



Annex 2: Summary of findings tables

EXPLANATIONS

GRADE Working Group grades of evidence

High quality: We are very confident that the true effect lies close to that of the estimate of the effect

Moderate quality: We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different

Low quality: Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect

Very low quality: We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect

CI: Confidence Interval; RR: Risk Ratio ; OR: Odds ratio

3. Pre-treatment therapies

1a Pre-treatment with oestradiol compared to no intervention in normal responders in GnRH antagonist cycles

Patient or population: women undergoing COS for IVF/ICSI

Intervention: pre-treatment with oestradiol in GnRH antagonist cycles

Comparison: no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|---|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no intervention | Risk with pre-treatment with oestradiol | | | | |
| Cumulative LBR (Fernández-Prada et al., 2022) | 476 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 43 (1 RCT) | ⊕○○○ Low ^{a,b,c} | |
| Live birth rate (Zhu et al., 2022) | 316 per 1,000 | 312 per 1,000 (255 to 376) | OR 0.98 (0.74 to 1.30) | 919 (4 RCTs) | ⊕⊕○○ Low ^{d,e} | |
| Live birth rate (Fernández-Prada, et al., 2022) | 467 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 29 (1 RCT) | ⊕○○○ Low ^{a,b,c} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Significant risk of attrition bias and risk of performance bias.

b. Serious inconsistency because only 1 RCT.

c. Small number of events

d. Significant risk of performance bias in 3/7 studies and unknown risk of performance bias in 3/7 studies.

e. The pooled effect estimate includes the line of no effect.



1b Pre-treatment with oestradiol compared to no intervention in women of advanced age in GnRH antagonist cycles

Patient or population: women of advanced age undergoing COS for IVF/ICSI

Intervention: pre-treatment with oestradiol in GnRH antagonist cycles

Comparison: no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|---|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no intervention | Risk with pre-treatment with oestradiol | | | | |
| Cumulative LBR (Cédric-Durnerin et al., 2024) | 229 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 291 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| LBR (Cédric-Durnerin, et al., 2024) | 118 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 291 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of performance bias

b. Single study.

2a Pre-treatment with progesterone compared to placebo or no intervention in GnRH agonist cycles

Patient or population: women undergoing COS for IVF/ICSI

Intervention: pre-treatment with progesterone in GnRH agonist cycles

Comparison: placebo or no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|---|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with placebo or no intervention | Risk with pre-treatment with progesterone | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/ ongoing PR (GnRHa cycles) (Farquhar et al., 2017) | 170 per 1,000 | 216 per 1,000 (124 to 351) | OR 1.35 (0.69 to 2.65) | 222 (2 RCTs) | ⊕⊕○○ LOW ^{a,b,c} | |
| LBR/ ongoing PR (GnRH anta cycles) (Farquhar, et al., 2017) | 292 per 1,000 | 216 per 1,000 (69 to 511) | OR 0.67 (0.18 to 2.54) | 47 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c,d} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. High risk of bias associated with poor reporting of methods in the primary studies.

b. Small number of events

c. The pooled effect included both the line of no effect and appreciable benefit or harm.

d. Serious inconsistency because only 1 RCT



2b Pre-treatment with progesterone compared to placebo or no treatment in GnRH antagonist cycles

Patient or population: women undergoing COS for IVF/ICSI

Intervention: pre-treatment with progesterone in GnRH antagonist cycles

Comparison: placebo or no treatment

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|---|-------------------------------|------------------------------|-------------------------------------|--------------|
| | Risk with placebo or no treatment | Risk with pre-treatment with progesterone | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/ongoing PR (Farquhar, et al., 2017) | 292 per 1,000 | 216 per 1,000 (69 to 511) | OR 0.67 (0.18 to 2.54) | 47 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c,d} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. High risk of bias associated with poor reporting of methods in one or more of the primary studies.
- b. Serious inconsistency because only 1 RCT.
- c. Very small number of events.
- d. Wide confidence interval, which crosses the line of no effect and appreciable benefit or harm.

3a Pre-treatment with combined contraceptives compared to no intervention in GnRH antagonist cycles

Patient or population: women undergoing COS for IVF/ICSI

Intervention: pre-treatment with combined contraceptives in GnRH antagonist cycles

Comparison: no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|--|-------------------------------|------------------------------|-----------------------------------|----------|
| | Risk with no intervention | Risk with pre-treatment with combined contraceptives | | | | |
| Cumulative LBR (Fernández-Prada, et al., 2022) | 476 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 52 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| LBR/ongoing PR (Farquhar, et al., 2017) | 270 per 1,000 | 215 per 1,000 (177 to 260) | OR 0.74 (0.58 to 0.95) | 1335 (6 RCTs) | ⊕⊕⊕○ MODERATE ^d | |
| LBR (Fernández-Prada, et al., 2022) | 467 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 37 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS (Farquhar, et al., 2017) | 16 per 1,000 | 16 per 1,000 (4 to 52) | OR 0.98 (0.28 to 3.40) | 642 (2 RCTs) | ⊕⊕○○ LOW ^{d,e,f} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Significant risk of attrition bias and risk of performance bias.
- b. Serious inconsistency because only 1 RCT.
- c. Small number of events
- d. Serious risk of bias due to poor reporting of sequence generation and allocation concealment.
- e. Small number of events.
- f. The pooled effect included both the line of no effect and appreciable benefit or harm.



3b Pre-treatment with combined contraceptives compared to no pre-treatment in low responders

Patient or population: low responder women undergoing COS for IVF/ICSI

Intervention: pre-treatment with combined contraceptives

Comparison: no pre-treatment

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|------------------------------|--|--|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no pre-treatment | Risk with pre-treatment with combined contraceptives | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR (Farquhar, et al., 2017) | 200 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 80 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of performance bias
- b. Serious inconsistency because only 1 RCT
- c. Small number of events

3c Pre-treatment with combined contraceptives compared to no pre-treatment in women with PCOS

Patient or population: women with PCOS undergoing COS for IVF/ICSI

Intervention: pre-treatment with combined contraceptives

Comparison: no pre-treatment

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|--|--------------------------|------------------------------|-----------------------------------|----------|
| | Risk with no pre-treatment | Risk with pre-treatment with combined contraceptives | | | | |
| Cumulative LBR (Gao et al., 2024) | 777 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 242 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| LBR (Gao, et al., 2024) | 550 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 215 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Moderate to severe OHSS (Gao, et al., 2024) | 107 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 242 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of performance bias.
- b. Serious inconsistency because only 1 RCT.
- c. Small number of events



4a Pre-treatment with GnRH antagonist compared to no pre-treatment in GnRH antagonist protocols

Patient or population: women undergoing COS for IVF/ICSI

Intervention: pre-treatment with GnRH antagonist

Comparison: no pre-treatment

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|--|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no pre-treatment | Risk with pre-treatment with GnRH antagonist | | | | |
| Cumulative LBR | - | - | - | - | - | Not reported |
| LBR (Zhang et al., 2021) | 431 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 117 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Moderate to severe OHSS (Zhang, et al., 2021) | 29 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 136 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Significant risk of performance bias and possible risk of selection bias.

b. Serious inconsistency because only 1 RCT.

c. Small number of events.

4b Pre-treatment with GnRH antagonist compared to no pre-treatment in GnRH antagonist protocols in women with PCOS

Patient or population: poor responder women undergoing COS for IVF/ICSI

Intervention: pre-treatment with GnRH antagonist

Comparison: no pre-treatment

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|--|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no pre-treatment | Risk with pre-treatment with GnRH antagonist | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate | | | | | | Not reported |
| moderate to severe OHSS (Eftekhari et al., 2018) | 360 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 88 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Significant risk of performance bias and possible risk of selection bias.

b. Serious inconsistency because only 1 RCT.

c. Small number of events.



4. Ovarian stimulation protocols

5 Delayed-start ovarian stimulation in high responders

Patient or population: high responder women undergoing COS for IVF/ICSI

Intervention: delayed-start ovarian stimulation

Comparison: conventional start ovarian stimulation

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|-----------------------------|--------------------------|------------------------------|-----------------------------------|----------|
| | Risk with long GnRH agonist | Risk with GnRH antagonist | | | | |
| Cumulative live birth rate (Revelli et al., 2020) | 571 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 42 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| Live birth rate (Casano et al., 2012) | 266 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 412 (1 RCT) | ⊕⊕⊕○ Moderate ^b | |
| OHSS (Casano, et al., 2012) | 19 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 412 (1 RCT) | ⊕⊕○○ Low ^{b,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Risk of performance and attrition bias by incomplete reporting of methodology.

b. Serious inconsistency because only 1 RCT .

c. Small number of events.

6 Reduced-dose gonadotropin compared to conventional gonadotropin dose in high responders

Patient or population: high responder women undergoing COS for IVF/ICSI

Intervention: higher gonadotropin dose

Comparison: lower gonadotropin dose

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|-------------------------------------|----------------------------------|------------------------------|-----------------------------------|----------|
| | Risk with conventional gonadotropin dose | Risk with reduced-dose gonadotropin | | | | |
| Cumulative LBR (Oudshoorn et al., 2017) | 695 per 1,000 | 663 per 1,000 (591 to 744) | RR 0.953 (0.850 to 1.070) | 521 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Live birth rate (Oudshoorn, et al., 2017) | 255 per 1,000 | 251 per 1,000 (184 to 333) | OR 0.98 (0.66 to 1.46) | 521 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Severe OHSS (Oudshoorn, et al., 2017) | 16 per 1,000 | 11 per 1,000 (3 to 48) | OR 0.72 (0.16 to 3.19) | 521 (1 RCT) | ⊕○○○ Very low ^{a,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of performance bias due to lack of blinding and/or selective reporting.

b. Small number of events.

c. Very serious imprecision associated with a very small number of events.



7 Delayed-start stimulation compared to conventional start stimulation in normal responders

Patient or population: normal responder women undergoing COS for IVF/ICSI

Intervention: Delayed-start stimulation

Comparison: conventional start stimulation

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|----------|
| | Risk with conventional start FSH | Risk with late-start FSH | | | | |
| Cumulative LBR (Revelli, et al., 2020) | 263 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 37 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS (Lou and Huang, 2010) | 67 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 60 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Risk of performance and attrition bias by incomplete reporting of methodology.

b. Serious risk of inconsistency because only 1 RCT.

c. Small number of events.



8 Higher versus lower gonadotropin dose in normal responders

Patient or population: normal responder women undergoing COS for IVF/ICSI

Intervention: higher gonadotropin dose

Comparison: lower gonadotropin dose

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|--------------------------------------|----------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with higher FSH dose | Risk with lower FSH dose | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/Ongoing PR - 200 vs. 100 IU (Ngwenya et al., 2024) | 204 per 1,000 | 184 per 1,000 (127 to 258) | OR 0.88 (0.57 to 1.36) | 522 (2 RCTs) | ⊕⊕○○ Low ^{a,b} | |
| Live birth rate - 225/200 vs. 150 IU (Ngwenya, et al., 2024) | 309 per 1,000 | 305 per 1,000 (238 to 378) | OR 0.98 (0.70 to 1.36) | 686 (2 RCTs) | ⊕⊕○○ Low ^{a,b} | |
| Live birth rate - 300 vs. 150 IU (Ngwenya, et al., 2024) | 294 per 1,000 | 250 per 1,000 (73 to 588) | OR 0.80 (0.19 to 3.42) | 37 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Live birth rate - 300 vs. 225 IU (Ngwenya, et al., 2024) | 397 per 1,000 | 300 per 1,000 (174 to 465) | OR 0.65 (0.32 to 1.32) | 135 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| moderate to severe OHSS - 200 vs. 100 IU (Ngwenya, et al., 2024) | 31 per 1,000 | 19 per 1,000 (7 to 56) | OR 0.62 (0.21 to 1.87) | 522 (2 RCTs) | ⊕○○○ Very low ^{a,c} | |
| moderate to severe OHSS - 225/200 vs. 150 IU (Ngwenya, et al., 2024) | 27 per 1,000 | 32 per 1,000 (14 to 73) | OR 1.21 (0.51 to 2.85) | 740 (4 RCTs) | ⊕○○○ Very low ^{a,c} | |
| moderate to severe OHSS - 300 vs. 225 IU (Ngwenya, et al., 2024) | 44 per 1,000 | 30 per 1,000 (5 to 156) | OR 0.67 (0.11 to 3.99) | 135 (1 RCT) | ⊕○○○ Very low ^{a,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of performance bias due to lack of blinding and/or selective reporting and/or selection bias due to unclear methods of randomisation.

b. Small number of events.

c. Very serious imprecision associated with a very small number of events.



9 Delayed-start stimulation compared to conventional start stimulation in low responders

Patient or population: low responder women undergoing COS for IVF/ICSI

Intervention: Delayed-start stimulation

Comparison: Conventional start stimulation

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with conventional start FSH | Risk with late-start FSH | | | | |
| Cumulative LBR (Revelli, et al., 2020) | 231 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 22 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Risk of performance and attrition bias by incomplete reporting of methodology.

b. Serious risk of inconsistency because only 1 RCT.

c. Small number of events.



10 Higher versus lower gonadotropin dose for low responder women

Patient or population: low responder women undergoing COS for IVF/ICSI

Intervention: Higher gonadotropin dose

Comparison: Lower gonadotropin dose

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with 300/450IU | Risk with 150IU | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/Ongoing PR - 300/450 IU vs. 150 IU (Ngwenya, et al., 2024) | 195 per 1,000 | 225 per 1,000 (159 to 311) | OR 1.20 (0.78 to 1.86) | 538 (3 RCTs) | ⊕⊕○○ Low ^{a,b} | |
| Ongoing PR - 400/450 vs. 300 IU (Ngwenya, et al., 2024) | 161 per 1,000 | 129 per 1,000 (35 to 380) | OR 0.77 (0.19 to 3.19) | 62 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Live birth rate - 600 vs. 450 IU (Ngwenya, et al., 2024) | 108 per 1,000 | 139 per 1,000 (79 to 234) | OR 1.33 (0.71 to 2.52) | 356 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Moderate or severe OHSS 300/450 vs. 150 IU (Ngwenya, et al., 2024) | 0 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 286 (2 RCTs) | ⊕○○○ Very low ^{a,c} | |
| Moderate or severe OHSS 400/450 vs. 300 IU (Ngwenya, et al., 2024) | 0 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 62 (1 RCT) | ⊕○○○ Very low ^{a,c} | |
| Moderate OHSS 600 vs. 450 IU (Ngwenya, et al., 2024) | 0 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 356 (1 RCT) | ⊕○○○ Very low ^{a,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of performance bias due to lack of blinding and/or selective reporting.

b. Small number of events.

c. Very serious imprecision associated with a very small number of events.



5. Pituitary suppression regimes

11a Long versus short GnRH agonist protocol for pituitary suppression

Patient or population: women undergoing COS for IVF/ICSI

Intervention: long GnRH agonist protocol

Comparison: short GnRH agonist protocol

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|--------------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with short GnRH agonist protocol | Risk with long GnRH agonist protocol | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/Ongoing PR (Siristatidis et al., 2025) | 143 per 1,000 | 195 per 1,000 (122 to 296) | OR 1.45 (0.83 to 2.52) | 381 (5 RCTs) | ⊕⊕○○ Low ^a | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of bias, poor reporting of methods in primary studies.

11b Long GnRH agonist protocol compared to ultrashort GnRH agonist protocol for pituitary suppression

Patient or population: women undergoing COS for IVF/ICSI

Intervention: long GnRH agonist protocol

Comparison: ultrashort GnRH agonist protocol

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|--------------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with ultrashort GnRH agonist protocol | Risk with Long GnRH agonist protocol | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Siristatidis, et al., 2025) | 122 per 1,000 | 198 per 1,000 (91 to 376) | OR 1.78 (0.72 to 4.36) | 150 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of bias.

b. Serious risk of inconsistency because only 1 RCT.

c. Small number of events.



12a Long GnRH agonist protocol compared to GnRH antagonist protocol for pituitary suppression

Patient or population: women undergoing COS for IVF/ICSI

Intervention: long GnRH agonist protocol

Comparison: GnRH antagonist protocol

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|--------------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with GnRH antagonist protocol | Risk with long GnRH agonist protocol | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Al-Inany et al., 2016) | 286 per 1,000 | 290 per 1,000 (254 to 330) | OR 1.02 (0.85 to 1.23) | 2303 (12 RCTs) | ⊕⊕⊕○ MODERATE ^a | |
| Live birth rate (Toftager et al., 2016) | 222 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 1023 (1 RCT) | ⊕⊕○○ LOW ^{b,c} | |
| OHSS (Al-Inany, et al., 2016) | 114 per 1,000 | 73 per 1,000 (62 to 85) | OR 0.61 (0.51 to 0.72) | 7944 (36 RCTs) | ⊕⊕⊕○ MODERATE ^d | |
| Moderate/severe OHSS (Al-Inany, et al., 2016) | 71 per 1,000 | 39 per 1,000 (30 to 50) | OR 0.53 (0.40 to 0.69) | 5141 (20 RCTs) | ⊕⊕○○ LOW ^{d,e} | |
| Severe OHSS (Toftager, et al., 2016) | 51 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 1023 (1 RCT) | ⊕⊕○○ LOW ^{b,f} | |
| Moderate OHSS (Toftager, et al., 2016) | 102 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 1023 (1 RCT) | ⊕⊕○○ LOW ^{b,f} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. The confidence interval crosses the line of no effect.
- b. Serious inconsistency because only 1 RCT
- c. Wide confidence intervals, sample size not met
- d. Very wide confidence intervals, small number of events.
- e. Most domains of the risk of bias were assessed as either 'unclear' or 'high'.
- f. Small number of events, sample size not met

12b Short GnRH agonist protocol compared to GnRH antagonist for pituitary suppression

Patient or population: women undergoing COS for IVF/ICSI

Intervention: short GnRH agonist protocol

Comparison: GnRH antagonist protocol

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---------------------------------------|--|---------------------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with GnRH antagonist | Risk with short GnRH agonist protocol | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Gordts et al., 2012) | 188 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 160 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of bias due to poor reporting of methodology
- b. Serious inconsistency because only 1 RCT
- c. Very small number of events.



13a Progesterin compared to GnRH antagonist protocol for pituitary suppression

Patient or population: women undergoing COS for IVF/ICSI

Intervention: progesterin protocol

Comparison: GnRH antagonist protocol

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|----------------------------------|--|---------------------------------------|--------------------------|------------------------------|-----------------------------------|----------|
| | Risk with GnRH antagonist | Risk with short GnRH agonist protocol | | | | |
| Cumulative LBR (Ye et al., 2024) | 529 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 348 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS (Ye, et al., 2024) | 0 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 348 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of performance bias.
- b. Serious risk of inconsistency because only 1 RCT.
- c. Small number of events.

13b Progesterin compared to GnRH agonist protocol for pituitary suppression

Patient or population: women undergoing COS for IVF/ICSI

Intervention: progesterin protocol

Comparison: GnRH agonist protocol

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|---------------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with GnRH antagonist | Risk with short GnRH agonist protocol | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/Ongoing PR (Glujovsky et al., 2023) | 469 per 1,000 | 454 per 1,000 (339 to 575) | OR 0.94 (0.58 to 1.53) | 260 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS (Glujovsky, et al., 2023) | 23 per 1,000 | 3 per 1,000 (0 to 61) | OR 0.14 (0.01 to 2.73) | 260 (1 RCT) | ⊕○○○ Very low ^{a,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of inconsistency because only 1 RCT.
- b. Low number of participants (n < 400) and very wide confidence intervals including both substantial benefit and harm.
- c. Low number of participants (n < 400), very low number of events and very wide confidence intervals including both substantial benefit and harm.



13c Progesterin compared to GnRH antagonist protocol for pituitary suppression in low responders

Patient or population: low responder women undergoing COS for IVF/ICSI

Intervention: progesterin protocol

Comparison: GnRH antagonist protocol

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|---------------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with GnRH antagonist | Risk with short GnRH agonist protocol | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/Ongoing PR (Glujovsky, et al., 2023) | 182 per 1,000 | 218 per 1,000 (140 to 322) | OR 1.25 (0.73 to 2.13) | 340 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS (Glujovsky, et al., 2023) | 0 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 340 (1 RCT) | ⊕○○○ Very low ^{a,b,d} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of performance bias.

b. Serious risk of inconsistency because only 1 RCT.

c. Small number of events and the pooled effect included the line of no effect.

d. Small number of patients, small event rate and the pooled effect included the line of no effect.

13d Progesterin compared to GnRH analogue protocol for pituitary suppression for high responders

Patient or population: high responder women undergoing COS for IVF/ICSI

Intervention: progesterin protocol

Comparison: GnRH analogue protocol

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|------------------------|--|---------------------------------------|-------------------------------|------------------------------|-----------------------------------|----------|
| | Risk with GnRH antagonist | Risk with short GnRH agonist protocol | | | | |
| Cumulative LBR (Chen) | 485 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 784 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Live birth rate (Yang) | 378 per 1,000 | 470 per 1,000 (324 to 622) | OR 1.46 (0.79 to 2.71) | 167 (1 RCT) | ⊕○○○ Very low ^{b,c,d} | |
| Live birth rate (Chen) | 327 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 784 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS (Yang) | 17 per 1,000 | 3 per 1,000 (0 to 65) | OR 0.19 (0.01 to 4.11) | 240 (2 RCTs) | ⊕○○○ Very low ^{c,d} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of performance bias.

b. Serious risk of inconsistency because only 1 RCT.

c. Serious risk of bias.

d. Small number of patients, very small number of events, wide confidence intervals and the pooled effect includes the line of no effect.



6. Types of gonadotropins and other ovarian stimulation drugs

14 rFSH compared to hMG for ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: rFSH

Comparison: hMG

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with hMG | Risk with rFSH | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/ongoing PR (van Wely et al., 2011) | 255 per 1,000 | 223 per 1,000 (198 to 253) | OR 0.84 (0.72 to 0.99) | 3197 (11 RCTs) | ⊕⊕⊕⊕ HIGH | |
| Cumulative LBR (Devroey et al., 2012) | 401 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 749 (1 RCT) | ⊕⊕⊕○ MODERATE ^a | |
| Live birth rate (Parsanezhad et al., 2017) | 400 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 80 (1 RCT) | ⊕⊕○○ LOW ^{a,b} | |
| OHSS (van Wely, et al., 2011) | 10 per 1,000 | 10 per 1,000 (6 to 18) | OR 1.00 (0.58 to 1.71) | 4197 (11 RCTs) | ⊕⊕⊕○ MODERATE ^c | |
| OHSS (Devroey, et al., 2012) | 27 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 749 (1 RCT) | ⊕⊕○○ LOW ^{a,b} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious inconsistency because only 1 RCT

b. Small number of events

c. The pooled effect crosses the line of no effect.



15 purified FSH compared to rFSH for ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: purified FSH

Comparison: rFSH

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with rFSH | Risk with p-FSH | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/ongoing PR (van Wely, et al., 2011) | 207 per 1,000 | 248 per 1,000 (201 to 300) | OR 1.26 (0.96 to 1.64) | 1430 (5 RCTs) | ⊕⊕○○ LOW ^{a,b} | |
| OHSS (van Wely, et al., 2011) | 28 per 1,000 | 49 per 1,000 (25 to 95) | OR 1.79 (0.89 to 3.62) | 1490 (6 RCTs) | ⊕⊕○○ LOW ^{a,b} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. High risk of bias associated with poor reporting of methods in one or more primary studies.

b. The pooled effect crosses the line of no effect.

16 highly purified FSH compared to rFSH for ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: highly purified FSH

Comparison: rFSH

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with rFSH | Risk with hp-FSH | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/ongoing PR (van Wely, et al., 2011) | 266 per 1,000 | 272 per 1,000 (238 to 307) | OR 1.03 (0.86 to 1.22) | 2712 (13 RCTs) | ⊕⊕○○ LOW ^{a,b} | |
| Live birth rate (Murber et al., 2011) | 313 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 67 (1 RCT) | ⊕⊕○○ LOW ^{c,d} | |
| Live birth rate (Parsanezhad, et al., 2017) | 400 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 80 (1 RCT) | ⊕⊕○○ LOW ^{c,d} | |
| Live birth rate (Selman et al., 2013) | 0 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | (1 RCT) | ⊕○○○ VERY LOW ^{c,d,e} | |
| OHSS (van Wely, et al., 2011) | 27 per 1,000 | 30 per 1,000 (19 to 46) | OR 1.11 (0.70 to 1.75) | 3053 (16 RCTs) | ⊕⊕○○ LOW ^{a,b} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. High risk of bias associated with poor reporting of methods in one or more primary studies.

b. The pooled effect included the line of no effect and appreciable benefit or harm.

c. Serious inconsistency because only 1 RCT

d. Small number of events

e. Serious risk of bias due to poor reporting of methodology



17a rFSH+rLH compared to rFSH for controlled ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: rFSH+rLH

Comparison: rFSH

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with rFSH | Risk with rFSH+rLH | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Mochtar et al., 2017) | 173 per 1,000 | 217 per 1,000 (151 to 302) | OR 1.32 (0.85 to 2.06) | 499 (4 RCTs) | ⊕⊕⊕○ MODERATE ^{a,b} | |
| Live birth rate (Lahoud et al., 2017) | 298 per 1,000 | 233 per 1,000 (119 to 456) | RR 0.78 (0.40 to 1.53) | 100 (1 RCT) | ⊕○○○ VERY LOW ^{c,d,e} | |
| OHSS (Mochtar, et al., 2017) | 13 per 1,000 | 5 per 1,000 (2 to 13) | OR 0.38 (0.14 to 1.01) | 2178 (6 RCTs) | ⊕⊕⊕○ MODERATE ^{e,f,g} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Small number of patients, small number of events.
- b. Effect estimate with wide confidence intervals, the pooled effect crosses the line of no effect and appreciable benefit or harm.
- c. Serious risk of bias due to poor reporting of methodology
- d. Serious inconsistency because only 1 RCT
- e. Small event rate.
- f. High risk of bias associated with poor reporting of methodology in one or more primary studies.
- g. Effect estimate with wide confidence intervals.

17b rFSH+rLH compared to rFSH in low responders

Patient or population: low responder women undergoing COS for IVF/ICSI

Intervention: rFSH+rLH

Comparison: rFSH

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|----------------------------------|--------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with rFSH | Risk with rFSH+rLH | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Mochtar, et al., 2017) | 48 per 1,000 | 318 per 1,000 (49 to 808) | OR 9.33 (1.03 to 84.20) | 43 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c} | |
| Live birth rate (Humaidan et al., 2017) | 117 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 939 (1 RCT) | ⊕⊕○○ LOW ^{b,c} | |
| Mild OHSS (Humaidan, et al., 2017) | 0 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 939 (1 RCT) | ⊕⊕○○ LOW ^{b,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of bias due to poor reporting of methodology
- b. Serious inconsistency because only 1 RCT
- c. Small number of events



17c rFSH+rLH compared to rFSH for women of advanced age

Patient or population: women of advanced age undergoing COS for IVF/ICSI

Intervention: rFSH+rLH

Comparison: rFSH

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|-----------------|--|-------------------------------------|----------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with rFSH | Risk with rFSH+rLH | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate | 138 per 1,000 | 197 per 1,000 (74 to 427) | OR 1.53 (0.50 to 4.65) | 371 (2 RCTs) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. High heterogeneity between studies, $I^2=67\%$.

b. Large confidence intervals and the pooled effect includes both appreciable effect and little or no effect.

18a rFSH combined with hMG compared to rFSH for ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: rFSH+hMG

Comparison: rFSH alone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|----------------------------|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with daily rFSH | Risk with long-acting rFSH | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR | | | | | | Not reported |
| OHSS (Shu et al., 2019) | 36 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 611 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of inconsistency because only 1 RCT.

b. Small number of events.



18b mid-phase hMG supplementation to long-acting rFSH compared to rFSH for ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: rFSH+mid-phase hMG supplementation

Comparison: rFSH alone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with daily rFSH | Risk with long-acting rFSH | | | | |
| Cumulative LBR (Decler et al., 2020) | 134 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 128 (1 RCT) | ⊕⊕⊕○ Moderate ^a | |
| Live birth rate (Taronger et al., 2018) | 202 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 221 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of inconsistency because only 1 RCT.

b. Risk of selection and/or performance bias.

19 Long-acting rFSH compared to daily rFSH for ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: long-acting rFSH

Comparison: daily rFSH

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|--------------------------------------|----------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with daily rFSH | Risk with long-acting rFSH | | | | |
| Cumulative LBR | - | - | - | - | - | Not reported |
| LBR/ongoing PR (Cozzolino et al., 2019) | 280 per 1,000 | 258 per 1,000 (224 to 294) | RR 0.92 (0.80 to 1.05) | 4340 (8 RCTs) | ⊕⊕○○ Low ^{a,b} | |
| Live birth rate (Wu et al., 2025) | 291 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 283 (1 RCT) | ⊕⊕⊕○ Moderate ^c | |
| OHSS (Cozzolino, et al., 2019) | 37 per 1,000 | 42 per 1,000 (30 to 58) | RR 1.15 (0.83 to 1.57) | 3749 (5 RCTs) | ⊕○○○ Very low ^{a,b,d} | |
| OHSS (Wu, et al., 2025) | 14 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 283 (1 RCT) | ⊕⊕○○ Low ^{c,d} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of detection bias in all included primary studies and attrition bias in 4/8 primary studies.

b. The pooled effect crosses the line of no effect.

c. Serious risk of inconsistency because only 1 RCT.

d. Small number of events.



20a Combinations with hCG compared to conventional ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: combinations of FSH and hCG

Comparison: FSH alone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|----------------------------------|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|----------|
| | Risk with no letrozole | Risk with letrozole | | | | |
| Cumulative LBR (50 IU) Thuesen | 313 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 31 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| Cumulative LBR (100 IU) Thuesen | 313 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 32 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| Cumulative LBR (150 IU) Thuesen | 313 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 29 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| Live birth rate (50 IU) Thuesen | 250 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 31 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| Live birth rate (100 IU) Thuesen | 250 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 32 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| Live birth rate (150 IU) Thuesen | 250 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 29 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS (100 IU) Siristatidis | 24 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 81 (1 RCT) | ⊕○○○ Very low ^{b,c,d} | |
| OHSS (50 IU) Thuesen | 63 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 31 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS (100 IU) Thuesen | 63 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 32 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS (150 IU) Thuesen | 63 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 29 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS (200 IU) Koichi 2007 | 16 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 126 (1 RCT) | ⊕○○○ Very low ^{b,c,e} | |
| OHSS (200 IU) Serafini | 47 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 188 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Significant risk of performance bias.
- b. Serious risk of inconsistency because only 1 RCT.
- c. Small number of events.
- d. Possible risk of attrition bias.
- e. Serious risk of performance bias and possible risk of attrition bias.



20b Combinations with hCG compared to conventional ovarian stimulation in low responders

Patient or population: low responder women undergoing COS for IVF/ICSI

Intervention: mid-phase hCG supplementation

Comparison: rFSH alone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no letrozole | Risk with letrozole | | | | |
| Cumulative LBR (Decler) | 134 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 128 (1 RCT) | ⊕⊕⊕○ Moderate ^a | |
| Live birth rate (hCG 100 IU) (Madani et al., 2012) | 130 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 44 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Live birth rate (hCG 200 IU) (Madani, et al., 2012) | 130 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 42 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of inconsistency because only 1 RCT.

b. Small number of events.

20c Combinations with hCG compared to conventional ovarian stimulation in women with PCOS

Patient or population: women with PCOS undergoing COS for IVF/ICSI

Intervention: hCG supplementation from start of ovarian stimulation

Comparison: hMG alone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---------------------------------------|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no letrozole | Risk with letrozole | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Zhu and Fu, 2019) | 355 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 60 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of inconsistency because only 1 RCT.

b. Small number of events.



21a Letrozole in stimulation protocols for IVF/ICSI in high responders

Patient or population: high responder women undergoing COS for IVF/ICSI

Intervention: letrozole addition to gonadotropins

Comparison: gonadotropins alone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|--------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no letrozole | Risk with letrozole | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Lotfy et al., 2022) | 280 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 100 (1 RCT) | ⊕⊕⊕○ Moderate ^a | |
| Live birth rate (Tshzmachyan and Hambartsoumian, 2020) | 375 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 48 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| Live birth rate (Yang et al., 2019) | 625 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 97 (1 RCT) | ⊕⊕○○ Low ^{a,d} | |
| OHSS (Ghasemi Tehrani et al., 2022) | 360 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 50 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS (Lotfy, et al., 2022) | 100 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 100 (1 RCT) | ⊕⊕○○ Low ^{a,c} | |
| OHSS (Tshzmachyan and Hambartsoumian, 2020) | 417 per 1,000 | 849 per 1,000 (516 to 967) | OR 7.86 (1.49 to 41.30) | 48 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS (Yang, et al., 2019) | 15 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 130 (1 RCT) | ⊕○○○ Very low ^{a,c,d} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of inconsistency because only 1 RCT.
 b. Serious risk of performance bias.
 c. Small number of events.
 d. Serious risk of attrition bias.



21b Letrozole in stimulation protocols for IVF/ICSI in normal responders

Patient or population: normal responder women undergoing COS for IVF/ICSI

Intervention: letrozole addition to gonadotropins

Comparison: gonadotropins alone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--------------------------------------|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no letrozole | Risk with letrozole | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Bülow et al., 2022) | 387 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 129 (1 RCT) | ⊕⊕⊕○ Moderate ^a | |
| OHSS (Hosseini Rashidi et al., 2022) | 196 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 214 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS (Eftekhari and Saeed, 2020) | 40 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 100 (1 RCT) | ⊕○○○ Very low ^{a,b,c} | |
| OHSS (Mukherjee et al., 2012) | 135 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 94 (1 RCT) | ⊕○○○ Very low ^{a,b,d} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of inconsistency because only 1 RCT.
- b. Small number of events.
- c. Significant risk of performance bias.
- d. Serious risk of bias due to incomplete reporting of methodology.

22a Clomiphene citrate in stimulation protocols for high responders

Patient or population: high responder women undergoing COS for IVF/ICSI

Intervention: clomiphene citrate addition to gonadotropins

Comparison: gonadotropins alone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|-------------------------------|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|----------|
| | Risk with FSH | Risk with clomiphene citrate | | | | |
| Cumulative LBR - not reported | | | | | | |
| Live birth rate (Lotfy) | 280 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 100 (1 RCT) | ⊕⊕⊕○ Moderate ^{a,b} | |
| OHSS (Lotfy) | 100 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 100 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of inconsistency because only 1 RCT.
- b. Small number of events



22b Clomiphene citrate in stimulation protocols for normal responders

Patient or population: normal responder women undergoing COS for IVF/ICSI

Intervention: clomiphene citrate addition to gonadotropins

Comparison: gonadotropins alone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--------------------------------------|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with FSH | Risk with clomiphene citrate | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Datta et al., 2021) | 353 per 1,000 | 310 per 1,000 (243 to 395) | RR 0.88 (0.69 to 1.12) | 573 (4 RCTs) | ⊕⊕⊕○ Moderate ^a | |
| OHSS (Datta, et al., 2021) | 51 per 1,000 | 6 per 1,000 (2 to 26) | RR 0.12 (0.03 to 0.51) | 623 (3 RCTs) | ⊕⊕⊕○ Moderate ^a | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Several primary studies with unclear risk of bias due to incomplete reporting of methodology.



8. Adjunct therapies

23 Metformin compared to placebo/no intervention as adjunct during ovarian stimulation for women with PCOS

Patient or population: women with PCOS undergoing COS for IVF/ICSI

Intervention: adjunct metformin

Comparison: placebo/no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no intervention | Risk with testosterone | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate - long GnRH agonist protocol (Tso et al., 2020) | 283 per 1,000 | 368 per 1,000 (266 to 507) | RR 1.30 (0.94 to 1.79) | 651 (6 RCTs) | ⊕⊕○○ Low ^{a,b} | |
| Live birth rate - GnRH antagonist protocol (Tso, et al., 2020) | 434 per 1,000 | 208 per 1,000 (126 to 343) | RR 0.48 (0.29 to 0.79) | 153 (1 RCT) | ⊕⊕○○ Low ^{c,e} | |
| Live birth rate (Hussein et al., 2021) | 275 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 320 (1 RCT) | ⊕⊕⊕○ Moderate ^c | |
| Live birth rate (Abdalmageed et al., 2019) | 176 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 102 (1 RCT) | ⊕⊕⊕○ Moderate ^c | |
| OHSS (Tso, et al., 2020) | 196 per 1,000 | 90 per 1,000 (57 to 141) | RR 0.46 (0.29 to 0.72) | 1091 (11 RCTs) | ⊕⊕○○ Low ^{a,d} | |
| OHSS (Hussein, et al., 2021) | 6 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 320 (1 RCT) | ⊕⊕○○ Low ^{c,d} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. The majority of the primary studies have unclear or high risk of bias.
- b. Low number of events (total number of events < 300) and 95% CI includes both appreciable effect and little or no effect.
- c. Serious risk of inconsistency because only 1 RCT.
- d. Small number of events.
- e. Low number of events (total number of events < 300).



24a Growth hormone compared to placebo/no intervention as adjunct during ovarian stimulation for normal responders

Patient or population: women undergoing COS for IVF/ICSI

Intervention: adjunct growth hormone

Comparison: placebo/no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---------------------------------------|--|----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no intervention | Risk with testosterone | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Sood et al., 2021) | 146 per 1,000 | 185 per 1,000 (64 to 432) | OR 1.32 (0.40 to 4.43) | 80 (2 RCTs) | ⊕○○○ Very low ^{a,b} | |
| Live birth rate (Mourad et al., 2025) | 333 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 168 (1 RCT) | ⊕⊕○○ Low ^{c,d} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Downgraded one level due to randomisation bias and selective reporting.
- b. Downgraded 2 levels due to imprecision, small study numbers and very wide confidence intervals.
- c. Serious risk of bias due to randomisation bias and lack of blinding.
- d. Serious risk of inconsistency because only 1 RCT.

24b Growth hormone compared to placebo/no intervention as adjunct during ovarian stimulation for low responders

Patient or population: low responder women undergoing COS for IVF/ICSI

Intervention: adjunct growth hormone

Comparison: placebo/no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|------------------------------------|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no intervention | Risk with testosterone | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Liu et al., 2025) | 104 per 1,000 | 172 per 1,000 (124 to 234) | OR 1.80 (1.22 to 2.64) | 945 (9 RCTs) | ⊕○○○ Very low ^{a,b,c} | |
| Live birth rate (Li et al., 2020) | 176 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 158 (1 RCT) | ⊕○○○ Very low ^{d,e,f} | |
| OHSS (Li, et al., 2020) | 20 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 158 (1 RCT) | ⊕○○○ Very low ^{d,e,f} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of attrition bias in the primary studies.
- b. Downgraded one level due to imprecision, small numbers and wide confidence intervals.
- c. Downgraded one level due to publication bias as per funnel plot.
- d. Significant risk of performance bias.
- e. Serious risk of inconsistency because only 1 RCT.
- f. Small number of patients and small number of events.



25 Testosterone compared to placebo/no intervention as adjunct during ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: adjunct testosterone

Comparison: placebo/no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|------------------------------------|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no intervention | Risk with testosterone | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/ongoing PR (Naik et al., 2024) | 98 per 1,000 | 216 per 1,000 (149 to 303) | OR 2.53 (1.61 to 3.99) | 716 (8 RCTs) | ⊕⊕⊕○ Moderate ^a | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Downgraded one level for risk of bias: performance and detection bias due to lack of blinding.

26 Dehydroepiandrosterone (DHEA) compared to placebo/no intervention as adjunct during ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: adjunct DHEA

Comparison: placebo/no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|-------------------------------------|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no DHEA | Risk with DHEA | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/Ongoing PR (Huang et al., 2025) | 141 per 1,000 | 179 per 1,000 (139 to 230) | OR 1.33 (0.98 to 1.82) | 1217 (10 RCTs) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Methods of allocation concealment not clearly described, or too many participants lost to follow-up, or high risk of selective reporting bias.

b. Small sample sizes, or very wide confidence intervals.



27 Aspirin compared to placebo/no intervention as adjunct during ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: adjunct aspirin

Comparison: placebo/no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|--------------------------------------|----------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no DHEA | Risk with DHEA | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Siristatidis et al., 2016) | 225 per 1,000 | 205 per 1,000 (162 to 259) | RR 0.91 (0.72 to 1.15) | 1053 (3 RCTs) | ⊕⊕⊕○ Moderate ^a | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Downgraded one level for serious imprecision with low event rate. Confidence interval compatible with no effect from the intervention or with clinically meaningful benefit in the control group.

28a Myo-inositol compared to placebo/no intervention as adjunct during ovarian stimulation for women with PCOS

Patient or population: women with PCOS undergoing COS for IVF/ICSI

Intervention: adjunct myo-inositol

Comparison: placebo/no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-------------------------------------|----------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no DHEA | Risk with DHEA | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Showell et al., 2018) | 116 per 1,000 | 242 per 1,000 (90 to 507) | OR 2.42 (0.75 to 7.83) | 84 (2 RCTs) | ⊕○○○ Very low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Downgraded one level due to risk of bias, as unclear blinding in one study and unclear selective reporting in both studies.

b. Downgraded two levels due to imprecision, as both studies has small sample sizes and confidence intervals are wide.



28b Myo-inositol compared to placebo/no intervention as adjunct during ovarian stimulation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: adjunct myo-inositol

Comparison: placebo/no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no DHEA | Risk with DHEA | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Seyedoshohadaei et al., 2022) | 100 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 60 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of inconsistency because only 1 RCT.

b. Small number of events.



17. Triggering of final oocyte maturation

29 Recombinant hCG compared to urinary hCG for final oocyte maturation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: recombinant hCG

Comparison: urinary hCG

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with urinary hCG | Risk with recombinant hCG | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/ongoing PR (Youssef et al., 2016) | 366 per 1,000 | 399 per 1,000 (339 to 462) | OR 1.15 (0.89 to 1.49) | 1136 (7 RCTs) | ⊕⊕⊕○ MODERATE ^a | |
| Moderate/severe OHSS (Youssef, et al., 2016) | 10 per 1,000 | 17 per 1,000 (4 to 77) | OR 1.76 (0.37 to 8.45) | 417 (3 RCTs) | ⊕⊕○○ LOW ^b | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. The pooled effect included both the line of no effect and appreciable benefit or harm.

b. Very wide confidence intervals, small number of events.

30 Recombinant LH compared to urinary hCG for final oocyte maturation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: recombinant LH

Comparison: urinary hCG

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with urinary hCG | Risk with recombinant LH | | | | |
| Cumulative LBR | | | | | | Not reported |
| LBR/ongoing PR (Youssef, et al., 2016) | 191 per 1,000 | 184 per 1,000 (108 to 297) | OR 0.95 (0.51 to 1.78) | 289 (2 RCTs) | ⊕○○○ VERY LOW ^{a,b,c,d} | |
| Moderate OHSS (Youssef, et al., 2016) | 121 per 1,000 | 102 per 1,000 (52 to 189) | OR 0.83 (0.40 to 1.70) | 289 (2 RCTs) | ⊕○○○ VERY LOW ^{a,b,c,d} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. One of the two RCT's did not provide information about methods of randomization, allocation concealment or blinding.

b. The pooled effect included both the line of no effect and appreciable benefit or harm.

c. Small number of events.

d. Very wide confidence intervals.



31 GnRH agonist compared to hCG for final oocyte maturation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: GnRH agonist trigger

Comparison: hCG trigger

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with hCG | Risk with GnRH agonist | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Beebeejaun et al., 2024) | 225 per 1,000 | 185 per 1,000 (133 to 255) | RR 0.82 (0.59 to 1.13) | 723 (3 RCTs) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of performance bias in the primary studies.

b. Significant heterogeneity between primary studies ($I^2=85\%$).

32a Dual trigger compared to hCG for final oocyte maturation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: Dual trigger

Comparison: hCG trigger

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with hCG | Risk with GnRH agonist | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Beebeejaun, et al., 2024) | 279 per 1,000 | 366 per 1,000 (279 to 475) | RR 1.31 (1.00 to 1.70) | 154 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Live birth rate (Zhou et al., 2022) | 321 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 112 (1 RCT) | ⊕⊕○○ Low ^{b,c} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of performance bias.

b. Serious risk of inconsistency because only 1 RCT.

c. Risk of selection bias.



32b Dual trigger compared to GnRH agonist for final oocyte maturation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: Dual trigger

Comparison: GnRH agonist trigger

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--------------------------------------|--|-----------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with hCG | Risk with GnRH agonist | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Zhou, et al., 2022) | 67 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 34 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | - | - | - | - | - | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Risk of selection bias.

b. Serious risk of inconsistency because only 1 RCT.

32c Dual trigger compared to hCG for final oocyte maturation for low responders

Patient or population: low responder women undergoing COS for IVF/ICSI

Intervention: Dual trigger

Comparison: hCG trigger

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---------------------------------------|--|-----------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with hCG | Risk with GnRH agonist | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Keskin et al., 2023) | 364 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 112 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Risk of selection bias.

b. Serious risk of inconsistency because only 1 RCT.



33 Double trigger compared to hCG for final oocyte maturation

Patient or population: women undergoing COS for IVF/ICSI

Intervention: Double trigger

Comparison: hCG trigger

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---------------------------------------|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with hCG | Risk with GnRH agonist | | | | |
| Cumulative LBR | 360 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 61 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Live birth rate (Yan et al., 2023) | 364 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 15 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Two of the trials (Humaidan et al., 2005; Kolibianakis et al., 2005) included were prematurely discontinued because of the comparatively lower pregnancy rate observed after GnRH agonist treatment
- b. Serious risk of bias due to incomplete reporting of methodology
- c. Small number of events, large confidence intervals



18. Luteal phase support (LPS)

34 Progesterins compared to placebo or no intervention for luteal phase support

Patient or population: women undergoing OS for IVF/ICSI

Intervention: progestins

Comparison: placebo or no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with placebo/no intervention | Risk with progesterone | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth/ongoing PR (van der Linden et al., 2015) | 101 per 1,000 | 165 per 1,000 (109 to 243) | OR 1.77 (1.09 to 2.86) | 642 (5 RCTs) | ⊕○○○ VERY LOW ^{a,b,c} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Inadequate reporting of study methods. Risk of bias unclear in most domains of most studies.

b. Very small number of events.

c. Effect estimate with very wide confidence intervals.

35a Subcutaneous compared to vaginal progesterone for luteal support

Patient or population: women undergoing OS for IVF/ICSI

Intervention: subcutaneous progesterone

Comparison: vaginal progesterone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|-------------------------------------|--|-----------------------------------|----------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with vaginal progesterone | Risk with subcutaneous | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth (Doblinger et al., 2016) | 376 per 1,000 | 349 per 1,000 (301 to 400) | OR 0.889 (0.714 to 1.106) | 1435 (2 RCTs) | ⊕⊕⊕○ MODERATE ^a | |
| OHSS (Doblinger, et al., 2016) | 36 per 1,000 | 37 per 1,000 (22 to 63) | OR 1.04 (0.60 to 1.81) | 1435 (2 RCTs) | ⊕⊕⊕○ MODERATE ^a | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. The pooled effect included the line of no effect.



35b Vaginal/rectal compared to oral progesterone for luteal support

Patient or population: women undergoing OS for IVF/ICSI

Intervention: vaginal/rectal progesterone

Comparison: oral progesterone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with oral progesterone | Risk with vaginal/rectal | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth/ongoing PR (van der Linden, et al., 2015) | 217 per 1,000 | 248 per 1,000 (187 to 319) | OR 1.19 (0.83 to 1.69) | 857 (4 RCTs) | ⊕⊕○○ LOW ^{a,b} | |
| Live birth rate (400 mg) (Niu et al., 2023) | 355 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 870 (1 RCT) | ⊕⊕⊕○ Moderate ^c | |
| Live birth rate (600 mg) (Niu, et al., 2023) | 355 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 880 (1 RCT) | ⊕⊕⊕○ Moderate ^c | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of bias due to poor reporting of methodology.
- b. The pooled effect crosses the line of no effect.
- c. Serious risk of inconsistency because only 1 RCT.

35c Intramuscular compared to vaginal/rectal progesterone for luteal support

Patient or population: women undergoing OS for IVF/ICSI

Intervention: intramuscular progesterone

Comparison: vaginal/rectal progesterone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with vaginal/rectal progesterone | Risk with intramuscular | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth/ongoing PR (van der Linden, et al., 2015) | 306 per 1,000 | 353 per 1,000 (312 to 398) | OR 1.24 (1.03 to 1.50) | 2039 (7 RCTs) | ⊕⊕○○ LOW ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of bias due to poor reporting of methodology.
- b. Significant heterogeneity of results: I²=71%



35d Intramuscular compared to oral progesterone for luteal support

Patient or population: women undergoing OS for IVF/ICSI

Intervention: intramuscular progesterone

Comparison: oral progesterone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-------------------------------------|-----------------------------------|------------------------------|-------------------------------------|--------------|
| | Risk with oral progesterone | Risk with intramuscular | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth/ongoing PR (van der Linden, et al., 2015) | 200 per 1,000 | 151 per 1,000 (34 to 478) | OR 0.71 (0.14 to 3.66) | 40 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c,d} | |
| OHSS (van der Linden, et al., 2015) | 50 per 1,000 | 50 per 1,000 (3 to 475) | OR 1.00 (0.06 to 17.18) | 40 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c,d} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of bias due to poor reporting of methodology.
- b. Serious inconsistency because only 1 RCT.
- c. Small number of patients, small event rate.
- d. The pooled effect crosses the line of no effect.

36a Progesterone LPS started on the day of OR compared to day after OR

Patient or population: women undergoing OS for IVF/ICSI

Intervention: progesterone LPS started on the day of OR

Comparison: progesterone LPS started on the day after OR

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|------------------------------------|--|---|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with progesterone LPS started on the day after OR | Risk with progesterone LPS started on the day of OR | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Gao et al., 2018) | 457 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 197 (1 RCT) | ⊕⊕○○ LOW ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious inconsistency because only 1 RCT.
- b. Small number of patients, small number of events



36b Progesterone LPS started on the evening of OR compared to evening of ET

Patient or population: women undergoing OS for IVF/ICSI

Intervention: progesterone LPS started on the evening of OR

Comparison: progesterone LPS started on the evening of ET

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|---|---|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with progesterone LPS started on evening of ET | Risk with progesterone LPS started on the evening of OR | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Mochtar et al., 2006) | 205 per 1,000 | 199 per 1,000 (123 to 319) | RR 0.97 (0.60 to 1.56) | 255 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of bias due to incomplete reporting of methodology

b. Serious inconsistency because only 1 RCT.

c. Small number of patients, small number of events

36c Progesterone LPS started before OR compared to after OR

Patient or population: women undergoing OS for IVF/ICSI

Intervention: progesterone LPS started before OR

Comparison: progesterone LPS started after OR

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|---|--|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with progesterone LPS started after OR | Risk with progesterone LPS started before OR | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Mochtar, et al., 2006) | 211 per 1,000 | 198 per 1,000 (122 to 321) | RR 0.94 (0.58 to 1.52) | 258 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of bias due to incomplete reporting of methodology

b. Serious inconsistency because only 1 RCT.

c. Small number of patients, small number of events



37 Progesterone LPS until pregnancy test compared to Progesterone LPS until week 6/7

Patient or population: women undergoing OS for IVF/ICSI

Intervention: Progesterone LPS until pregnancy test

Comparison: Progesterone LPS until week 6/7

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|---|---|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with Progesterone LPS until week 6/7 | Risk with Progesterone LPS until pregnancy test | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Watters et al., 2020) | 835 per 1,000 | 785 per 1,000 (701 to 835) | RR 0.94 (0.84 to 1.00) | 830 (3 RCTs) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of bias due to incomplete reporting of methodology in the primary studies.

b. The pooled effect includes the line of no effect.

38 Dydrogesterone compared to progesterone for luteal phase support

Patient or population: women undergoing OS for IVF/ICSI

Intervention: dydrogesterone

Comparison: progesterone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with progesterone | Risk with dydrogesterone | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Griesinger et al., 2020) | 259 per 1,000 | 285 per 1,000 (257 to 316) | OR 1.14 (0.99 to 1.32) | 4162 (5 RCTs) | ⊕⊕⊕○ Moderate ^a | |
| Live birth rate (Atarieh et al., 2024) | 413 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 207 (1 RCT) | ⊕⊕○○ Low ^{b,c} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of bias due to incomplete reporting of methodology in primary studies.

b. Significant risk of performance bias.

c. Serious risk of inconsistency because only 1 RCT.



39 Progesterone compared to progesterone and oestradiol for luteal phase support

Patient or population: women undergoing OS for IVF/ICSI

Intervention: progesterone

Comparison: progesterone + oestradiol

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with progesterone+oestradiol | Risk with progesterone | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth/ongoing PR (van der Linden, et al., 2015) | 375 per 1,000 | 402 per 1,000 (353 to 453) | OR 1.12 (0.91 to 1.38) | 1651 (9 RCTs) | ⊕⊕⊕○ MODERATE ^a | |
| OHSS (van der Linden, et al., 2015) | 39 per 1,000 | 23 per 1,000 (8 to 63) | OR 0.58 (0.20 to 1.68) | 461 (2 RCTs) | ⊕⊕○○ LOW ^{a,d,e} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Very wide confidence intervals, the pooled effect included both the line of no effect and appreciable benefit or harm.
- b. Risk of performance bias
- c. Serious inconsistency because only 1 RCT
- d. Inadequate reporting of study methods. Risk of bias unclear in most domains of most studies.
- e. Small number of events

40a hCG compared to no intervention for luteal phase support

Patient or population: women undergoing OS for IVF/ICSI

Intervention: hCG

Comparison: no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with no intervention | Risk with hCG | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth/ongoing PR (van der Linden, et al., 2015) | 119 per 1,000 | 191 per 1,000 (127 to 278) | OR 1.76 (1.08 to 2.86) | 527 (3 RCTs) | ⊕⊕○○ LOW ^{a,b,c} | |
| OHSS (van der Linden, et al., 2015) | 41 per 1,000 | 155 per 1,000 (76 to 292) | OR 4.28 (1.91 to 9.60) | 387 (1 RCT) | ⊕○○○ VERY LOW ^{a,c,d} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Inadequate reporting of study methods. Risk of bias unclear in most domains of most studies.
- b. Effect estimate with wide confidence intervals.
- c. Very small number of events.
- d. Serious inconsistency because only 1 RCT.



40b hCG compared to progesterone for luteal phase support

Patient or population: women undergoing OS for IVF/ICSI

Intervention: hCG

Comparison: progesterone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with progesterone | Risk with hCG | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth/ongoing PR (van der Linden, et al., 2015) | 249 per 1,000 | 234 per 1,000 (152 to 342) | OR 0.92 (0.54 to 1.57) | 434 (4 RCTs) | ⊕⊕○○ LOW ^{a,b,c} | |
| Live birth rate (low risk of OHSS) (Humaidan et al., 2021) | 463 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 104 (1 RCT) | ⊕⊕⊕○ Moderate ^d | |
| Live birth rate (risk of OHSS) (Humaidan, et al., 2021) | 577 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 101 (1 RCT) | ⊕⊕⊕○ Moderate ^d | |
| OHSS (van der Linden, et al., 2015) | 68 per 1,000 | 40 per 1,000 (23 to 68) | OR 0.57 (0.32 to 1.00) | 615 (4 RCTs) | ⊕⊕○○ LOW ^{a,c,d} | |
| OHSS (low risk of OHSS) (Humaidan, et al., 2021) | 577 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 101 (1 RCT) | ⊕⊕○○ Low ^{c,d} | |
| OHSS (risk of OHSS) (Humaidan, et al., 2021) | 77 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 98 (1 RCT) | ⊕⊕○○ Low ^{c,d} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Inadequate reporting of study methods. Risk of bias unclear in most domains of most studies.

b. Effect estimate with wide confidence intervals, the pooled effect included the line of no effect

c. Low event rate

d. Serious risk of inconsistency because only 1 RCT.

41 Progesterone with GnRH agonist bolus compared to progesterone for luteal phase support

Patient or population: women undergoing OS for IVF/ICSI

Intervention: progesterone with GnRH agonist bolus

Comparison: progesterone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|------------------------------------|--|--|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with progesterone | Risk with progesterone+GnRH ^a | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Liu et al., 2022) | 307 per 1,000 | 364 per 1,000 (285 to 449) | OR 1.29 (0.90 to 1.84) | 1909 (6 RCTs) | ⊕⊕○○ Low ^{a,b} | |
| OHSS | | | | | | Not reported |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Significant heterogeneity between primary studies ($I^2=65\%$).

b. The pooled effect included both the line of no effect.



42 Progesterone with repeated GnRH agonist doses compared to progesterone for luteal phase support

Patient or population: women undergoing OS for IVF/ICSI
Intervention: progesterone with repeated doses of GnRH agonist
Comparison: progesterone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|---|----------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with progesterone | Risk with progesterone+repeated GnRH _a | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth/ongoing PR (van der Linden, et al., 2015) | 256 per 1,000 | 180 per 1,000 (126 to 252) | OR 0.64 (0.42 to 0.98) | 1325 (5 RCTs) | ⊕⊕○○ LOW ^{a,b,c} | |
| OHSS (van der Linden, et al., 2015) | 53 per 1,000 | 53 per 1,000 (18 to 143) | OR 1.00 (0.33 to 3.01) | 179 (1 RCT) | ⊕○○○ VERY LOW ^{d,e,f} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Evidence of significant heterogeneity ($I^2=60\%$)
- b. Effect estimate with wide confidence intervals.
- c. Small number of events.
- d. Lack of detail to make a judgement of risk of bias
- e. Serious inconsistency because only 1 RCT.
- f. Small number of patients, low event rate

43 LH compared to progesterone for luteal phase support

Patient or population: women undergoing OS for IVF/ICSI
Intervention: LH
Comparison: progesterone

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|--------------------------------|--------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with progesterone | Risk with LH | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Papanikolaou et al., 2011) | 235 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 35 (1 RCT) | ⊕⊕○○ LOW ^{a,b} | |
| OHSS (Papanikolaou, et al., 2011) | 0 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 35 (1 RCT) | ⊕⊕○○ LOW ^{a,b} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious inconsistency because only 1 RCT.
- b. Small number of patients, small event rate.



19. Prevention of OHSS

44a GnRH agonist compared to hCG for final oocyte maturation in high responders

Patient or population: high responder women undergoing OS for IVF/ICSI

Intervention: GnRH agonist

Comparison: hCG

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|---|--|-------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with hCG | Risk with GnRH agonist | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Babayof et al., 2006) | 154 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 28 (1 RCT) | ⊕⊕○○ LOW ^{c,d} | |
| Moderate/severe OHSS (Youssef et al., 2014) | 107 per 1,000 | 11 per 1,000 (2 to 59) | OR 0.09 (0.02 to 0.52) | 212 (3 RCTs) | ⊕⊕○○ LOW ^{a,b} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of bias due to incomplete reporting of methodology in the primary studies

b. Small number of events

c. Serious inconsistency because only 1 RCT

d. Small number of patients, small number of events

e. Serious risk of bias due to incomplete reporting of methodology



44b Fresh transfer compared to freeze-all for prevention of OHSS in high responders

Patient or population: high responder women undergoing OS for IVF/ICSI

Intervention: fresh transfer

Comparison: freeze-all

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|--|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with freeze-all | Risk with fresh transfer | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Santos-Ribeiro et al., 2020) | 416 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 205 (1 RCT) | ⊕⊕⊕○ Moderate ^a | |
| Live birth rate (Aflatoonian et al., 2018) | 273 per 1,000 | 277 per 1,000 (176 to 403) | OR 1.02 (0.57 to 1.80) | 240 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c} | |
| Moderate-to-severe OHSS (Santos-Ribeiro, et al., 2020) | 0 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 209 (1 RCT) | ⊕⊕○○ Low ^{a,b} | |
| Moderate OHSS (Aflatoonian, et al., 2018) | 58 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 240 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Risk of selection and/or performance bias
- b. Serious inconsistency because only 1 study
- c. Small number of events

44c GnRH agonist compared to hCG non-10.000 IU for final oocyte maturation in high responders

Patient or population: high responder women undergoing OS for IVF/ICSI

Intervention: GnRH agonist

Comparison: hCG non-10.000 IU

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|-------------------------------------|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with hCG non-10.000 IU | Risk with GnRH agonist | | | | |
| Cumulative LBR | | | | | | Not reported |
| OHSS (Humaidan et al., 2013) | 34 per 1,000 | 0 per 1,000 (0 to 0) | not estimable | 118 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c} | |
| Ongoing PR (Humaidan, et al., 2013) | 259 per 1,000 | 282 per 1,000 (155 to 512) | RR 1.09 (0.60 to 1.98) | 118 (1 RCT) | ⊕○○○ VERY LOW ^{a,b,c} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

- a. Serious risk of bias due to incomplete reporting of methodology
- b. Serious inconsistency because only 1 RCT
- c. Small number of patients, small number of events



45 Dopamine agonists compared to placebo/no treatment for prevention of OHSS

Patient or population: women undergoing OS for IVF/ICSI

Intervention: Dopamine agonists

Comparison: Placebo/no intervention

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|-------------------------------------|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|--------------|
| | Risk with albumin | Risk with Freeze-all | | | | |
| Cumulative LBR | | | | | | Not reported |
| Live birth rate (Tang et al., 2021) | 324 per 1,000 | 315 per 1,000 (223 to 426) | OR 0.96 (0.60 to 1.55) | 362 (3 RCTs) | ⊕⊕○○ Low ^{a,b} | |
| OHSS (Tang, et al., 2021) | 268 per 1,000 | 105 per 1,000 (78 to 139) | OR 0.32 (0.23 to 0.44) | 1202 (10 RCTs) | ⊕⊕○○ Low ^{a,b} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Serious risk of bias due to incomplete reporting of methodology in the primary studies.

b. Small number of events.

46 Freeze-all protocol compared to fresh transfer for prevention of OHSS

Patient or population: women undergoing OS for IVF/ICSI

Intervention: Freeze-all protocol

Comparison: fresh transfer

| Outcomes | Anticipated absolute effects* (95% CI) | | Relative effect (95% CI) | No of participants (studies) | Certainty of the evidence (GRADE) | Comments |
|------------------------------------|--|-----------------------------------|-------------------------------|------------------------------|-----------------------------------|----------|
| | Risk with fresh transfer | Risk with Freeze-all protocol | | | | |
| Cumulative LBR (Zaat et al., 2021) | 608 per 1,000 | 626 per 1,000 (595 to 654) | OR 1.08 (0.95 to 1.22) | 4712 (8 RCTs) | ⊕⊕⊕○ Moderate ^a | |
| OHSS (Zaat, et al., 2021) | 37 per 1,000 | 10 per 1,000 (6 to 15) | OR 0.26 (0.17 to 0.39) | 4478 (6 RCTs) | ⊕⊕○○ Low ^{a,b} | |

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

a. Downgraded one level due to serious risk of bias associated with lack of power calculation (unclear what determined end of study) and/or use of interim analysis that was calculated per transfer (unit of analysis error) with absence of adequate stopping rules (possible overestimation of treatment effect).

b. Small number of events.



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