



IRHEC Network Newsletter

Welcome to the International Reproductive Health Education Collaboration
Network April 2025 Newsletter!



IRHEC

IRHEC is a multidisciplinary global collaboration of people dedicated to improving reproductive health awareness.

IRHEC is supported by ESHRE since 2022 and our aim is to increase reproductive health awareness globally, through the development, evaluation and dissemination of inclusive educational resources.

Our newsletter is published twice per year with IRHEC updates.

For further information on who we are and how we operate please visit our website: [IRHEC](#)

What has IRHEC been up to?

Publications:

Defending access to reproductive health information

The recent events in the USA make it clear that access to evidence-based sexual and reproductive health information can no longer be taken for granted—even in long-standing democracies. The IRHEC Steering Committee felt the need to speak out against the restrictions and censorship to accurate health information, recognizing the dangerous precedent being set. Therefore, a letter was submitted to Human Reproduction Open and was published in April 2025, emphasizing the growing importance of defending reproductive health education in response to global challenges.

Ongoing research themes

Current research themes include the role of social media in reproductive health education, fertility knowledge across populations, and the identification of global research gaps. A recently concluded research explored how Twitter (now X) is used to promote reproductive health and fertility education (Grace et al., 2025) submitted to Human Reproduction Open and currently under review. A similar study on TikTok is also currently underway.

Social Media Campaign: We're excited to share the success of our recent social media campaign (December 2024–March 2025), which helped raise awareness about our new educational [resources](#). These materials - designed for the public, teachers, and health professionals - are now available for download on our website. We hope they will serve as valuable tools in promoting knowledge and dialogue around sexual and reproductive health. Help us amplify their impact—share them with your wider networks!

Action Tracker: In early 2025, IRHEC introduced an Action Tracker to help the steering committee monitor ongoing initiatives and evaluate our alignment with our strategic objectives. This tool enhances



transparency and accountability in operations and ensures that our core goals are consistently pursued.

Formalizing our governance structures: IRHEC has entered a new phase focused on strengthening its foundation within ESHRE. Since late 2024, the Steering Committee has been working to formalize our governance structures. This includes refining our statutes, implementing rotation schemes, and clarifying roles within the committee. Our aim is to create long-term sustainability supported by clear internal structures.

At the end of March 2025, the IRHEC steering committee met in Brussels for their first in person meeting of the year!

Interested in joining the IRHEC Steering Committee?

Nominations for a new Steering Committee member are opening soon. If you are interested in becoming part of the committee, please send an expression of interest to [Randi Sylvest](#) and look out for the email detailing the process which will be sent out before the end of April!

The IRHEC Research Database Our research working group has established a database of peer-reviewed publications on fertility education, including highlights of global initiatives: [IRHEC Publications List/Database](#). We aim to update this database on a quarterly basis. We kindly invite all network members to contribute to the IRHEC Publications Database by submitting relevant publications from the past five years that are not yet included. Please send your updates to [Christiana A. Stylianou](#) to help us maintain a comprehensive and up-to-date resource.

ESHRE Conference Paris 2025 We look forward to meeting old and new Network members - and anyone interested in our work at the upcoming ESHRE conference. Join us at our Open IRHEC get-together which will be held on June 29th at 17:30-18:30 (location to be announced later). This is a great opportunity to hear about IRHEC's work and bring ideas for new projects and collaborations. Don't miss our dedicated IRHEC session during the ESHRE conference!



Please follow us on Instagram, LinkedIn and X and help raise awareness by sharing our posts: @eshre_IRHEC.

For our latest news visit our website [IRHEC](#)