# Testicular biopsy - a valuable source of spermatozoa

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### AZOOSPERMIA CASE



- 34 y. patient complaining on infertility problems;
- married for 3 years, the couple was not able to conceive;
- p. had usual diseases in the childhood, including parotits without any sequelae;
- no history of infertility in the family (brother with 2 children);
- female partner was in good health, also without any history of infertility in her family;



## INFERTILITY

- Multicentric epidemiological studies:
- Ejaculate volume  $\downarrow$
- Sperm concentration  $\downarrow$
- Sperm motility ↓
- EU: 15% couples infertileCroatia: 8.000 newborns
- missing per anum/130 classes of elementary school
- Male factor infertility: 7-8%
- 50-70% aetiology not known



#### INTRACYTOPLASMIC SPERM INJECTION into the oocyte (ICSI)

- "Revolution in the treatment of male infertility"
- Patients with extreme oligospermia & azoospermia
- One sperm sufficient



### TREATMENT OF AZOOSPERMIA

- **PESA** (Percutaneous Epididymal Sperm Aspiration)
- MESA (Microsurgical Epididymal Sperm Aspiration)
- **TESA** (Testicular Sperm Aspiration)
- **TESE** (Testicular Sperm Extraction)



### TESTICULAR SPERM EXTRACTION (TESE)

- "Open" biopsy of the testis
- Could be applied in the cases of obstructive and nonobstructive azoospermia



 Diagnostic & therapeutic approach



# What diagnostic parameters should be assessed BEFORE the biopsy?

- Anamnesis & status (testis consistency, volume)
- Detailed ejaculate analysis
- Hormones: FSH, LH, prolactin, testosterone, inhibin-B
- PSA
- Urine analysis (retrograde ejaculation)
  Microbiology (ejaculate, urethral smear)
  - Microbiology (ejaculate, urethral smear, hepatitis, AIDS)

Y chromosome microdeletionsCystic fibrosis (in situ hybridization)

• Karyotype



# WHEN TO PERFORM BIOPSY OF THE TESTIS? (ASRM/ESHRE)

- Bilateral aplasia of d. deferens
- Idiopathic normogonadotrophic azoospermia
- Hypergonadotrophic azoospermia
- Ejaculation failure (resistant to treatment)
- Cryptozoospermia
- Necrozoospermia
- Inoperable postesticular obstruction
- Operation of postesticular obstruction



#### HOW TO DO IT?

- "Open" biopsy of the testis (+microsurgical exploration)
- Mulitiple biopsies form various sites (recommended)
- Histological analysis (recommended)







#### **EMBEDDING MEDIA**

PARAFFIN -simple -fast -section thickness 4-7µm -diagnostic standard? -IHC -*in situ* hybridization

EPON -polymerization 2-3 days -section thickness ≤1µm

-diagnostic standard

UNICRYL -polymerization 2-3 days -section thickness <\$1µm -IHC - *in situ* hybridization































SCORE	MORPHOLOGY
1	Tubular sclerosis
2	Sertoli cells only
3	Spermatogonia only
4	Arrest at primary spermatocyte, no spermatids
5	Many spermatocytes, no spermatids
6	No late spermatids, arrest at spermatid stag
7	No late spermatids, but many eary spermatids
8	Few late spermatids
9	Many late spermatids, disorganized tubular epithelium
10	Full spermatogenesis













#### **SPERM EXTRACTION**

- Water bath incubation (37°C)
- Incubation with collagenase (CO<sub>2</sub> incubator)
- Biopsy maceration with sterile needles
  Centrifugation
- Sperm incubation in oil prior ICSI .
- ICSI



# **EFFECT OF COLLAGENASE**



















#### COMBINED TESE/ICSI USING CRYOPRESERVED TESTICULAR BIOPSIES

- No. of patients: 246
- No. of oocytes retrieved: 406 / 1.65 per patient
- Embryo transfer: 367 / 90% cycles
- Pregnancies: 75 / 18.5% per oocyte puncture /20.4 % per transfer /30.5% per patient
- Miscarrieges: 9 /12% from total No. of pregnancies
- Normal pregnancies: 37
- Delivery: 26 singletons; 7 twins + 1 triples



#### **FUTURE DIRECTIONS**

- Prevention (environment, life style, stress)
- Spermatocyte,
- spermatogonia cultivation
   Stem cell isolation &
- cultivation

  DNA multiarray analysis,
- proteomics
- Genetic & protein markers for infertility



#### COLLABORATION

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# Some advantages and disadvantages of TESA and TESE methods:

#### TESA • Simple, fast, economic

- Local anaesthesia
- Good results in obstructive
- azoospermia treatment

  Cytological smear is used
- for diagnosis
- Multiple, must be repeatedSometimes no result despite
- of a positive citology

#### <u>TESE</u>

- Complex, expensiveLocal/general anaesthesia
- Local/general anaestnes.
- Method of choice in obstructive and non-obstructive azoospermia and TM of testis
- Semi-thin sections are used for diagnosis (Ca in situ diagnosis)
- Only one procedure is sufficient
- Treatment of a woman is timeindepended from the operation of a man
  Pieces of biopsy can be frozen for
- possible repeated TESE /ICSI procedures















