Do donor sperm characteristics influence the outcome of an artificial insemination treatment?

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Introduction

- Homologous insemination:
 - → influence of age of the patient, sperm morphology and inseminating motile count (IMC)
- Donor insemination: data are scarce

Aim of the study

- Possible role of
 - Age of the patient
 - Donor sperm characteristics (IMC and morphology)

on outcome after donor insemination

- Pregnancy rate
- Clinical pregnancy rate



Material & Methods

- Retrospective analysis (January 2005 September 2009)
- Stimulation: Clomiphene-citrate protocol
- Sperm preparation
 - Frozen donor straws from Cryos, Denmark
 - Gradient centrifugation
 - Two washing steps
 - Determination of IMC and morphology (strict Tygerberg criteria)

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- Outcome
 - Pregnancy rate (PR)
 - Clinical pregnancy rate (CPR)
- Statistics
 - Chi square test
 - ROC curve analysis

Results

Patient population

- 1223 cycles (289 women)
 - Hetero: 763 cycles (178 women)
 - Lesbian: 418 cycles (100 women)
 - Single: 42 cycles (11 women)
- 172 different donor samples

<u>Outcome</u>

- PR/cycle = 233/1223 → 19.1%
- CPR /cycle = 143/1192 → 11.9%
- Cumulative pregnancy rate after 4 cycles = 57.4%
- Multiple pregnancy rate = 6.9% (9 twins, 1 triplet)
- Mean number of cycles to obtain a pregnancy = 3.64



Results

Age of the patient

- Mean: 33.2 years (range 21-49)
- No predictive value for PR (p=0.61)

<u>IMC</u>

- Mean: 1.2 10⁶ spermatozoa (range 0.021-26.8)
- No predictive value for PR (p=0.20)



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Results

Donor sperm morphology

- Mean: 8.5% (range 0.5%-21.5%)
- 21 donors with unknown morphology
- Significant less pregnancies for donors with morphology ≤4% (p=0.031)

Morphology	Number of donors	PR
≤ 4%	21	11.3%
> 4%	130	18.2%

• No predictive value for PR (p=0.27)



Discussion

- Age of the patient, sperm morphology and IMC have no predictive value for the outcome of a donor insemination
 - → age of patient = in contrast with other studies (Botchan et al., 2001; De Brucker et al., 2009)
 - \longrightarrow IMC = confirmation of other studies
 - morphology= novel finding, to be investigated further
- In contrast with homologous insemination outcome
 - Rigid medical screening of donors
 - Selection of DNA intact spermatozoa by freeze-thawing

Conclusion

• Efficient treatment with good success rates for all age groups

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• Further research

Thank you for your attention!!!



