# Birefringence: a tool for sperm selection in ICSI cycles

#### Anna Pia Ferraretti – Luca Gianaroli – Cristina Magli

www.sismer.it sismer@sismer.it

# Infertile population

- Female factor (40%)
- Male factor (30%)
- Female and male factor ( 30%)

# Male factor (low count, motility, morphology) is present in > 50%

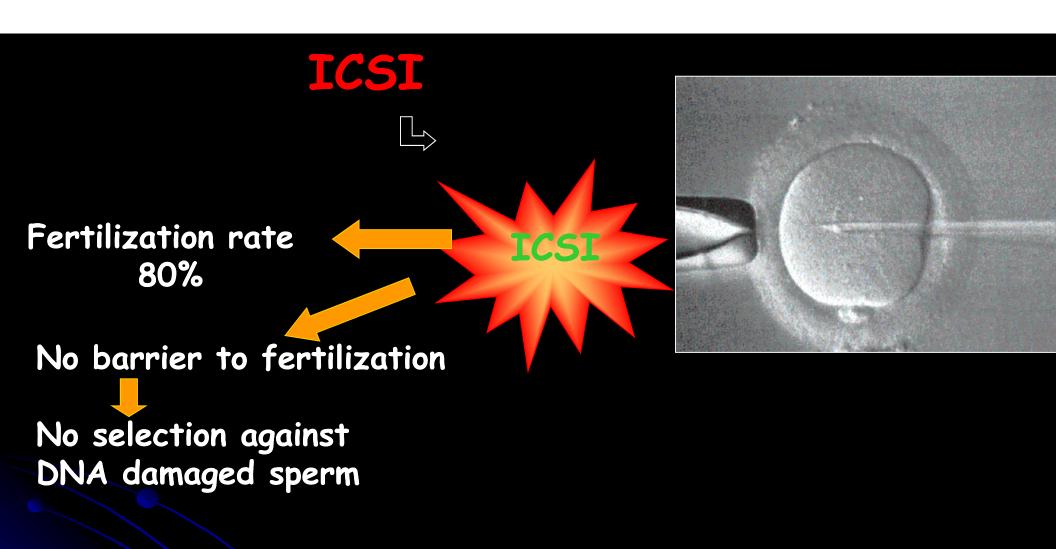
- 70% : mild moderate
- 30% : severe to extreme (TESE)

# Infertile population undergoing ART

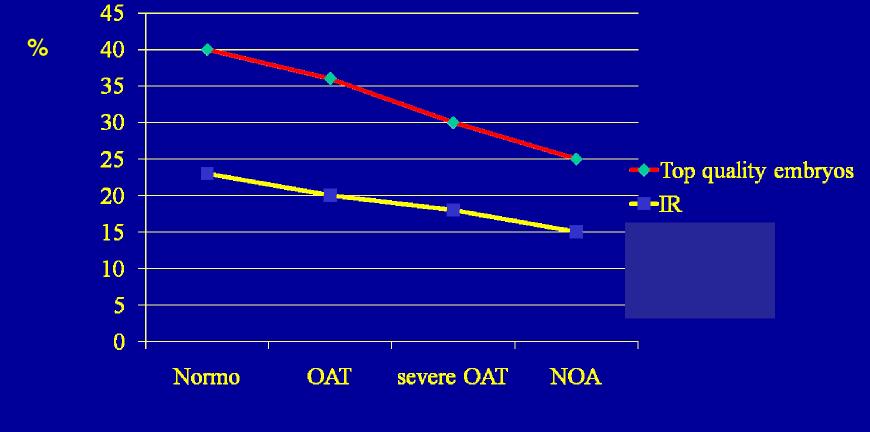
Male factor is present in > 50%

- 70% : mild moderate OAT
- 20% : severe OAT
- 10% : sperms retrieved from the seminal tract duu to obstructive azoospermia
  (OA) or non-ostructive azoospermia (NOA)

Men with severe OAT and Azoospermia : population at higher genetic risk compared to normospermic



## **Top quality embryos and Implantation Rate (IR)**



**SEMEN TYPOLOGY** 

#### Increased risk of chromosomal anomalies

0

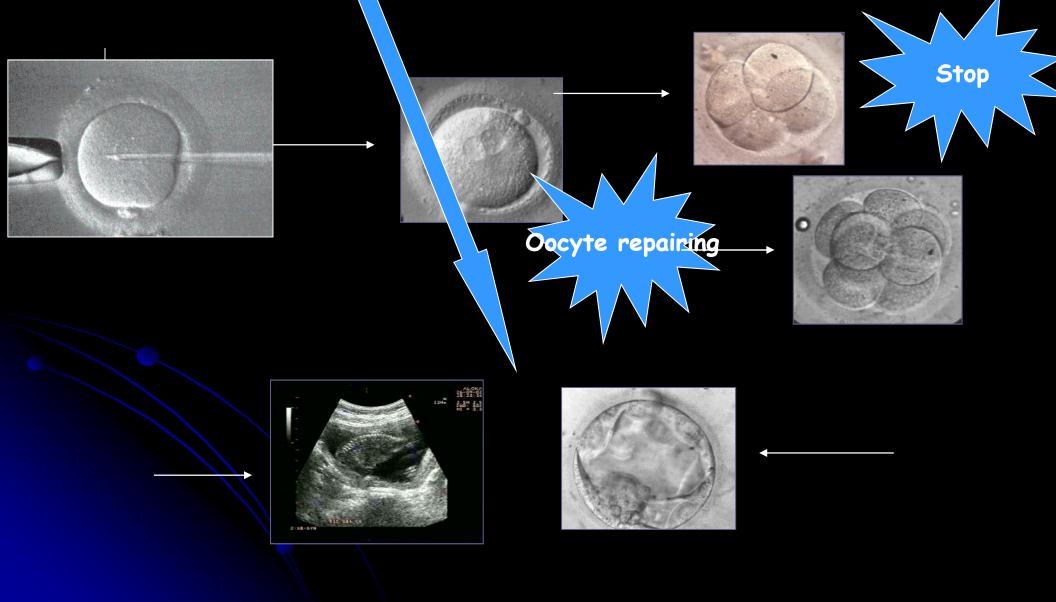






S.I.S.ME.R. VISION 2000

#### Sperm DNA damage can affect the reproductive press at different levels

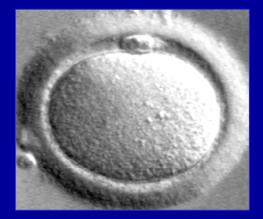


# Law regulating ART procedures (Law 40) and integrative Guidelines (DM 21-7-2004) from March 2004 to April 2009

#### Limitations:

- Embryo (and 2PN) cryopreservation is not permitted
   The embryo production techniques are not allowed to produce a number of embryos higher than the quantity strictly needed for one only simultaneous transfer, anyhow not more than three.
- 3) PGD-AS embryo's selection is banned
- 4) Embryos can be discarded only when showing clear signs of degeneration.
  - As a direct consequence, a maximum of 3 eggs had be used for insemination

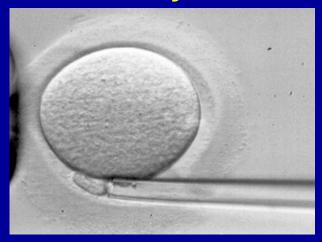
### Gametes selection became crucial





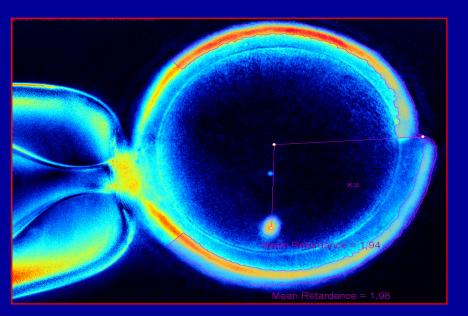
### **Oocyte selection before insemination**

# First polar body FISH analysis





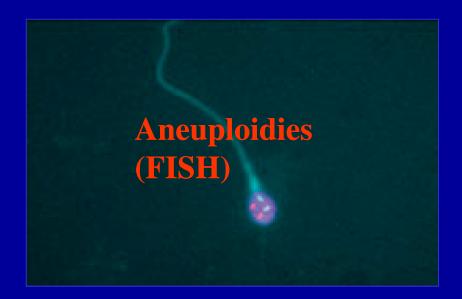
#### Polscope



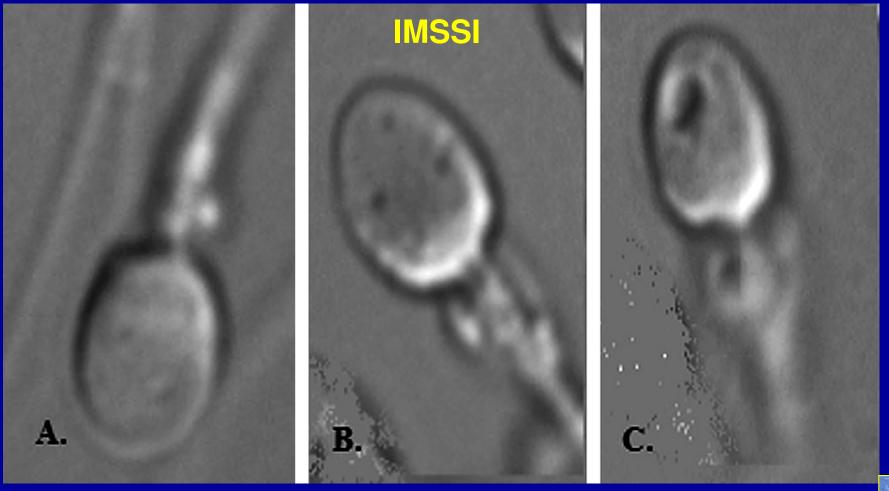
### Advanced Laboratory of Andrology S.I.S.Me.R Semen evaluation before treatment







#### INTRACYTOPLASMIC MORPHOLOGICALLY SELECTED SPERM INJECTION





Peer et al. 2007 Fertil Steril 88, 1589-1594

S.I.S.ME.R. VISION 2000

#### SPERMATOZOA PROTOPLASMIC STRUCTURE

Human spermatozoa possess characteristics of birefringence due to the anisotropy of their protoplasmic texture.

mature acrosomal complex

mature sperm nucleus

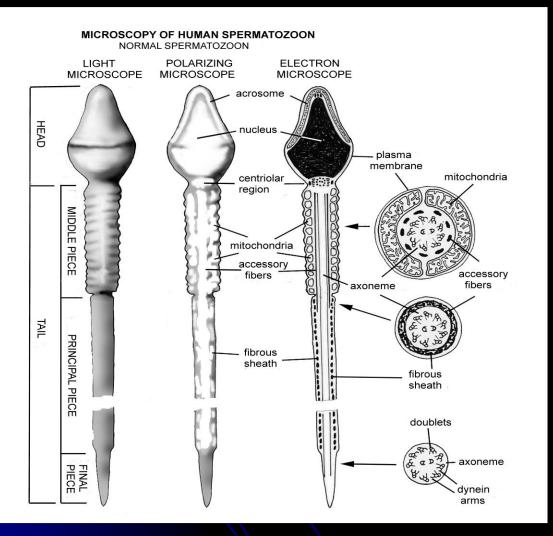
midpiece

protein subacrosomal filaments longitudinally oriented

nucleoprotein filaments - arranged in rods and longitudinally oriented



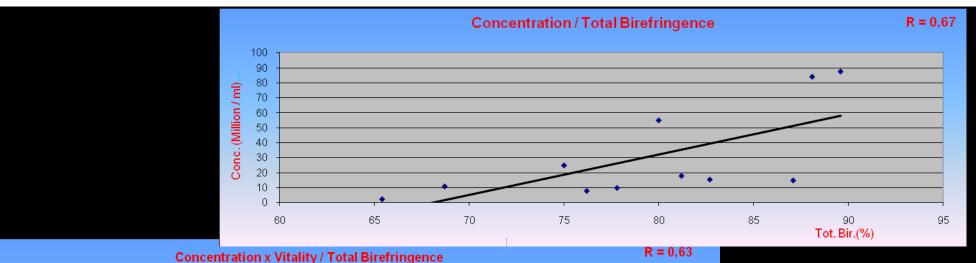
# **Birefringence**

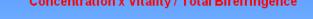


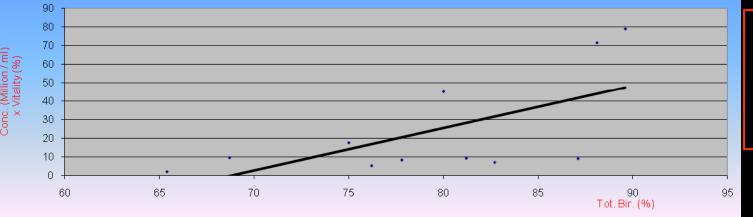
Information on the inner structures that is closer to TEM than that obtained by light microscope

Presence of birefringence is the expression of an organized and very compact texture ( nonpyknotic nuclei, normal acrosomes, motile tails)

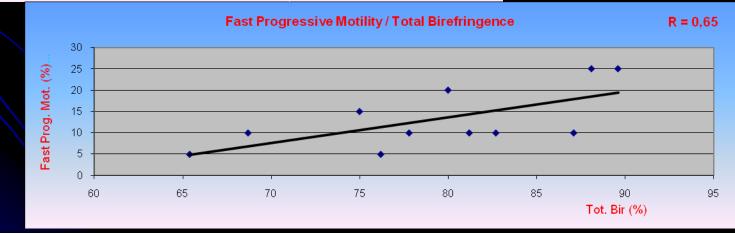








The proportion of birefringent spermatozoa was positively correlated with concentration, vitality and progressive motility

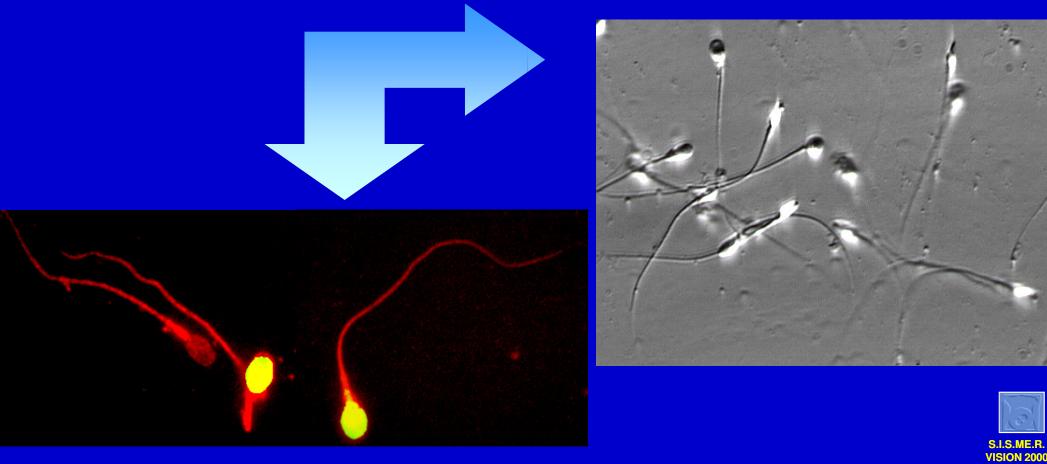


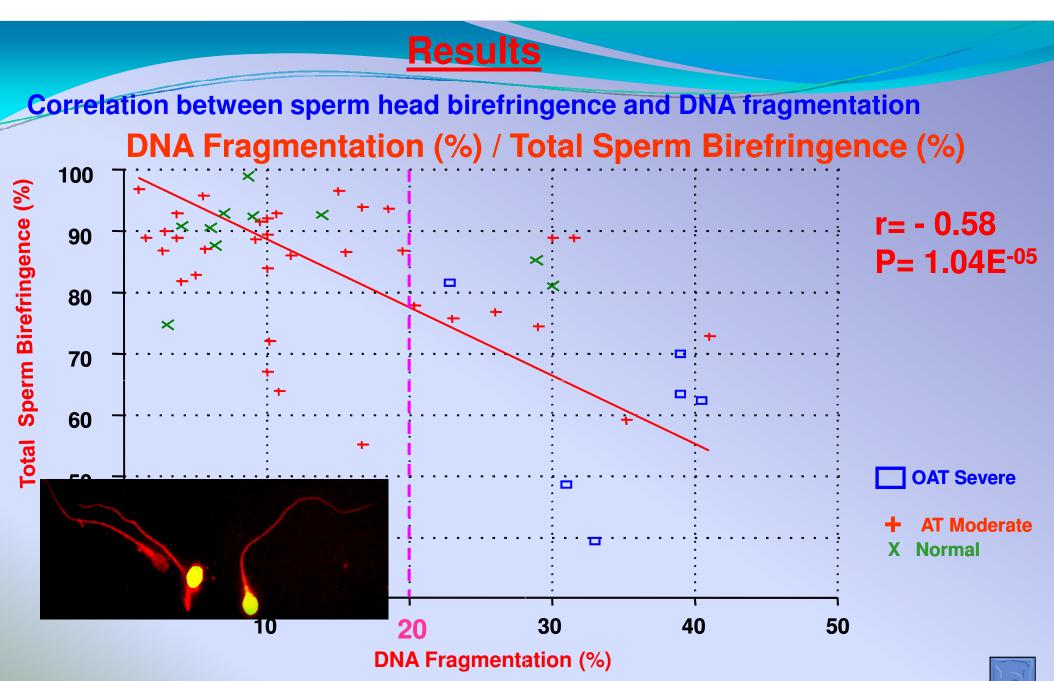


S.I.S.ME.R. Vision 2000 09.05-07.06

#### Aim of the study

To establish whether a correlation could be assessed between protoplasmic texture, as identified by birefringence properties, and DNA fragmentation of sperm cells, determined using the terminal deoxynucleotidyl transferase mediated dUTP-nick end labeling (TUNEL) assay



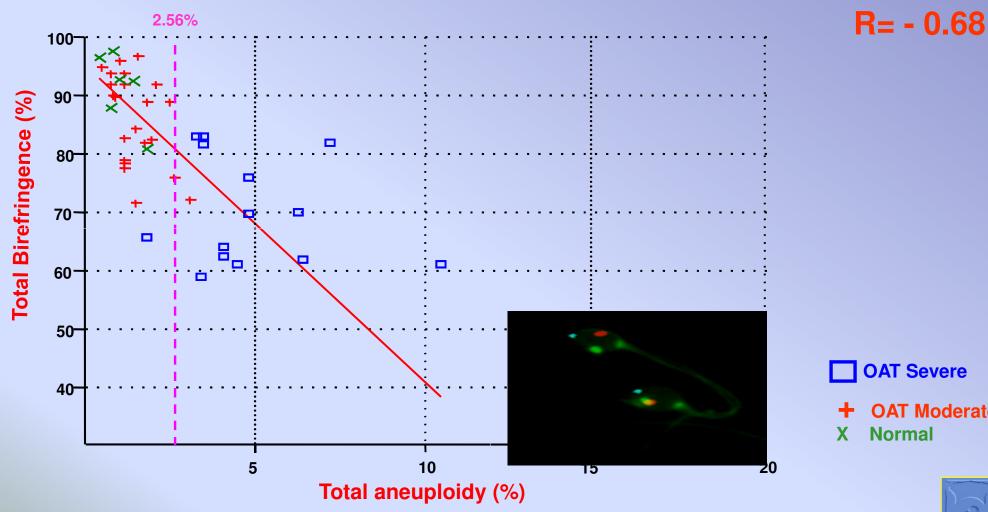


The proportion of total birefringent sperm head was inversely correlated with the incidence of fragmented DNA.



#### Results

#### **Correlation between sperm head birefringence and aneuploidy** Total aneuploidy (%) / Total Birefringence (%)



**OAT Severe** 

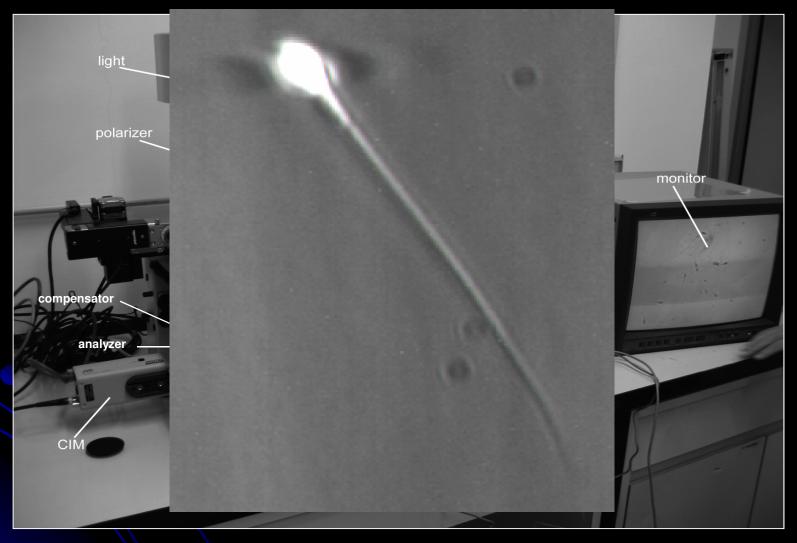
Normal

**OAT Moderate** 

The proportion of birefringent-head motile spermatozoa was inversely correlated with the frequency of total aneuploidy (P= 9.59E<sup>-7</sup>).

**VISION 2000** 

# **Polarization microscopy**



B.Baccetti – Microscopical advances in assisted reproduction - J. Submicrosc. Cytol.Pathol., 36 (3-4), 333-339, 2004.





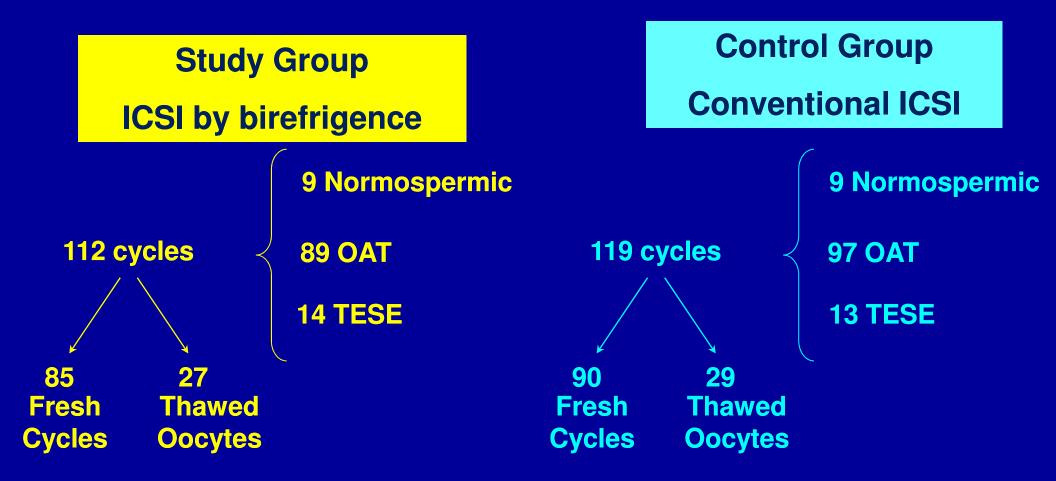
*birefringent (a) and no birefringent (b).* 



b

# "Diagnosis" of birefringent and not birefringent spermatozoa without affecting their vitality

#### **Prospective controlled trial**



According to the Italian law on IVF (2004-2009), only three oocytes could be inseminated per patient and all the generated embryos were transferred.

Gianaroli et al. (2007) Sperm selection for icsi according to the presence of birefringence in the sperm head. Fertil Steril. DOI: 10.1016/jfertnstert.2007.05.078

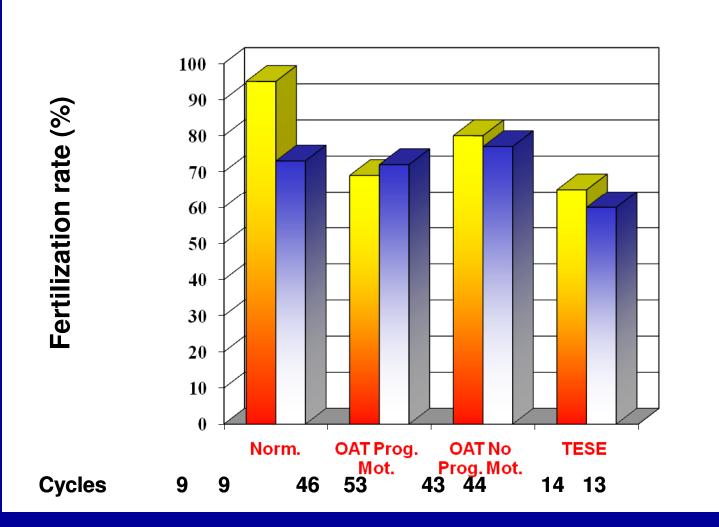


S.I.S.ME.R. VISION 2000 09.05-07.06

#### Results FERTILIZATION RATE ACCORDING TO THE QUALITY OF THE SPERM SAMPLES

Study group

Controls



#### **Results**

#### CLEAVAGE RATE ACCORDING TO THE QUALITY OF THE SPERM SAMPLE

■ Study group

Controls

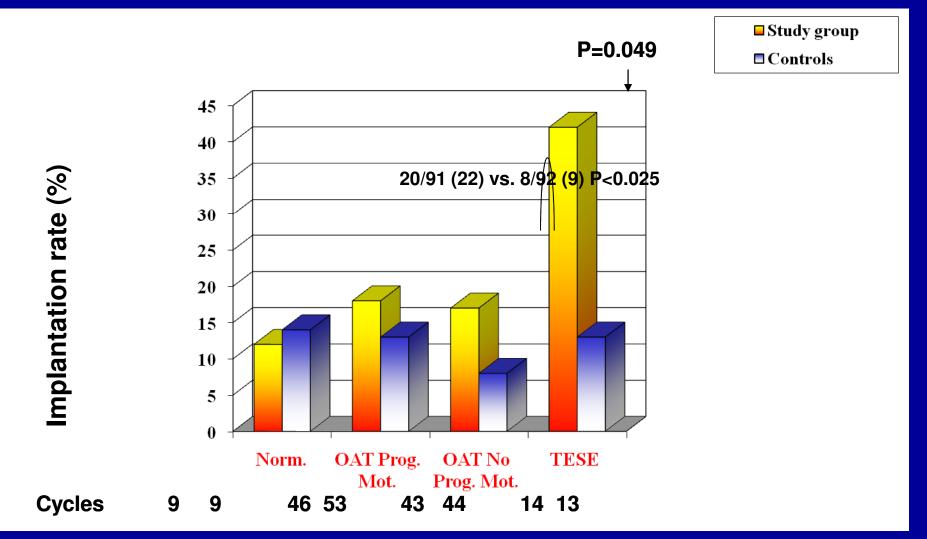
100 90 80 Cleavage rate (%) 70 60 50 40 30 20 10 0 OAT Prog. OAT No TESE Norm. Prog. Mot. Mot. Cycles 9 9 46 53 43 44 14 13

#### **Cumulative Results**

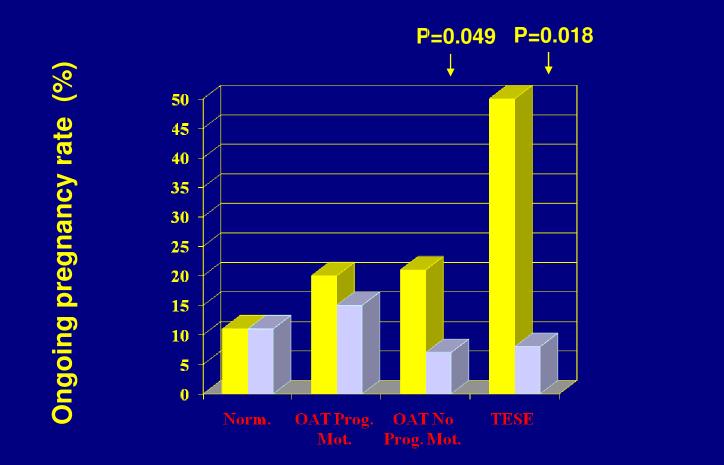
	Study group	Controls	P
No. Cycles	112	119	
Age	34.8±4.4	35.7±4.7	
% birefringent spermatozoa	39.9±30.4	-	
No. Fertilized oocytes (%)	235/317 (74)	248/342 (72)	
No. Embryos	204 (87)	210 (85)	
grade 1 day +2	178 (87)	177 (84)	
4c-1	66 (32)	57 (27)	
grade 1 day +3	144/164 (88)	117/135 (87)	
8c-1	54 (33)	27 (20)	<0.01
No. Transferred cycles	101	104	
No. Transferred embryos	184 (1.8±0.7)	196 (1.9±0.7)	
No. Clinical pregnancies (%)	31 (31)	22 (21)	
Implantation Rate (%)	35/184 (19.0)	22/196 (11.2)	<0.02
Abortions (%)	5 (16)	9 (41)	<0.01
Ongoing pregnancy rate (%)	26/112 (23)	13/119 (11)	<0.01

#### **Results**

#### IMPLANTATION RATE ACCORDING TO THE QUALITY OF THE SPERM SAMPLE



#### ONGOING PREGNANCY RATE PER CYCLE ACCORDING TO THE QUALITY OF THE SPERM SAMPLE



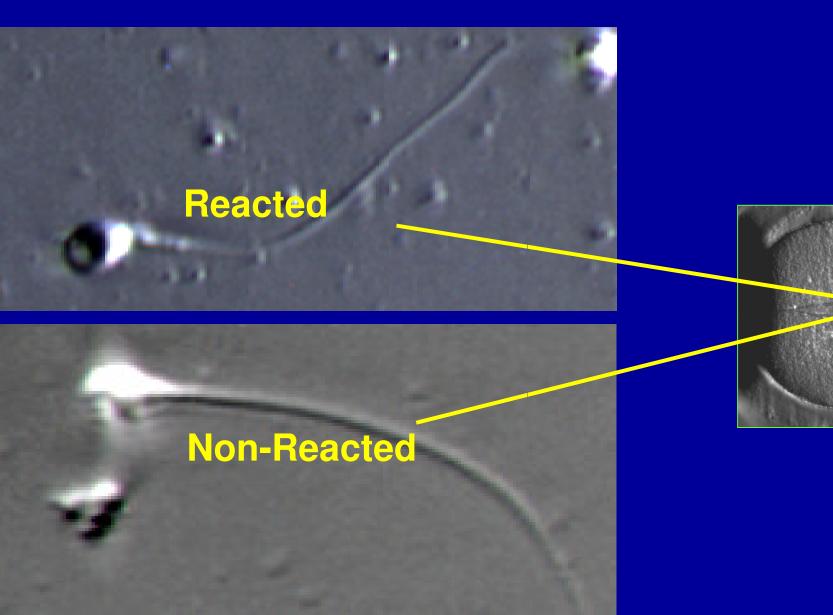
■ Study group ■ Controls



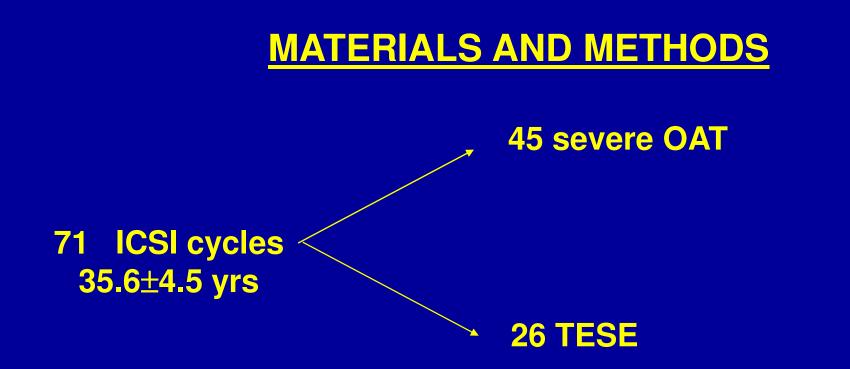
S.I.S.ME.R. VISION 2000 09.05-07.06

Gianaroli et al. (2007) Sperm selection for icsi according to the presence of birefringence in the sperm head. Fertil Steril. DOI: 10.1016/jfertnstert.2007.05.078

## **BIREFRINGENCE IN SPERM HEAD**







During ICSI, the type of birefringence of the injected spermatozoa was analyzed to distinguish between reacted and non-reacted spermatozoa.

#### Up to three oocyte per patient were inseminated.

Gianaroli et al. (2010) Birefringence characteristics in sperm head allow for the selection of reacted spermatozoa for ICSI. Fertil Steril., 93; 807-813)



#### **MATERIALS AND METHODS**

Injection with either type of spermatozoa was performed according to an even-odd randomization of patients. Allocation to either group was decided after the oocyte retrieval.

23 cycles – Acrosome reacted spermatozoa

26 cycles – Acrosome non-reacted spermatozoa

22 cycles – Mixed group: Acrosome reacted + Acrosome non-reacted spermatozoa





	Reacted	Non-reacted	Mixed
No. cycles	23	26	22
Age	34.9±4.0	36.3±4.3	35.6±5.3
No. TESE (%)	7 (30)	12 (46)	7 (32)
Fertilization rate (%)	50/72 (69.0)	49/73 (67)	51/69 (74)
Cleavage rate (%)	45/50 (90)	42/49 (86)	44/51 (86)





	Reacted	Non-reacted	Mixed
No. cycles	23	26	22
No. transferred cycles (%)	22 (96)	21 (81)	20 (91)
No. clinical pregnancies (% /cycle)	<b>12 (55)</b> <sup>a</sup>	3 (14) <sup>ab</sup>	8 (40) <sup>a</sup>
Implantation rate (%)	<b>(39.0)</b> <sup>c</sup>	(8.6) <sup>cd</sup>	(24.4) <sup>d</sup>
Ongoing pregnancy rate / cycle (%)	11 (48) <sup>e</sup>	2 (8) <sup>ef</sup>	7 (32) <sup>f</sup>

<sup>a</sup>P=0.006 <sup>b</sup>P=0.05 <sup>ce</sup>P=0.002 <sup>d</sup>P=0.048 <sup>f</sup>P=0.033

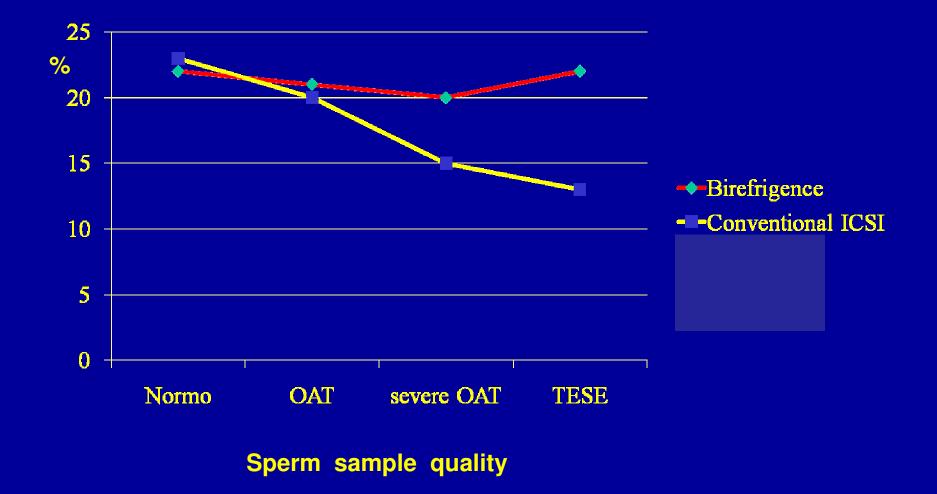


101

#### SISMER – Birefrigence cumulative data - 2006-2009

	severe OAT	TESE	TOT
Cycles	117	72	189
Transfers	107 (91,4%)	60 (83,3%)	167(88,3%)
Clinical pregnancies (%)	36 (33,6%)	19 (31,6)	55 (33%)
Abortions (%)	5/36 (13,8%)	1 (5,3%)	6 (11%)
I.R. (%)	43/212 (20,3%)	23/97 (23,7%)	66/309 (21,4%)

### **Implantation Rate (IR)**



#### SISMER – Birefrigence cumulative data - 2006-2009

	severe OAT	TESE	TOT
Cycles	117	72	189
Transfers	107 (91,4%)	60 (83,3%)	167(88,3%)
Clinical pregnancies (%)	36 (33,6%)	19 (31,6)	55 (33%)
Abortions (%)	5/36 (13,8%)	1 (5,3%)	6 (11%)
I.R. (%)	43/212 (20,3%)	23/97 (23,7%)	66/309 (21,4%)

