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### CAUSES OF RM

- Around 50% are associated with parental chromosomal anomalies, maternal thrombophilic disorders, structural uterine anomalies, maternal immune dysfunction, endocrine abnormalities
- Around 50% are idiopathic

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Any possible treatment for known causes?

- Treatment of genetic problems: in vitro fertilization
- Treatment of immunological factors (Antiphospholipid antibody syndrome and Systemic lupus erythematosus): Aspirin, Low-molecular-weight heparin, Prednisone
- Treatment of hormonal causes:
  - Luteal phase defect: Progesterone supplements, Clomiphene citrate
  - Polycystic ovary disease: Metformin

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Male contribution to RM?



SEMEN ANALYSIS

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ANALYSIS OF SEMEN PARAMETERS (WHO guidelines)

- Liquefaction
- Volume
- pH
- Motility
- Concentration
- Viability
- Morphology

Is this information enough?

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Some studies, available in the literature, using different kind of sperm analysis to investigate male contribution

- Sperm aneuploidy and recurrent pregnancy loss, Bernardini et al. 2004
- Possible role of male factors in recurrent pregnancy loss, Saxena et al. 2008
- **TEM and FISH studies in sperm from men of couples with recurrent pregnancy loss, Colodel et al. 2009**
- Evaluation of sperm's chromatin quality with acridine orange test, chromomycin A3 and aniline blue staining in couples with unexplained recurrent abortion, Kazerooni et al. 2009

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Some studies, available in the literature, using different kind of sperm analysis to investigate male contribution

- Assessment of sperm factors possibly involved in early recurrent pregnancy loss, Gil-Villa et al. 2010
- Y chromosome microdeletions are not associated with spontaneous recurrent pregnancy loss in a Sinhalese population in Sri Lanka, Wettasinghe et al. 2010
- Y chromosome microdeletions, sperm DNA fragmentation and sperm oxidative stress as causes of recurrent spontaneous abortion of unknown etiology, Bellver et al. 2010
- Value of sperm chromatin dispersion test in couples with unexplained recurrent abortion, Absalan et al. 2012

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**First International Journal of Andrology**  
**ANDROLOGIA**

ORIGINAL ARTICLE  
**TEM and FISH studies in sperm from men of couples with recurrent pregnancy loss**  
 G. Colodel<sup>2</sup>, V. Giannerini<sup>1</sup>, N. Antonio Pascarelli<sup>1</sup>, M. G. Federico<sup>3</sup>, F. Comodo<sup>3</sup> & E. Moretti<sup>2</sup>

<sup>1</sup> Department of Biomedical Sciences, Applied Biology Section, University of Siena, Siena, Italy;  
<sup>2</sup> Interdepartmental Centre for Research and Therapy of Male Infertility, University of Siena, Siena, Italy;  
<sup>3</sup> Azienda FMA viale Vittorico Veneto, Siena, Italy

**Keywords**  
 Fluorescence *in situ* hybridization; aneuploidy; microdeletion; transmission electron microscopy

**Short summary**  
 Elena Moretti, Department of Biomedical Sciences, Applied Biology Section, University of Siena, P.le Risorgimento Le Scotte, Viale Bracci, 14, 53100 Siena, Italy.  
 Tel.: +39 0577 233639.  
 Fax: +39 0577 233527.  
 Email: moretti@uniroma2.it

Research funded by Ffano (S. Alessio) per la ricerca (PAR grant) 2005, University of Siena, Italy.

Accepted February 11, 2008

**Synopsis**  
 The role of the male partner in recurrent pregnancy loss (RPL) is not clear. In this study, sperm characteristics of 22 men whose partners had experienced RPL were examined by light microscopy. Sperm morphology was analysed by transmission electron microscopy (TEM) and the data were mathematically elaborated to obtain numerical indices expressing the status of an ejaculate: the fertility index and the percentage of apoptotic, necrotic and immature. Sperm apoptosis and necrosis were also evaluated by annexin V-propidium iodide assay. To explore the status of mitotic segregation, fluorescence *in situ* hybridization (FISH) with probes for chromosomes 18, X and Y, was applied directly on sperm nuclei. Sperm characteristics from a group of men of proven fertility were used as controls. Among the considered sperm characteristics, apoptosis ( $P < 0.01$ ), 1885Y diploidy ( $P < 0.02$ ) and 18XY disomy ( $P < 0.01$ ) scores were significantly higher in men with RPL compared with controls. Our study showed that some patients with normal semen parameters can present a slight increase in aneuploidy compared with controls, indicating a possible involvement of sperm in some cases of RPL. Chromosomal FISH analysis and chromatin tests of sperm could be included in RPL work-ups when no other cause has been detected.

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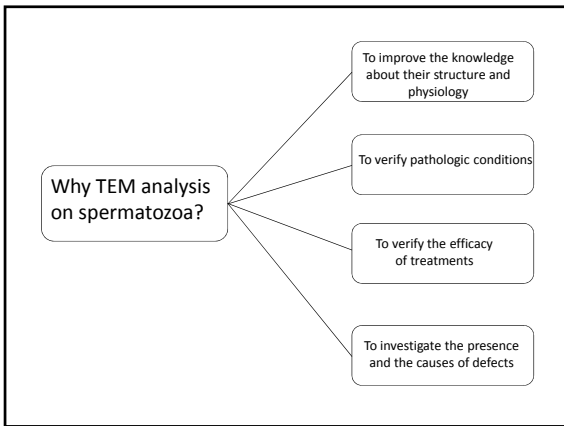
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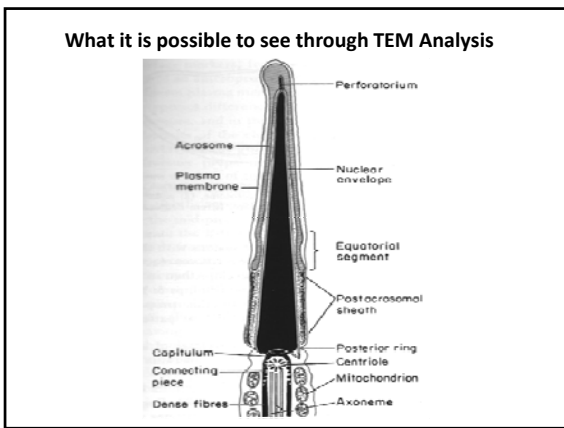
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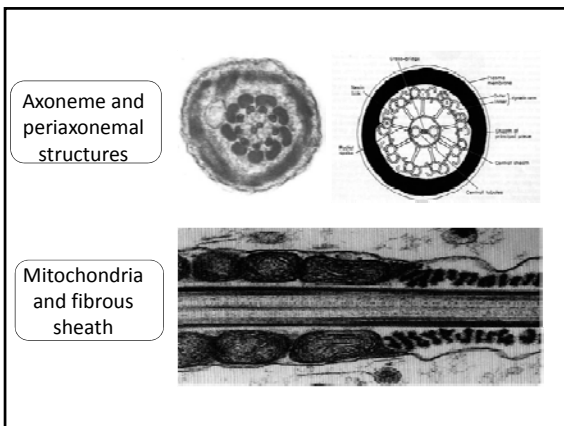
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**TEM analysis is NOT a quantitative analysis**

TEM data were elaborated using a mathematical formula, based on the Bayesian method (Baccetti et al. 1995), able to quantify electron microscopy results by calculating the number of spermatozoa probably free of structural defects in a semen sample (the fertility index) and the percentage of sperm pathologies as apoptosis, necrosis and immaturity (Collodel and Moretti 2008)

Bartoov et al. 1999 performed the quantitative ultramorphological methodology (QUM)

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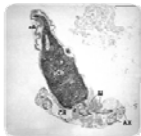
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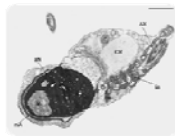
**Fertility Index (FI) >2x10<sup>6</sup>**



IMMATURITY <55%



NECROSIS <21%



APOPTOSIS <5%

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**FLUORESCENCE IN SITU HYBRIDIZATION (FISH)**

FISH is a simple technique able to highlight aneuploidy in sperm cells

**PROS:**

- quick, sensitive, specific
- it allows analysis of a large number of spermatozoa in a short time

**CONS:**

- you cannot analyze all the chromosomes at the same time
- it does not allow you to visualize the structural alteration of chromosomes

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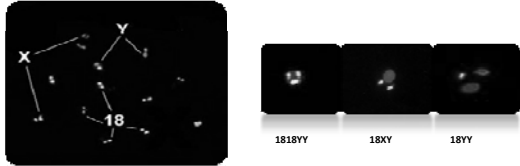
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## FLUORESCENCE IN SITU HYBRIDIZATION (FISH)

Centromeric probes (18, X, Y) were utilized on interphasic nuclei



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## WHY a TEM and FISH study?

Presence of ultrastructural sperm defects and altered meiotic segregation  
Their relevance in assisted reproduction techniques

- Ultrastructural studies of spermatozoa from infertile men with robertsonian translocation and 18, X, Y aneuploidies. Baccetti et al. 2005
- Necrosis in human spermatozoa. I. Ultrastructural features and FISH study in semen from patients with uro-genital infection. Collodel et al. 2005
- Necrosis in human spermatozoa. II. Ultrastructural features and FISH study in semen from patients with recovered infections. Moretti et al. 2005

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## WHY a TEM and FISH study?

Presence of ultrastructural sperm defects and altered meiotic segregation  
Their relevance in assisted reproduction techniques

- Fluorescence in situ hybridization and molecular studies in infertile men with displasia of the fibrous sheath. Baccetti et al. 2005
- TEM, FISH and molecular studies in infertile men with pericentric inversion of chromosome 9. Collodel et al. 2006
- Cryptorchidism and semen quality: a TEM and molecular study. Moretti et al. 2007

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**PATIENTS:**

- 22 Italian couples with at least three prior pregnancy losses after natural conception at less than 20 weeks of gestation
- All pregnancies were fathered by the same partner
- None of these couples have ever had a live birth
- Semen samples obtained from 25 men of proven fertility (aged 22–40 years) were used as controls for semen parameters (WHO guidelines), for TEM indices and for FISH values (Collodel and Moretti 2008)

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**WOMEN:**

- 22 women aged 29–38 years
- Normal 46, XX karyotype (evaluated using conventional cytogenetic analysis)
- Normal Hysterosalpingogram, Thyroid function analysis and reproductive endocrine evaluation, Factor V Leiden status, lupus anticoagulant anticardiolipin antibody levels

**MEN:**

- 22 men aged 28–46 years
- Nonazoospermic patients
- Normal 46, XY karyotype (evaluated using conventional cytogenetic analysis)
- Normal hormonal profile
- No history of radiotherapy, chemotherapy, chronic illness or medication
- Absence of sperm defects of possible genetic origin

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**SEMINAL PARAMETERS**

SUBJECTS	SP/ml × 10 <sup>6</sup>	MOTILITY (a+b)%	PAP %
1	106	61	30
2	78	50	32
3	625	67	36
4	150	53	30
5	73.5	54	32
6	20	50	32
7	58	50	34
8	93	50	35
9	138	54	36
10	332	50	30
11	161	50	33
12	120	50	36
13	114	50	35
14	20	50	36
15	58	50	34
16	28.5	68	40
17	84	50	32
18	74	57	38
19	10.5	57	20
20	34	22	20
21	135	41	20
22	105	21	18

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**TEM analysis mathematically elaborated**

SUBJECTS	APOPTOSIS %	NECROSIS %	IMMATURITY %	FERTILITY INDEX
1	3.58	27.68	58.21	5457880
2	4.67	39.16	16.95	4781224
3	7	23	43	7335905
4	7	31	91	3907885
5	4.5	51.56	59.74	5282062
6	8.12	36.09	69.8	1433279
7	8.43	41.64	57.62	1374222
8	7.04	28.93	43.83	5810156
9	6.32	42.64	23.87	8647616
10	15	39	79	1352363
11	4.06	42.85	65.65	14487075
12	4.32	41.83	58.9	3229689
13	3.98	38.81	55.09	7162388
14	4.5	36.6	53.31	1058885
15	2.96	46.38	25.13	2021965
16	7.51	16.76	31.34	12578376
17	8.35	30.82	44.84	8251927
18	8.96	35.58	44.37	11219247
19	6.89	30.71	66.32	1213739
20	1.04	17.87	56.83	4661987
21	0.96	54.72	42.31	4499393
22	5.81	31.07	76.62	1008756

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**TEM analysis mathematically elaborated**

	<sup>b</sup> APOPTOSIS %	NECROSIS %	IMMATURITY %	FERTILITY INDEX
<b>Mean ± SD</b>	5.95 ± 3.03	35.69 ± 9.68	52.89 ± 18.61	5307978 ± 3888738
<b>*Mean ± SD</b>	4.06 ± 2.05	32.13 ± 10.58	48.83 ± 13.93	7386080 ± 10464288
<b>Median</b>	6.06	36.34	55.96	4721606
<b>*Median</b>	4.06	34.63	47.29	3807391
<b>Range</b>	4.06-7.5	30.71-41.82	43-65.65	1433279-7335905
<b>*Range</b>	3.59-4.67	24.74-40.09	38.59-58.21	2057544-8308132

<sup>a</sup>Controls, Colloidal and Moretti 2008  
<sup>b</sup>Patients versus Controls Apoptosis P<0.01  
 Range: 25<sup>th</sup> -75<sup>th</sup> percentiles

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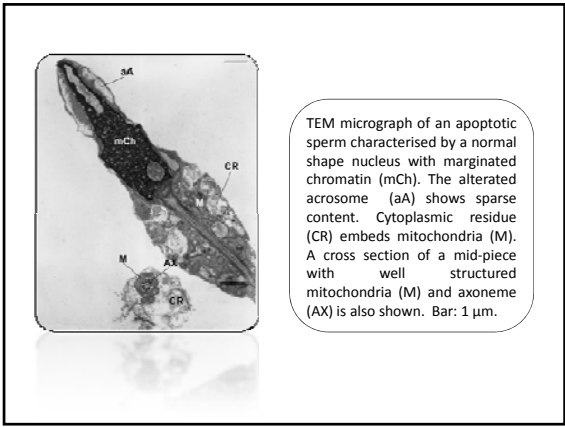
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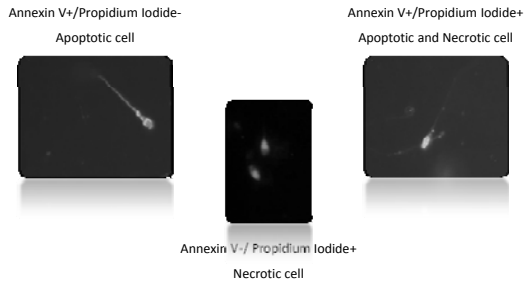
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Detection of membrane PS externalisation and membrane integrity using the Annexin V/Propidium Iodide Assay




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Results from screening with Annexin V (AnV)-FITC and Propidium iodide (PI) assay performed in sperm nuclei

SUBJECTS	AnV-/PI-%	AnV+/PI-%	AnV-/PI+%	AnV+/PI+%
3	80	7	8	5
4	80	7	10	3
6	79	8	10	3
7	78	8	11	3
8	80	7	9	4
9	78	6	14	2
10	71	11	14	4
14	80	5	10	5
16	81	10	8	1
17	80	8	10	2
19	76	9	13	2
20	80	7	12	1
21	79	4	15	2
22	78	6	10	6
Mean ±SD	78.6 ± 2.5	**7.4 ± 1.9	*11 ± 2.2	3.1 ± 1.5
*Mean ±SD	84.8 ± 4.8	2.8 ± 2.2	8.5 ± 2.2	3.9 ± 3.6

‡ Controls, Collolet and Moretti 2008  
\* < 0.05  
\*\* < 0.001

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FISH RESULTS

	% Diploida			% Disomia			
	1818XX	* 1818YY	1818XY	1818	18XX	** 18YY	18XY
Media±SD	0,088±0,045	0,114±0,06	0,076±0,13	0,10±0,05	0,06±0,05	0,09±0,05	0,14±0,08
* Media±SD	0,087±0,039	0,075±0,043	0,115±0,048	0,103±0,052	0,06±0,057	0,048±0,032	0,137±0,071

‡ Controls, Collolet and Moretti 2008  
\* P<0,05, \*\* P<0,01

Diploidy 1818YY and disomy 18YY were significantly higher in the study group compared to the control group.

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THANK YOU FOR YOUR ATTENTION

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# Markers of sperm quality and miscarriage rate

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Instituto Universitario IVI Valencia  
Plaza de la Policía Local, 3, 46015, Valencia (Spain)



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Markers of sperm quality and miscarriage rate

### Learning objectives:

To provide information about the relevance of early pregnancy loss in ART failures and describe the impact of male factor in assisted reproduction results

To define sperm quality markers involved in reproductive success

To describe the current knowledge about the link between early pregnancy loss and markers of sperm quality

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Markers of sperm quality and miscarriage rate

### Course description:

“There is uncertainty whether low quality of spermatozoa and low sperm count ..... is predictive for an increased risk of biochemical pregnancies and miscarriages in subsequent pregnancies conceived with and without the use of ART.”

What is quality, when referred to a sperm cell?

A quality indicator should be a feature linked to optimal results under a functional viewpoint



Optimal results → Healthy newborn achievement

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**IVI)** *Markers of sperm quality and miscarriage rate*

**The upper limits of Assisted Reproduction Techniques: the male's perspective**

*Highest cumulative livebirth rates using donor sperm*

**IU - donor sperm**

**IVF - donor sperm**

**TAKE HOME MESSAGE:**  
EVEN USING THE BEST SPERM, THERE IS ROOM FOR IMPROVEMENT IN ART

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**Figure 1. The Pregnancy Loss Funnel: an overview of the outcome of spontaneous human pregnancies. A total of 70% of conceptions are lost prior to live birth. The majority of these losses occur prior to the time of the second menstrual period and are not recorded. (Adapted from Clark 1975.)**

**hCG produced by a conceptus is usually detected in maternal blood from implantation time onwards**

**clinical evidence of pregnancy is obtained from week 6<sup>th</sup> onwards**

**Biochemical pregnancies and early miscarriages can account up to 40% of all implantational events in natural pregnancies**

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Cumulative probability of live-birth (%) IN IVF**

**Survival Function**

— IVF

**The limits to succeed:**

**Implantation failure**  
**Pregnancy loss:** pre-clinical  
clinical

**Where did the embryos go?**

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Regarding the number as a quality marker...**

**IUI with donor sperm depending on the total motile sperm inseminated**

Total Motile Sperm Inseminated	Pregnancy rate	Newborn rate
< 2 Mill	21.8	16.8
2-4 Mill	26.5	20.4
4-6 Mill	28.9	21.4
6-8 Mill	29.3	21.3
> 8 Mill	29.5	21.4

**More does not mean better**

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Regarding the number and motility as a quality marker...**

Retrospective analysis of IVF with ovum donation pregnancies (n=4423, 27% miscarriages) from 2006

**Predictive power of sperm parameters to forecast livebirth**

Parameter	Area	95%CI inferior	95%CI superior
RAW SPERM VOLUME	.498	.478	.518
RAW SPERM DENSITY	.480	.460	.500
PREPARED VOLUME	.462	.442	.482
PREPARED SPERM DENSITY	.507	.487	.527

Parameter	Area	95%CI inferior	95%CI superior
RAW A+B MOTILITY	.547	.507	.587
RAW TOTAL MOTILE SPERM	.521	.482	.560
PREPARED A+B MOTILITY	.478	.439	.517
PREPARED TOTAL MOTILE SPERM	.520	.480	.560

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Regarding the morphology as a quality marker...**

**Predictive power of sperm parameters to forecast livebirth**

Parameter	Area	95%CI inferior	95%CI superior
RAW NORMAL %	.533	.434	.631
RAW TOTAL MOTILE NORMAL SPERM	.483	.383	.582
PREPARED NORMAL%	.577	.477	.676
PREPARED TOTAL MOTILE NORMAL SPERM	.549	.450	.647

**Basic sperm analysis is unrelated to EPLs**

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Regarding the molecular profiles described as sperm quality markers...seems difficult to be a successful sperm!**

**Molecular markers**

- Nucleic acid-linked
  - Aneuploidies, DNA fragmentation, gene expression (Microarrays), epigenetic
- Non nucleic acid-linked
  - Apoptosis, Oxidative stress, Hialuronic acid, Ubiquitin, Platelet Activating Factor

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**IVI)** *Markers of sperm quality and miscarriage rate*

**The most challenging research in Andrology is on the causes making sperm cells unable to reach a term pregnancy with competent oocytes at any level, conception, implantation, or pregnancy maintenance:**

- DIAGNOSTIC TOOLS TO ASSESS SPERM AND FORECAST LIVEBIRTH
- SELECTION TOOLS TO UTILIZE THE MOST COMPETENT SPERM CELLS

**Review**  
Contribution of sperm molecular features to embryo quality and assisted reproduction success

**Dr. Ricardo Gimeno**  
Molecular Genetics, José Manuel, José Antonio, Beatriz, Carmen, Isabel, Lucía, María, Andrea, Patricia, Marcos, Mónica

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Sperm aneuploidies**

FISH studies: up to 50% of the males with severe oligospermia or azoospermia and normal karyotype present FISH abnormalities (Rubio et al., 2001)

Linked to recurrent pregnancy loss

Effects mitigated by PGs

**Normal Chromosomes Euploidies**

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Sperm DNA fragmentation**

**The theory:**

Sperm DNA is the vehicle to transmit males' genetic information to the offspring, several external and internal factors have been demonstrated to affect sperm DNA integrity.

To date, there are a lot of studies concerning DNA analysis of human semen suggesting that the determination of DNA fragmentation can be a diagnostic parameter of semen quality, directly implicated in male fertility (Agarwal and Said 2003).

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Sperm DNA fragmentation**

**The facts (some of them, at least):**

Reference	OR	OR (95% CI)	OR (95% CI)	OR (95% CI)
Prasad et al. (2009)	1.5	1.47	1.47	1.47
Lawrence et al. (2009)	1.28	1.28	1.28	1.28
Reis et al. (2010)	1.2	1.2	1.2	1.2
Reis et al. (2010)	1.2	1.2	1.2	1.2
Valera et al. (2010)	1.2	1.2	1.2	1.2

Reference	OR	OR (95% CI)	OR (95% CI)	OR (95% CI)
Prasad et al. (2009)	1.5	1.47	1.47	1.47
Lawrence et al. (2009)	1.28	1.28	1.28	1.28
Reis et al. (2010)	1.2	1.2	1.2	1.2
Reis et al. (2010)	1.2	1.2	1.2	1.2
Valera et al. (2010)	1.2	1.2	1.2	1.2

**Highly controversial results**

Different techniques to be employed

Different cut-off values and odds ratio of achieving a term pregnancy

Outcomes not always related to miscarriage or IVF

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Sperm DNA fragmentation**

**The conclusions (to date):**

**IN VITRO FERTILIZATION**

**Can sperm DNA integrity seem predict pregnancy with IVF (in vitro fertilization)?**

**The clinical utility of sperm DNA integrity testing**

There is a mild correlation between the sperm DNA integrity and embryo quality, that could potentially affect success.

The prognostic value of this test is very low, and it seems unnecessary to complement each semen analysis.

This information could help after repeated treatments with bad embryo quality and normal ovarian response and sperm count/motility.

Further information is needed.

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**IVI)** Markers of sperm quality and miscarriage rate

**Intracytoplasmic Morphologically Selected Sperm injection: the basis**

Human Reproduction 14(10), No.1 pp. 176-179, 2009  
Advance Access publication October 7, 2009  
doi:10.1093/humrep/dhp033

**The morphological normalcy of the sperm nucleus and pregnancy rate of intracytoplasmic injection with morphologically selected sperm**

Arie Berkovitz<sup>1</sup>, Fina Eltes<sup>2</sup>, Shlomit Yaari<sup>3</sup>, Nathan Katz<sup>4</sup>, Ilya Barr<sup>4</sup>, Ami Fishman<sup>1</sup> and Benjamin Bartoov<sup>1,2,3</sup>

- ✓ fine morphological integrity of human sperm nuclei is positively associated with fertilization and pregnancy rates following IVF-ICSI.
- ✓ a new method of unstained, real-time, high magnification motile sperm organellar morphology examination (MSOME)

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**IVI)** Markers of sperm quality and miscarriage rate

**IMSI: the methods**

- ✓ Improved enhancement of the microscope resolution allowing 6300x.
- ✓ The strict descriptive criteria for normally shaped nuclei were based on those defined by scanning electron microscopy, (Bartoov et al., 1981, 2002, 2003).
- ✓ the average length and width of this configuration were estimated to be  $4.75 \pm 0.28$  and  $3.28 \pm 0.20\mu\text{m}$ , respectively
- ✓ the nuclear chromatin content was considered normal if it contained no more than one vacuole, which occupies 4% of the nuclear area (Bartoov et al., 1981)

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**IVI)** Markers of sperm quality and miscarriage rate

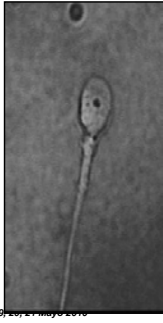
**IMSI: the clinical aspects**

**Pregnancy rates are higher with intracytoplasmic morphologically selected sperm injection than with conventional intracytoplasmic injection**

Berkovitz A, Eltes F, Yaari S, Katz N, Barr I, Fishman A, Bartoov B. *Human Reproduction* 2009; 14(10):176-179. doi:10.1093/humrep/dhp033

	Control group		Experimental group	
	previous (ICSI)	Actual (ICSI)	Previous (ICSI)	Actual (IMSI)
Retrieved oocytes	13.3 ± 5.2	13.2 ± 5.9	13.4 ± 5.5	13.6 ± 5.8
Injected oocytes	10.3 ± 4.7	10.2 ± 5.5	10.1 ± 4.6	10.6 ± 4.4
Fertilization rates (%)	63.7 ± 18.9	65.5 ± 21.5	63.1 ± 25.3	64.5 ± 17.5
Optimal embryos (%)	31.1 ± 16.4	31.0 ± 19.5	31.7 ± 21.6	45.2 ± 28.2*
Transferred embryos (%)	3.6 ± 1.1	3.5 ± 1.2	3.6 ± 1.2	3.8 ± 1.1
Implantation rates (%)	-	9.5 ± 15.3	-	27.9 ± 26.4*
Pregnancies	nr	(%)	nr	(%)
miscarriages	15	30	33	66*

\* p < 0.05



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**IVI)** *Markers of sperm quality and miscarriage rate*

**Hyaluronan binding assay (PICSI): the basis**

- ✓ Diminished sperm fertility is associated with the retention of the surplus cytoplasm that is extruded from elongating spermatids in the course of normal sperm development
- ✓ Only mature sperm without cytoplasmic retention were able to bind to the zona pellucida of oocytes. This finding led to hypothesize that the sperm plasma membrane undergoes a maturation-related remodeling.
- ✓ This remodeling step facilitates the formation of the sperm binding sites for the zona pellucida of oocytes. Indeed, immature sperm that fail to undergo membrane remodeling are unable to bind to immobilized HA, as is the case with immature sperm that fail to bind to the zona pellucida

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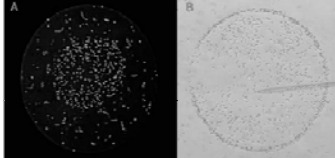
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**IVI)** *Markers of sperm quality and miscarriage rate*

**PICSI: the methods**



**HA-bound plates are able to immobilize mature sperm**

**These can be selected for ICSI**

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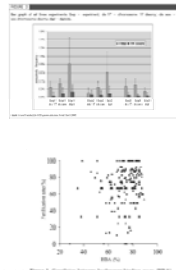
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**IVI)** *Markers of sperm quality and miscarriage rate*

**PICSI: the clinical aspects**

**Intracytoplasmic sperm injection: a novel selection method for sperm with normal frequency of chromosomal aneuploidies**



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**IVI)** *Markers of sperm quality and miscarriage rate*

**Sperm Fertility Array (SFA) project:**

**Hypothesis:**  
Sperm cells with or without reproductive success pre: transcriptomes



The molecular requirements of sperm cells to achieve pregnancies are different in vivo, or in vitro, and even different among different AR

**TAKE HOME MESSAGE:**

**Obj:** THERE ARE MANY MOLECULAR FEATURES POTENTIALLY  
**To** ABLE TO BE EMPLOYED IN SPERM TO BETTER DIAGNOSE  
**tec** AND IMPROVE RESULTS

**FERTILITY AND INFERTILITY.**  
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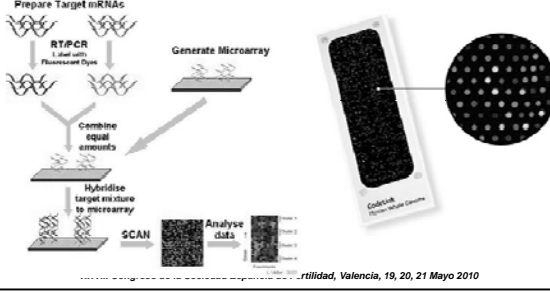
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**IVI)** *Markers of sperm quality and miscarriage rate*

**The genomics of sperm: the methods**



Prepare Target mRNAs  
RT/PCR  
Fluorescent Dye

Generate Microarray

Combine equal amounts

Hybridise target mixture to microarray

SCAN

Analyse data

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**IVI)** *Markers of sperm quality and miscarriage rate*

**The genomics of sperm: how can we read and interpret the results?**

- Lists of genes
  - Those Differentially Expressed
  - Those present/absent
- Sequences implicated in reproductive success or newly associated
- Functional analysis:

**TAKE HOME MESSAGE:**

**MICROARRAY RESULTS CAN PROVIDE YOU WITH RELEVANT INFORMATION ABOUT THE KEY MOLECULAR FACTORS AND PROCESSES INVOLVED IN FERTILITY**

molecular function  
metabolic pathways

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Microarray analysis of IVF samples:**

NTG: total number of genes expressed  
 GE: exclusive genes for this group  
 GDE: genes overexpressed in this group  
 E: pregnancy achieved  
 NE: pregnancy not achieved

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**IVI)** *Markers of sperm quality and miscarriage rate*

Name	GenBank #	Fold change	p-value	Name	GenBank #	Fold change	p-value
C10orf119	NM_024834	34.27	0.0060	PLA2G2A	NM_000300	42.31	0.0194
SPF1	NM_001040558	32.72	0.0100	SNDHF2	NM_145250	8.85	0.0000
TGFBI	NM_000358	17.44	0.0050	LELP1	NM_001010857	7.87	0.0050
CD163	NM_004244	15.24	0.0033	HSP41L	NM_005527	5.76	0.0125
ADM	NM_001124	14.34	0.0025	DUSP21	NM_022076	5.50	0.0100
RGS2	NM_002923	13.98	0.0020	TSPAN16	NM_012466	5.42	0.0100
MMP9	NM_004984	13.86	0.0030	C10orf92	NM_001009987	5.40	0.0076
CTSL	NM_001912	13.56	0.0043	SMAD9	NM_005905	5.33	0.0053
MTM	NM_176870	12.91	0.0038	SPATA20	NM_022827	5.15	0.0088
IFI30	NM_006332	12.82	0.0030	C10orf78	NM_144802	5.14	0.0117

Overexpressed on sperm from pregnant couples      Overexpressed on sperm from NON-pregnant couples

*Top10 genes differentially expressed*

**IN VITRO FERTILIZATION**

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**IVI)** *Markers of sperm quality and miscarriage rate*

Name	GenBank #	Fluorescence intensity	Name	GenBank #	Fluorescence intensity
MMP12	NM_002426	9.276	C10orf94	BC034937	8.369
C10orf119	NM_024834	9.252	MSH4	NM_002443	7.889
CLEC4E	NM_014358	8.602	DCC	NM_002615	7.156
ADAMDEC1	NM_014479	8.526	MYH7	NM_000257	7.031
PTPN22	NM_002835	8.248	INPP5F	NM_014937	7.008
PLEK	NM_002664	8.018	C6orf6	NM_006790	6.952
CXCR7	NM_001047841	7.870	ENST00000259466	ENST00000259466	6.828
MAP3K8	NM_005204	7.805	TGM4	NM_003241	6.800
LYZ	NM_000239	7.788	WDR87	ENST00000303888	6.809
INDO	NM_002164	7.754	HSPX1	NM_016153	6.772

Exclusively found on sperm from pregnant couples      Exclusively found on sperm from NON-pregnant couples

Fertility markers?      Infertility markers?

*Top10 genes with exclusive expression*

**IN VITRO FERTILIZATION**

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Microarray analysis of ICSI samples:**

NTG: total number of genes expressed  
 GE: exclusive genes for this group  
 GDE: genes overexpressed in this group  
 E: pregnancy achieved  
 NE: pregnancy not achieved

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**IVI)** *Markers of sperm quality and miscarriage rate*

Name	GenBank #	Fold change	p-value	Name	GenBank #	Fold change	p-value
APGE	NM_000441	29.27	0.0000	ENST60000317633	ENST60000317633	4.29	0.0456
APOC1	NM_001645	27.90	0.0000	COX7B2	NM_130902	3.82	0.0490
CFD	NM_001928	7.74	0.0087	C19orf136	NM_001039846	3.8	0.0464
CTS2	NM_001338	6.85	0.0150	ANKRD7	NM_001077708	3.79	0.0467
HMOX1	NM_002133	6.58	0.0120	CDKN2D	NM_001800	3.70	0.0492
FTL	NM_002149	6.35	0.0185				
TGFBI	NM_000558	6.06	0.0167				
CTSL	NM_001912	5.93	0.0183				
LGALS3	NM_002306	5.60	0.0170				
CD63	NM_001780	5.48	0.0183				

Overexpressed on sperm from pregnant couples      Overexpressed on sperm from NON-pregnant couples

*Top10 genes differentially expressed*

**ICSI**

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**IVI)** *Markers of sperm quality and miscarriage rate*

Name	GenBank #	Fluorescence intensity	Name	GenBank #	Fluorescence intensity
FSTL4	NM_015082	10.836	DSG1	NM_001942	9.596
TNMD	NM_022144	10.430	RPGR	NM_001023562	9.053
LOC46808	XR_017330	9.733	KLRIC3	NM_007333	8.902
C22orf26	NM_016290	9.736	CYP17A2	NM_000765	8.794
CSG1A	NM_020717	9.446	ERN2	NM_033266	8.744
MBOAT4	AF062695	9.378	RP11-327P2.4	AK124737	8.670
UBQLN4	NM_020131	9.361	GFM1	NM_054956	8.658
ALDOC	NM_005165	9.136	TMEM144	NM_018342	8.528
ANGPTL4	NM_139314	8.869	INSM2	NM_020204	8.528
SHFM3P1	AF174606	8.741	C1orf74	NM_152485	8.474

Exclusively found on sperm from pregnant couples      Exclusively found on sperm from NON-pregnant couples

Fertility markers?      Infertility markers?

*Top10 genes with exclusive expression*

**ICSI**

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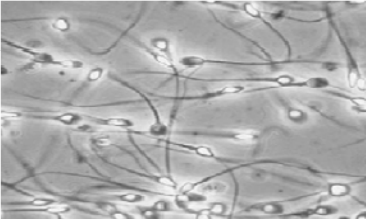
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**IVI)** **Markers of sperm quality and miscarriage rate**

**Is there any possibility to avoid early pregnancy losses?**

**Once defined the "ideal" molecular features in sperm, we could select those appropriate for ART**



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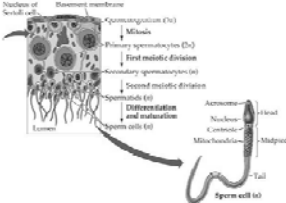
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**IVI)** **Markers of sperm quality and miscarriage rate**

**Why are sperm cells interesting?**

a) excess: it is not a limiting factor (it is the oocyte!)



b) genetic uniqueness in each sperm provides a wide variety of sperm phenotypes (natural selection)

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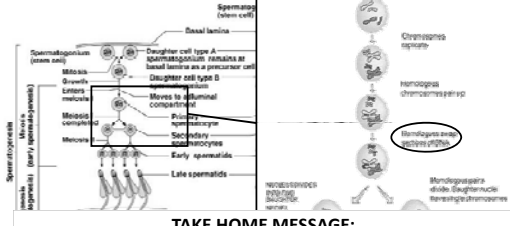
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**IVI)** **Markers of sperm quality and miscarriage rate**

**Each sperm is different**



**TAKE HOME MESSAGE:**

**WITHIN AN EJACULATE, WE MAY FIND GOOD AND BAD SPERM**

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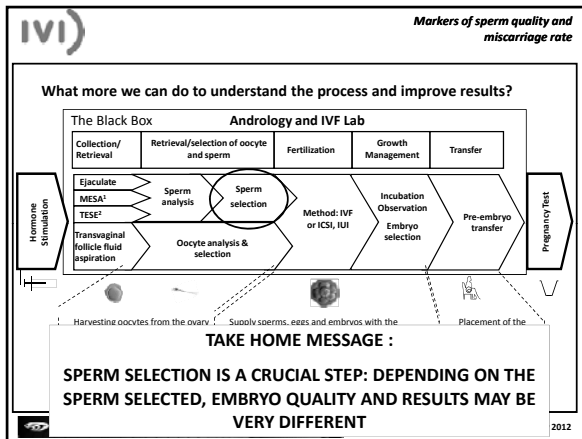
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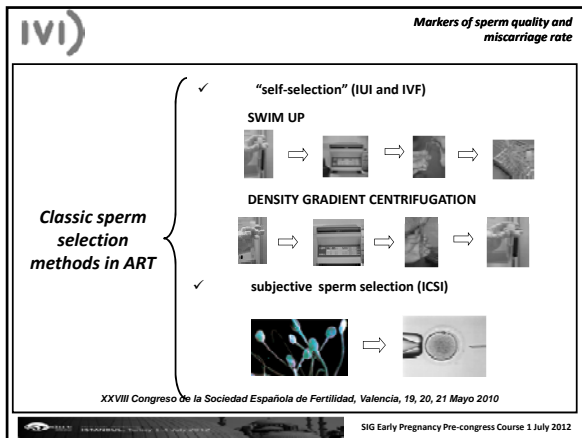
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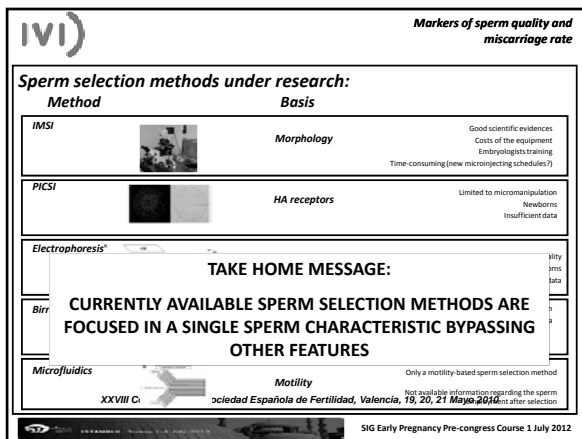
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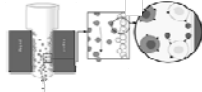
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**IVI)** *Markers of sperm quality and miscarriage rate*

**Sperm selection methods by molecular features:**

Self/Subjective Sperm Selection → SMART SELECTION



**Magnetic Activated Cell Sorting: MACS**

- MICROBEADS: colloidal superparamagnetic particles (50 nanometers)
- Coupled to highly specific monoclonal antibodies or molecules recognizing targets of interest
- Specialized magnetic affinity-type columns to isolate sperm
- 2 fractions: bound and unbound, depending on molecular features
  - high purity

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**IVI)** *Markers of sperm quality and miscarriage rate*


**MACS, what's next?**

Evaluation of new molecular candidates

Based on the previously available literature



Obtained information from the SFA project



Gene lists of mRNA involved in reproductive success  
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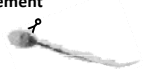
**IVI)** *Markers of sperm quality and miscarriage rate*

**MACS, what's next?**

Molecular Candidate's required characteristics:

Having been related to successful livebirth achievement

- To be present in sperm cells
- To be located at the plasma membrane
- Ab availability



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**IVI)** **Markers of sperm quality and miscarriage rate**

**MACS, what's next?**

IVI Bilbao: Dr. Fernando Quintana, Dr. Iratxe Peñalba

**Ubiquitin:**

Defective mammalian spermatozoa become ubiquitinated during epididymal passage, a mechanism that may mark the abnormal spermatozoa for proteolytic destruction.

Those ubiquitinated sperm present in an ejaculate, or in a TESE sample (have not passed through the epididymis, could be used involuntarily in ART, impairing the results.

Then, removing those ubiquitinated sperm could help

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**IVI)** **Markers of sperm quality and miscarriage rate**

**MACS, what's next?**

**Phospholipase A2**

Has been demonstrated to be >40x downregulated in samples achieving pregnancy in IVF.

Then, the depletion of PLA2G2A presenting sperm cells may increase reproductive results (negative selection)

Rank	Gene	FC	Name
1	PLA2G2A	-42.31	phospholipase A2, group IIA (platelet, cytosolic fluid) [PLA2G2A], mRNA [NM_008900]
2	SH3BP2	-8.05	SH3 domain containing ring finger 2 [SH3BP2], mRNA [NM_152550]
3	USP1	-7.07	late committed envelope-like protein-rich 1 [USP1], mRNA [NM_001008517]

**Stabilin-2**

Multifunction receptor, with seven domains FAS1, four repeats EGF-like, and a domain able to identifying and digesting old cells in apoptosis in macrophages.

Also a phosphatidylserine recognizing receptor (Linked to apoptosis process)

Information from microarrays experiments, it has been linked to infertility

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**IVI)** **Markers of sperm quality and miscarriage rate**

**MACS, what's next?**

**Complex sperm selection:**

Successive positive selection rounds of appropriate sperm cells

1st round      2nd round      Best sperm

Massive depletion of inadequate sperm cells (Ab cocktail)

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**IVI)** *Markers of sperm quality and miscarriage rate*

**MACS, what's next?**


Complex sperm selection: 

Study/characterization of molecular sperm defects in a patient

**TAKE HOME MESSAGE:**

**MACS OPEN A UNIVERSE OF POSSIBILITIES IN SPERM SELECTION, BEING A PROMISING TOOL TO BE IMPLEMENTED IN ART**

Individualized sperm selection strategy?



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**IVI)** *Markers of sperm quality and miscarriage rate*

**SUMMARIZING:**

Sperm cells present very interesting and **unique properties** to enable the development of sperm selection strategies as a part of the ART

The development of objective sperm selection methods to be employed, and the design of complex strategies of sperm selection **could improve ART results**

MACS versatility enables sperm selection depending of very different molecular features, and can also be employed **in addition** to other techniques

In the future, the design of **customized sperm selection methods**, even individualized per patient, could solve the male infertility problems caused by altered molecular factors in the sperm samples

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**IVI)** *Markers of sperm quality and miscarriage rate*

**Conclusions:**

Early pregnancy losses represent a significant % of all ART failures

There are clinical evidences about the sperm relevance on ART results, and several molecular sperm quality markers, seem relevant.

There are very few data directly linking sperm quality with pregnancy loss (biochemical or clinical), although the definition of the ideal features for a sperm may help to detect characteristics leading to pregnancy wastage.

The deep knowledge and identification of those molecular factors in sperm factors involved in ART may open the possibility of designing adequate sperm selection **tools aiming to decrease the incidence of miscarriage**

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**IVI)** **Markers of sperm quality and miscarriage rate**



**Dr. Marcos Meseguer**




**Andrology Laboratory IVI  
Valencia**

**IVI International Sperm Bank**

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**IVI)** **Markers of sperm quality and miscarriage rate**

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Practice Committee of American Society for Reproductive Medicine. The clinical utility of sperm DNA integrity testing. *Fertil Steril* 2008;90:5178-80.

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**Sperm DNA Damage  
and Pregnancy Loss after IVF and ICSI**

**Armand Zini, MD**  
Associate Professor, McGill University



Disclosure: Shareholder in YAD Tech – Neutraceuticals Co.

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**Sperm DNA Damage & Pregnancy Loss**

**Learning Objectives**

- Recognize the etiologies of sperm DNA and chromatin damage
- Evaluate the relationship between sperm DNA damage and pregnancy outcomes
- Recognize the controversies regarding the studies on sperm DNA and reproduction
- Apply the results of sperm DNA damage tests into clinical practice

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**Sperm DNA Damage & Pregnancy Loss**

**Overview**

- Etiology of sperm DNA damage
- Rationale for examining sperm DNA
- Tests of sperm DNA damage
- Relationship between sperm DNA damage and reproductive outcomes
  - Pregnancy and Pregnancy loss (in IVF & ICSI)
- Clinical utility of sperm DNA tests

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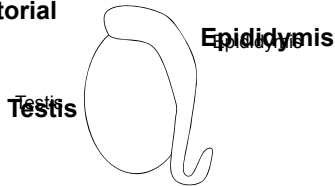
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**Sperm DNA Damage:  
Etiology**

**Multi-factorial**



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**Sperm DNA Damage:  
Etiology**

**Multi-factorial**

Hormonal  
Temperature  
Toxins  
Oxidants



Temperature  
Toxins  
Oxidants

Testis dysfunction  
Idiopathic  
Genetic  
Developmental

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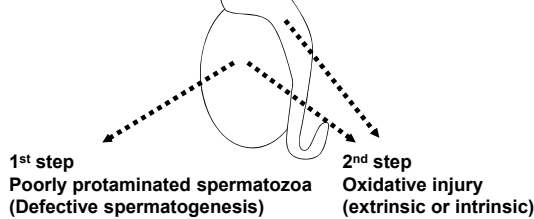
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**Sperm DNA Damage:  
Etiology**

**2 Step Theory**



Gatewood et al, *J Biol Chem* 1990  
Carrell & Liu, *J Androl* 2001  
Aoki et al, *J Androl* 2005  
Aitken et al, *Mol Hum Reprod* 2010  
Suganuma et al *Hum Reprod* 2005

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## Sperm DNA Integrity

Potential applications of sperm DNA tests?

### 1. To more accurately diagnose male infertility

**Current markers of male fertility potential (i.e. conventional semen parameters) are inadequate**

- Exhibit a high degree of variability
- Modest predictors of male fertility potential

Guzick et al, *NEJM* 2001  
Menkveld et al, *Hum Reprod* 2001  
Cooper et al, *Hum Reprod Update* 2009

Sperm DNA test results have a lower degree of variability

Oleszczuk et al, *Hum Reprod* 2011  
Smit et al, *Int J Androl* 2011  
Evenson et al, *Reprod Toxicol* 2011  
Erenpreiss et al, *J Androl* 2011

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## Sperm DNA Integrity

Potential applications of sperm DNA tests?

### 2. To help predict pregnancy outcomes after ARTs (fertilization, pregnancy)

- Conventional semen parameters are not predictive (only need viable & morphologically normal sperm)

Nagy et al, *Hum Reprod* 1995  
Creus et al, *Hum Reprod* 2000  
De Vos et al, *Fertil Steril* 2003  
Bartoov et al, *Fertil Steril* 2003

In animal studies, sperm DNA is a predictor of ART outcomes

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## Sperm DNA Damage (Animal studies): Influence on IVF outcomes

- > Sperm DNA damage was induced by gamma radiation
- > Spermatozoa (mouse model) were then used in IVF cycles  
Ahmadi & Ng, *J Exp Zool* 1999

Parameter	Gamma radiation dosage (GY)				
	0	5	10	50	100
Fertilization(%)	53	64	60	59	61
Blastocyst (%)	50	20	8	3	2
Live Fetus	34	21	0	-	-

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<b>Blastocyst (%)</b>	<b>50</b>	<b>20</b>	<b>8</b>	<b>3</b>	<b>2</b>
Live Fetus	34	21	0	-	-

Fatehi et al, *J Androl* 2006 – Bovine Model

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Blastocyst (%)	50	20	8	3	2
<b>Live Fetus</b>	<b>34</b>	<b>21</b>	<b>0</b>	<b>-</b>	<b>-</b>

Perez-Crespo et al, *J Androl* 2008 – Mouse Model – frozen-thawed sperm

Experimental sperm DNA damage ≠ Clinical sperm DNA damage

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### Sperm DNA Integrity

Potential applications of sperm DNA tests?

**3. To evaluate the relationship between sperm DNA damage and post-natal health (of the IVF - ICSI child) because:**

- > Natural barriers to fertilization are removed at ICSI
- > Infertile men exhibit high levels of sperm DNA damage
- > Pregnancy is possible despite high levels of DNA damage
- > Experimental (animal) studies suggest that sperm DNA damage might adversely impact the health of the child

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## Sperm DNA Damage and Fertility

**Infertile men have higher levels of sperm DNA - Chromatin damage than fertile men**

**Chromatin Structure:** Evenson et al, *Hum Reprod* 1999  
..... Spano et al, *Fertil Steril* 2000  
..... Zini et al, *Fertil Steril* 2001

**DNA Fragmentation:** Hughes et al, *Hum Reprod* 1996  
..... Irvine et al, *J Androl* 2000

**DNA Oxidation** Sen & Ong, *Free Rad Biol Med* 2000

**Protamine Deficiency:** Gatewood et al, *J Biol Chem* 1990  
..... Carrell & Liu, *J Androl* 2001  
..... Zhang et al, *J Androl* 2006

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## Sperm DNA Integrity: Influence on Health of the Offspring

- Mouse ICSI studies (fresh [N] and frozen-thawed spz [DFS])
- CD1 and B6D2F1 mouse strains

Fernandez-Gonzalez et al, *Biol Reprod* 2008

**ICSI with DFS (compared to N sperm) →**

- Reduced embryo development
- Reduced number of live pups
- Development of atypical tumors in 33% of females (CD1)
- Reduced longevity (85% vs. 100% surviving at 25 weeks)
- Altered behavioral responses ("anxiety-like reactions")

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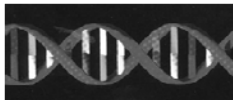
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## Sperm DNA Integrity/Damage

**What do sperm DNA damage tests measure?**

- ◆ Damage to the double stranded DNA
  - Fragmentation, oxidation or denaturation
  - Presence of DNA adducts
- ◆ Defects in the sperm chromatin
  - Improper or incomplete compaction of the chromatin (DNA and nuclear proteins [protamines and histones])



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## Estimation of Sperm DNA Damage

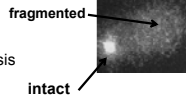
### Direct Tests

#### • Sperm DNA fragmentation

- TUNEL assay – labeling of fragmented DNA
- COMET assay - Single cell gel electrophoresis

#### • Sperm DNA oxidation

- 8-hydroxy deoxy guanosine (8-OHdG)



### Indirect Tests (Assess susceptibility to DNA damage)

#### • Sperm chromatin integrity/maturity

- SCSA (susceptibility to DNA damage & chromatin compaction)
- Aniline / toluidine blue (detects histones)
- Chromomycin A3 (detects under-protamination)
- SCD – sperm chromatin dispersion (chromatin compaction)

Evenson et al, Science 1980  
Sakkas et al, Hum Reprod 1996  
Hughes et al, Mol Hum Reprod 1996  
Erenpreiss et al, J Androl 2001

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## Estimation of Sperm DNA Damage

### Advantages of sperm DNA damage tests

- Provide information on the quality of spermatogenesis
  - Complementary to the conventional sperm parameters
- Exhibit a low degree of biological variability
  - Lower variability than conventional sperm parameters (SCSA)
- Testing cryopreserved semen does not alter test results
  - Cannot be done with conventional sperm parameters

Zini, SBRM 2011

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## Estimation of Sperm DNA Damage

### Limitations of Current Tests of DNA damage

- No test (direct or indirect) can measure:
  - the full extent or degree of damage (quantitatively)
  - clinically relevant damage (e.g. gene-specific damage)
- Results are dependent on chromatin compaction
  - assay conditions can influence accessibility of the dye or enzyme to the target sites
- No test can allow for use of sperm (e.g. for ICSI) after DNA testing

Barratt et al, Hum Reprod 2010

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**Sperm DNA Damage & Pregnancy Loss:  
What is the Evidence?**

**Are measures of sperm DNA damage associated with pregnancy loss after IVF-ICSI?**

- Experimental-Animal Studies (Indirect)
- Indirect Clinical Evidence:
  - Relationship between paternal age & sperm DNA damage
  - Relationship between paternal age & pregnancy loss (P-Loss)
  - Prospective Case-control studies on sperm DNA damage & P-Loss (natural pregnancy)
- Direct Clinical Evidence:
  - Systematic review of studies relating sperm DNA damage to pregnancy loss after IVF or ICSI

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**Sperm (DNA) Damage (Animal studies):  
Influence on Pregnancy Loss**

> Administration of a germ cell toxin (drug) to the male leads to an increased risk of Post-implantation (PI) loss

Study	Drug	Species	Results
<b>Drug-induced damage</b>			
Balasinor '02	Tamoxifen	rat	Increased PI loss
Salian '09	Bisphenol A	rat	Increased PI loss
Eustache '09	Endocrine Dis	rat	Increased PI loss
Anjum '11	Lead Acetate	rat	Increased PI loss

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**Sperm (DNA) Damage (Animal studies):  
Influence on Pregnancy Loss**

> Administration of a germ cell toxin (chemo) to the male leads to Post-implantation (PI) loss and sperm DNA damage

Study	Drug	Species/Test	Results
<b>Chemotherapy-induced damage</b>			
Doerkson '96	5-azacytosine	rat/DNA methyl	Increased PI loss & hypomethyl
Vaisheva '07	CHOP	rat/SCSA+Tunel	Increased DD & PI loss
Delbes '10	CHOP	rat/COMET	Increased DD & PI loss

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## Sperm DNA Damage & Pregnancy Loss

### Indirect Evidence

Paternal age & sperm DNA damage      Paternal age & pregnancy loss

Relationship between sperm DNA damage & pregnancy loss

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## Sperm DNA Damage & Pregnancy Loss

### Indirect Evidence

Relationship between paternal age & sperm DNA damage (DD)  
(large retrospective studies)

Study	n	Assay	Population	Results
Trisini '03	257	COMET	Infertile men	Increased sperm DD with age
Singh '03	66	COMET	Infertile men	Increased sperm DD with age
Vagnini '07	508	TUNEL	Infertile men	Increased sperm DD with age
Belloc '09	1769	TUNEL	Infertile men	Increased sperm DD with age
Moskovtsev '09	2586	TUNEL	Infertile men	Increased sperm DD with age
Winkle '09	320	Flow-PI	Infertile men	No significant relationship
Brahem '11	140	TUNEL	Infertile men	No significant relationship
Hamliche '11	227	SCSA	Infertile men	Increased sperm DD with age
Nijs '11	278	SCSA	Infertile men	No significant relationship
Varshini '11	504	TUNEL	Infertile men	Increased sperm DD with age
Wyrobek '06	97	SCSA	Healthy men	Increased sperm DD with age

**Most studies report higher sperm DNA damage with increasing paternal age  
But, these are largely from highly selected populations (infertile men)**

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## Sperm DNA Damage & Pregnancy Loss

### Indirect Evidence

Relationship between paternal age & pregnancy loss (natural-IUI)  
(large retrospective or case/control studies)

Study	Design	Population	Results
<b>Natural Pregnancy</b>			
Selvin&Garfinkel'76	Retrospective	1.5 million certif.	Increased late P-Loss with age
Rochebrochard '02	Retrospective	3,174 pregnancies	Increased P-Loss with age
Slama '05	Prospective	5,129 (early preg)	Increased P-Loss with age
Kleinhaus '06	Case/Control	1,506 / 12,539	Increased P-Loss with age
Maconochie '06	Case/control	603 / 6,116	Increased P-Loss with age
<b>IUI Pregnancy</b>			
Bellver '08	Retrospective	2,204 cycles	Increased P-Loss with age
Belloc '09	Retrospective	17,000 cycles	Increased P-Loss with age

**Natural-IUI studies report higher rates of P-Loss with increasing paternal age**

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## Sperm DNA Damage & Pregnancy Loss

### Indirect Evidence

Relationship between paternal age & pregnancy loss (IVF-ICSI)

Study	Design	Population	Results
<b>IVF-ICSI Pregnancy</b>			
Dain '11	Meta-analysis	7 studies (6,804)	No significant relationship

How do we reconcile the opposite findings of the Natural & IUI studies on the relationship between P-Loss and paternal age and those of the IVF/ICSI studies on the same relationship?

Selection process?  
Natural & IUI pregnancies are from men with relatively homogeneous (and "normal") sperm parameters whereas with IVF/ICSI the population of men is so heterogeneous that an age effect may be diluted.

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## Sperm DNA Damage & Pregnancy Loss

### Indirect Evidence

Sperm DNA damage & P-Loss (Natural pregnancies)

Prospective Case-control studies

(Cases: Couples with recurrent P-Loss, Ctls: Fertile Couples)

Study	Cases/Ctls	Assay(s)	Results
Bhattacharya '08	74 / 60	AO	Higher DNA damage in Cases
Saxena '08	35 / 20	NCD	Poorer NCD in Cases
Kazerooni '09	30 / 30	CMA3, AB, AO	Higher DNA damage in Cases
Bellver '10	30 / 30	SCD	Higher DNA damage in Cases
Talebi '11	40 / 40	5 tests of DD	Higher DNA damage in Cases
Absalan '12	30 / 30	SCD	Higher DNA damage in Cases

All studies report higher levels of sperm DNA-chromatin damage in cases

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## Sperm DNA Damage & Pregnancy Loss

### Direct Evidence

#### Systematic Review & Meta-analysis:

Examined all studies on sperm DNA and ...

> Pregnancy loss (after IVF and ICSI)

But also sperm DNA and ...

> IVF pregnancy

> ICSI pregnancy

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## Systematic Review & Meta-analysis

### Diagnostic test

- > Sperm chromatin / DNA damage  
(by SCSA, TUNEL, SCD, COMET)

### Reproductive outcomes (after IVF and ICSI)

- > Pregnancy rate (clinical pregnancy)
- > Pregnancy loss

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## Systematic Review & Meta-analysis

	Pregnancy	
	Disease + (no preg)	Disease - (+ preg)
Test + (>cutoff)	<u>a</u>	<u>b</u>
DNA damage	<u>c</u>	<u>d</u>
Test - (<cutoff)		

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## Systematic Review & Meta-analysis

	Disease + (no preg)	Disease - (preg)
	Test + (>cutoff)	<u>a</u> (true + test)
DNA damage	<u>c</u>	<u>d</u>
Test - (<cutoff)	(false - test)	(true - test)

- Sensitivity =  $a/(a+c)$  (true + test rate)  
 Specificity =  $d/(b+d)$  (true - test rate)  
 Odds Ratio =  $ad / bc$  (measure of assoc. b/n test and disease)  
 PPV (pos. predictive value) =  $a/(a+b)$  (disease prob if + test)  
 NPV (neg. predictive value) =  $d/(c+d)$  (no disease prob if - test)

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## Systematic Review & Meta-analysis

	Disease + (no preg)	Disease - (preg)
Test + (>cutoff)	<b>a</b> (true + test)	<b>b</b> (false + test)
DNA damage	<b>c</b> (false - test)	<b>d</b> (true - test)
Test - (<cutoff)		

**Sensitivity** =  $a/(a+c)$  (true + test rate)

**Specificity** =  $d/(b+d)$  (true - test rate)

**Odds Ratio** =  $ad / bc$  (measure of assoc. b/n test and disease)

**PPV (pos. predictive value)** =  $a/(a+b)$ (disease prob if + test)

**NPV (neg. predictive value)** =  $d/(c+d)$ (no disease prob if - test)

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## Systematic Review & Meta-analysis

	Disease + (no preg)	Disease - (preg)
Test + (>cutoff)	<b>a</b> (true + test)	<b>b</b> (false + test)
DNA damage	<b>c</b> (false - test)	<b>d</b> (true - test)
Test - (<cutoff)		

**Sensitivity** =  $a/(a+c)$  (true + test rate)

**Specificity** =  $d/(b+d)$  (true - test rate)

**Odds Ratio** =  $ad / bc$  (measure of assoc. b/n test and disease)

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## Sperm DNA Damage and IVF Outcomes



Systematic Review – March 2012

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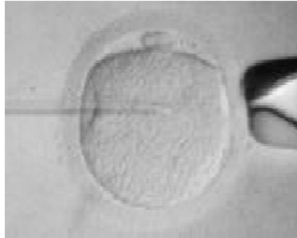
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## Sperm DNA Damage and ICSI Outcomes



Systematic Review – March 2012

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## Sperm DNA Damage and ICSI Outcomes

Study	n	Design	Fem - Selection	Fertilization
Hammadah, '96	61	prospective	none	0
Host, '00...	61	prospective, consecutive	none	0
Virant-Klun, '02	183	prospective	none	↓
Henkel, '03	54	prospective	none	0
Huang, '05	86	retrospective	none	↓
Check, '05	104	not specified, IVF failure	none	N/A
Zini, '05	60	prospective, consecutive	<40	0
Borini, '06	50	not specified	none	0
Muriel, '06	85	prospective	none	↓
Benchaib, '07	218	prospective	none	0
Bungum, '07	223	prospective, consecutive	<40 yo, fsh<12	0
Lin, '07	86	prospective	<40, fsh<10	0
Bakos, '07	68	not specified	none	0
Micinski, '09	60	prospective	<38	↓
Tarozzi, '09	50	not specified	none	0
Speyer, '10	155	prospective	<45 yo	0
Simon, '10	127	prospective	none	0
Nijs, '10	94	prospective	none	0
Jiang, '11	63	not specified, consecutive	<38, fsh<12	0

n=19

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## Sperm DNA Damage and ICSI Outcomes

Study	n	Design	Fem - Selection	Fertilization
Hammadah, '96	61	<b>prospective</b>	none	0
Host, '00...	61	<b>prospective, consecutive</b>	none	0
Virant-Klun, '02	183	<b>prospective</b>	none	↓
Henkel, '03	54	<b>prospective</b>	none	0
Huang, '05	86	retrospective	none	↓
Check, '05	104	not specified, IVF failure	none	N/A
Zini, '05	60	<b>prospective, consecutive</b>	<40	0
Borini, '06	50	not specified	none	0
Muriel, '06	85	<b>prospective</b>	none	↓
Benchaib, '07	218	<b>prospective</b>	none	0
Bungum, '07	223	<b>prospective, consecutive</b>	<40 yo, fsh<12	0
Lin, '07	86	<b>prospective</b>	<40, fsh<10	0
Bakos, '07	68	not specified	none	0
Micinski, '09	60	<b>prospective</b>	<38	↓
Tarozzi, '09	50	not specified	none	0
Speyer, '10	155	<b>prospective</b>	<45 yo	0
Simon, '10	127	<b>prospective</b>	none	0
Nijs, '10	94	<b>prospective</b>	none	0
Jiang, '11	63	not specified, consecutive	<38, fsh<12	0

n=19

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### Sperm DNA Damage and ICSI Outcomes

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Host, '00...	61	prospective, consecutive	none	0
Virant-Klun, '02	183	prospective	none	↓
Henkel, '03	54	prospective	none	0
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Borini, '06	50	not specified	none	0
Muriel, '06	85	prospective	none	↓
Benchaib, '07	218	prospective	none	0
Bungum, '07	223	prospective, consecutive	<40 yo, fsh<12	0
Lin, '07	86	prospective	<40, fsh<10	0
Bakos, '07	68	not specified	none	0
Micinski, '09	60	prospective	<38	↓
Tarozzi, '09	50	not specified	none	0
Speyer, '10	155	prospective	<45 yo	0
Simon, '10	127	prospective	none	0
Nijs, '10	94	prospective	none	0
Jiang, '11	63	not specified, consecutive	<38, fsh<12	0

n=19

### Sperm DNA Damage and ICSI Outcomes

Study	n	Design	Female age	Fertilization
Hammadeh, '96	61	prospective	not controlled	0
Host, '00...	61	prospective, consecutive	controlled	0
Virant-Klun, '02	183	prospective	controlled	↓
Henkel, '03	54	prospective	not controlled	0
Huang, '05	86	retrospective	not controlled	↓
Check, '05	104	not specified, IVF failure	not controlled	N/A
Zini, '05	60	prospective, consecutive	controlled	0
Borini, '06	50	not specified	controlled	0
Muriel, '06	85	prospective	not controlled	↓
Benchaib, '07	218	prospective	controlled	0
Bungum, '07	223	prospective, consecutive	controlled	0
Lin, '07	86	prospective	controlled	0
Bakos, '07	68	not specified	not controlled	0
Micinski, '09	60	prospective	not controlled	↓
Tarozzi, '09	50	not specified	controlled	0
Speyer, '10	155	prospective	not controlled	0
Simon, '10	127	prospective	not controlled	0
Nijs, '10	94	prospective	not controlled	0
Jiang, '11	63	not specified, consecutive	controlled	0

n=19

### Sperm DNA Damage and ICSI Pregnancy

Study	n	PREG	Assay	Cutoff	Cutoff Justification
Hammadeh, '96	61	↓	A-Blue	29%	ROC analysis
Host, '00...	61	0	TUNEL	4%	Based on fertile population
Virant-Klun, '02	183	0	AO	56%	Based on Liu & Baker 1992
Henkel, '03	54	↓	TUNEL	24%	ROC analysis
Huang, '05	86	0	TUNEL	4%	Not justified
Check, '05	104	0	SCSA	30%	Based on Evenson 2000, 2002
Zini, '05	60	0	SCSA	30%	Based on Evenson 2000, 2002
Borini, '06	50	↓	TUNEL	10%	Based on Benchaib 2003
Muriel, '06	85	0	SCD	---	No cutoff
Benchaib, '07	218	↓	TUNEL	15%	Based on ART results (10%, '03)
Bungum, '07	223	0	SCSA	30%	Based on Evenson 2000, 2002
Lin, '07	86	0	SCSA	27%	Based on Evenson 2000, 2002
Bakos, '07	68	↓	TUNEL	35%	Cannot construct 2 x 2 table
Micinski, '09	60	↓	SCSA?	15%	Based on Filatov et al, 1998
Tarozzi, '09	50	0	CMA3	29%	ROC analysis
Speyer, '10	155	↓	SCSA	30%	Based on Evenson 2000, 2002
Simon, '10	127	↓	COMET	56%	Best CO from ROC analysis
Nijs, '10	94	0	SCSA	30%	Cannot construct 2 x 2 table
Jiang, '11	63	↓	SCSA	30%	Based on Evenson 2000, 2002

### Sperm DNA Damage and ICSI Pregnancy

Study	n	PREG	Assay	Cutoff	Cutoff Justification
Hammadeh, '96	61	↓	A-Blue	29%	ROC analysis
Host, '00...	61	0	TUNEL	4%	Based on fertile population
Virant-Klun, '02	483	0	AO	56%	Based on Liu & Baker 1992
Henkel, '03	54	↓	TUNEL	24%	ROC analysis
Huang, '05	86	0	TUNEL	4%	Not justified
Check, '05	104	0	SCSA	30%	Based on Evenson 2000, 2002
Zini, '05	60	0	SCSA	30%	Based on Evenson 2000, 2002
Borini, '06	50	↓	TUNEL	10%	Based on Benchaib 2003
Muriel, '06	85	0	SCD		No cutoff
Benchaib, '07	218	↓	TUNEL	15%	Based on ART data (10%, '03)
Bungum, '07	223	0	SCSA	30%	Based on Evenson 2000, 2002
Lin, '07	86	0	SCSA	27%	Based on Evenson 2000, 2002
Bakke, '07	68	↓	TUNEL	35%	Cannot construct 2 x 2 table
Micinski, '09	60	↓	SCSA?	15%	Based on Filatov et al, 1998
Tarozzi, '09	50	0	CMA3	29%	ROC analysis
Speyer, '10	155	↓	SCSA	30%	Based on Evenson 2000, 2002
Simon, '10	127	↓	COMET	56%	Best CO from ROC analysis
Nije, '10	94	0	SCSA	30%	Cannot construct 2 x 2 table
Jiang, '11	63	↓	SCSA	30%	Based on Evenson 2000, 2002

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### Sperm DNA Damage and ICSI Pregnancy

Study	n	%DD	Sens	Spec	OR	(95% CI)
Hammadeh, '96	61	44	0.50	0.70	2.40	(0.72, 7.96)
Host, '00...	61	59	0.57	0.38	0.79	(0.28, 2.25)
Henkel, '03	54	48	0.68	0.63	3.67	(1.12, 12.0)
Huang, '05	86	57	0.64	0.50	1.80	(0.76, 4.27)
Zini, '05	60	18	0.17	0.81	0.87	(0.23, 3.22)
Check, '05	104	28	0.29	0.76	1.34	(0.52, 3.43)
Borini, '06	50	60	0.71	0.75	7.36	(1.67, 32.4)
Benchaib, '07	218	17	0.19	0.87	1.55	(0.70, 3.41)
Bungum, '07	223	33	0.29	0.61	0.65	(0.37, 1.14)
Lin, '07	86	24	0.26	0.77	1.21	(0.45, 3.23)
Micinski, '09	60	35	0.40	0.85	3.73	(0.74, 18.77)
Tarozzi, '09	50	56	0.49	0.23	0.34	(0.09, 1.29)
Speyer, '10	155	22	0.24	0.81	1.37	(0.60, 3.13)
Simon, '10	127	63	0.67	0.45	1.73	(0.82, 3.66)
Jiang, '11	63	33	0.44	0.83	3.86	(1.11, 13.43)
<b>Total</b>		<b>40%</b>	<b>0.40</b>	<b>0.71</b>		

Fixed Effects Model: (Test for Homogeneity: P > 0.1)  
 Combined Odds ratio = 1.30 (1.02, 1.65), P < 0.05

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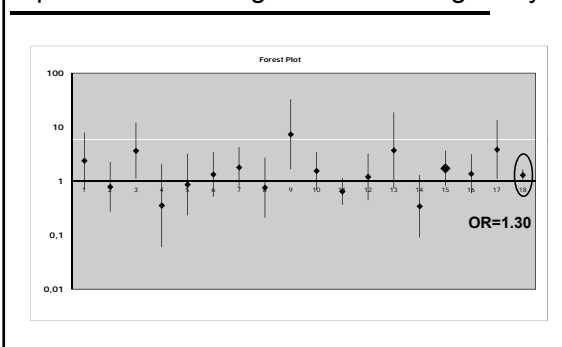
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### Sperm DNA Damage and ICSI Pregnancy




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## Sperm DNA Damage and ICSI Pregnancy

### Fixed Effects Model:

Combined Odds ratio = 1.30 (1.02, 1.65), P <0.05

### Clinical Application?

Positive predictive value (PPV median): 70% no PR (**30% PR**)

Negative predictive value (NPV median): **37% PR**

Clinical significance of an 7% difference in PR?

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## Sperm DNA Damage and Pregnancy Loss after IVF and/or ICSI

Study	ART	Cycles	Preg	P-Loss	RISK*	Comment
Virro, '04	Mixed	---	---	---	↑	No 2 x 2 table
Check, '05	ICSI	104	34	47%	↑	Failed >2 IVF Rx
Zini, '05	ICSI	60	31	16%	↑	PL after CP
Borini, '06	IVF	82	18	6%	↑	PL after CP & BP
Borini, '06	ICSI	50	12	25%	↑	PL after CP & BP
Benchaib, '07	IVF	84	26	15%	↑	PL after CP
Benchaib, '07	ICSI	218	68	12%	↑	PL after CP
Lin, '07	IVF	137	81	10%	↑	PL after CP
Lin, '07	ICSI	86	44	18%	↑	PL after CP
Frydman, '07	IVF	117	59	19%	↑	PL after CP
Bungum, '07	IVF	388	148	24%	0	PL after BP
Bungum, '07	ICSI	223	106	19%	↑	PL after BP
Simon, '10	IVF	224	39	10%	↑	PL after CP
Simon, '10	ICSI	127	44	18%	↑	PL after CP
Jiang, '11	Mixed	179	76	17%	↑	PL after CP
Kennedy, '11	Mixed	233	141	8%	↑	No 2 x 2 table
<b>Total 16 studies</b>		<b>2079</b>	<b>776</b>			

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## Sperm DNA Damage and Pregnancy Loss after IVF and/or ICSI

Study	ART	Cycles	Preg	P-Loss	RISK*	Comment
Virro, '04	Mixed	---	---	---	↑	No 2 x 2 table
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Borini, '06	ICSI	50	12	25%	↑	PL after CP & BP
Benchaib, '07	IVF	84	26	15%	↑	PL after CP
Benchaib, '07	ICSI	218	68	12%	↑	PL after CP
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<b>Total 14 studies</b>		<b>2079</b>	<b>776</b>			

Systematic Review – March 2012

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### Sperm DNA Damage and Pregnancy Loss after IVF and/or ICSI

Study	n	ART	Design	Female age
Check, '05	104	ICSI	not specified, IVF failure	not controlled
Zini, '05	60	ICSI	prospective,consecutive	controlled
Borini, '06	82	IVF	not specified	controlled
Borini, '06	50	ICSI	not specified	controlled
Benchaib, '07	84	IVF	prospective	controlled
Benchaib, '07	218	ICSI	prospective	controlled
Lin, '07	137	IVF	prospective	controlled
Lin, '07	86	ICSI	prospective	controlled
Frydman, '07	117	IVF	prospective	controlled
Bungum, '07	388	IVF	prospective,consecutive	controlled
Bungum, '07	223	ICSI	prospective,consecutive	controlled
Simon, '10	224	IVF	prospective	not controlled
Simon, '10	127	ICSI	prospective	not controlled
Jiang, '11	179	Mixed	not specified,consecutive	controlled

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### Sperm DNA Damage and Pregnancy Loss after IVF and/or ICSI

Study	n	ART	Design	Female age
Check, '05	104	ICSI	not specified, IVF failure	not controlled
Zini, '05	60	ICSI	prospective, consecutive	controlled
Borini, '06	82	IVF	not specified	controlled
Borini, '06	50	ICSI	not specified	controlled
Benchaib, '07	84	IVF	prospective	controlled
Benchaib, '07	218	ICSI	prospective	controlled
Lin, '07	137	IVF	prospective	controlled
Lin, '07	86	ICSI	prospective	controlled
Frydman, '07	117	IVF	prospective	controlled
Bungum, '07	388	IVF	prospective, consecutive	controlled
Bungum, '07	223	ICSI	prospective, consecutive	controlled
Simon, '10	224	IVF	prospective	not controlled
Simon, '10	127	ICSI	prospective	not controlled
Jiang, '11	179	Mixed	not specified, consecutive	controlled

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### Sperm DNA Damage and Pregnancy Loss (All) after IVF and/or ICSI

Study	ART	P-Loss	Ab Test Sens	Spec	OR	(95% CI)
Check, '05	ICSI	47%	24%	0.63	0.83	2.27 (0.45, 11.59)
Zini, '05	ICSI	16%	19%	0.33	0.85	3.67 (0.46, 29.42)
Borini, '06	IVF	6%	11%	0.91	0.94	32.0 (0.62, 1663)
Borini, '06	ICSI	25%	25%	0.97	0.99	108.0 (1.73, 6729)
Benchaib, '07	IVF	15%	15%	0.50	0.91	10.0 (0.87, 114.8)
Benchaib, '07	ICSI	12%	15%	0.30	0.88	3.51 (0.89, 23.28)
Lin, '07	IVF	9%	15%	0.17	0.86	2.56 (0.44, 15.03)
Lin, '07	ICSI	18%	23%	0.40	0.83	5.00 (0.97, 25.77)
Frydman, '07	IVF	19%	32%	0.37	0.75	5.25 (1.31, 21.11)
Bungum, '07	IVF	24%	14%	0.19	0.85	0.73 (0.23, 2.33)
Bungum, '07	ICSI	29%	40%	0.24	0.63	1.69 (0.63, 4.49)
Simon, '10	IVF	18%	18%	0.50	0.86	6.00 (0.68, 52.90)
Simon, '10	ICSI	17%	55%	0.63	0.47	1.49 (0.31, 7.20)
Jiang, '11	Mixed	8%	18%	0.38	0.86	3.75 (1.00, 14.06)
				<b>0.50</b>	<b>0.85</b>	

Test for Homogeneity: Q test non-significant

Fixed Effects Model:

Combined Odds ratio = 2.58 (1.67, 3.97), p < 0.0001

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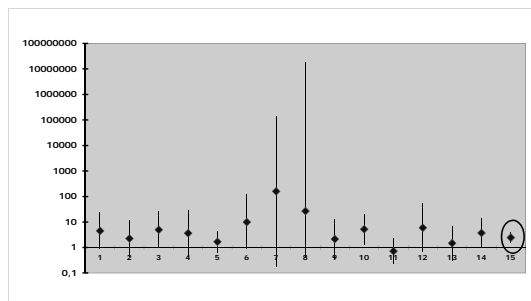
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### Sperm DNA Damage and Pregnancy Loss (All) after IVF and/or ICSI



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### Sperm DNA Damage and Pregnancy Loss after IVF and/or ICSI

#### Pregnancy Loss

Combined Odds ratio = 2.58 (1.67, 3.97),  $p < 0.0001$

#### Clinical Application?

Positive predictive value (PPV median): 35% PL

Negative predictive value (NPV median): 90% no PL (11% PL)

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### Sperm DNA Damage and Pregnancy Loss after IVF and/or ICSI

#### Pregnancy Loss (All)

Combined Odds ratio = 2.58 (1.67, 3.97),  $p < 0.0001$

#### Pregnancy Loss (IVF, 6 studies)

Combined Odds ratio = 2.41 (1.19, 4.92),  $p < 0.05$

#### Pregnancy Loss (ICSI, 6 studies)

Combined Odds ratio = 2.50 (1.38, 4.54),  $p < 0.05$

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Sperm DNA Damage:  
Practical Application

**What is clinical utility of sperm DNA tests?**

In infertile couples with pregnancy loss post-IVF

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Sperm DNA Damage:  
Practical Application

Infertile couples with pregnancy loss post-IVF

**Test Characteristics:**

Median prevalence of a + test is 25-30%  
Median sensitivity 40% → many other causes for PLoss  
Median specificity 85 % → + test points to male factor in PL

If +test → **Increased risk of PL with IVF or ICSI**

**Evaluate the male & correct any male factor**

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**Summary**

The relationship between sperm DNA damage & pregnancy loss after IVF&ICSI is supported by...

**Indirect Evidence:**

- > Experimental studies
- > Paternal age & sperm DNA --- paternal age & pregnancy loss studies
- > Case-control studies on sperm DNA damage & P-Loss (natural)

**Direct Evidence:**

- > Systematic analysis of studies relating sperm DNA damage to pregnancy loss after IVF or ICSI (OR=2.58)

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## Summary

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**The relationship between sperm DNA damage & pregnancy loss after IVF&ICSI is supported by...  
But...**

### Indirect Evidence:

- **Experimental studies**  
(Experimental sperm DNA damage ≠ Clinical sperm DNA damage)
- **Paternal age & sperm DNA --- paternal age & pregnancy loss studies**  
(Large studies but relationship is speculative)
- **Case-control studies on sperm DNA damage & P-Loss (natural)**  
(Small studies, that may not necessarily reflect ART P-Loss)

### Direct Evidence:

- **Systematic analysis of studies relating sperm DNA damage to pregnancy loss after IVF or ICSI (OR=2.58)**  
(Heterogeneous design, populations, sperm DNA tests)

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## Conclusions

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**Sperm DNA damage is related to pregnancy loss after IVF&ICSI**

### Future directions

**Large, well-designed prospective studies on IVF and ICSI pregnancy and pregnancy loss  
(Multivariate analysis, well-defined parameters)**

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 The University of Nottingham

 Nurture Fertility

**Are Ovarian Reserve Tests predictive of miscarriage in women undergoing ART?**

**Jayaprakasan K**  
MRCOG, PhD  
Associate Professor & Subspecialist in Reproductive Medicine  
Queen's Medical Centre, Nottingham, UK

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**Declaration**

I have no conflicts of interest or any commercial relationship

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**Learning objectives (Plan)**

Reproductive ageing and ovarian reserve

Ovarian Reserve Tests (ORT)

Ability of ORTs to predict miscarriage: evidence

Conclusions

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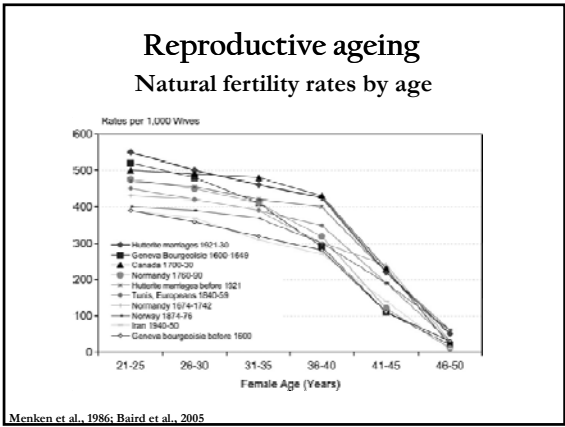
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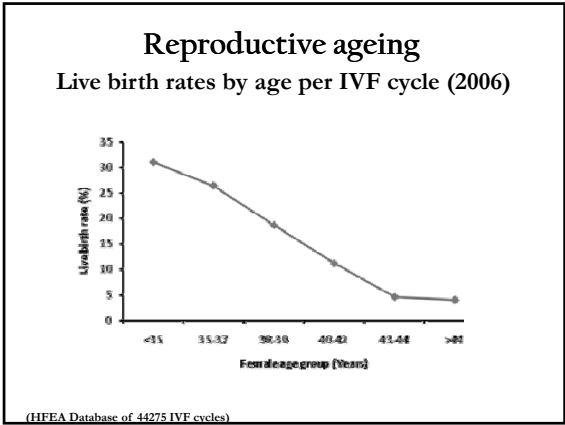
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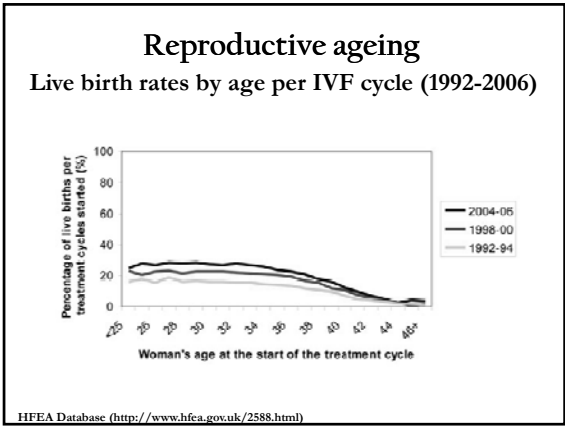
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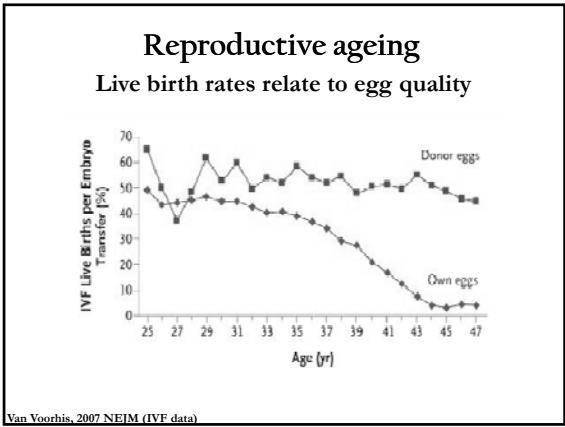
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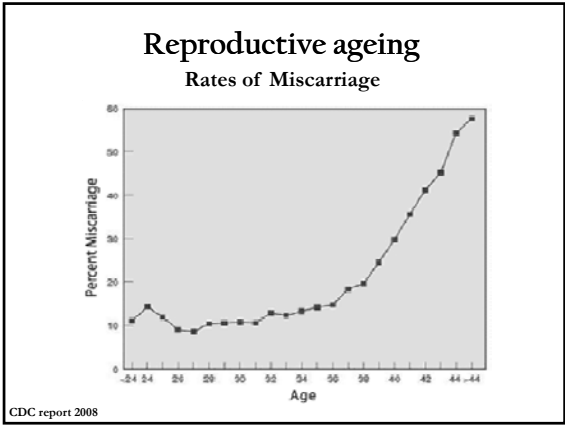
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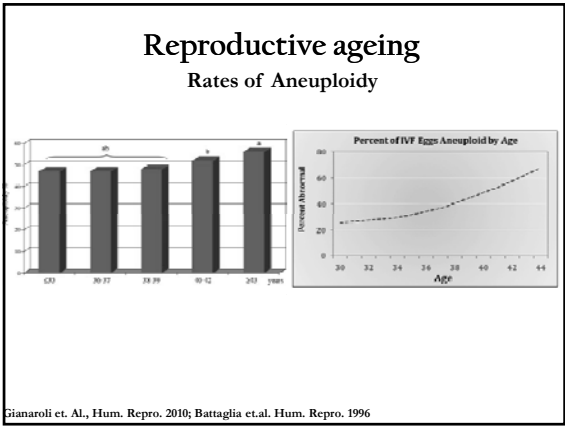
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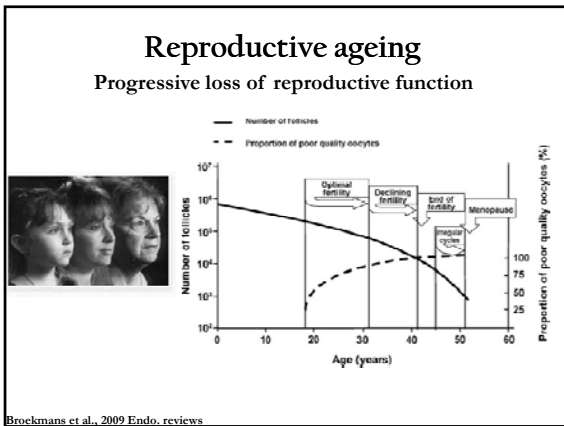
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### Reproductive ageing

**OVARIAN AGEING**

Decline in the quantity and quality of primordial follicles remaining within the ovaries  
(Decline in “Ovarian Reserve”)

Brockmans et al., 2006 Hum. Repro. Update

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- ### Ovarian reserve - Importance
- ✓ ‘Fertility potential’ of women
  - ✓ Prediction of ovarian response/ IVF success
  - ✓ Make an individualized treatment plan
  - ✓ Miscarriage/ Aneuploidy/ Pre-eclampsia
  - ✓ Reproductive life span
- Trout & Scifer, 2000, Freeman et al., 2000, Brockmans et al., 2006, Woldringh et al., 2006, Nikolaou et al., 2002

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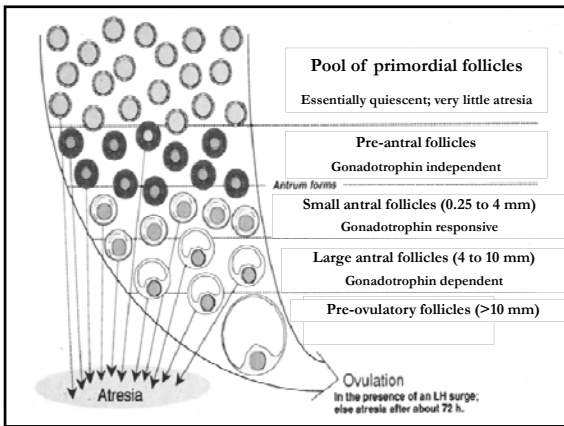
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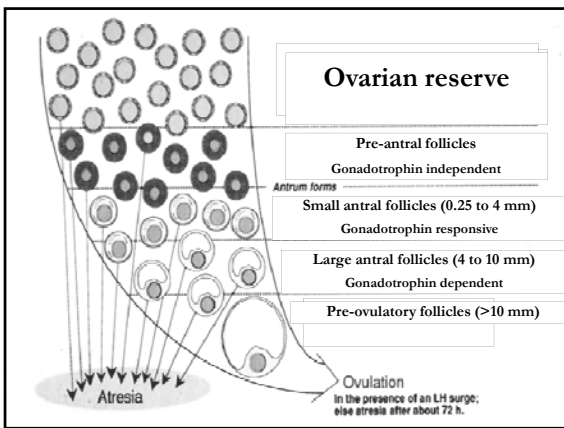
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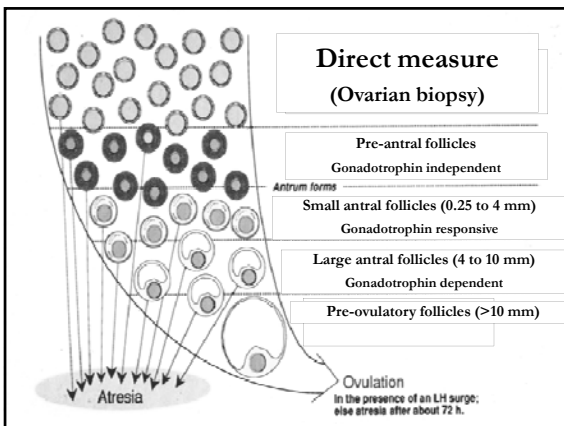
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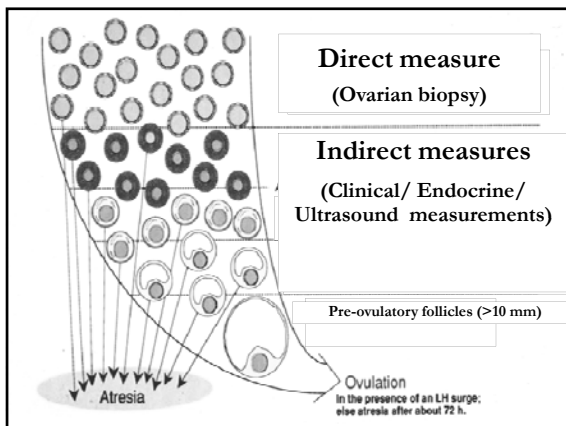
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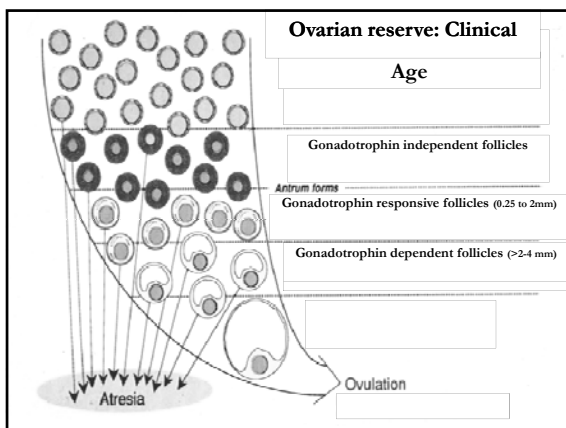
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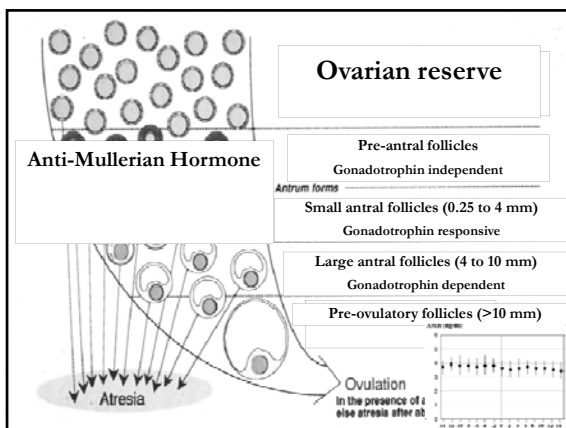
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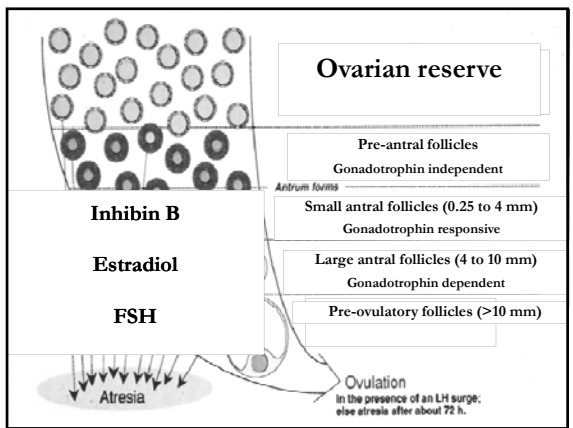
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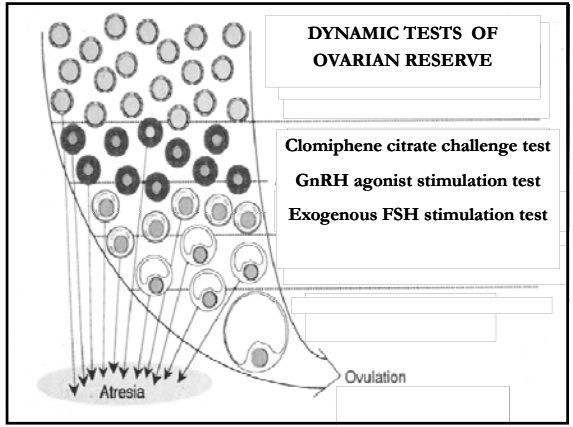
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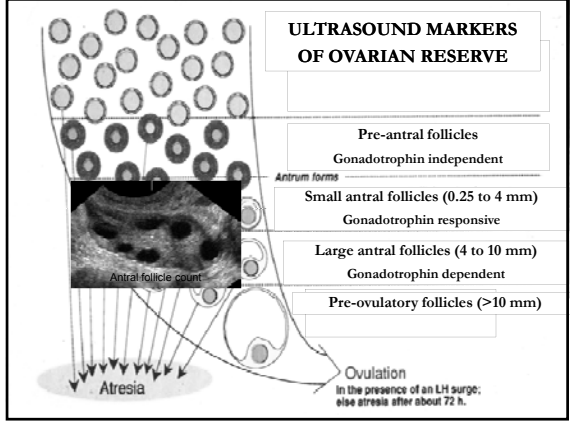
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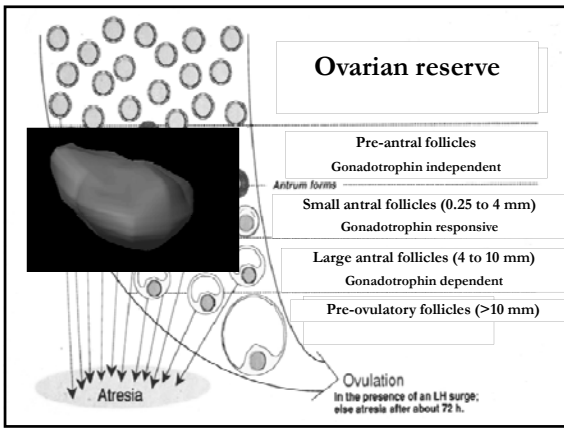
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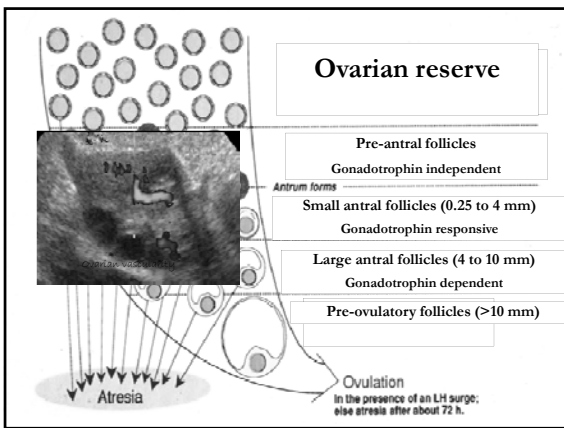
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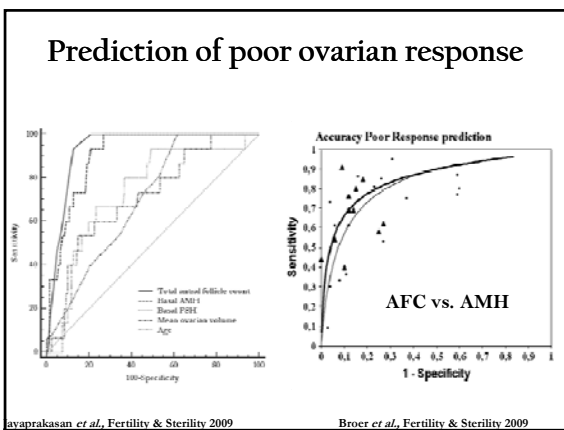
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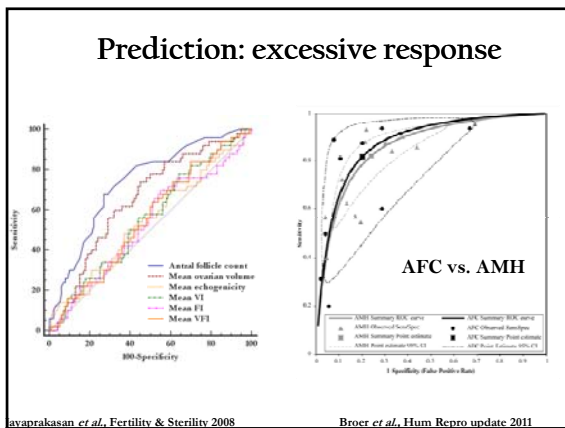
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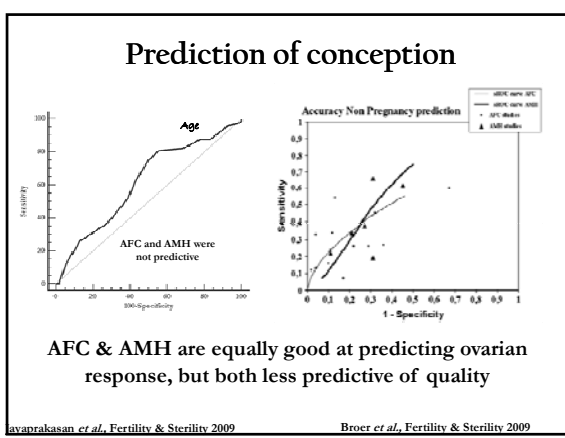
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Author	Study population	Protocol	ORT	RESULTS
Weghofer HR 2005 (Retrospective) N= 535 IVF	Age 25-40; FSH ≤10 IU/L	long protocol	Age specific FSH (lowest & highest quartile)	Not predictive, no difference in miscarriage rate (miscarriage not defined)
Chuang FnS 2003 (Retrospective) N= 1045 IVF	No inclusion or exclusion criteria described	long & short protocol ET with ?embryos	Age FSH	Not predictive of miscarriage
Levi FnS 2001 (Retrospective) N=9802 fertility	All fertility patients 1256 high FSH 9618 low FSH	CC IUI IVF	FSH (>14.2 & <14.2)	High 1 <sup>st</sup> TM pregnancy loss (71.4% vs. 20%) in high FSH
Abdalla HR 2004 N=2057 (613 pregnant)	All IVF/ICSI pts	Long ag/ Antagonist	FSH 4 gps: <10, 10-15, 15-20, >20	No difference in miscarriage (<24 wks) rates across 4 gps
vanMontfrans HR2004 (prospective) N=129	Age>30, natural conception No infertility/ut anomaly	F/U of 12 mo. UPT on day 1 of cycle	FSH	No difference in FSH levels between nonpreg, EPL, misc, ongoing preg gps

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Author	Study population	Protocol	ORT	RESULTS
Hofmann FnS 2000 (Retrospective) N=692 (44 RPL vs 648 non-RPL)	Age >35; any age with unexplained infertility	long protocol D3 (ET with up to 4 emb)	FSH CCCT	Similar reduced ovarian reserve (18%) in both RPL and non-RPL group
Gurbuz AGO 2004 N=80 RPL (58 unexplained vs 22 cause found)	Any age	Conception by any means	FSH (≥10IU/L) E2 (≥50pg/ml) FSH/LH= ≥3.6	High FSH/LH ratio and high E2 levels in unexplained RPL (1 <sup>st</sup> TM)
Trout FnS 2000 N=57 RPL (36 unexplained vs 21 cause found)			FSH (≥10IU/L) E2 (≥50pg/ml)	High FSH & E2 level in unexplained RPL 31%vs.5% with high FSH 39%vs.14% with high E2 58%vs.19% with high FSH&/or high E2

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Author	Study population	Protocol	ORT	RESULTS
Eiter GE 2005 (Retrospective) N=62 pregnant (28misc vs.34 ongoing)	Age <45; FSH <15 IU/L; Excluded:PCOS/ ut. Anomaly/ habitual abortion	long protocol D3 (ET with up to 4 emb)	Age FSH E2 AFC (DR) of 2-10	AFC differs betn pregnant and miscarriage (12 wks) 6.8+2.4 vs. 8.8+3.6 (P=.02) At AFC cut-off 7.5: AUC 0.65; OR 4.2 Similar age/FSH/E2/BMI
Haadisma HR 2009 (Prospective) N=305 72 miscarriage 233 ongoing pr	Subfertility popn Ovulatory Excluded if bilateral tubal pathology	Expectant IUI with or without stim IVF	FSH InhibinB CCCT AFC (2-6mm)	Similar ORT results between the miscarriage and ongoing preg group (1 <sup>st</sup> pregnancy followed up)

**Table 1 Patient characteristics and results of ovarian reserve tests according to pregnancy outcome**

	Ongoing pregnancy (n = 233)		Miscarriage (n = 72)		P-value
	Median (*No.)	10th-90th percentiles (%)	Median (*No.)	10th-90th percentiles (%)	
Results of ovarian reserve tests					
Age at study entry (yr)	31	1-37	31	1-37	0.86
Basal FSH (IU/L) (n=240)	6.3	4.5-9.6	6.3	4.6-10.1	0.71
Serum estradiol (pg/ml) (n=240)	6.7	1.9-10.7	6.5	4.7-9.7	0.56
CCCT (FSH + LH) (IU/L) (n=11)	17.9	9.0-18.6	17.8	9.1-19.4	0.71
Basal inhibin B (ng/ml)	89.0	40.1-144.9	79.0	30.0-132.0	0.14
Stimulated inhibin B (ng/ml)	230.0	98.0-144.9	238.5	113.2-416.8	0.98

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Author	Study population	Protocol	ORT	RESULTS
Tremellen ANJOG 2010 (Retrospective) N=244 IUI	Age 18-43	Stimulated (Gn) IUI	AMH (4 quartiles)	Similar miscarriage (No FH on 1 <sup>st</sup> TM US) rates across 4 AMH quartiles
Lekamge RBM 2007 (Retrospective) N=126 IVF	Age ? FSH ≤10IU/L PCOS excluded	Long DR protocol	FSH AMH AFC (2-5mm)	Miscarriage (?definition) high (33.3% vs 4.5%) in the low AMH (<14pmol/L) group. AMH may predict oocyte quality

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Author	Study population	Protocol	ORT	RESULTS
Nasseri FnS1999 N=78 (34normal/44aneuploid)	Karyotype of miscarriage			Greater proportion of abnormal karyotype had elevated FSH in women
Massie FnS 2008 (Retrospective) N=177 miscarriages	Karyotypes of 1 <sup>st</sup> TM miscarriages done	53%IVF 23%IUI 24%natural	FSH	High FSH not predictive of aneuploidy (70 euploid, 107 aneuploid)
vanMontfrans HR2001 118 cases with DS/ 102 controls	Age <41		FSH (11.5 IU/L cut-off level)	High mean FSH levels in DS mothers (6.9iu/l vs. 6.3) Higher proportion (14% vs. 5% with high FSH levels
Van der Stroom FnS 2011	Same population as in vanMontfrans HR2001	1998 study group. FU in 2009	AMH (0.5 mcg/l cut-off) Menopause	Similar AMH levels (2.3vs 2.6 mcg/l) High proportion of DS (12% vs.4%) with low AMH Similar menopausal status (15%vs13%) and age of menopause (47vs45yr)

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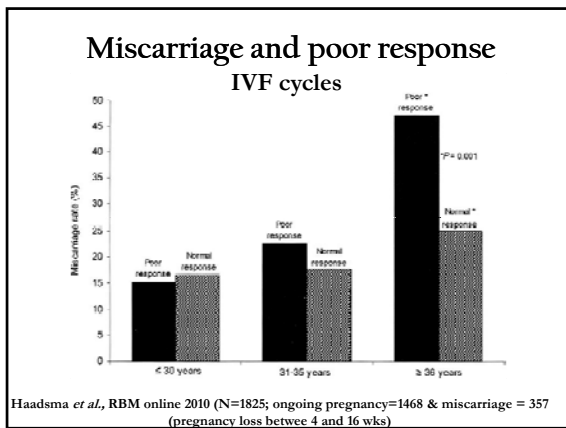
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### Miscarriage and poor response IVF cycles

Table 3 Odds ratios for miscarriage associated with poor response according to age category.

	n (%)	Odds ratio	95% CI	P-value
<30 years	640 (35.5)	0.9	0.3-2.4	NS
31-35 years	826 (45.8)	1.4	0.7-2.7	NS
>36 years	339 (18.8)	2.7	1.5-4.9	0.002
All ages	1805 (100)	1.9	1.3-2.8	0.001

CI, confidence interval; NS, not statistically significant.

Table 4 Odds ratios for miscarriage associated with number of retrieved oocytes.

	n (%)	Odds ratio	95% CI	P-value
1-2 oocytes	52 (2.9)	2.6	1.4-4.6	0.001
3 oocytes	85 (4.7)	1.6	0.9-2.6	NS
4 oocytes	121 (6.7)	1.2	0.7-1.8	NS
≥5 oocytes (reference)	1547 (85.7)	1	-	-

Chi-squared test showed a statistically significant trend of increasing miscarriage risk with a lower category of oocyte number (P=0.004).

Haadsma *et al.*, RBM online 2010 (N=1825; ongoing pregnancy=1468 & miscarriage = 357)

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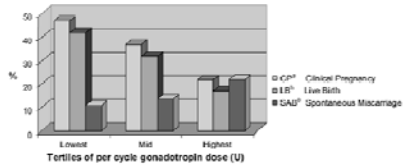
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# Miscarriage and Gonadotrophin dose

Worsening of IVF outcomes is notable from the lowest to the highest gonadotrophin dose fertile.



Gonadotropin dose (Units) per cycle (Mean $\pm$ SD)	Kruskal Wallis Rank Sum Test
Lowest tertile: 1931.76 $\pm$ 507.52	*p<0.001
Mid tertile: 3276.56 $\pm$ 392.71	**p<0.001
Highest tertile: 5680.01 $\pm$ 1303.34	**p<0.001

Pal *et al.*, Fns 2008 (N=806 IVF cycles)

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# Miscarriage and NGF

Table 1. Miscarriage and parity in women with NGF above or below the 50th centile for their age

All women	n	Women < 50 <sup>a</sup>	Women $\geq$ 50 <sup>a</sup>	p
n	79	23	56	Ns
Total number of pregnancies	232	65	168	Ns
Pregnancies ended in miscarriage, n (%)	64 (27.6)	17 (36.3)	47 (27.7)	Ns
Women with at least one miscarriage, n (%)	34 (43.0)	15 (65.2)	19 (33.9)	Ns
Miscarriage per pregnant woman, n	0.85	0.88	0.94	Ns
Number of deliveries	158	47	111	Ns
Mean number of deliveries per woman, n	2.1	2.08	2.22	Ns
Women > 41 years	n	11	56	Ns
Total number of pregnancies	121	68	53	Ns
Pregnancies ended in miscarriage, n (%)	32 (26.4)	9 (13.3)	23 (43.4)	Ns
Women with at least one miscarriage, n (%)	19 (15.7)	8 (72.7)	11 (20.8)	Ns
Miscarriage per pregnant woman, n	0.8	0.61	0.88	Ns
Number of deliveries, n	95	24	71	Ns
Mean number of deliveries per woman, n	2.37	2.42	2.54	Ns

LaMarca *et al.*, Gynae Endocrine 2011

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Do ovarian reserve tests predict miscarriage in women undergoing assisted reproduction treatment?

Banchhita Sahu<sup>a,\*</sup>, Ozkan Ozturk<sup>b</sup>, Paul Serhal<sup>b</sup>, Kannamannadiar Jayaprakashan<sup>c</sup>

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<sup>b</sup> University College of London Hospital, London WC1E 6BT, UK

<sup>c</sup> Queens Medical Centre, Nottingham, UK

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## Objective

To evaluate the role of Ovarian Reserve Tests for the prediction of miscarriage among ART pregnancies

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## Methodology

**Design:** prospective observational

**Participants (n=978 subjects-320 pregnant):**

- ✓ first cycle of IVF/ ICSI
- ✓ age <43 yrs; FSH  $\leq$ 12 IU/L
- ✓ regular menstrual cycles (21 – 35 days)
- × PCOS/ Ovarian pathology on scan
- × Congenital/ acquired uterine pathology
- × Ectopic pregnancy

**Early follicular phase assessment:**

- ✓ TVS scan (AFC)
- ✓ Venepuncture (FSH/ E2/ FSH stimulation test)

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## Methodology

**Treatment protocol:**

- ✓ Long down-regulation using GnRH agonists
- ✓ HMG for ovarian stimulation (150-300 IU)

**Main outcome measures:**

- ✓ Miscarriage (pregnancy loss at  $\leq$ 12 wks)

**Statistical analysis:**

- ✓ Mann-Whitney U test/ Chi-square test
- ✓ Regression analysis/ ROC curve analysis

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n = 314			
<b>Results</b>			
Variables	Miscarriage (n=67)	Ongoing pregnancy (n=247)	P value
Age (years)	35.2 ± 4.5	34.3 ± 4	0.07
BMI (Kg/m <sup>2</sup> )	24.6 ± 3.3	23.4 ± 2.9	<0.01
Basal FSH level (IU/L)	7.2 ± 1.7	6.9 ± 1.6	0.46
Basal oestradiol (pmol/L)	158.2 ± 49.7	162.7 ± 62.5	0.99
Delta oestradiol (FSH stimulation test)	311.5 ± 181.1	331.9 ± 201.8	0.51
Total AFC	10.9 ± 3.5	11.8 ± 3.3	< 0.05
Total gonadotrophins used (IU)	3404 ± 1255	3425 ± 1277	0.90
The number of oocytes collected	11.4 ± 3.6	12.1 ± 4.8	0.46
Fertilization rates	63.6 ± 21.5	65.5 ± 19.7	0.75
Subjects who had two embryos transferred	64 (95.5%)	234 (94.7%)	0.8
Twin pregnancy rates	20 (29.9%)	42 (17%)	<0.05

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n = 314				
<b>Results</b>				
Logistic regression and ROC curve: Prediction of miscarriage				
Parameters	Odds Ratio	95% CI	P-value	AUC
Age	1.059	0.988–1.135	0.11	0.571
Body mass index	1.132	1.040–1.232	<0.01	0.617
Basal FSH level	1.106	0.942–1.298	0.22	0.532
Basal oestradiol (pmol/L)	0.999	0.994–1.003	0.58	0.501
Delta oestradiol (FSH stimulation test)	0.999	0.998–1.001	0.45	0.526
Total AFC	0.917	0.843–0.9984	<0.05	0.588

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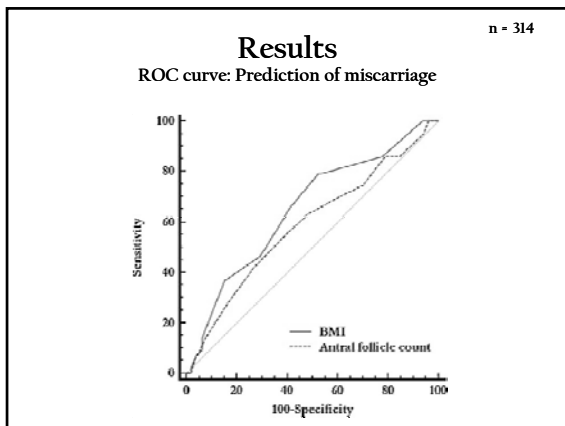
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n = 314

## Results

ROC curve: Prediction of miscarriage

Variables/ Cut-off levels	Sensitivity	Specificity	+LR	Post-test probability
AFC ≤12	0.68	0.40	1.2	24.5%
BMI ≥26 Kg/M <sup>2</sup>	0.82	0.57	2.1	36.2%
Combined test (AFC ≤12 & BMI ≥26 Kg/M <sup>2</sup> )	0.92	0.22	2.6	41.3%

+LR: positive likelihood ratio  
The shift from pre-test probability (21.3%) to post-test probability of poor response is shown

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### Prediction of miscarriage: Summary

- ✓ Miscarriage is more common in women having increased BMI and reduced OR (as measured by AFC)
- ✓ ORTs (AFC) may be significantly predictive of miscarriage
- ✓ However, the clinical application of ORTs to predict miscarriage is limited as indicated by its low discriminative ability

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## Are Ovarian Reserve Tests predictive of miscarriage in women undergoing ART?

**Jayaprakasan K**  
MRCOG, PhD

Associate Professor & Subspecialist in Reproductive Medicine  
Queen's Medical Centre, Nottingham, UK

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## Ovarian reserve and early pregnancy

*The clinical relation between  
oocyte quantity and oocyte quality*

Maike Haadsma, MD PhD  
Clinical geneticist in training

University Medical Center Groningen  
The Netherlands



*No conflicts of interest to disclose*

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### Learning objective

What is the current knowledge  
on the relation between ovarian reserve and  
miscarriage or trisomic pregnancy?

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### Content of the presentation

1. Introduction on female reproductive ageing
2. Relation between ovarian reserve and miscarriage  
  
Relation between ovarian reserve and trisomic pregnancy
3. General conclusions and future research

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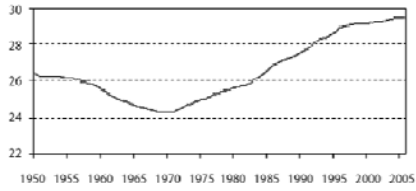
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### Mean age of the mother at the birth of her first child in the Netherlands



Mean maternal age at first child birth (Y-axis) during the last decades (X-axis)

Source: CBS, Dutch National Institute for statistics

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### Reproductive ageing

- Reproductive ageing:
- ↓ chance to conceive
  - ↑ risk of miscarriage

- Attributed to:
- ↓ oocyte quantity
  - ↓ oocyte quality



↑ Risk of spontaneous abortion with female age  
Adapted from Nybo Andersen et al.

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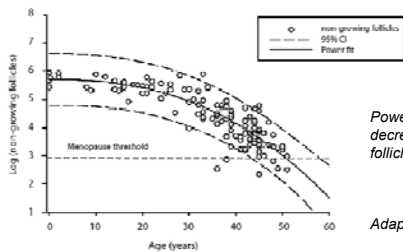
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### Oocyte quantity

- The number of oocytes decreases with age
- This process eventually leads to menopause



Power model for the decrease in non-growing follicles with age

Adapted from Hansen et al.

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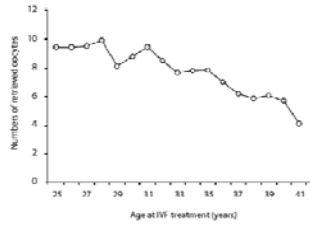
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### Clinical parameters for oocyte quantity

1. Ovarian reserve tests
2. Response to ovarian hyperstimulation
3. Ovarian surgery
4. Age at menopause

*Decrease in the mean number of retrieved oocytes with age at IVF-treatment*



*Adapted from De Boer et al.*

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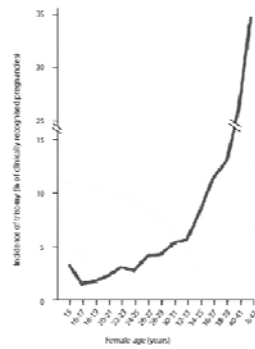
### Oocyte quality

- ↑ Aneuploid oocytes with age
- ↑ risk of miscarriage
- ↑ risk of trisomic pregnancy

No non-invasive clinical tests available

*Increased incidence of trisomy in clinically recognized pregnancies with female age*

*Adapted from Hassold and Hunt*




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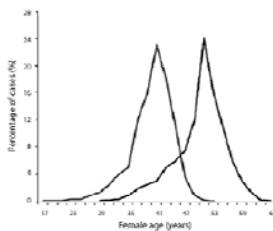
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### Are oocyte quantity and quality related?

- Parallel decline in oocyte quantity and oocyte quality
- Resembling distribution curves for maternal age at last child birth and age at menopause



*Distribution curves for the observed age at last child birth (left-hand curve) and age at menopause (right-hand curve)*

*Adapted from Lambalk et al.*

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**Are oocyte quantity and quality related?**

If so, the number of remaining oocytes has predictive value for their quality

Hypothesis:  
The ovarian reserve of a woman is associated with her risk of miscarriage and trisomic pregnancy

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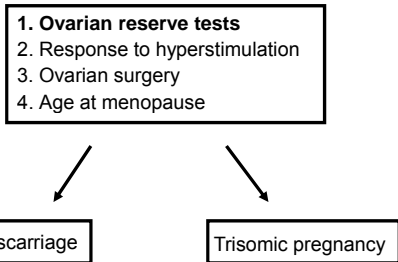
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**Overview**



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**Ovarian reserve tests and miscarriage: findings from our research group**

- Prospective cohort study
- 1999-2003
- Two hospitals in Groningen, the Netherlands
- Subfertile couples
- Follow-up of pregnancies and therapy
  
- Antral follicle count (AFC)
- Basal FSH en inhibin B
- Clomiphene citrate challenge test:  
‘Stimulated’ FSH en inhibine B values

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### Inclusion criteria

- Subfertility of  $\geq 12$  months
- Regular ovulatory cycle
- VCM  $\geq 1.000.000$
- At least one open Fallopian tube
  
- 474 couples  $\rightarrow$  320 achieve a pregnancy (67,5 %)
  
- Outcome of the first pregnancy during follow-up
 

233 (75,1%)	Ongoing pregnancy (>16 weeks)
72 (23,2%)	Miscarriage (4-16 weeks)

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Table 1 Patient characteristics and results of ovarian reserve tests according to pregnancy outcome

	Ongoing pregnancy (n = 233)		Miscarriage (n = 72)		P-value
	Median (No.)	10th-90th percentiles (%)	Median (No.)	10th-90th percentiles (%)	
<b>Patient characteristics</b>					
Age (years)	31,4	27,0-38,1	34,2	28,0-39,6	< 0,01
Body mass index (kg/m <sup>2</sup> )	22,8	19,4-30,1	22,9	19,5-31,2	0,82
Smoking habit <sup>a</sup>	61	26,4%	16	22,1%	0,85
Duration of subfertility (years)	3,3	1,7-5,6	3,4	1,7-5,4	0,51
Primary subfertility <sup>b</sup>	162	69,5%	52	72,2%	0,79
Previous miscarriage <sup>c</sup>	35	15,1%	14	19,4%	0,35
Mean cycle length (days)	28	26-33	28	25-32	0,52
Semen analysis (TMC, $\times 10^3$ )	35,6	4,1-179,8	33,6	4,1-205,0	0,85
<b>Diagnostic category of subfertility<sup>d</sup></b>					
Unexplained	126	54,0%	25	34,7%	0,76
Male factor	99	42,5%	34	47,2%	
Cervical factor	9	3,9%	3	4,2%	
Time to pregnancy (months)	0,8	1,2-28,4	10,6	0,8-24,4	0,22
Conception after ART <sup>e</sup>	31	13,3%	27	37,5%	0,01
<b>Results of ovarian reserve tests</b>					
AMH (pmol/L)	11	5-23	11	5-22	0,61
Basal FSH (mIU/mL)	6,3	4,5-9,6	6,3	4,6-10,1	0,71
Stimulated FSH (mIU/mL)	6,2	3,9-10,7	6,5	4,2-9,7	0,56
CCCT (FSH + dFSH/dLH)	12,9	9,0-19,6	12,8	9,1-19,6	0,71
Basal inhibin B (pg/mL)	89,0	40,1-144,9	79,0	30,0-133,0	0,14
Stimulated inhibin B (pg/mL)	230,0	98,0-344,9	238,3	113,2-416,8	0,98

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### Ovarian reserve tests and miscarriage: findings in literature

- Multiple studies available, some presented in this session  
*Abdalla et al, Elter et al, Lekamge et al, Levi et al, Luna et al, Van Montfrans et al (2004), Sahu et al, etc.*
- Differences in study populations, sample size, ovarian reserve tests, cut-off values, outcome measures...
- Conflicting results  $\rightarrow$  at least no clear-cut predictive value of ovarian reserve tests for miscarriage

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Ovarian reserve tests and trisomic pregnancy: findings in literature

- ↑ levels of FSH in women with a trisomic pregnancy  
*Kline et al (2011), Van Montfrans et al (1999).*
- AMH and AFC are not related with trisomic pregnancy  
*Kline et al (2011), Li et al, Plante et al, Seifer et al*
- However, possibly very low AMH levels are associated with trisomic pregnancy – *Van der Stroom et al*

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Overview

1. Ovarian reserve tests
- 2. Response to hyperstimulation**
3. Ovarian surgery
4. Age at menopause



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Ovarian response and miscarriage: findings from our research group

OMEGA project:

- National Dutch IVF-cohort from 1983-1995
- Total cohort size: N=19,840
- Questionnaire in 1997-1998: response rate 73%
- Medical files: data abstracted for 75%
- Relation ovarian reserve and miscarriage
- Relation ovarian reserve and trisomic pregnancy

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Ovarian response and miscarriage:  
findings from our research group

- Outcome of the first completed IVF-treatment
- Women with a miscarriage (4-16 weeks) vs. women with an ongoing pregnancy (>16 weken)
- Parameter of ovarian reserve:  
Poor response to ovarian hyperstimulation (<4 oocytes)

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Basal characteristics

	Ongoing pregnancy N=1468 % or median	Miscarriage N=357 % or median	P-value
Poor response	6.6%	11.7%	0.001
Age	32.4 years	33.4 years	<0.001
Body mass index	21.7 kg/m <sup>2</sup>	21.6 kg/m <sup>2</sup>	0.76
Smoking	36.4%	43.8%	0.01
Primary subfertility	66.3%	59.9%	0.03
Duration subfertility	4.5 years	4.8 years	0.04
Ovarian surgery	9.2%	12.3%	0.08

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Interaction with female age

↑ Relation between poor response and miscarriage with ↑ age

	N (%)	Odds ratio	95% CI	P-value
≤ 30 years	640 (35.5%)	0.9	0.3 – 2.4	N.S.
31-35 years	826 (45.8%)	1.4	0.7 – 2.7	N.S.
≥ 36 years	339 (18.8%)	2.7	1.5 – 4.9	0.002
All ages	1805 (100%)	1.9	1.3 – 2.8	0.001

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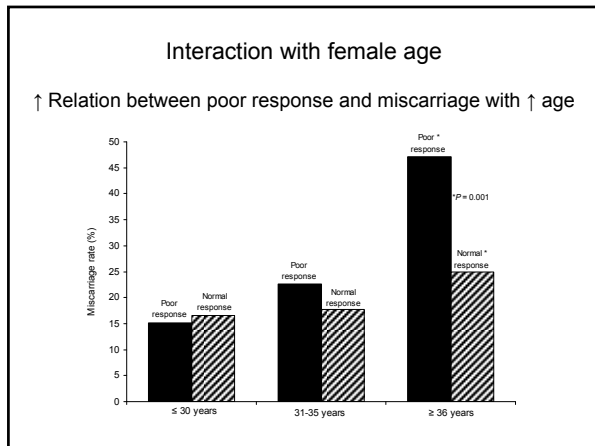
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**Discussion**

- Why does the relation between poor response and miscarriage ↑ with ↑ age?
  - Smaller chance of a 'coincidental' poor response?
  - ↑ of biological damage over time?
- These results support the hypothesis that oocyte quantity and quality **are** related, but
  - Poor responders: no possibility for embryo selection
  - Poor responders: fewer multiple pregnancies
- Two other large retrospective studies found no relation between a poor response (**defined as <5 oocytes**) and miscarriage (*Kumbak et al, De Sutter et al*)

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**Ovarian response en trisomic pregnancy: findings from our research group**

- 28 cases
  - N=24 with trisomy 21
  - N=3 with trisomy 18
  - N=1 with trisomy 13
- Selection of 5 controls per case
- Controls are women with a live born child without a trisomy
- Matched for:
  - Age at IVF treatment
  - Mode of conception
  - Center of IVF treatment
  - Year of IVF treatment

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### Results

	Cases N = 28	Controls N = 140	OR for trisomic pregnancy	P-value
<b>No. of oocytes</b>				
1-4	9 (32.2%)	17 (12.1%)	3.7 (1.2 – 11.7)	0.03
5-8	8 (28.6%)	57 (40.7%)	0.9 (0.3 – 2.3)	0.76
≥ 9	11 (39.3%)	66 (47.1%)	1.0 (ref)	-
<b>Poor response</b>				
Yes (≤ 3 oocytes)	4 (14.3%)	9 (6.4%)	2.7 (0.7 – 10.7)	0.15
No (≥ 4 oocytes)	24 (85.7%)	131 (93.6%)	1.0 (ref)	-

No other studies available on ovarian response and trisomy

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### Overview

1. Ovarian reserve tests
2. Response to hyperstimulation
3. **Ovarian surgery**
4. Age at menopause

~~Miscarriage~~

Trisomic pregnancy

No studies available

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### Results: ovarian surgery and ovarian response

	Cases N = 28	Controls N = 140	OR for trisomic pregnancy	P-value
<b>Ovarian surgery</b>				
Yes	5 (17.9%)	7 (5.7%)	3.3 (1.0 – 10.5)	0.04
No	23 (82.1%)	133 (94.3%)	1.0 (ref)	-

These findings are in line with *Freeman et al*:  
Mothers of a child with Down syndrome more often had a history of ovarian surgery (7/189 cases vs 1/329 controls)

These findings also correspond to classic mouse studies:  
↑ Aneuploid embryos in hemi-ovariectomised mice (*Brook et al*)

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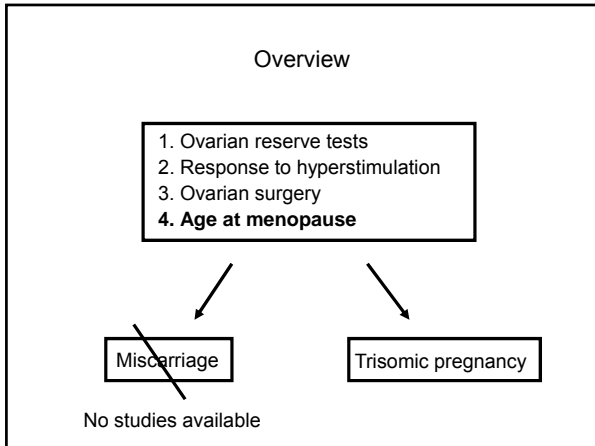
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**Trisomic pregnancy and signs of menopause:  
findings from our research group**

'Follow-up' within the previously described case-control study

Data complete: N=72 (43%)

- ⊙ N=63      Premenopausal
- ⊙ N=4        Hormonal replacement therapy
- ⊙ N=5        Irregular cycle

Median age at questionnaire: 42.1 years  
Median interval between IVF and questionnaire: 4.1 years

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Results: signs of menopause

	Odds ratio	95% CI	P-value
Associated with trisomic pregnancy	5.5	1.2 – 24.9	0.03
Adjusted for - Age at the time of questionnaire - Smoking at the time of questionnaire	5.7	1.1 – 29.9	0.04

Two other studies available (*Kline et al (2000), Bartmann et al*):  
Women with a history of trisomic pregnancy enter menopause respectively 1.0 and 0.7 years earlier; not statistically significant

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### Conclusion

These latter results generally support a relation between diminished ovarian reserve and miscarriage and trisomic pregnancy

But...

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### Limitations

- Small numbers
  - Studies not readily comparable
  - Mostly IVF-populations
  - Limitations of the parameters used
- Clinical implications? Biological mechanism?  
→ first confirmation of the results!

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### Current studies

- Collaboration with the fertility clinic of Rigs Hospitalet Copenhagen (professor A. Nyboe Andersen)
- Data from the various Danish registries are available on:
  - Pregnancy outcome (including terminated pregnancies)
  - Karyotype
  - Matching of mothers and their children is possible
  - Indication for hospital admission (ovarian surgery!)
  - Course of IVF treatment
  - ...

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Research questions

Within the general population

- Relation ovarian surgery and trisomic pregnancy?

Within the IVF-treated population

- Relation ovarian response and miscarriage?
- Relation ovarian response and trisomic pregnancy?

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Learning objective

What is the current knowledge  
on the relation between ovarian reserve and  
miscarriage or trisomic pregnancy?

Take home message:

There may well be a relation between ovarian reserve and  
early pregnancy, but... more studies are needed.

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### Co workers

University Medical Center Groningen:  
Annemieke Hoek, MDPHD, gynaecologist  
Henk Groen, MDPHD, epidemiologist



#### The Netherlands:

Prof Maas Jan Heineman, Academic Medical Center Amsterdam  
Prof Frank Broekmans, University Medical Center Utrecht  
Prof Nils Lambalk, Vrije Universiteit Medical Center, Amsterdam  
Prof Curt Burger, Erasmus Medical Center Rotterdam  
Prof Floor van Leeuwen, Dutch Cancer Institute, Amsterdam  
Thea Mooij, Dutch Cancer Institute, Amsterdam

#### Copenhagen, Rigs Hospitalet:

Anna-Karina Aaris, MD, PhD student  
Anja Pinborg, MDPHD, gynaecologist reproductive medicine  
Prof Ojvind Lidegaard, gynaecologist reproductive medicine  
Charlotte Skovlund, National Board of Health

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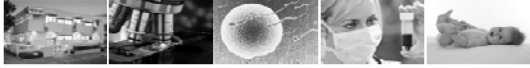


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**AMH Hormone levels and miscarriage rates after IUI**

A/Prof. Kelton Tremellen  
 Repromed  
 University of South Australia


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**Commercial Disclosure**

Consultancies for the following:

- MSD
- Merck Serono
- Bayer
- Hansen
- Beckman-Coulter (manufacturer of Immunotech and DSL AMH ELISA)


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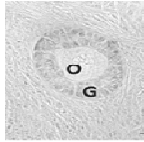
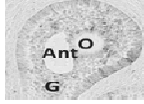

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**AMH physiology- Background**

- AMH is a glycoprotein from the TGFβ family. It was originally identified to be produced by the sertoli cells of the testis and cause the regression of the Mullerian ducts in males (*Jost 1946*). Hence AMH's alternative name- Mullerian Inhibiting Substance.
- AMH is produced by the granulosa cells of pre-antral and antral follicles (< 8 mm) in the ovary.


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### AMH physiology- Background

- The primary function of AMH is to inhibit the transition of primordial follicles into growing follicles.
- An absence of AMH function (gene "knock-out" mice) leads to accelerated primordial follicle recruitment and early onset of menopause- confirming the "oocyte development brake" role of AMH. (reviewed in La Marca 2010)

The diagram illustrates the stages of follicle development: Primordial, Primary, Pre-antral, and Antral. AMH is shown as an inhibitory factor that acts on the transition from Primordial to Primary follicles. FSH is shown as a stimulatory factor that acts on the transition from Primary to Pre-antral and from Pre-antral to Antral follicles.

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### Why might serum AMH be linked to oocyte quality?

- The decline in live-birth rates with advancing maternal age (primarily due to an increase in oocyte aneuploidy) mirrors the drop in serum AMH seen with advancing age.
- As AMH is produced by the ovary and is known to play a role in oocyte physiology- it is possible to conclude that serum AMH levels may give a useful non-invasive insight into oocyte quality.

The first graph shows Oocyte aneuploidy (%) and Miscarriage (%) increasing with Maternal Age (years). The second graph shows AMH (ng/ml) decreasing with Age (years).

La Marca 2010

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### Why might serum AMH be linked to oocyte quality?

- The "bottom of the barrel" hypothesis of oocyte quality suggests the best quality oocytes ovulate first, leaving only the poor quality oocytes left at the end.

As AMH is an excellent measure of quantitative ovarian reserve, it may therefore correlate with oocyte quality.

The image shows a wooden barrel with a sign that reads "BOTTOM OF THE BARREL PROMOTIONS" and "JUNK" below it. A person is seen from behind, leaning over the barrel, suggesting they are selecting the best items first, leaving the "junk" at the bottom.

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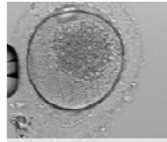
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## AMH and oocyte quality- lessons from IVF?

- A retrospective study suggested that oocyte fertilization rates (routine insemination and ICSI) are compromised in oocytes coming from women with low serum AMH. (*Lekamge and Tremellen 2007*).
- Low serum AMH has been linked with poor morphology oocytes (dark granular cytoplasm, aggregation SERs) in IVF cycles (*Ebner 2006*).

Parameter	Low AMH group	High AMH group	P value
Mean number of oocytes retrieved	10.9 ± 7.1	13.3 ± 11	<0.001
Total number of oocytes available for fertilization (N)	523 ± 173	337 ± 194	<0.001
Total number of oocytes fertilized (N)	179 (34.2%)	161 (47.8%)	<0.001
ICSI (%)	100 (56.4%)	263 (78.4%)	0.006
ICSI (%)	88 (49.2%)	151 (45.2%)	0.643
Mean quality (SI) (SI) (%)	75.1 (5.6%)	77.1 (4.7%)	NS
Mean quality (SI) (SI) (%)	80.1 (5.6%)	77.1 (4.7%)	NS
Mean number of embryos transferred per patient	2.1	1.5	<0.001
Mean number of embryos frozen per patient	0.6	2.4	<0.001



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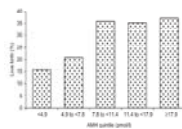
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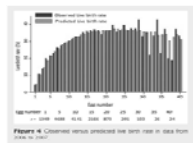
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## AMH and the prediction of live-birth in IVF- The Oocyte number confounder

- In a prospective study *Nelson (2007)* observed a significant correlation between serum AMH and cumulative LB rates (fresh and frozen embryo transfer of all embryos from 1 stimulated cycle). However, AMH was not an independent predictor of LB when accounting for oocyte yields in regression analysis.
- A retrospective study (*Lekamge and Tremellen 2007*) found AMH to only predict LB rates if all fresh and frozen transfers of embryos from 1 stimulated cycle were included in the analysis, not just fresh transfers.
- Therefore, it appears that in IVF the number of oocytes retrieved seems to be the primary confounder in the ability of serum AMH to predict LB rates.



Nelson 2007



Sunkara 2011

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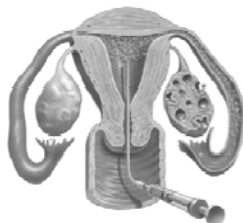
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## Low dose stimulation IUI as a model to test the ability of serum AMH to predict oocyte quality in the setting of *in vivo* conception (*Tremellen and Kolo 2010*)

IUI removes many of the non-oocyte quality related issues related to *in vivo* conception:

- confirmed tubal patency
- Ovular and no intercourse "timing" issues.
- No major semen defect issues
- No *in vitro* manipulation of the embryo, nor ability to select ideal embryos for transfer
- IUI is generally mono-ovulation in our clinic (similar to natural ovulation)



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### IUI study protocol

- Retrospective study of 244 women undergoing 477 cycles of IUI (average 1.96 cycles per woman, mean age 33 years, mean number of motile sperm inseminated per IUI = 135 million).
- Indications for IUI treatment were male factor (35.5%), idiopathic (28.7%), anovulatory (17.2%), and combined infertility (14.8%).
- Low dose stimulation protocol (50 IU rFSH) with late start (Day 5) aiming for only 1-2 mature follicles.
- hCG "trigger" (5000 IU) and luteal support (1500 IU x 2).

**IUI Cycle Plan**

- DAY 1-2: Baseline
- DAY 3: Anti-oestrogen
- DAY 10: Progesterone (start when first follicle has been recruited)
- DAY 11: Gonadotropin (start at first follicle for the scans & blood)
- DAY 12: Monitoring (age, progesterone)
- DAY 13: Progesterone (start when 2 follicles inseminated)
- DAY 14: Progesterone (start when 1 follicle has been recruited)
- DAY 15: Progesterone (start when 1 follicle has been recruited)
- DAY 21: Progesterone (start when 1 follicle has been recruited)

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### Development of AMH Quartile ranges for the purpose of ovarian reserve classification

- The study screened 1032 women aged 18-43 years undergoing infertility assessment with serum AMH measurements.
- We developed percentile charts using this data and then divided the IUI study participants into 4 groups corresponding to their respective age related AMH quartile.
- Therefore, ovarian reserve status was classified comparing an individual's status to their age related peers, not just "raw" serum AMH measurements.

**AMH (pmol/L) vs Age (years)**

Percentile lines:  
 ● 10%  
 ● 25%  
 ● 50%  
 ● 75%  
 ● 90%

*reproMed 11*

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### Serum AMH in successful v unsuccessful IUI cycles

**Table 1** Characteristics of women undergoing IUI treatment in relation to their live birth outcome

	Live birth	No live birth	P-value
Maternal age (years)	32.1 ± 4.7	33.5 ± 5.1	0.076
BMI	26.9 ± 6.3	26.6 ± 6.2	0.79
Serum AMH (pmol/L)	35.4 ± 31.8	31.1 ± 28.0	0.30
Antral follicle count (2-5 mm)	14.6 ± 7.6	14.1 ± 8.8	0.53
Number mature follicles at insemination	1.31 ± 0.50	1.28 ± 0.46	0.84
Total motile sperm count in neat insemination sample (x10 <sup>6</sup> )	139.6 ± 181.3	127.5 ± 118.1	0.70

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### Ovarian Reserve and IUI response in the AMH Quartile groups

**Table 2** IUI treatment outcomes according to serum AMH assessed ovarian reserve status

AMH quartile (ovarian reserve status)	Serum AMH (pmol/L)	Antral follicle count (2-5 mm)	No. cycles IUI completed	Total no. mature follicles produced	Mean no. mature follicles per cycle IUI
Q1 (low ovarian reserve)	6.6 ± 4.3	5.4 ± 4.7	98	115	1.17 ± 0.4
Q2 (normal ovarian reserve)	16.8 ± 6.2	11.6 ± 5.1	117	151	1.29 ± 0.5
Q3 (normal ovarian reserve)	25.3 ± 9.6	14.6 ± 7.3	106	139	1.31 ± 0.5
Q4 (high ovarian reserve/PCOS)	62.6 ± 28.9	21.3 ± 7.6	156	209	1.34 ± 0.5
P-value	<0.0001	<0.0001	-	-	0.38

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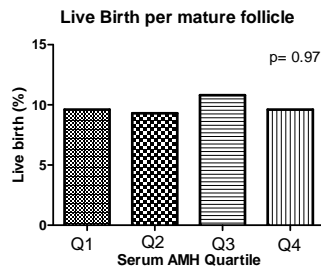
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### Live Birth rate in IUI treatment per mature follicle produced



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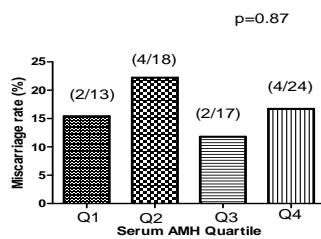
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### Miscarriage Rate per Clinical Pregnancy



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Are our results consistent with others?

There have been two similar studies conducted in France and Hong Kong analysing the ability of serum AMH to predict oocyte quality/ clinical pregnancy in IUI setting




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French IUI study  
(Lamazou et al. J Gynecol Obstet Biol Reprod (Paris) in press.)

- 316 patients less than 39 years of age undergoing their first cycle of IUI.
- Patients were divided into three AMH groups (< 1 ng/ml, 1-4.5 ng/ml, > 4.5 ng/ml).
- No statistical difference was observed in the number of mature follicles, clinical pregnancy rates or spontaneous abortion rate.
- ROC analysis revealed AMH to have no ability to predict on going viable pregnancy.

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HK IUI study (Li et al, Fert Steril 2010)

- Retrospective study of 243 women (median age 35 years) undergoing IUI mainly for male factor (45.3%) and idiopathic (23.5%) infertility of duration between 1-3 years.
- High dose stimulation using a starting dose of 150 IU rFSH in most patients (75-100 IU in PCOS group).
- When analysing the cumulative chance of live birth (LB) in the first cycle of IUI or up to 3 cycles of IUI, serum AMH was significantly higher in LB group.
- A potential confounder is that outcomes were analysed per IUI cycle, not mature follicle. The LB group had more mature follicles (2 v 1) and higher E2 (3422 v 2541 pmol/l) at trigger than no LB group (not statistically significant though).

Demographic/clinical parameter	Yes	No	P value*
Age (yr)	36 (243-375)	36 (243-375)	0.816
Study visits index (Mean <sup>†</sup> )	21.2 (19.9-22.7)	20.3 (19.8-22.2)	0.217
Patients live birth within the same relationship, n (%)	14 (11)	6 (46)	0.217
Age	36 (257-36)	37 (202-36)	0.198
Duration of infertility, n (%)			0.198
Male factor	49 (44.5)	34 (43.2)	
Idiopathic	23 (20.2)	14 (17.2)	
Secondary	25 (22.3)	12 (15.2)	
Ovarian insufficiency	7 (6.3)	2 (2.5)	
Unknown	2 (1.8)	1 (1.2)	
Median AMH (ng/ml), (ng/ml)	27.1 (13.8-48.4), 3.89 (2.21-6.75)	10.2 (2.8-27.1), 2.17 (1.03-3.95)	0.027
Median FSH (IU/L)	7.3 (5.1-10.3)	7.4 (5.9-10.0)	0.286
Median AMH (ng/ml)	27.1 (13.8-48.4), 3.89 (2.21-6.75)	10.2 (2.8-27.1), 2.17 (1.03-3.95)	0.027
Median E2 on day of hCG trigger (pmol/L)	3,462 (1,922-6,003)	2,541 (1,742-4,082)	0.004
Median number of granulosa cells (mmol/L)	1,000 (553-1,278)	817 (523-1,000)	0.002
Number of follicles in the ovary	2 (1-2)	2 (1-2)	0.177
Number of follicles in the ovary	2 (1-2)	2 (1-2)	0.177
Total number of viable oocytes (count) (total)	10 (8.3-16.5)	11 (7.3-22.0)	0.860

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### HK IUI Study outcomes

- ROC analysis suggested that serum AMH has a moderate but significant ability to predict LB in either the first cycle of IUI (Graph A, AUC 0.682) or over 3 cycles of IUI (Graph B, AUC 0.668).

LA AMH and the live rate of intended IUI treatment. Fertil Steril 2016.

repro<sup>med</sup> 19

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### AMH and oocyte quality

- The Australian and French IUI studies suggest that serum AMH does not predict oocyte quality (miscarriage rates, live birth rates) when analysed either as "raw" serum AMH values or AMH percentiles.
- The HK IUI study does suggest serum AMH may have a moderate ability to predict live birth, but it is possibly biased by the confounder of higher mature follicle responses in high AMH patients.

repro<sup>med</sup> 20

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### Serum AMH a marker of *in vivo* oocyte quality- summary

- Overall, the majority of IUI data suggests that serum AMH is not a useful marker of oocyte quality if comparing outcomes on a per mature oocyte generated during stimulation.
- While serum AMH is an excellent marker of quantitative ovarian reserve, the data from IUI do not support its use as a marker of oocyte quality.
- 6 prospective studies are presently being proposed to analyse serum AMHs ability to predict successful natural conception- these should answer the quality v quantity debate with certainty.

repro<sup>med</sup> 21

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### Anti-Müllerian hormone levels in women with recurrent miscarriage and their value in predicting another miscarriage

*Elisabeth C. Larsen MD, PhD. The Fertility Clinic & The Recurrent Miscarriage Unit, Rigshospitalet, University Hospital of Copenhagen, Denmark*

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### Conflict of interest

- ▶ I hereby confirm that I do not have any commercial and financial relationships related to this presentation and its contents

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### Learning Objectives

- ▶ A introduction to the condition Recurrent Miscarriage
- ▶ Maternal age and Recurrent Miscarriage
- ▶ Ovarian reserve and Recurrent Miscarriage
  - ▶ FSH
  - ▶ Estradiol
  - ▶ AMH
- ▶ AMH as a predictor of another miscarriage

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## Recurrent Miscarriage

### ▶ Definition (ESHRE):

- ▶ Three or more consecutive miscarriages before 20 weeks of gestation
- ▶ 1% of fertile couples experience recurrent early pregnancy losses



Jauniaux E et al. Hum Reprod 2006

▶ 4

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## Subgroups of Recurrent miscarriage

- ▶ Primary recurrent miscarriage group
  - ▶ Three or more abortions and no preceding deliveries (livebirths nor stillbirths)
- ▶ Secondary recurrent miscarriage group
  - ▶ Three or more abortions after a delivery regardless of the outcome (liveborn or stillborn)
- ▶ (Primary late recurrent miscarriage group)
  - ▶ Two or more second-trimester losses

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## Important predictors of another miscarriage

- ▶ Advanced maternal age
- ▶ Number of previous successive miscarriages

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### Causes of Recurrent miscarriage

- ▶ Often the cause remains unexplained
  - ▶ Idiopathic recurrent miscarriage
- ▶ Often several risk factors in the same patient
  - ▶ Multifactorial disorder.....

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### Well known risk factors of RM

- ▶ Structural uterine anomalies
- ▶ Parentel chromosomal abnormalities
- ▶ Maternal autoimmune disorders
- ▶ Maternal defects in coagulation factors
- ▶ Endocrine dysfunction
- ▶ Obesity

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But what about ovarian reserve and recurrent miscarriage?

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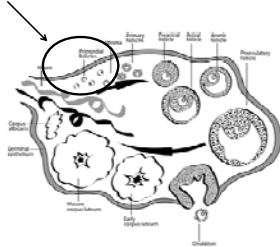
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### Ovarian reserve - definition

- ▶ Quantity and Quality of the existing pool of primordial follicles in the ovaries.



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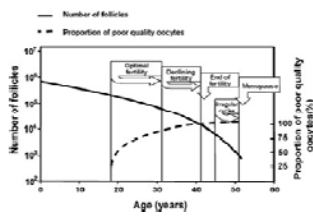
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### Quantity and Quality



- Ovarian reserve declines with increasing age
1. Decline in number of primordial follicles
  2. Increase in number of poor quality oocytes

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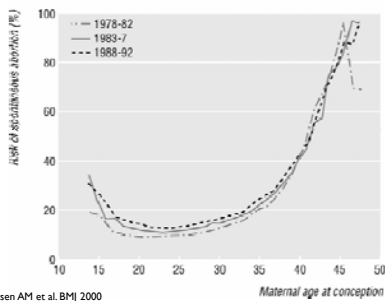
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### Risk of *sporadic* spontaneous abortion in relation to maternal age



Nybo Andersen AM et al. BMJ 2000

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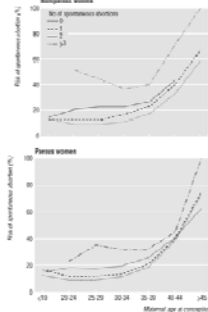
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### Risk of *recurrent* spontaneous abortion in relation to maternal age



13 Nybo Andersen AM et al. BMJ 2000 ESHRE 2012 Precongress course 14

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### Impact of age on *Recurrent* miscarriage rate:

- ▶ Register-based study:
  - ▶ 30-34 yr: 38-40%
  - ▶ 35-39 yr: 38-40%
  - ▶ 40-44 yr: 70%
- ▶ Multivariate analyses women < 40 yr:
  - ▶ Maternal age alone not a significant predictor of another miscarriage after adjustment for relevant independent variables

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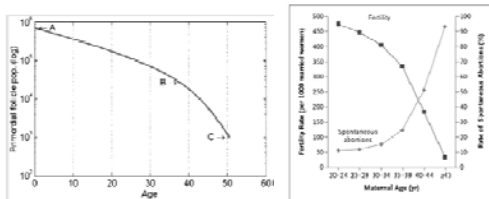
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### Connection between age, ovarian reserve and risk of miscarriage



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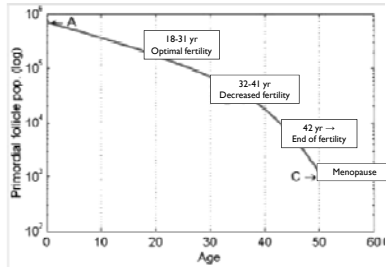
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The rate of decline in ovarian reserve is unique in each woman



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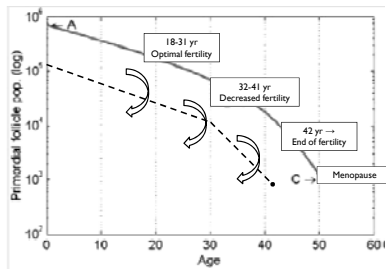
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The rate of decline in ovarian reserve is unique in each woman



Challenge: When ovarian age is higher than chronological age....

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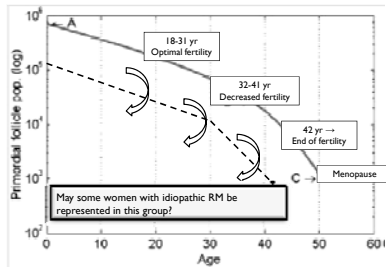
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The rate of decline in ovarian reserve is unique in each woman



Challenge: When ovarian age is higher than chronological age....

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## Evaluation of ovarian reserve

- ▶ (Chronological age – poor predictor)
  - ▶ FSH
  - ▶ Estradiol
  - ▶ Inhibin B
- } Changes occur late in reproductive life
- ▶ Cycle length – good predictor
    - ▶ But a bit difficult to deal with
  - ▶ Antral Follicle count – early and good predictor
    - ▶ But requires ultrasound equipment
  - ▶ **Anti-Mullerian hormone (AMH) – early and good predictor**
    - ▶ **Only a blood sample – cycleday independant**

▶ 19

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## Recurrent Miscarriage, basal FSH and Estradiol 3 studies.....

▶ 20

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### I. RECURRENT PREGNANCY LOSS

#### Recurrent pregnancy loss and diminished ovarian reserve

Chen E, Hershovitz M, et al. Fertil Steril 2012; 97(4):1000-1005  
Reproductive Hospital and University of Colorado, Colorado State

- ▶ Retrospective study
  - ▶ Routine fertility evaluation
- ▶ 44 women with RM and 648 without RM but infertile
- ▶ Intervention:
  - ▶ FSH measured on cycle day 3
  - ▶ Estradiol measured on cycle day 3
  - ▶ Cycle length
  - ▶ Clomiphene citrate challenge test

▶ 21

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## Results

**TABLE 1**

Comparison of demographic and CCU1 hormonal data between +RPL and -RPL women.

Parameter	Group		P value	Reference interval
	+RPL (n = 44)	-RPL (n = 646)		
Age (y)	33 ± 4.6	33 ± 4.3	0.04	25.03-31.8
Gravity	4 ± 1	3 ± 1	0.0001	2.0 ± 1
Cycle length (d)	29 ± 5	28 ± 5.6	0.13	-2.4-1.45
Day 3 FSH (mIU/mL)*	8.9 ± 7	11 ± 8	0.01	-4-77
Day 3 E <sub>2</sub> (pg/mL)*	33 ± 20	36 ± 23	0.22	-3.7-7.5
Day 10 FSH (mIU/mL)*	11 ± 8	12 ± 11	0.16	-2.3-6.1

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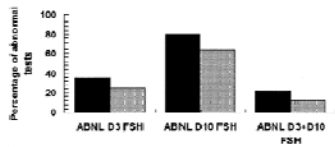
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## Results:

*Gray bar (+RM) and Black bar (-RM)*



- ▶ No differences in the incidence of abnormal day 3 FSH or day 10 FSH
- ▶ CCCT-results: 18% abnormal in both groups
  - ▶ +RM and abnormal CCCT
    - ▶ Delivery rate in the following year 0%
  - ▶ -RM and abnormal CCCT
    - ▶ Delivery rate in the following year 4.2%

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2.

### Do women with unexplained recurrent pregnancy loss have higher day 3 serum FSH and estradiol values?

Steven W. Teitel, M.D., and David R. Seltzer, M.D.  
 Division of Reproductive Endocrinology and Infertility, Mount Sinai Hospital, Mount Sinai Medical School,  
 New York, New York

- ▶ Retrospective study
- ▶ 36 women with unexplained RM and 21 women with a known cause of RM
  - ▶ No difference in age and number of miscarriages
- ▶ Intervention
  - ▶ FSH cycle day 3
  - ▶ Estradiol cycle day 3

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## Results

TABLE 1

Estimated day 3 serum levels of FSH and E<sub>2</sub> in women with unexplained recurrent pregnancy loss and those with explained recurrent pregnancy loss.

Variable	Women with unexplained RPL (n = 86)	Women with explained RPL (controls) (n = 21)	p value
No. (%) with day 3 FSH level >10 mIU/ml	13 (27%)	1 (5%)	<.001
No. (%) with day 3 E <sub>2</sub> level <10 pg/ml	14 (27%)	3 (14%)	.01
No. (%) with day 3 E <sub>2</sub> level >10 pg/ml and no day 3 FSH level >10 mIU/ml	21 (28%)	11 (52%)	<.001

Note: RPL = recurrent pregnancy loss.

- ▶ Unexplained RM:
  - ▶ 36 yr (+/- 5)
  - ▶ 58% had elevated levels of both day 3 estradiol and FSH
- ▶ Explained RM
  - ▶ 35 yr (+/- 5)
  - ▶ 19% had elevated levels of both day 3 estradiol and FSH

▶ 25

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### ORIGINAL ARTICLE

Arch Gynecol Obstet (2008) 279:97-100  
DOI 10.1007/s00434-008-0880-8

Birgit Glöckler · Sarp Yaldiz · Nilsch Orlow ·  
Cora Fickelberg

#### High basal estradiol level and FSH/LH ratio in unexplained recurrent pregnancy loss

- ▶ Retrospective study
- ▶ 58 women with unexplained RM, 22 women with explained RM (uterine, chromosomal, anti-phospholipid syndrome), and 27 controls with no miscarriages
  - ▶ No differences in age and number of miscarriages (explained vs. unexplained)
- ▶ Intervention:
  - ▶ FSH cycle day 3
  - ▶ Estradiol cycle day 3
  - ▶ FSH/LH cycle day 3

▶ 26

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## Results

Table 2 Serum hormone levels and distribution of the cases according to different FSH, LH and E<sub>2</sub> levels between explained and unexplained recurrent pregnancy loss groups

	Controls (n=27)	Unexplained n=28	p value <sup>a</sup>	Explained n=22	p value <sup>b</sup>
F <sub>s</sub> (mIU/ml)	41.10±19.20	63.34±45.96	0.007	42.99±18.13	ns
LH <sub>s</sub> (mIU/ml)	6.32±4.22	8.20±2.89	0.008	6.99±2.73	ns
LH/F <sub>s</sub> (mIU/ml)	1.51±1.55	1.40±2.51	0.001	1.51±1.64	ns
FSH>10 mIU/ml <sup>c</sup>	4 (14.8%)	20 (71.4%)	ns	2 (9.1%)	ns
E <sub>2</sub> >50 mIU/ml <sup>d</sup>	1 (3.7%)	10 (35.7%)	0.008	1 (4.5%)	ns
FSH>10 mIU/ml and E <sub>2</sub> >50 mIU/ml	1 (3.7%)	11 (39.3%)	0.004	1 (4.5%)	ns
FSH>10 mIU/ml <sup>e</sup>	7 (25.9%)	24 (85.7%)	0.013	8 (36.4%)	ns

<sup>a</sup> Mean ± SD, <sup>b</sup> n, %; <sup>c</sup> Unexplained vs. controls; <sup>d</sup> Explained vs. controls

- ▶ Unexplained RM vs. Controls:
  - ▶ Nearly all ovarian reserve parameters significantly and negatively affected
- ▶ Explained RM vs. Controls:
  - ▶ No significant differences in any of the ovarian reserve parameters

▶ 27

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## To conclude: basal FSH and estradiol

- ▶ Retrospective studies 2000-2004
- ▶ Small numbers
- ▶ However:
- ▶ Consistent results all concluding:
  - ▶ Young women with unexplained RM may have a diminished ovarian reserve as assessed with cycle day 3 FSH and estradiol.

▶ 28

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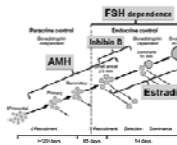
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## A bit about AMH



- ▶ Only produced in the granulosa cells in the ovary
- ▶ Measures the quantity of oocytes but not the quality
- ▶ Undetectable in serum 3-5 days after oophorectomy
- ▶ Undetectable after menopause

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## AMH and age

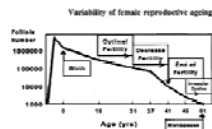
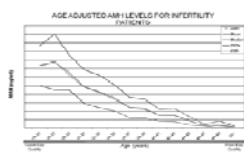


Figure 1 The declining oocyte pool according to Faddy et al. (1995) and our corresponding reproductive axis.

▶ 30

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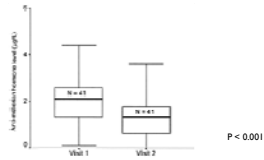
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### Anti-Müllerian Hormone decreases with age



Longitudinal observation study:  
Measurement of AMH twice with a 3 year interval in women with regular menstrual cycles

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### AMH – a sensitive marker of ovarian reserve

	Visit 1	Visit 2	P-value
FSH	6.0 (1.4-13.5)	5.8 (2.1-13.4)	NS
Inhibin B	112 (12-213)	110 (4-206)	NS
AFC	14 (6-28)	14 (2-24)	NS
AMH	2.1 (0.1-7.4)	1.3 (0.0-5.0)	< 0.001

Probably the earliest marker of ovarian ageing

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### Recurrent Miscarriage and AMH 1 study....

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**RECURRENT PREGNANCY LOSS**

**Absence of follicular phase defect in women with recurrent miscarriages**

*Allyl Pedeni, MD, PhD, FRC, FRCR,<sup>1</sup> Steve Laidlaw, PhD,<sup>2</sup> Chris Horgan, PhD,<sup>3</sup> and William I. Edgar, DPMSc,<sup>1</sup>*

- ▶ Prospective case-control
- ▶ 34 women with RM and 10 controls
  - ▶ Same age, regular cycles, equal length of follicular phase
- ▶ Intervention
  - ▶ AMH
  - ▶ FSH & LH
  - ▶ Inhibin B
  - ▶ Progesterone

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### Results

**TABLE 2**  
Mean serum concentrations of various endocrinological markers for cases (women with history of recurrent miscarriage) and controls, taken once between days 2 and 5 of menstrual cycle.

Early follicular phase	Cases		P value
	Mean (± SEM)	Controls	
LH (IU/L)	4.4 (± 0.3)	5.1 (± 1.0)	.7
FSH (IU/L)	4.9 (± 0.5)	5.5 (± 0.6)	.6
E <sub>2</sub> (pmol/L)	170.1 (± 12.4)	258.2 (± 28)	.5
P (pmol/L)	1.8 (± 0.1)	3.1 (± 0.4)	.02
Inhibin B (pg/mL)	79.8 (± 7.3)	98.4 (± 15.1)	.3
AMH (pg/mL)	2.1 (± 0.2)	2.1 (± 0.2)	.5

AMH: AMH = anti-Müllerian hormone.  
Follicular phase in women with RM. Fertil Steril 2012.

- ▶ Apart from basal progesterone level NO differences between controls and women suffering from RM

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### AMH as a predictor of another miscarriage

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Three conditions associated with recurrent miscarriage:

1. Advanced maternal age (> 40 years)
  1. Often low AMH
2. Polycystic ovarian syndrome (PCO's)
  1. High AMH
3. Systemic Lupus Erythematosus (SLE)
  1. Often low AMH

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Advanced maternal age

- ▶ The risk for miscarriage increases with age, and women in the advanced reproductive age who have low ovarian reserve are prone to a higher risk of recurrent miscarriage

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PCO's

- ▶ Common endocrine disorder in young women
- ▶ ~ 40% of pregnancies in PCO's women result in spontaneous loss
- ▶ PCO's and clinical features
  - ▶ Obesity → Independent risk factor for recurrent miscarriage
- ▶ PCO's and paraclinical features
  - ▶ Insulin resistance & hyperandrogenism → Associated with recurrent miscarriage

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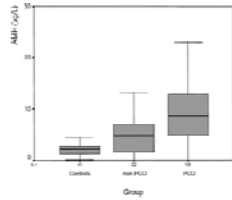
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## PCO's and AMH



AMH in normo-gonadotrophic anovulatory women compared to controls (Laven et al. JCEM 2004)

- ▶ Women with PCO's have elevated levels of AMH compared to non-PCO's women with anovulation and to ovulatory controls

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## Systemic Lupus Erythematosus (SLE)

- ▶ Autoimmune disease
- ▶ 80-90% of affected individuals = women
- ▶ 20% miscarriage rate (< 20 weeks)
- ▶ Three-fold risk of miscarriage > 20 weeks
- ▶ High risk of recurrent miscarriage
- ▶ Risk of premature ovarian failure (treatment induced and/or ovarian antibodies)

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## SLE and AMH

### CONCISE REPORT

Impact of systemic lupus erythematosus on ovarian reserve in premenopausal women: Evaluation by using anti-Müllerian hormone

B. Lawrenz<sup>1</sup>, R. Hesse<sup>2</sup>, M. Hesse<sup>1</sup>, E. Neuberhofer<sup>1</sup>, M. Schmalzing<sup>1</sup>, T. Fritze<sup>1</sup> and J. Kötter<sup>1</sup>  
<sup>1</sup>Universitätsklinik für Frauen, Gynäkologie, Gynäkologie, Gynäkologie, Gynäkologie und  
<sup>2</sup>Städtisches Krankenhaus, Gynäkologie, Gynäkologie und Gynäkologie, Gynäkologie und Gynäkologie II  
(Gynäkologie, Gynäkologie, Gynäkologie, Gynäkologie, Gynäkologie, Gynäkologie, Gynäkologie, Gynäkologie)

- ▶ 33 women with SLE (age 29.8 yr (21-39))
  - ▶ No previous gonadotoxic treatment
- ▶ 33 healthy age-matched controls (age 29.8 yr (21-40))
- ▶ Intervention
  - ▶ AMH
  - ▶ Number of previous abortions

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## Results

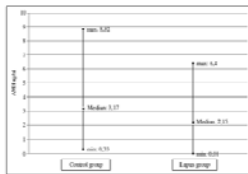


Figure 3 AMH levels: SLE group versus control group with miscarriages in the subgroups

- ▶ AMH significantly lower in the SLE-group ( $p < 0.05$ )
- ▶ 5 miscarriages in the SLE-group vs. 2 in the control group (ns)

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## To conclude..

- ▶ Indeed, it is still unclear whether diminished ovarian reserve is an independent predictor of RM.
- ▶ Some conditions predisposing to RM have an impact on ovarian reserve
  - ▶ *Ex. SLE*
- ▶ The combination of *advanced maternal age* and *low level of AMH* is a risk factor for another miscarriage
  - ▶ *Low egg quantity and quality*
- ▶ *PCO's* and corresponding *high levels of AMH* is a risk factor for another miscarriage
  - ▶ *Obesity, Insulin resistance, and hyperandrogenism*

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## Future perspectives

- ▶ Large prospective studies are needed to further evaluate ovarian reserve with AMH in women with recurrent miscarriage
- ▶ In particular in women with unexplained recurrent miscarriage

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Thank You

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**Mark your calendar for the upcoming ESHRE Campus events**

- Basic Semen Analysis Course in Greek Language  
4-7 September 2012 - Athens, Greece
- Basic Genetics for ART practitioners  
7 September 2012 - Rome, Italy
- Regulation of quality and safety in ART – the EU Tissues and Cells Directive perspective  
14-15 September 2012 - Dublin, Ireland
- Basic Semen Analysis Course in Spanish language  
18-21 September 2012 - Galdakano, Vizcaya
- GnRH-antagonists in ovarian stimulation  
28 September 2012 - Hamburg, Germany
- The best sperm for the best oocyte  
6-7 October 2012 - Athens, Greece
- Basic Semen Analysis Course in Italian language  
8-11 October 2012 - Rome, Italy
- Accreditation of a preimplantation genetic diagnosis laboratory  
11-12 October 2012 - Istanbul, Turkey
- Endoscopy in reproductive medicine  
21-23 November 2012 - Leuven, Belgium
- Evidence based early pregnancy care  
29-30 November 2012 - Amsterdam, The Netherlands

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