Unexplained Infertility

INVESTIGATIONS

- Menstrual history
- (3D) ultrasound
- Hysterosalpingo-contrast-sonography (HyCoSy/HyFoSy)
- Hysterosalpingography (HSG)\(^1\)
- Chlamydia Antibody Test\(^2\)
- According to WHO criteria

* For women at low risk of tubal obstruction and no sign of hydrosalpinges on ultrasound, testing of tubal patency can be postponed until male factor infertility has been ruled out by semen analysis.

\(^1\) Preference of oil- over water-based contrast medium
\(^2\) Confirmation by visual method might be needed.

MANAGEMENT

Consider prognostic factors

Good prognosis

- Expectant management
  - For 6 months
  - Ovarian stimulation + IUI

Poor prognosis

- After 3-6 failed cycles
  - IVF

Additional care

- Healthy diet, regular excercise
- Behavioural therapy (when needed)
- Psychological support (when needed)