

## Prematurity, LBW and associated health risks: Results in Flanders between 1993 and 2004

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Eshre Campus Workshop, Luebeck, 18-01-08

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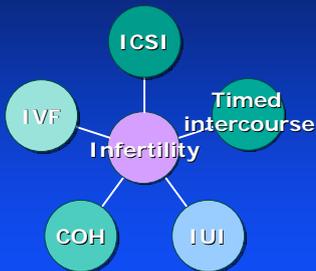
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## The Spectrum of Care




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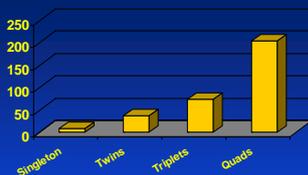
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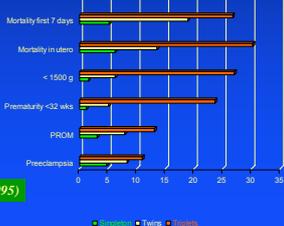
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Population of England and Wales 1992



French IVF results 1986-1993 (FIVNAT 1995)




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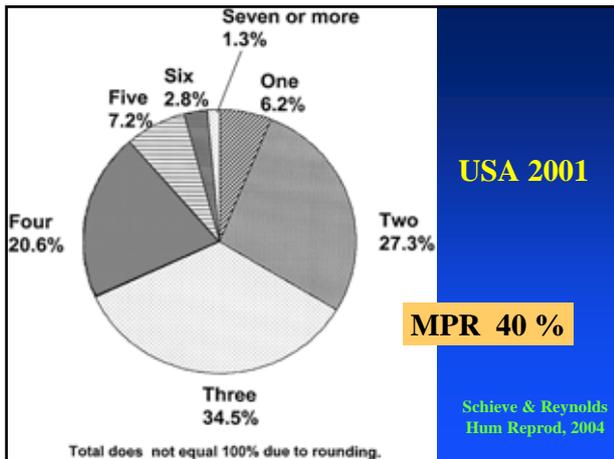
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The Wall Street Journal, October 7, 2005

Human Reproduction Update, Vol.11, No.1 pp.3-14, 2005  
Advance Access publication November 4, 2004

### Multiple gestation and infertility treatment: registration, reflection and reaction—the Belgian project

Willem Ombelet<sup>1,4</sup>, Petra De Sutter<sup>2</sup>, Josiane Van der Elst<sup>2</sup> and Guy Martens<sup>3</sup>

<sup>1</sup>Geek Institute for Fertility Technology, Department of Obstetrics and Gynaecology, Geel, Fertility Centre, Ghent University Hospital, Ghent and <sup>2</sup>SPE (Studiecentrum voor Perinatale Epidemiologie), Brussels, Belgium

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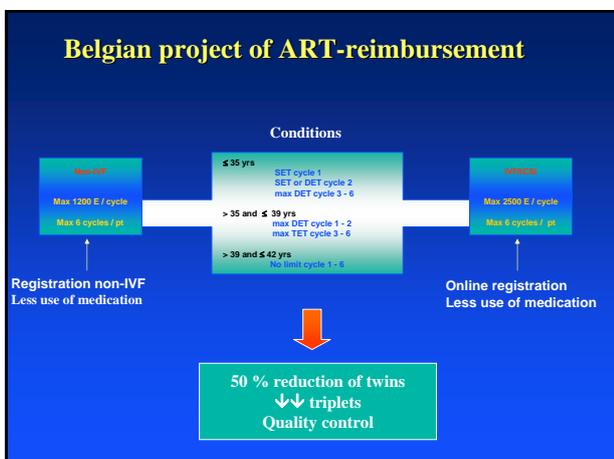
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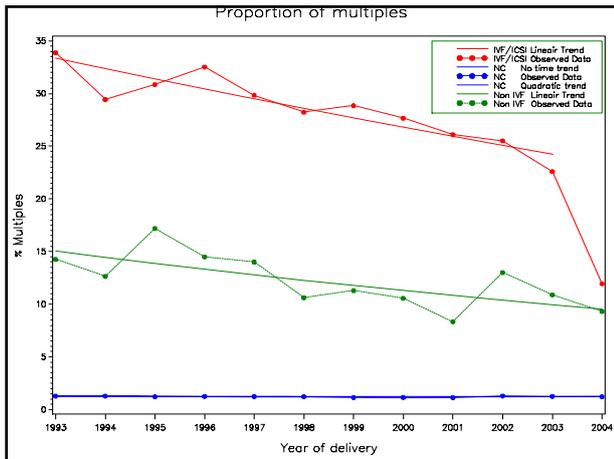
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**Pregnancy following ART  
a risk pregnancy is born !!  
also for singletons**

ESHRE-meeting Den Haag 1992  
Poster 336a  
Ombelet et al., Hum Reprod 7 (Suppl 2), 181, 1992

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**Perinatal outcome  
of singletons and twins after ART**  
Helmerhorst et al., BMJ, 2004

- Systematic review of controlled studies
- Period: 1985 – 2002
- 17 matched studies
- 8 non-matched studies

	ART	NC	OR
<b>Singletons</b>			
< 32 w	2.0	0.8	3.48 (2.16-5.66)
< 37 w	11.4	6.1	2.04 (1.80-2.32)
PNM	1.24	0.8	1.68 (1.11-2.55)
<b>Twins</b>			
< 32 w	6.8	7.1	NS
< 37 w	50.0	45.6	1.07 (1.02-1.13)
PNM	2.30	4.33	0.58 (0.44-0.77)

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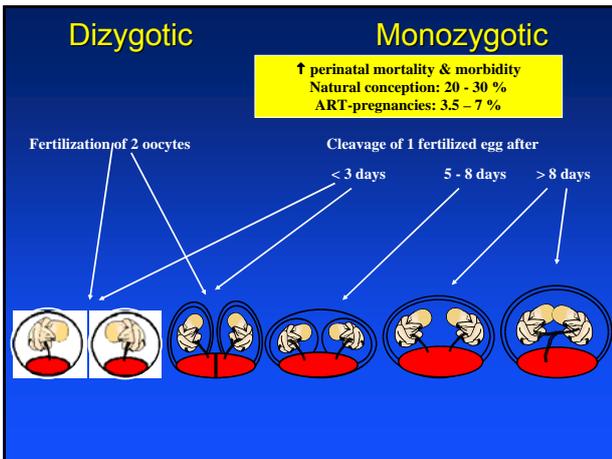
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**Perinatal outcomes in singletons following in vitro fertilization: a meta-analysis**  
Jackson et al., *Obstet & Gynecol*, 2004

- Period: 1978 – 2002
  - ◆ Medline, Biosis, PhD's, bibliographies, conference proceedings
- IVF-singletons // matched for parity & female age
- 15 studies
- 12 283 IVF-cycles versus 1.9 million NC singletons

IVF vs spt pregnancies	OR
< 2500 gr (LBW)	1.8 (1.4 - 2.2)
< 1500 gr (VLBW)	2.7 (2.3 - 3.1)
SGA	1.6 (1.3 - 2.0)
< 37 w	2.0 (1.7 - 2.2)
PNM	2.2 (1.6 - 3.0)

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**Non-IVF**  
**Obstetric and perinatal outcome**

- lack of registration
- Only three studies (IUI):

**Nuojua-Huttunen** et al, HR, 14, 2110, 1999  
Identical perinatal outcome compared to IVF & natural conception

**Gaudoin** et al, AJOG, 188, 611, 2003  
Increased risk of prematurity & LBW compared to natural conception

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## Non-IVF Obstetric and perinatal outcome

- Wang et al., HR, 17, 945, 2002
- Cohort-study - Australia

1015 AIH (730) + DI (285)  
1019 IVF-ICSI-GIFT  
1019 matched controls (NC)

Multivariate regression analysis

Increased risk for prematurity

IVF > AIH-DI > NC

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## SPE registration Flanders

All hospital deliveries in Flanders  
> 21 wks - ≥ 500 gr

Questionnaire  
Obstetricians

Data obstetric  
events

Questionnaire  
Paediatricians

Data perinatal  
events

Data Coordinator - Review errors

GLOBAL YEARLY REPORT

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## SPE registration : parameters

### General data

- Gestational age
- Parity
- Birth weight
- Maternal age
- Fetal sex

### Obstetric data

- Caesarean section rate
- Epidural analgesia
- Presentation at delivery
- Induction of labour

### Perinatal data

- Apgar score 1' & 5'
- Birth weight
- Duration pregnancy
- Congen. Malformations
- Transfer to NIC
- Perinatal mortality
- Intubation
- IC-bleeding
- RDS
- convulsions

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## SPE – results 1993-2003

Number of births : 631 449

	Spontaneous	ART (%)	Total
Singleton	587 181	19 824 (3.2)	607 005
Twins	14 479	8 926 (38.1)	23 405
Triplet	213	826 (79.4)	1 039

29 576 (4.7%)

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## SPE – results 1993-2002 perinatal risks

Birth weight at delivery

grams	singl.(%) (n=17.761)	twins(%) (n=8.096)	triplets(%) (n=799)
500-999	0.7	3.1 (x7)	10.0 (x14)
1000-1499	0.8	4.8 (x6)	19.0 (x23)
1500-2499	6.1	48.2	63.8
≥ 2500	92.4	43.8	7.1

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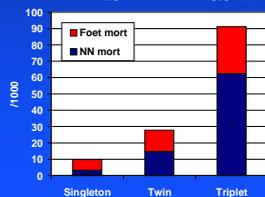
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## SPE – results 1993-2002 perinatal risks

Neonatal interventions & complications

	singletons(%)	twins(%)	triplets(%)
Endotracheal ventilation	1.8	7.5 x4	22.1 x12
Intracranial bleeding	0.5	1.9 x4	5.6 x11
Convulsions	0.2	0.4 x2	1.5 x7
Lung disease	1.8	8.0 x4	20.4 x11




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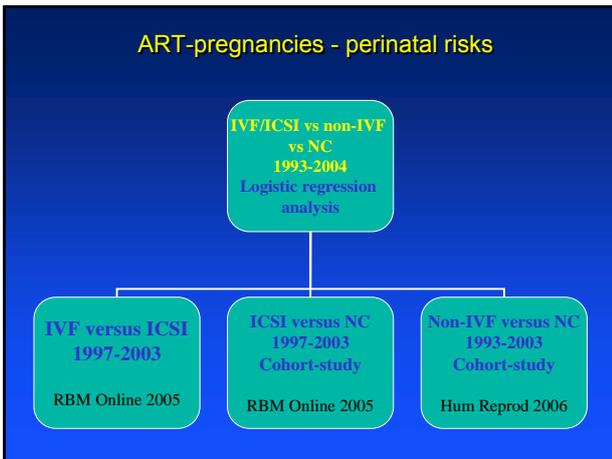
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## ART-pregnancies - perinatal risks




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## Study 1

Obstetric and perinatal outcome of 1655 ICSI and 3974 IVF singleton and 1102 ICSI and 2901 IVF twin births: a comparative analysis



Willem Ombeki started his career in infertility and IVF in 1984 in Pretoria, South Africa. Since 1987 he has been working in the Department of Obstetrics and Gynaecology in the St. Jan's Hospital of Leuven, Belgium. He is the founder of the Leuven Institute for Fertility Technology and Chairman of four 'Andrology in the Nineties' meetings. In 1998 he obtained his PhD degree at the University of Leuven. His thesis was entitled 'The value of sperm morphology and other semen parameters in diagnosis and treatment of human subfertility'. In 1999 he became Head of the Department, and from 2001 to 2004 he was the President of the Flemish Society of Obstetrics and Gynaecology.

Dr Willem Ombeki

Willem Ombeki<sup>1,2,3</sup>, Isabelle Cadron<sup>2</sup>, Jan Gerrits<sup>2</sup>, Petra De Sutter<sup>4</sup>, Eugene Bosmans<sup>5</sup>, Guy Martens<sup>5</sup>, Gunther Buyssens<sup>5</sup>, Paul Debrant<sup>5,7</sup>, Geert Molenberghs<sup>6</sup>, Wilfried Gynaesiers<sup>7</sup>

Reprod Biomed Online. 2005 Jul;11(1):76-85

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## Risks of ICSI

Damage to internal structure oocyte

Bypassing natural selection process of zona pellucida

Delayed replication of the male genome

Different synchrony of fertilisation events

Microinjection of  
- sperm-associated foreign DNA  
- biochemical contaminants

Microinjection of:  
- immature sperm  
- sperm carrying genetic defects

-- Procedure-dependent risks

-- Procedure-independent risks

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**Singletons: ICSI = 1655 & IVF = 3974**

	ICSI (%)	IVF (%)	OR
< 1500 gr	1.9	2.0	0.95 (0.63-1.43)
< 32 w	1.6	1.9	0.87 (0.56-1.36)
< 37 w	<b>9.2</b>	<b>12.4</b>	<b>0.58 (0.47-0.71)</b>
PNM	1.2	1.1	1.09 (0.62-1.91)
Transfer NIC	19.5	21.6	0.88 (0.76-1.02)
Intubation	1.7	2.5	0.71 (0.46-1.07)
IC bleeding	0.4	0.7	0.51 (0.21-1.24)
Convulsions	0.2	0.3	0.69 (0.23-2.08)
Cong. Malform	2.1	2.1	0.96 (0.65-1.42)

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**Twins: ICSI = 1102 & IVF = 2901**

	ICSI (%)	IVF (%)	OR
< 1500 gr	9.0	8.5	1.06 (0.83-1.35)
< 32 w	8.8	8.5	1.02 (0.73-1.43)
< 37 w	58.2	57.0	1.05 (0.86-1.29)
PNM	3.1	2.4	1.29 (0.83-1.99)
Stillbirth	<b>2.1</b>	<b>1.0</b>	<b>2.04 (1.14-3.64)</b>
Transfer NIC	67.4	69.8	0.90 (0.77-1.04)
Intubation	7.7	7.4	1.04 (0.79-1.36)
IC bleeding	1.8	2.3	0.77 (0.47-1.27)
Convulsions	0.5	0.3	1.76 (0.56-5.40)
Cong. Malform	5.7	5.3	1.07 (0.79-1.36)

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**Stillbirths: IVF vs ICSI**

**IVF ( 30/2901 = 1.03 %)**

Cervic.incomp + PPROM: 7  
 Cervic.incomp: 4  
 PPROM: 5  
 PIH +/- IUGR: 4 (13.3%)  
 Solutio placentae: 2  
 Cong. Malformation: 2  
 Unknown: 6

**ICSI ( 23/1102 = 2.08 %)**

Cervic.incomp + PPROM: 7  
 PPROM: 4  
 PIH +/- IUGR: 8 (34.8%)  
 Unknown: 2

Immunologic factor ??

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## Study 2

### Perinatal outcome of ICSI pregnancies compared with a matched group of natural conception pregnancies in Flanders (Belgium): a cohort study



When Omboni started his career in infertility and IVF in 1984 in Pretoria, South Africa. Since 1987 he has been working in the Department of Obstetrics and Gynaecology in the St. Jans Hospital of Ghent, Belgium. He is the founder of the Ghent Institute for Fertility Technology and Chairman of the 'Andrology in the Newborn' meetings. In 1988 he obtained his PhD degree at the University of Leuven. His thesis was entitled 'The value of sperm morphology and other semen parameters in diagnosis and treatment of human subfertility'. In 1999 he became Head of the Department, and from 2001 to 2004 he was the President of the Flemish Society of Obstetrics and Gynaecology.

Dr Willem Omboni

Willem Omboni<sup>1\*</sup>, Karen Poosier<sup>1</sup>, Petra De Sutter<sup>1</sup>, Jan Gerris<sup>1</sup>, Eugène Boonans<sup>1</sup>, Guy Maréchal<sup>1</sup>, Gustaf Ruysschock<sup>1</sup>, Paul Debuysse<sup>1</sup>, Geert Molenberghs<sup>1</sup>, Wilfried Ouytsaers<sup>1</sup>

Reprod Biomed Online. 2005 Aug;11(2):244-53.

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## ICSI // matched control study

ICSI singletons: 1655  
Control population: 430 565

ICSI twins: 1102  
Control population: 430 565



Matched for parity, fetal sex, female age,  
year of delivery, place of delivery  
For each case two controls

Singletons  
Cases: 1655  
Controls: 3278

Twins  
Cases: 1102  
Controls: 2163

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## Singletons: ICSI = 1655 & NC = 3278

	ICSI (%)	Controls (%)	OR
< 1500 gr	1.9	1.5	1.25 (0.78-1.99)
< 32 w	1.6	1.5	1.05 (0.64-1.72)
< 37 w	9.2	7.9	1.17 (0.95-1.46)
PNM	1.2	0.7	1.73 (0.91-3.28)
Transfer NIC	19.5	18.8	1.05 (0.90-1.22)
Intubation	1.7	1.8	0.97 (0.62-1.52)
IC bleeding	0.4	0.5	0.70 (0.27-1.77)
Convulsions	0.2	0.4	0.66 (0.21-2.50)
Cong. Malform	2.1	2.1	1.02 (0.67-1.56)

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**Twins: ICSI = 1102 & NC = 2163**

	ICSI (%)	Ctr (%)	OR
< 1500 gr	8.8	10.1	0.86 (0.67-1.11)
< 32 w	8.6	10.1	0.84 (0.65-1.08)
< 37 w	58.5	57.2	1.06 (0.91-1.23)
PNM	3.1	2.7	1.16 (0.74-1.81)
Stillbirth	2.1	1.4	1.52 (0.88-2.62)
Transfer NIC	67.4	70.3	0.88 (0.75-1.02)
Intubation	7.6	8.7	0.86 (0.66-1.13)
IC bleeding	1.8	2.6	0.70 (0.41-1.16)
Convulsions	0.5	0.8	0.69 (0.27-1.75)
Cong. Malform	3.2	3.0	1.06 (0.68-1.64)

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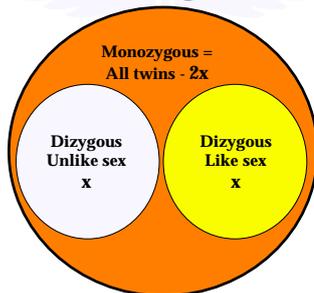
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**Weinberg Rule**




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**Unlike-sex Twins:  
ICSI = 470 & NC = 907**

	ICSI (%)	Ctr (%)	OR
< 1500 gr	7.6	9.0	0.83 (0.55-1.25)
< 32 w	8.5	9.0	0.93 (0.63-1.39)
< 37 w	61.7	53.8	1.38 (1.10-1.75)
PNM	3.8	1.4	2.74 (1.26-5.98)
Stillbirth	2.1	0.8	2.80 (1.06-7.39)
Transfer NIC	70.8	70.9	0.99 (0.78-1.28)
Intubation	7.4	7.6	0.98 (0.64-1.49)
IC bleeding	1.1	2.1	0.50 (0.18-1.35)
Convulsions	0.6	0.5	1.16 (0.22-1.35)
Cong. Malform	3.2	2.3	1.39 (0.67-2.85)

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**Non-IVF vs matched controls**  
**Twins: non-IVF = 3108 = Controls**

	non-IVF (%)	Ctr (%)	OR
< 1500 gr	8.5	7.3	1.19 (0.98-1.44)
< 32 w	7.9	6.6	1.20 (0.99-1.46)
< 37 w	53.7	50.9	1.11 (1.01-1.23)
PNM	3.1	2.5	1.28 (0.94-1.75)
Stillbirth	1.4	1.5	0.94 (0.71-1.31)
Neonatal death	1.7	0.9	1.84 (1.14-2.98)
Transfer NIC	67.9	67.8	1.00 (0.90-1.12)
Intubation	7.9	6.2	1.25 (1.03-1.53)
IC bleeding	1.9	1.5	1.28 (0.86-1.90)
Convulsions	0.3	0.4	0.75 (0.32-1.78)
Cong. Malform	2.6	2.7	0.96 (0.71-1.31)

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**Non-IVF vs matched controls**  
**DZ-twins: non-IVF = 1320 = Controls**

	non-IVF (%)	Ctr (%)	OR
< 1500 gr	9.0	6.8	1.61 (1.21-2.14)
< 32 w	8.6	6.4	1.37 (1.02-1.86)
< 37 w	54.5	46.6	1.96 (1.67-2.31)
PNM	3.4	2.2	1.57 (0.96-2.59)
Stillbirth	1.6	0.9	1.76 (0.82-3.82)
Transfer NIC	67.7	67.0	1.03 (0.87-1.22)
Intubation	7.4	7.0	1.04 (0.79-1.36)
IC bleeding	1.8	2.3	1.06 (0.78-1.44)
Convulsions	0.2	0.7	0.22 (0.05-1.03)
Cong. Malform	6.2	5.5	1.13 (0.81-1.59)

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**SPE – results 1993 - 2003**  
**Conclusion Study 3**

**Non-IVF versus matched controls**

- Singl: ↑ PNM, stillbirth
- Twins: ↑ prematurity (<37w), neonatal death
- DZ-twins: ↑ prematurity (< 32 w, < 37w) & VLBW

non-IVF pregnancies (singl & twins)  
 are to be considered as  
 “risk pregnancies”

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### Study 4

#### Results in Flanders between 1993 and 2004

- Total number of births: 750751
- 59523: Mode of conception unknown (7.9 %)
- number of births investigated: 691228
- Number of singleton births: 664803
- Number of twin births: 25313

**Twins**  
 Spt: 15846  
 IVF-ICSI: 6118  
 Non-IVF: 3349

**Singletons**  
 Spt: 642613  
 IVF-ICSI: 8995  
 Non-IVF: 13195

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### Study 4

#### Results in Flanders between 1993 and 2004

- Logistic regression analysis
  - ◆ IVF/ICSI versus NC versus non-IVF
  - ◆ Singletons – twins - Unlike-sex twins

Logistic regression analysis including mode of conception, female age, fetal sex, parity & year of delivery

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#### SPE – results 1993-2004 singleton births

Totaal	IVF/ICSI	non-IVF	NC
664803	8995	13195	642613
	%	%	%
< 1500 gr	2.2	1.3	0.8
< 2500 gr	9.4	6.6	4.9
< 32 w	2.0	1.3	0.8
< 37 w	11.3	7.8	5.8
PNM	1.21	0.74	0.64
NIC-transfer	21.2	18.3	15.0
Congen. Malf	2.5	1.8	1.6
Intubation	7.9	5.8	5.3
IC bleeding	2.2	1.5	1.2

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**SPE – results 1993-2004  
singleton births**

	IVF/ICSI %	NC %	OR
< 1500 gr	2.2	0.8	2.51 (2.16-2.90)
< 2500 gr	9.4	4.9	1.76 (1.64-1.90)
< 32 w	2.0	0.8	2.34 (2.00-2.73)
< 37 w	11.3	5.8	1.92 (1.79-2.05)
PNM	1.21	0.64	1.90 (1.57-2.30)
NIC-transfer	21.2	15.0	1.34 (1.27-1.41)
Congen. Malf	2.5	1.6	1.55 (1.35-1.78)
Intubation	7.9	5.3	1.45 (1.27-1.72)
IC bleeding	1.5	1.2	1.64 (1.24-2.16)

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**SPE – results 1993-2004  
singleton births**

	non-IVF %	Spt %	OR
< 1500 gr	1.3	0.8	1.53 (1.31-1.79)
< 2500 gr	6.6	4.9	1.24 (1.16-1.33)
< 32 w	1.3	0.8	1.52 (1.30-1.77)
< 37 w	7.8	5.8	1.31 (1.23-1.40)
PNM	0.74	0.64	1.12 (0.91-1.37)
NIC-transfer	18.3	15.0	1.17 (1.12-1.23)
Congen. Malf	1.8	1.6	1.13 (0.99-1.28)
Intubation	5.8	5.3	1.10 (0.95-1.67)
IC bleeding	1.5	1.2	1.26 (0.95-1.67)

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**SPE – results 1993-2004  
singleton births**

	non-IVF %	IVF/ICSI %	OR
< 1500 gr	1.3	2.2	0.61 (0.50-0.75)
< 2500 gr	6.6	9.4	0.71 (0.64-0.78)
< 32 w	1.3	2.0	0.65 (0.52-0.80)
< 37 w	7.8	11.3	0.68 (0.62-0.75)
PNM	0.74	1.21	0.59 (0.45-0.78)
NIC-transfer	18.3	21.2	0.88 (0.82-0.94)
Congen. Malf	1.8	2.5	0.73 (0.60-0.78)
Intubation	5.8	7.9	0.75 (0.61-0.92)
IC bleeding	1.5	2.2	0.77 (0.70-1.24)

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### SPE – results 1993-2004 twin births

Totaal	IVF/ICSI	non-IVF	NC
25313	6118	3349	15846
	%	%	%
< 1500 gr	8.0	8.7	8.7
< 2500 gr	56.9	56.9	54.3
< 32 w	8.2	8.0	8.5
< 37 w	55.4	55.8	52.1
PNM	2.65	3.17	2.93
NIC-transfer	69.3	68.7	67.8
Congen. Malf	3.3	2.7	3.1
Intubation	11.4	12.2	12.6
IC bleeding	3.4	3.1	3.4

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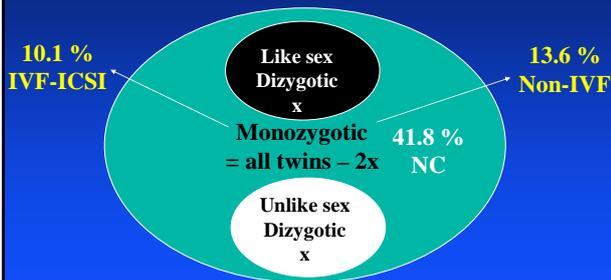
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### Weinberg Rule




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### SPE – results 1993-2004 unlike-sex twin births

	non-IVF	NC	OR
	%	%	
< 1500 gr	9.3	7.0	1.18 (0.90-1.53)
< 2500 gr	58.1	50.2	1.22 (1.05-1.41)
< 32 w	9.1	6.8	1.01 (0.99-1.09)
< 37 w	55.8	47.8	1.07 (0.98-1.17)
PNM	3.55	2.04	1.59 (1.04-2.42)
NIC-transfer	68.5	65.5	1.04 (0.89-1.23)
Congen. Malf	2.5	2.4	1.03 (0.69-1.53)
Intubation	11.7	10.8	1.06 (0.79-1.41)
IC bleeding	2.9	3.1	0.94 (0.55-1.60)

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**SPE – results 1993-2004**  
**unlike-sex twin births**

	IVF/ICSI %	non-IVF %	OR
< 1500 gr	8.0	9.3	1.15 (0.86-1.53)
< 2500 gr	57.1	58.1	1.03 (0.88-1.21)
< 32 w	8.9	9.1	0.99 (0.94-1.04)
< 37 w	54.0	55.9	1.12 (0.88-1.44)
PNM	2.84	3.55	1.25 (0.80-1.94)
NIC-transfer	69.3	68.5	0.95 (0.79-1.13)
Congen. Malf	3.0	2.5	0.88 (0.59-1.13)
Intubation	10.7	11.7	1.00 (0.73-1.37)
IC bleeding	3.0	2.9	0.89 (0.49-1.60)

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**Conclusion**

Perinatal mortality & morbidity

Singletons: IVF/ICSI > non-IVF > NC

Twins: IVF/ICSI = non-IVF = NC

Unlike-sex twins: non-IVF (>)= IVF/ICSI > NC

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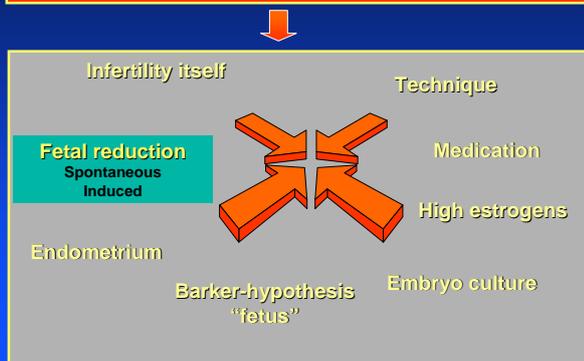
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**Why are ART-pregnancies at risk ?**




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Consequences of vanishing twins in IVF/ICSI pregnancies

**Pinborg et al., Hum Reprod 2005, 20:2821-9.**  
10 % of IVF singletons originates from a twin gestation  
Sptn reductions > 8 week = Obstetrical & perinatal risk

**Shebl et al., Fertil Steril 2007**  
case-control study  
↑ risk for LBW and SGA

**De Sutter et al., Hum Reprod 2006, 21:2633-7.**  
Birthweight of SET vs DET singletons  
SET: ↑ birthweight

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A comparison of the outcomes between twin and reduced twin pregnancies produced through ART

*Cheang et al., F & S, 2007*

The fetal reduction group ( n = 353 ) was associated with a higher incidence of extreme prematurity, prematurity, and lower birth weight than the nonreduced group ( n = 389 ).

These findings were more pronounced among patients with a higher initial number of fetuses

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Hypothesis

Fetal reduction (to singletons or twins)  
Spontaneous reduction of multiples

Increased risk for prematurity & LBW  
More often in non-IVF group  
Non-IVF: more often high-order multiples

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Data fetal reduction → twin: 1993-2004			
	Non-IVF	IVF/ICSI	NC
SPE: 12669 twins	1673 (13.2 %)	3060 (24.1 %)	7936 (62.6 %)

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Data fetal reduction → twin: 1993-2004			
	Non-IVF	IVF/ICSI	NC
High-order → twin: 85	67 78.8 %	16 18.8 %	2 2.3 %
Triplet → twin: 390	169 43.3 %	196 50.2 %	25 6.4 %
Total MPR: 475	236 49.6 %	212 44.6 %	27 5.7 %
SPE: 12669 twins	1673 (13.2 %)	3060 (24.1 %)	7936 (62.6 %)

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Total MPR: 475	236 49.6 %	212 44.6 %	27 5.7 %
SPE: 12669 twins	1673 (13.2 %)	3060 (24.1 %)	7936 (62.6 %)
475/12669 = 3.7 %	236/1673 = 14.1 %	212/3060 = 6.9 %	27/7936 = 0.3 %

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**Data fetal reduction → twin: 1993-2004**

	Non-IVF	IVF/ICSI	NC
High-order → twin: 85	67 78.8 %	16 18.8 %	2 2.3 %
Triplet → twin: 390	169 43.3 %	196 50.2 %	25 6.4 %
Total MPR: 475	236 49.6 %	212 44.6 %	27 5.7 %
SPE: 12669 twins	1673 (13.2 %)	3080 (24.1 %)	7936 (62.6 %)
475/12669 = 3.7 %	236/1673 = 14.1 %	212/3060 = 6.9 %	27/7936 = 0.3%
High-order → twin	4.0 %	0.5 %	0.02 %

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**With special thanks to all midwives,  
gynaecologists and paediatricians of Flanders  
and to the co-workers of the SPE who made  
this presentation possible !**




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