### POOR OVARIAN RESPONSE

#### **SURGERY**

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### WHAT CAN SURGERY DO?

Preserve ovarian function

Threaten ovarian function





### PRESERVATION OF THE OVARIAN FUNCTION

- Fertility-preserving surgery
  - premenarchal and adolescent patients with malignant ovarian germ cell tumors (5%)
  - ovarian tumors with low malignant potential (10-15 %), stage la
  - ovarian transposition procedure in teenaged girls for preventing ovarian damage from radiation therapy.



### Malignant ovarian germ cell tumors

- 5 % of malignant tumors of the ovary
- More than 90 % occur in patients below 40 years of age
- In the majority of cases are unilateral
- Adnexectomy will suffice, even if the tumor extends beyond the ovaries
- Chemotherapy, e.g. with bleomycin, etoposid, and cisplatin leads to remission rates of > 90 %
- Up to 90 % have a normal menstrual cycle after surgery and chemotherapy
  - Yoo et al. 2009





# Ovarian tumors with low malignant potential (LMP)

- Good prognosis of LMP-tumors (10-15%)
- 10 year survival, all stages, approx. 90 %
- Low rate of recurrences after conservative surgery (6.8 %)
- A fertility preserving operation is feasible in select cases also in more advanced stages than la.

Kleine 1996





### Ovarian transposition

- An easy and safe surgical procedure for teenaged girls
- Function preserved if the ovaries are transposed at least 3 cm from upper border of the field of irradiation or above the iliac crest with care to preserve ovarian vessels from injury
- Tulandi reported cases of laparoscopic lateral ovarian transposition in patient with rectal adeno-carcinomas he divided the utero-ovarian ligament but the ovaries remained attached to the distal fallopian tube to improve the chance for ovarian pickup and the patients achieved spontaneous pregnancies





### Ovarian transposition - failure

- Ovarian failure may result after laparoscopic oophoropexy:
  - If the ovaries are not moved far enough out of irradiation field
  - Compromission of the ovarian vessels (surgical technique)
  - Radiation injury to the vascular pedicle.



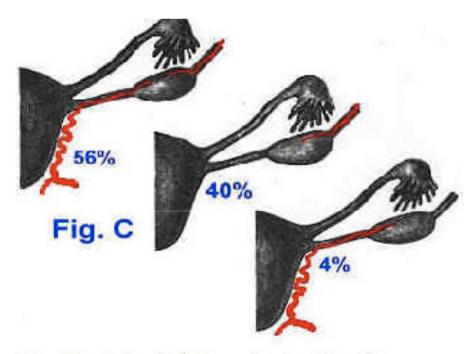


Fig.C: Arterial Supply to the Ovary

In 56% of cases blood to the ovary comes from both the ovarian and uterine arteries; in 40% from the ovarian artery only; in 4% from the uterine artery only.





- Blood supply and innervation
- The ovarian arteries arise from the front of the aorta in a manner similar to the testicular arteries, but at the brim of the lesser pelvis they turn down into the pelvic cavity.
- Passing in the suspensory ligament of the ovary, each artery reaches the broad ligament below the fallopian tube and then passes into the mesovarium to divide into branches distributed to the ovary. One branch continues in the broad ligament to anastomose with the uterine artery.





- The ovarian veins emerge from each ovary as a network that eventually becomes a single vein;
- The terminations are similar to those of the testicular veins.
- The nerves are derived from the ovarian nerve network on the ovarian artery.



- Salpingectomy
- Tubal ligation for sterilization
- Laparoscopic ovarian drilling
- Endometriosis, endometrioma excision
- (Hysterectomy)



## THREATENED OVARIAN FUNCTION - SALPINGECTOMY

 Prophylactic bilateral salpingectomy in the sub-group of patients with ultrasound-visible bilateral hydrosalpinges improved the IVF outcome

• Strandell et al., 1999





### THREATENED OVARIAN FUNCTION - SALPINGECTOMY

- Three-dimensional (3D) ultrasound power
   Doppler imaging has been shown to be well
   correlated with ovarian response and subsequent
   IVF outcome
  - Kupesic and Kurjak 1999
- Lass et al. (1998) showed a reduction in the number of follicles >10 mm in mean diameter on the day of the hCG administration and the number of oocytes recovered from the operated side compared with the non-operated side







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Lass 1998



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# THREATENED OVARIAN FUNCTION – TUBAL STERILIZATION

 Sterilization may result in disruption of ovarian blood or nerve supply, producing gynecologic sequelae

• (Huggins GR, Sondheimer SJ 1984)

 Evidences for hormonal or menstrual changes due to TS are weak. Tubal sterilization is associated with decreased risk of ovarian cancer.



• (Westhoff C, Davis A., 2000)



### THREATENED OVARIAN FUNCTION TUBAL STERILIZATION

 In a 12-month follow-up of patients who underwent tubal sterilization by the modified Pomeroy technique neither a decrease in ovarian reserve nor an adverse effect on the blood supply of ovarian stroma have been observed.

#### but

 A significant elevation of FSH levels was observed at 1 and 12 months after the operation



• (Kelekci et al., 2005)



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# THREATENED OVARIAN FUNCTION – LAPAROSCOPIC OVARIAN DRILLING

- Some of the reports described significant differences between Day 3 FSH, inhibin B levels, ovarian volume and antral follicle count before and after laparoscopic ovarian drilling.
- No evidence of a decreased ovarian reserve or premature ovarian failure associated with ovarian drilling in women with PCOS.
- Most of the changes in the ovarian reserve markers observed after LOD could be interpreted as normalisation of ovarian function rather than a reduction of ovarian reserve
  - (Api, 2009 review)



## THREATENED OVARIAN FUNCTION – LAPAROSCOPIC OVARIAN DRILLING

- Ovarian reserve assessed by hormonal levels and sonography seems to be lower in women with PCOS after ovarian drilling than in PCOS women without ovarian drilling.
- The PCOS women both with and without ovarian drilling had significantly greater ovarian reserve than the age-matched controls having normal ovulatory function.



Weerakiet S 2005



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# THREATENED OVARIAN FUNCTION – ENDOMETRIOMA EXCISION

- No definitive data clarify whether the damage to the ovarian reserve, observed in patient with endometrioma, is related to the surgical procedure
- Electrosurgical coagulation during hemostasis or diathermocoagulation of the capsula could play an important role in term of damage to ovarian stroma and vascularization.



• Busacca M, Vignali M., 2009

- Salpingectomy
- Tubal ligation for sterilization
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# THREATENED OVARIAN FUNCTION – HYSTERECTOMY

 Reduced PI values were observed on Doppler ultrasonography suggesting a decrease in the resistance flow in the ovarian arteries in women of reproductive age who underwent TAH.

• Petri Nahás et al., 2005





### CONCLUSIONS

Primum non nocere
 (First, do not harm)



# CONCLUSIONS - PRIMUM NON NOCERE

- Reduce the termic damage and the surface of the cauterization
- Prefer bipolar rather than monopolar electric energy
- Consider to avoid surgery in case of asimptomatic endometriomas smaller than 3-4 cm
- In case of cyst stripping do the haemostasis by suture rather by diathermocoagulation



#### **CONCLUSIONS**

Adhesiolysis may improve the ovarian function?