Impact of Oocyte Quality on Embryo Viability

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Learning Objectives

- An understanding of both the structural and molecular make-up of oocytes that contributes to ongoing health and viability of the embryo
- How deviations in any of these components can contribute to ongoing pathology
- Understanding that incorrect accumulation or temporal utilization of molecular message can result in pathologies such as cleavage failure or loss of viability
- The effect of maternal ageing on the structural and molecular components of the oocyte and how this contributes to developmental incompetence

Maternal Contribution to Embryo Development

- Structural
 - Chromosomes
 - Microtubules
 - Organelles
- Molecular
 - DNA
 - -RNA
 - Protein

Mature Human Oocyte



- Packaged with all the structural elements required for complete preimplantation development
- Exceptions: Paternal chromosomes and centrosome

Maternal Chromosomes



- •Incidence of aneuploidy in first trimester abortions as high as 65% (Menasha et al., 2005)
- •Aneuploidy in oocytes arises from both chromatid predivision and whole chromosome non-disjunction
- •Karyotyping of oocytes from infertile women reveals aneuploidy rate around 11%
- •CGH analysis of mature oocyte and its 1st PB reveals an aneuploidy rate >22%

Origin of Aneuploidy in Embryos



with a chromosomal translocation Centre for Human Reproduction, Genesis Athens Clinic & Genoma

Origin of Aneuploidy in Human Oocytes

Chromosome	Total Abnormal*	Meiois I origin	Meiosis II origin	Meiosis I & Meiosis II origin
13	302 (8.5%)	167 (55.3%)	95 (31.5%)	40 (13.2%)
16	361 (10.1%)	127 (35.2%)	171 (47.4%)	63 (17.4%)
18	317 (8.9%)	212 (66.9%)	87 (27.4%)	18 (5.7%)
21	477 (13.4%)	248 (52.0%)	158 (33.1%)	71 (14.9%)
22	514 (14.4%)	178 (34.6%)	236 (45.9%)	100 (19.5%)

* Of 3598 oocytes with PB1 & PB2 results

Cortical Granules



Upon fertilization cortical granules are exocytosed into the perivitelline space where the contents react with the zona pellucida to establish a block to polyspermy

Mitochondria



Oocyte

Blastocyst



Somatic cell mitochondria:

- High metabolic activity
- Located close to energy demand in cells
- Over 200 varieties with tissue specific morphologies





Oocyte mitochondria:

- Large numbers (>1x10⁵)
- Not yet mature in structure
- Metabolically quiescent
- Related to oocyte viability

Oocyte Mitochondria – Biogenesis

- Maternally inherited
- mtDNA Genetic selection and population sorting during oogenesis ('bottleneck')
- Multiply during oogenesis to 10⁵ to 10⁶ per mature oocyte
- Maternally derived mitochondria preferred (selective proteolysis of midpiece mitochondria from sperm)
- Stage-specific redistributions during development
- Structural remodelling during preimplantation stages
- Replicate after blastulation

Mitochondria – Cell Batteries



•Oxidative generation of ATP (respiration)

- TCA cycle
- Electron transport chain
- •Calcium homeostasis/signalling
- Fatty acid metabolism
- Apoptosis



Mitochondrial Function Related to Developmental Competence

- Mitochondrial maturation corresponds to increased oxygen consumption (human, rodent)
- No *in vitro* development without oxygen or pyruvate in culture environment (mouse)
- Aerobic metabolism more closely correlated with blastocyst formation and postimplantation (hamster)
- Specific mitochondrial patterning predictive of developmental competence
- Irregular distributions in oocytes are maintained in early embryo (human)
- Altered pHi can disturb patterning (hamster)
- Oocyte ATP production correlated with morphology, embryo development and viability (human)



Preimplantation Developmental Arrest After Mitochondrial Perturbation



Photosensitization Induction of Mitochondrion-Specific Injury







Punctate-to-diffuse cytoplasmic staining, indicating seepage of fluorophore from mitochondria via membrane permeabilization

Photosensitization Induction of Mitochondrion-Specific Injury



Untreated

R123 only

R123 + 60sec

Caspase-3 antibody staining

Photosensitization Induction of Mitochondrion-Specific Injury

	Mitochondrial	NADH/NADPH	ATP
	Charge (AU)	(AU)	(pmol/zygote)
R123	8.2 ± 0.3	158 ± 12	3.0 ± 0.8
	(n = 26)	(n = 38)	(n = 30)
R123 +	4.3 ± 0.2*	125 ± 10*	1.0 ± 0.1*
60sec	(n = 42)	(n = 39)	(n = 30)

*P < 0.05



Blastocyst Development Following Sublethal Injury to Mitochondria



Blastocyst Cell Numbers Following Sublethal Injury to Mitochondria



Post-implantation Development Following Sublethal Injury to Mitochondria



*P < 0.05

Foetal Weights Following Sublethal Injury to Mitochondria



*P < 0.05

Foetal Abnormalities Resulting from Sublethal Injury to Mitochondria

- Evidence of foetal exencephaly after low-dose photosensitization
- Associated with reduced fetal weight





Summary – Mitochondrial Injury Experiments

- Severe injury to oocyte mitochondria can be manifest as immediate developmental arrest and activation of apoptosis
- More subtle injury to oocyte mitochondria can be permissive to complete preimplantation development but may manifest as decreased/abnormal foetal development post-implantation

Oocyte Mitochondria – ER complexes



Fertilization Induction of Phosphoinositide Signalling System



Malcuit et al., 2006

Fertilization Induced Ca²⁺_[i] Oscillations in the Oocyte

- Cortical granule exocytosis
 - Block to polyspermy
- Oocyte activation & cell cycle resumption
 - Completion of meiosis
 - Initiation of the mitotic cell cycles
- Recruitment of maternal mRNA's
 - Polyadenylation in preparation for protein translation
 - Degradation of transcripts
 - Deadenylation and microRNA's
- Protein Degradation & Phosphorylation
- Cytoskeletal Rearrangements

Fertilization Induced Ca²⁺_[i] Oscillations in the Oocyte

- Amplitude, frequency and duration of oscillations are important for induction of downstream events
- Demonstrated to effect the differential cell numbers in the blastocyst
 - Single large Ca²⁺ rise results in \uparrow TE & \downarrow ICM
 - Oscillations for 2h from activation results in $\uparrow ICM$

Bos-Mikich et al., 1997

• Demonstrated to have post-implantation effects on foetal viability and normality

Ozil, 1990

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Transcription During Prophase I of Meiosis Pre-natal Development



Hartung & Stahl, 1978



Transcription During the Growth Phase



Moore et al., 1974

Transcription During Meiotic Maturation

- Once the maximal oocyte diameter is reached there is a sharp decline in transcription but RNA synthesis continues to within 2hours of GVBD
- Transcription virtually ceases once the germinal vesicle breaks down and meiosis is reinitiated
- 20% of total RNA is degraded during meiotic maturation
- Total degradation or deadenylation of one half of the accumulated Poly(A) RNA during meiotic maturation

Transcripts Acquired During the Human Oocyte Growth Phase

- Completion of meiosis
- Entry into and completion of first 2-3 mitotic cell cycles
- Modification of chromatin structure and epigenetic properties
- Creation of an embryonic genome
- Initiation of transcription of the correct array of genes to begin the developmental program
- Basic homeostatic and metabolic processes

Oocyte Maternal mRNA's

- Stored in inactive, masked form and recruited for translation in a stage-specific manner during oocyte maturation and early embryogenesis
- Relative abundance differs between species and may account for difference in timing of zygotic genome activation between species
- Failure to accumulate and regulate the maternal message acquired during oogenesis may result in incorrect temporal utilization of message and is likely to cause delays or failure in progression through preimplantation development

Embryonic Genome Transcription



Braude et al., 1988

Maternal mRNA Expression & Regulation Rhesus Monkey Oocytes & Embryos Zheng et al., 2005

- Oocytes from 3 sources were used
 - In vivo matured oocytes following FSH + hCG
 stimulation = high developmental competence
 - In vitro matured oocytes from large follicles primed with FSH = moderate developmental competence
 - In vitro matured oocytes from small follicles in the absence of stimulation = **low** developmental competence

Maternal mRNA Expression & Regulation Rhesus Monkey Oocytes & Embryos Zheng et al., 2005

- Non-stimulated oocytes showed aberrant accumulation of a number of maternal mRNAs with precocious loss by 2-cell stage
- FSH primed oocytes also showed aberrant gene expression relative to FSH + hCG stimulated oocyte but much less severe

Maternal mRNA Expression & Regulation Rhesus Monkey Oocytes & Embryos

Zheng et al., 2005





ATF6

FSH + hCG

- ▲ FSH only
- O No stimulation

Maternal Ageing

IVF Outcome and Maternal Age



Spandorfer et al., 2000

Maternal Chromosomes



•Incidence of aneuploidy in first trimester abortions as high as 65% (Menasha et al., 2005)

•Aneuploidy in oocytes arises from both chromatid predivision and whole chromosome non-disjunction

•>50% aneuploidy rates in oocytes of women >40 years of age

Aneuploidy and Maternal Age



Based on FISH results for chromosomes 13, 16, 18, 21 and 22

Meiotic Error and Maternal Age



Based on FISH results for chromosomes 13, 16, 18, 21 and 22

Missing and Extra Chromatids/ Chromosomes in PB1 and Maternal Age



Based on FISH results for chromosomes 13, 16, 18, 21 and 22

Frequency of Chromosome Specific Error and Maternal Age



Based on FISH results for chromosomes 13, 16, 18, 21 and 22

Spindle Checkpoint



BUB1 and MAD2L1 levels decreases in oocytes with age

Steuerwald et al., 2001

Mitochondria – Maternal Age



- ↑ hypoxic follicles
- •↑ mtDNA damage
- •↓ efficiency of oxidative phosphorylation
- $\bullet{\downarrow}\,\Delta\Psi_{mt}$
- •↓ATP content



Maternal Ageing and Tolerance to Mitochondrial Injury



Maternal Ageing and Mitochondrial Function







Gene Expression & Maternal Age

Human Oocyte Gene Expression Profiles & Maternal Age

- All mature MII oocytes from gonadotrophin stimulated cycles
- 9 replicates (45 oocytes) from women aged between 28-37
 - 3 replicates 28-34 years
 - 6 replicates 35-37 years
- 12 replicates (60 oocytes) from women aged 38-43
 - 6 replicates 38-40 years
 - 6 replicates >40 years

Principal Components Analysis





Gene Expression in Aneuploid Oocytes & Maternal Age

- All oocytes diagnosed as aneuploid by FISH following PB biopsy and staining for chromosomes X, 13, 15, 16, 18, 21, 22
- 5 oocytes per microarray sample
- Group $1 \leq 37$ years
 - 28-34y (n=1)
 - 35-37y (n=5)
- Group 2 >37 years
 - 38-40y (n=5)
 - > 40y (n=5)

Principal Components Analysis

≤37y Aneuploid Oocytes>37y Aneuploid Oocytes

\leq 37 years vs > 37 years Aneuploid Oocytes

Summary – Maternal Ageing

- Occytes from older women that are physiologically less developmentally competent are associated with higher expression of a significant number of genes compared to the occytes of young women
- Over-representation of genes involved in mitochondrial function and energy production and genes involved in translation and RNA processing
- Aneuploidy is usually implicated as the major factor responsible for the reduced developmental competence of oocytes however there are other contributors as large gene expression differences are detected even when all oocytes are aneuploid from young women compared to older women

Conclusions

- Human oocyte comes pre-packaged to provide all the structural elements, with the exception of paternal chromosomes and the centrosome, required for development through to blastocyst
- Human oocyte comes pre-packaged to provide all the molecular elements required for development until the 4- to 8- cell stage when the embryonic genome is activated
- Pathology to any of these elements can be caused in vivo or in vitro and have significant consequences to downstream development

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