

**The importance of sperm quality.**  
**IMSI: choosing according to sperm morphology**

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*The search for excellence in IVF laboratories: towards "the best"*  
Bologna, Italy 23-24 January 2009

Eshre Bologna, 23-24 January 2009

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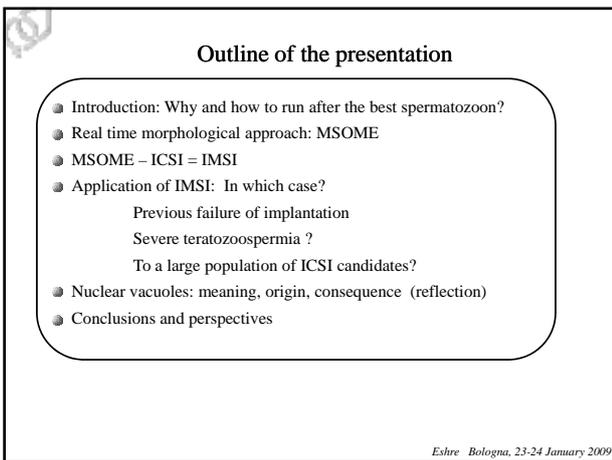
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**Outline of the presentation**

- Introduction: Why and how to run after the best spermatozoon?
- Real time morphological approach: MSOME
- MSOME – ICSI = IMSI
- Application of IMSI: In which case?
  - Previous failure of implantation
  - Severe teratozoospermia ?
  - To a large population of ICSI candidates?
- Nuclear vacuoles: meaning, origin, consequence (reflection)
- Conclusions and perspectives

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**Selection of the best spermatozoa**  
**Why ?**

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Ultimate goal of an IVF treatment  
SINGLE pregnancy  
Birth of ONE healthy baby

The new challenge for ART clinics consists in:  
*transferring fewer embryos, (SET)*  
*minimizing the risk of multiple pregnancy,*  
*maintaining the greatest chance of pregnancy for their patients.*

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**SET**

Selection of the best embryo

Selection criteria  
MORPHOLOGICAL  
BIOCHEMICAL-METABOLOMICS

Produce good quality embryos

d2 - d3 ↔ d5

Produce the best gametes  
Select the best gametes

Morphology  
Polscope  
Zona retardance  
PB screening  
respirometry

Swim up  
Density Gradient

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Figure de conception

First ICSI: Palermo, 1992

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**„The secret life of sperm“**  
Ainsworth Nature 2005

- Given the shortage of cytoplasm, and the lack of any detectable protein synthesis in mature sperm heads, biologists had long assumed that sperm contributes little to an embryo bar the father's genes.
- „The idea was that the oocyte is supplying everything (protein and RNAs) and spermatozoa were just tagging along with his DNA“ *Krawetz*

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**„The secret life of sperm“**  
Ainsworth Nature 2005

- Sperm contains almost 3000 different kinds of mRNA
  - Coded for proteins needed for early embryo development.
  - Others are still unknown and have no equivalent in the egg.

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**Selection of the best spermatozoa**  
**How ?**

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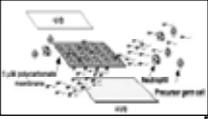
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**Development of new techniques with the aim to enhance the preparation of sperm and to select in a more accurate fashion a sperm carrying all the informations for the future development are mandatory.**

**IVF-ICSI**

- **New sperm preparation techniques**  
(Ainsworth et al., 2006 Fleming et al. 2006)



**ICSI** Isolation of spermatozoa based on :

- **biochemical markers of human sperm maturity and function: HBA**  
(Gabor Huzar et al., 2007, Menezo 2006)



- **Birefringence: protoplasmic structure**  
(Gianaroli et al., 2007)



- **Real time morphological approach: MSOME**  
(Bartoov et al., 2002)



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## MSOME

(Motile Sperm Organelle Morphology Examination)

*(Bartoov et al., 2002)*

- Examination performed in real time
- Inverted light microscope
- Equipped with high-power Nomarski optics
- Enhanced by digital imaging to achieve a magnification up to 6300.

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**Observation of spermatozoa in real time**

**Hoffman vs Nomarski**



**ICSI**

Sp  
Bottom dish

motile  
plastic



**MSOME**

motile  
glass

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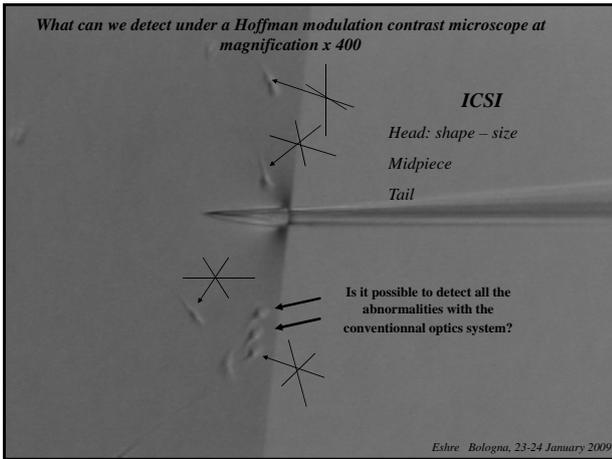
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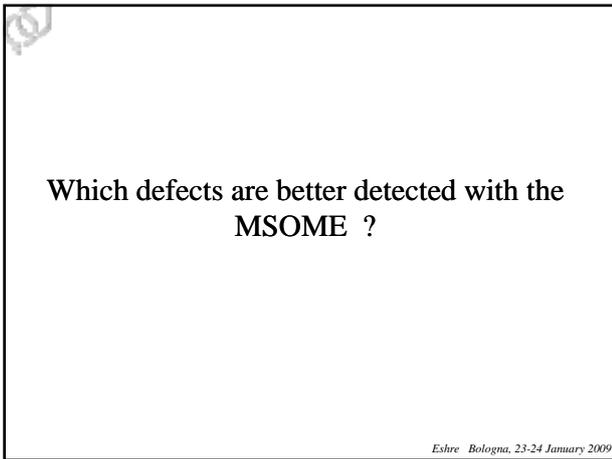
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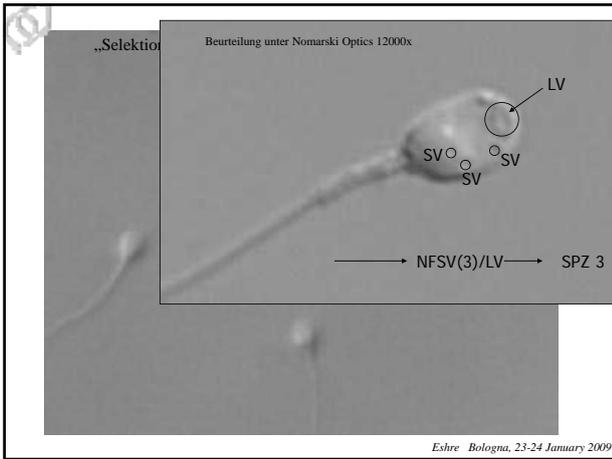
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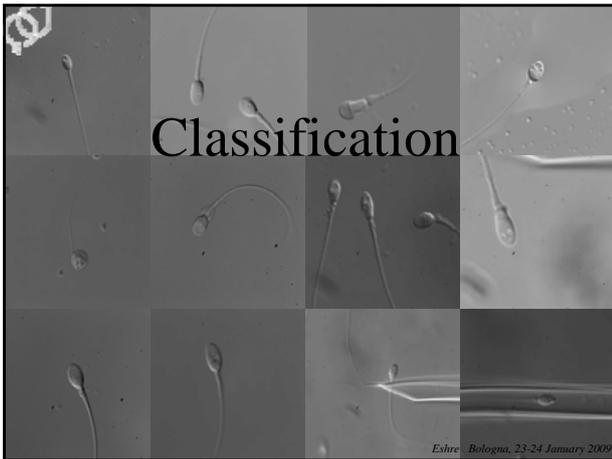
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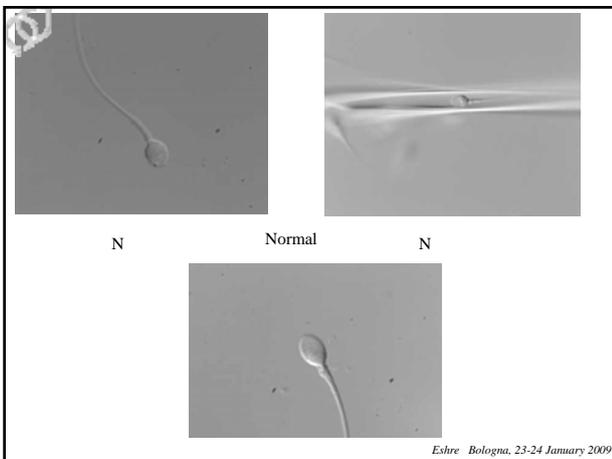
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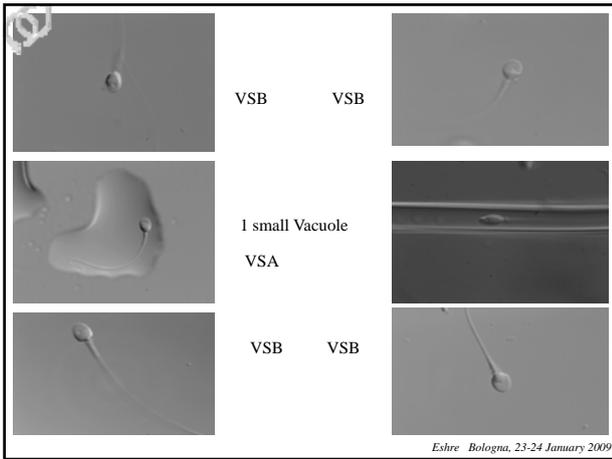
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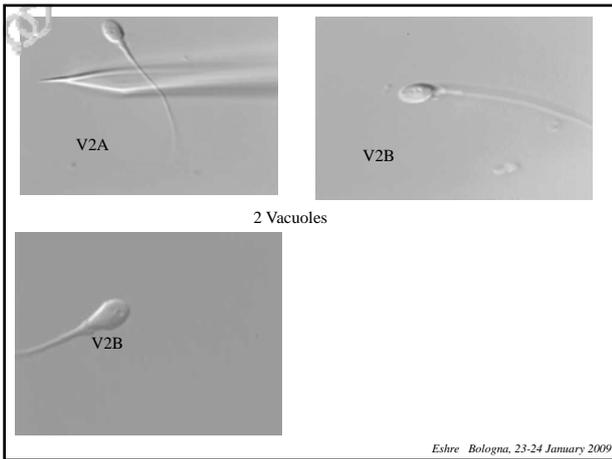
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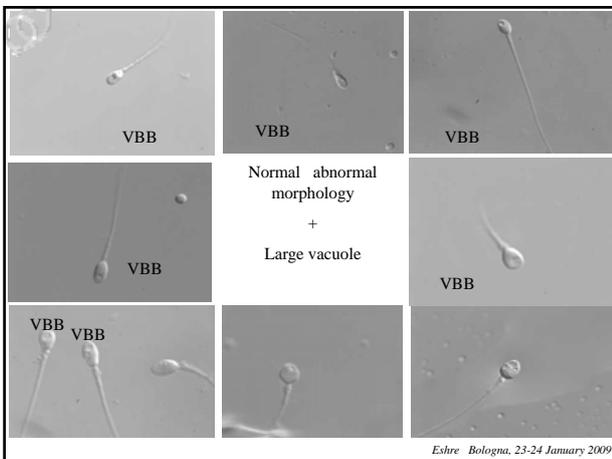
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**MSOME**  
(Motile Sperm Organelle Morphology Examination)

(Bartoov *et al.*, 2001, 2002, 2003)  
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**MSOME**  
(Motile Sperm Organelle Morphology Examination)

*Additional tool to*

**ICSI**

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**IMSI**  
(Intracytoplasmic Morphologically Selected Sperm Injection)

(Bartoov *et al.*, 2001, 2002, 2003)  
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**Application of IMSI**

For which:

patients?  
indications?

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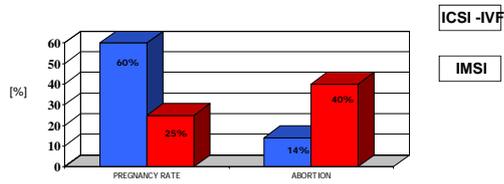
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➤ Clinical Outcome (I)

Pregnancy and abortion rates in a group of 80 patients with at least one failure of implantation after conventional IVF or ICSI and day 3 transfer



Bartoov et al., 2001, 2002, 2003, 2006; Berkovitz 2005, 2006

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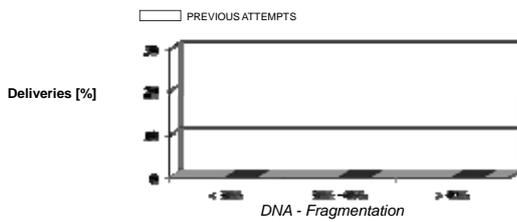
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➤ Clinical Outcome (II)

Delivery rates in a group of patients with at least one failure of implantation after conventional IVF or ICSI (day 3 transfer) and different degrees of sperm DNA-fragmentation



Hazout et al., 2006

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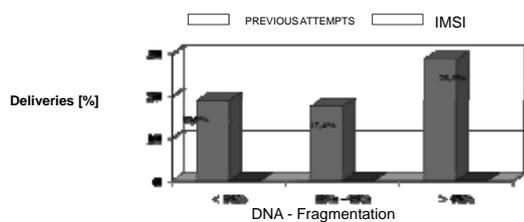
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Delivery rates in a group of patients with at least one failure of implantation after conventional IVF or ICSI (day 3 transfer) and different degrees of sperm DNA-fragmentation



Hazout et al., 2006

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Intracytoplasmic morphologically selected sperm injection: a prospective randomized trial

Antinori et al., RBMonline 2008

Table 2. Comparison of pregnancy and miscarriage rates arising from intracytoplasmic sperm injection (ICSI) and intracytoplasmic morphologically selected sperm injection (IMSI) sub-groups with a different number of previous IVF failures.

Sub-group	Rate	Group 1, ICSI	Group 2, IMSI
Subgroup B (1 IVF failure)	Pregnancy	33.6 (36/107)	45.5 (35/77)
	Miscarriage	22.2 (8/36)	20.0 (7/35)
Subgroup C (≥2 IVF failures)	Pregnancy	12.9* (8/62)	29.9* (23/77)
	Miscarriage	37.5 (3/8)	17.4 (4/23)

Values are percentages with numbers in parentheses.  
\*P = 0.017.

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IMSI seems a promising technique and could be offered to couples:

- No implantation
- High degree of DNA Fragmentation

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IMSI seems a promising technique and could be offered to couples:

- No implantation
- High degree of DNA Fragmentation
  
- Severe oligozoospermia ?????

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IMSI seems a promising technique and could be offered to couples:

- No implantation
- High degree of DNA Fragmentation
  
- Severe oligozoospermia ?????
- Severe teratozoospermia ?????

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**( II ) IMSI: Clinical application**

***Selection of a normal spermatozoa:***

***Is it always possible ?***

not always possible even with MSOME to find and select morphologically completely normal appearing spermatozoa for injection.

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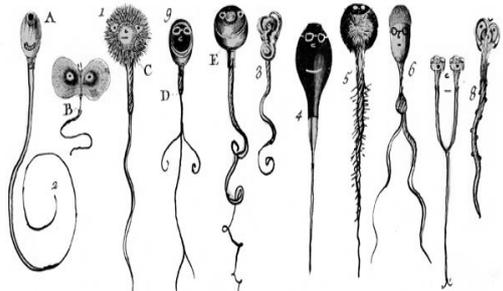
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Consequences if selection and injection of an **abnormal shape spermatozoa** on the outcome of embryo development



elongated or tapered head, amorphous head, broken neck, cytoplasmic droplets

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► **Abnormal sperm shape and genetic status**

increased risk of aneuploidy and diploidy  
*(Lee 1996, Bernardini 1998, Colombero 1999, Kahraman 1999, Calogero 2001, Rubio 2001, Yakin 2001, Templado 2002)*

► **Abnormal sperm shape and pregnancy**

Reduction in ongoing pregnancy rates:	20,2% versus 36,7%
Reduction in implantation rates:	9,6% versus 18,7%

*De Vos et al., 2003*

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► Observation and selection of **Morphologically defect spermatozoa**

Small Vacuole (SV) - Large Vacuole (LV) - Abnormal shape

► **Day 2 or 3 embryo transfer**

*Berkowitz et al., 2006*  
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➤ Clinical Outcome

- No difference in embryo quality on day 3

*Berkowitz et al., 2006*  
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➤ Clinical Outcome

- No difference in embryo quality on day 3
- Ongoing pregnancies and abortions (day 3 ET)

**Impact of vacuoles on pregnancy and abortion rates**

Category	Normal SP (%)	Nuclear defect (%)
Pregnancy rates	~55	~35
Abortion rates	~15	~35

*Berkowitz et al., 2006*  
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Impact of vacuoles on the developmental capacity

**Spermatozoa**

« first choice »      *Embryo quality*      No difference

IMSI → Day 3 ET → Abortion / Ong Preg

« second choice »      No difference

No apparent early paternal defect at day 3

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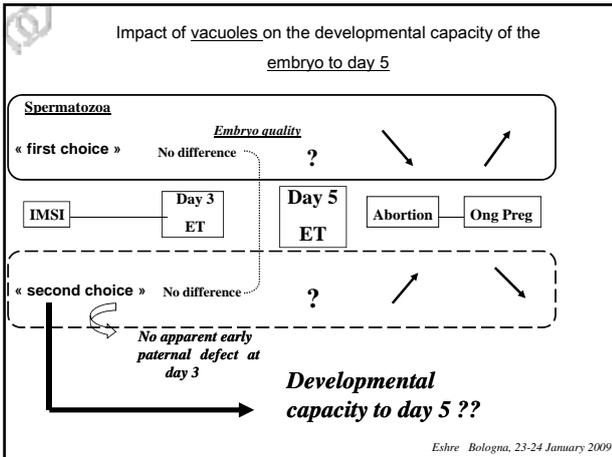
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Blastocyst development after sperm selection at high magnification is associated with size and number of nuclear vacuoles

Vanderzwalmen et al., RBMonline 2008

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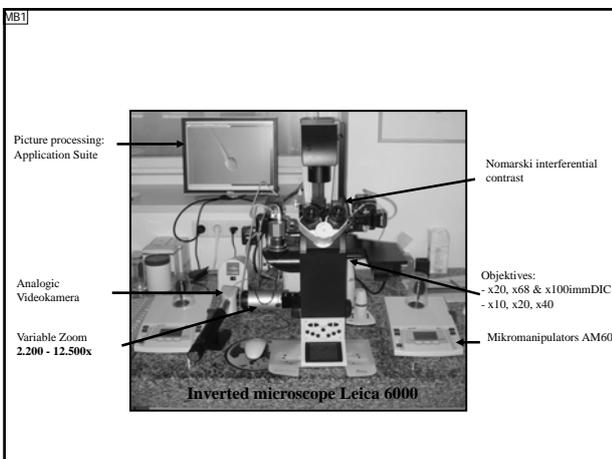
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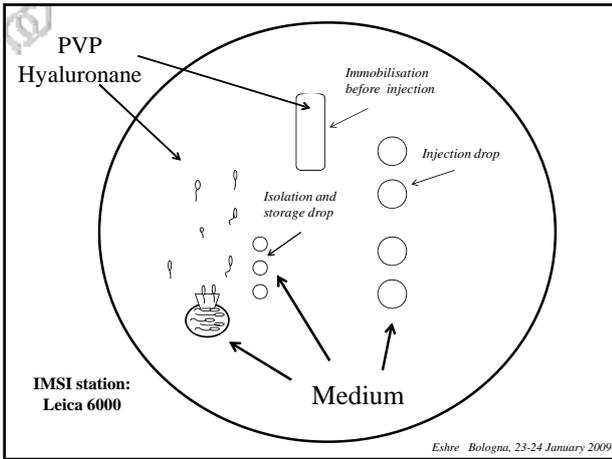
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**MB1**    **Berechnung Vergrößerung**  
Magnus; 18/06/2007



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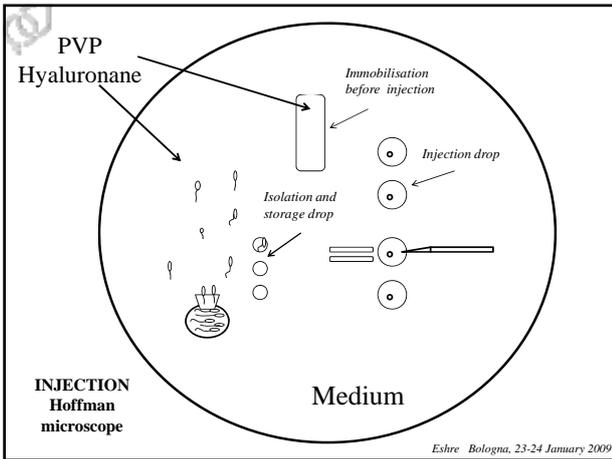
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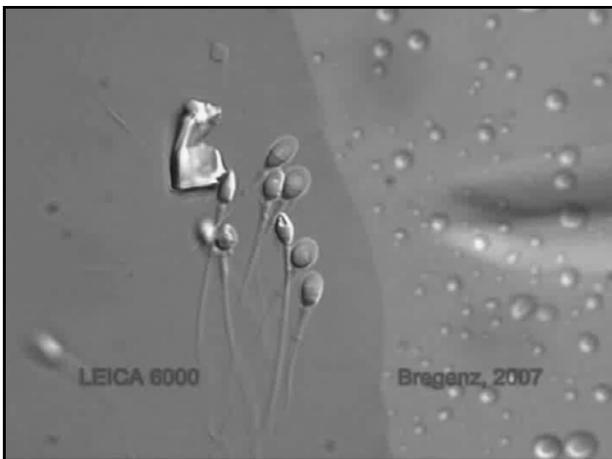
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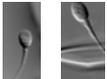
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### Classification

<p><b>Spermatozoa grade 1</b> Normal Form, No Vacuole</p>		<p>SV</p>
<p><b>Spermatozoa grade 2</b> Normal Form, maximal 2 small Vacuole</p>		
<p><b>Spermatozoa grade 3</b> Normal Form, at least 1 large Vacuole</p>		<p>LV</p>
<p><b>Spermatozoa grade 4</b> Abnormal Form and Vacuole</p>		

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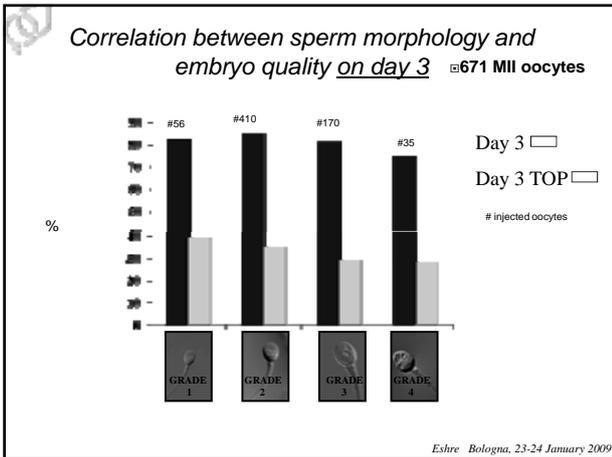
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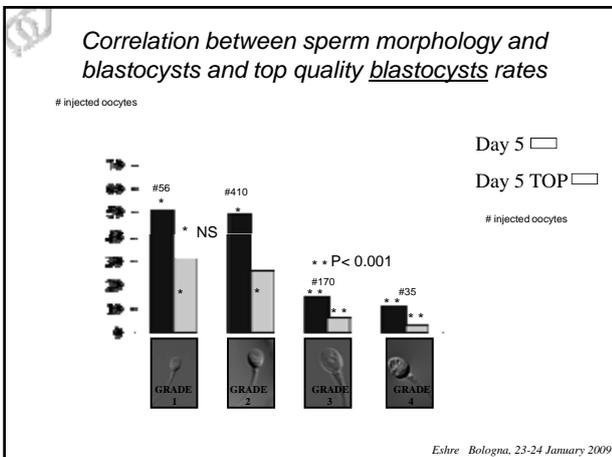
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heterogeneity of the sperm population

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negative influence of vacuoles

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why not to implement IMSI  
to a large population of ICSI candidates ?

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Implementation of IMSI to a large population of ICSI candidate patients :

→ May be advisable,  
if the probability to select a normal spermatozoa is higher using the MSOME approach as compared to the classical ICSI approach.



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**First study**

Probability to select a normal spermatozoa in relation to the method of observation:  
Nomarski or Hoffman

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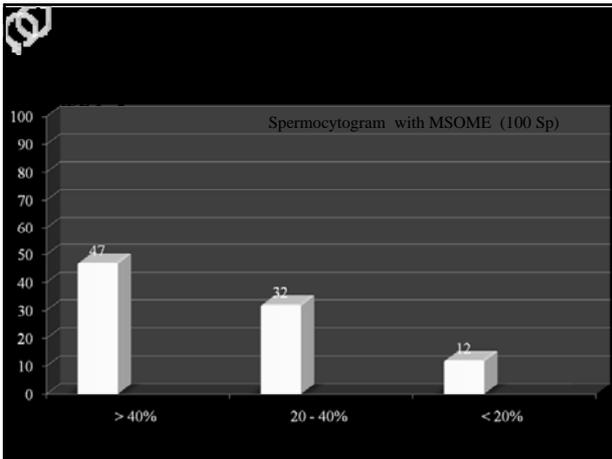
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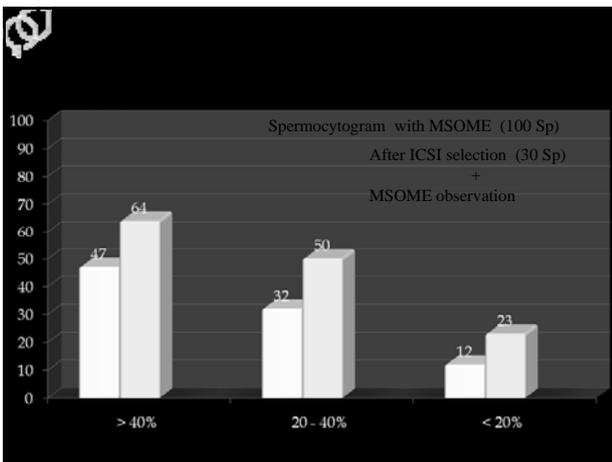
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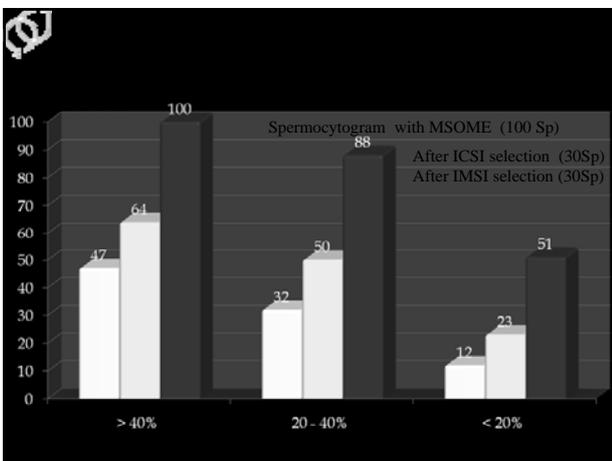
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### Conclusions

Study1:  
In all the situations, the probability to select spermatozoa from class 1 – 2 is higher if IMSI is applied

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### Second study

Percentages of blastocysts in relation to the method of sperm selection

ICSI vs. IMSI (sibling study)

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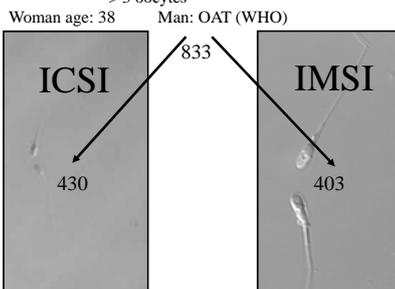
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### ICSI vs. IMSI (sibling study)

53 Patients with at least 1-2 previous failure of implantation  
(day 5 transfer in our center, day 3 in other centers)  
> 3 oocytes



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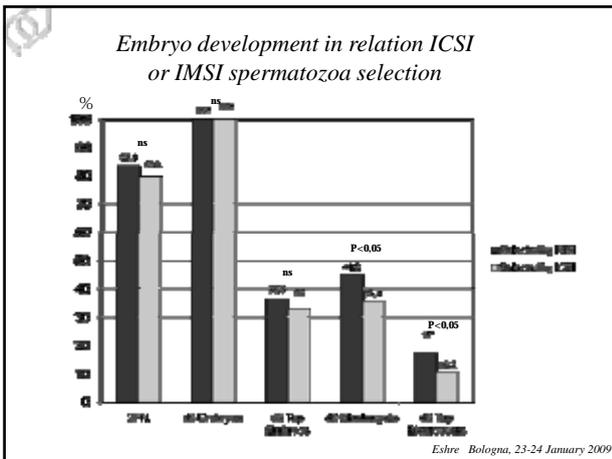
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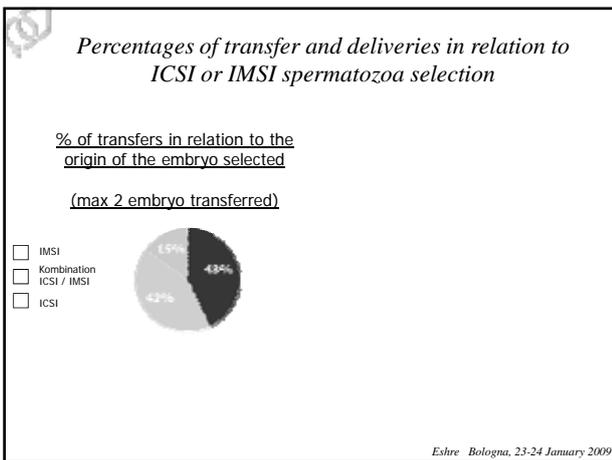
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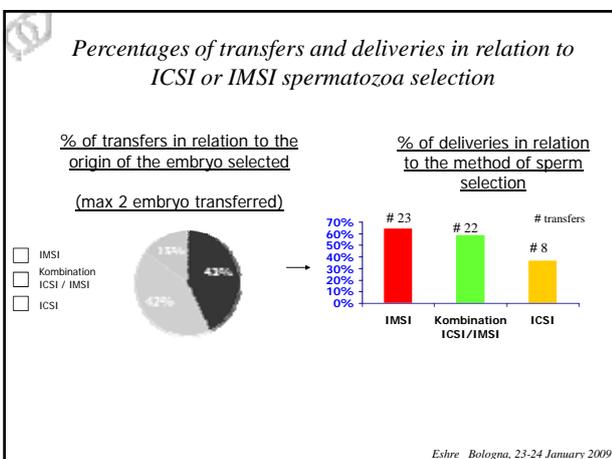
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### Conclusions

Study 1:  
In all the situations, the probability to select spermatozoa from class 1 – 2 is higher if IMSI is applied.

Study 2:  
The sibling study shows that higher rate of blastocysts are obtained when IMSI is performed.  
As consequence, a higher number of transfers are performed with blastocysts that originated from the IMSI group.

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### Third study

% of blastocysts  
after IMSI and ICSI in relation to the percentage  
of normal forms

Aim:  
To analyse if there is a treshold in the percentage of normal spermatozoa above  
which IMSI is not necessary

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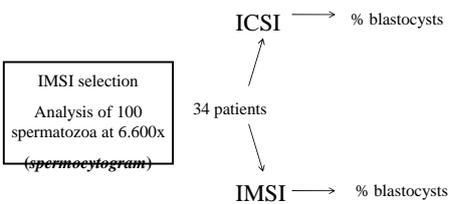
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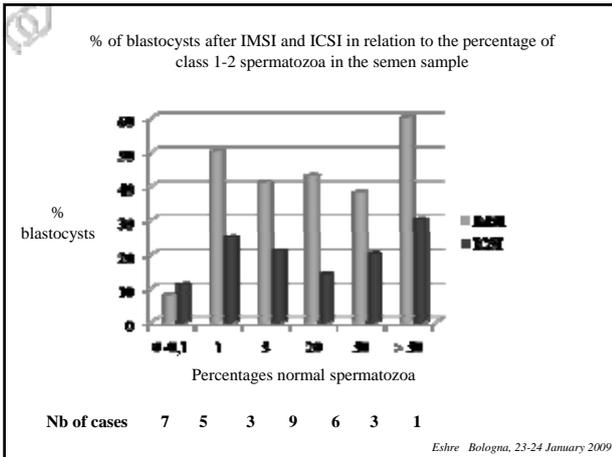
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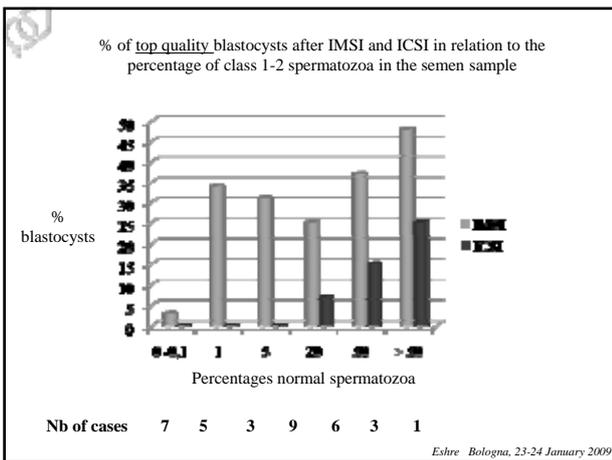
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**Conclusions**

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**Study 2:**  
The sibling study shows that higher rate of blastocysts are obtained when IMSI is performed.  
As consequence, a higher number of transfers are performed with blastocysts that originated from the IMSI group.

**Study 3:**  
Independently of the percentages of normal spermatozoa, the rate of blastocysts is higher when IMSI is applied and this for all class of normal form

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**Intracytoplasmic morphologically selected sperm injection: a prospective randomized trial**

Table 2. Comparison of pregnancy and miscarriage rates arising from intracytoplasmic sperm injection (ICSI) and intracytoplasmic morphologically selected sperm injection (IMSI) sub-groups with a different number of previous IVF failures.

Sub-group	Rate	Group 1, ICSI	Group 2, IMSI
Subgroup A (0 IVF failures)	Pregnancy	28.0 (14/50)	42.5 (31/73)
	Miscarriage	21.4 (3/14)	12.9 (4/31)

Values are percentages with numbers in parentheses.  
\*P = 0.017.

*Antinori et al., RBMonline 2008*  
*Eshre Bologna, 23-24 January 2009*

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**Implementation of IMSI to a large population of ICSI candidate patients may be advisable:**

- because the probability to select a normal spermatozoa using the MSOME approach is higher as compared to the classical ICSI approach.

*Eshre Bologna, 23-24 January 2009*

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**vacuoles may influence  
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**vacuoles may influence**

- the outcome of embryo development**
- health and behavior of offspring ???????**

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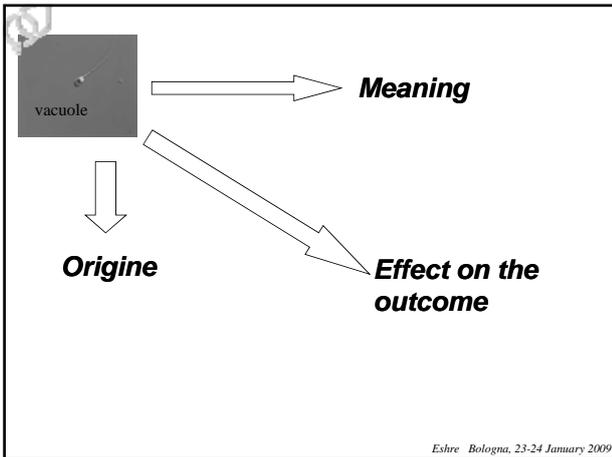
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VACUOLE → **Meaning** ?????

■ **Suggestions:**

„Vacuoles may reflect molecular defects responsible for anomalies of sperm chromatin packaging and abnormal chromatin remodelling during sperm maturation which, in its turn, may render spermatozoa more vulnerable to DNA damage “

Berkovitz et al., 2005; Hazout et al., 2006\*

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Berkovitz et al., 2005; Hazout et al., 2006\*
- **More accurate answer:**  
**Isolation and evaluation of single spermatozoon**
  - Sperm DNA integrity - acridine orange staining
  - DNA fragmentation -TUNEL  
(Franco RBMonline 2008, Garolla RBMonline 2008, Barbarova submitt)
  - Mitochondrial membrane potential (Garolla RBMonline 2008)  
 alteration seems to be suggestive of an early apoptotic process
  - Sperm aneuploidies FISH (Garolla RBMonline 2008)

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VACUOLE → Meaning ?????

- **More accurate answer: Isolation and evaluation of single spermatozoon**  
*«Significance of large nuclear vacuoles in human spermatozoa: implications for ICSI »*  
Franco et al, RBMonline 2008  
*« High power magnification microscopy and functional status analysis of sperm in the evaluation and selection before ICSI »*  
Garolla et al RBM online 2008  
*« Correlation between morphological semen parameters and sperm nuclear damage »*  
Babarova submitted

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VACUOLE → Meaning ?????

- **CONCLUSIONS**
- Association between large vacuole in the sperm and DNA damage.
- Advice that the high level of denatured DNA in sperm with large nuclear vacuoles suggests: **precocious decondensation disaggregation of sperm chromatin fibers.**
- Significantly better chromatin status , mitochondrial function, aneuploidy rate ( hypospematogenesis) when nuclear vacuoles were absent.

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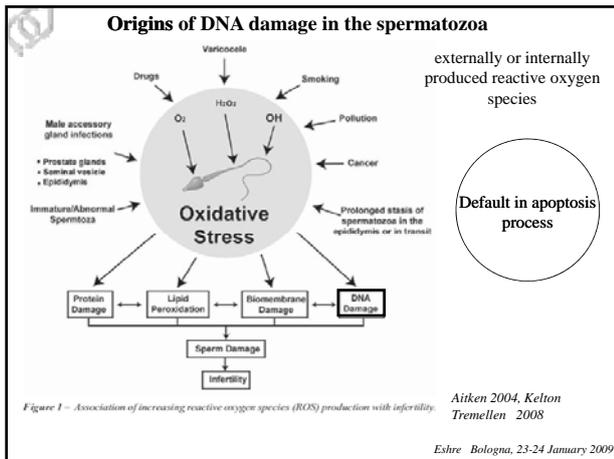
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**Effect on the outcome**

**Long term effects of mouse ICSI with DNA-fragmented sperm (DFS) on health and behavior of adult offspring.**  
*Fernandez-Gonzalez; Biol. Reprod. 2008*

*The use of DNA fragmented sperm in ICSI can generate effects that only emerge during later life, such as:*

- aberrant growth,*
- premature aging,*
- abnormal behavior;*
- mesenchymal tumor.*

*Tunnel and comet assay*

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**Optimistic sight**

- DNA damage brought into the zygote by the fertilizing spermatozoon is effectively repaired by the oocyte.
- **p53-dependent S-phase DNA damage checkpoint**
  - suppress DNA synthesis in both the male and female pronuclei until the damage brought in by the fertilizing spermatozoon had been repaired

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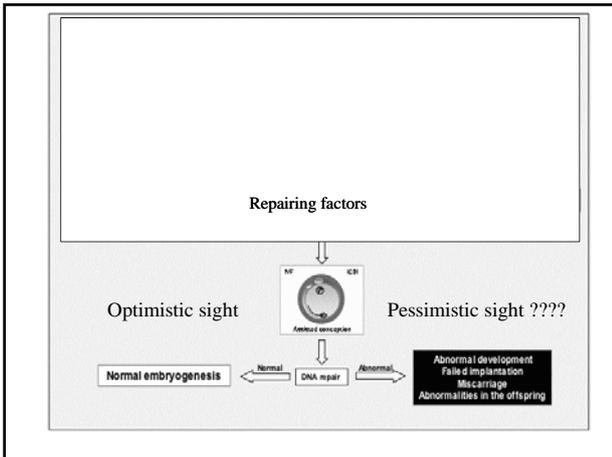
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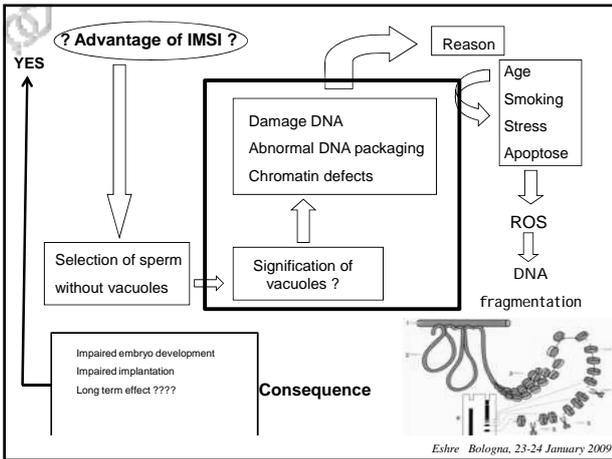
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**Final conclusions**

- ◆ We try to improve stimulation protocols, culture protocols selection of oocytes, selection of embryos , luteal phase, ET .....why not the selection of spermatozoa ?
- ◆ Observation of spermatozoa by the MSOME approach has to be considered as an additional tool to the classical ICSI method for a large population of ICSI candidates.
  - ◆ The probability to select for injection a normal spermatozoa is higher if IMSI is applied
  - ◆ IMSI is a usefull technique since it produce embryos with higher capacity to implant

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◆ There is now more evidence that Vacuoles reflect DNA damage, abnormal DNA packaging and chromatin defets.

◆ However, it is important to emphasize that animal data clearly indicate that DNA damage in the male germline is potentially damaging for the embryo and offspring .

*(Anderson, 2003; Lewis and Aitken, 2005)*

◆ In light of such considerations,

- ◆ it would seem rational to try to determine the causes of DNA damage in the male germline
- ◆ to do everything possible to alleviate this damage (e.g. antioxidant therapy)
- ◆ and/or use sperm isolation techniques that will select for gametes possessing very low levels of DNA damage .

*(Ainsworth et al., 2005, 2007)*

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◆ **A lot of questions are still in unanswered:**

- ◆ Which attitude when only abnormal spermatozoa with large vacuoles are present in the semen sample ?
  - If observation some months before IVF treatment: antioxydant therapy, modify the lifestyle, etc....????
  - If observation the day of the OPU:
    - Inject one part of the oocytes ????
    - Aseptic vitrification of oocytes and try to improve the quality of the semen ???
    - Propose donor (where and when it is possible)???
- ◆ Influence of the maternal age on the outcome of embryo development – more optimal repairing factors ????

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◆ IMSI is used in very few ART centers.

As consequence, we may suggest for those who perform embryo transfer on day 2 or 3 to change their strategy and extend the culture to day 5:

*Extended culture could provide a test by which to select more viable embryos that may reflect the quality of the gametes from which they were derived*

(Spano 2000, Behr 1999, Vanderzwalmen 2008)

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### Perspectives (I)

- ◆ Some are reluctant to apply this new approach of selecting spermatozoa before ICSI.

to expensive  
time consuming  
not yet convince by this way of selection

- ◆ Improvement of the image after modification of the classical optic Hoffman system => more friendly way to select spermatozoa even though not optimal as compared with the Normarski system

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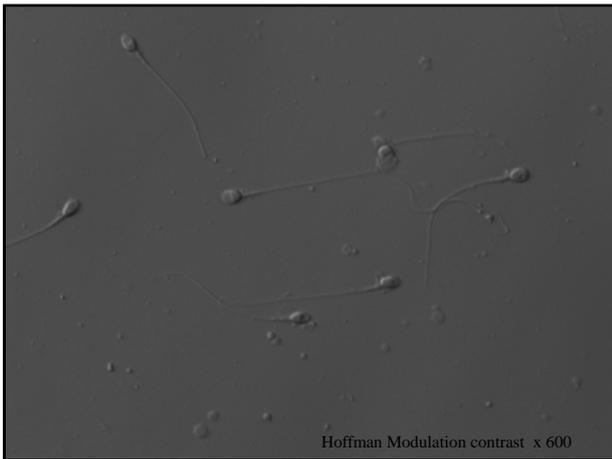
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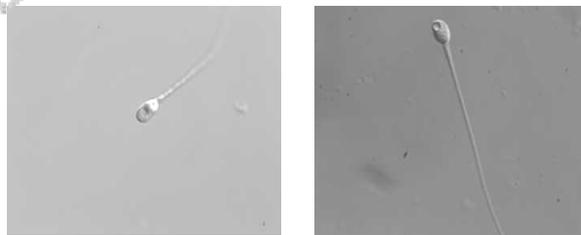
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### Perspectives (II)



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### Perspectives (III)

The examination of the semen sample by the **MSOME** technique may be used as a new approach to perform a **spermocytogram**

The motile sperm organelle morphology examination (MSOME) is a much stricter criterion than Kruger analysis Oliveira RBMonline 2008

Spermocytogram

MSOME identifies vacuoles and chromatin abnormalities that are not evaluated with the same precision by the analysis of Kruger.

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The motile sperm organelle morphology examination (MSOME) is a much stricter criterion than Kruger analysis Oliveira RBMonline 2008

Spermocytogram

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incidence of normal sperm

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► At present, there have not been sufficient numbers (or generations) of ICSI children to draw any firm conclusions about the long-term safety of this procedure.

► However, it is important to emphasize that animal data are absolutely unequivocal on this point and clearly indicate that DNA damage in the male germline is potentially damaging for the embryo and offspring (*Anderson, 2003; Lewis and Aitken, 2005*)

► For the time being, the take-home message care should be taken when treating patients exhibiting such damage with ICSI. In light of such considerations, it would seem rational to try to determine the causes of DNA damage in the male germline and to do everything possible to alleviate this damage (e.g. antioxidant therapy) and/or use sperm isolation techniques that will select for gametes possessing very low levels of DNA damage (*Ainsworth et al., 2005, 2007*).

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*observation and selection of spermatozoa by different optic systems*

	SP status	Optic		Magnification
		microscope	camera	
<b>Spermocytogram</b>	stained / death	Brightfield		
		1000		
<b>ICSI</b>	Motile	Hoffman	600	> 12000
			3D (??)	3D (??)
<b>MSOME</b>	Motile	Nomarski	1320	>12000
			3D	3D

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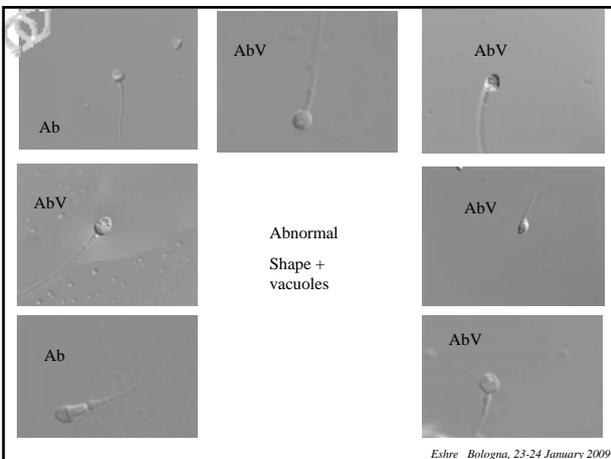
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