



# **From gametes to embryo: genetics and developmental biology**

Special Interest Groups  
Embryology & Reproductive Genetics

**27 June 2010  
Rome, Italy**

# 2



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*Organised by the Special Interest Groups Embryology & Reproductive Genetics*

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## ESHRE – European Society of Human Reproduction and Embryology

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### What is ESHRE?

ESHRE was founded in 1985 and its **Mission Statement** is to:

- promote interest in, and understanding of, reproductive science and medicine.
- facilitate research and dissemination of research findings in human reproduction and embryology to the general public, scientists, clinicians and patient associations.
- inform politicians and policy makers in Europe.
- promote improvements in clinical practice through educational activities
- develop and maintain data registries
- implement methods to improve safety and quality assurance



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### Executive Committee 2009/2011

Chairman	• Luca Gianaroli	Italy
Chairman Elect	• Anna Veiga	Spain
Past Chairman	• Joep Geraedts	Netherlands
	• Jean François Guérin	France
	• Timur Gürgan	Turkey
	• Ursula Eichenlaub-Ritter	Germany
	• Antonis Makrigiannakis	Greece
	• Miodrag Stojkovic	Serbia
	• Anne-Maria Suikkari	Finland
	• Carlos Plancha	Portugal
	• Françoise Shenfield	United Kingdom
	• Etienne Van den Abbeel	Belgium
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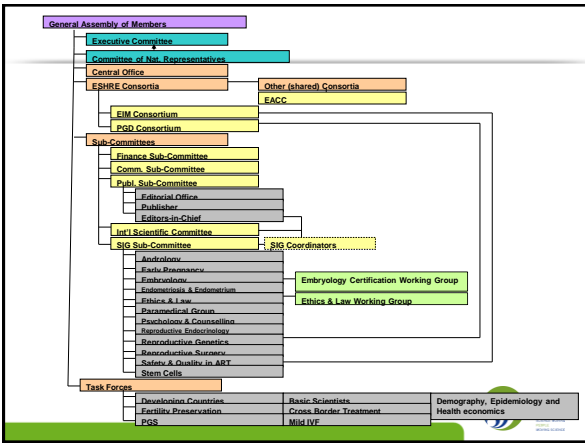
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### ESHRE Activities – Annual Meeting

- One of the most important events in reproductive science and medicine
- Steady increase in terms of attendance and of scientific recognition

Track record:  
 ESHRE 2008 – Barcelona: 7559 participants  
 ESHRE 2009 – Amsterdam: 8132 participants

Future meetings:  
 ESHRE 2010 – Rome, 27-30 June 2010  
 ESHRE 2011 – Stockholm, 3-6 July 2011




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### ESHRE Activities – Scientific Journals



*Human Reproduction with impact factor 3.773*



*Human Reproduction Update with impact factor 7.590*



*Molecular Human Reproduction with impact factor 2.537*


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### ESHRE Activities – Campus and Data Collection

- Educational Activities / Workshops
  - Meetings on dedicated topics are organised across Europe
  - Organised by the Special Interest Groups
  - Visit: [www.eshre.eu](http://www.eshre.eu) under CALENDAR
- Data collection and monitoring
  - EIM data collection
  - PGD data collection
  - Cross border reproductive care survey



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### ESHRE Activities - Other

- Embryology Certification
- Guidelines & position papers
- News magazine “Focus on Reproduction”
- Web services:
  - RSS feeds for news in reproductive medicine / science
  - Find a member
  - ESHRE Community



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### ESHRE Membership (1/3)

- ESHRE represents over 5,300 members (infertility specialists, embryologists, geneticists, stem cell scientists, developmental biologists, technicians and nurses)
- Overall, the membership is distributed over 114 different countries, with 50% of members from Europe (EU). 11% come from the US, India and Australia.



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### ESHRE Membership (2/3)

	1 yr	3 yrs
Ordinary Member	€ 60	€ 180
Paramedical Member*	€ 30	€ 90
Student Member**	€ 30	N.A.

\*Paramedical membership applies to support personnel working in a routine environment such as nurses and lab technicians.

\*\*Student membership applies to undergraduate, graduate and medical students, residents and post-doctoral research trainees.




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### ESHRE Membership – Benefits (3/3)

1) Reduced registration fees for all ESHRE activities:

Annual Meeting	Ordinary	€ 480	(€ 720)
	Students/Paramedicals	€ 240	(€ 360)
Workshops	All members	€ 150	(€ 200)

2) Reduced subscription fees to all ESHRE journals – e.g. for Human Reproduction €191 (€ 573!)

3) ESHRE monthly e-newsletter

4) News Magazine "Focus on Reproduction" (3 issues p. a.)

5) Active participation in the Society's policy-making




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### Special Interest Groups (SIGs)

The SIGs reflect the scientific interests of the Society's membership and bring together members of the Society in sub-fields of common interest

Andrology	Psychology & Counselling
Early Pregnancy	Reproductive Genetics
Embryology	Reproductive Surgery
Endometriosis / Endometrium	Stem Cells
Ethics & Law	Reproductive Endocrinology
Safety & Quality in ART	




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### Task Forces

A task force is a unit established to work on a single defined task / activity

- Fertility Preservation in Severe Diseases
- Developing Countries and Infertility
- Cross Border Reproductive Care
- Reproduction and Society
- Basic Reproductive Science
- Fertility and Viral Diseases
- Management of Infertility Units
- PGS
- EU Tissues and Cells Directive



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### Annual Meeting

Rome, Italy 27 June to 30 June 2010



Pre-congress courses (27 June):

- PCC 1: Cross-border reproductive care: information and reflection
- PCC 2: From gametes to embryo: genetics and developmental biology
- PCC 3: New developments in the diagnosis and management of early pregnancy complications
- PCC 4: Basic course on environment and human male reproduction
- PCC 5: The lost art of ovulation induction
- PCC 6: Endometriosis: How new technologies may help
- PCC 7: NOTES and single access surgery
- PCC 8: Stem cells in reproductive medicine
- PCC 9: Current developments and their impact on counselling
- PCC 10: Patient-centred fertility care
- PCC 11: Fertility preservation in cancer disease
- PCC 12: ESHRE journals course for authors



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### Annual Meeting – Scientific Programme (1/2)

Rome, Italy 27 June to 30 June 2010



- Molecular timing in reproduction
- Rise and decline of the male
- Pluripotency
- Preventing maternal death
- Use and abuse of sperm in ART
- Live surgery
- Emerging technologies in the ART laboratory
- Debate: *Multiple natural cycle IVF versus single stimulated cycle and freezing*



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## Annual Meeting – Scientific Programme (2/2)

- Fertility preservation
- Congenital malformations
- ESHRE guidelines
- Data from the PGD Consortium
- European IVF Monitoring 2007
- Debate: *Selection of male/female gametes*
- Third party reproduction in the United States
- Debate: *Alternative Medicine, patients feeling in control?*
- Historical lecture: "Catholicism and human reproduction"



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## Certificate of attendance

- 1/ Please fill out the evaluation form during the campus
- 2/ After the campus you can retrieve your certificate of attendance at [www.eshre.eu](http://www.eshre.eu)
- 3/ You need to enter the results of the evaluation form online
- 4/ Once the results are entered, you can print the certificate of attendance from the ESHRE website
- 5/ After the campus you will receive an email from ESHRE with the instructions
- 6/ You will have TWO WEEKS to print your certificate of attendance



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## Contact



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# PRE-CONGRESS COURSE 2 - Programme

## From gametes to embryo: Genetics and developmental biology

*Organised by the Special Interest Groups Embryology & Reproductive Genetics*

Course coordinators: M. Cristina Magli (SIG Embryology) & Stephane Viville (SIG Reproductive Genetics)

Course description: A basic course on the events regulating gametogenesis and embryogenesis, both in vivo and in vitro

Target audience: Clinical embryologists and reproductive geneticists

### Session 1 – Gametogenesis: the mechanisms underlying the development of competent gametes

- 09:00 – 09:30 Physiology of oogenesis, implications for oocyte competence - **Helen M. Picton (United Kingdom)**
- 09:30 – 09:45 Discussion
- 09:45 – 10:15 Physiology of spermatogenesis, implications for fertilising competence - **Dominique Royere (France)**
- 10:15 – 10:30 Discussion
- 10:30 – 11:00 Coffee break

### Session 2 – The genetics of development

- 11:00 – 11:30 Meiosis: possible errors - **Renee H. Martin (Canada)**
- 11:30 – 11:45 Discussion
- 11:45 – 12:15 Chromatin states and lineage choice in the mouse preimplantation embryo - **Maria-Elena Torres–Padilla (France)**
- 12:15 – 12:30 Discussion
- 12:30 – 13:30 Lunch

### Session 3 – Embryogenesis

- 13:30 – 14:00 First mitoses: principles of embryonic patterning and what can go wrong with it? – **Takashi Hiiragi (Germany)**
- 14:00 – 14:15 Discussion
- 14:15 – 14:45 Early stages or blastocysts, a critical choice for transfer - **Gayle Jones (Australia)**
- 14:45 – 15:00 Discussion
- 15:00 – 15:30 Coffee break

### Session 4 – The IVF laboratory

- 15:30 – 16:00 How to select the best gametes? - **Sjoerd Repping (The Netherlands)**
- 16:00 – 16:15 Discussion
- 16:15 – 16:45 In-vitro culture conditions and epigenetic modifications - **Wolf Reik (United Kingdom)**
- 16:45 – 17:00 Discussion





# Physiology of Oogenesis: *Implications For Oocyte Competence*

Prof. Helen M Picton *BSc, Ph.D*  
Leeds Institute For Genetics, Health & Therapeutics  
University of Leeds  
UK

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## Physiology of Oogenesis *Learning Objectives*

1. To map the growth and development of an oocyte from the earliest staged primordial germ cell to the production of a mature oocyte capable of undergoing fertilisation.
2. To gain insight into the relationship between somatic follicular cells and oocytes during oogenesis
3. To understand the dynamics of the nutritional environment needed to support oocyte growth and development
4. To understand the mechanisms regulating follicle and oocyte growth (drivers and moderators)
5. To provide an overview of the biology of oocyte maturation

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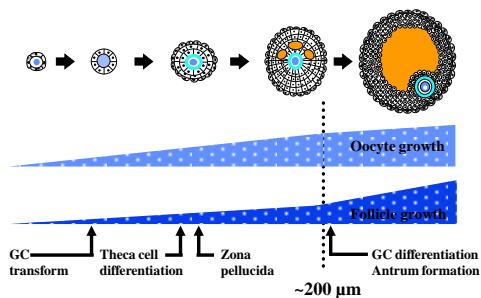
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### Morphological Changes During Folliculogenesis *In Vivo*



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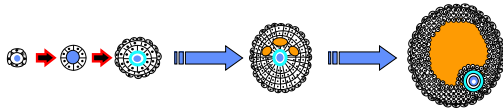
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## Follicle Growth Rates In Different Species *In Vivo*



	Preantral Size ( $\mu\text{m}$ )	Growth Period (days)	Mature Size
Mouse	100-200	10-12	500-600 $\mu\text{m}$
Pig	150-300	40-50	3.0-10 mm
Sheep	180-250	40-50	3.0-10 mm
Cow	180-250	40-50	3.8- >8.5 mm
Human	180-250	$\geq 90-180?$	17-20 mm

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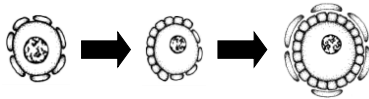
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## Primordial To Primary Follicle Transition



Clinical relevance:  
Abnormalities lead to pathologies  
*eg. POF*  
Therapeutic targets

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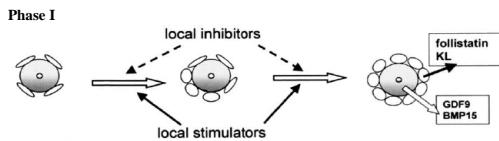
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## Model of Follicle Growth Initiation

(Braw-Tal\_Mol Cell Endocrinol. 2002 187:11-8.)



Phase I:-  

- Slow proliferation of GCs followed by gradual transformation of cells from flattened to cuboidal.
- Under influence of locally produced inhibitory (e.g. activin A) and stimulatory signals (e.g. bFGF, KL)?

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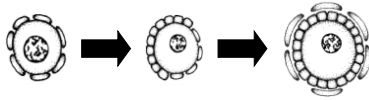
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## Primordial To Primary Follicle Transition



Regulators of primordial initiation		
Regulators	Cell source	Site of action
TNF $\alpha$	Oocyte	Oocyte
bFGF	Oocyte	GC, theca, stroma
Kit Ligand	GC	Oocyte, GC
LIF	GC	Oocyte, GC
KGF	Theca	GC
BMP-4	Theca/ stroma	GC
BMP-7	Stroma	GC
Insulin	Endocrine	Oocyte
AMH	Antral Follicle	Primordial Follicle

Transcription factors: *Arh-R, FIGa, Fox 12, NOBOX*

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## Early Folliculogenesis

2-6 months

Follicle and Oocyte growth initiation

Flattened GC become cuboidal and proliferate

Oocyte grow and synthetic activity

Zona pellucida forms

GC continue to proliferate & theca layer forms

Antrum forms (200-500  $\mu$ m)

(rate of oocyte growth declines and rate follicle growth accelerates)

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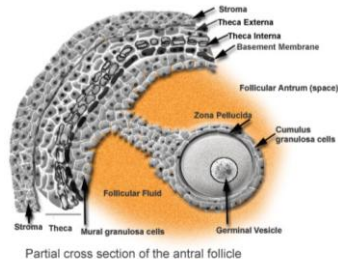
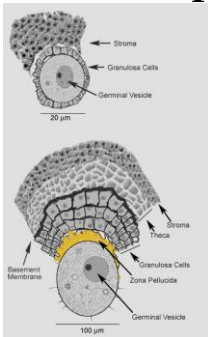
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## Folliculogenesis




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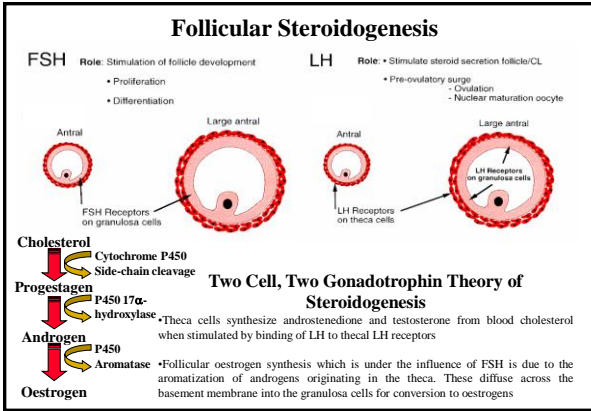
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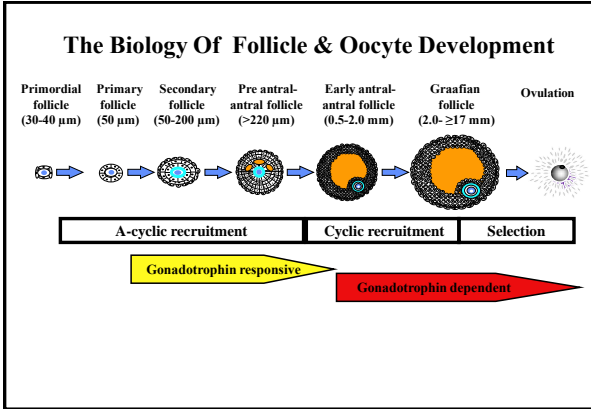
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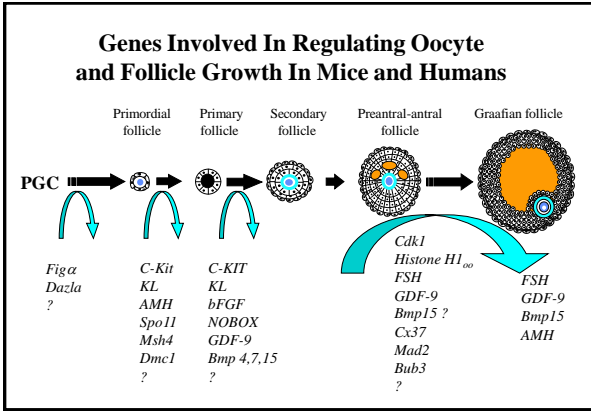
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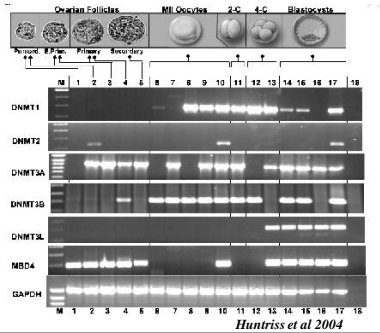
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## Analysis Of Imprinting and Epigenetics In Human Oocytes And Embryos




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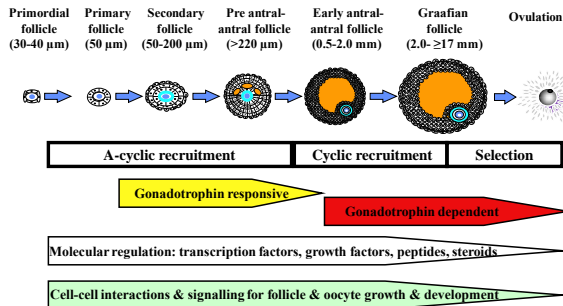
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## The Biology Of Follicle & Oocyte Development




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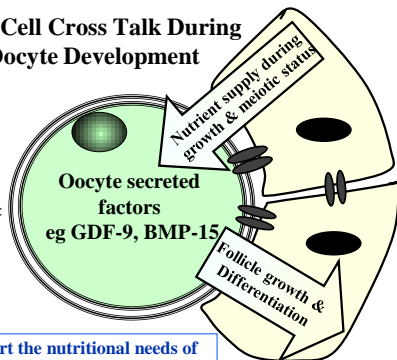
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## Oocyte-Somatic Cell Cross Talk During Follicle & Oocyte Development

Bidirectional communication between the oocyte & GCs via gap junctions



Gap junctions support the nutritional needs of follicle & oocyte growth *in vivo* & *in vitro*?

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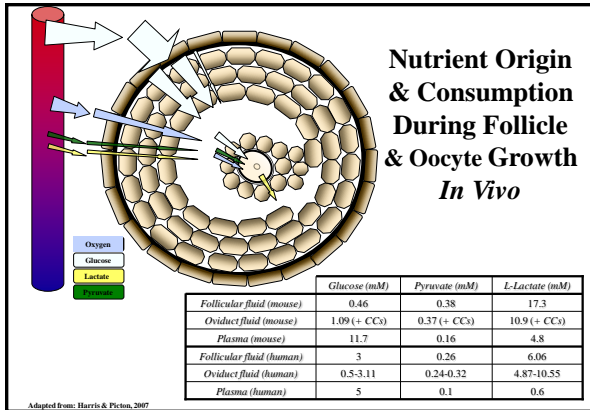
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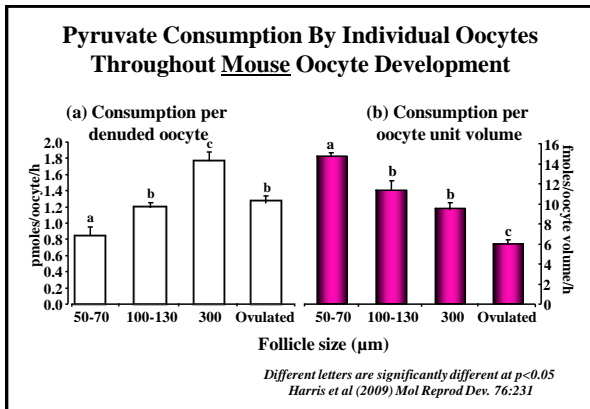
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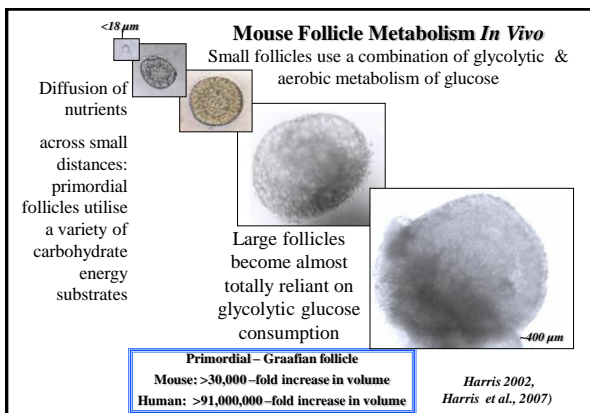
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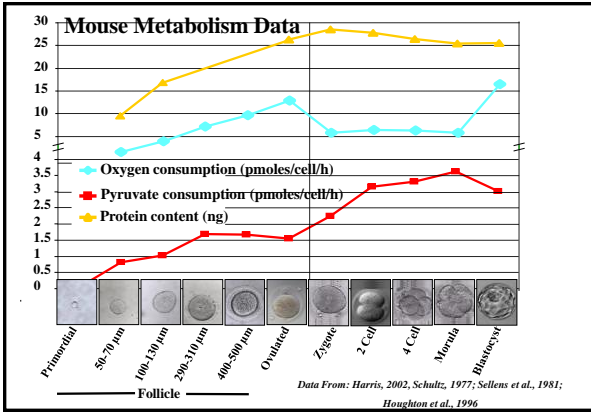
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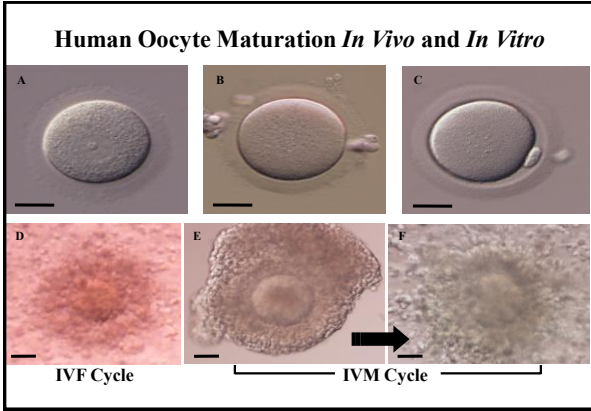
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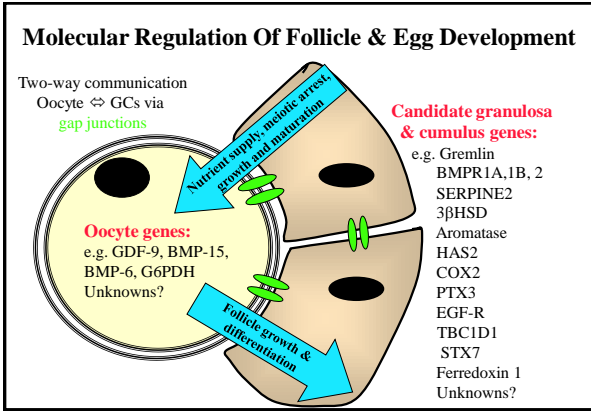
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## What Is Oocyte Maturation?

### 1. Nuclear Maturation

Resumption of the first meiotic division at the germinal vesicle stage (diplotene) to produce a metaphase-II gamete

### 2. Cytoplasmic Maturation

Changes in molecules/ organelles/ membranes needed for successful fertilization and embryo viability

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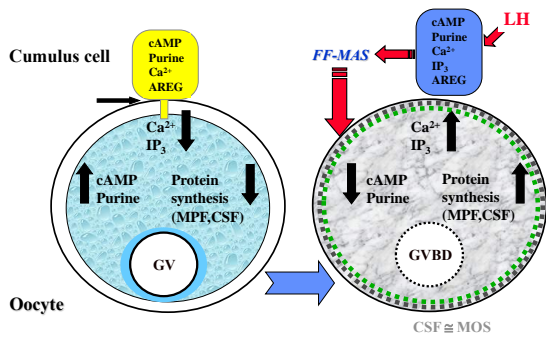
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## The Biology Of Oocyte Maturation



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## Cytoplasmic Maturation

- Organisation/replication of the cytoplasmic organelles
- Most RNA is synthesized and accumulated during oocyte growth
- Transcription is suspended from Germinal Vesicle Break Down (GVBD) to Embryonic genome activation (EGA)
- Protein synthesis increases before GVBD in both cumulus-intact and -free human oocytes
- Protein synthesis in cultured human oocytes is modified by cumulus cells
- Newly synthesized protein may be important for fertilization and early embryo development

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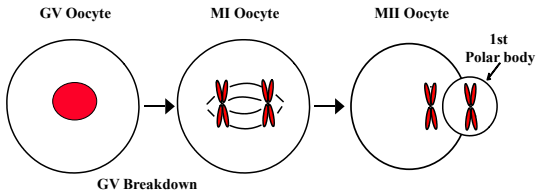
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## Nuclear Maturation -Resumption of Meiosis



- Assembly/ disassembly of spindles
- Prophase I (GV) ⇒ Metaphase II
- No sister chromatid separation (Ana I)
- No intervening S-phase
- Checkpoints?

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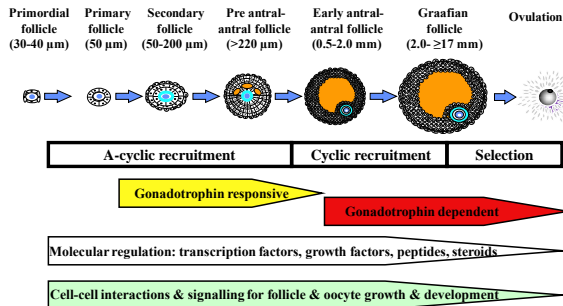
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## The Biology Of Follicle & Oocyte Development




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## Physiology of spermatogenesis: implications for fertilising competence

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D Royère, Médecine et Biologie de la Reproduction, CHU Bretonneau, UMR6175 Inra / Cnrs / Haras / Université de Tours, France



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## Disclosure of commercial and/or financial relationships

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- I have no commercial interest with any pharmaceutical industry and other commercial industry
- I have no financial relationship with any pharmaceutical industry and other commercial industry

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## INTRODUCTION

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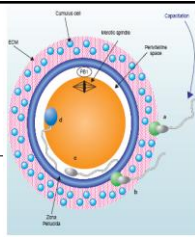
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## How to define fertilizing competence?

- A highly polarized cell
  - with a head region containing a nucleus with a haploid number of chromosomes
  - A single enlarged secretory granule = acrosome in the apical region
  - A flagellum containing a 9+2 array of microtubules and associated fibrous sheath proteins
- Additional biochemical and functional changes during epididymal transit, storage in cauda epididymis



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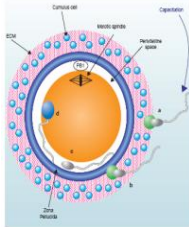
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## How to define fertilizing competence?

- "Competent" spermatozoa are able
  - to undergo capacitation during migration through the female genital tract
  - To penetrate the cumulus oophorus, fix on zona pellucida, then undergo acrosome reaction = Ca dependent exocytotic event
  - To penetrate the zona pellucida, then contact and fuse with plasma membrane of the oocyte
  - Finally to induce oocyte activation, pronuclear formation and syngamy



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## Learning objectives

- A comprehensive approach of all mechanisms underlying the fertilizing competence of spermatozoa looks like "Annapurna"
- Otherwise it might lead to an everlasting and fastidious list
- Therefore the aims of this presentation, on a voluntary basis will describe

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## Learning objectives

- Several features relating experimental data to clinical observations
- As an attempt to give evidence based relevance of physiological data on gametic interaction and its disorders

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## From experimental data to clinical observations

- Spermatogenesis / Spermiogenesis
- Capacitation / Gametic interaction
- Meiosis resumption / Embryo development

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## From experimental data to clinical observations

- Spermatogenesis / Spermiogenesis
  - Aberrant DNA methylation in oligospermic patients
  - Mutations in dynein genes
  - Mutations in protamine genes and spermatogenic failure
  - Mutation in *SPATA16* in infertile men

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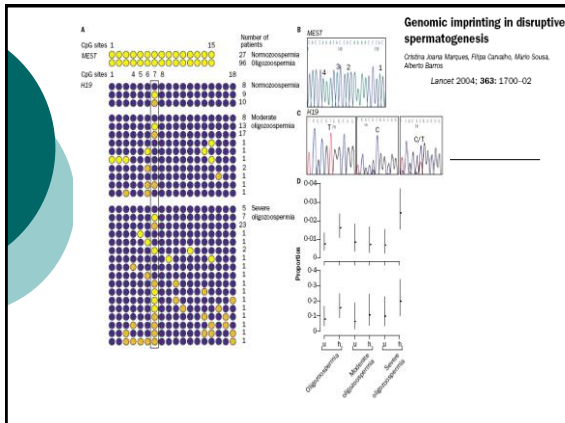
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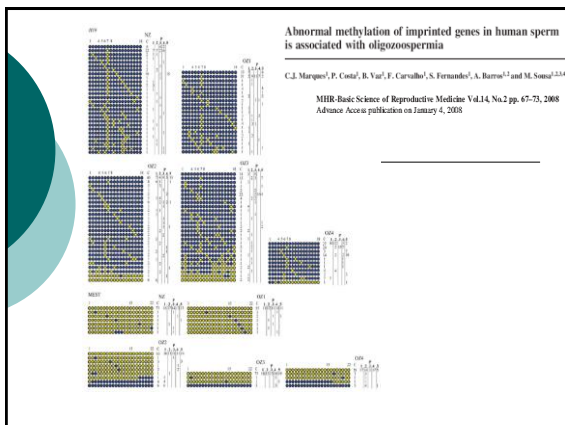
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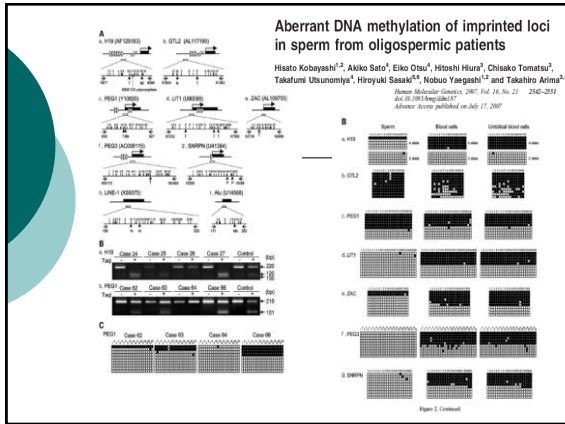
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## From experimental data to clinical observations

- o Spermatogenesis / Spermio genesis
  - Aberrant DNA methylation in oligospermic patients
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  - Mutation in *SPATA16* in infertile men

### Identification of predicted human outer dynein arm genes: candidates for primary ciliary dyskinesia genes

G J Pazzour, N Agrin, B L Walker and G B Weman  
*J. Med. Genet.* 2006;43:62-73; originally published online 3 Jun 2006; doi:10.1136/jmg.2005.033001

**Table 13** Outer arm dynein genes screened in human PCD populations

Gene position	Protein	Outcomes	References
<b>Heavy chain</b>			
HCG DNAH9	17q12	No mutations found	38
HCG DNAH11	7q21	PCD-causing mutations	5
HCG DNAH5	9p15	PCD-causing mutations	4
<b>Intermediate chain</b>			
ICI DNAH2	9p21-p13	PCD-causing mutations	3
ICI DNAH3	17q25	PCD-causing mutations	38
ICI DNAH4	17q25	PCD-causing mutations	35
ICI DNAH6	17q25	No mutations found	29
<b>Light chain</b>			
LCI DCC1	8q27	No mutations found	39
LCI DCC2	17q212	No mutations found	26

**Table 14** PCD loci

Defect	Map position	Gene (if known)	Reference
<b>Identified by candidate gene approach</b>			
ODA	9p21-p13	ICI DNAH1	3, 54, 55
ODA	9p15	HCG DNAH5	4
Normal arms, also involved	7q21	HCG DNAH11	5
<b>Based on familial studies</b>			
ODA	9p15	HCG DNAH5	56
ODA	16p11-12		40
ODA	17q23-24		61
DA	17q21-13.1		49
DA	5		62
ND	7		44
<b>Based on genome-wide scan</b>			
Defect		Suggestive loci	
All PCD	6C2		
All PCD	5p14		
All PCD: SI, DNAH2	10q26		
All PCD: DNAH2	1qter		
SI, DNAH2	17q25		
All PCD	5p	Potential loci	
SI	5p		
DNAH2	7q		
All PCD	10p		
SI	14q		
SI	15q		
All PCD	15q		
SI, DNAH2	17q		

ODA, outer dynein arm deficiency; ODA, outer dynein arm deficiency; ND, not determined.  
Results for all SI PCD families (All PCD) and subgroups of PCD families with cilia/basal body or inner arm/intermediate chain dynein arm deficiency (DNAH2).

## Mutations in dynein genes in patients affected by isolated non-syndromic asthenozoospermia

D. Zuccarello<sup>1</sup>, A. Ferlin<sup>1</sup>, C. Cazzadore<sup>1</sup>, A. Pepe<sup>1</sup>, A. Garolla<sup>1</sup>, A. Moretti<sup>1</sup>, G. Cordeschi<sup>2</sup>, S. Francavilla<sup>2</sup> and C. Foresta<sup>1,3</sup>

Human Reproduction Vol.23, No.8 pp. 1957–1962, 2008  
Advance Access publication on May 20, 2008

**Table 1.** Summary of sequence variants found in 90 AZS patients.

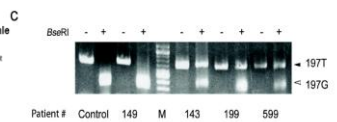
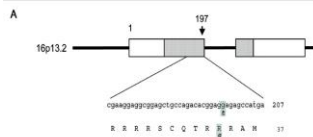
Exon	Base	Amino acid	Type	Frequency in patients	Frequency in controls
<b>DNAH1 gene</b>					
19	CCC>TGC	<b>R66NC</b>	unknown transversion	3/90	0/200
1	GCT>TCT	ASS	known SNP	7/90	19/200
11	GTC>ATC	V335I	known SNP	3/90	12/200
<b>DNAH5 gene</b>					
32	GAA>AAA	<b>E175AK</b>	unknown transition	1/90	2/200
48	GAG>GAT	<b>E266AD</b>	unknown transversion	1/90	0/200
28	CGG>CGT	R145R	known SNP	8/90	np
32	GCC>GCT	A173AA	known SNP	3/90	np
53	ACG>ACA	T296T	known SNP	14/90	np
62	ACA>ACG	T349T	known SNP	11/90	np
75	GCC>GCT	A457A	known SNP	4/90	np
<b>DNAH11 gene</b>					
55	ATT>GTT	<b>D340V</b>	unknown transition	3/90	0/200
55	CGG>CAG	R304Q	known SNP	3/90	4/200

In bold are novel mutations detected in this study, np, not performed.

## From experimental data to clinical observations

### o Spermatogenesis / Spermio genesis

- Aberrant DNA methylation in oligospermic patients
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- Mutation in *SPATA16* in infertile men



**A protamine SNP: one genetic cause of male infertility**  
Nakao Iguchi, Shiheng Yang, Colores J Lamb and Norman B. Hecht  
J. Med. Genet. published online 30 Sep 2005;  
doi:10.1136/jmg.2005.027166

## Mutations in the protamine locus: association with spermatogenic failure?

L. Imken<sup>1,5</sup>, H. Rouba<sup>1</sup>, B. El Houate<sup>1</sup>, N. Louanjli<sup>2</sup>, A. Barakat<sup>1</sup>, A. Chafik<sup>3</sup>, and K. McElreavey<sup>4</sup>

Molecular Human Reproduction, Vol.15, No.11 pp. 733–738, 2009  
Advanced Access publication on July 14, 2009 doi:10.1093/molehr/gap056

**Table III** Summary of results obtained by direct sequencing of PCR products encompassing the *PRM1* gene

SNP	AA change	Fertile (168)		Infertile (135)		P-value
		Genotype	Allele	Genotype	Allele	
c-191C>A		CC (11) 0.71	C = 0.84	CC (8) 0.63	C = 0.8	NS
		CA (4) 0.24		CA (4) 0.33		
		AA (5) 0.03	A = 0.16	AA (5) 0.04	A = 0.2	
c-107G>C		GG (16) 1.00	G = 1.00	GG (134) 0.99	G = 0.996	NS
				GC (1) 0.01	C = 0.004	
			C = 0.00	CC (0) 0.00	C = 0.00	
c-54G>A	p.Gln18Gln	GG (15) 0.97	G = 0.985	GG (133) 0.99	G = 0.99	NS
		CA (3) 0.03	A = 0.015	CA (2) 0.01	A = 0.01	
c-65G>A	p.Ser22Asn	GG (16) 1.00	G = 1.00	GG (134) 0.99	G = 0.996	NS
			A = 0.00	GA (1) 0.01	A = 0.004	
c-139C>A	p.Arg67Arg	CA (18) 0.11	C = 0.33	CC (16) 0.12	C = 0.32	NS
		CA (7) 0.46		CA (5) 0.41		
		AA (7) 0.44	A = 0.67	AA (4) 0.47	A = 0.68	

Genotypic and allelic frequencies are indicated.

## From experimental data to clinical observations

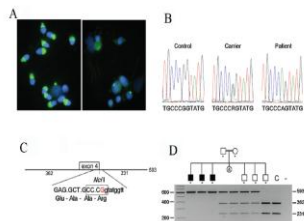
### o Spermatogenesis / Spermiogenesis

- Aberrant DNA methylation in oligospermic patients
- Mutations in dynein genes
- Mutations in protamine genes and spermatogenic failure
- Mutation in *SPATA16* in infertile men

## Homozygous Mutation in *SPATA16* Is Associated with Male Infertility in Human Globozoospermia

Anika H. D. M. Dam,<sup>\*</sup> Isabelle Kosciński,<sup>\*</sup> Jan A. M. Kremer, Céline Moutou, Anne-Sophie Jaeger, Astrid R. Oudakker, Herman Tournaye, Nicolas Charlet, Clotilde Lagier-Tourenne, Hans van Bokhoven, and Stéphane Viville

The American Journal of Human Genetics Volume 81 October 2007





## From experimental date to clinical observations

- Spermatogenesis / Spermioogenesis
- Capacitation / Gametic interaction
- Meiosis resumption /Embryo development

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## From experimental date to clinical observations

- Capacitation / Gametic interaction
  - CFTR involvement in sperm fertilizing capacity
  - Ca channels : a long story
  - Proton channel : a new story
  - PLC $\zeta$

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**Table 1. Comparison of *in vivo* fertility outcome between *Cftr*<sup>+/+</sup> and *Cftr*<sup>-/-</sup> mice**

Mice	Total pups	Pups per litter ± SEM	Fertility, % (n)
<i>Cftr</i> <sup>+/+</sup> (n = 9)	56	6.22 ± 0.67	100% (9)
<i>Cftr</i> <sup>-/-</sup> (n = 9)	21	4.20 ± 1.09**	55.4% (5)

\*\* , P < 0.01.

**Table 2. Movement parameters of sperm recovered from wild-type and *Cftr*<sup>-/-</sup> mice**

Parameters	Wild type	<i>Cftr</i> <sup>-/-</sup>
VAP <sub>0</sub> (m s <sup>-1</sup> )	48.8 ± 2.6	40.4 ± 2.1*
VAP <sub>50</sub> (m s <sup>-1</sup> )	36.2 ± 2.0	29.3 ± 1.9*
VCL <sub>0</sub> (m s <sup>-1</sup> )	65.0 ± 3.1	70.9 ± 2.2*

n = 3. Data were obtained by using computer-aided sperm analysis and are expressed as mean ± SEM. \* P < 0.05 compared with corresponding values (paired t-test). VAP, averaged path velocity; VCL, straight line velocity; VCL, curvilinear velocity.

**Cystic fibrosis transmembrane conductance regulator is vital to sperm fertilizing capacity and male fertility**

Wen Wang, Rui-Qi Han, Shi-Yu Wang, Yong Chen<sup>1,2</sup>, Chen-Kai Zhou<sup>1,2</sup>, Yu-Nan Chen<sup>1,2</sup>, David Kenneth Rowland<sup>1,2</sup>, Guo-Yi Li<sup>1,2</sup>, He-Shun Li<sup>1,2</sup>, Shi-Hua Bao<sup>1,2</sup>, Xiao-Hu Wang<sup>1,2</sup>, Zhong-Hai Chen<sup>1,2</sup>, Li-Qiang Zhou<sup>1,2</sup>, Hong-Shan Zhang<sup>1,2</sup>, Xian-Hu Zhang<sup>1,2</sup>, Yu-Hu Chen<sup>1,2</sup>, Yu-Ying Tian<sup>1,2</sup>, Xiao-Mi Tang<sup>1,2</sup> and Xiao-Chang Chao<sup>1,2\*</sup>

1. Institute of Cell Biology, Chinese Academy of Sciences, Beijing 100049, China; 2. Institute of Cell Biology, Beijing University of Aeronautics and Astronautics, Beijing 100084, China

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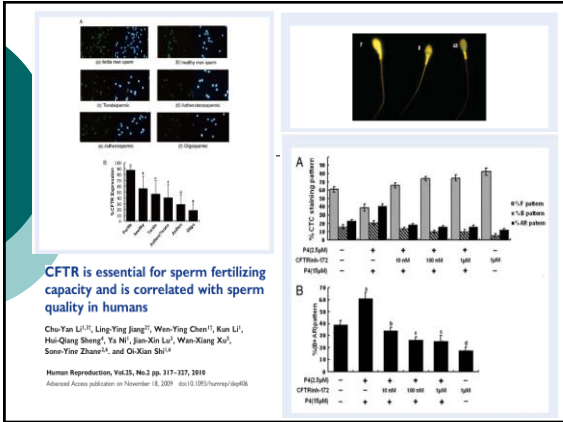
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From experimental date to clinical observations

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  - PLC $\zeta$

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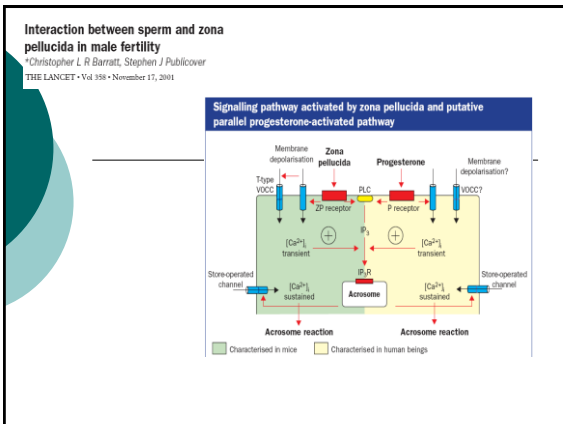
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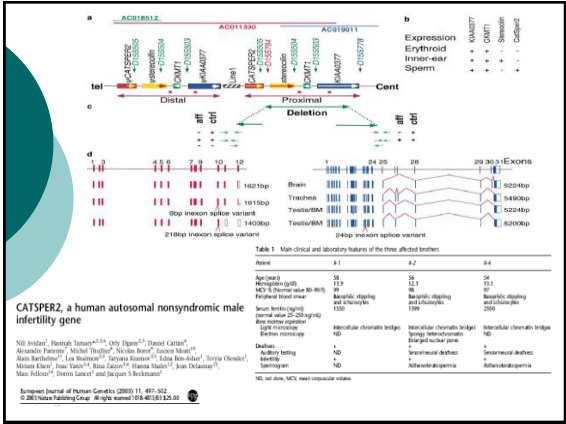
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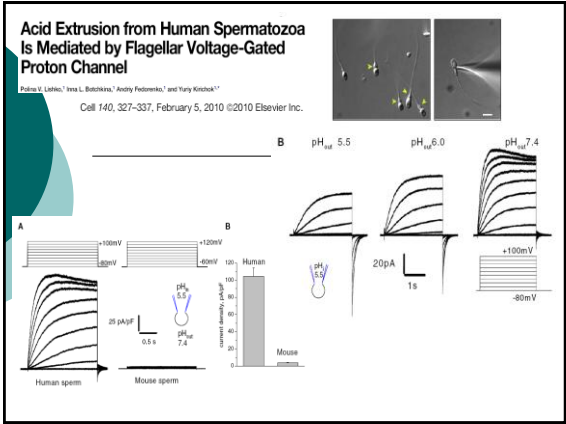
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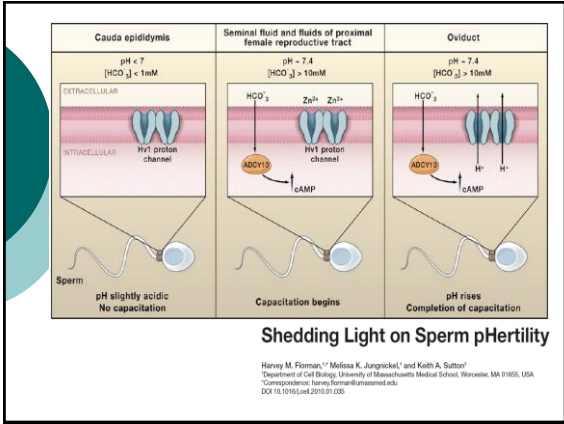
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**From experimental data to clinical observations**

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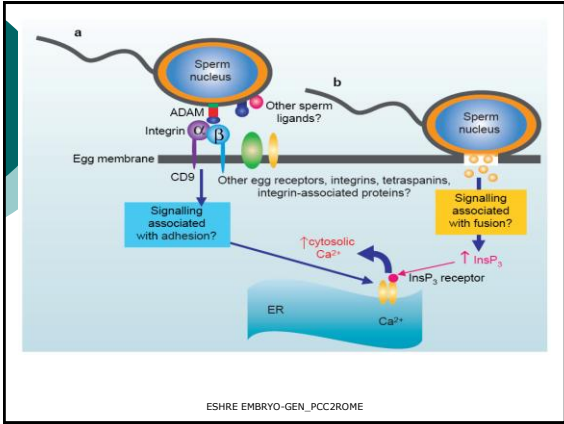
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## From experimental date to clinical observations

- Spermatogenesis / Spermioogenesis
- Capacitation / Gametic interaction
- Meiosis resumption / Embryo development
  - PLC $\zeta$
  - Centrosome



## Reduced amounts and abnormal forms of phospholipase C zeta (PLC $\zeta$ ) in spermatozoa from infertile men

E. Heytens<sup>1,2</sup>, J. Parrington<sup>1,2</sup>, K. Coward<sup>1,3</sup>, C. Young<sup>1</sup>, S. Lambrecht<sup>4</sup>, S.-Y. Yoon<sup>4</sup>, R.A. Fissore<sup>4</sup>, R. Hamer<sup>4</sup>, C.M. Deane<sup>4</sup>, M. Ruas<sup>5</sup>, P. Grass<sup>5</sup>, R. Soleiman<sup>1</sup>, C.A. Cuvelier<sup>2</sup>, J. Gerris<sup>1</sup>, M. Dhont<sup>4</sup>, D. Deforce<sup>1</sup>, L. Leybaert<sup>4,5</sup>, and P. De Sutter<sup>1,2,3</sup>

Human Reproduction, Vol.24, No.10 pp. 2417–2428, 2009  
Advanced Access publication on July 7, 2009 doi:10.1093/humrep/dep207

Table 1 Patient characteristics

Age (year)	Semen parameters			Motility* (%)	Concentration (10 <sup>6</sup> /ml)	MDAT (%)
	Morphology (% ideal forms)	Round-headed morphology (%)				
A <sup>1</sup> 38	0	100	32	32	0	0
B <sup>2</sup> 42	0	100	8	17	4	4
C 33	0	100	36	38	11	11
D 34	0	100	37	21	6	6
E 33	0	100	33	38	10	10
F 38	3	0	48	170	0	0
G 45	7	0	46	54	19	19
H 36	0	0	0	0.1	48	48
I 29	0	20	0	0.3	58	58

MDAT, mouse oocyte activation test.  
\*Percentage of progressive motile sperm cells.  
<sup>1,2</sup>These two patients are brothers.

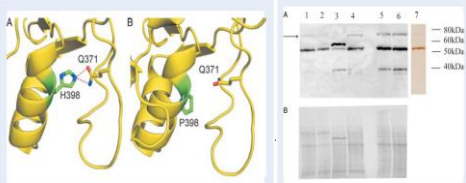


Figure 2 PLC $\zeta$  immunoblotting  
[A] PLC $\zeta$  immunoblotting of sperm samples from globozoospermic men (lanes 1–4; patients A, B, C and D, respectively). Fertile controls (lanes 5 and 6) and non-globozoospermic patient F (lane 7). The arrow indicates the full length PLC $\zeta$  protein predicted MW. [B] Protein 5 staining to confirm equal loading.

## Human Reproduction, Vol.24, No.10 pp. 2417–2428, 2009

Table IV Oocyte activation and calcium dynamics in mouse oocytes injected with human sperm

	No. of injected oocytes	No. of oocytes with 3PB <sup>1</sup> , 1.5 h after ICSI (% of oocytes)	No. of oocytes showing oscillations (% of 3PB <sup>1</sup> )	No. of 2-cells (% of oocytes)
Fertile sperm	38	17 (50%) <sup>2</sup>	17 (100%) <sup>2</sup>	32 (79%) <sup>2</sup>
Globozoospermia sperm	12	0 (0%) <sup>2</sup>	0 (0%) <sup>2</sup>	0 (0%) <sup>2</sup>
Globozoospermia sperm + ACA	22	14 (64%) <sup>2</sup>	0 (0%) <sup>2</sup>	19 (86%) <sup>2</sup>
Patient A	26	21 (81%) <sup>2</sup>	0 (0%) <sup>2</sup>	22 (85%) <sup>2</sup>
Patient C	24	20 (83%) <sup>2</sup>	0 (0%) <sup>2</sup>	19 (79%) <sup>2</sup>

<sup>1</sup>Two polar bodies.  
<sup>2</sup>No oscillation was observed during the 2 h recording period in oocytes that did not extend beyond polar body 2.5 h after ICSI. Activation in these oocytes was delayed.  
<sup>3</sup>Significantly different from oocytes injected with fertile sperm ( $P < 0.05$ , Fisher's exact test).  
<sup>4</sup>Significantly different from oocytes injected with globozoospermia sperm ( $P < 0.05$ , Fisher's exact test).



**The role of centrosomes in mammalian fertilization and its significance for ICSI**

Heide Schatten<sup>1,2</sup> and Qing-Yuan Sun<sup>3,4,1</sup> *Molecular Human Reproduction*, Vol.15, No.9 pp. 531–538, 2009

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**The role of sperm proteasomes during sperm aster formation and early zygote development: implications for fertilization failure in humans**

*Human Reproduction* Vol.23, No.3 pp. 573–580, 2008  
Advance Access publication on December 18, 2007

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**CONCLUDING REMARKS  
PERSPECTIVES**

ESHRE EMBRYO-GEN\_PCC2ROME

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Physiology of spermatogenesis :  
implications for fertilising competence

- Spermatozoa generated in the testis are immature and incompetent for (natural) fertilization
- They need to be modified all along the male and female genital tracts to acquire fertilising capacity
- Cellular and molecular mechanisms that underpin that capacity are myriad and species specific

ESHRE EMBRYO-GEN\_PCC2ROME

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Physiology of spermatogenesis :  
implications for fertilising competence

- Understanding these cellular and molecular mechanisms has implications for
  - diagnosis of the aetiology of human infertility
  - Development of new therapeutics, and novel targets of fertility regulation

ESHRE EMBRYO-GEN\_PCC2ROME

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## Meiosis: Possible Chromosome Errors Rome, 2010

Renée Martin, Ph.D., FCCMG  
Professor, Dept. of Medical Genetics  
University of Calgary

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## Meiosis: Possible Chromosome Errors

No commercial relationships.

No conflict of interest.

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## Meiosis: Possible Chromosome Errors

### Learning Objectives

- 1) To appreciate the differences in the frequency and type of chromosomal errors in males and females
- 2) To understand the effect of maternal or paternal age on the chromosome abnormalities
- 3) To appreciate the similarities and differences in the distribution of aneuploidy in oocytes and sperm
- 4) To understand the relationship between meiotic recombination errors and aneuploidy in humans

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## Chromosome Abnormalities

- very common in humans
  - .6% newborns
  - 6% stillborns
  - 60% spontaneous abortions
  - estimates at conception: 20 - 50%

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## Cause of Chromosomal Abnormalities

- very little information
- produced in eggs and sperm ( mainly meiotic errors), but most die as embryos - information lost
- need to study chromosome abnormalities in human eggs and sperm

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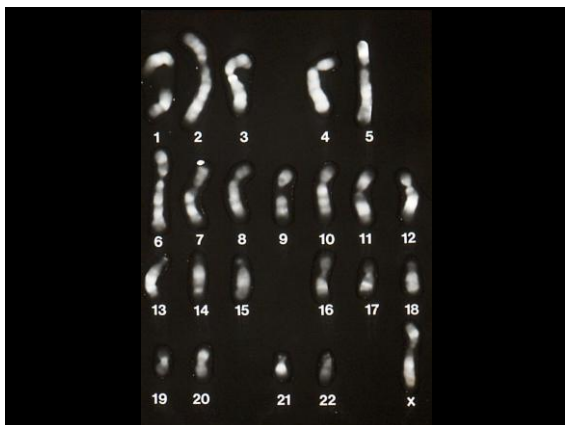
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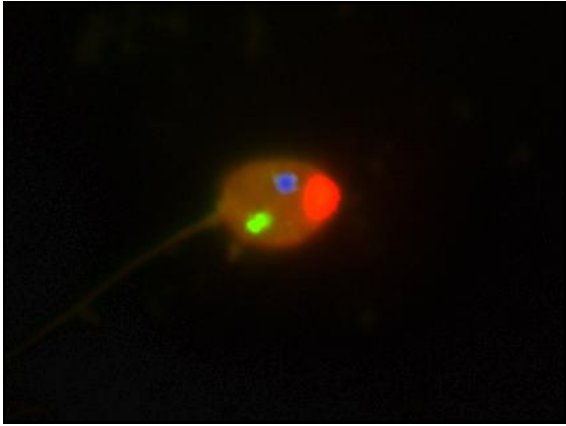
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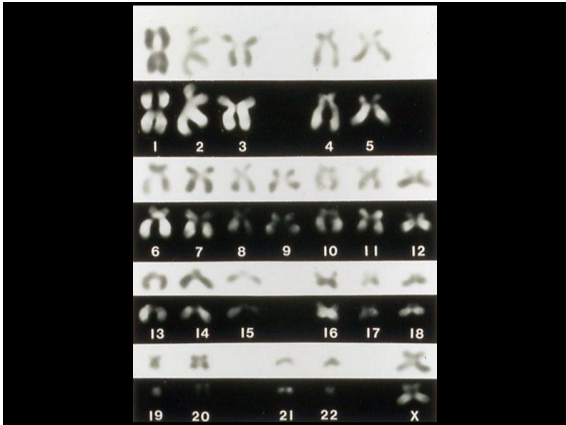
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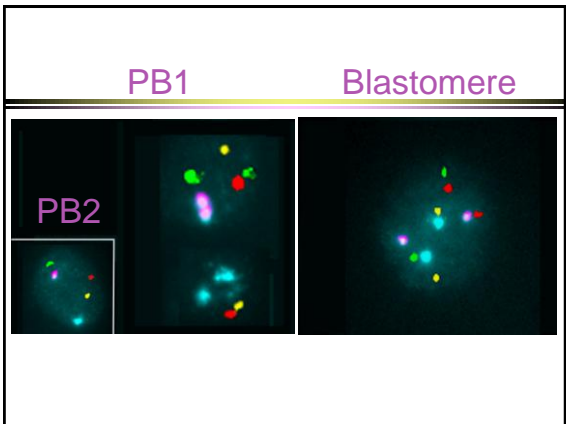
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## Chromosomal Abnormalities in Human Gametes

	<u>numerical</u>	<u>structural</u>	<u>total</u>
sperm	1-2	7	9
oocytes	20	1	21

▪ Martin, 2008

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## Parental Origin of Aneuploidy

- molecular studies of trisomic spontaneous abortions
- autosomes >90% maternal
  - Hassold and Hunt, 2001

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## Most Sex Chromosomal Aneuploidies Result from Paternal Nondisjunction

paternal:

- 47,XYY 100%
- 45,X 80% Jacobs *et al.*, 1990
- 47,XXY 50% MacDonald *et al.*, 1994
- 47,XXX 7% MacDonald *et al.*, 1994

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## De Novo Structural Aberrations

- >90% paternal origin
  - Olson and Magenis, 1988
  - Thomas *et al.*, 2010

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## Effect of Parental Age on the Frequency of Chromosome Abnormalities in Gametes

### Oocytes

- Most studies show an increase in the frequency of aneuploid oocytes with maternal age
- No evidence on age and structural abnormalities

### Sperm

- Slight increase in the frequency of sex chromosome abnormalities with paternal age (~2x)
- Significant increase in the frequency of structural chromosomal abnormalities with donor age

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## Non-disjunction or Predivision in Oocytes

**Non-disjunction:** homologous chromosomes do not disjoin at Meiosis I or sister chromatids do not separate at Meiosis II

**Predivision:** premature division of centromeres at Meiosis I, resulting in single chromatids in metaphase II oocytes.

- Angel, 1991, 1997 - predivision in older females predominant error
- Garcia-Cruz *et al.*, 2010 – most errors from predivision even in younger females (18-35 years)

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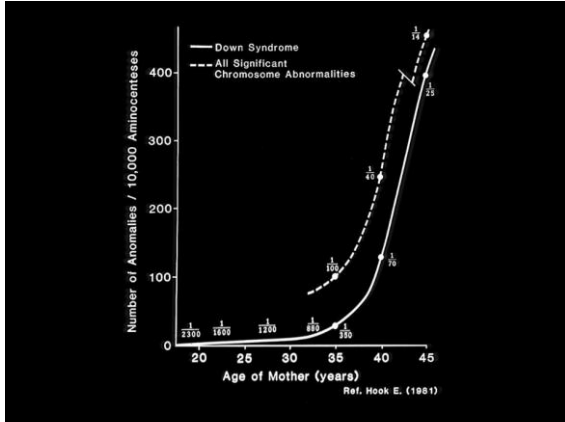
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## FISH Studies on the Effect of Paternal Age

- Griffin *et al.*, 1995
  - 24 men 18 - 60 years
  - significant increase for XX, YY, XY disomy
- Robbins *et al.*, 1995
  - 14 men – 2 age groups
  - significant increase for XX, YY disomy
- Martin *et al.*, 1995
  - 18 men in 6 age groups, 20-60 years
  - significant increase for YY disomy

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## Effect of Age on Structural Chromosomal Abnormalities in Sperm

Age Group	% Structural Abnormalities
20-24	2.8
25-29	2.2
30-34	3.3
35-39	7.8
40-44	7.7
45+	13.6

anova p=.007

- Martin and Rademaker, 1987

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## Structural Abnormalities and Paternal Age

- increased exposure to mutagens and clastogens with age may increase the risk of chromosome breaks
- continued cell divisions may lead to accumulation of risk for structural abnormalities with age

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## Distribution of Aneuploidy Among Chromosome Groups

- clues about etiology of aneuploidy
  - all chromosomes equal frequency?
  - certain chromosomes predisposed

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## Aneuploidy in Humans

newborns:      trisomy      13  
   18  
   21  
   sex chromosomes

susceptible to nondisjunction  
or  
compatible with survival

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## Aneuploid Gametes

- hyperhaploidy in all chromosome groups for sperm and oocytes
- appears all chromosomes susceptible to nondisjunction

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## Hyperhaploid Oocytes

- Significant increase for chromosome groups D, F & G
- Most frequent individual chromosomes: 16, 21, 22,
  - Kuliev *et al.*, 2002
  - Pellestor *et al.*, 2002
  - Rosenbusch, 2004

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## 11,615 Sperm Karyotypes

- aneuploidy in all chromosome groups
- significant increase for chromosome 21,22 and sex chromosomes ( $p=.0001$ )
  - Martin *et al.*, 1991

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## Mean Disomy Frequency in Sperm

Chromosome	% Disomy
1	.09
2	.08
4	.11
9	.14
12	.16
13	.19
15	.11
18	.11
19	.11
20	.12
21	.29* p < .001
22	1.21* p < .001
sex	.43* p < .001

\* = significant

▪ Spriggs *et al.*, 1996

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## Nondisjunction in Individual Chromosomes

- FISH results corroborate results from sperm karyotypes
- increased frequency of aneuploidy for G group chromosomes (21 & 22) and sex chromosomes in human sperm

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## Other FISH Studies

- increased frequency of disomy for sex chromosomes
  - Williams *et al.*, 1993
  - Spriggs *et al.*, 1995
  - Scarpato *et al.*, 1998
- increased frequency of disomy 21
  - Spriggs *et al.*, 1996
  - Blanco *et al.*, 1998

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## Increased Susceptibility to Nondisjunction

- G-group (21 and 22) and X-Y bivalent have only one crossover
- if recombination absent or reduced, may increase the chances of nondisjunction

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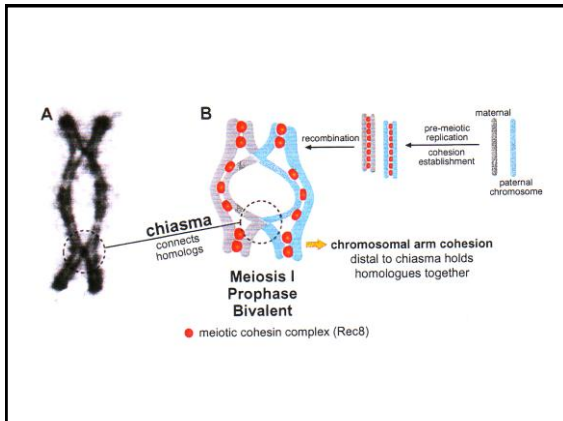
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## Aneuploidy and Meiotic Recombination

Recent studies have linked meiotic recombination errors to aneuploid gametes and offspring in both females and males.

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## Meiotic Recombination and Aneuploidy in Females

- Altered recombination is associated with maternally-derived cases of trisomy 15, 16, 18, 21, sex chromosomes.
- A reduction in recombination may lead to unpaired homologues that lose the ability to segregate normally.
- For some chromosomes, the location of recombination sites confer an extra risk for an aneuploid gamete (e.g., chromosome 21)
  - Hassold *et al.*, 1995
  - Robinson *et al.*, 1998
  - Lamb *et al.*, 1997

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## Meiotic Recombination and Aneuploidy in Males

- 49 cases of paternally-derived 47,XXY
    - Hassold *et al.*, 1991 – 39
    - Lorda-Sanchez *et al.*, 1992 – 10
- Both studies : reduced recombination in pseudoautosomal region of sperm that led to 47,XXY

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## Single Sperm Typing

- to determine if there is a relationship between recombination in the pseudoautosomal region and nondisjunction
- compared frequency of recombination between STS/STS pseudogene (sex specific locus) and DXYS15 (pseudoautosomal locus) in unisomic vs disomic sperm

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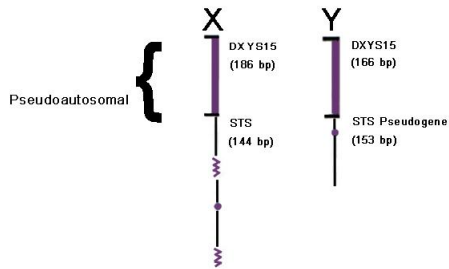
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## Heterozygous Male



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## Results of Single Sperm Typing

- 329 unisomic sperm - 38% recombination
- 150 disomic (24,XY) - 25% recombination
- significant decrease in recombination in XY sperm ( $p=.001$ )
- lack of recombination directly linked to nondisjunction

▪ Shi *et al.*, 2001

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## Immunofluorescence Methods to Study Meiosis

- allows study of recombination in all chromosomes
- analysis of chromosome pairing by visualization of synaptonemal complex
- antibodies to:
  - synaptonemal complex (SCP1/SCP3)
  - recombination foci (MLH1)
  - centromeres (CREST)

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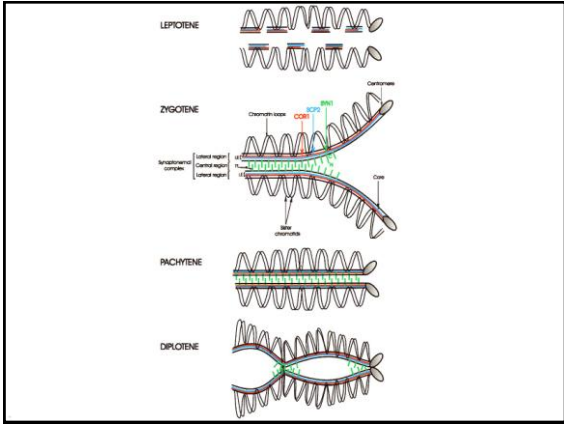
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### Analysis of Synaptonemal Complexes – 27 Normal men

- testicular samples from vasectomy reversals (15) and cancer patients (12)
- recombination foci - mean 48.5/cell
- 90% cells in pachytene
- 5% cells have at least 1 bivalent with no recombination foci
- no significant difference in vasectomy reversals vs cancer patients

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## Infertile Men with Pachytene Cells

- 6/6 men with obstructive azoospermia (OA) had pachytene cells
  - mainly congenital absence of the *vas deferens* (CF)
- 14/29 men with nonobstructive azoospermia (NOA) had pachytene cells
  - 13 men with no meiotic cells
  - 1 man with a block at zygotene
    - Sun *et al.*, 2007

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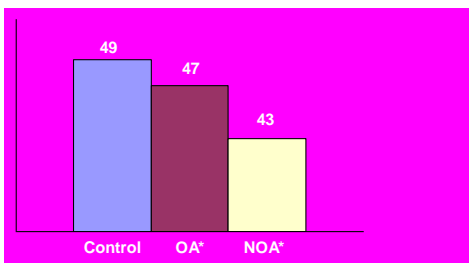
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## Mean Frequency of Recombination



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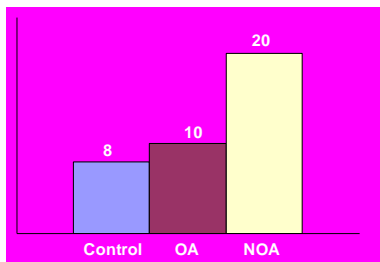
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## % Cells with Unsynapsed Regions



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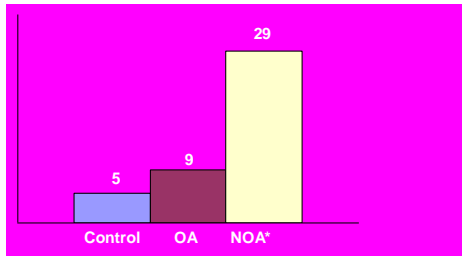
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## % Cells with at Least 1 Bivalent with no Recombination



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## Meiotic Defects in Infertile Men

- In nonobstructive azoospermia, abnormalities in:
  - chromosome pairing
  - decreased frequency of recombination
  - increased frequency of bivalents with no recombination foci
- could lead to meiotic arrest or increased frequency of aneuploid sperm

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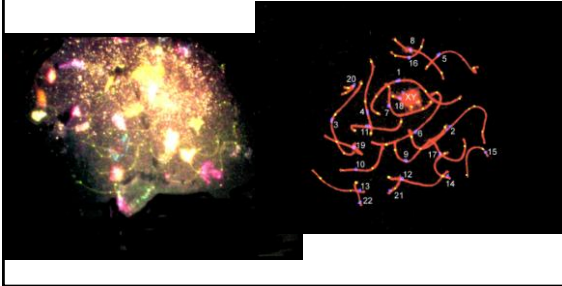
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## CenM-FISH / Karyotyped SC



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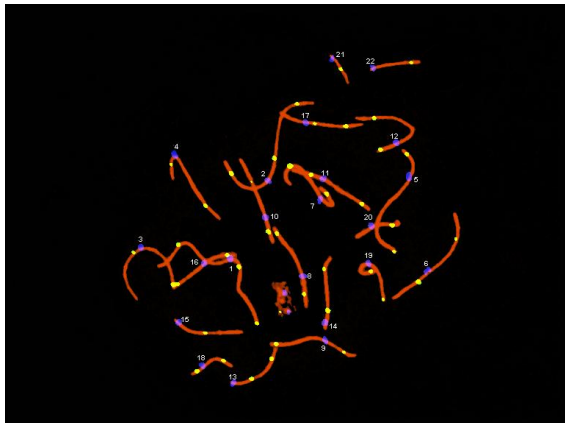
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## Non-Crossover Bivalents in Sperm

- 10 normal men studied
- cenM FISH on 886 pachytene cells (19,492 bivalents)
  - 27% - sex chromosome univalents (no c/o)
  - 60 autosomal non-crossovers
    - **significant increase for chromosomes 21,22**
  - sex chromosomes & G group chromosomes most susceptible to no recombination foci
  - consistent with sperm aneuploidy data (karyotypes and FISH)
    - Sun *et al.*, 2006

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### Meiotic Recombination and Sperm Aneuploidy in Infertile Men with Nonobstructive Azoospermia (NOA)

- 7 infertile men with NOA
- 6 controls (vasectomy reversal)
- meiotic recombination and FISH sperm aneuploidy for chromosomes 9, 21, X, Y
  - Sun *et al.*, 2008

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### Recombination and Sperm Aneuploidy in Infertile Men - Results

- infertile men
  - significant increase in pachytene cells with achiasmate bivalents
  - significant increase in sperm aneuploidy
  - significant correlation between meiotic cells with no recombination in sex body and sex chromosome aneuploidy in sperm
- may contribute to elevated frequencies of chromosome abnormalities in ICSI offspring

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### Meiotic Recombination Errors in Oocytes

- Oocytes from 16-19 week fetuses from pregnancy terminations
- Pachytene cells with defective synapses or fragmentation 16-29%
- Abnormal pachytene cells had significantly fewer recombination foci than normal cells (49 vs 70)
- 8% cells with normal synapses had no recombination foci
- Errors could lead to high frequency of aneuploidy in human oocytes

▪ Tease *et al.*, 2006

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## Non-Cross-over Bivalents in Human Oocytes

Cheng *et al.*, 2009:

chromosome 13	1%
chromosome 16	0%
chromosome 18	3%
chromosome 21	5%
chromosome 22	6%

Garcia-Cruz *et al.*, 2010:

chromosome 16	7%
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In general, higher % achiasmate bivalents in females with higher risk of segregation error.

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## Acknowledgements

- Qinghua Shi
- Maria Oliver-Bonet
- Fei Sun
- Evelyn Ko
- Fred Rademaker
- Paul Turek
- Cal Greene
- Peter Moens
- Marv Fritzler
- Terry Ashley

Canadian Institutes of Health Research,  
Canada Research Chair in Genetics

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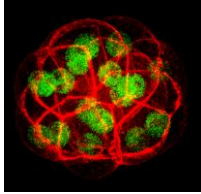
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**Chromatin states and lineage choice in the mouse preimplantation embryo ?**



Maria Elena Torres-Padilla  
[metp@igbmc.fr](mailto:metp@igbmc.fr)  
IGBMC, Strasbourg

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1. Introduction to the system: why, when and what to approach experimentally in the mouse embryo?
2. Epigenetic asymmetries at the beginning of development
3. Lineage choice: when and how do cells start to differ from each other?

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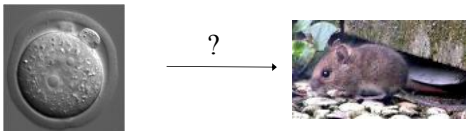
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How can one single cell generate all different cell types in the organism?



*Thus, development is, by definition, epigenetic*

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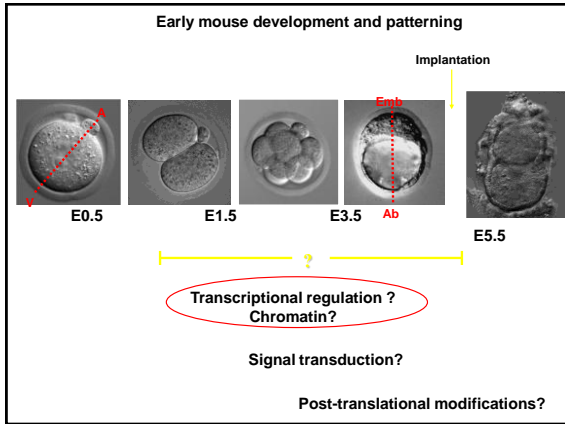
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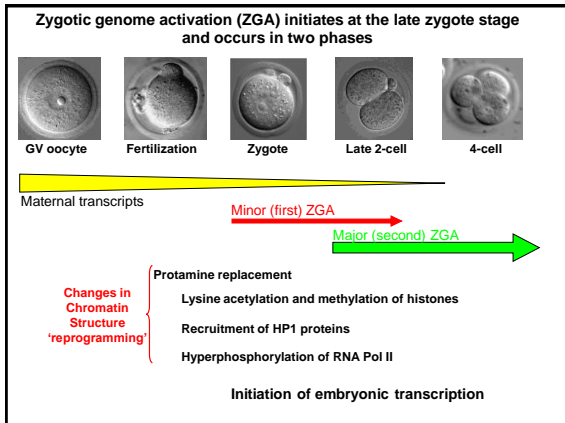
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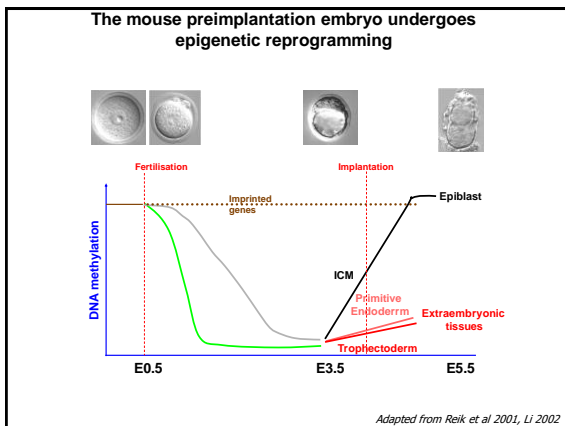
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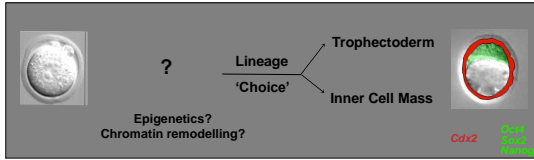
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### The embryo undergoes the first cell fate decision

(First overt sign of differentiation in the mammalian embryo)



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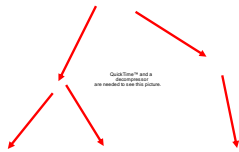
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### Waddington's epigenetic landscape



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### What is epigenetics?

Information that is 'independent' of DNA sequence that is imposed on the chromatin and regulates downstream events such as gene expression, it is heritable

DNA methylation (imprinting), covalent modifications of histones  
Chromatin remodelling, histone composition (histone variants)

Epigenetic events control the transcriptional program of each cell by regulating *chromatin structure*

Dynamic programs of gene expression are required for both, the maintenance of a *pluripotent* state and differentiation of *pluripotent* stem cells into specific tissue lineages

*Development in multicellular organisms is, by definition, epigenetic*

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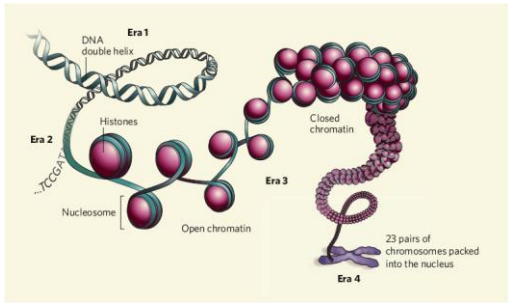
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### The epigenomics (?) era



Every level of organisation is an opportunity for regulation

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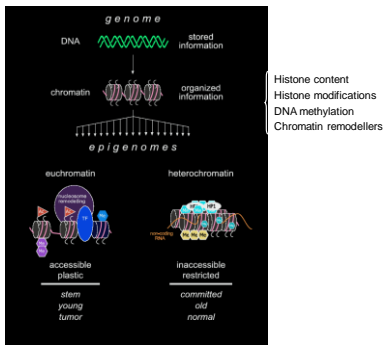
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### Genomes and Epigenomes



Adapted from Kubicek, et al., 2006

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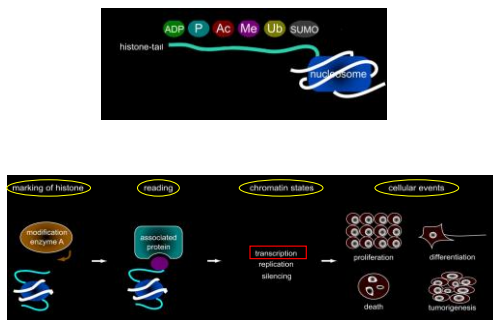
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### Regulation of cellular events through chromatin




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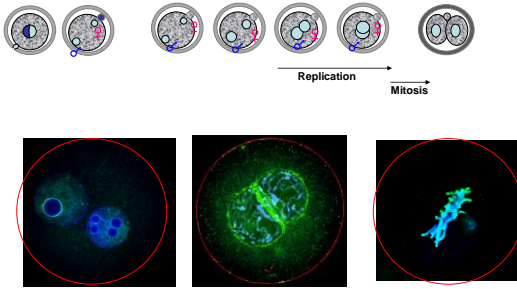
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**Wandering of the pronuclei in the female cytoplasm: non-mixing of the parental chromatin before the first mitosis**




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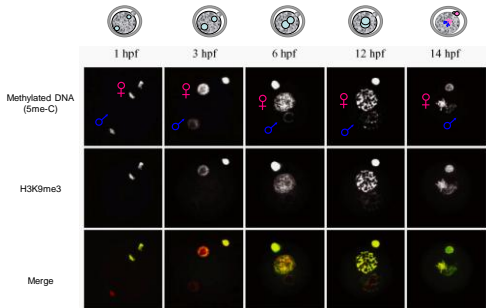
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**Epigenetic asymmetry of the male and female pronuclei is reflected by differences in DNA and histone methylation**



(From Reik et al 2003)

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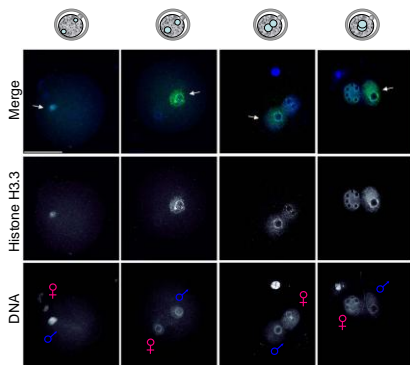
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**Globally, the chromatin composition is also different between the parental chromatin**




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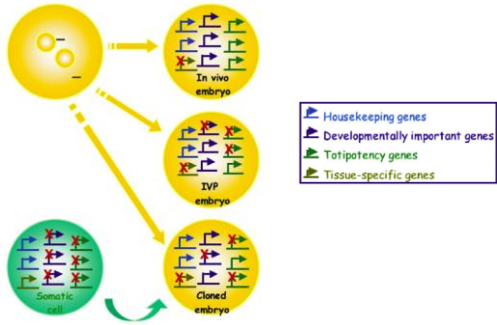
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This epigenetic marking must be important for gene expression in development as both are altered in embryos derived from SCNT



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Could chromatin states potentially impact on lineage choice?

Can we learn from gene expression profiles?

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**First mitoses: principles of embryonic patterning and what can go wrong with it**



Takashi Hiragi, M.D., Ph.D.

Mammalian Development Laboratory  
Max-Planck Institute for Molecular Biomedicine, Münster



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**Learning Objectives**

1. What are the principles of patterning mammalian embryos?
2. How is a mouse like a human?

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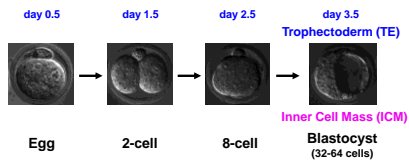
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**Mouse pre-implantation development**



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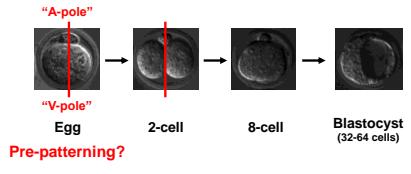
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**Principle 1. Dynamic and random process**



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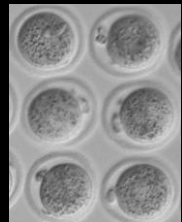
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Mouse egg



No "Animal-" or "Vegetal-" pole

(Hiiragi and Solter, 2004)

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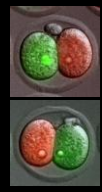
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Mouse pre-implantation development  
- from 2-cell to blastocyst



(Motosugi et al., 2005)

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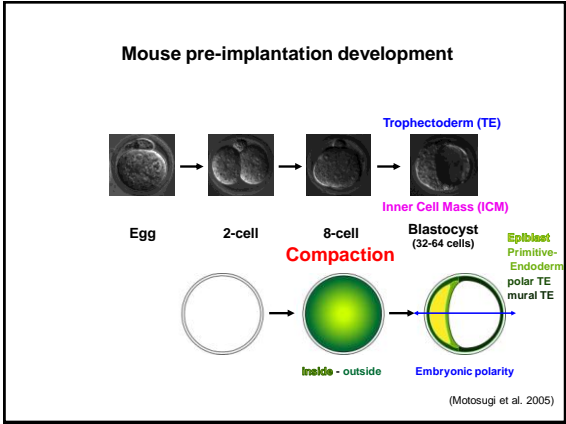
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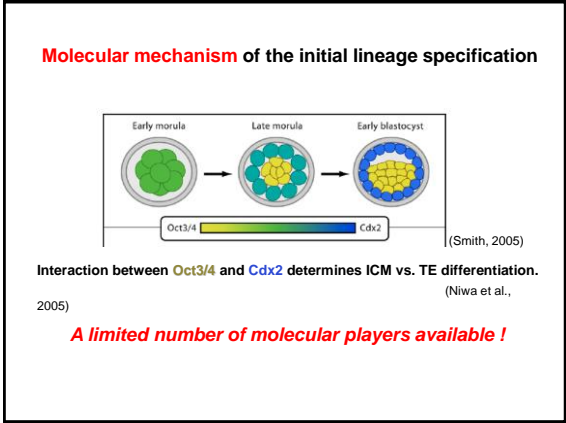
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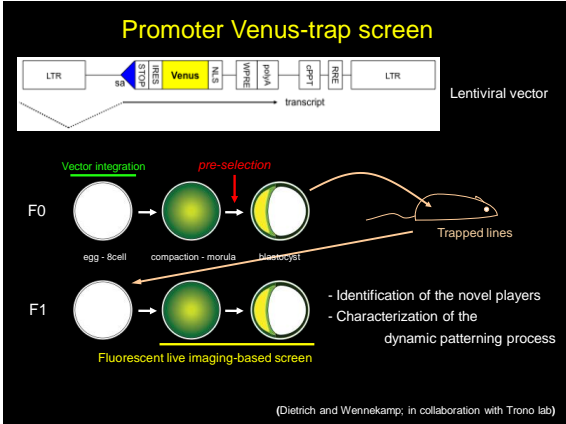
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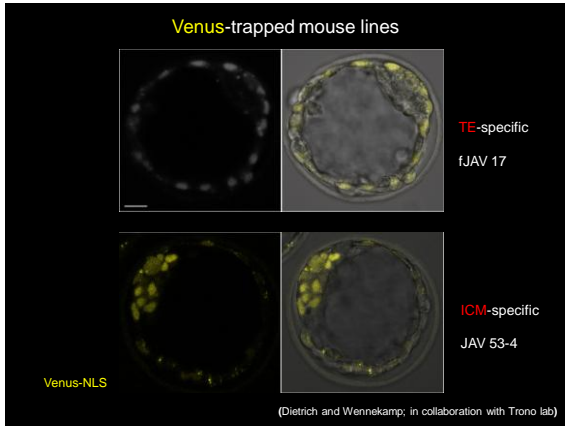
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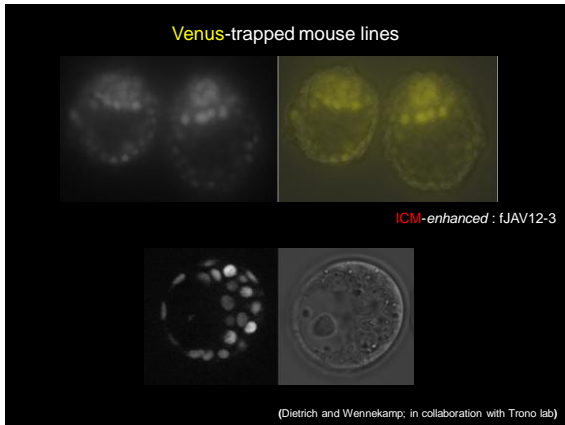
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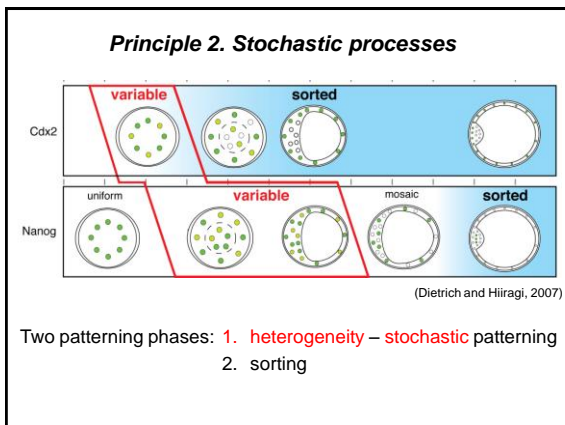
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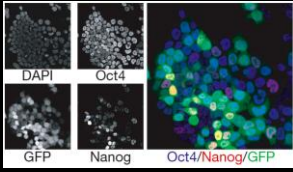
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**Stochastic** emergence of asymmetry



"Nanog fluctuates in mouse ES cells"  
(Chambers et al. 2007)

"Dynamic equilibrium and heterogeneity of mouse ES cells" – Stella  
(Hayashi et al. 2008)

"Subpopulations in undifferentiated ES cell culture" – Rex1  
(Toyooka et al. 2008)

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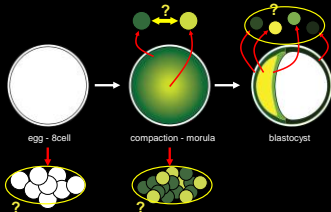
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**Single-blastomere gene expression profile**

Are the cells "same" or "different"?



How many distinct populations?

(Tsumura; in collaboration with Saitou lab)

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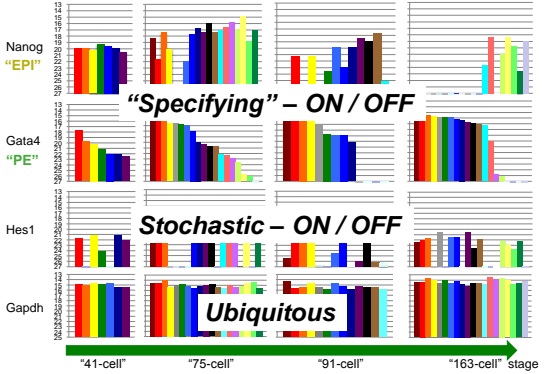
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**Progressive segregation of EPI and PE lineages in the ICM**



(Tsumura; in collaboration with Saitou Lab)

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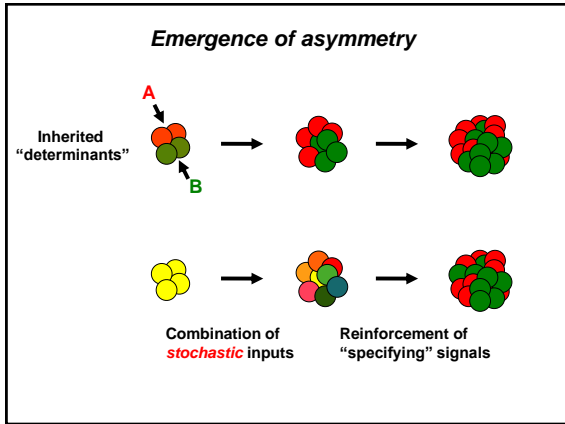
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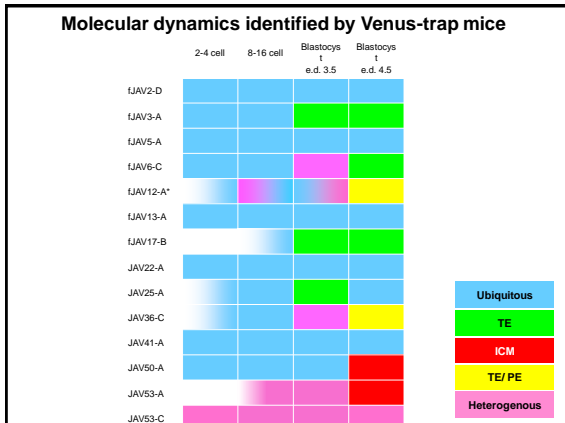
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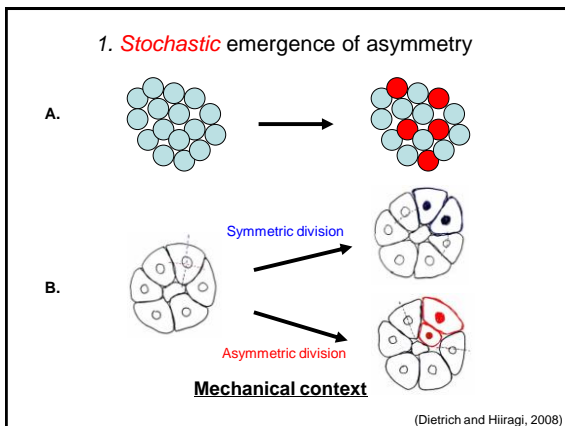
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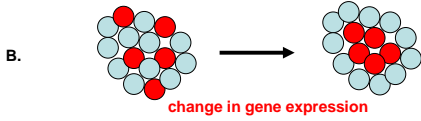
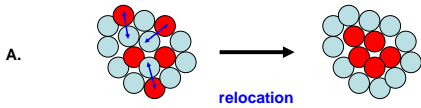
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2. Sorting out ...



(Dietrich and Hiragi, 2008)

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**Principle 3. Mechanical context plays a key role**

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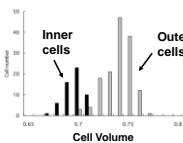
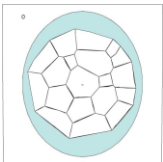
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**Cellular structural and mechanical context**

Computer simulation of the blastocyst morphogenesis

- 40 equivalent cell aggregate
- expanding one blastocyst cavity



(Honda et al., 2008)

- In-Out difference may emerge autonomously in the equivalent population.**
- no need for *intrinsic* bias (localized *determinants*)

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What are the principles of patterning mammalian embryos?

**1. Dynamic and random process**

**2. Stochastic processes**

**3. Mechanical context plays a key role**

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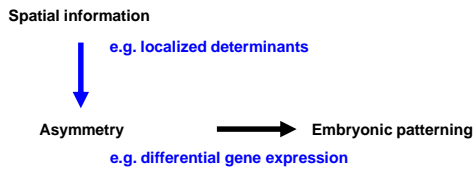
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### Principle underlying embryonic patterning



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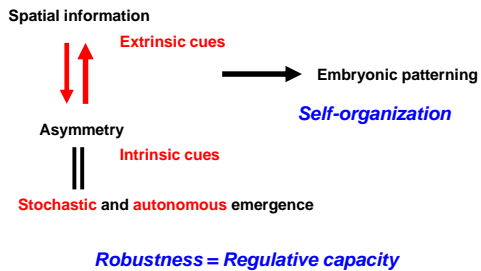
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### Unique principles in early mammalian development



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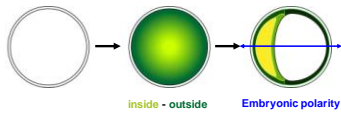
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Random process  $\xrightarrow{?}$  Self-organization

*In a certain physical and temporal context*



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How is a mouse like a human?

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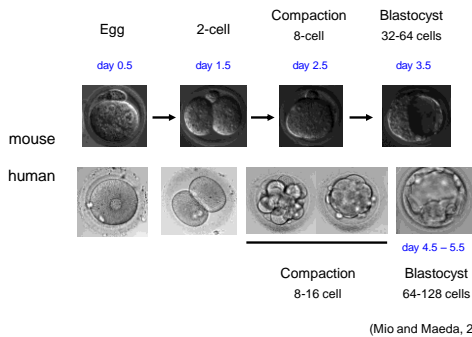
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## Human pre-implantation development



(Mio and Maeda, 2008)

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## Human pre-implantation development



(Mio and Maeda, 2008)

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**GENESIS**  
ΑΘΗΝΑ  
ΚΕΝΤΡΟ ΗΓΕΙΑΣ ΓΥΝΑΙΚΑΣ  
ΚΑΙ ΧΕΙΡΟΥΡΓΙΚΗΣ ΑΝΔΡΟΛΟΓΙΑΣ

**Early Stages or Blastocysts, A  
Critical Choice for Transfer**

Pre-Congress Symposium  
"From Gametes to Embryo: Genetics and  
Developmental Biology"  
26<sup>th</sup> Annual Meeting of ESHRE  
Rome, Italy  
June 27<sup>th</sup>, 2010

Dr Gayle M. Jones, Ph.D.  
Director of Research  
Centre for Human Reproduction,  
Genesis Athens Clinic, Athens, Greece

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**Learning Objectives**

- Selection criteria available for day of transfer
- Laboratory considerations governing the choice of day of transfer
- Cycle considerations governing the choice of day of transfer
- How ART interventions such as PGD/PGS may dictate the day of transfer
- Patient factors that may affect choice of day of transfer
- Are there any negative outcomes associated with delaying embryo transfer to the blastocyst stage

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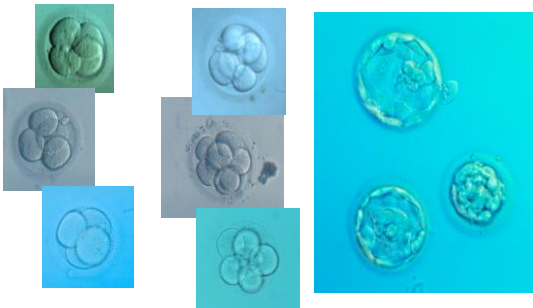
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**Which Day to Transfer?**




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## Embryo Transfer

- The majority of embryo transfers these days are performed to the uterus via the cervix despite the day of transfer
- *In vivo* the embryo would not normally enter the uterus until Days 4-5 at the morula-blastocyst transition
- Transfer of early cleavage stage embryos to the uterus of laboratory and domestic animal species results in failure or severely compromised implantation

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## Factors Governing Choice of Day of Transfer

- What selection criteria are available and their predictive value in identifying the single most viable embryo for transfer
- Number of embryos available for transfer
- Quality of embryos
- Quality of laboratory culture techniques
- Laboratory workload
- Efficiency of available cryopreservation techniques
- Impact of Other ART interventions i.e. PGD/PGS
- Patient factors

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## Selection Criteria

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## Day 2 Transfers

Very little available as selection criteria

- Undergone very few cleavage divisions since fertilization
- Development still under maternal genomic control
- Morphologic features usually used and this alone very poorly predicts ongoing viability
- Predictive value may be improved by combining with Day 0 or Day 1 parameters

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## Embryo Selection Criteria for Day 2 Transfers

Embryo Quality classification systems vary:

- Size of pronuclei
  - Irregularities in size result in arrest, multinucleation & mosaicism

*Sadowy et al., 1998*

- Position of 1<sup>st</sup> & 2<sup>nd</sup> PB relative to PN

*Garello et al., 1999*

- Pattern and polarity of NPB

*Scott & Smith, 1998; Tesarik & Greco, 1999*

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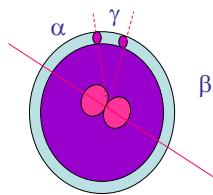
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## Pronuclei Relative to Polar Bodies

*Garello et al., 1999*



- $\alpha$  &  $\gamma$  not associated with viability
- $\beta$  increases as embryo quality decreases
  - probably a measure of degree of rotation of pronuclei

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## Embryo Selection Criteria for Day 2 Transfers

Embryo Quality classification systems vary:

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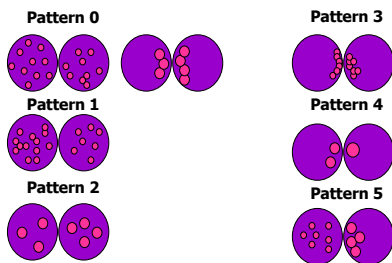
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## Scoring System 12 - 20 h Post-Injection

*Tesarik and Greco, 1999*



Pattern 0 associated with implantation

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## Embryo Selection Criteria for Day 2 Transfers

Embryo Quality classification systems vary:

- Timing of entry into syngamy/early cleavage
  - 15-16% of embryos enter early cleavage before 25h
- Cleavage kinetics on Day 2
  - 4-cell on Day 2 has double the implantation potential as <4-cell or >4-cell on Day 2\*

*Shoukir et al., 1997; Sakkas et al., 2001; Salumets et al., 2003*

*Edgar et al., 2007*

- Morphology on Day 2

- Regularity of blastomere shape and size\*
- Absence of or little fragmentation
- Absence of cytoplasmic granularity
- Absence of multinucleation\*

*Scott et al., 2007*

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### Embryo Selection Criteria for Day 2 Transfers

- Double the implantation rate when two single parameters, entry into syngamy at 23-24h and 4-cell stage at 42h post-insemination used
- However this cohort represents approximately 44% of the embryo population so selection of the single most viable embryo remains difficult

*Lawler et al., 2007*

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### Day 3 Transfers

More selection criteria available

- Better opportunity to evaluate cleavage rate as more cleavage divisions since fertilization
- Demonstrated ability to continue development under embryonic genomic control
- Selection of embryos showing normal cleavage rate on Day 3 (6- to 8-cells) have a lower incidence of chromosomal aneuploidy than embryos showing a more rapid or slower cleavage rate
- Predictive value may be improved by combining with Day 0/Day 1/Day 2 parameters

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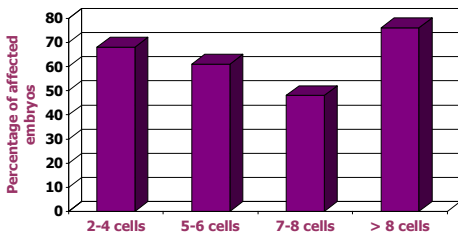
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### Distribution of Chromosomally Abnormal Embryos According to the Cell Number at 62 Hours Post-Insemination



*Magli et al., 1998*

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## Embryo Selection Criteria for Day 3 Transfers

Embryo Quality classification systems vary:

- Morphology on Day 3
  - 6- to 8-cell
  - Regularity of blastomere shape and size
  - Absence of or little fragmentation
  - Absence of multinucleation

*Scott et al., 2007*

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## Day 5 Transfers

More selection criteria available

- Better opportunity to evaluate embryos capable of complete preimplantation development in vitro
- Cleavage kinetics and morphology alone better predictor of viability than on preceding days of development
- Predictive value may be improved by combining with Day 0/Day 1/Day 2/Day 3 parameters

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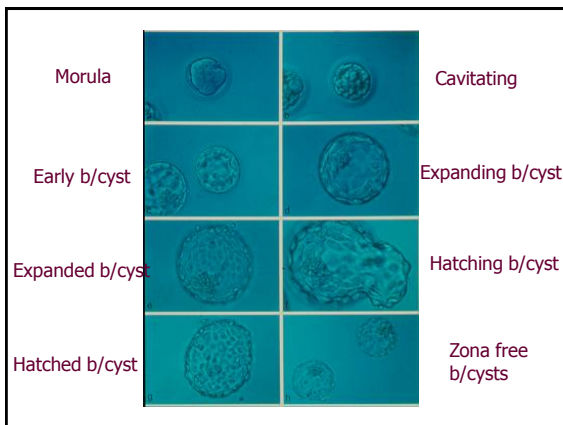
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## Blastocyst Scoring

*Gardner et al., 2000*

1. Early Blastocyst - cavity < 50% volume of embryo
2. Blastocyst - cavity > 50% volume of embryo
3. Full Blastocyst - cavity completely fills the embryo
4. Expanded blastocyst - cavity now larger than that of the early embryo and zona pellucida is thinning
5. Hatching blastocyst - trophectoderm herniates through zona
6. Hatched blastocyst - blastocyst completely free of zona

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## Blastocyst Scoring

*Gardner et al., 2000*

### ICM Grading

- A. Tightly packed, many cells
- B. Loosely grouped, several cells
- C. Very few cells

### Trophectoderm Grading

- A. Many cells forming a tightly knit epithelium
- B. Few cells
- C. Very few cells forming a loose epithelium

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## Blastocyst Scoring

*Gardner et al., 2000*

- Transfer of at least one grade 3AA or 4AA blastocyst is associated with very high pregnancy and implantation rates

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## Embryo Metabolism

- Non-invasive metabolomics can now be applied clinically to assist in selecting the most viable embryos for transfer whether on Day 2/Day3/Day5
- Presently used as an adjunct to morphological parameters to increase the power to predict viability

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## Factors Affecting Day of Transfer Decision Making

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## Number of Embryos Available for Transfer

- Greater the number of embryos available in the cohort for transfer the more difficult it is to select the single most viable embryo for transfer
- Large numbers of good quality embryos suggest that there might be a selection advantage for continued culture to the blastocyst stage of development
- Small numbers of good quality embryos run the risk of failure to reach the blastocyst stage of development and therefore failure to transfer
  - in a general population, there is a 3 times greater risk of failure of embryo transfer if transfer is delayed to the blastocyst stage
- Recent evidence has suggested that even when only one embryo is available the implantation rate is higher when transferred at the blastocyst stage than on Day 2

*Visavjjevic et al., 2007*

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## Quality of Embryos Available for Transfer

- Several studies have indicated that the quality of embryos on Day 3 positively correlates to blastocyst development  
*Jones et al. 1998; Schoolcraft et al., 1999; Racowsky et al., 2000; Papanikolaou et al., 2005*
- Many clinics adopt a protocol of continued culture only if 3-4 good quality 8-cell embryos are present on Day 3 to minimise the likelihood of cancellation of embryo transfer

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## Quality of Laboratory Culture Techniques

If transfer is to be delayed until the blastocyst stage:

- Culture techniques must be employed to ensure that all embryos can reach their full developmental potential
  - Quality sequential culture medium
  - Type and number of incubators
  - Gas phase
  - Quality culture ware
  - Quality control procedures
- Recommended that only laboratories capable of 45-50% of all zygotes developing to the blastocyst stage should consider extended culture and transfer at the blastocyst stage of development

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## Laboratory Workload

If transfer is to be delayed until the blastocyst stage:

- Significant increase in workload involved in extended culture with weekend work often involved
- Sufficient laboratory space to house additional incubators required for extended culture
- Depending on when the decision is made as to which day to transfer embryos, some flexibility in laboratory work approach needs to be adopted
- Concomitant reduction in the number of embryos requiring cryopreservation

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## Efficiency of Cryopreservation Programs

- Higher number of cleavage stage embryos available for cryopreservation compared to blastocyst stage
- Limited number of cumulative pregnancy studies comparing fresh and frozen transfers for randomised cleavage stage versus blastocyst stage transfers
  - van der Auwera et al., 2002 reported NSD
  - Rienzi et al., 2002 reported NSD provided one thaw cycle was undertaken for early cleavage embryos
  - Emiliani et al., 2003 reported higher cumulative pregnancy rates for transfer of early cleavage stage embryos compared to blastocysts but blastocyst cryosurvival was low
- Introduction of blastocyst vitrification and high post-warming survival may in the future favour blastocyst transfers

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## Impact of ART Interventions on Day of Transfer

- Although it is possible to perform early cleavage stage transfers following PGS on biopsied polar bodies, this only provides the maternal contribution to aneuploidy rates
- If PGS is to assess both the meiotic and mitotic contributions to aneuploidy then biopsy must be performed on either Day 3 or Day 5
- PGD in most instances is also required to assess both the maternal and paternal contributions
- Depending on the degree of complexity of the molecular analysis, embryo transfer may have to be deferred by at least one day or more following biopsy

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## Patient Factors

- Superovulation Regime  
*Schoolcraft & Gardner, 2001*
- Sperm Quality
  - Poor sperm quality results in a reduction in blastocyst numbers with no impact on viability  
*Jones, 2000*
- Maternal Age
  - Reduced ovarian reserve resulting in fewer embryos capable of development to the blastocyst stage
  - Increase in aneuploidy  
*Jones, 2000*

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## Advantages of Blastocyst Transfer

- Self-selection of most viable embryos
- Significant reduction in uterine contractility under the influence of higher progesterone by Day 5 therefore less likely that embryos expelled from the uterus following transfer

*Fanchin et al., 2001*

- Better synchrony between uterine epithelium and embryo on Day 5 particularly for those patients showing premature luteinisation on the day of hCG (>1.5ng/ml progesterone)

*Papanikolaou et al., 2009*

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## Advantages of Blastocyst Transfer

- Greater chance of selecting a normal embryo in the absence of PGS

– 61% compared to 49% for early cleavage embryos

*Fragouli et al., 2008*

– Monosomy and complex aneuploidies can persist through to blastocyst stage

*Magli et al., 2000; Sandalinas et al., (2001); Fragouli et al., 2008*

– Decreased level of mosaicism in ICM compared to early embryos

*Evsikov & Verlinsky, 1998*

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## Disadvantages of Blastocyst Transfer

- 3x greater chance of failure to have embryo transfer in general population
- Greater risk of cycle cancellation if culture conditions are sub-optimal
- Reports of increase in monozygotic twinning following blastocyst transfer but not confirmed in recent large cohort study

*Papanikolaou et al., 2010*

- Altered sex ratio in favour of males

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## Meta-Analysis of Day2/3 versus Day 5 Transfers

*Blake et al., 2007*

- 3 times more likely to have a transfer cancelled if transfer delayed to Day 5 (not significantly different when only good prognosis patients considered)
- Live birth rate higher following blastocyst transfer (36% versus 29%)
- Higher pregnancy rate per couple following blastocyst transfer despite a higher incidence of failure to have a transfer
- Cryopreservation rates higher following early cleavage stage transfer vs. blastocyst transfer

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## Summary

To be a successful alternative to transfers of early cleavage stage embryos the following must be true

- those embryos which are developmentally competent need to be cultured in conditions which allows this developmental potential to be realized
- blastocysts must develop in sufficient numbers to allow the majority of patients to have an embryo transfer
- blastocysts which develop must be viable

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## Summary

### Blastocyst versus Early Cleavage Stage Transfers

- The benefit is likely to be due to the element of selection of embryos that have demonstrated ability for complete developmental competence
- The benefit may also be due to the elimination of grossly chromosomally abnormal embryos
- Blastocyst transfer is unlikely to offer any selection advantage for those patients who produce very few embryos or very few chromosomally normal embryos
- Uterus may be more relaxed from extended exposure to progesterone which may improve ease of transfer and outcomes for certain populations of patients

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## Conclusions

- Advisable for all IVF programs to have a flexible approach to choice of day of transfer in order to optimise outcomes for all IVF patients

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Mark your calendar for the upcoming ESHRE campus workshops!

- **Basic Genetics for ART Practitioners**  
*organised by the SIG Reproductive Genetics*  
16 April 2010 - Porto, Portugal
- **Array technologies to apprehend developmental competence and endometrial receptivity: limits and possibilities**  
*organised by the Task Force Basic Science in Reproduction*  
22 April 2010 - Brussels, Belgium
- **The management of infertility – training workshop for junior doctors, paramedicals and embryologists**  
*organised by the SIG Reproductive Endocrinology, SIG Embryology and the Paramedical Group*  
26-27 May 2010 - Kiev, Ukraine
- **Preimplantation genetic diagnosis: a celebration of 20 years**  
*organised by the SIG Reproductive Genetics*  
1 July 2010 - Rome, Italy
- **EIM 10 years' celebration meeting**  
*organised by the European IVF Monitoring Consortium*  
11 September 2010 - Munich, Germany
- **The determinants of a successful pregnancy**  
*organised by the SIGS Reproductive Surgery, Early Pregnancy and Reproductive Endocrinology*  
24-25 September 2010 - Dubrovnik, Croatia
- **Basic training workshop for paramedics working in reproductive health**  
*organised by the Paramedical Group*  
6-8 October 2010 - Valencia, Spain
- **Forgotten knowledge about gamete physiology and its impact on embryo quality**  
*organised by the SIG Embryology*  
9-10 October 2010 - Lisbon, Portugal

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Keep an eye on our calendar section for more information on

## Upcoming events

- **Female and male surgery in human reproductive medicine**  
8-9 October 2010 - Treviso, Italy
- **Promoting excellence in clinical research: from idea to publication**  
5-6 November 2010 - Thessaloniki, Greece
- **“Update on pluripotent stem cells (hESC and iPS)” and hands on course on “Derivation and culture of pluripotent stem cells”**  
8-12 November 2010 - Valencia, Spain
- **Women’s health aspects of PCOS (excluding infertility)**  
18 November 2010 - Amsterdam, The Netherlands
- **Endoscopy in reproductive medicine**  
24-26 November 2010 - Leuven, Belgium
- **Fertility and Cancer**  
25-26 November 2010 - Bologna, Italy
- **The maternal-embryonic interface**  
2-3 December 2010 - Valencia, Spain
- **GnHR agonist for triggering of final oocyte maturation – time for a paradigm shift**  
3 December 2010 - Madrid, Spain
- **Raising competence in psychosocial care**  
3-4 December 2010 - Amsterdam, The Netherlands

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