

Emotional adjustment to IVF: steps to theoretically and empirically based interventions

Conclusions

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Clear problem definition

- Make explicit the background of the problem
- Identify relevant theoretical background
- Carry out thorough review of the literature

Define research questions and hypotheses

- Describe central research questions
- Define hypotheses
- Based on theory and empirical literature

Design and measures

- Choose appropriate design
- Select measures as standardized as possible, with proven reliability and validity
- Choose appropriate statistics; ask the expert

Conclusions

- Define conclusions and describe clinical relevance
- Discuss possibilities for implementation in daily practice
- Formulate questions for further research
