Men not included

Lesbian and single
mothers in DI practice

Anne Brewaeys, Ph.D
Psychologist
Free University
Brussels
anne@brewaeys.com

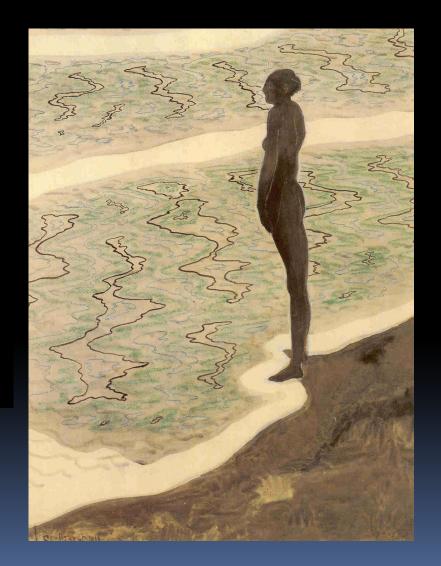


DI treatment not because of infertility male partner

But because of lack of such a partner

DI not a medical treatment but just an alternative road to parenthood

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# DIFFERENCES AND SIMILARITIES BETWEEN LESBIAN MOTHERS SINGLE MOTHERS

Father absence
The use of a sperm donor
Children aware of donor origin

Two parents <-> one parent homosexual <-> heterosexual

### FOLLOW UP STUDIES OF SINGLE MOTHERS (1)

#### Mothers

more parental stress more psychological and physical health problems

### Children

more psychological and physical health problems more school problems more addiction problems

- Children experienced parental conflict
- •Low socio economic status

#### a.o

Ringbäck WG et al. 'Mortality, severe morbidity and injury in children living with a single parent in Sweden: a population bases study. The Lancet, 2003, vol 361,289-295.

### Follow up studies of single mothers families (2)

single mothers by choice using a sperm donor

- Studies are sparse
- Samples are small and not always representative
- Children are young

### THUS FINDINGS ARE PRELIMINARY

a.o.

Murray et al. (2005) "Single mothers and their donor insemination infants" Human Reprod, 20, 1655-60 MacCallum & Golombok (2004) "children raised in fatherless families from infancy" J. Child Psychology and Psychiatry, 45, 1407-19

### Follow up studies of single mothers families (3)

single DI mothers by choice

Motives and demographics

Time is running out

mean age : > 35 y

being single mother is second choice

highly educated

small families (one child mostly)

Social, relational and psychological characteristics

psychologically healthy\*

supportive social network

heterosexual relationships in the past

### Follow up studies of single mothers families (4)

single DI mothers by choice compared with heterosexual (DI) families

### Parent-child relationships

No difference in quality of parent-child relationships

More satisfied with being a mother

More interaction between mother and child

More disputes in disciplinary interactions

### Child development

No difference in emotional, social behavioural development

No difference in school adjustment

One study: lower self esteem

### LESBIAN MOTHER FAMILIES: A GROWING BODY OF EMPIRICAL KNOWLEDGE DURING THE PAST 30 YEARS

### 1. Studies of *children* born in a heterosexual family and raised by post divorce (single) lesbian mothers

a.o.

• Golombok et al.(1983) "children in lesbian and single parents households". J Child Psychol Psychiatr, 38, 783-791

### 2. Studies of *children* (and adolescents) born in lesbian Donor Insemination families

a.o.

Brewaeys et al. (1997). "DI, Child development and family functioning in lesbian mother families". Human Reprod, 12,1349-1359.

a.o.

Vanfraussen K., et.al. (2003)."What does it mean for youngsters to grow up in a lesbian family created by means of donor insemination?".J. Reproductive and Infant Psychology, 20, 4, 237-252.

## Follow up studies of lesbian mother families: unanimous findings

Main Conclusions (1)

### Family relationships (childhood an adolescence)

- no difference in quality of parenting between Le and He parents:
  - Equally emotionally involved
  - Equally disciplining the child
  - Grandparents equally involved with children

### Follow up studies of lesbian mother families

Main Conclusions (2)

### The role of the co-mother

- Co-mother more involved in child rearing than father
- Educational tasks more equally divided between both mothers than between mothers and fathers
- The Child's perspective:

   Children equally attached to both mothers in the lesbian family

### Follow up studies of lesbian mother families

Main Conclusions (3)

### **Child Development**

(compared with children raised in heterosexual families: no differences)

- Good psychological adjustment
- Normal gender role behaviour
- No elevated rates of homosexuality among adolescents and adults
- Normal social development and good quality of peer relationships

### Follow up studies of lesbian mother families

Main conclusions (4)

Vanfraussen et al (2003) & Gartrell et al (2005)

### Social stigmatisation

- Once reached adolescence, children become selective to whom they disclose their two mother family unit
- Peer teasing does not occur more often, but if they are teased it's about homosexual issues
- More than 40% confronted with homofobic reactions

# "children's wish for donor information" 8-18 years Vanfraussen et al. 2003, . Human Reprod.

### Children's wish for donor information

- Gartrell et al. 2005, Am J Orthopsychiatry
  - Anonymous donor: 30% wished to meet him
  - Identifiable donor: 40% wished to meet him
- Scheib et al. 2003, Human Reprod
  - Identifiable donor: > 70% wished to meet him

### So Far....

- Findings preliminary for single mothers
- more evidence for lesbian mothers
- No adverse effect on Quality of Family relationships / Psychological Development child
- Most offspring wishes identifying donor information
- Open identity donors should be available

