



Treating the man with evidence based medicine

Munich, Germany 29 June 2014

Organised by
The ESHRE Special Interest Group Andrology

Contents

Course coordinators, course description and target audience	Page 5
Programme	Page 7
Speakers' contributions	
Training tomorrows research andrologists to embrace 21st century investigative techniques: the promise of the Reprotrain network <i>Rafael Oliva – Spain</i>	Page 9
Sperm RNA as a diagnostic resource; what can it tell us that a standard test cannot and does it matter? David Miller - United Kingdom	Page 21
Molecular messages in the ejaculate remain an underestimated resource for understanding male fertility Sophie Pison - Rousseaux - France	Page 34
Steroidogenesis in the fetal testis and its susceptibility to disruption- the latest advances Richard Sharpe - United Kingdom	Page 51
Antiestrogens for treatment of male infertility or hypogonadism <i>Michael Zitzmann - Germany</i>	Page 65
Genetic tests-how does male karyotyping impact on ART outcomes? Elsbeth Dul - The Netherlands	Page 77
Dietary supplements- are they any help? Jackson Kirkman-Brown - United Kingdom	Page 89
Preserving fertility before puberty: what should the clinician know? Herman Tournaye - Belgium	Page 98
Upcoming ESHRE Campus Courses	Page 116
Notes	Page 117

Course coordinators

Sheena E.M. Lewis (United Kingdom) and Rafael Oliva (Spain)

Course description

This course will

- i) present the latest research on male reproductive health from the Reprotrain Consortia
- ii) give overviews of endocrine disruption and male reproduction
- iii) consider the latest evidence for genetic tests-how does male karyotyping impact on ART outcomes

Target audience

Clinicians, paramedical staff, embryologists and andrologists with an interest in extending their knowledge of male reproduction and the training of research andrologists

Scientific programme

Chairman: Shee	ena E. M. Lewis - Ireland
09:00 - 09:30	Training tomorrows research andrologists to embrace 21st century investigative techniques: the promise of the Reprotrain network **Rafael Oliva - Spain**
09:30 - 09:45 09:45 - 10:15	Discussion Sperm RNA as a diagnostic resource; what can it tell us that a standard test cannot
	and does it matter? David Miller - United Kingdom
10:15 - 10:30 10:30 - 11:00	Discussion Coffee break
Chairman: Rafa	el Oliva - Spain
11:00 - 11:30	Molecular messages in the ejaculate remain an underestimated resource for understanding male fertility
11:30 - 11:45	Sophie Pison - Rousseaux - France Discussion
11:45 - 12:15	Steroidogenesis in the fetal testis and its susceptibility to disruption- the latest
	advances
12:15 - 12:30	Richard Sharpe - United Kingdom Discussion
12:30 - 13:30	Lunch
Chairman: Jacks	son Kirkman-Brown - United Kingdom
13:30 - 14:00	Antiestrogens for treatment of male infertility or hypogonadism Michael Zitzmann - Germany
14:00 - 14:15	Discussion
14:15 - 14:45	Genetic tests-how does male karyotyping impact on ART outcomes? Elsbeth Dul - The Netherlands
14:45 - 15:00	Discussion
15:00 - 15:30	Coffee break
Chairman: Wille	em Ombelet - Belgium
15:30 - 16:00	Dietary supplements- are they any help? Jackson Kirkman-Brown - United Kingdom
16:00 - 16:15	Discussion
16:15 - 16:45	Preserving fertility before puberty: what should the clinician know? Herman Tournaye - Belgium
16:45 - 17:00	Discussion
17:00 - 18:00	SIG Andrology Annual General Meeting

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reprotrain Reproductive Biology Early Research Training	
Training tomorrows research Andrologists to embrace 21st century investigative techniques: the promise of the Reprotrain network	
Rafael Oliva Human Genetics Laboratory, Faculty of Medicine and Hospital Clínic	
University of Barcelona, Barcelona, Spain. <u>roliva@ub.edu</u> Pre-congress Course. 30th Annual Meeting of ESHRE	
Munich, Germany, 29 June July 2014	
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I have no conflict of interest on any potential commercial relationships or other	
activities related to the current talk.	
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PCC Learning objectives. Attendant to the course will be expected to be learn:	
•About current European training initiatives in andrology.	
 Frontier knowledge and research on components of the sperm cell (sperm RNA, epigenetics, proteome) and their potential involvement in male infertility or usefulness as diagnostic tools. 	
 The potential threads of endocrine disruptors to male fertility and related pathogenic mechanisms in the testis. 	
 Therapeutic strategies (pharmacological) for the treatment of infertility or hypogonadism. 	
Potential benefits of dietary supplements in male fertility.	
•Relevance of genetic testing and its impact on ART outcomes.	
Controversial detrimental effects and the consequences of ICSI.	

Training tomorrows research Andrologists to embrace 21st century investigative techniques: the promise of the Reprotrain network •Reprotrain training network •Methodological approaches to study the sperm cell proteome www.reprotrain.eu repretrain Reprotrain: Reproductive Biology Early Research Training Network EU FP7 Mari Curie Early Research Training Network 2012-2014 3,6 Million Euro Train 10 Early Stage Researchers (PhDs)
4 Experienced Researchers (early postdocs)
Develop joint Reproductive Biology projects and objectives in reproductive biology

Reprotrain idea:

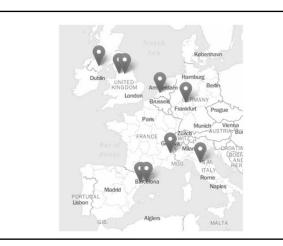
Idea started in 2009

Motivated by the lack of projects on reproductive biology funded by the $\ensuremath{\mathsf{EU}}$

Follow up of the FP7 calls evidenced a total lack of reproduction, andrology, fertility/infertility as priority areas.

The only chance was to apply for non-directed (bottom-up) calls for collaborative research:

Marie Curie Initial Training Networks:
Joint project common to different labs
Mainly funds salaries of ESRs and ERs
Some funds for training and laboratory expenses

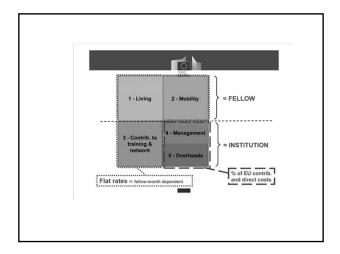


Mari Curie InitialTraining Networks funding rate: 7,4%

We applied 3 times. Successful in our third application.

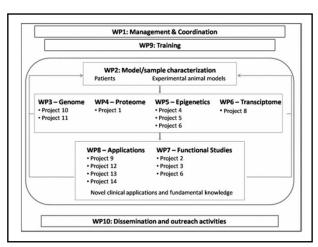
Kick-off meeting (march 2012):



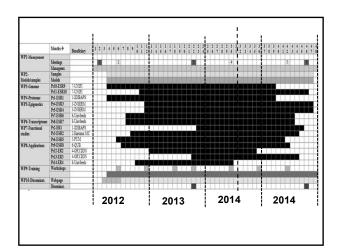


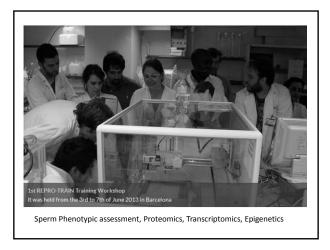
The overall objectives of Reprotrain are the following:

- •To provide an interdisciplinary training programme for ESRs in state-of-the-art male Reproductive Biology and Andrology allied to Medicine.
- •To overcome historical fragmentation in the field of spermatogenesis and Andrology research by integrating and implementing different disciplines in our ongoing research projects.
- •To develop and implement systems biology based approaches (genomic, proteomic, transcriptomic, epigenetic and metabolomic) to boost the acquisition of fundamental knowledge in the field of male Reproductive Biology and Medicine.
- •To develop novel applications of this knowledge by potentiating the synergies between consortium members and private sector partners.
- •To consolidate (or initiate) scientific collaborations among groups and to potentiate our respective synergies.
- •Set up the basis for subsequent collaborative EU funded projects.



Specific	Fellow	Project title
projects:	ESR1	Identification of the conserved core sperm nuclear proteome and identification of abnormalities in infertile patients
	ER1	Genomics and epigenomics of male infertility and identification of the function novel genes and proteins
	ESR2	Meiotic and postmeiotic chromatin remodeling and its relevance for early embryonic development in mouse
	ESR3	Male genome reprogramming by histone variants and histone modifications during spermatogenesis in the mouse
	ESR4	Mature sperm nuclear epigenome characterization and epigenetic potential
	ESR5	Synthesis, its control and function of sperm proteins in <i>Drozophila</i>
	ESR6	Investigating the relationship between sperm chromatin domains and fertility
	ESR7	Mapping of gene networks involved in deregulated spermatogenesis by transcript profiling of semen from fertile and infertile men
	ESR8	Characterisation of the relationships between human sperm DNA fragmentation, DNA adducts, protamines and proteomic profiles and male infertility through assisted conception outcomes
	ESR9	High resolution X chromosome array-CGH study in azoospermic men and functional study of the genes involved
	ESR10	Y chromosome-linked CNVs and their biological consequences
	ER2	Development of DNA/RNA and protein/antibody based microarrays application
	ER3	Implementing drug discovery program for epigenetic modulators and biomarker survey to identify response markers to therapy in testicular cancer patients
	ER4	Clinical evaluation of a semen-based non-invasive transcriptomic diagnostic for prostate cancer and benign prostatic hyperplasia

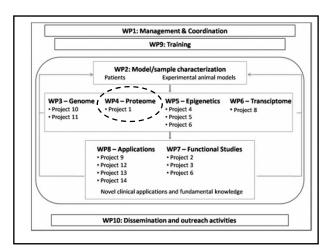


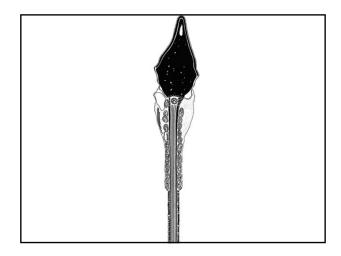


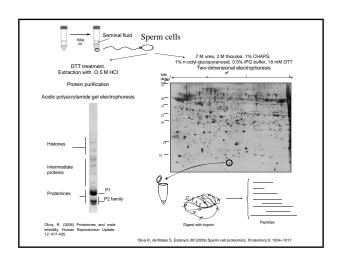


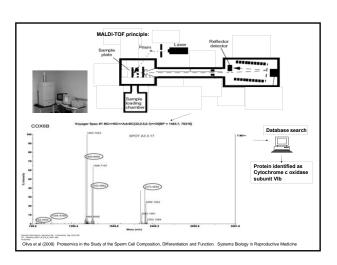
Training tomorrows research Andrologists to embrace 21st century investigative techniques: the promise of the Reprotrain network

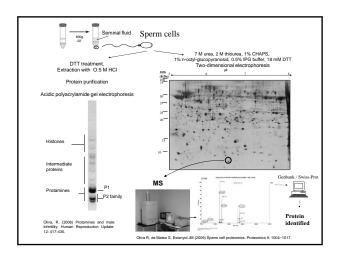
- •Reprotrain training network
- •Methodological approaches to study the sperm cell proteome

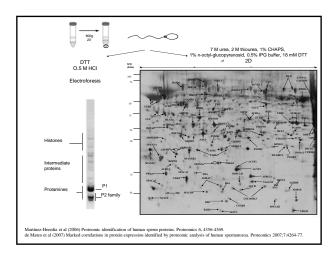


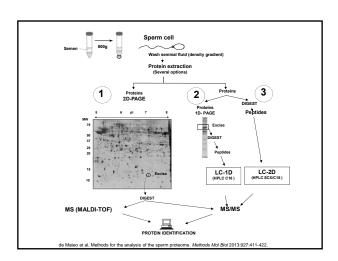


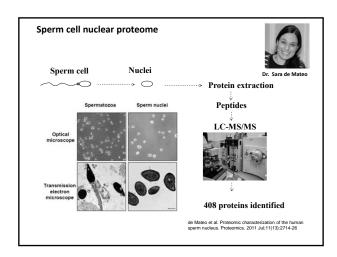


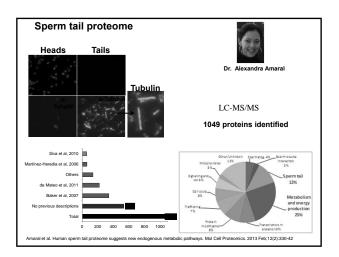


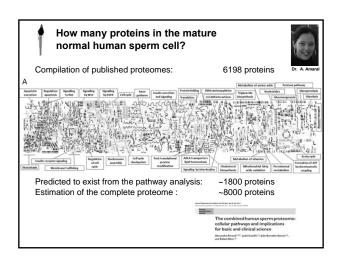


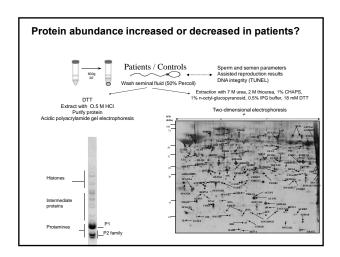


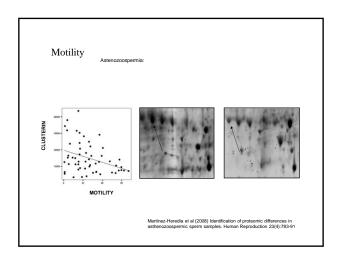


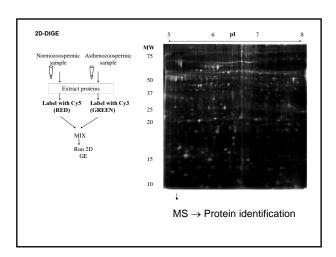


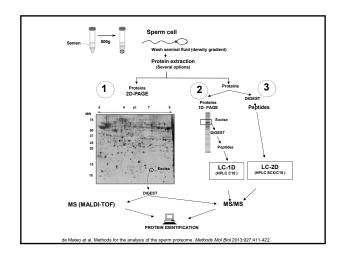


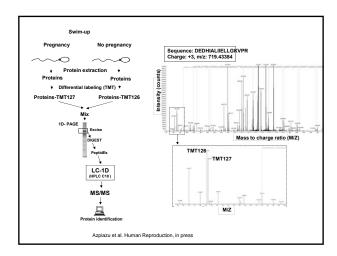




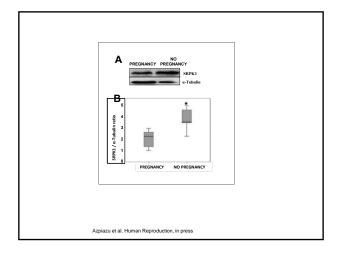








1717 proteins identified In the "No pregnancy" group as compared to the "pregnancy" group: *35 increased *31 decreased Azpiazu et al. Human Reproduction, in press



Summary

We are developing the European Reprotrain collaborative ITN with the goals to train next generation of researchers in reproductive biology while developing joint collaborative projects.

In the Proteomic analysis of the sperm cell we are identifying proteins increased or decreased in different types of infertile patients and in different conditions in animal models, with a potential to be useful as diagnostic or prognostic markers.

•The mature sperm cell delivers to the oocyte chromatin associated proteins in addition to protamines and histones, with the potential of delivering a wealth of epigenetic information.

•A lot still needs to be done: Relationship between the sperm proteome, transcriptome, chromatin structure, epigenome, metabolome in health and disease. Exploitation of the synergies among labs and collaboration necessary. Future joint projects in the context of the EU Horizon 2020 calls needed.



Selected references related to the proteomic study of the sperm cell (from recent to oldest):

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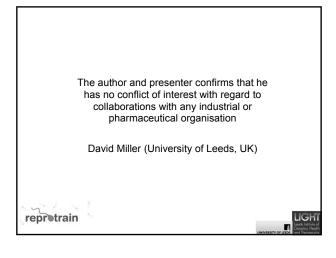
Oliva K, de Natio S, Estanyo JM (2009) Sperm cell proteomics. Proteomics 9: 1004–1017. Martinez-Heredi G, de Mateo S, Vald-Tabodad M, Estanyo JM. Balleca JJ, and Oliva R (2008) Identification of proteomic differences in asthenocoospermic sperm samples. Human Reproduction 23(4):788-91.

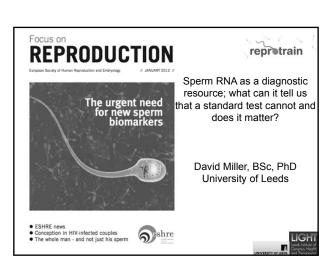
Oliva R, Martinez-Heredia J, Estanyo JM. (2008) Proteomics in the Study of the Sperm Cell Composition, Differentiation and Function. Systems Biology in Reproductive Medicine 54, 23-36.

de Mateo S, Martinez-Heredia J, Estanyo JM. Domiguez-Fandos D, Vidal-Taboada JM, Ballescà JL and Oliva R (2007) Marked correlation protein expression identified by proteomic analysis of human spermatozoa. Proteomics 2007;7:4268-77.

Martinez-Heredia J, Estanyol JM, Ballescà JL and Oliva R (2006) Proteomic identification of human sperm proteins. Proteomics 6, 4356-4369 For more information see: www.reprotrain.eu and www.ub.edu/humangen

Page 20 of 124





Learning Outcomes

At the end of this lecture, you should be more aware of the following:

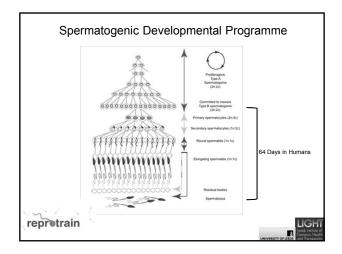
- The presence of RNA in sperm.
 The unexpected complexity of sperm RNA.
- Sperm RNA as a non-invasive proxy for testicular gene expression.
- The relationship between sperm RNA and sperm phenotypes. Comparison with proteomics.
- Targeted approaches to using sperm RNA as a predictor of phenotype and of fertility.
- Microarray and sequencing based approaches to investigating sperm
- Existing and potential clinical applications.
- Ongoing research into understanding why sperm RNA exists. Overcoming barriers to using sperm RNA diagnostically.

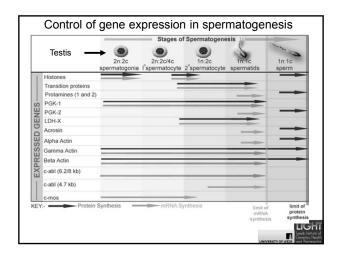
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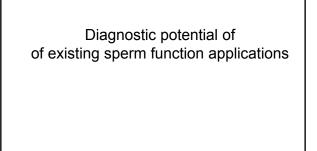


Male Infertility: the scale of the problem. 1 in 6 couples experience infertility problems Estimates of male involvement range from 30-50% with ~10% understood cause Obstructive azoospermia ~ 5% Non obstructive azoospermia / severe oligozoospermia ~ 5% Structural and numerical chromosomal abnormalities ~15% Deletions in the Y ~ 15% Rare metabolic disorders (Spino-Bulbar, PAI etc) < 5% Unknown others > 50% All other infertility / subfertility ~90% Abnormal semen profiles ~ 40% Apparently normal semen profiles ~ 60% Environmental impact?

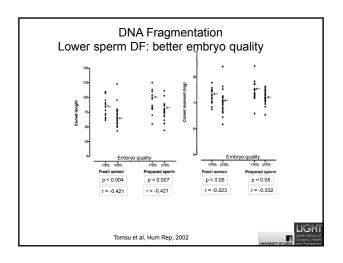
Identifying genetic/epigenetic effects linked to male fertility Traditional gene discovery strategies? Because different mutations may cause similar effects, TGCS's are unsuitable. Stigma of male infertility makes recruitment of consanguineous subjects very difficult. Testicular biopsy? Only reasonable with clear phenotypes (azoospermia / severe oligozoospermia) Spermatozoa as a proxy of the testis?

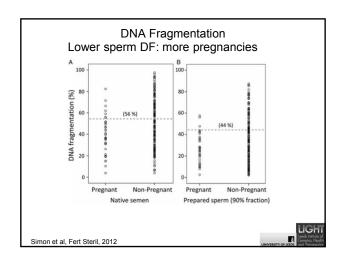


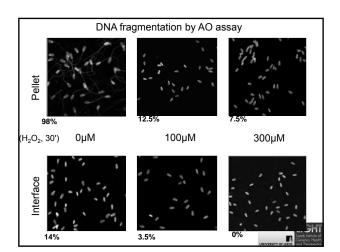


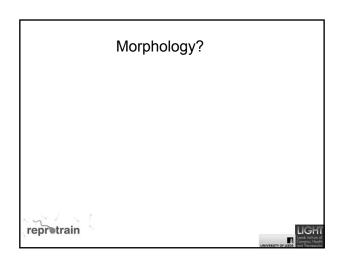


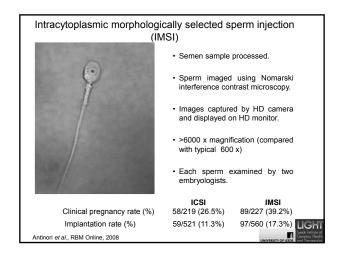
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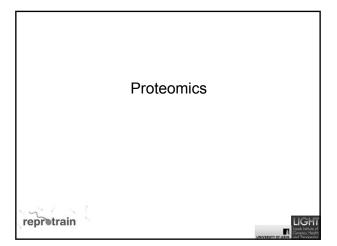


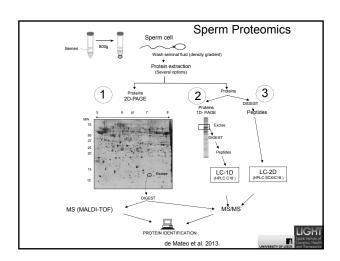


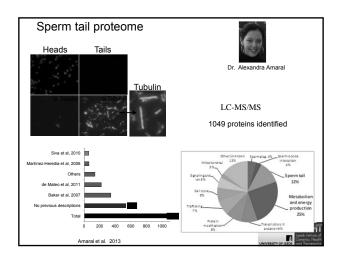


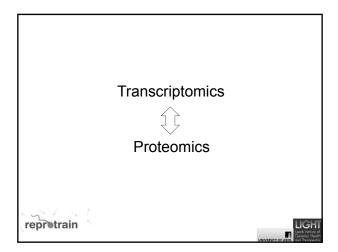


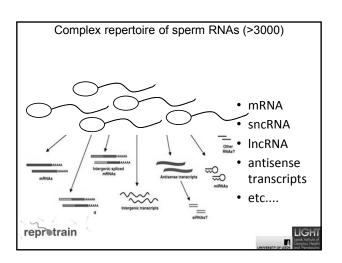


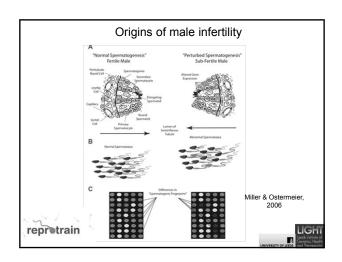


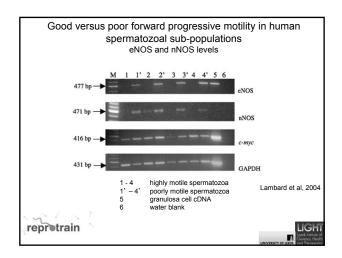


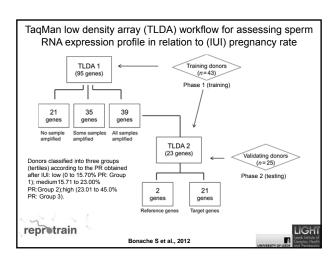


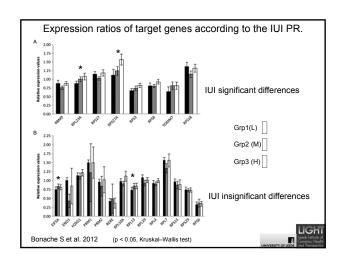


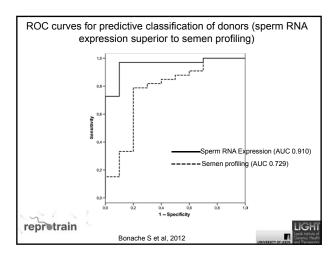


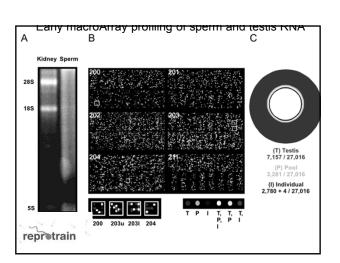


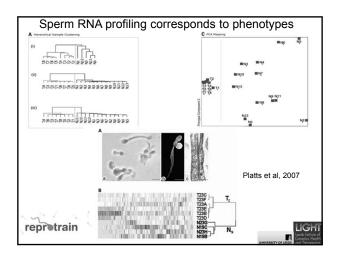


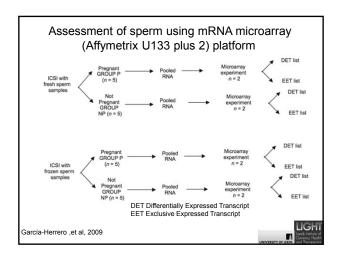


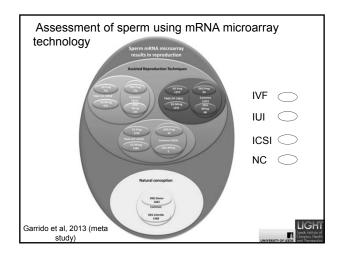


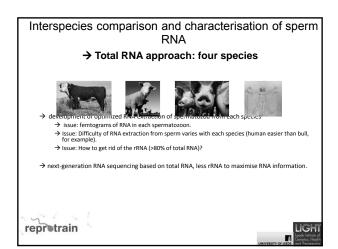


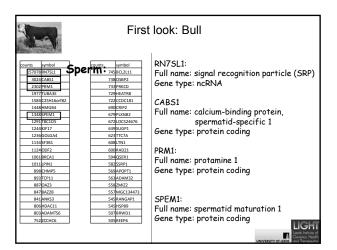


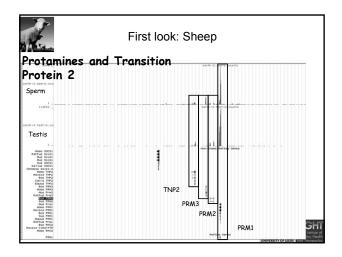


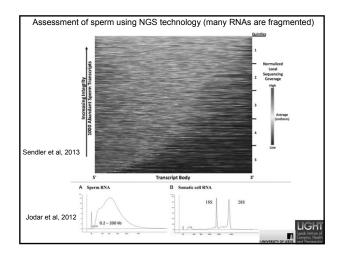


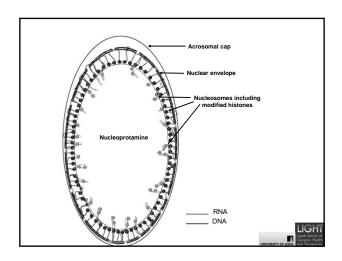


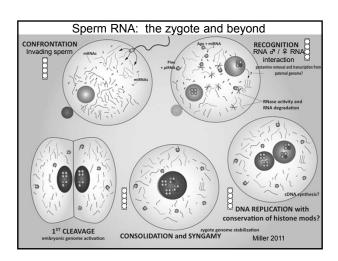


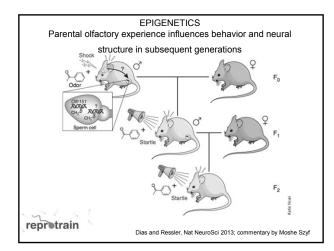












The Case of the Midwife Toad, 1926

If a person acquires a limp during their lifetime, can that limp be passed on to their children? Or if a person acquires a scar, will that scar be hereditary? Modern scientific theory denies this is possible, but a theory called Lamarckianism held that not only was it possible, but it was the means by which evolutionary change occurred.



During the 1920s, Austrian scientist Paul Kammerer designed an experiment involving a species called the Midwife Toad to prove that Lamarckian inheritance was possible.

Links and References

Koestler, Arthur. (1971). The Case of the Midwife Toad. Random House.

Categories: Science, Biology, Scientific Fraud, 1914-1949

was forced to mate in water, it would eventually acquire the same bumps that naturally water-mating toads possessed — and that the toad's offspring would inherit these bumps via Lamarckian

Kammerer filled a fishtank full of water, placed some Midwife Toads in it, and then waited as generations of toads were born and died. Finally he announced success. A generation of Midwife Toads had been born with black scaly marks on their hindlimbs. This appeared to prove that Lamarckian inheritance was possible.

Conclusions

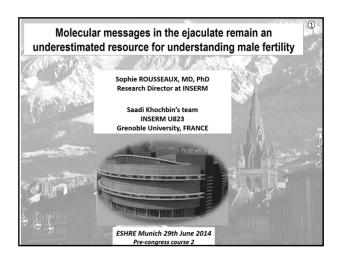
- It is >50 years since sperm RNA (transcription) was first reported (Bhargava, 1957)
- The presence of the RNA transcription was considered surprising in view of the dormancy of the sperm nucleus and originally dismissed as an artefact (Markewitz et al, 1967).
- Residual RNA reported in human and rat sperm nuclei (Pessot et al, 1985).
- RNA reported in sperm and pollen of all species studied to date.
- Sperm RNA is complex but mainly comprises degraded rRNAs
- Sperm RNA has excellent diagnostic potential in assessing male fertility but tests should probably target 5' ends of mRNA.
- Sperm RNA has excellent prospects for assessing male fertility more accurately than WHO criteria.
- NGS is poised to transform sperm RNA based diagnostics.
- NGS will help illuminate functional aspects of sperm RNA

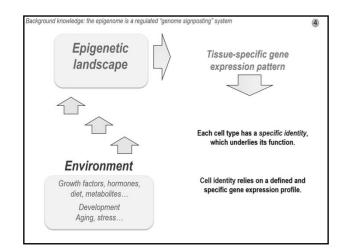
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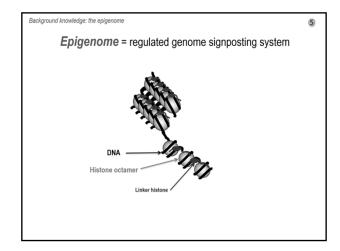
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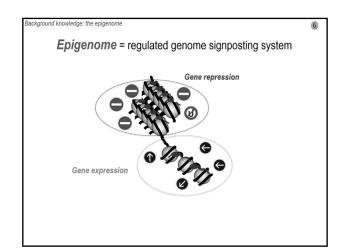
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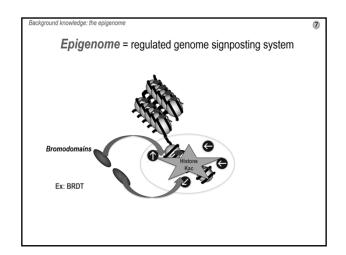
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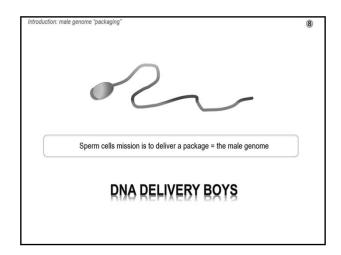


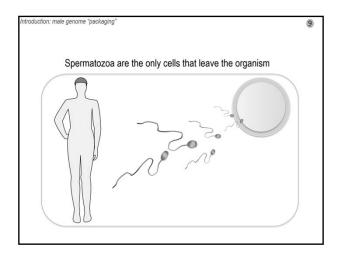


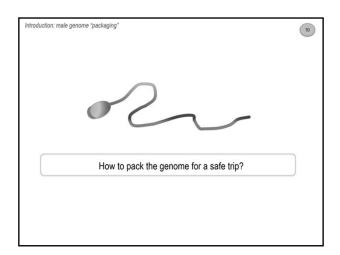


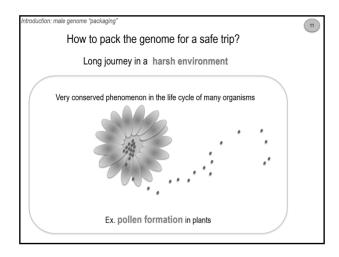


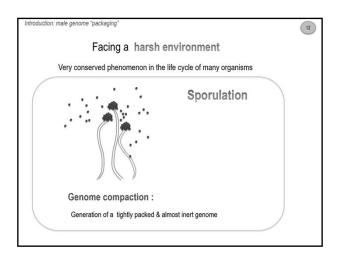


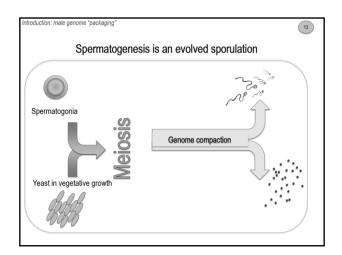


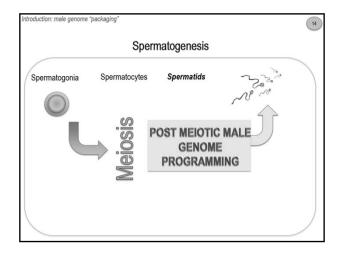


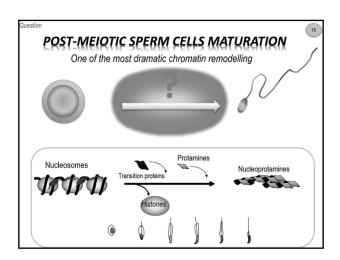


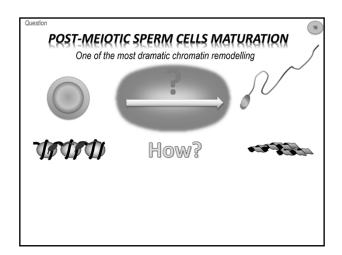


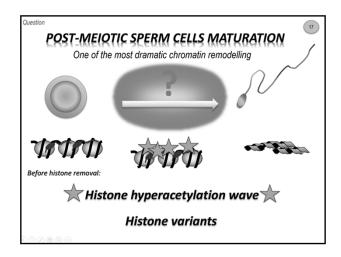


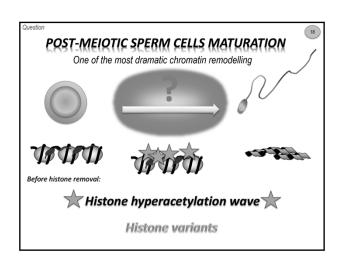


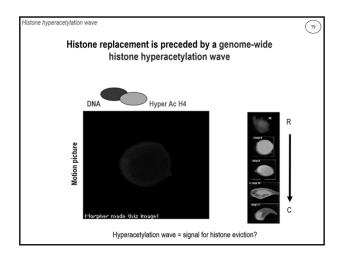


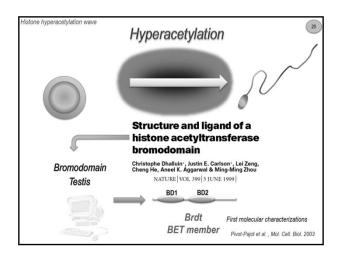


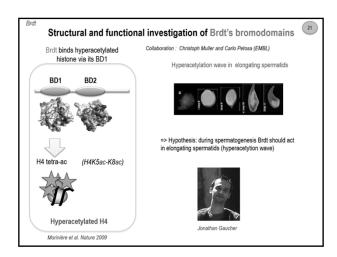


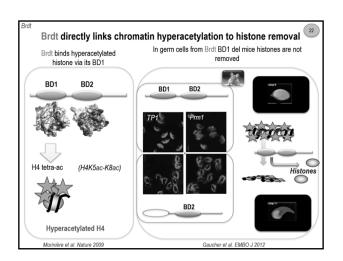


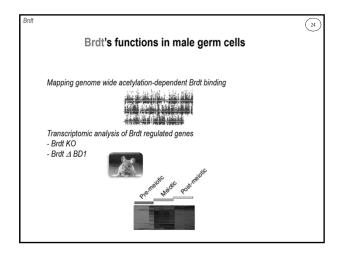


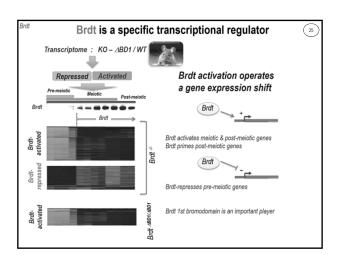


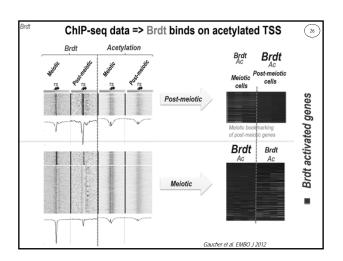


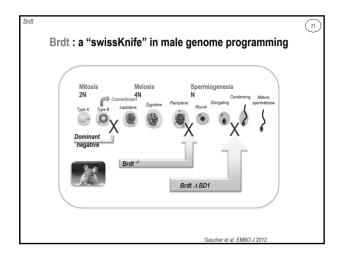






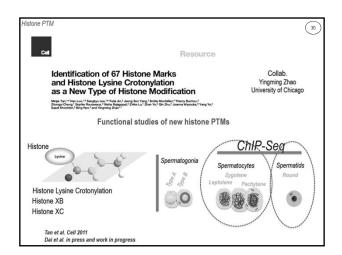


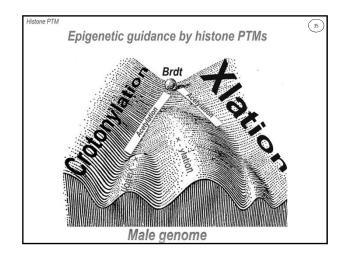


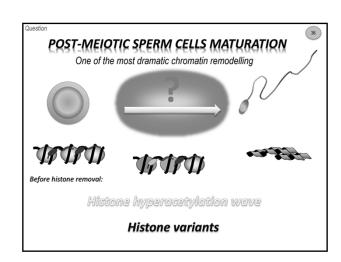


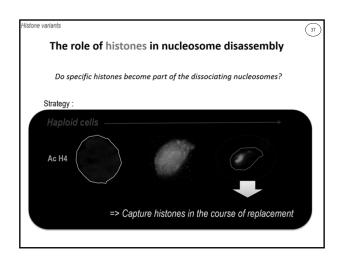
Histone K acetylation – guided action : Brdt

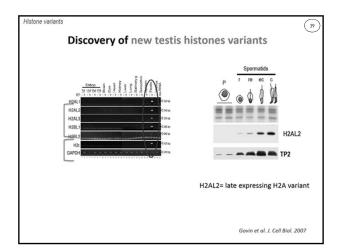
Epigenetic programming of the postmeiotic genome by histone PTM...

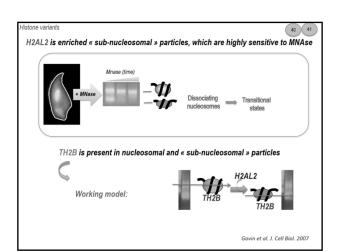


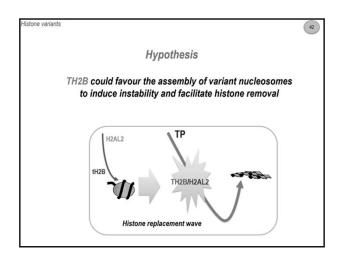


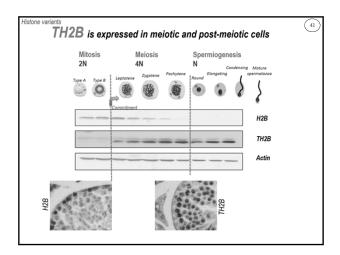


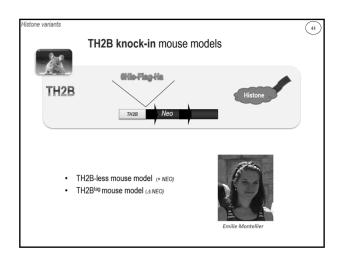


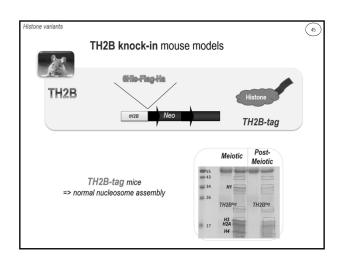


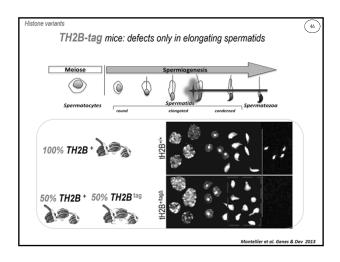


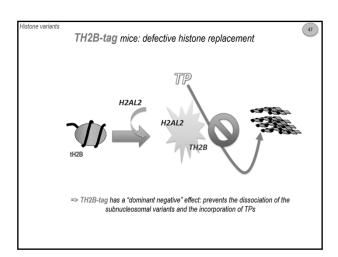


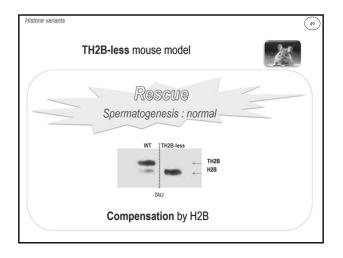


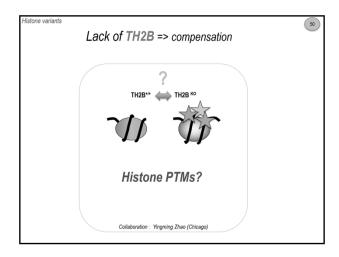


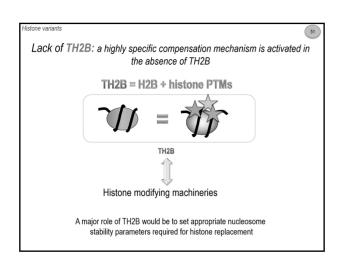


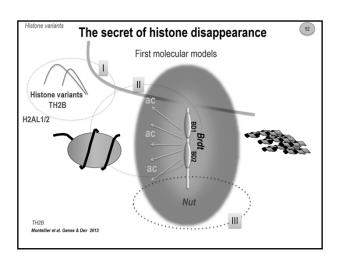


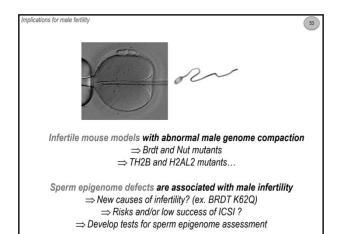


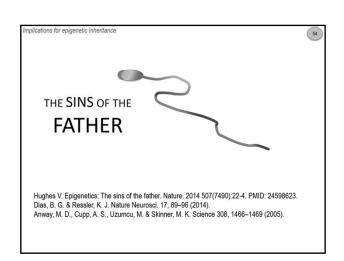


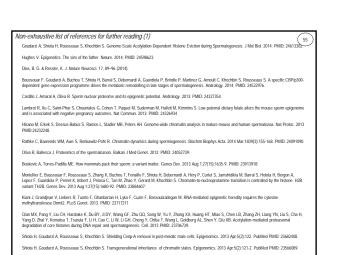




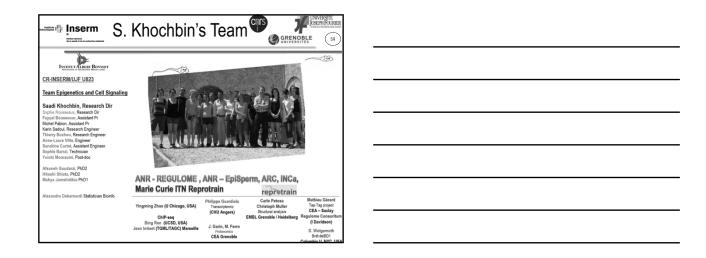


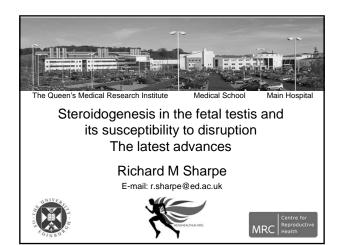






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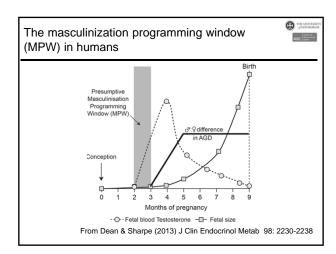
Why should we be interested in fetal testis steroidogenesis in humans?

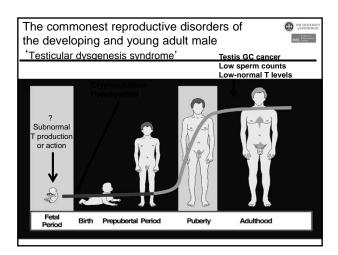


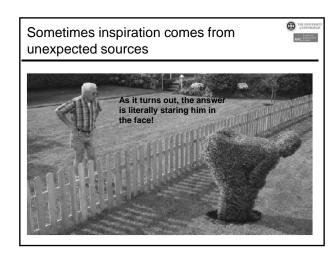
- Because it determines if you become a phenotypic male
- 2. Because growing evidence indicates that subtle deficiency in early gestation androgen exposure may underlie most (common) male reproductive disorders

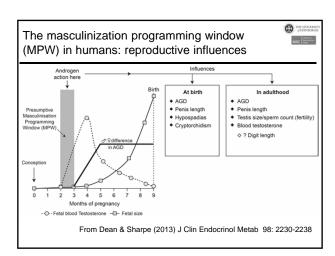
Fetal masculinisation Its all down to androgens, not the Y chromosom	THE UNIVERSITY PLENSHERGH
A	XY
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Parameter I	Prevalence	Evidence
Cryptorchidism	6-9%	Prospective EU studies
Hypospadias	0.4-0.9%	Prospective EU studies
Low sperm counts	16-20%	Prospective EU studies
Testis germ cell cancer	0.45%	Registry data (reliable)
Low adult Testosterone		Cross-sectional studies









An animal model for human TDS?

Effects of fetal DBP exposure in the rat

*Gestational exposure (E13-E21) of the rat to high doses of certain phthalate esters (eg dibutyl phthalate (DBP)) results in:

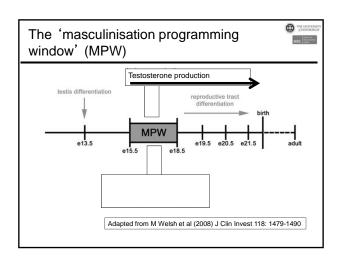
Dose-dependent induction in male offspring of:

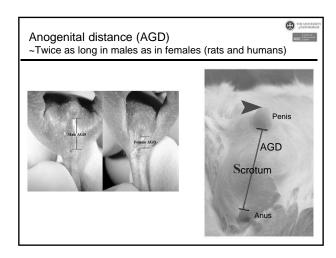
*Cryptorchidism

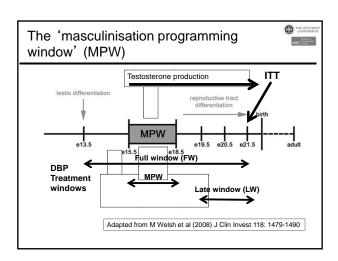
*Hypospadias

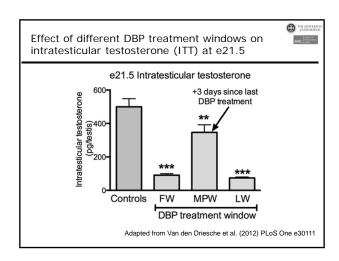
*Low testis weight/sperm production/subfertility

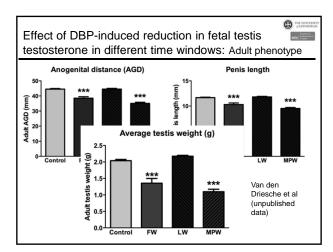
*Compensated adult Leydig cell failure (High LH/T)

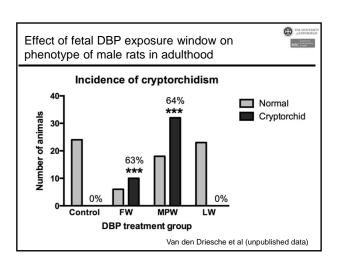


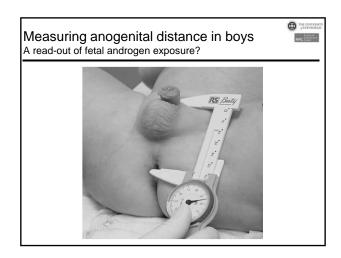


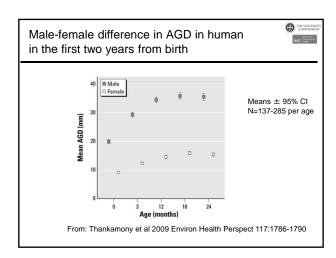


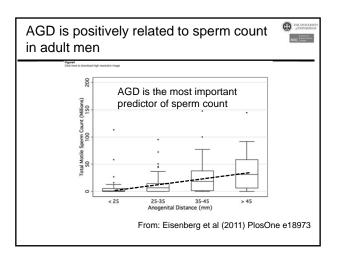


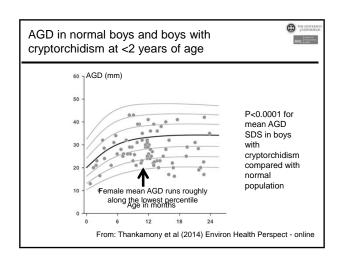


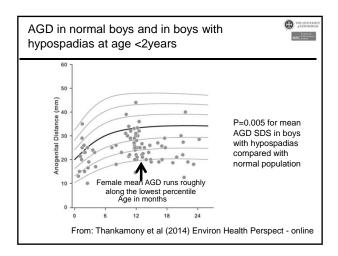


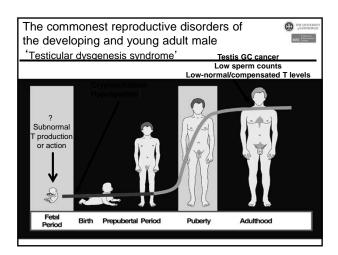


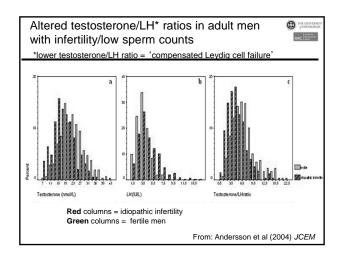


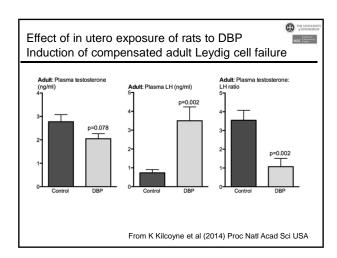


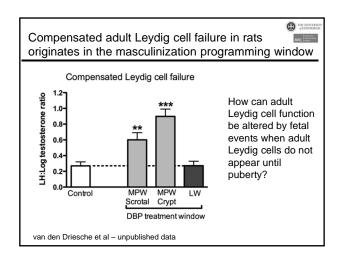




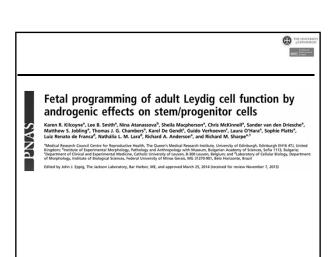


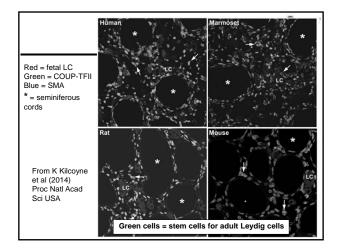


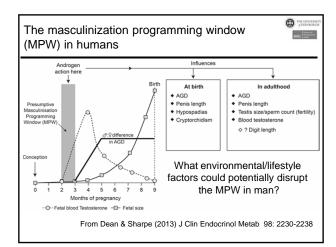




Birth weight is positively associated with adult testosterone levels (independent of adult bodyweight) Birth Weight in Relation to Sex Steroid Status and Body Composition in Young Healthy Male Siblings Great Vanbillemont, Brun Lapauv, Veerle Bogart, Héline De Naper, Dink Level Composition in Young Healthy Male Siblings Great Vanbillemont, Brun Lapauv, Veerle Bogart, Héline De Naper, Dink Level Composition of Male Report, Male Composition of Male Report Report Composition Report Report Composition Report Report Composition Report Report Report Composition Report Re







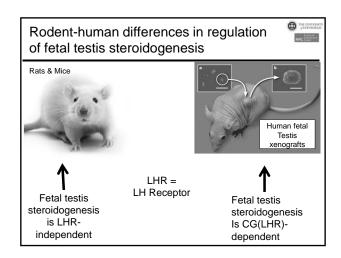
The three test 'endocrine disruptors'

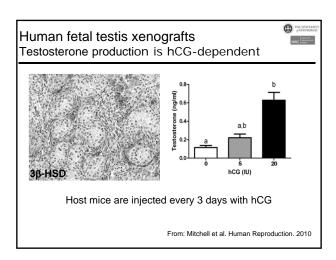


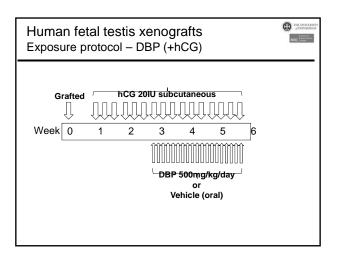
- Dibutyl phthalate (500mg/kg/day)
- Diethylstilboestrol (potent oestrogen)
- Paracetamol (Acetaminophen)

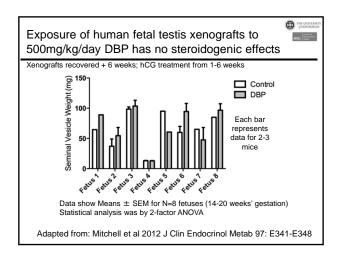
In rat studies all of the above have been shown to reduce fetal intratesticular testosterone levels in vivo: DES by >90%, DBP by 50-80%, Paracetamol by 10-20%

Rodent-human differences in regulation of fetal testis steroidogenesis Rats & Mice Rats & Mice Retal testis steroidogenesis steroidogenesis is LHRindependent Rats & Mice Rats & Mic









The three test 'endocrine disruptors'



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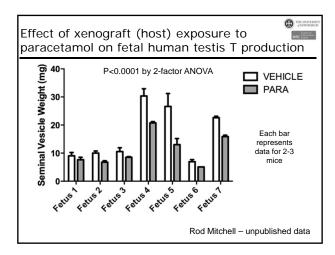
Lack of effect of DES on fetal human testis T production after xenografting into castrate nude mice Host blood testosterone level Pools T PRINCE DES From Mitchell et al (2013) PLoS One 8: e61726

The three test 'endocrine disruptors'



- Dibutyl phthalate (500mg/kg/day)
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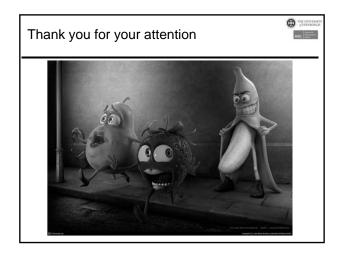
In rat studies all of the above have been shown to reduce fetal intratesticular testosterone levels in vivo: DES by >90%, DBP by 50-80%, Paracetamol by 10-20%



Conclusions



- Testosterone (T) production by the fetal testis during the MPW* is critical for normal development and later function of the testis
- Deficiencies in (T) production during the MPW can alter adult T levels (which may have wider health implications)
- The rodent and human fetal testis are different in their regulation, and in their response to some, but not all, 'endocrine disruptors'







Antiestrogens for treatment of male infertility or hypogonadism

Prof. Dr. Michael Zitzmann Andrologist, Endokrinologist, Diabetologist Sexual Medicine (FECSM)

Clinical Andrology / Centre for Reproductive Medicine and Andrology, University Clinics Muenster Germany



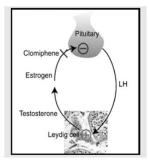
WHO Collaborating Centre for Research in Human Reproduction Training Centre of the European Academy of Andrology



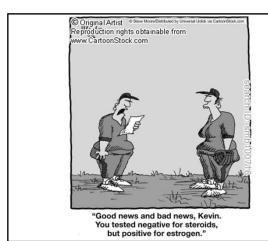
Disclosures

I have nothing to disclose in the context of this lecture

Treatment of hypogonadism and/or infertility with clomiphen citrate or tamoxifen



Kim et al, Fertil Steril 2013 epub

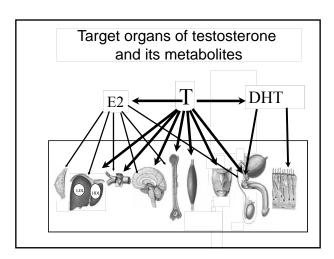


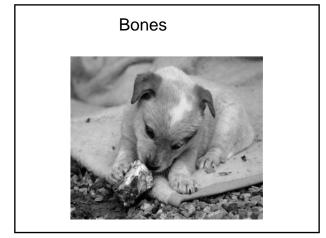
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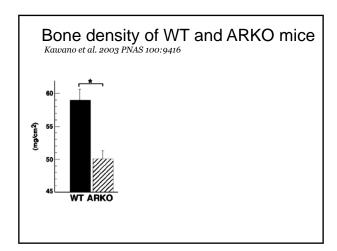
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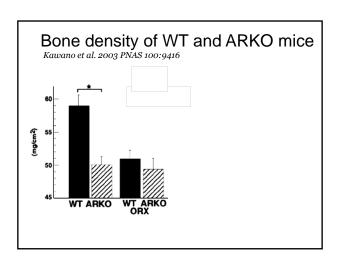
Thorn

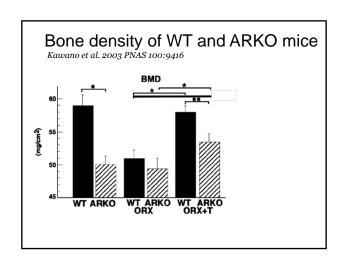
Passion

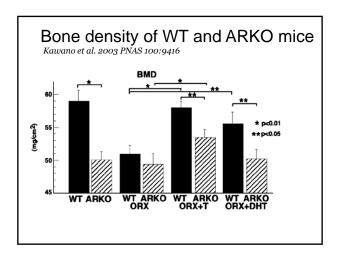


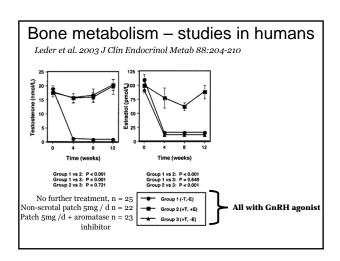


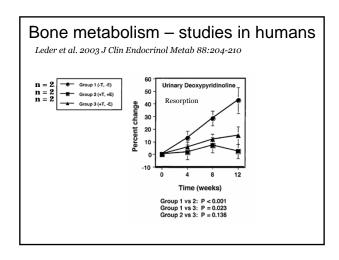


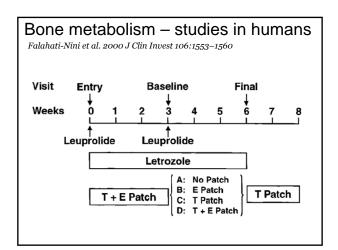


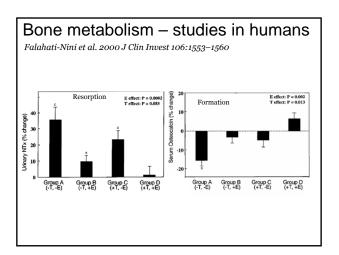


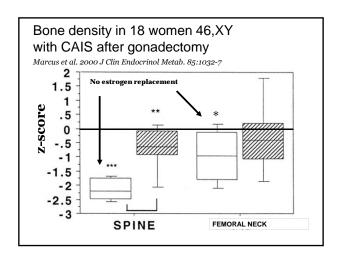


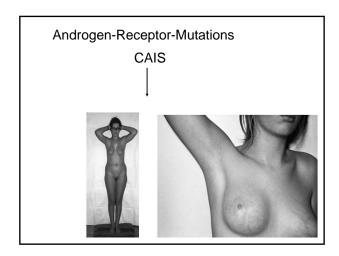














119:426			
Framingham Men by Sex Hormon	one Status		
		Unadjusted Hazard Ratio (95% CI)	Adjusted Haza Ratio‡ (95% C
		2.8 (1.3, 6.1)	3.1 (1.4, 6.9)
			0.9 (0.4, 2.0)
3.	.9	(referent)	(referent)
		2 2 (1 0 4 7)	1.8 (0.8, 3.8)
			0.8 (0.4, 1.8)
		(referent)	(referent)
	of Men With Hip Fracture/ In n Per Group† (p	of Mew With Hip Fracture/ Incidence Rate (per 1000 person-years) 11.0 3.4 3.9 8.0 4.1 3.7 3.7 3.7 3.9 3.9 3.9 3.9 3.9 3.0 3.1 3.1 3.1 3.1 3.1 3.2 3.3 3.3 3.3 3.9 3.9 3.0 3.1 3.1 3.1 3.1 3.1 3.2 3.2 3.3 3.3 3.3 3.3 3.3 3.3 3.3 3.3	of New With Hip Fracture/ In Per Group† 11.0 3.4 0.9 (0.4, 1.9) (effective) 8.0 2.2 (1.0, 4.7) 4.1 1.1 (0.5, 2.4) (effective) 53: to do to proof) and by -3.5 for convesion of testosterone to mon/L. 1.2 1.3 (1.0, 2.4) (effective) 1.3 (1.0, 3.4) (1.0,

AR CAG repeats, estrogens and bone density

Zitzmann et al. 2001 Clin Endodrinol 55:649-657

Predictor	Stand.	t	Sign.	overall R ² (%)
CAG repeats	-0.299	-3.29	p = 0.001	K (70)
Estradiol	0.271	2.96	p = 0.004	21.4 % p < 0.001
log age	-0.212	-2.31	p = 0.004	p + 0.00 +

n = 110, age 20 - 50 years

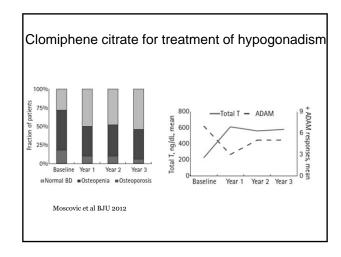
Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Treatment with various SERMS Raloxifene (Ral), Lasofoxifene (Las), Bazedoxifene (Bza) or vehicle Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Treatment with various SERMS Raloxifene (Ral), Lasofoxifene (Las), Bazedoxifene (Bza) or vehicle Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Treatment with various SERMS Raloxifene (Ral), Lasofoxifene (Las), Bazedoxifene (Bza) or vehicle Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Treatment with various SERMS Raloxifene (Ral), Lasofoxifene (Las), Bazedoxifene (Bza) or vehicle Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Orchiectomized male mice, with or without ER-alpha AF-1 dysfunction Orchiectomized male mice, with orchiector male mice

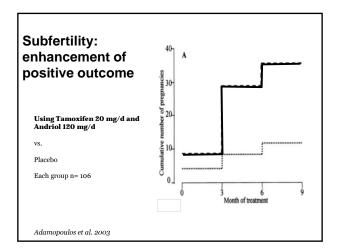
Treatment of gynecomastia induced by GnRH-antagonist therapy for PCa: Tamoxifen Viani et al Int J of Radiation 2012 Table 2 Incidence of gynecomastia, breast pain, and complications comparing radiotherapy (RT) and tamoxifen (TMX) Observation EER (%) CER (%) NNT Comparation Incidence of gynecomastia RT vs. observation TMX vs. observation 46/140 13/121 99/159 113/151 32.8 10.7 62.2 74.8 29.4 64.1 3.4 1.56 Incidence of all degrees of breast pain RT vs. observation 69/140 TMX vs. observation 9/121 69.1 55 19.9 47.6 110/159 83/151 Comparation EER (%) CER (%) ARI (%) NNH Prophylatic Incidence of complications 62.5 10 RT vs. observation TMX vs. observation Abbreviations: ARR = absolute risk reduction; ARI = absolute risk increase; CER = control event rate; EER = experimental event ratumber need to harm; NNT = number needed to treat. **R Complications include skin reaction, erythema, pruritus, and hyperpigmentation. TMX complications include bot flusbes, dizziness, asthenia, and cardiologic or neurologic effects.

Viani et al Int J of	•	gonist ther	-17	
Study or Subgroup	Weight	Odds Ratio M-H. Fixed, 95% CI		s Ratio ced. 95% Cl
Boccardo 2005	28.6%	0.05 [0.01, 0.16]	_	T
Fradet 2009	34.8%	0.04 [0.01, 0.12]	_	
Perdoná 2005	36.7%	0.04 [0.01, 0.13]	-	
Total (95% CI)	100.0%	0.04 [0.02, 0.08]	•	
Total events Heterogeneity: Chi ² : Test for overall effec		2 = 0.00004)	0.01 0.1 avours experimental	1 10 100 Favours control

Clomiphene citrate for treatment of hypogonadism Baseline, After treatment, mean (SD) 192 (87) mean (SD) 485 (165) P <0.01 Effects of CC on serum Total testosterone, ng/dL Free testosterone, pg/mL SHBG, nM/L 22 (16) 30 (12) 95 (35) 32 (15) <0.01 0.72 Oestradiol, pg/mL LH, IU/mL P < 0.05 was considered to 6.8 (2.8) 7.6 (1.9) 2.6 (2.2) <0.01 indicate statistical FSH, IU/mL significance. N=86 Katz et al. BJU 2011

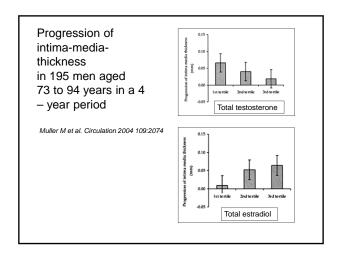
Clomiphene citrate for treatment of hypogonadism	
After TABLE 2	
Lack of energy 65 40 <0.01	-
Decreased life enjoyment 85 40 <0.001 Sad/grumpy 60 30 <0.01 Erections weaker 12 8 0.29	-
Decreased sports performance 55 25 < 0.001 P < 0.05 was considered to Sleep after dinner 34 28 0.17 indicate statistical Decreased work performance 45 38 0.28 significance.	-
Katz et al. BJU 2011	
	1
Clomiphene citrate for treatment of hypogonadism	
TABLE 3 Symptom improvement based on the ADAM questionnaire	
Improvement in at least:%One symptom90	
Two symptoms 75 Three symptoms 60 Four symptoms 30	
Five symptoms 10	
Katz et al. BJU 2011	
]
Clomiphene citrate for treatment of hypogonadism	
TABLE 1 Baralina and follow up harmons a constant and DMI data for a live (data and data)	
TABLE 1 Baseline and follow-up hormone, symptom and BMI data for patients (data are means ± so) Baseline Year 1 Year 2 Year 3 P value Total T, nq/dL 228 ± 48 612 ± 212 562 ± 201 582 ± 227 <0.001	
H, III/mL 2.0 ± 1.6 8.6 ± 3.2 7.2 ± 4.0 8.2 ± 1.9 <0.001 Oestradiol, pg/mL 37 ± 16 48 ± 22 42 ± 13 50 ± 30 0.02 ADAM (+ responses) 7 ± 2 3 ± 2 5 ± 2.5 5 ± 3 0.01	
Mean BMI, kg/m^2	
N=46 Moscovic et al BJU 2012	

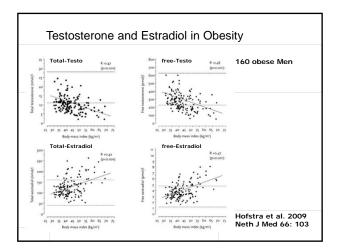


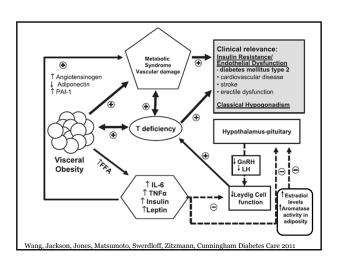


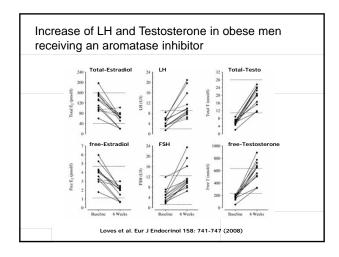
Use of aromatase inhibitors for treatment male infertility is under discussion and seems to have rare side effects

Schlegel Fertil Steril 2012 epub











Genetic tests

how does male karyotyping impact on ART outcomes?

Elsbeth C. Dul, MD
Department of Obstetrics and Gynaecology
University Medical Center Groningen
The Netherlands

Conflict of interest

Our department received research grants from MSD, Ferring Pharmaceuticals, and Merck, the Netherlands.

Learning Objectives

- Prevalence of chromosomal abnormalities in different subgroups of infertile men
- Relation between chromosomal abnormalities and adverse pregnancy outcomes
- Strategy based on NNS to prevent one adverse pregnancy outcome

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Introduction Prevalence of chromosomal abnormalities 3-19% in infertile men 1% in newborns Association with sperm parameters? Introduction of ICSI: international guidelines Karyotyping is costly and time-consuming Dul et al, 2010; Nielsen et al, 1991 Content of Dutch guideline Recommendation for karyotyping • Male partners of ICSI couples, irrespective of sperm quality • Azoospermic men NVOG Guideline, 1999 Research questions • Prevalence of chromosomal abnormalities • Association with sperm parameters or other patient characteristics • Consequences for the offspring • Who should be screened for chromosomal abnormalities before ICSI treatment?

Materials & methods

Cohort 1223 men eligible for ICSI

1994-2007 UMCG

Retrospective data collection

Sperm analyses

Hormonal analyses

Medical and reproductive history

Karyotype

Pregnancy outcome

Baseline characteristics

Male age (yrs)	34.6 (22-63.6)
Duration of infertility (yrs)	2.9 (0-17.6)
Primary infertility	85%

Sperm parameters

Parameter	Median	Interquartile
		range
Volume (ml)	3.7	2.4
Concentration (10 ⁶ /ml)	5.0	11.4
Motility (%)	18	23
TMSC	2.2	8.2

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Karyotype

	Number
Normal karyotype	1185
Abnormal karyotype	38 (3.1%)
Gonosomal	19
Autosomal	19
Translocation	12
Inversion	7

Karyotype

Abnormality type	Abnormality	Frequency
Gonosomal	47, XXY	5
	47, XYY	3
	Mos 47,XXY/46,XY	2
	Mos 47,XYY/46,XY	1
	Mos 46,XY/45,X	3
	Mos 45,X/46, X, idic (Y)(q11.2)	1
	Mos 45,X/46, X, der(Y), ish r (Y)(cp923.1-, SRY+,	1
	DYZ4+, DYZ3+)	
	46,XXish(X)(SRY+)	1
	46, X, der(Y), del (Y)(q11.223) inv dup	1
	(Y)(p11.2pter)	
	46, X, t(Y;18;20)	1

Karyotype

Abnormality	Frequency
46, XY, t (1;14)(q44;q11.2)	1
46, XY, t (2;9)(q37.3;q12)	1
46, XY, t (3;11)(p21.3;q13)	1
46, XY, t (3;16)(q12;q23)	1
46, XY, t (4;5)(q32;q14)	1
46, XY, t (15;21)(q24;q22.3)	1
45, XY, der (13;14)(q10;q10)	2
45, XY, dic (13;14)(p11.2;p11.2)	1
45, XY, der (14;21)(q10;q10)	1
45, XY, der (15;21)(q10;q10)	1
45, XY, inv (5)(p13.1;q13.1), der (13;14)(q10;q10)	1
-	-
	46, XY, t (1,14)(q44;q11.2) 46, XY, t (2;9)(q37.3;q12) 46, XY, t (3;11)(p21.3;q13) 46, XY, t (3;16)(q12;q23) 46, XY, t (4;5)(q32;q14) 46, XY, t (4;521)(q24;q22.3) 45, XY, der (13;14)(q10;q10) 45, XY, der (13;14)(p11.2;p11.2) 45, XY, der (14;21)(q10;q10) 45, XY, der (15;21)(q10;q10)

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Association with sperm parameters

	Abnormal karyotype (n=38)	Normal karyotype (n=1185)	OR	p
TMSC (10 ⁶)	0.2	2.2	0.98	0.35
Concentration (106/ml)	0.2	5.0	0.98	0.15

Association with sperm parameters

Sperm concentration (106/ml)	Prevalence abnormal karyotype (%)
0	15.2
0-1	3.1
1-5	1.2
5-10	1.4
10-20	3.1
>20	2.3

Prevalence abnormal karyotype

	Abnormal	Normal	OR	р
	karyotype	karyotype		
	(n=38)	(n=1185)		
Azoospermia	15.2	84.8	7.7	<0.001
Non-azoospermia	2.3	97.7	1.0	

Association with patient characteristics Azoospermic men

	Abnormal karyotype (n=12)	Normal karyotype (n=67)	OR	р
Elevated gonadotrophins	82%	52%	4.20	0.08

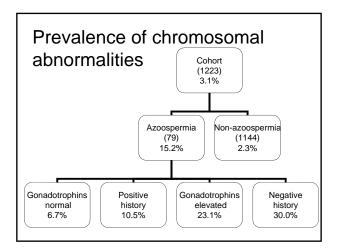
Association with patient characteristics Azoospermic men

	Abnormal karyotype (n=12)	Normal karyotype (n=67)	OR	р
Elevated gonadotrophins	82%	52%	4.20	0.08
Positive andrologic history	50%	78%	0.28	0.047

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Association with patient characteristics Non-azoospermic men

	Abnormal karyotype (n=26)	Normal karyotype (n=1118)	OR	p
Elevated gonadotrophins	42%	32%	1.50	0.49
Positive andrologic history	31%	50%	0.46	0.07



Classification of chromosomal abnormalities

- Risk of miscarriages and/or children with congenital anomalies increased
- Risk of miscarriages and children with congenital anomalies equal to population risk

Pregnancy outcome

	Population risk	Increased risk of miscarriages and/or children with CA
Number of men	24	14
Live born normal child	64%	45%
Abnormal child	7%	5%
Miscarriage	14%	45%

Number needed to screen

- Number of persons that need to be screened to prevent one adverse event
- Method to evaluate screening stategies
- Calculation based on absolute risk reduction:

NNS = 1 / absolute risk reduction

NNS - Example HIV screening in pregnancy

	-
Prevalence 0.15%	Prevalence 5%
10 000	10 000
15	500
14-25%	14-25%
0.8-2.9	27-95
3500-12 170	105-365
	0.15% 10 000 15 14-25% 0.8-2.9

NNS in infertile men

For azoospermic and non-azoospermic men

Risk of miscarriage and child with congenital anomalies based on incidence in cohort Absolute risk reduction based on comparison with population risk

79 azoospermic 12 chromosomal abn. 3 chromosomal abn. with increased risk of miscarriage only 1 with increased risk of CA and miscarriage

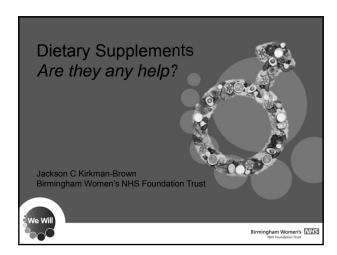
Number needed to screen

	NNS for	NNS for
	miscarriage	child with CA
Azoospermic	80 - 88	790 - 3951
Non-azoospermic	315 - 347	2543 - 12723

Conclusion Prevalence of chromosomal abnormalities in infertile men Azoospermia 15.2% Non-azoospermia 2.3% Conclusion NNS for NNS for miscarriage child with CA Azoospermia 80 - 88 790 - 3951 Non-azoospermia 315 - 347 2543 - 12723 Recommendations Karyotype all azoospermic men Karyotype non-azoospermic infertile men in case Recurrent miscarriage Positive family history

Future research Cost-effectiveness studies Costs of screening Costs of adverse pregnancy outcomes Impact of prenatal diagnosis and preimplantation diagnosis Societal willingness to pay Genetic tests how does male karyotyping impact on ART outcomes? Karyotyping *all* infertile men will have little influence on ART outcome due to Low prevalence of chromosomal abnormalities - Low risk for adverse pregnancy outcome Karyotyping selected subgroups can benefit ART outcome due to High prevalence of chromosomal abnormalities (15.2% in azoospermic men) Low numbers needed to screen for adverse pregnancy outcomes References Nielsen J and Wohlert M. Chromosome abnormalities found among 34,910 newborn children: results from a 13-year incidence study in Arhus, Denmark. *Hum Genet* 1991:**87**: 81-83. Dul EC, van Ravenswaaij-Arts CMA, Groen H, van Echten-Arends J and Land JA. Who should be screened for chromosomal abnormalities before ICSI treatment? *Hum Reprod* 2010;**25**:2673-2677. NVOG (Dutch Society of Obstetrics and Gynaecology). Guideline: Assessment and treatment for male subfertility, 1999. NVOG-richtlijn 17:1-5. Available on (in Dutch): http://nvog-documenten.nl/uploaded/docs/17_onder_behan_manne sub.pdf

Acknowledgements Research group and co-authors: Jolande Land Dept Obst & Gyn Conny van Ravenswaaij-Arts Dept Genetics Jannie van Echten-Arends Dept Obst & Gyn Henk Groen Dept Epidemiology Trijnie Dijkhuizen Dept Genetics



Overview

- · Why consider supplements
- · Rationale for using antioxidants
- Evidence in relation to value of antioxidants
- Risks
- Conclusions



Birmingham Women's

Why supplement?

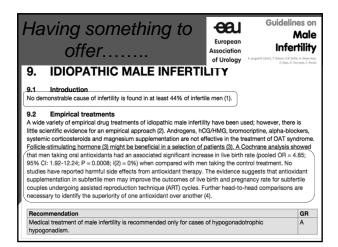
Desire to offer 'something' to men in ART

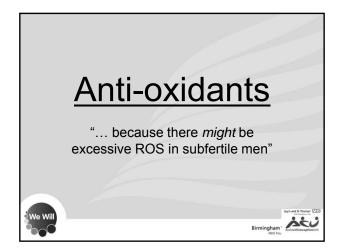
Likelihood of 'improving' idiopathic male parameters / ART outcome (**majority**)

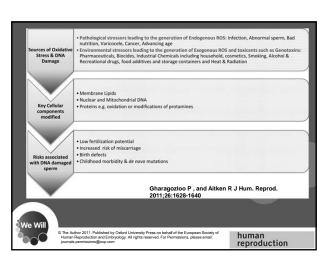
Known problem that might be assisted (minority)

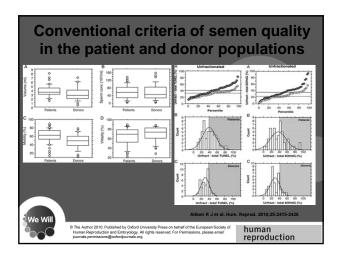


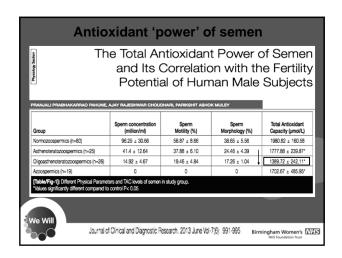
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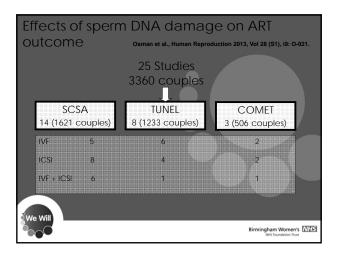




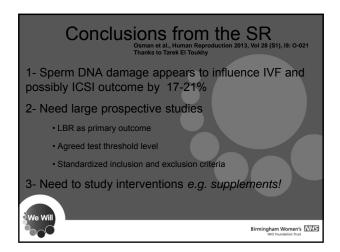


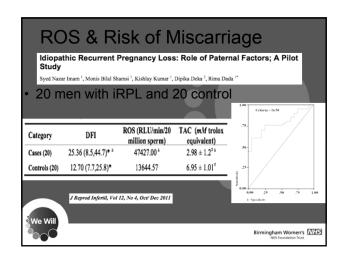


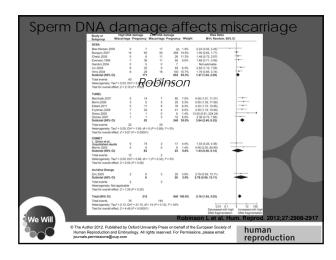


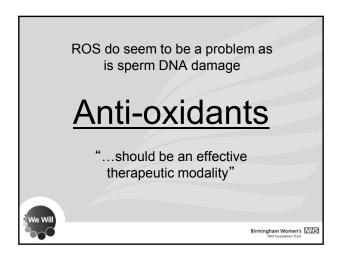


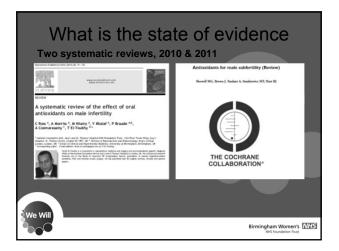
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TOTAL	S	S	S		S	
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LBR IVF ICSI	NS NS	S NS	S	С	S NS	D
LBR IVF ICSI IVF + ICSI	NS NS NS NS	S NS NS	S NS - S Reproduction 201		S NS NS S	

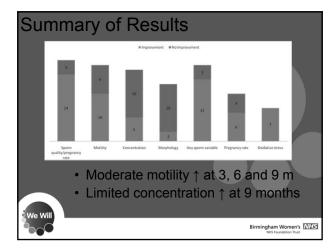












MANY study design issues

- Variable methodology
- · Extensive clinical heterogeneity & often no female partner data
- Different treatment regimens
 Combinations & 'Reductive Stress'
- Different measures (e.g. DNA damage)



Often no ongoing, live birth or miscarriage

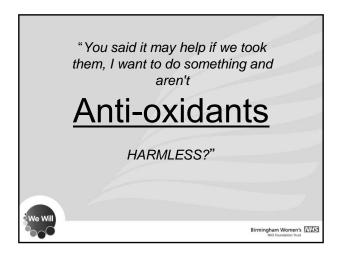
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Conclusions from the SRs

- Oral antioxidant supplementation may improve pregnancy rate in male subfertility
- DO NOT expect WHO 2010 improvements
- Impossible from current literature to provide evidence-based recommendations
- Well-designed RCTs are needed



Birmingham Women's NHS Foundation Trust





Which one?!

- They vary between 0mg and way above tested levels
- Have differing combinations / levels
- Difficult to assess any robustly on current evidence
- Properly organized, independent trials of specific formulations needed



Birmingham Women's WFS

Why not prescribe antioxidants to all subfertile men anyway?

- · Lack of effectiveness
- Waste valuable ♀ reproductive time
- · Waste of resources
- · Potential for harm



Birmingham Women's

Potential for harm

- Wrong (high) doses might have opposite effects
- Selenium and vitamin E cancer prevention trial (SELECT) indicated that for certain populations, supplement increased prostate cancer risk & severity
- beta-carotene is strongly counter-indicated as a lung cancer risk for smokers



Birmingham Women's NHS

Other warning statements!

- Long term intake of 20mg Vitamin B6 may lead to mild tingling and numbness.
- Long term intake of 5mg of manganese may lead to muscle pain and fatigue.
- Long term intake of 30mg zinc may lead to anaemia.

Men will tend to not read these Often thinking taking two is even better



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Page	96	of	124

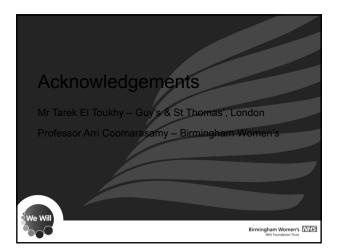
Conclusions

- There is good evidence that ROS / DNA damage detrimental to male fertility
- Shortage of well-conducted trials to demonstrate the effectiveness of antioxidant therapy – so requires a risk-balance
- · Need to guide patient expectations
- · Need to know which supplement and why
- · High-quality trials are urgently needed

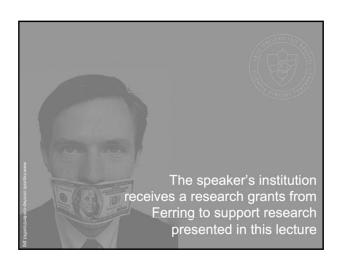


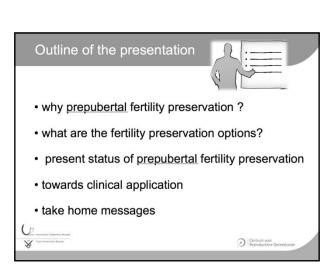
Birmingham Women's NHS Foundation Trust

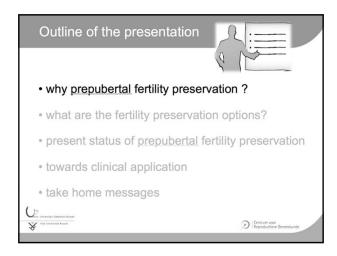
Perhaps the advice of lifestyle change and healthy balanced diet is still the best, there are no quick solutions...

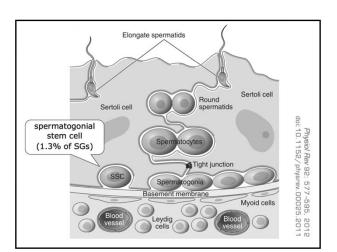


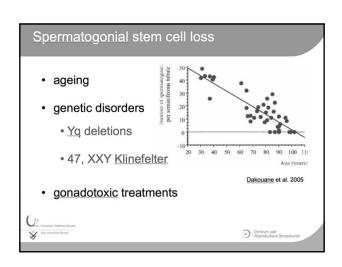


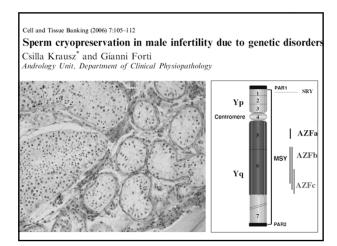












Testicular stem cell depletion

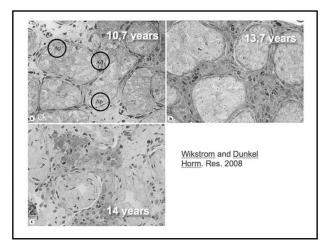


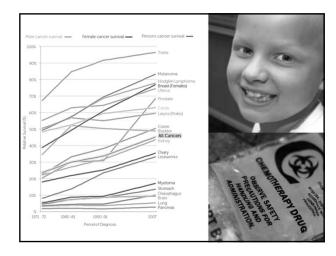
- · reduced number of stem cells?
- · 'minipuberty' with 'seminiferous activity'
- XXY spermatogonial stem cells go into apoptosis
- XXY <u>Sertoli</u> cells: dysfunctional niche?
- · depletion resulting in azoospermia



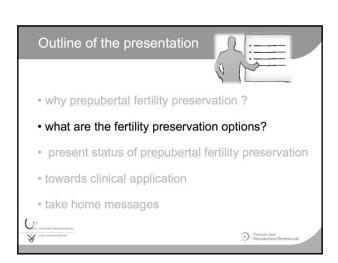
Wikstrom et al., 2004
Oates 2012

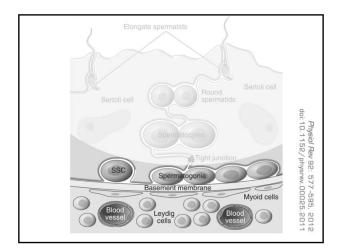
Centrum voor
Reproductieve Geneeskunde

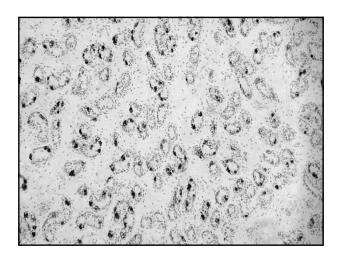


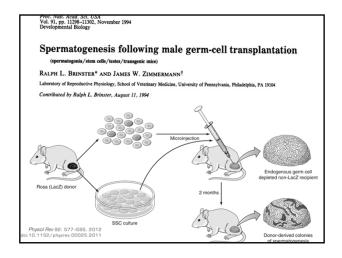


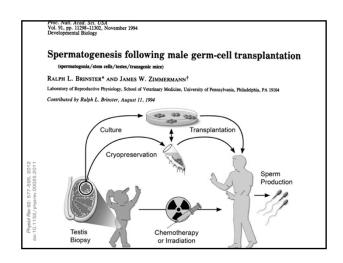


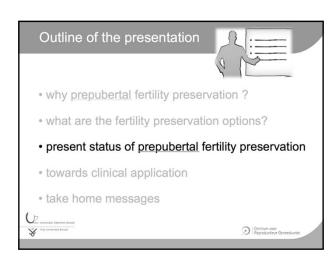


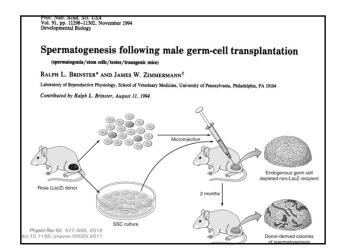


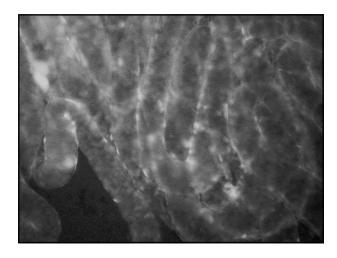




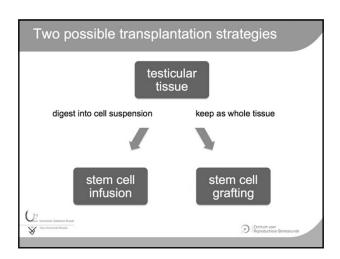


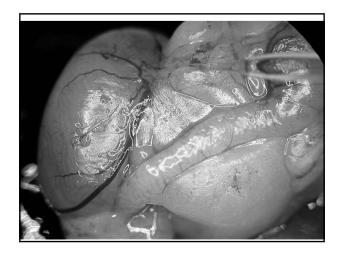


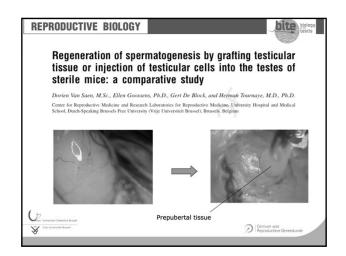


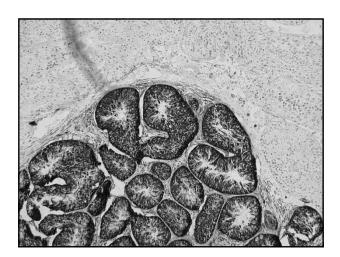


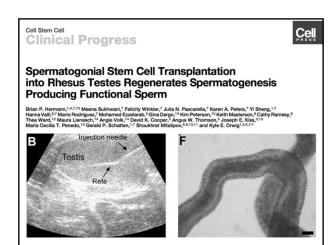


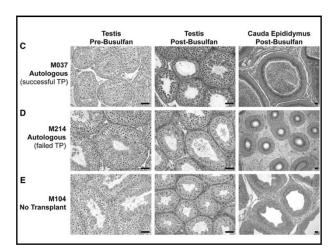


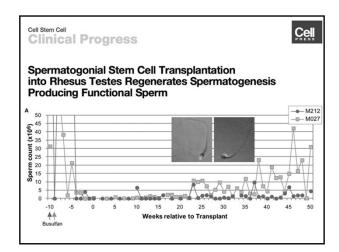


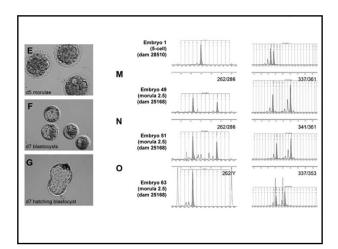






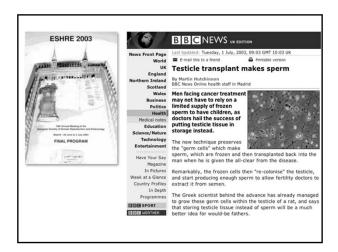




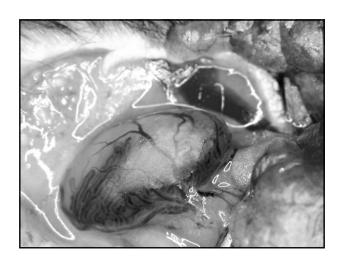


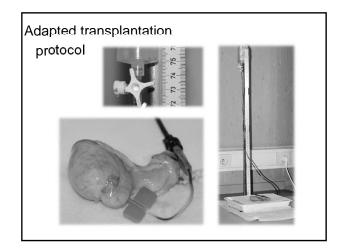
Outline of the presentation • why prepubertal fertility preservation ? • what are the fertility preservation options? • present status of prepubertal fertility preservation • towards clinical application • take home messages

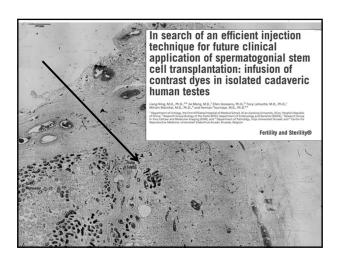


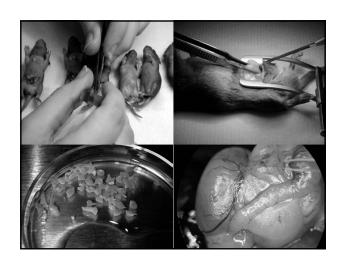


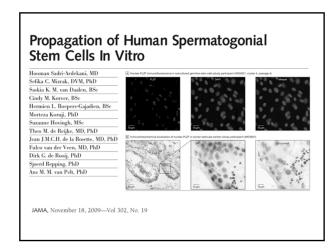


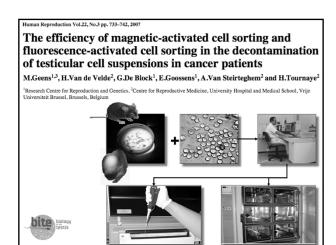


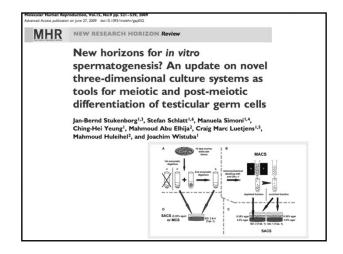


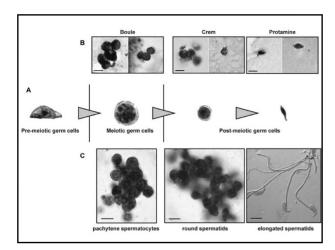




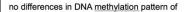








Spermatogonial stem cell transplantation between syngeneic mice



Igf2 (Insuline-like Growth Factor-2 (Igf2) = maternally methylated gene)

Peg1 (Paternally Expressed Gene-1)

alpha-Actin (not imprinted gene)

in spermatozoa obtained after SSCT

in liver, kidney and placental tissues of two subsequent generations of offspring obtained after SSCT.



Goossens et al. Hum Reprod 2009

Acceptable strategy? the expert's viewpoint



A Strategy for Fertility Services for Survivors of Childhood Cancer

Author Multidisciplinary Working Group—British Fertility Society

Author Multidisciplinary Working Group—British Fertility Society

Over the lat 20 years there has been a very significant improvement in the outcome of treatments for children with cancer. Victorium of the compounder of the side effects is either severe compromise or total destruction of fertility society convened in the reproductive endocrinology enriconment, this has become a very real problem. To that end, the British Fertility Society convened a multidisciplinary working group which produced the above document under lan Cooké guidance. This is a tour de force. However, it is not really aimed at the general granecologist but at the general granecologist but at the Government in designing in strategies, nationally only designed and regionally, for the provision of such services.



Centrum voor Reproductieve Gene

Acceptable strategy? the parent's viewpoint Parental desire and acceptability of spermatogonial stem cell cryopreservation in boys with cancer H.van den Berg^{1,3}, S.Repping² and F.van der Veen² ¹Department of Paediatric Oncology, Emma Children Hospital and ²Department of Obstetrics and Gynaccology, Centre for Reproductiv Medicine, Academic Medical Centre, University of Amsterdam, Amsterdam, The Netherlands Table III. Number of parents giving consent for biopsy/hemicastration Opinion at diagnosis Present opinion Group A Group A Group B 94 58 (62%) 108 66 (61%) 94 70 (74%) 108 70 (65%) Consent for biopsy, n (%)

Consent for hemicastration, n (%)	33 (35%)	33 (31%)	35 (37%)	42 (39%)
A, patient treated with protocols not coinduce infertility.	nsidered to induce in	nfertility; B, patient t	reated with protoco	ls considered to
(p				



who should bank?

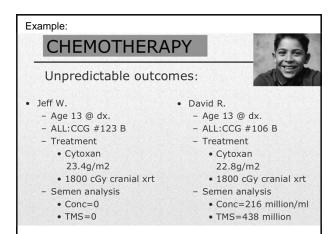


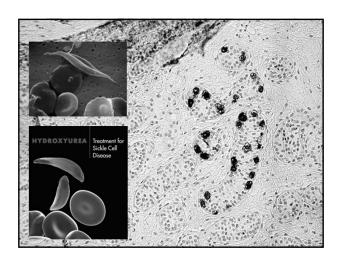
Centrum voor Reproductieve Ger

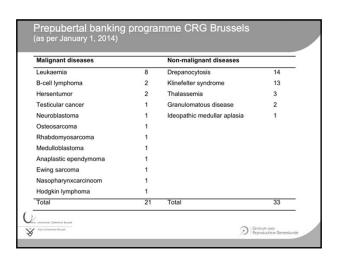
>80% risk for sterility after cytostatic treatment

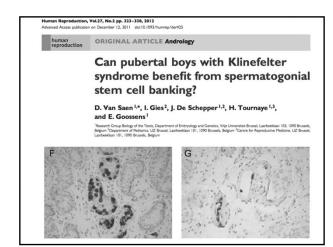
- whole body irradiation
- ✓ conditioning for bone-marrow transplantation
- Hodgkin treated with alkylating agents
- ✓ metastatic Ewing's sarcoma
- metastatic soft-tissue sarcoma
- testicular radiotherapy

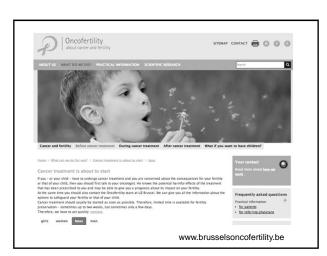
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Y Trip Université Brusel	2	Centrum voor Reproductieve Geneeskunde

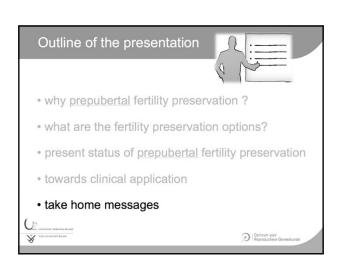












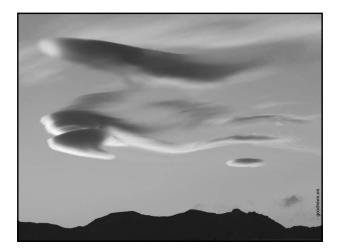
Take home messages



- spermatogonial stem cell transplantation works in mouse and rhesus monkey models
- in-vitro culture may be the key to success in the human
- although experimental, consider cryopreserving testicular tissue in <u>prepubertal</u> boys with a high risk profile







UPCOMING ESHRE EVENTS

// ESHRE CAMPUS EVENTS

ESHRE's 30th Annual Meeting

mww.eshre2014.eu

Munich, Germany 29 June - 2 July 2014



Epigenetics in reproduction

mww.eshre.eu/lisbon

Lisbon, Portugal (1)(6) 26-27 September 2014



Endoscopy in reproductive medicine

mww.eshre.eu/endoscopyoct

Leuven, Belgium 15-17 October 2014



Making OHSS a complication of the past: State-of-the-art use of GnRH agonist triggering n www.eshre.eu/thessaloniki

Thessaloniki, Greece 31 October-1 November 2014



From gametes to blastocysts a continuous dialogue

mww.eshre.eu/dundee

Dundee, United Kingdom 7-8 November 2014



Controversies in endometriosis and adenomyosis

mww.eshre.eu/liege

Liège, Belgium 4-6 December 2014



Bringing evidence based early pregnancy care to your clinic

n www.eshre.eu/copenhagen

Copenhagen, Denmark 11-12 December 2014

An update on preimplantation genetic screening (PGS)

mww.eshre.eu/rome

Rome, Italy 12-13 March 2014



For information and registration: www.eshre.eu/calendar or contact us at info@eshre.eu

