



# The impact of the reproductive tract environment on implantation success

Special Interest Group Endometriosis/Endometrium

# 6

3 July 2011  
Stockholm, Sweden





# **The impact of the reproductive tract environment on implantation success**

**Stockholm, Sweden**

**3 July 2011**

**Organised by  
Special Interest Group Endometriosis/Endometrium**





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# **Course coordinators**

Hilary Critchley United Kingdom, (SIGEE Coordinator) and Anneli Stavreus-Evers (Sweden, SIGEE Deputy Coordinator)

# **Course description**

Multiple factors impact on implantation success. This course will address the potential systemic and local environmental influences on embryo implantation.

# **Target audience**

This course will appeal to Obstetricians and Gynaecologists who manage patients with endometriosis and fibroids and in particular those practitioners with an interest in managing patients in early pregnancy/ problematic early pregnancy. Presentation content will also be of interest to basic scientists and paramedicals.



# Scientific programme

## Effects of the uterine environment

- 09.00 - 09.30 Endometrial gene pathways important for implantation - **Anneli Stavreus-Evers (Sweden)**
- 09.30 - 09.45 Discussion
- 09.45 - 10.15 Do uterine fibroids cause implantation failure? - **Peter Rogers (Australia)**
- 10.15 - 10.30 Discussion
- 10.30 - 11.00 Coffee break

## Effects of the tubal environment

- 11.00 - 11.30 The expression of receptivity markers in the Fallopian tube epithelium – **Antonis Makrigiannakis (Greece)**
- 11.30 - 11.45 Discussion
- 11.45 - 12.15 Changes in the Fallopian tube microenvironment predisposing to tubal Implantation - **Andrew Horne (United Kingdom)**
- 12.15 - 12.30 Discussion
- 12.30 - 13.30 Lunch

## Effects of the pelvic environment

- 13.30 - 14.00 Perturbations in endometrial gene expression in women with endometriosis: potential effects on embryo implantation – **Amelie Fassbender (Belgium)**
- 14.00 - 14.15 Discussion
- 14.15 - 14.45 Can pelvic infection explain implantation failure? - **Siladitya Bhattacharya (United Kingdom)**
- 14.45 - 15.00 Discussion
- 15.00 - 15.30 Coffee break

## Effects of the systemic environment

- 15.30 - 16.00 Obesity and the endometrium: effects on implantation – **Jose Bellver (Spain)**
- 16.00 - 16.15 Discussion
- 16.15 - 16.45 The role of thrombophilia/haematological disorders and impact on endometrial function – **Lesley Regan (United Kingdom)**
- 16.45 - 17.00 Discussion







**ESHRE – European Society of Human Reproduction and Embryology**

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**What is ESHRE?**

ESHRE was founded in 1985 and its **Mission Statement** is to:

- promote interest in, and understanding of, reproductive science
- facilitate research and dissemination of research findings in human reproduction and embryology to the general public, scientists, clinicians and patient associations.
- inform policy makers in Europe
- promote improvements in clinical practice through educational activities
- develop and maintain data registries
- implement methods to improve safety and quality assurance



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**Executive Committee 2009/2011**

Chairman	• Luca Gianaroli	Italy
Chairman Elect	• Anna Veiga	Spain
Past Chairman	• Joep Geraedts	Netherlands
	• Jean François Guérin	France
	• Timur Gürgan	Turkey
	• Ursula Eichenlaub-Ritter	Germany
	• Antonis Makrigiannakis	Greece
	• Miodrag Stojkovic	Serbia
	• Anne-Maria Suikkari	Finland
	• Carlos Plancha	Portugal
	• Françoise Shenfield	United Kingdom
	• Etienne Van den Abbeel	Belgium
	• Jolieneke Schoonenberg-Pomper	Netherlands
	• Veljko Vlaisavljevic	Slovenia
	• Søren Ziebe	Denmark



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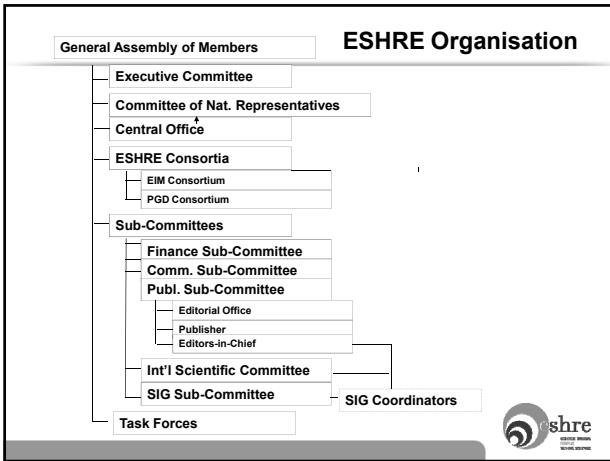
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### ESHRE Journals



*Human Reproduction with impact factor 3.859*



*Human Reproduction Update with impact factor 7.042*



*Molecular Human Reproduction with impact factor 3.005*


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### Campus Activities and Data Collection

Campus / Workshops

- Meetings are organised across Europe by Special Interest Groups and Task Forces
- Visit [www.eshre.eu](http://www.eshre.eu) under CALENDAR

Data collection and monitoring

- European IVF Monitoring Group data collection
- PGD Consortium data collection




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### ESHRE Membership (2/3)

	1 yr	3 yrs
Ordinary Member	€ 60	€ 180
Paramedical Member*	€ 30	€ 90
Student Member**	€ 30	N.A.

\*Paramedical membership applies to support personnel working in a routine environment such as nurses and lab technicians.  
 \*\*Student membership applies to undergraduate, graduate and medical students, residents and post-doctoral research trainees.




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### ESHRE Membership – Benefits (3/3)

1) Reduced registration fees for all ESHRE activities:

Annual Meeting	Ordinary	€ 480	(€ 720)
	Students/Paramedicals	€ 240	(€ 360)
Workshops*	All members	€150	(€ 250)

2) Reduced subscription fees to all ESHRE journals – e.g. for Human Reproduction €191 (€ 573!)

3) ESHRE monthly e-newsletter

4) News Magazine "Focus on Reproduction" (3 issues p.a.)

5) Active participation in the Society's policy-making

\*workshop fees may vary




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### Special Interest Groups (SIGs)

The SIGs reflect the scientific interests of the Society's membership and bring together members of the Society in sub-fields of common interest

Andrology	Psychology & Counselling
Early Pregnancy	Reproductive Genetics
Embryology	Reproductive Surgery
Endometriosis / Endometrium	Stem Cells
Ethics & Law	Reproductive Endocrinology
Safety & Quality in ART	




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## Task Forces

A task force is a unit established to work on a single defined task / activity

- Fertility Preservation in Severe Diseases
- Developing Countries and Infertility
- Cross Border Reproductive Care
- Reproduction and Society
- Basic Reproductive Science
- Fertility and Viral Diseases
- Management of Infertility Units
- PGS
- EU Tissues and Cells Directive



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## ESHRE – Annual Meeting

- One of the most important events in reproductive science
- Steady increase in terms of attendance and of scientific recognition

### Track record:

ESHRE 2010 – Rome: 9,204 participants  
ESHRE 2009 – Amsterdam: 8,055 participants  
ESHRE 2008 – Barcelona: 7,559 participants

### Future meetings:

ESHRE 2011 – Stockholm, 3-6 July 2011  
ESHRE 2012 – Istanbul, 1-4 July 2012



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## ESHRE 2011, Stockholm, Sweden

**When:** 3 - 6 July 2011

**Where:** Stockholmsmässan,  
Mässvägen 1, Älvsjö, Sweden  
[www.stockholmsmassan.se](http://www.stockholmsmassan.se)



**Chair of conference:** Kersti Lundin

**Hotel and Travel:**  
MCI - Stockholm Office  
Phone: +46 (0)8 54651500  
E-mail: [eshre@mci-group.com](mailto:eshre@mci-group.com)



For updates visit [www.eshre.eu](http://www.eshre.eu)



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**ESHRE 2011, Stockholm**

**Keynote Lectures**

***Aneuploidy in humans: what we know and we wish we knew – Terry Hassold (USA)***

**Historical Lecture**

***A brave new world with a brave old humankind; quo vadimus – E. Diczfalusy (SE)***

**MHR Symposium – The paternal genome**

***Sperm chromatin packaging – B. Robaire (CDN)***

***The human sperm epigenome – B. Cairns (USA)***



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**ESHRE 2011, Stockholm: Debates**

**This house believes that obese women should not receive treatment until they have lost weight**

- **Yes: Mark Hamilton (UK)**
- **No: Guido de Wert (NL) - TBC**

**Paramedical invited session: Should we pay donors?**

- **Yes: Herman Tournaye (BE)**
- **No: Laura Witjens (UK)**



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**Annual Meeting – Pre-Congress Courses**

- PCC 1: The challenges of embryo transfer (Paramedical Group)
- PCC 2: The blastocyst: perpetuating life (SIG Embryology and SIG Stem Cells)
- PCC 3: From genes to gestation (SIG Early Pregnancy and SIG Reproductive Genetics)
- PCC 4: Lifestyle and male reproduction (SIG Andrology)
- PCC 5: Ovarian ageing (SIG Reproductive Endocrinology)
- PCC 6: The impact of the reproductive tract environment on implantation success (SIG Endometriosis/Endometrium)
- PCC 7: Adhesion prevention in reproductive surgery (SIG Reproductive Surgery)



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### Annual Meeting – Pre-congress Courses

- PCC 8: Theory and practice update in third party reproduction (SIG Psychology and Counselling)
- PCC 9: Ethical aspects of non-invasive prenatal diagnosis (SIG Ethics & Law)
- PCC 10: Patient-centered fertility services (SIG SQUART)
- PCC 11: Clinical management planning for fertility preservation in female cancer patients (TF Basic Science and TF Preservation in Severe Disease in collaboration with the US OncoFertility Consortium)
- PCC 12: Opportunities for research in female germ cell biology (TF Basic Science)



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### Annual Meeting – Pre-congress courses

- PCC 13: Assisted reproduction in couples with HIV (TF Fertility and Viral Diseases)
- PCC 14: Prevention of infertility – from preconception to post-menopause (TF Reproduction and Society)
- PCC 15: Hot topics in male and female reproduction (ASRM exchange course)
- PCC 16: Academic Authorship programme (Associate Editors ESHRE journals)
- PCC 17: Science and the media, an introduction to effective communication with the media (Communications SubCommittee ESHRE)



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### Certificate of attendance

- 1/ Please fill out the evaluation form during the campus
- 2/ After the campus you can retrieve your certificate of attendance at [www.eshre.eu](http://www.eshre.eu)
- 3/ You need to enter the results of the evaluation form online
- 4/ Once the results are entered, you can print the certificate of attendance from the ESHRE website
- 5/ After the campus you will receive an email from ESHRE with the instructions
- 6/ You will have TWO WEEKS to print your certificate of attendance



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## Contact



ESHRE Central Office  
Tel: +32 (0)2 269 09 69  
[info@eshre.eu](mailto:info@eshre.eu) / [www.eshre.eu](http://www.eshre.eu)



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## Endometrial gene pathways important for implantation

Anneli Stavreus-Evers PhD  
Associate Professor  
Department of Women's and Children's Health  
Uppsala University

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## Learning objectives

- Understanding of hormonal regulation of endometrial receptivity
- Knowledge on genes involved in embryo-endometrial interactions

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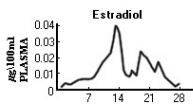
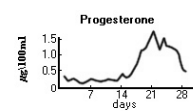
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## Estrogen and progesterone as main regulators of endometrial receptivity



**Estrogen and progesterone are important for:**

- Endometrial development
- Fallopian tube function
- Maintenance of pregnancy

**Estrogen and progesterone acts through their specific receptors ER and PR**

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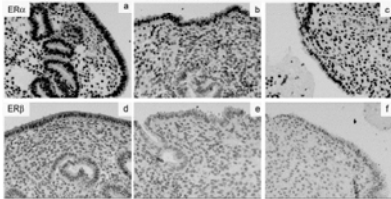
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## Estrogen receptors

- ER $\alpha$  KO mice are infertile – hypoplastic endometrium
- ER $\beta$  KO mice – poor reproductive ability



Weihua et al 2001, PNAS, Stavros-Evers Fertil-Steril 2001

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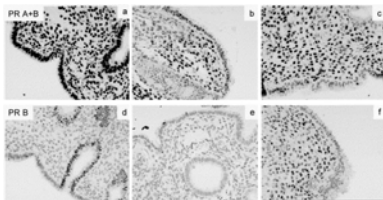
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## Progesterone receptor

- PRA deficient mice – infertile
- PRB deficient mice – fertile



- Reduction of PRB at the time of implantation

Weihua et al 2001, PNAS, Stavros-Evers Fertil-Steril 2001

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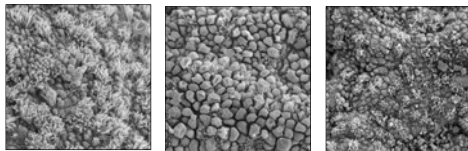
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## Morphology and endometrial receptivity



Before implantation      Implantation window      After implantation time

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### Gene expression and endometrial receptivity

Study	Samples	RNA pooled	First sample (day of cycle)	Second sample (day of cycle)	Fold-change	Up	Down
Kao <i>et al.</i> (2002)	11	No	Proliferative phase (8-10)	LH + (8-10) (21-23)	>2.0	156	377
Carson <i>et al.</i> (2002)	6	YES	LH + (2-4) (15-17)	LH + (7-9) (20-22)	>2.0	323	370
Borthwick <i>et al.</i> (2003)	10	Yes	Proliferative phase (9-11)	LH + (6-8) (19-21)	>2.0	90	46
Riesewijk <i>et al.</i> (2003)	10	No	LH + 2 (15)	LH + 7 (20)	>3.0	153	58
Mirkin <i>et al.</i> (2005)	8	No	Early-luteal (16)	Mid-luteal (21)	>2.0	49	58

Horcajadas *et al* Hum Rep Update 2007

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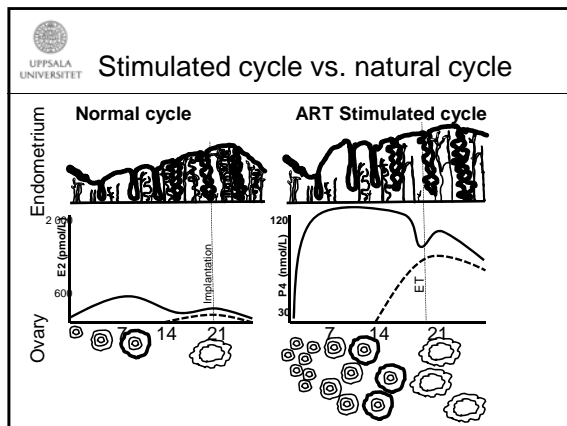
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### Stimulated cycle vs. natural cycle

• Study	Days	Number of genes	
		Up	Down
•Mirkin <i>et al</i> 2004	LH+8 vs hCG +9	6	6
•Horcajadas 2005	LH+7 vs hCG +9	281	277
•Simon <i>et al</i> 2005	LH+7 vs hCG +7	22	69
•Horcajadas <i>et al</i> 2008	LH+7 vs hCG +7	69	73
•Liu <i>et al</i> 2008	LH+7 vs hCG +7	244	159
•Macklon <i>et al</i> 2008	LH+5 vs hCG +4	142	98
•Haouzi <i>et al</i> 2009	LH+7 vs hCG +5	567	0

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## Stimulated cycle vs. natural cycle

Gonadotrophin treatment in controlled ovarian stimulation cycles lead to disruptions of the transcriptional activation of genes involved in normal endometrial receptivity

Haouzi et al Hum Rep 2009

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## Natural vs. artificial cycles

Estradiol 6 mg daily

Progesterone 800 mg daily

Estradiol 4mg daily

Artificial cycle

Natural cycle

- Artificial cycles
- Women without normal ovarian function
- Used to avoid embryo transfers during weekends

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## Natural vs. artificial cycles

	Artificial cycle	Natural cycle	
Number of women	49	164	
Number of embryos	70	235	
Embryos/transfer	1.45	1.43	
Grade A embryos	73 %	62 %	
Positive hCG	28 %	25 %	
Biochemical pregnancies (early miscarriage)	12.2 %	3.6 %	p=0.0331
Clinical pregnancies	16.3 %	21.2 %	
Spontaneous abortions	2.0 %	4.2 %	
Delivery rate	14.3 %	18.9 %	

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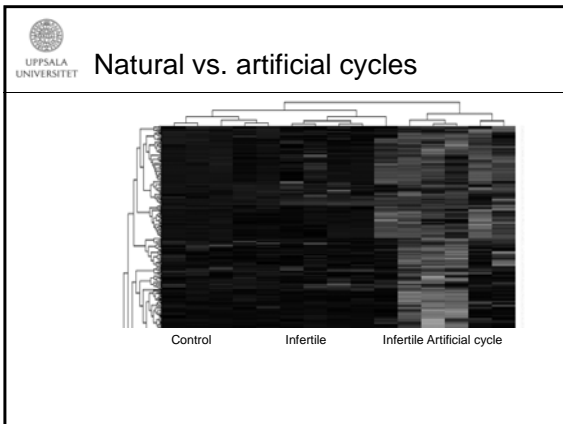
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### Natural vs. artificial cycles

- Increased miscarriage rate was also seen in women undergoing embryo replacement in artificial cycles at the Centre of Reproduction in Uppsala (PO Karlström)
- This is due to disruptions of the transcriptional activation of genes involved in normal endometrial receptivity
- The normal balance between estrogen and progesterone and their cyclic release pattern is important for endometrial development to receptivity
- Artificial menstrual cycles is not beneficial for women with normal menstrual cycles

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### Gene pathways of endometrial receptivity

- Adhesion and attachment (mucins and integrins)
- Paracrine regulators (Interleukins, LIF, HB-EGF)

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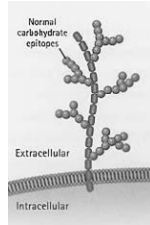
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### Gene pathways for adhesion and attachment Mucin (MUC)

- Mucin 1 (Muc-1) is the major mucin on the endometrial surface
- Presented solely on the ciliated cells
- Increase in endometrium due to increased progesterone levels



Aplin RBM Online1999

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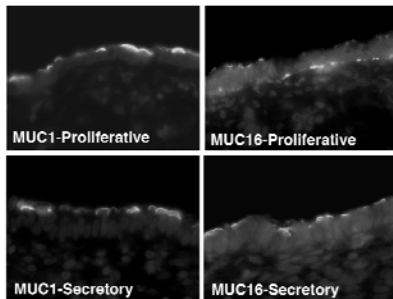
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### Gene pathways for adhesion and attachment Mucin (MUC)



Gipson et al Biol Rep. 2008

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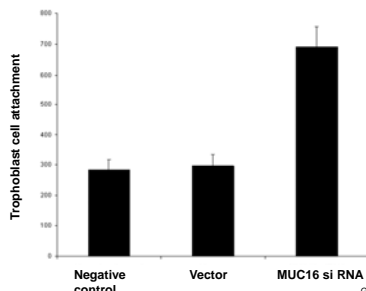
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### Gene pathways for adhesion and attachment Mucin (MUC)

Silencing of MUC 16 using siRNA leads to increased trophoblast attachment



Gipson et al Biol Rep. 2008

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Gene pathways for adhesion and attachment  
Mucin1 and Mucin 16

- Disappear at the place of embryo attachment
- Embryo-endometrial paracrine action leads to loss of MUC1 and MUC 16 at the implantation site.

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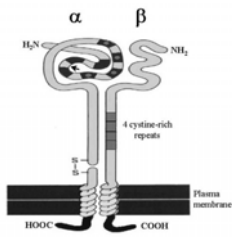
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Gene pathways for adhesion and attachment  
Integrins



- Receptors for collagen, fibronectin and osteopontin
- Ligand for oncofetal fibronectin present on the trophoblast cells
- Present on the endometrial surface and on the blastocyst
- Up-regulated by the blastocyst

Berman et al Membr Cell Biol 2000, Lessey et al Fertil Steril 1995

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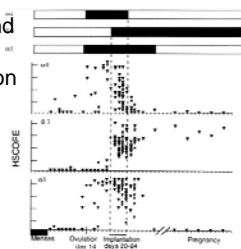
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Gene pathways for adhesion and attachment  
Integrins

- Integrins, b3, av, a1 and a3 are the most commonly expressed on at the time of implantation
- Progesterone and paracrine action is responsible for the regulation of integrins.



Lessey et al. Fertil Steril 2001

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### Gene pathways for paracrine regulation Interleukin-1 (IL-1)

- Peptides IL-1a and IL-1b
- Antagonist IL-1ra
- Receptors IL1R type I and IL-1R type II



**IL-1R**

Kelly et al Reproduction 2001, Simon et al JCEM 1993

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### Gene pathways for paracrine regulation Interleukin-1 (IL-1)

- High concentration of IL-1a in culture media is associated with successful implantation
- Block of IL-1R t1 by IL-1ra prevents implantation in mice
- IL-1a is localized on the maternal endometrium during implantation in the rhesus monkey

Illera et al Biol Rep 2000, Lessey et al Fertil Steril 1995, Simon et al JCEM 1999

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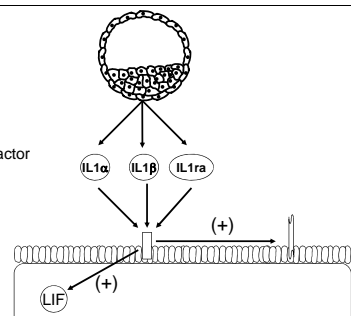
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### Gene pathways for paracrine regulation Interleukin-1 (IL-1)

IL-1R  
 Integrin  $\beta 3$   
 LIF Leukemia inhibitory factor




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### Gene pathways for paracrine regulation Leukemia inhibitory factor (LIF)

- Maternal LIF is necessary for implantation in mice
- LIF is present in human embryo, endometrium and Fallopian tube
- Reduced levels of LIF in uterine secretion in infertile women

Stewart et al 1992, Li et al Mol Hum Rep 2004

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### Gene pathways for paracrine regulation Leukemia inhibitory factor (LIF)

#### LIF and LIF receptor in human endometrium

Early secretory phase    Mid secretory phase    Late secretory phase

Aghajanova et al Fertil Steril 2003

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### Gene pathways for paracrine regulation Leukemia inhibitory factor (LIF)

Fertile    Infertile

- Endometrium from fertile compared with endometrium from infertile women
- Low LIFR
- Low gp130
- High SOCS1 (inhibitor of LIF action)

Aghajanova L et al Fertil Steril 2008

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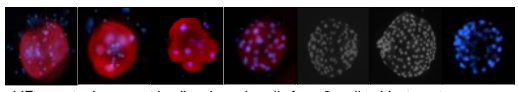
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**Gene pathways for paracrine regulation**  
**Leukemia inhibitory factor (LIF)**

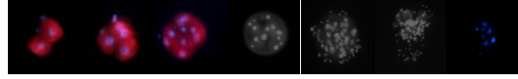
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**LIFR**



LIF receptor is present in all embryonic cells from 2- cell to blastocyst

**Gp130**



Gp130 is present in all embryonic cells from 2- cell to morula, thereafter only in the inner cell mass.

Wänggren et al

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**Gene pathways for paracrine regulation**  
**HB-EGF**

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- Member of the EGF family
- Soluble HB-EGF: Proliferation, cell migration, inhibits apoptosis
- Trans-membrane HB-EGF: adhesion, pro-apoptotic
- Enhance human embryo development
- HB-EGF and its receptors HER1 and HER4 exists in the Fallopian tube and endometrium
- Facilitates adhesion of the embryo to the endometrial surface
- HB-EGF induce integrin avb3

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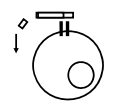
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**Gene pathways for paracrine regulation**  
**HB-EGF**

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**•1. Endometrial maturation to receptivity**



**2. Signaling between the embryo and the endometrium**



**3. Attachment of the embryo**

**4. Re-epithelialization**

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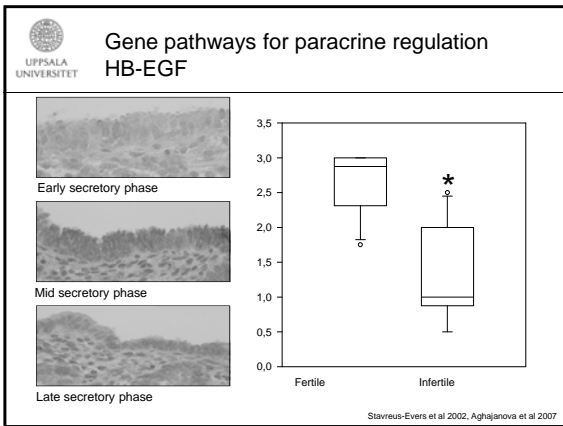
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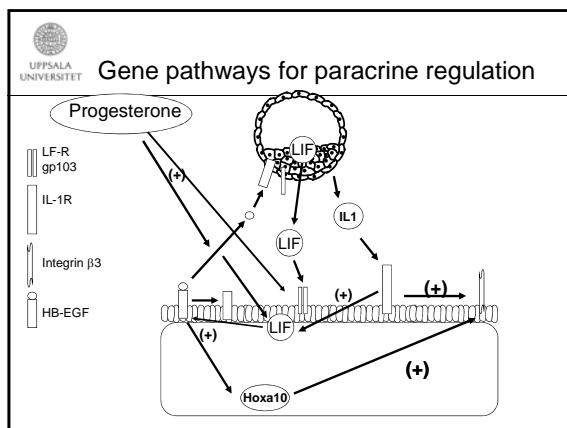
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- UPPSALA UNIVERSITET
- ### Unexplained infertility
- Regular menstrual periods 25-35 days
  - Normal ovulation
  - Normal hormone levels FSH, LH, E, P, TSH, T3/T4, Prolactin
  - Normal tubal function
  - Inga klinisk evidens av endometrios
  - Partner has normal sperm count

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## Unexplained infertility

- Heterogenous group
- Possible causes of unexplained infertility
- Subfertility
- Defekt endometrial development
- Genetic causes
- Fertilization problem
- Depression

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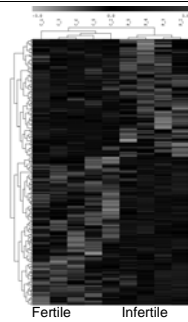
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## Endometrial receptivity and unexplained infertility



Altmäe et al Mol Hum rep 2010

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## Endometrial receptivity and unexplained infertility

Infertile/Fertile



- Endothelin (EDN3↑)
- Trefoil factor 3 (TFF3↑)
- Hemoglobins (HBA2↑, HBA1↑, HBGI↑, CYGB↑, HP↑)
- Mucins (MUC4↑, MUC-5 precursor↑)
- Wnt signalling pathway (WISP2↑, WNT3A↑, CXXC4↑, PRKCG↑)

- Metalloproteinases (MMP26↑, MMP10↓, MMP8↓)



- **Hyaluronan-binding protein 2 (HABP2 ↓)**
- Folate binding (SLC19A3↓)
- Estrogen receptor beta (ESR2↓)
- Insulin-like growth factor binding protein 1 (IGFBP1↓)
- Interleukin 21 (IL21↓)

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### Hyaluronanbinding protein 2 (HABP2)

- Binds hyaluronic acid and is involved in cell adhesion
- Activates the coagulation cascade by activation of factor VII
- Inhibits cell proliferation and migration of vascular smooth muscle cells

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### Embryo glue

- Embryo glue (hyaluronic acid) is present in some embryo transfer media
- Results in more implantation but also a higher risk of early miscarriage
- Number of deliveries does not increase when hyaluronic acid is present in the transfer medium

Hambiliki et al 2010

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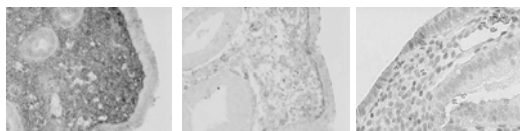
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### HABP2 and unexplained infertility

- Low mRNA and protein expression of HABP2 in endometria from women with unexplained infertility compared to endometria from fertile women



Fertil

Infertil

Negativ kontroll

Altmäe et al 2011

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UPPSALA UNIVERSITET **HABP2 and unexplained infertility**

		Infertile women n (%)	$\chi^2$	Fertile women n (%)	$\chi^2$	p-value
rs1157916	GG	44 (42.7)	1.690	54 (35.8)	0.007	>0.1
	GA	51 (49.5)		73 (48.3)		
	AA	8 (7.8)*		24 (15.9)*		
	<i>p</i> (G)	0.675		0.599		
	<i>q</i> (A)	0.325		0.401		0.051
rs2240879	AA	48 (46.2)*	0.473	88 (58.7)*	1.594	>0.1
	AG	43 (41.3)		50 (33.3)		
	GG	13 (12.5)		12 (8.0)		
	<i>p</i> (A)	0.668		0.753		
	<i>q</i> (G)	0.332		0.247		0.023

Altmbe et al 2011

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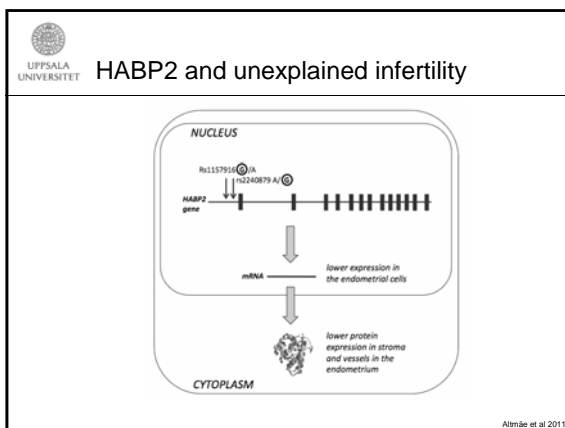
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- UPPSALA UNIVERSITET **Gene pathways in embryo-endometrial interactions**
- Bioinformatic approach to study possible interactions between the blastocyst and the receptive endometrium
  - Array from endometrium from fertile women(2 cycle phases, n=8)
  - Array from 128 embryos

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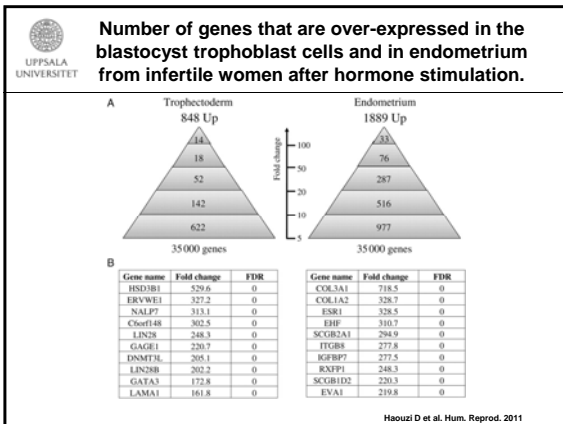
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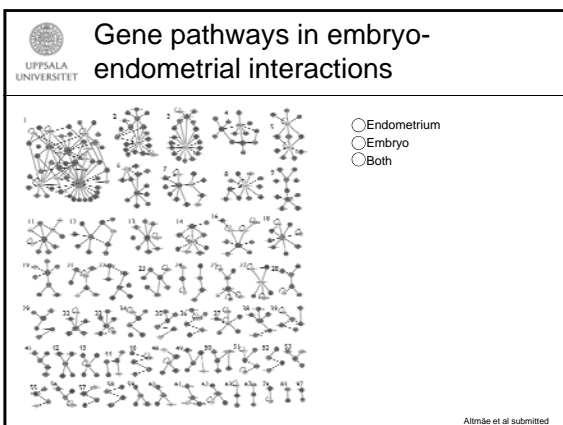
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**Conclusions**

- Endometrial receptivity depends on hormonal regulation by estrogen and progesterone
- Endometrial receptivity is altered in stimulated and artificial cycles
- Several pathways of paracrine interactions is involved in embryo implantation

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## Acknowledgements

- **Lusine Aghajanova** UCSF, San Francisco, USA
- **Signe Altmäe** Karolinska Institutet, Stockholm, Sweden
- **Outi Hovatta**
- **Britt-Marie Landgren**
- **Fredwell Hambiliki**
- **Theodora Kallak** Uppsala university, Uppsala, Sweden
- **Carlos Simon** IVI, Valencia, Spain
- **Jose Horcajadas**
- **Jose Martinez**
- **Andres Salumets** Tartu University, Estonia

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- Altmäe et al Mol Hum rep 2010

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 **Do uterine fibroids cause implantation failure?**

Peter AW Rogers PhD  
 Professor of Women's Health research  
 University of Melbourne  
 Dept Obstetrics and Gynaecology  
 Royal Women's Hospital



Commercial relationships and potential conflicts of interest: Nil

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 **Learning Objectives**

**Do uterine fibroids cause implantation failure?**

Racial differences in occurrence of fibroids and infertility

Fibroid heterogeneity: Symptomatic vs asymptomatic

Evidence for an effect of fibroids on fertility

ESHRE 2011

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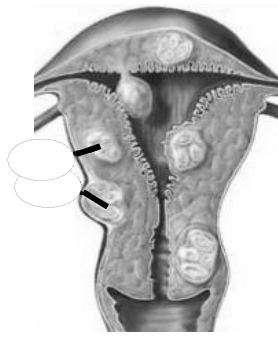
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**Uterine Fibroids**

- Benign tumours of myometrial smooth muscle cells
- Occur in up to 77% of women of reproductive age
  - ~ 25% symptomatic
- Cause of significant reproductive and gynecological problems
  - Abnormal uterine bleeding, pelvic pressure, pain and reproductive dysfunction
- The most common reason for hysterectomy
  - ~200,000 hysterectomies in US/year



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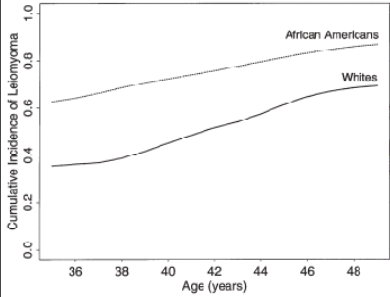
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## High cumulative incidence of uterine leiomyoma in black and white women: Ultrasound evidence

Donna Day Baird, PhD,\* David B. Dunson, PhD,<sup>†</sup> Michael C. Hill, MD,\* Deborah Cousins, MSPH,\* and Joel M. Schectman, MD<sup>‡</sup>

(Am J Obstet Gynecol 2003;188:100-7.)



**Fig 2.** Estimated age-specific cumulative incidence of uterine leiomyoma for black women and white women, aged 35 to 49 years.

Infertility in married women aged 15-44 years (USA)

	1982	2002
White	8.5%	7.4%
Black	7.8%	11.6%

Stephen et al 2006

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## Declining estimates of infertility in the United States: 1982-2002

Elizabeth Hervey Stephen, Ph.D and Anjani Chandra, Ph.D

TABLE 3  
Adjusted odds ratios (and 95% confidence intervals)\* predicting 12-month infertility using multivariate logistic analysis of the combined 1982, 1988, 1995, and 2002 NSFG data (N = 15,303).

Characteristic	Bivariate	Multivariate
Year		
1982	1.0 <sup>†</sup>	1.0 <sup>†</sup>
1988	0.9 (0.8-1.1)	0.8 (0.7-1.0)
1995	0.8* (0.7-0.9)	0.7* (0.6-0.8)
2002	0.8 (0.7-1.0)	0.7* (0.6-0.9)

Fertility and Sterility® Vol. 86, No. 3, September 2006

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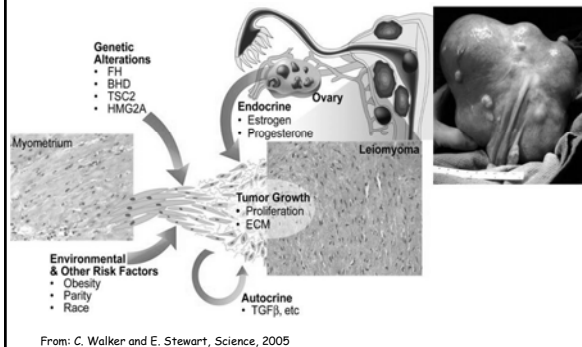
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## Factors in Fibroid Growth




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### Structure of Talk

Fibroid heterogeneity: Symptomatic vs. asymptomatic fibroids

Evidence for an effect of fibroids on fertility

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### Fibroid heterogeneity: Symptomatic vs. asymptomatic fibroids

Very little is known about the mechanisms underlying clinical differences

Why do only some fibroids cause HMB?

No published studies have investigated vascular or cellular differences between symptomatic and asymptomatic fibroids

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Human Reproduction Vol. 19, No. 10 pp. 2350-2355, 2004  
 Advance Access publication July 8, 2004  
 DOI: 10.1093/humrep/dh407

### Uterine leiomyoma and menstrual cycle characteristics in a population-based cohort study

J.L. Marino<sup>1,2</sup>, B. Eskenazi<sup>1,5</sup>, M. Warner<sup>1</sup>, S. Samuels<sup>4</sup>, P. Vercellini<sup>3</sup>, N. Gavoni<sup>3</sup> and D. Olive<sup>4</sup>

<sup>1</sup>School of Public Health, University of California, Berkeley, California, <sup>2</sup>School of Public Health and Community Medicine, University of Washington, Seattle, Washington, <sup>3</sup>Department of Obstetrics and Gynecology, University of Milan School of Medicine, Milan, Italy and <sup>4</sup>Department of Obstetrics and Gynecology, University of Wisconsin Medical School, Madison, Wisconsin, USA  
<sup>5</sup>To whom correspondence should be addressed at: School of Public Health, University of California, 140 Warren Hall, Berkeley, CA 94720-7360, USA. E-mail: eskenazi@calsoil.berkeley.edu

**RESULTS:**  
 Leiomyomata detected in 73/341 women (21.4%) not seeking gynaecological care.  
 Presence of a leiomyoma was not significantly related to menstrual cycle length, flow length or heaviness of flow.  
 Number, volume, tissue layer location (subserosal or intramural) and axial position (anterior or posterior) of the leiomyoma were not related to menstrual cycle characteristics.

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Available online at [www.sciencedirect.com](http://www.sciencedirect.com)  
 SCIENCE @ DIRECT®  
 ELSEVIER  
 European Journal of Obstetrics & Gynecology and Reproductive Biology 115 (2006) 85-89  
 www.elsevier.com/locate/ejog

### Uterine fibroids—do size and location determine menstrual blood loss?

Suzanna Sulaiman<sup>a</sup>, Aradhana Khaund<sup>a</sup>, Nigel McMillan<sup>a</sup>,  
 Jon Moss<sup>b</sup>, Mary Ann Lumsden<sup>a,b</sup>

<sup>a</sup>Division of Developmental Medicine, University of Glasgow, Glasgow, UK  
<sup>b</sup>Department of Radiology, North Glasgow Hospitals University NHS Trust, Glasgow, Scotland, UK  
 Received 10 March 2002; received in revised form 14 May 2003; accepted 21 October 2003

Retrospective comparative study of 50 women with symptomatic fibroids  
 Uterine imaging and objective MBL measurement prior to uterine artery embolisation  
 33 (66%) women had objective menorrhagia with a MBL in excess of 80 ml per period  
 This study found that MBL correlated with neither fibroid size nor location.

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### Self-Reported Heavy Bleeding Associated With Uterine Leiomyomata

Ganesa Wegienka, PhD, Donna Day Baird, PhD, MPH, Irva Hertz-Picciotto, PhD,  
 Siobán D. Harlow, PhD, John F. Steege, MD, Michael C. Hill, MD, Joel M. Schectman, MD, and  
 Katherine E. Hartmann, MD, PhD

Obstet Gynecol 2003;101:431-7

Contrary to published articles, nonsubmucosal leiomyomata were associated with heavy bleeding to the same extent as submucosal leiomyomata.

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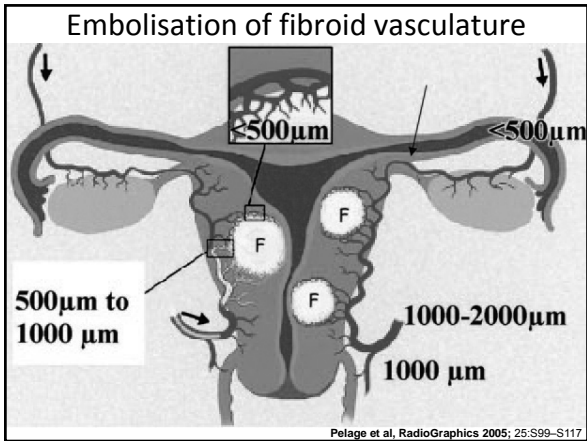
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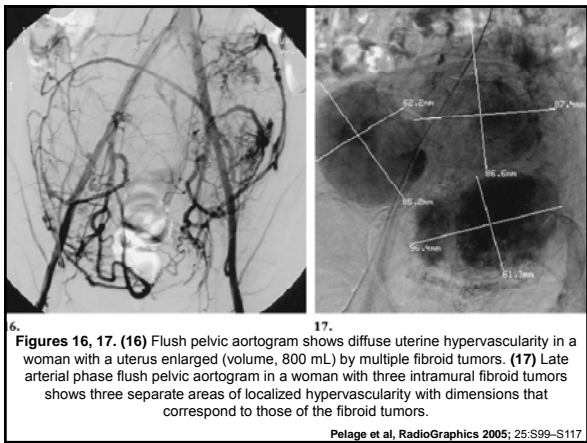
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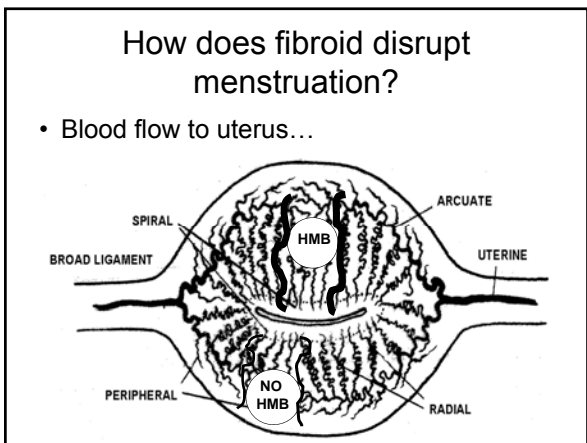
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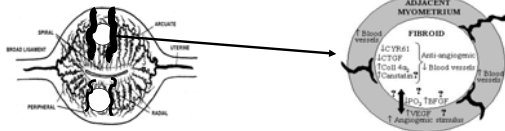
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## Fibroids and Angiogenesis



- Fibroids display an anti-angiogenic profile → reduced vascular density and perfusion compared to myometrium.
- Peri-fibroid plexus has increased vascularity and blood flow
- Both the angiogenically compromised fibroid vasculature, and the increased peri-fibroid vasculature, represent targets for manipulation of angiogenesis.

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## Aims

### OVERALL

Correlation between HMB and radiological and gene expression profiles

### AIM 1

Identify radiological features of fibroids which may predict HMB

### AIM 2

Identify molecular differences between fibroid, peri-fibroid myometrium and distant myometrium

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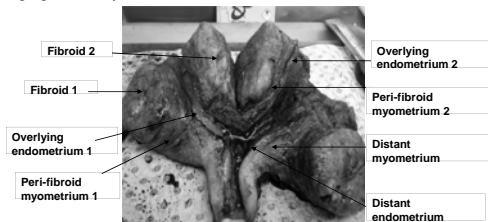
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## PILOT STUDY

- 6 patients recruited
- Doppler Ultrasound of fibroids pre-hysterectomy to categorise blood flow by various measures
- Analyse genes - fibroid, peri-fibroid myometrium, distant myometrium - using quantitative RT-PCR and customised angiogenic arrays



- Correlate patient symptoms with these findings

Picture used with patient's permission

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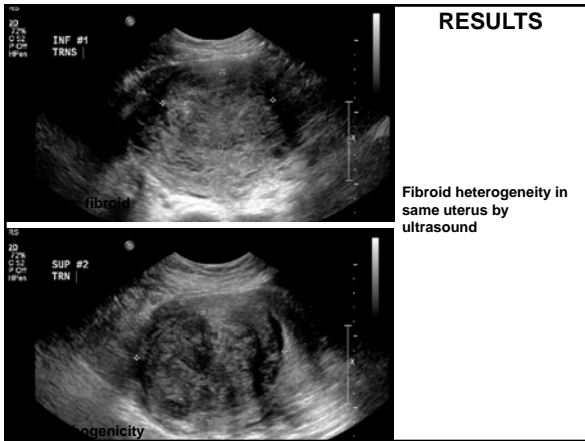
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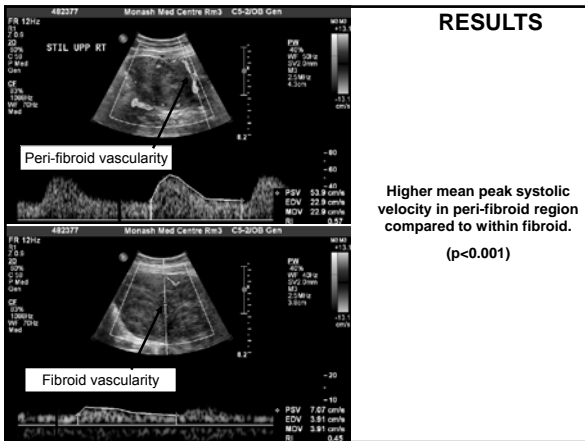
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**RESULTS**

- Fibroids displayed variable echogenicity between and within patients
- 8 of 11 fibroids had increased blood flow in the peri-fibroid region
- Mean PSV was  $11.6 \pm 1.3$  for fibroid compared to  $30.2 \pm 3.3$  for the peri-fibroid region ( $p=0.001$ ).

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## RT-PCR Array Results

6 Patients

11 Fibroids, 11 Peri-fibroid myometrium (PM), 6 Distant myometrium (DM)

- 84 angiogenic genes on array (Human Angiogenesis RT2 Profiler™ PCR array. SA Biosciences, Qiagen GmbH, Hilden, Germany.

Generated gene lists of differences between groups

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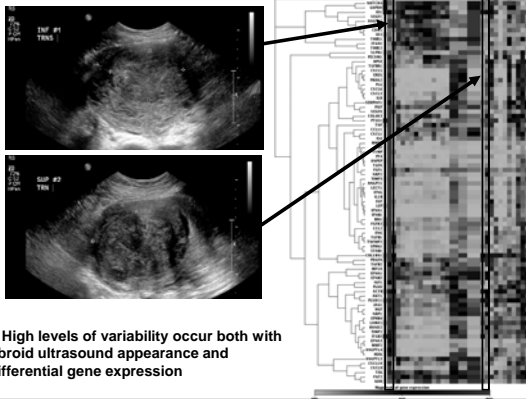
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### RESULTS



- High levels of variability occur both with fibroid ultrasound appearance and differential gene expression

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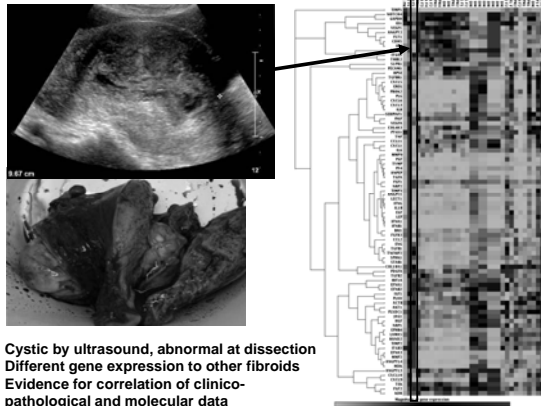
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### RESULTS



- Cystic by ultrasound, abnormal at dissection
- Different gene expression to other fibroids
- Evidence for correlation of clinicopathological and molecular data

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## Summary

- Fibroid heterogeneity – Symptoms (including HMB), ultrasound and gene profile
- Peri-fibroid region is different to distant myometrium
- Evidence for correlation of ultrasound with angiogenic gene expression and clinical symptoms
- More work required!

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## Structure of Talk

Fibroid heterogeneity: Symptomatic vs. asymptomatic fibroids

Evidence for an effect of fibroids on fertility

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*Gynecological Endocrinology*, February 2006; 22(2): 106-109

### **Effects of the position of fibroids on fertility**

MARIA LUISA CASINI<sup>1</sup>, FEDERICA ROSSI<sup>2</sup>, RICCARDO AGOSTINI<sup>2</sup>, & VITTORIO UNFER<sup>3</sup>

Theories on how uterine fibroids may cause infertility:

- Pathological changes of the endometrium (atrophy, distortion, venule ectasia, ulceration).
  - Distortion of the uterine cavity.
  - Local inflammation leading to hostile intra-uterine environment.
  - Disrupted endometrial blood supply.
- Dysfunctional uterine contractility (sperm and ovum transport).
- Partial or complete tubal blockage.

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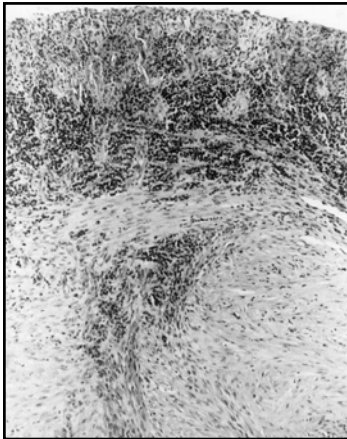


Fig. 4. Submucosal leiomyoma. Due to compression and intracavitary friction, the endometrium has 'effaced' and is replaced by inflammatory granulation tissue with a new capillary network.

A. Ferenczy / Maturitas 45 (2003) 1/14

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International Congress Series 1266 (2004) 191–196  
**Fibroids: effect on infertility and assisted reproduction**  
 Cynthia M. Farquhar\*

Table 1  
 The relationship between fibroids and infertility

Question	Explanation of question	Role of fibroids in infertility
Is there experimental evidence from human studies?	What happens to the pregnancy rate if fibroids are removed?	Only one comparative study available.

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## Fibroids: effect on infertility and assisted reproduction

Cynthia M. Farquhar\*

*Obstetrics and Gynecology, National Women's Hospital, University of Auckland, Claude Road, Auckland 1105, New Zealand*

**CONCLUSIONS:**

- The case for fibroids causing infertility remains to be established.
- Conclude that fibroids probably do not cause infertility in most cases.
- Although the prevalence of fibroids in infertile women can be high, no causal relationship between fibroids and infertility has been demonstrated.
- Future studies, ideally, should be randomised controlled trials of myomectomy in women with fibroids and should report live birth outcomes.
- Such studies are long overdue.

**Impact of subserosal and intramural uterine fibroids that do not distort the endometrial cavity on the outcome of in vitro fertilization–intracytoplasmic sperm injection**  
 Fabrice Garcia Oliveira, M.D.,<sup>a</sup> Vicente G. Abdelmassih, M.D.,<sup>a</sup> Michael P. Diamond, M.D.,<sup>b</sup> Dimitri Dozortsev, M.D.,<sup>a</sup> Nilson R. Melo, M.D.,<sup>a</sup> and Roger Abdelmassih, M.D.<sup>a</sup> *FERTILITY AND STERILITY*<sup>®</sup> VOL. 81, NO. 3, MARCH 2004

**Design:** Retrospective, matched-control study from January 2000 to October 2001.  
**Patients:** Two hundred forty-five women with subserosal and/or intramural fibroids that did not compress the uterine cavity (fibroid group) and 245 women with no evidence of fibroids anywhere in the uterus (control group).

TABLE 2		TABLE 1				
Comparison of IVF-ICSI outcomes according to the number of pregnancies, abortions (first and second trimesters), and deliveries (with live birth) by week.		Description of the fibroid group.				
	Control group (n = 245)	Fibroid group <sup>a</sup> (n = 245)	No. of fibroids	No. of patients	Pregnancy rate No. (%)	Abortion rate No. (%)
Pregnancies	110 (45)	117 (48)	1	152	75 (49)	20 (27)
First trimester abortion <sup>b</sup>	31 (28)	37 (31)	2	66	31 (47)	15 (48)
Second trimester abortion <sup>b</sup>	1 (0.9)	2 (1.7)	3	18	7 (39)	0 (0)
22–26 weeks	2	2	4	9	4 (44)	1 (25)
26–30 weeks	3	5	Type of fibroid			
30–34 weeks	6	5	Subserosal (SS)			
34–37 weeks	6	4	Intramural (IM)			
≥37 weeks	61	64	IM-SS			
Total DR (live birth)	78/245 (32)	77/245 (31.5)	Location (LM)			
Preterm DR for singletons	4/49 (8)	5/50 (10)	Fundal			
Preterm DR for multiples	13/29 (45)	11/27 (41)	Cervix			
			Size of IM fibroid (cm)			
			0.4–2.0			
			2.1–4.0			
			4.1–6.9			

Note: Values are n or n (%). DR = delivery rate. NS = not significant. \* P < .05 (fibroid group vs. control group for all values, Fisher exact test).  
<sup>a</sup> <14 weeks.  
<sup>b</sup> 14–22 weeks.

Note: \* P = .025 (χ<sup>2</sup> for trend). There was a significant linear trend among the ordered categories. All other % were not statistically different (χ<sup>2</sup> test, Fisher exact test).

*Gynecological Endocrinology*, February 2006; 22(2): 106–109

### Effects of the position of fibroids on fertility

MARIA LUISA CASINI<sup>1</sup>, FEDERICA ROSSI<sup>2</sup>, RICCARDO AGOSTINI<sup>2</sup>, & VITTORIO UNFER<sup>3</sup>

•181 infertile patients with uterine fibroids and no other identifiable causes of infertility.  
 •Inclusion criteria: age <36 years; infertility for at least 1 year; presence of one knot and/or fibroid of diameter <40 mm; and absence of other causes of infertility.  
 •Exclusion criteria: presence of two or more knots and/or fibroids of diameter >40 mm; body weight >20% of normal weight; and use of medication containing estrogens, progestins or androgens 8 weeks prior to study.  
 •Of 181 women, 68 became pregnant of whom 25 had a miscarriage.  
 •The percentage of miscarriages varied depending on both the location of the uterine fibroids and the treatment

Table II. Effect of fibroid location and treatment on pregnancy rate.

Group	Treatment	No. of patients	No. of pregnancies	Pregnancy rate (%)	P Value
SM (n = 52)	With surgery	30	13	43.3	<0.05
	Without surgery	22	6	27.2	
IM (n = 45)	With surgery	23	13	56.5	NS
	Without surgery	22	9	40.9	
SS (n = 11)	With surgery	11	7	63.6	NS
	Without surgery	17	6	35.3	
SM-IM (n = 42)	With surgery	22	8	36.4	<0.05
	Without surgery	20	3	15.0	

SM, submucosal; IM, intramural; SS, subserosal; IM-SS, mixed intramural-subserosal; SM-IM, mixed submucosal-intramural; NS, not significant.

## Fibroids and infertility: an updated systematic review of the evidence

Elizabeth A. Pritts, M.D.,<sup>a</sup> William H. Parker, M.D.,<sup>b</sup> and David L. Olive, M.D.<sup>a</sup>

(Fertil Steril 2009;91:1215–23).

**Design:** Systematic literature review and meta-analysis of existing controlled studies.

Only those studies with a control group were included.

Of 347 studies initially evaluated, 23 were included in the data analysis

**Conclusion(s):** Fertility outcomes are decreased in women with submucosal fibroids, and removal seems to confer benefit. Subserosal fibroids do not affect fertility outcomes, and removal does not confer benefit. Intramural fibroids appear to decrease fertility, but the results of therapy are unclear. More high-quality studies need to be directed toward the value of myomectomy for intramural fibroids, focusing on issues such as size, number, and proximity to the endometrium.

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## Leiomyoma Simultaneously Impair Endometrial BMP-2-Mediated Decidualization and Anticoagulant Expression through Secretion of TGF- $\beta$ 3

Donna C. Sinclair, Alex Mastroyannis, and Hugh S. Taylor

Yale University School of Medicine, Department of Obstetrics, Gynecology, and Reproductive Sciences, Division of Reproductive Endocrinology and Infertility, New Haven, Connecticut 06520

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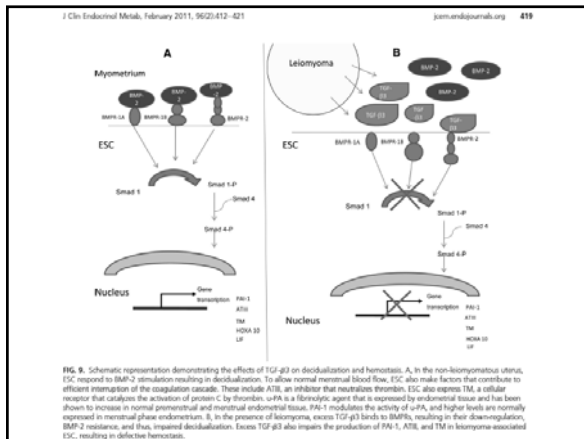
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**Leiomyoma Simultaneously Impair Endometrial BMP-2-Mediated Decidualization and Anticoagulant Expression through Secretion of TGF- $\beta$ 3**

Donna C. Sinclair, Alex Mastroyannis, and Hugh S. Taylor  
Yale University School of Medicine, Department of Obstetrics, Gynecology, and Reproductive Sciences,  
Division of Reproductive Endocrinology and Infertility, New Haven, Connecticut 06520

**Conclusions:** Leiomyoma-secreted TGF- $\beta$ 3 induces BMP-2 resistance in endometrium by down-regulation of BMPR-2, likely causing defective endometrial decidualization. TGF- $\beta$ 3 also reduces expression of PAI-1, ATIII, and thrombomodulin in endometrium, likely contributing to menorrhagia. A single molecular signal targeting endometrium may mediate both leiomyoma-induced infertility and bleeding. (*J Clin Endocrinol Metab* 96: 412–421, 2011)

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Human Reproduction Update, Vol.17, No.2 pp. 242–255, 2011  
Advanced Access publication on August 21, 2010 doi:10.1093/hupd/dnq037

human  
reproduction  
update

**Implantation failure: molecular mechanisms and clinical treatment**

Hakan Cakmak and Hugh S. Taylor\*

**Leiomyoma**

Uterine leiomyomas are the most common benign tumor in women of reproductive age, and their prevalence approaches to 70% in white women and more than 80% in black women by age 50 years (Day Baird et al., 2003). Leiomyomas are present in 5–10% of women with infertility and are the sole factor identified in 1–2.4% (Donnez and Jadoul, 2002). Intramural and submucosal leiomyomas can distort the uterine cavity or obstruct the tubal ostia or cervical canal and, thus, may affect fertility (Pritts, 2001).

Further studies are required to further delineate the molecular mechanisms of implantation failure in women with leiomyomas distorting the uterine cavity.

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**Is another meta-analysis on the effects of intramural fibroids on reproductive outcomes needed?**

Mostafa Metwally, Cynthia M. Farquhar and Tin Chiu Li  
a The Academic Unit of Reproductive and Developmental medicine, The University of Sheffield and Sheffield Teaching Hospitals, Sheffield, UK  
b Department of Obstetrics and Gynaecology, University of Auckland, Auckland, New Zealand  
c Sheffield Teaching Hospitals, Sheffield, UK  
Reproductive Biomedicine Online Received 26 May 2010

•Systematic review and meta-analysis of the currently available evidence – 10 studies.

•Showed no evidence of a significant effect for intramural fibroids on:  
•clinical pregnancy rate (OR 0.74, 95% CI 0.50–1.09)  
•live birth rate (OR 1.17, 95% CI 0.62–2.22)  
•miscarriage rate (OR 1.61, 95% CI 0.61–4.20)

•Findings highlight the current deficiency in the literature and suggest that evidence is insufficient to draw any conclusions regarding the effect of intramural fibroids on reproductive outcomes.

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 **ESHRE** | **References**

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Sinclair DC, Mastroiannis A, Taylor HS. Leiomyoma simultaneously impair endometrial BMP-2-mediated decidualization and anticoagulant expression through secretion of TGF- $\beta$ 3. *J Clin Endocrinol Metab*. 2011 95(2):412-21.

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**ESHRE 2011**

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The expression of receptivity markers in the Fallopian tube epithelium

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Tubal pregnancy is unique in women, while in other mammals it occurs neither spontaneously nor experimentally  
Corpa 2006, Tutton and Carr 1984; Pauerstein et al.1990

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**Tubal receptivity – Potential markers**

- Pinopode formation
- Integrins
- Fibronectin
- Osteopontin
- Glycodelin A
- Leukemia Inhibitory Factor
- E-cadherin

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	<h2>Pinopodes</h2>
<b>Pinopodes</b>	<p>Endometrium is receptive during a temporally and spatially restricted period that is defined as "window of implantation".</p> <p>A number of endometrial changes associated with receptivity have been described, including the transient fusion of the hairy-like epithelial cell microvilli to a single flower-like membrane projection called 'pinopode'.</p> <p>This plasma membrane transformation is a universal phenomenon  <small>Nikas 2000, Murphy 2000</small></p> <p>On an average, pinopodes occur on days 20–21 in natural cycles and earlier (days 19–20) in stimulated cycles.</p>

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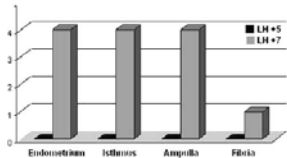
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	<h2>Pinopodes</h2>															
<b>Pinopodes</b>	<p><b>Endometrium</b>  On LH +7 day, the endometrium lacked microvilli and showed numerous developing or fully developed pinopodes protruding from the apices of the secretory cells, exceeding in length the cilia (pinopode score 4, mean from the 7 specimens)</p> <p><b>Oviduct</b>  On LH +7 day many secretory cells beared developing or fully developed pinopodes while ciliated cells remained unchanged (pinopode score 4, mean from the 7 specimens)</p> <div style="text-align: center;">  <table border="1"> <caption>Pinopode score data from Makrigiannakis et al, 2009</caption> <thead> <tr> <th>Location</th> <th>LH +5</th> <th>LH +7</th> </tr> </thead> <tbody> <tr> <td>Endometrium</td> <td>4</td> <td>4</td> </tr> <tr> <td>Tuberos</td> <td>4</td> <td>4</td> </tr> <tr> <td>Ampulla</td> <td>4</td> <td>4</td> </tr> <tr> <td>Fimbria</td> <td>1</td> <td>1</td> </tr> </tbody> </table> <p><small>Makrigiannakis et al, 2009</small></p> </div>	Location	LH +5	LH +7	Endometrium	4	4	Tuberos	4	4	Ampulla	4	4	Fimbria	1	1
Location	LH +5	LH +7														
Endometrium	4	4														
Tuberos	4	4														
Ampulla	4	4														
Fimbria	1	1														

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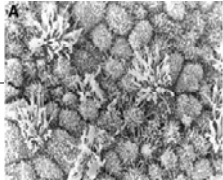
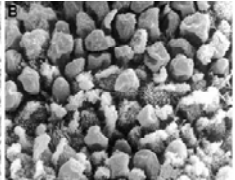
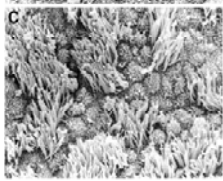
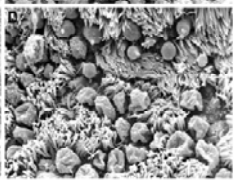
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	<h2>Pinopodes</h2>
<b>Pinopodes</b>	<div style="display: flex; flex-direction: column;"> <div style="display: flex; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); margin-right: 5px;">Endometrium</div> <div style="display: flex; justify-content: space-around;">   </div> </div> <div style="display: flex; align-items: center; margin-top: 10px;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); margin-right: 5px;">Oviduct</div> <div style="display: flex; justify-content: space-around;">   </div> </div> <p style="text-align: right; font-size: small;"><small>Makrigiannakis et al, 2009</small></p> </div>

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	<b>Integrins</b>
<b>Integrins</b>	<p>They are heterodimeric glycoproteins made up of <math>\alpha</math>- and <math>\beta</math>-subunits</p> <p>Indirect immunofluorescence on oocytes and preimplantation embryos demonstrates consistent expression of two <math>\alpha</math>-integrin subunits (<math>\alpha_v</math>, <math>\alpha_3</math>) and four <math>\beta</math>-subunits (<math>\beta_1</math>, <math>\beta_3</math>, <math>\beta_4</math>, <math>\beta_5</math>)</p> <p style="text-align: right;"><small>Campbell et al. 1995</small></p> <p>In human endometrium, several integrin receptors have been identified</p> <p style="text-align: right;"><small>Lessey et al. 1992, 1994; Tabibzadeh 1992; Aplin et al. 1996; Franchi et al. 2008</small></p> <p><math>\alpha_1\beta_1</math>, <math>\alpha_4\beta_1</math> and <math>\alpha_v\beta_3</math>, which appear to be regulated during the luteal phase.</p> <p><math>\alpha_v\beta_3</math> appears on the luminal surface of the endometrium only during the receptive period, supporting the concept it is a potential biochemical marker of uterine receptivity</p> <p style="text-align: right;"><small>Lessey et al. 1992, 1994; Franchi et al. 2008</small></p>

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	<b>Integrin <math>\alpha_v\beta_3</math></b>
<b>Integrins</b>	<p>The <math>\alpha_v\beta_3</math> dimer binds to the tripeptide, arginine–glycine–aspartic acid (RGD) sequence found in:</p> <ul style="list-style-type: none"> <li>• vitronectin</li> <li>• Fibronectin</li> <li>• Fibrinogen</li> <li>• von Willebrand's factor</li> <li>• Osteopontin (OPN)</li> </ul> <p style="text-align: right;"><small>Felding-Habermann and Cheresch 1993</small></p>

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	<b>Integrins in tubal epithelium</b>																																																					
	<p><b>Integrins <math>\alpha_1</math>, <math>\alpha_4</math>, <math>\alpha_v</math>, <math>\beta_3</math></b></p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th rowspan="2">Epithelium</th> <th colspan="2"><math>\alpha_1</math></th> <th colspan="2"><math>\alpha_4</math></th> <th colspan="2"><math>\alpha_v</math></th> <th colspan="2"><math>\beta_3</math></th> </tr> <tr> <th>nrp</th> <th>rp</th> <th>nrp</th> <th>rp</th> <th>nrp</th> <th>rp</th> <th>nrp</th> <th>rp</th> </tr> </thead> <tbody> <tr> <td>Endometrial</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>  luminal</td> <td>-</td> <td>-</td> <td>-</td> <td>-</td> <td>++</td> <td>++</td> <td>-</td> <td>++</td> </tr> <tr> <td>  glandular</td> <td>±</td> <td>++</td> <td>±</td> <td>+</td> <td>++</td> <td>++</td> <td>-</td> <td>++</td> </tr> <tr> <td>Tubal</td> <td>-</td> <td>-</td> <td>-</td> <td>-</td> <td>++</td> <td>++</td> <td>±</td> <td>++</td> </tr> </tbody> </table> <p><small>nrp = non-receptive period; rp = receptive period.</small></p> <p>The expression of the <math>\beta_3</math> subunit is under the same control as the endometrium and possibly the tubal epithelium has an implantation window</p> <p style="text-align: right;"><small>Sulz L et al, 1998</small></p>	Epithelium	$\alpha_1$		$\alpha_4$		$\alpha_v$		$\beta_3$		nrp	rp	nrp	rp	nrp	rp	nrp	rp	Endometrial									luminal	-	-	-	-	++	++	-	++	glandular	±	++	±	+	++	++	-	++	Tubal	-	-	-	-	++	++	±	++
Epithelium	$\alpha_1$		$\alpha_4$		$\alpha_v$		$\beta_3$																																															
	nrp	rp	nrp	rp	nrp	rp	nrp	rp																																														
Endometrial																																																						
luminal	-	-	-	-	++	++	-	++																																														
glandular	±	++	±	+	++	++	-	++																																														
Tubal	-	-	-	-	++	++	±	++																																														

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	<b>Integrins in tubal epithelium</b>
<b>Integrins</b>	<p><b>Integrin <math>\alpha_v\beta_3</math></b></p> <ul style="list-style-type: none"> <li>• Human tubal epithelium displays a cycle-dependent expression pattern of <math>\alpha_v\beta_3</math> integrin.</li> <li>• It is clearly upregulated during the luteal phase when strong immunostaining is observed.</li> <li>• The expression of the molecule is limited to the ciliated epithelial cells.</li> <li>• The intensity of immunostaining does not vary in the different segments of tubal epithelium (isthmic, ampulla and fimbriae).</li> </ul> <p style="text-align: right;"><small>Makrigiannakis et al, 2009</small></p>

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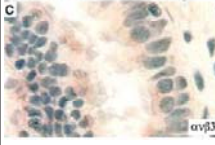
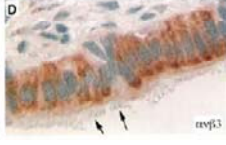
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	<b>IHC. Tubal <math>\alpha_v\beta_3</math> in proliferative (a,c) and luteal phase (b, d)</b>
<b>Integrins</b>	<div style="display: flex; flex-wrap: wrap;"> <div style="width: 50%; text-align: center;">  <p><small><math>\alpha_v\beta_3</math></small></p> </div> <div style="width: 50%; text-align: center;">  <p><small><math>\alpha_v\beta_3</math></small></p> </div> <div style="width: 50%; text-align: center;">  <p><small><math>\alpha_v\beta_3</math></small></p> </div> <div style="width: 50%; text-align: center;">  <p><small><math>\alpha_v\beta_3</math></small></p> </div> </div> <p style="text-align: right;"><small>Makrigiannakis et al, 2009</small></p>

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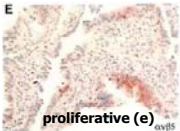

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	<b>Integrins in tubal epithelium</b>
<b>Integrins</b>	<p><b>Integrin <math>\alpha_v\beta_5</math></b></p> <ul style="list-style-type: none"> <li>• A cycle-independent expression pattern characterizes <math>\alpha_v\beta_5</math> integrin expression in human oviduct epithelium.</li> <li>• The expression of <math>\alpha_v\beta_5</math> is also limited to the ciliated epithelial.</li> <li>• The intensity of immunostaining does not vary between the different segments of tubal epithelium (isthmic, ampulla and fimbriae).</li> </ul> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p><b>proliferative (e)</b> <small><math>\alpha_v\beta_5</math></small></p> </div> <div style="text-align: center;">  <p><b>luteal phase (f)</b> <small><math>\alpha_v\beta_5</math></small></p> </div> </div> <p style="text-align: right;"><small>Makrigiannakis et al, 2009</small></p>

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	<b>Integrins in tubal pregnancy</b>
<b>Integrins</b>	<p><b>Integrins <math>\alpha 3</math>, <math>\alpha v</math>, <math>\beta 1</math>, <math>\alpha 2\beta 1</math></b></p> <ul style="list-style-type: none"> <li>In tubal decidualized epithelium, staining intensity of <math>\alpha 3</math> and <math>\beta 1</math> integrins was strong in decidual cells, supporting tissue and placental villi compared to normal tubal epithelium</li> <li>No difference in <math>\alpha v</math> and <math>\alpha 2\beta 1</math> integrin expression <span style="float: right;">Inan et al. 2004</span></li> </ul> <p><b>Integrins <math>\alpha 1</math>, <math>\alpha 5</math>, <math>\alpha 5\beta 1</math></b></p> <ul style="list-style-type: none"> <li>Are expressed in trophoblast cells in tubal pregnancy <span style="float: right;">Qin et al. 2003</span></li> </ul> <p><b>Integrin <math>\alpha v\beta 3</math></b></p> <ul style="list-style-type: none"> <li>Expressed in extra cellular matrix in viable tubal pregnancy <span style="float: right;">Kemp B, 2002</span></li> </ul>

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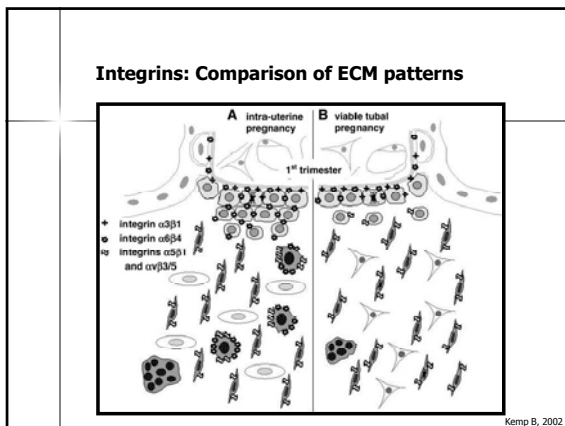
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	<b>Fibronectin</b>
<b>Fibronectin</b>	<ul style="list-style-type: none"> <li>Fibronectin binds to integrins <math>\alpha 5\beta 1</math> and <math>\alpha 3\beta 1</math> <span style="float: right;">Hynes 1992</span></li> <li>Human preimplantation blastocysts express fibronectin receptors <span style="float: right;">Campbell et al. 1995; Turpeenniemi-Hujanen et al. 1995</span></li> <li>Soluble fibronectin promotes the expression of its receptors in preimplantation blastocysts <span style="float: right;">Schultz and Armant, 1995</span></li> </ul>

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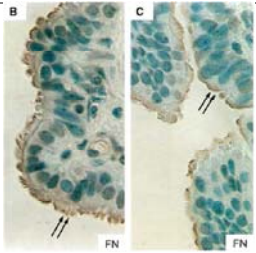
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	<b>Localization of fibronectin in the fallopian tube</b>
<b>Fibronectin</b>	<ul style="list-style-type: none"> <li>Localized to the luminal surface of ciliated cells with particularly intense staining on the apex of the cilia.</li> <li>There are no differences throughout the cycle.</li> <li>This distinct pattern is seen along the entire fallopian tube (isthmic, ampulla and fimbriae).</li> </ul> <div style="display: flex; align-items: center;">  </div> <p style="text-align: right; font-size: small;">Makrigiannakis et al, 2009</p>

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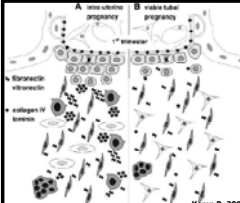
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	<b>Fibronectin in tubal pregnancy</b>
<b>Fibronectin</b>	<ul style="list-style-type: none"> <li>Fibronectin IHC staining was strong in decidualized tubal epithelium in tubal pregnancy <small>Inan S et al, 2004</small></li> <li>Fibronectin is also detected in the extracellular matrix <small>Kemp B et al, 2002</small></li> </ul> <div style="display: flex; align-items: center;">  </div> <p style="text-align: right; font-size: small;">Kemp B, 2002</p>

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	<b>Fibronectin</b>
<b>Fibronectin</b>	<ul style="list-style-type: none"> <li>Fibronectin in the fallopian tube has long been advocated to promote the maturation of the transiting blastocyst <small>Hunter 1994</small></li> <li>Soluble Fibronectin within the oviduct may contribute to the maturation of adhesive and degradative properties of the embryo. <small>Makrigiannakis et al, 2009</small></li> </ul>

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	<b>Osteopontin</b>
<b>Osteopontin</b>	<ul style="list-style-type: none"> <li>■ Osteopontin binds to the <math>\alpha_v</math> integrins, some of which have been identified on preimplantation blastocysts and trophoblast <small>Hu et al. 1995, Campbell et al. 1995, Damsky et al. 1993</small></li> <li>■ OPN may not only participate in adhesive events, but may also induce integrin mediated functional changes in the cell <small>Denhardt and Guo 1993</small></li> </ul>

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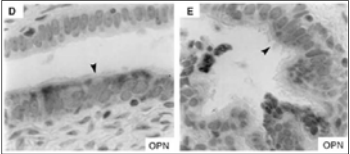
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	<b>Localization of Osteopontin in the fallopian tube</b>
<b>Osteopontin</b>	<p>•Osteopontin is found to be expressed by ciliated cells, with no immunostaining seen in the dome-shaped secretory cells</p> <p>•Immunolocalized to the apical cytoplasm but not on the luminal surface of the cells.</p> <p>•There is no difference in OPN expression noted throughout the cycle or between the various segments of the fallopian tube (isthmic, ampulla and fimbriae).</p> <div style="text-align: center;">  </div> <p style="text-align: right; font-size: small;">Makrigiannakis et al, 2009</p>

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	<b>Osteopontin in the fallopian tube</b>
<b>Osteopontin</b>	<ul style="list-style-type: none"> <li>■ OPN may also participate in the molecular mechanisms leading to the maturation of the blastocyst within the oviduct</li> <li>■ No study has shown OPN expression in tubal pregnancy</li> </ul>

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<b>Glycodelin A</b>	
<b>Glycodelin A</b>	<ul style="list-style-type: none"> <li>Glycodelin is a member of the lipocalin family of proteins, is synthesized in the endometrium in response to progesterone and relaxin</li> <li>It has immunosuppressive properties <small>Halttunen M et al, 2000 - Alok A. &amp; Karande AA, 2009.</small></li> <li>Glycodelin expression follows a cyclic pattern in the endometrium and maximizes during the "implantation window"</li> <li>It is suggested to assist in trophoblast harboring on the endometrial surface <small>Seppala et al, 2000</small></li> </ul>

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<b>Glycodelin A in the fallopian tube</b>																			
<b>Glycodelin A</b>	<p style="text-align: center;"><b>Glycodelin A in the fallopian tube</b></p> <p style="text-align: center;">Ratio (Glycodelin/GAPDH)</p> <p style="text-align: center;">Cycle Day</p> <p style="text-align: center;">E = endometrium S = Salpinx</p> <table border="1"> <caption>Approximate data from the graph</caption> <thead> <tr> <th>Cycle Day</th> <th>Endometrium (E) Ratio</th> <th>Salpinx (S) Ratio</th> </tr> </thead> <tbody> <tr> <td>5-7</td> <td>~0.7</td> <td>~0.3</td> </tr> <tr> <td>8-11</td> <td>~0.8</td> <td>~0.5</td> </tr> <tr> <td>12-14</td> <td>~0.1</td> <td>~0.3</td> </tr> <tr> <td>15-18</td> <td>~0.7</td> <td>~0.8</td> </tr> <tr> <td>19-23</td> <td>~0.8</td> <td>~0.8</td> </tr> </tbody> </table> <p style="text-align: right;"><small>Amir A et al, 2009</small></p>	Cycle Day	Endometrium (E) Ratio	Salpinx (S) Ratio	5-7	~0.7	~0.3	8-11	~0.8	~0.5	12-14	~0.1	~0.3	15-18	~0.7	~0.8	19-23	~0.8	~0.8
Cycle Day	Endometrium (E) Ratio	Salpinx (S) Ratio																	
5-7	~0.7	~0.3																	
8-11	~0.8	~0.5																	
12-14	~0.1	~0.3																	
15-18	~0.7	~0.8																	
19-23	~0.8	~0.8																	

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<b>Glycodelin A in the fallopian tube</b>	
<b>Glycodelin A</b>	<p>Question:</p> <p>Can Glycodelin A participate in the harboring of the trophoblast in tubal pregnancies?</p>

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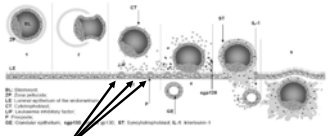
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	<b>Leukemia Inhibitory Factor</b>
<b>LIF</b>	<p>LIF is assumed to facilitate implantation since LIF is present at high amounts in the maternal-fetal interface and because it is produced by both the human placenta and endometrium, where it is maximally expressed at the time of implantation</p> <p style="text-align: right;">Bhatt et al, 1991 Cullinan et al, 1996 Kondera-Anasz et al, 2004</p>  <p style="text-align: center;">LIF</p> <p style="text-align: right;">Fitzgerald et al, 2008</p>

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	<b>LIF localization in the fallopian tube</b>
<b>LIF</b>	<ul style="list-style-type: none"> <li>■ LIF seems to be increased in tubal epithelium in case of tubal pregnancy compared to normal pregnancy and non pregnant women.</li> </ul> <p style="text-align: right;">Guney M et al, 2007</p>  <p style="text-align: center;">Non-Pregnant      Intra-uterine Pregnancy      Tubal Pregnancy</p> <ul style="list-style-type: none"> <li>■ LIF is also found increased in the endometrium of women diagnosed with tubal pregnancy</li> </ul> <p style="text-align: right;">McMinn MJ et al, 2004</p>

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	<b>The role of LIF in tubal pregnancy</b>
<b>LIF</b>	<ul style="list-style-type: none"> <li>■ It seems that LIF is regulated by trophoblast – endometrial and possibly tubal cross-talk.</li> <li>■ This regulation may be local (by contact) and remote.</li> </ul>

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**E-Cadherin: Could it act as an IVF-specific marker of tubal pregnancy?**

**E-Cadherin**

IVF-TP      Spontaneous TP

EV Troph      A      B

Cyto Troph      C      D

Revel A et al, 2008

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**Summary of evidence**

**Integrins expression / related to tubal implantation window**

	$\alpha 1$	$\alpha 3$	$\alpha 4$	$\alpha v$	$\beta 1$	$\beta 3$	$\alpha v \beta 3$	$\alpha v \beta 5$	$\alpha 1 \beta 2$	$\alpha 1 \beta 5$
<b>Tubal epithelium</b>	-	*	-	+/-	*	+/+	+/+	+/-	*	-
<b>Tubal Pregnancy</b>	*	+	*	+	+	*	+	+	+	+

\* : no data existing

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**Summary of evidence**

**Expression / related to tubal implantation window**

	<b>Fibronectin</b>	<b>Osteopontin</b>	<b>Glycodelin A</b>	<b>LIF</b>	<b>E-Cadherin</b>
<b>Tubal epithelium</b>	+/-	+/-	+/+	-	*
<b>Tubal Pregnancy</b>	+	*	*	+	-
<b>Tubal pregnancy post IVF</b>	*	*	*	*	+

\* : no data existing

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	<b>Comments</b>
	<p>The <b>expression of pinopodes in human oviduct</b> at the time of endometrial receptivity lightens a part of human tubal pregnancy physiology.</p> <p>The expression of pinopodes in tubal epithelium synchronous to their corresponding endometrium underlies <b>the hormonal dependence for their formation</b></p> <p><b>Pinopodes appearance is consistently associated with other receptivity changes</b>, such as a loss of progesterone receptors and peak expression of <math>\alpha\beta3</math> integrin and OPN.</p>

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	<p><b>Integrins and fibronectin</b>, which are needed in utero implantation, are expressed in tubal tissues during ectopic pregnancy and thus possibly involved in ectopic implantation</p> <p><b>Not only <math>\beta3</math> but also the intact dimer <math>\alpha\beta3</math> integrin is upregulated in the human oviduct</b> during the luteal phase. <b><math>\alpha\beta5</math></b>, did not appear to be regulated in the same manner.</p> <p><b>The fallopian tube epithelium secretes fibronectin and OPN</b></p>

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	<p><b>Leukemia inhibitory factor</b> seems to play major role in TP pathophysiology</p> <p><b>IVF</b> triggers <b>E-Cadherin</b> expression in the tubal epithelium</p> <p>However <b>further studies are needed</b> in order to clarify receptivity markers' expression during tubal pregnancy</p>

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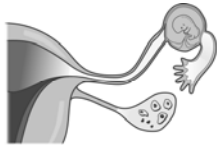
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## Changes in the Fallopian tube microenvironment predisposing to tubal implantation



Andrew Horne



THE UNIVERSITY  
of EDINBURGH

MRC Centre for  
Reproductive  
Health

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## Learning objectives

- Understanding of potential mechanisms explaining tubal implantation and ectopic pregnancy
- Knowledge of the local changes in the normal tubal environment that encourage early implantation to occur
- Awareness of the data on the effects of risk factors for ectopic pregnancy on the Fallopian tube environment

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## Clinical problem

- Pregnancy implanted outside of the uterine cavity
- >98% implant in the Fallopian tube
- 1–2% of all pregnancies in Europe and the USA are ectopic
- In Western world most common cause of maternal mortality in the first trimester of pregnancy
- In developing world 1 in 10 women admitted with a diagnosis of ectopic pregnancy ultimately die from the condition
- Socioeconomic implications

Farquhar, Lancet 2005; Walker, Clin Obstet Gynecol 2007;  
Varma & Gupta, Clin Evid (Online)2009; Wedderburn et al, Hum Rep 2010

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### Hypothesis

Impaired tubal transport causing arrest of the embryo in the Fallopian tube



A change in the normal tubal environment encouraging early implantation to occur

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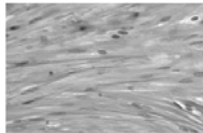
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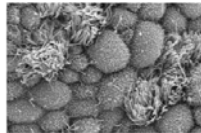
### Embryo-Tubal Transport



Smooth Muscle Contractility



Ciliary Beat Frequency



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### Endocannabinoid system (ECS)

- Endocannabinoids bind to G-protein-coupled cannabinoid receptors CB1 and CB2
- In animal studies, the ECS plays a pivotal role in reproduction
- Endocannabinoid signalling pathways are involved in fertilization, implantation, embryo development and maintenance of early pregnancy

Karasu et al. Hum Rep Update 2011

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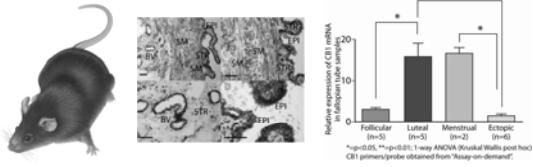
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## Endocannabinoid system (ECS)



- CB1-knockout mice show retention of the embryo in the oviduct
- CB1 is expressed in human Fallopian tube, progesterone-regulated and increased in ectopic pregnancy

Wang et al. *Nat Med* 2004; Home et al. *PLoS One* 2008

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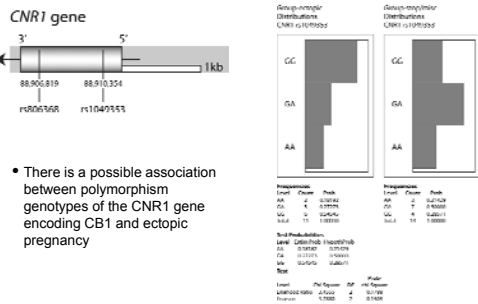
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## Endocannabinoid system (ECS)



- There is a possible association between polymorphism genotypes of the CNR1 gene encoding CB1 and ectopic pregnancy

Wang et al. *Nat Med* 2004; Home et al. *PLoS One* 2008

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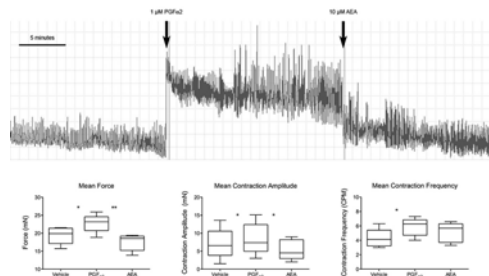
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## Endocannabinoid system (ECS)



- Endocannabinoids relax tubal smooth muscle contractility in-vitro

Brown et al. *in preparation*

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## Nitric oxide and nitric oxide synthase

- Nitric oxide (NO) synthesized by iNOS increases ciliary beat frequency in epithelial cells of airway
- NO has a relaxing effect on tubal smooth muscle in-vitro
- Administration of iNOS inhibitors increases tubal smooth muscle contractility in rat
- iNOS greater in Fallopian tube of women with ectopic pregnancy compared with pseudo-pregnant women

*Ekerhovd et al. Gynecol Endocrinol 1997; Perez et al. J Reprod Fertil 2000; Al-Azemi et al. Hum Reprod 2009*

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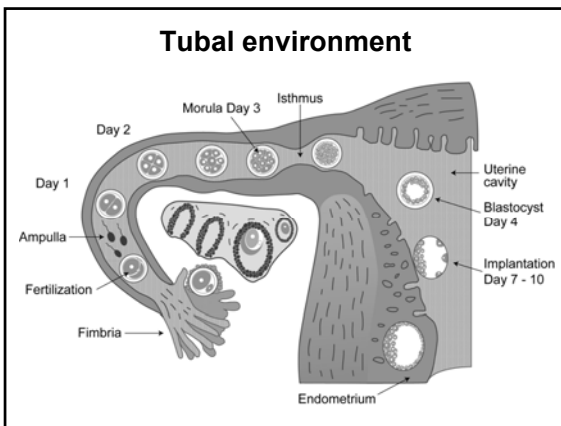
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## Tubal environment




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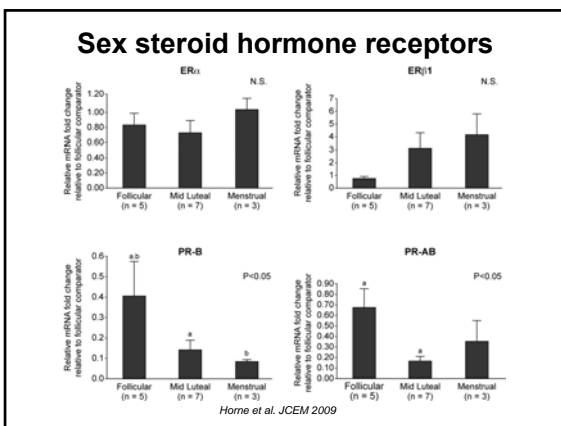
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## Sex steroid hormone receptors




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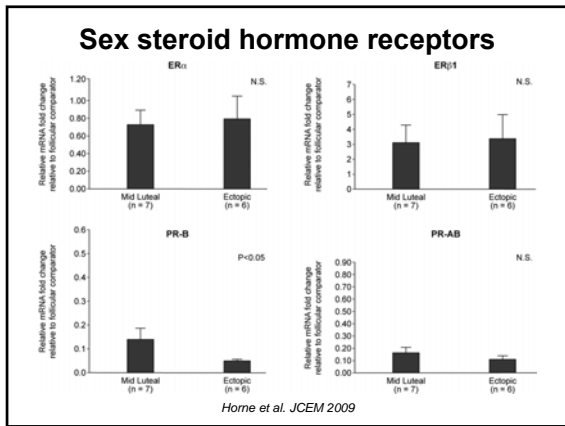
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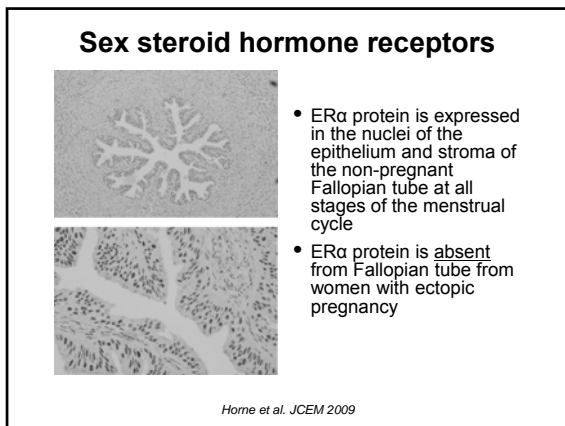
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### Immune cell populations

- Lymphoid and myeloid cell populations are well-documented in human endometrium and are known to play important roles in providing tolerance, controlling embryo invasion and mediating vascular remodeling
- Populations of leukocytes, including lymphocytes, macrophages, neutrophils, dendritic cells and uterine (u) NK cells have all been demonstrated in the endometrium

*Critchley et al. 2001 Clin Endocrinol (Oxf); Laskarin et al. 2007 Am J Reprod Immunol; van Mourik et al. 2009 J Leukocyt Biol*

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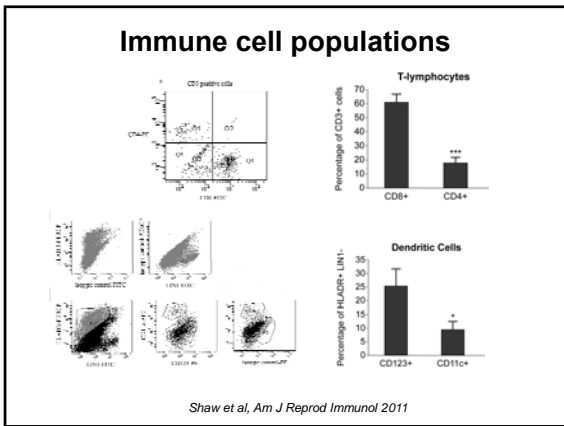
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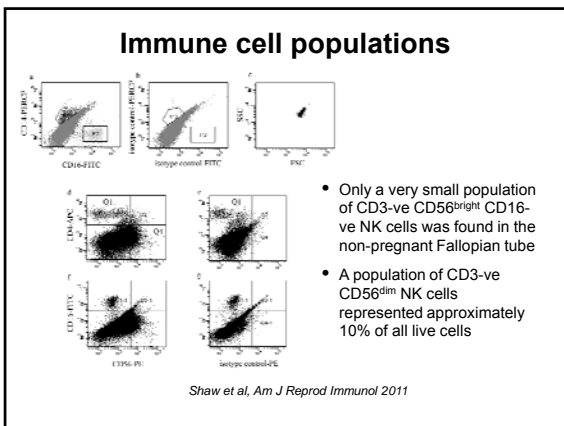
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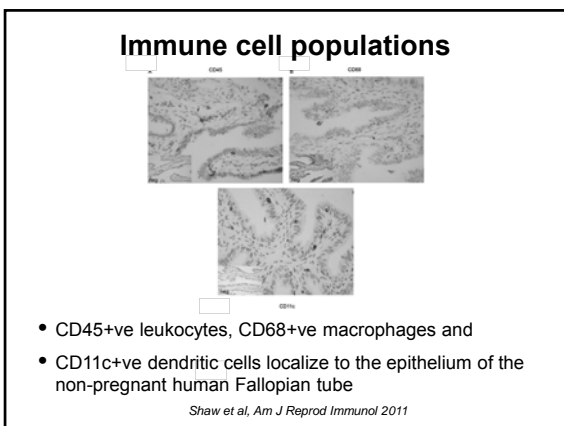
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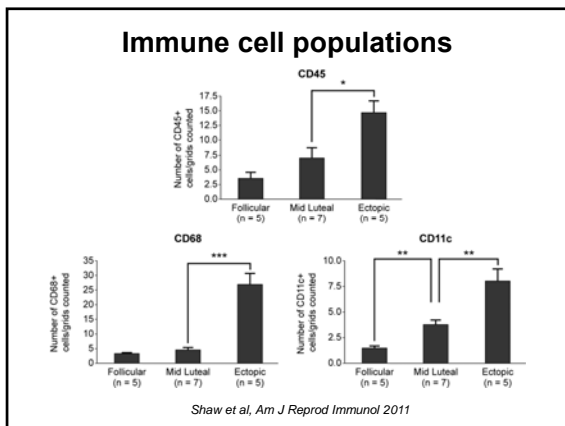
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- ### Immune cell populations
- Human Fallopian tube is populated by immune cells of myeloid and lymphoid lineages
  - Dendritic cells and CD56dim CD16- NK cells are present in the non-pregnant Fallopian tube
  - Immune cell populations are altered in the mid-luteal phase of the menstrual cycle
  - Numbers of myeloid cells in Fallopian tube from women with ectopic pregnancy are different from the non-pregnant Fallopian tube
- Shaw et al, Am J Reprod Immunol 2011*

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Gene	Ectopic pregnancy	Implantation site	Explanation	Refs
Uteroglobin	↑	↓	?regulated by embryo	<i>Quintar et al, 2008</i>
LIF	↑	↑	?chronic salpingitis	<i>Guney et al, 2008; Ji et al, 2009</i>
HOXA10	↑	↑	?regulated by embro	<i>Salih &amp; Taylor, 2004</i>
VEGF	↑	↑	?regulated by hCG	<i>Lam et al, 2004</i>
MUC1	Glycosylation altered ↓	?	Increased receptivity	<i>Savaris et al, 2008; Al-Azemi et al, 2009</i>
Activins	↑	?	?due to chlamydia	<i>Refaat et al, 2008; Refaat et al, 2009</i>
Trophinin	↑	?	?regulated by hCG	<i>Nakayama et al, 2003</i>
Natural antimicrobials	SLPI and elafin ↑	?	?due to chlamydia	<i>Dalgetty et al, 2008</i>

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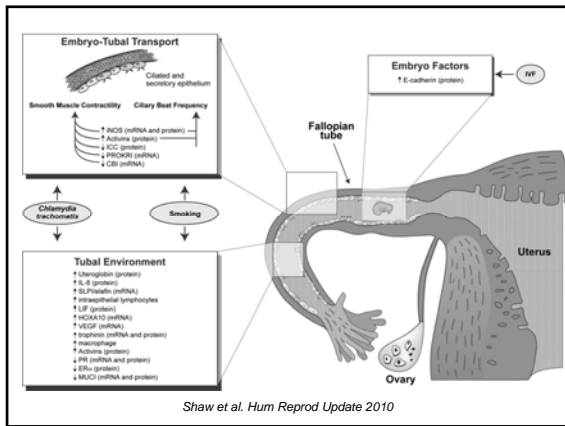
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### Risk factors for ectopic pregnancy

*Chlamydia trachomatis* infection, smoking and IVF are most significant risk factors

Farquhar Lancet 2005

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### Prokineticins

- Prokineticins are multifunctional secreted proteins originally identified as regulators of intestinal contraction but also shown to affect vascular function
- They are ligands for two G-protein coupled receptors, prokineticin receptor 1 (PROKR1) and PROKR2
- PROKs are also known for regulating genes that are important in implantation
- PROK1 has been shown to induce expression of LIF in human endometrium and LIF is known to play a crucial role in successful intrauterine implantation in mice

Maldonado-Pérez et al. Trends Endocrinol Metabol 2007

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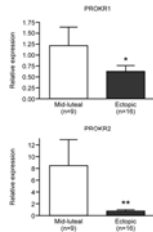
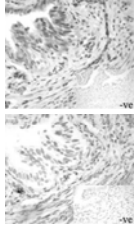
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## Prokinetics



- PROKR1 and PROKR2 are expressed in the epithelium and smooth muscle of non-pregnant Fallopian tube
- They are down-regulated in Fallopian tube from women with ectopic pregnancy where implantation has occurred

Shaw et al. Fertil Steril 2010

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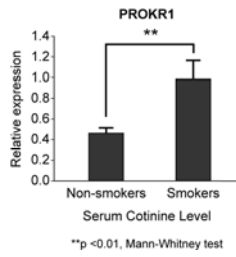
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## Prokinetics

Serum cotinine (ng/mL)	Self-reported smoking status
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
<5	Non-smoker
7.4	Non-smoker
8.6	Non-smoker
11.3	Non-smoker
161	Smoker
>500	Smoker
>500	Smoker
>500	Smoker
>500	Smoker
>500	Smoker



Shaw et al. Am J Path 2010

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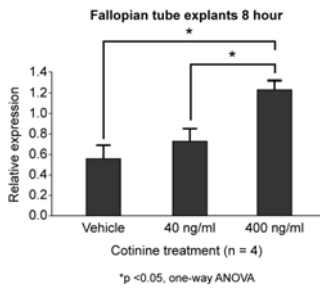
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## Prokinetics



Shaw et al. Am J Path 2010

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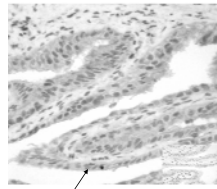
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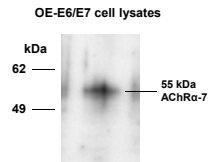


## Nicotinic acetylcholine receptor $\alpha$ -7



nAChR-7 expression in the Fallopian tube epithelium

Shaw et al. Am J Path 2010




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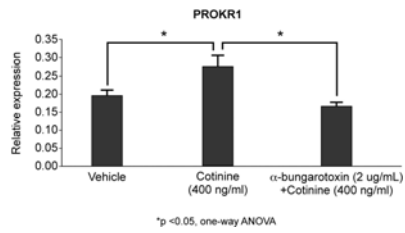
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## $\alpha$ -bungarotoxin (nAChR $\alpha$ -7 antagonist)



Shaw et al. Am J Path 2010

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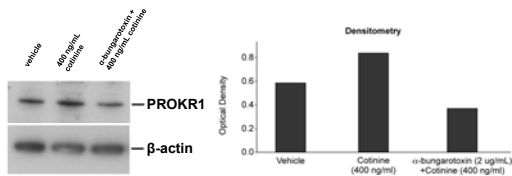
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## $\alpha$ -bungarotoxin (nAChR $\alpha$ -7 antagonist)



- Smoking targets the Fallopian tube via nAChR $\alpha$ -7 to increase PROKR1 expression resulting in a tubal microenvironment predisposing to ectopic pregnancy

Shaw et al. Am J Path 2010

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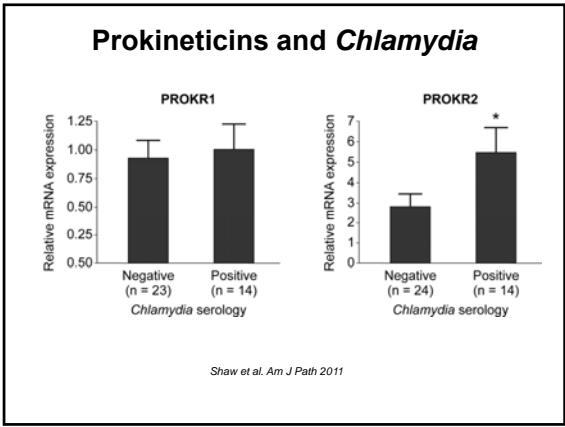
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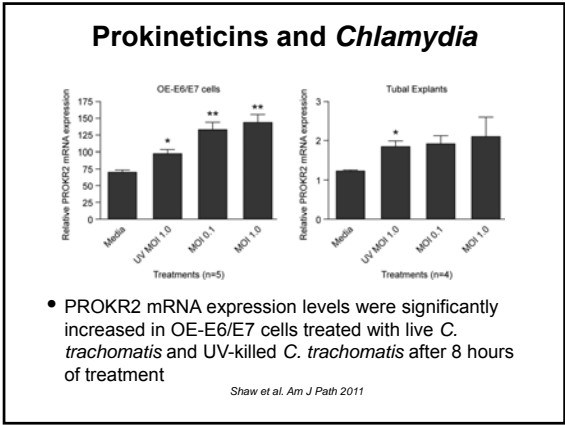
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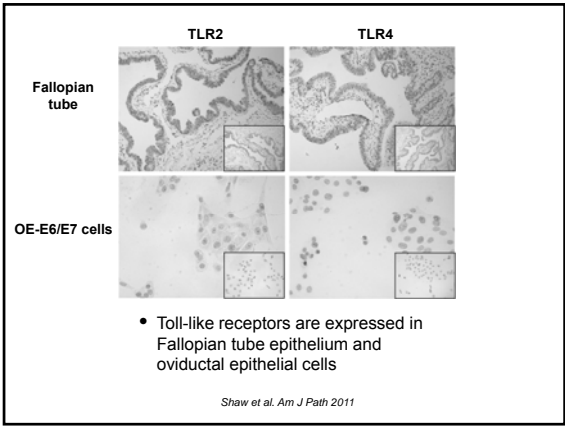
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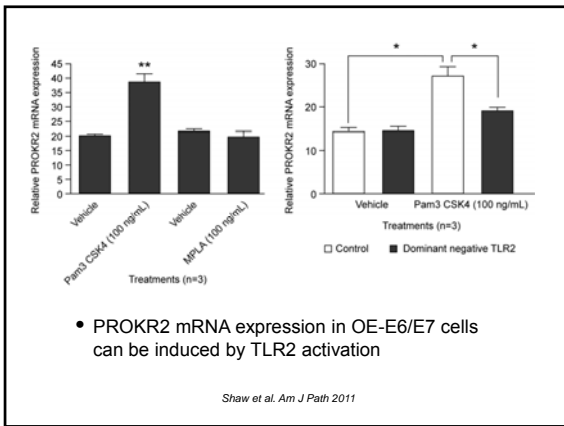
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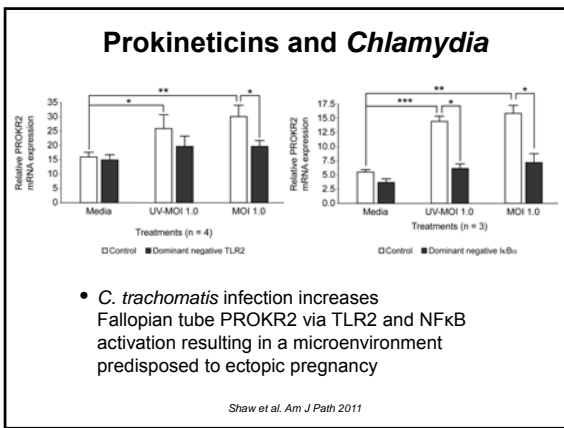
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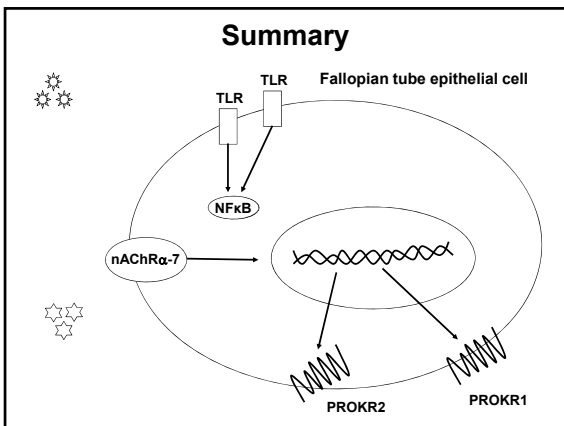
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## Conclusions

- Ectopic pregnancy is caused by Fallopian tube dysfunction causing embryo arrest and changes in tubal environment
- Human studies of ectopic pregnancy comparing biopsies of Fallopian tube and implantation sites collected from women with ectopic pregnancy with Fallopian tubes collected from non-pregnant women and intrauterine implantation sites are providing exciting data that will help us understand the tubal microenvironment
- The precise sequence and details of the molecular interactions involved in tubal implantation are not fully defined
- Require more studies on functional consequences of smoking and infection on Fallopian tube pathophysiology

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## Acknowledgements



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Albert McKern Bequest  
Barbour Watson Trust  
TMRC

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Shaw S, Jones S, Taylor AH. Ectopic pregnancy. *Lancet* 2004; 364(9450): 1501.

Perturbations in endometrial gene and protein expression in women with endometriosis: potential effects on embryo implantation

Amelie Fassbender, K.U.Leuven  
ESHRE 27<sup>th</sup> Annual meeting- endometriosis/endometrium, The impact of the reproductive tract environment on implantation success  
3rd July 2011  
Stockholm, Sweden.

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No potential conflicts of interest to disclose

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### Learning Objectives

- Genes and proteins involved in endometriosis
- Potential effects on embryo implantation

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## Outline

- Background
- Literature Review:
  - Microarray
  - Proteomics
- Conclusion
- Future direction

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## Background

- Presence of endometrial-like tissue outside the uterine cavity
- Associated with pelvic pain and infertility
- Most common theory is “retrograde menstruation” (Sampson Hypothesis -1927)

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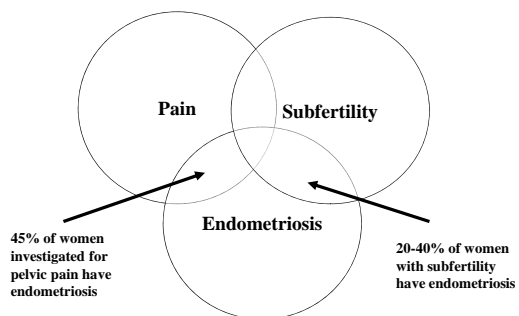
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## Endometriosis symptoms



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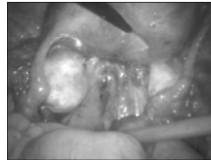
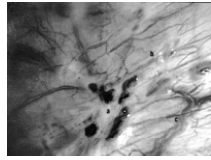
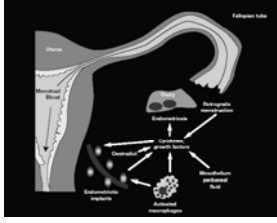
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### What is endometriosis?



**Origins of ectopic endometrium?**  
Retrograde menstruation  
De novo origin (metaplasia)  
Embryonic rests

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### The diagnosis of Endometriosis

- Symptoms: pain and infertility
- Gold standard: laparoscopic inspection with histological confirmation
- Average diagnostic delay of 8/11 years (Arruda et al., 2003, Hadfield et al., 1996, Husby et al., 2003 )

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### Prevalence of Endometriosis

- More than 70 million women worldwide
- 10% women of reproductive age
- 30% and 60% in women with infertility and pelvic pain respectively
- Endo cost considerably higher than cost related to Crohn's disease or to migraine in the USA for 2002 (Simoens et al., 2007)

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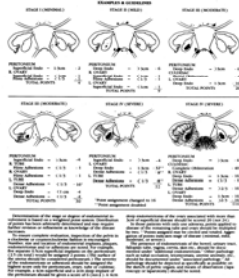
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## Endometriosis

- rAFS-classification (revised American Fertility Society):  
scoresystem

- rAFS I: minimal
- rAFS II: mild
- rAFS III: moderate
- rAFS IV: severe




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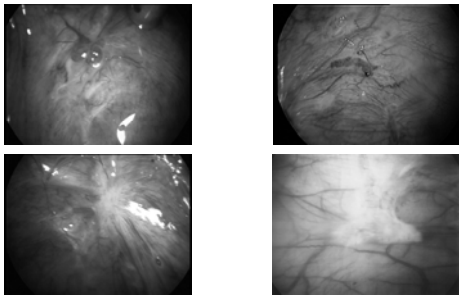
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### What does mild endometriosis look like?




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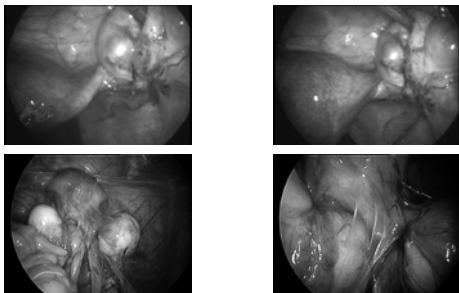
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### What does severe endometriosis look like?




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## Endometriosis and implantation failure

Endometriosis is more frequently diagnosed in patients with infertility than in a normal population

Tomasetti et al., 2006

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## Implantation failure

- Possible causes include

- Embryonic aneuploidy
- Abnormalities of the uterine cavity
- Altered endometrial receptivity
- Suboptimal embryo transfer techniques

Urman et al., 2005a & b

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embryonic implantation and reproduction depends on the interaction of the embryo with the receptive endometrium

Borthwick et al., 2003

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## In preparation for embryo implantation

- responds to ovarian sex steroids by:
  - morphological,
  - biochemical
  - molecular changes

Sherwin et al., 2006

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## Pregnancy is dependent

- endometrium acquiring a receptive phenotype that facilitates:
  - apposition,
  - adhesion
  - invasion of a developmentally competent embryo

Brosens et al., 2010

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## Eutopic endometrium from fertile women

Micorarray

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Reference	Sample number	Cycle phase	Microarray platform	Results
Rossi et al., 2005	Healthy volunteers (n=5) Stromal cells from eutopic endometrium treated with IL-1 beta	mid versus late (18-24 day) luteal phase	RNA Labchip Agilent	↑Through IL1beta 1. IL-8, 2. colony-stimulating factor 2 3. aldo-keto reductase family 1 member 1
Carson et al., 2002	Healthy volunteers ; eutopic endometrium (n=6)	Early versus Mid luteal phase	Human Genome U95A Array Affymetrix	693 >2 fold >4 fold change ↑Claudin 4 ↑Osteopontin (OPN) ↓Betaig-H3

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Reference	Sample number	Cycle phase	Microarray platform	Results
Riesewijk et al., 2003	Fertile women; eutopic endometrium (n=5)	Analysed paired samples Day 2 (n=5) and day 7 (n=5)	Affymetrix HG-U95A	Genes differentially expressed: ↑153 ↓58 • glutathione peroxidase 3 • claudin 4 • solute carrier family 1 member 1
Kao et al., 2002	Normal cycling women; eutopic endometrium (28)	Follicular phase (10) Midluteal phase (n=18)	Affymetrix Genechip Hu95A	↑156, ↓377 ↑apolipoprotein (Apo)E (100 fold) ↓intestinal trefoil factor (ITF)

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Reference	Sample number	Cycle phase	Microarray platform	Results
Borthwick et al., 2003	(no endometrisois ) women; eutopic endometrium (n=10) Pooled samples • Sterilization, unexplained infertility, dyspareunia, fertile	Day 9 versus day 11	Affymetrix HG_U95 chip	100 genes as being differentially Expressed • remodelling factors TFF3 (52-fold greater level in follicular compared to luteal phase) • Glutathione peroxidase 3 (GPX3) highly expressed in luteal • metallothionein isoforms T in luteal (MT-1G, MT-1E, MT-1H)

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**Borthwick et al., 2003**

- glutathione peroxidase and the metallothioneins are ↑ by progesterone in human endometrium to protect the implanting embryo from harmful reactive oxygen species and heavy metal ion toxicity

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**Carson et al., 2002 and Kao et al., 2002**

- Members of Wnt family of signalling molecules
  - role in epithelial/stromal interactions during the receptive phase
  - in mice uterine Wnt signalling essential for implantation

Sherwin et al., 2006

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**Eutopic endometrium from patients with endometriosis**

Micorarray

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Reference	Sample number	Cycle phase	Microarray platform	Results
New data Fassbender et al., 2011	n=49 minimal-mild (n=16) moderate-severe (n=15) control (n=18)	Early luteal phase (n=27) and menstrual phase(n=22)	Affymetrix	No genes differentially expressed in women with endometriosis compared to controls
Sherwin et al. 2008	n=16 eutopic EM minimal-mild (n=5) moderate-severe (n=5) controls (n=6)	Late luteal phase	Agilent	8 genes upregulated >1.75 fold (p<0.001) and 1 gene down- regulated

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Reference	Sample number	Cycle phase	Microarray platform	Results
Burney et al. 2007	n=37 moderate-severe (n=21) controls (n=16)	Follicular (n=6) Early Luteal (n=6) Mid luteal (n=9)	Affymetrix	87 transcripts were altered more than 4fold such as <b>FOXO1A</b> , <b>MIG6</b> , <b>CYP26A1</b>
Matsuzaki et al., 2005	n= 24 minimal-severe (n=12) controls (n=12)	Late follicular (n=6)  Early, mid, late luteal (n=18)	Clontech Atlashuman Array 1.2 cDNA expression array	No gene was differentially expressed in a constant manner in eutopic endometrium

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Reference	Sample number	Cycle phase	Microarray platform	Results
Absenger et al., 2004	Endometriosis (n=43) controlss=48	Follicular or luteal phase	Affymetrix	95>1.5 fold 164 ↑ 31  TCyr61 in the luteal phase
Kao et al. 2003	n=20 mild-moderate (n=8) control (n=12)	Mid luteal phase (n=20)	Affymetrix	191 and 1115 more than 2 fold

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Kao et al., 2003

- Novel candidates genes:
- GlcNAc6ST, olfactomedin, C4BP, IL-15, Dickkopf-1, purine nucleoside phosphoyrlase, neuronal pentraxin II, glycodelin, S100E and BSEP

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Kao et al., 2003

- GlcNAc6ST, olfactomedin may hinder the tethering and attachment mechanisms of human embryo implantation, resulting in implantation failure.

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Kao et al., 2003

- The other gene candidates may promote an inhospitable endometrial milieu for embryonic implantation, due to embryo toxicity, immune dysfunction, inflammatory or apoptotic responses.

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### Kao et al., 2003

- S100E
  - Member of calcium-binding family
  - ↓ in eutopic endometrium of endometriosis
  - Mice: a null mutation of S100A8 are infertile due to an implantation failure

Sherwin et al., 2006

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### Burney et al., 2007

- FOXO1
  - ↓ endometriosis
  - progesterone-regulated transcription factor
  - cell cycle control
  - role in the incomplete transitioning of the endometrium from the proliferative-to early secretory phase.

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### Proteomics

The study of the protein library



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## Proteomic?

- Have a better understanding of the function of gene products in disease process
- Allows for the novel design of new therapies
- Has the potential for biomarker discovery as well as addressing the pathogenesis of endometriosis

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## Proteomic tools used in endometriosis

- 2DE → MALDI -TOF - MS
- SELDI-TO-MS

Protein profiling in women with endometriosis when compared with controls showed differentially expressed proteins/peptides [Chehna-Patel et al., 2010; Fowler *et al.*, 2007; Stephens et al., 2010; ten Have et al., 2007; Zhang *et al.*, 2006]

SELDI-TOF-MS profiling coupled to a learning algorithm has shown to offer diagnostic value in endometriosis [Ding et al., 2010, Fassbender et al., 2010; Kyama 2006 and 2011; Wang *et al.*, 2010]

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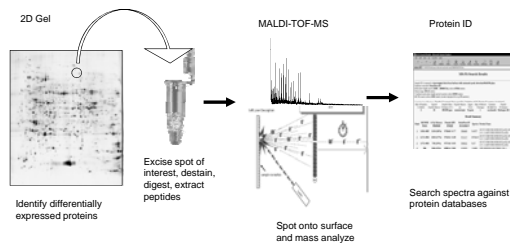
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## Proteomics platform used in endometriosis



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## 2DE/MADLI TOF MS results on endometrium

Reference	Sample Size	Technique	Results
Chehna-Petal et al., 2010	N=20 Paired endometriosis ectopic & eutopic endometrium (n=11) Controls (n=9)	2DE, western blotting, MALDI-TOF MS, immunohistochemistry	53 spots present in ectopic not in eutopic endometrium <u>Validated proteins:</u> 1. haptoglobin, 2. Rho-GDI $\alpha$ , 3. SM-22 $\alpha$ , 4. Rab37
Stephens et al., 2010	N=8 eutopic endometrium Endometriosis (n=4) Controls (n=4)	2DE, western blotting, Immunohistochemistry, MALDI-TOF MS	20 differentially expressed proteins <u>Validated proteins</u> 1. Vimentin, 2. RNH1 3. <b>PRDX6</b> ↑2DE ↓ western blotting

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Reference	Sample Size	Technique	Results kDa
Fowler et al., 2007	N=35 pooled eutopic endometrium samples Endometriosis (n=18) Controls (n=17)	2D PAGE, MALDI-TOF MS	1. <b>Apolipoprotein A1</b> 2. peroxiredoxin 2 3. heat shock protein 90 4. annexin A2 5. Proteins associated with DNA metabolism and catabolism
Ten Have et al., 2007	N=18 eutopic endometrium Endometriosis (n=6) Controls (n=12)	2D PAGE, MALDI-TOF MS	21 proteins only present in disease samples Apoptosis, immune reaction, glycolytic pathway, cell structure, transcription factor
Zhang et al., 2006	N=12 serum & eutopic endometrium Endometriosis (n=6) Controls (n=6)	2DE, western blotting, MALDI-TOF MS	13 differentially expressed proteins <u>IDENTIFIED proteins (serum):</u> 1. vimentin 2. beta-actin 3. ATP synthase beta subunit

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## SELDI –TOF MS

- Surface Enhanced Laser Desorption Ionisation- Time of Flight Mass Spectrometry
  - Analysis of protein mixtures
  - In tissue samples, blood, urine, or other clinical samples
  - Comparison of protein levels between patients with and without the disease

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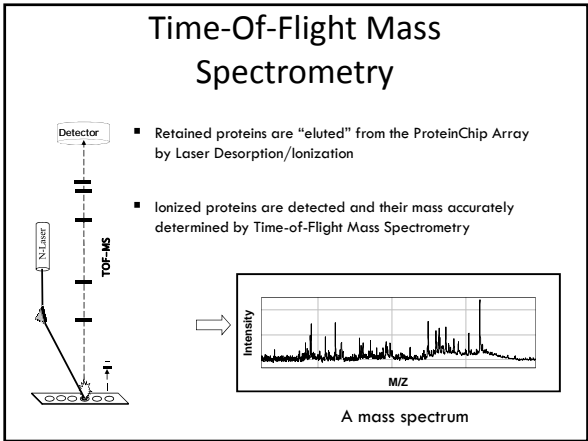
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### Literature eutopic endometrium

Reference	Sample Size	Surface	Results kDa	Sensitivity	Specificity
Ding et al., 2010 Mitochondrial protein expression	N=53 Stage I-II (n=19) Stage III-IV (n=5) Controls (n=29)	Cm10	1. 15.334 2. 15.128 3. 16.069	87.5%	86.2%
Wang et al., 2010	N=26 Stage I-II (n=8) Stage III-IV (n=5) Controls (n=13)	H4	1. 6898 2. 5891 3. 5385 4. 6448 5. 5425	91.7%	90%

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Reference	Sample Size	Surface	Results	Sensitivity	Specificity
Fassbender et al., 2010	N=16 eutopic EM Stage I-II (n=5) Stage III-IV (n=5) Controls (n=6)	CM10 IMAC 30	32 peaks differentially expressed proteins in EM endo versus controls	-	-
Kyama et al., 2010	N=29 eutopic EM Stage I-II (n=9) Stage III-IV (n=10) Controls (n=10)	Q10 IMAC 30	• <b>T-Plastin</b> 90.675 • <b>Annexin 5</b> 39.956	100%	100%
Kyama et al., 2006	N=9 Stage II (n=3) Paired eutopic EM & peritoneum & peritoneal endometriotic lesions Controls (n=3) Eutopic EM	CM10 H50 IMAC 30 Q10	<b>Transgelin</b> 22-23kDa	-	-

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## SELDI-TOF MS in endometriosis Leuven group results :

Identified proteins:

- Transgelin
- Annexin 5, T-plastin

(100% specificity and 100% sensitivity)

Kyama et al., 2006 & 2010

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### Potential role in endometriosis

Transgelin  
endometriotic  
lesions

- 22-23kDa protein - a smooth muscle-actin binding protein
- Unknown in the development of endometriotic lesions
- Smooth muscle actin cells are present around the endometriotic lesions but absent in unaffected peritoneal site and eutopic endometrium (Anaf et al., 2000)

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### Potential role in endometriosis

Annexin 5  
(Secretory phase endometrium)

- In cancer may play a role in proliferation and/or cell mobility and have metastatic potential
- In endometriosis may play a role in the early invasion of endometrial cells into the mesothelium after initial attachment to the peritoneal wall

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**Potential role in endometriosis**

T-Plastin  
(Secretory phase endometrium)

- Plays a role in cellular motility, formation of actin bundles that are required for cell locomotion and maintenance of the cellular architecture

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**Proteomic analysis of endometrium of fertile and infertile patients**

Reference	Sample Size	Surface	Cycle phase
Brosens et al., 2010	Fertile women (n=15) Infertile women (n=10)	Cm10 Q10	Luteal and follicular phase

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**apoA-1**

- Speculate that apoA-1 may also serve
  - to restrict embryo implantation
  - aberrant endometrial secretion contributes to implantation failure

Brosens et al., 2010

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## INTERESTING FACTS

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## $\alpha_3\beta$ integrin

- $\alpha_3\beta$  integrin chain is co-expressed with other specific integrin only during the implantation window and is a biomarker for endometrial receptivity
- $\alpha_3\beta$  integrin expression is reduced in women with endometriosis

Lessey et al., 1992, 2002

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## HoxA-10 and HoxA-11

- are  $\uparrow$  in the window of implantation of the human endometrium
- But not during this period in women with endometriosis

Taylor et al., 1999

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## Autoantibodies

- role in IVF success rates in endometriosis patients
- autoantibody +ve patients
  - interfere with implantation cause no difference in:
    - oocytes retrieved
    - fertilization rates
    - numbers of embryos transferred

Dmowski et al., 1995

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## Conclusion

- Proteomics helped in studying endometriosis and implantation failure
- apoA1 is suggested to have a role in embryo implantation

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## Conclusion

- to identify which of the genes perform an essential role in implantation and which do not.
- the molecular mechanisms by which endometrium becomes receptive remain unclear

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### Proteomics and endometriosis: future research needs

- Better understanding of relationship between proteomic results and mRNA/miRNA microarray in same samples
- Explore effects of menstrual cycle on proteomic results
- Sufficient N samples corrected for cycle phase

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### Future direction

- Identification of the protein findings
- Validation of the findings
- Adequate statistics used
- Collaboration for larger studies

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### Future studies

Assay improvement	Sample Population	Protein/peptide Identification
<ul style="list-style-type: none"> <li>• Intra- and Interassay variability</li> <li>• Use and validation of depletion methods</li> <li>• Need for standardization of technique</li> </ul>	<ul style="list-style-type: none"> <li>• Large sample size</li> <li>• Control for cycle phase</li> <li>• Need for training and test set (validation in mono- and multicenter context)</li> <li>• Advanced bio-informatics</li> </ul>	<ul style="list-style-type: none"> <li>• MALDI-TOF/TOF MS</li> <li>• Confirmation tests using ELISA, IH, Western Blots,...</li> </ul>

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## Future studies

### Association: endometriosis & reproductive outcome

- prospective studies
- accurate laparoscopic description of the stage of endometriosis
- Date, number of procedures, and interval between surgical procedures

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## Future studies

### Association: endometriosis & reproductive outcome

- Effectiveness of interim suppressive therapy
- Clear definition of implantation rate, pregnancy rate, abortion rate, and live-birth rate per started cycle, per oocyte aspiration, and per embryo transfer

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All the technicians: Petra, Rita, Katrien,  
Catherine, Lieve

Secretary: Chantel and Femke

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# THANK YOU!

Questions?

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**Can pelvic infection explain  
implantation failure?**



**Siladitya Bhattacharya  
University of Aberdeen**

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**Outline of talk**

- Epidemiological approach
- Previous pelvic infection
- Tubal disease, hydrosalpinx
- Bacterial vaginosis
- Chronic endometritis
- Non-infectious inflammation
- Tuberculosis
- Summary

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**Pelvic infection & implantation**

- Impact of pelvic infection on conception
- Impact on outcome of IVF treatment
- Sequelae of pelvic infection and implantation
- Infection versus inflammation

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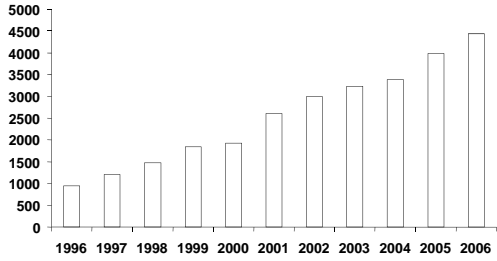
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**New cases of Chlamydia in women in Scottish GUM clinics**



<http://www.isdscotland.org/isd/4907.html>

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**Risk of infertility after Chlamydia**

- Systematic review
- Only one study in 496 adolescent women
- Follow up 1.5 to 4 yrs

Chlamydia infection	Livebirth
Never (n = 319)	50%
Single episode (n = 109)	61.9%
Multiple episodes (n = 68)	52.6%

Wallace et al, Sex transm inf 2008 ; 84:171-175

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**Tubal infertility: odds of livebirth**

Cause of infertility	Unknown	1	1
Tubal only		0.94 (0.90-0.97)	0.87 (0.83-0.90)
Anovulatory only		0.93 (0.88-0.98)	0.95 (0.90-1.00)
Endometriosis only		1.05 (0.98-1.13)	0.96 (0.89-1.03)
Cervical only		0.41 (0.20-0.85)	0.39 (0.19-0.82)
Male only		1.16 (1.13-1.20)	0.91 (0.87-0.95)
Combination known causes		1.01 (0.96-1.06)	0.88 (0.83-0.92)

Nelson & Lawler, 2010

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## Tubal disease and hydrosalpinges

- 10% -13% by ultrasound
- 30% by HSG
- Lower implantation pregnancy and livbirth
- Bathing of endometrium by inflammatory fluid  
(Kodaman et al, 2004)
- Decrease of specific factors ( $\alpha, \beta_3$ ), LIF

Anderson et al, 1994, Murray et al, 1997; Camus et al, 1999

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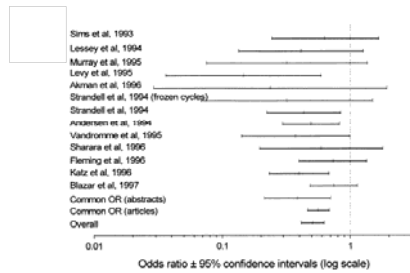
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## Hydrosalpinx: pregnancy per cycle



Zeyneloglu et al, 1998

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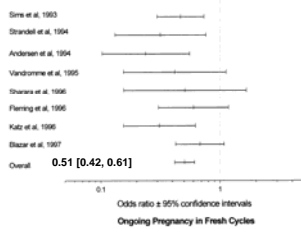
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## Hydrosalpinx: ongoing pregnancy



Zeyneloglu et al, 1998

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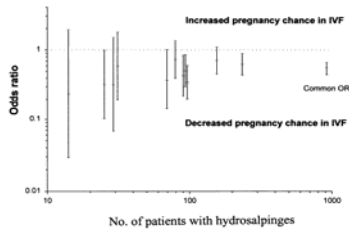
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## Hydrosalpinx: pregnancy per ET



Zeyneloglu et al, 1998

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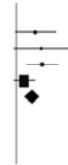
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## Pregnancy rate after any surgery for hydrosalpinges

### 5.1.3 Pregnancy rate - any definition

Dechaud 1998	13	30	6	30	12.9%	3.06 [0.97, 9.66]
Kontoravdis 2006	20	50	2	15	7.0%	4.33 [0.88, 21.30]
Moshin 2006	23	60	8	66	17.8%	4.51 [1.82, 11.13]
Strandell 1999	40	116	22	88	62.2%	1.59 [0.85, 2.92]
Subtotal (95% CI)	256	199	100.0%			2.49 [1.60, 3.86]

Total events: 96 / 38  
 Heterogeneity:  $\chi^2 = 4.34$ ,  $df = 3$  ( $P = 0.23$ ),  $I^2 = 31\%$   
 Test for overall effect:  $Z = 4.06$  ( $P < 0.0001$ )



Johnson et al, Cochrane Library 2010

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## Chronic endometritis and IVF

- Identified in 10/33 (30%) women with recurrent implantation failure
- Biopsy positive = 10
- Defined as plasma cells in endometrial stroma
- Confirmed by monoclonal plasma cell specific antibody CD 138
- Biopsy negative = 23

Johnston-MacAnnany et al, 2009

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### Chronic endometritis and IVF

	Chronic Endometritis N= 10	Biopsy negative N = 23
Mean age (yrs)	34.5	34.7
Fertilisation rate	72%	63%
Good quality ET	2.1	1.7%
Clinical pregnancy rate	2/10 (20%)	12/23 (52%)

*Johnston-MacAnnany et al, 2009*

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### Bacterial vaginosis and IVF

- Cohort study
- 867 consecutive women
- 96 women excluded (No ET or slides broken)
- Gram stain
- Slides read by 2 observers
- Modified Spiegel's criteria (Hay et al, 1994)
- 190/771 (25%) women had BV

*Ralf et al, 1999*

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### Bacterial vaginosis: IVF outcome

	BV N = 190	No BV N = 581	Relative Risk 95% CI
Pregnancy	32%	30%	1.08 (0.85, 1.09)
Miscarriage	32%	19%	2.03 (1.09, 3.78)*

\* Adjusted for: age, smoking, previous miscarriages, PCS

*Ralf et al, 1999*

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## Tuberculosis

- Prevalence variable
- 0.69% in Australia and 19% in India
- Infertility in 40% - 50%
- Tubal involvement
- Diagnosis by HSG. laparoscopy
- Endometrial involvement in 50% - 60%
- Endometrial biopsy for certain diagnosis
- Anti-tubercular chemotherapy

*Gurgan & Demiroglu, 2004*

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## TB and the endometrium

- Outcome data from case series
- Pregnancy rate 16% per cycle in only tubal involvement
- Poor prognosis in endometrial TB (10% pregnancy)
- Anti TB drugs
- Hysteroscopic adhesiolysis

*Gurgan & Demiroglu, 2004*

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## Endometrial TB: IVF outcome

Characteristic	Genital TB	Other tubal factor	p value
No. of patients	24	274	-
No. of cycles	44	366	-
No. of transfers	34	311	-
Mean age (years)	33.7	33.2	NS
Duration of stimulation (days)	10.3	7.5	<0.01
Ampules of HMG	27.3	18.4	<0.05
E <sub>2</sub> on the day of HCG (pg/ml)	852	1141	<0.05
No. of oocytes	5.8	7.7	<0.05
No. of embryos	2	2.9	<0.05
Clinical pregnancies (%)	4 (9.1)	78 (21.3)	<0.05
Implantation rate per embryo(%)	5.8	8.6	NS

Gurgan et al.

*Gurgan & Demiroglu, 2004*

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## Endometriosis

- Poor folliculogenesis, oocyte quality, fertilisation, implantation
- Opinion divided about implantation rates
- Donor oocytes implant as well as in other recipients
- Reduced implantation in embryos from donors with endometriosis
- Implantation markers abnormal in endometriosis

*Cakmak & Taylor, 2011*

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## IVF outcomes in Endometriosis Baseline characteristics

	Endometriosis n = 415	Non-endometriosis n = 6871	$\chi^2$ test P value	Mann-Whitney test P value
Age	34 (21-46)	34 (19-47)		NS
FSH	6.4 (1.5-13.8)	6.4 (1.5-13.8)		NS
BMI	23.7 (21.9-6.1)	24.1 (21.7-27.2)		NS
<b>Ethnicity</b>				
White	319 (77%)	5339 (78%)		
Asian	75 (18%)	1099 (16%)		NS
Black	4 (1%)	68 (1%)		
Other	17 (4%)	345 (5%)		
<b>Embryo:</b>				
Single	147 (35.4%)	2441 (35.5%)		
Two	258 (62.2%)	4284 (62.3%)		NS
Three	10 (2.4%)	146 (2.1%)		

*Mohamed et al, 2010*

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## IVF outcomes in Endometriosis

		Endometriosis	Non-endometriosis	$\chi^2$ test P value
Frozen n = 3523	LBR	n = 148 25 (16.9%)	n = 3375 403 (11.9%)	0.07
	CPR	27 (18.2%)	428 (12.7%)	0.04
Fresh n = 3763	LBR	n = 267 52 (19.5%)	n = 3496 675 (19.3%)	NS
	CPR	54 (20.2%)	730 (20.9%)	NS

\* Down regulated cycles

*Mohamed et al, 2010*

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### Colorectal endometriosis: IVF outcome

	Colorectal N = 29	Tubal N = 157	Male N = 340
Mean age	32.4	34.2	33.7
BMI	23.4	24.3	23.4
Pregnancy	41%	26%	34%
Live birth	27%	23%	27%

*D'Argennt et al, 2010*

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### Pelvic Infection & Implantation: Summary

- Impact of past pelvic infection
- Hydrosalpinges affect outcome of IVF
- Role of tubal excision/occlusion before IVF
- IVF: Chronic endometritis may affect implantation
- IVF: Bacterial vaginosis increases risk of miscarriage
- Endometrial TB may compromise pregnancy rates
- Endometriosis: opinion divided

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# Obesity and the endometrium: effects on implantation

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\* No commercial and/or financial relationships with manufacturers of pharmaceuticals, laboratory supplies and/or medical devices

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## Learning objectives

- \* Brief introduction
  - Epidemiology of obesity
  - Pathophysiology of obesity
- \* Reproductive performance in obese women
  - Infertility
  - Poor assisted conception outcome
  - Pregnancy complications
- \* Origin of fertility impairment
  - Sperm
  - Oocyte/embryo
  - Endometrium
- \* Obesity, endometrium and implantation

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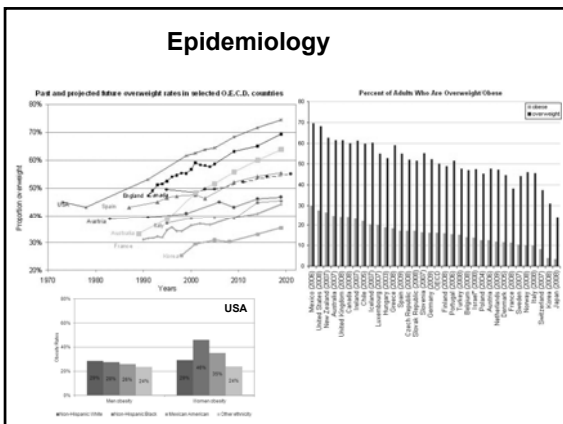
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## Epidemiology



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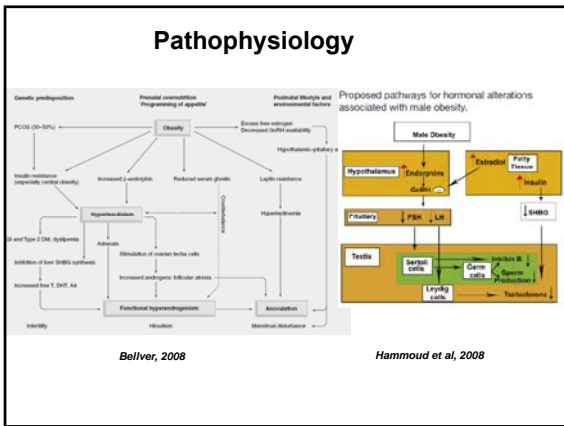
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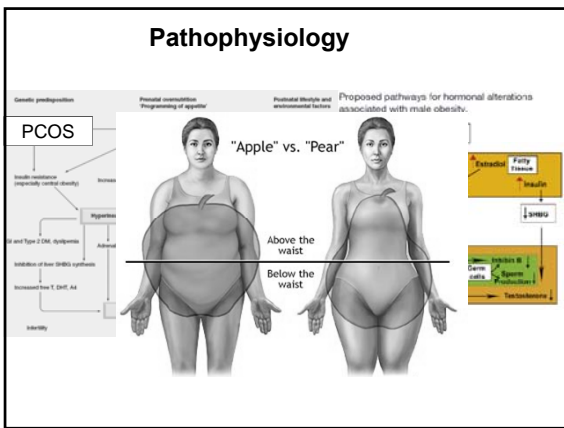
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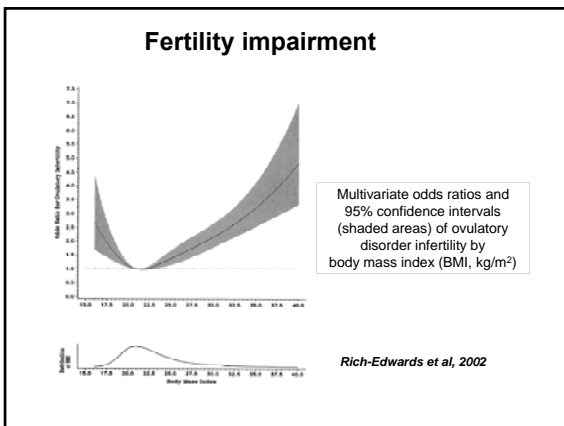
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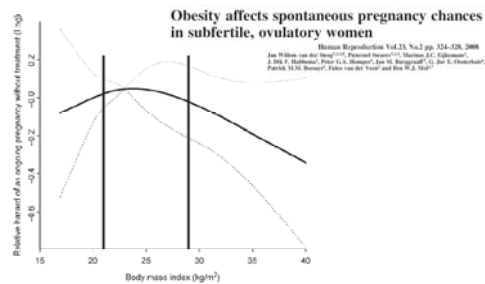
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## Obesity and spontaneous conception



**The effect of obesity on fecundity persists for women with regular menstrual cycles**

*Jensen et al, 1999; Bolumar et al, 2000; Hassan and Killick, 2004; Gesink Law, 2007*

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## Ovarian response

**GONADOTROPINS- OI & IVF / CLOMIPHENE- OI**

- \* Lower ovarian response
- \* Lower E2 levels
- \* Larger doses
- \* More days of stimulation
- \* Increased follicular asynchrony
- \* Less ovulation
- \* More abandoned and cancelled cycles
- \* In long and short COH protocols
- \* ↓ periovulatory intrafollicular hCG concentration
- \* Lower bioavailability of injected (sc or im) hCG

*Ovarian response to gonadotropins and clomiphene citrate is negatively correlated with the BMI*

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## IVF/ICSI: Pregnancy rates

### IMPLANTATION RATES

- **Reduced:** Loveland et al, 2001; Nichols et al, 2003; Martinuzzi et al, 2008
- **Not affected:** Fedorcsák et al, 2004; Dechaud et al, 2006; Dokras et al, 2006

### PREGNANCY RATES

- **Reduced:** Halme et al, 1986; Loveland et al, 2001; Carrell et al, 2001; Ku et al, 2006
- \* **OR: 0.44-0.53** Nichols et al, 2003; Jungheim et al, 2008
- \* **Each ↑1 BMI unit, OR ↓ by 0.84** Ferlitsch et al, 2004
- \* **When WHR > 0.80** Wass et al, 1997
- \* **From 25 (OR: 0.81) to ≥ 35 kg/m² (OR: 0.50)** Wang et al, 2000
- **Not affected:** Lashen et al, 1999; Wittemer et al, 2000; Loh et al, 2002; Spandorfer et al, 2004; Dokras et al, 2006; van Swieten, 2005; Dechaud et al, 2006; Martinuzzi, 2008

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**Effect of overweight and obesity on assisted reproductive technology—a systematic review**  
 Human Reproduction Update, pp. 1-12, 2007  
 A. Maheshwari<sup>1,2</sup>, Lawrie Stofberg<sup>3</sup> and S. Bhattacharya<sup>3</sup>

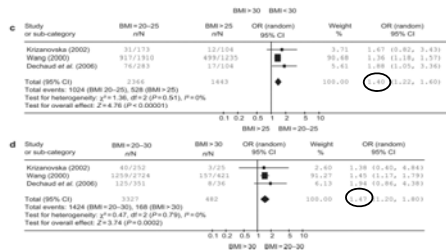
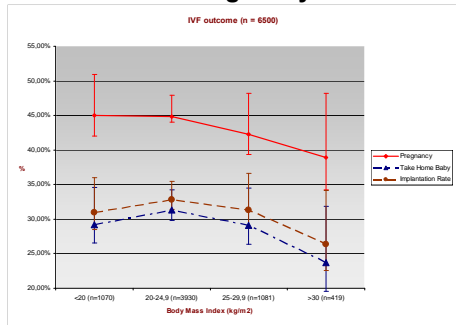


Figure 1: Pregnancy rate per women

**IVF/ICSI: Pregnancy rates**



Bellver et al, F & S 2010

**IVF/ICSI: Pregnancy rate**

Female obesity adversely affects assisted reproductive technology (ART) pregnancy and live birth rates<sup>1</sup> **45,163 ET**  
 Human Reproduction, Vol.26, No.1 pp. 245-252, 2011

Barbara Luke<sup>1,2</sup>, Morton B. Brown<sup>1</sup>, Judy E. Stern<sup>4</sup>,  
 Stacey A. Miasner<sup>3</sup>, Victor Y. Fujimoto<sup>5</sup>, and Richard Leach<sup>1</sup>  
 A SART Writing Group

Table II ART therapy and pregnancy outcome by women's BMI group.

	All groups	Underweight	Normal Wt	Over Wt	Obese Class I	Obese Class II	Obese Class III
		16.0-18.5	18.5-24.9	25.0-29.9	30.0-34.9	35.0-39.9	40.0-46.0
Number of women	46,163	11,015	20,866	10,381	4,699	2,005	661
Clinical pregnancies/ Gestation	43.7	44.7	44.5	43.4	42.3	39.2	37.4
Pregnancy Outcome (%)	(15,442)	(5,273)	(11,468)	(4,586)	(1,731)	(752)	(322)
(%) Fetal Loss or Stillbirth	16.9	14.1	15.4	18.3	20.3	21.3	21.8
Live Birth	83.1	85.9	84.4	81.7	79.7	76.4	76.3
Women's BMI							
Underweight	1.01	Reference					
Normal weight	1.00		Reference				
Overweight	1.03			Reference			
Obese Class I	1.13				Reference		
Obese Class II	1.30					Reference	
Obese Class III	1.54						Reference

## Effect of overweight and obesity on assisted reproductive technology—a systematic review

A. Maheshwari<sup>1,2</sup>, Lawriez Stoffberg<sup>3</sup> and S. Bhattacharya<sup>4</sup>

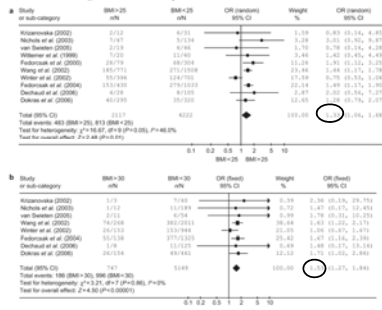
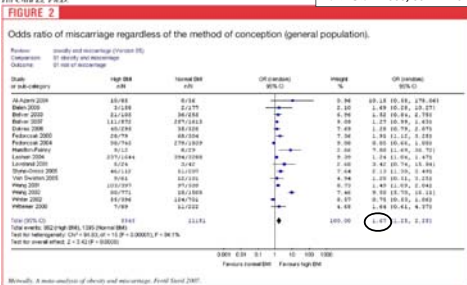


Figure 4: Miscarriage per pregnancy rate

## Does high body mass index increase the risk of miscarriage after spontaneous and assisted conception? A meta-analysis of the evidence

Minelli, M, Velli, M, B, C, O, G., Rev J. Ong, F, R, A, N, Z, O, G., William L. Lisyex, D, Phil, and Tin Chia Li, P, D.

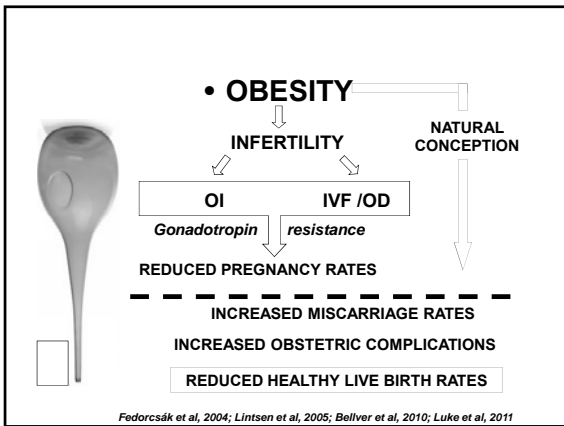
Fertil Steril 2008; 90:714-26



## Pregnancy complications

- | Maternal complications        | Fetal complications                |
|-------------------------------|------------------------------------|
| - Hypertension & preeclampsia | - Congenital malformations (x 2-3) |
| - Gestational diabetes        | - Preterm delivery (& postterm)    |
| - Urinary infections          | - Sudden intrauterine death        |
| - Induction of labor          | - Perinatal death                  |
| - Assisted vaginal delivery   | - Macrosomy                        |
| - Cesarean section            | - Hydramnios                       |
| - Wound infection             | - Shoulder dystocia                |
| - Postpartum bleeding         | - NICU admission                   |
| - Thromboembolism             |                                    |
| - Anaesthetic problems        |                                    |
| - Longer hospitalization      |                                    |
| - Death                       |                                    |

Kabiru et al, 2004; Andraesen et al, 2004; Linné, 2004; Hall- Neubert, 2005; Nelson & Fleming, 2006; Yu et al, 2006; Catalano & Ehrenberg, 2006; Ramsay et al, 2006; Stotland, 2009




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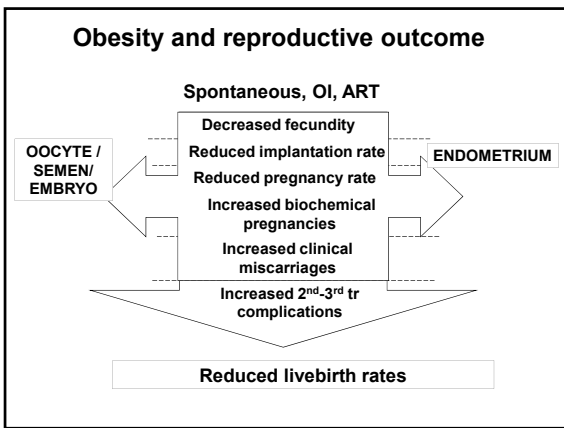
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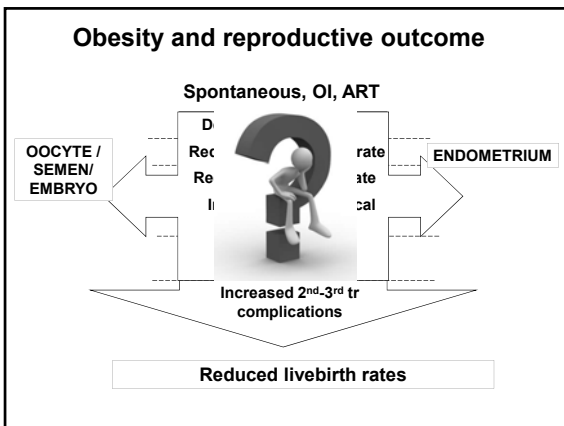
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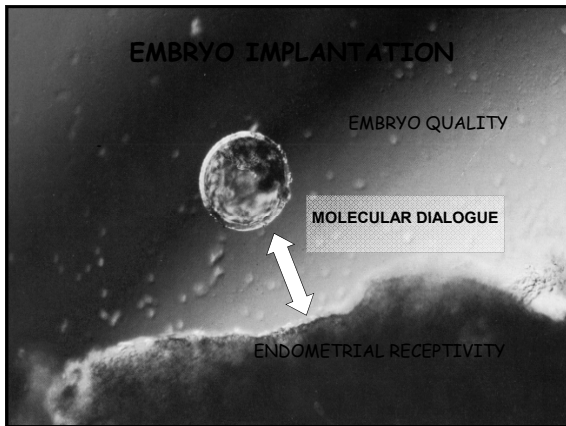
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### Obesity & oocyte/embryo quality after IVF

	Obesity affects	Obesity does not affect
No collected oocytes	Lewis et al, 1990; Croignani et al, 1994; Wittemer et al, 2000; Fedorcsak et al, 2000, 2001 & 2004; Spandler et al, 2004; Maheshwari et al, 2007; Matalliotakis, 2008; Jungheim et al, 2009; Zhang et al, 2010	Lashen et al, 1999; Loveland et al, 2001; Nichols et al, 2003; van Swieten, 2005; Dechaud et al, 2006; Merluzzi et al, 2008; Orvieto et al, 2009; Farhi et al, 2010; Vilarino et al, 2010
No mature oocytes	Wittemer et al, 2000; Carrell et al, 2001; Dukras et al, 2006; Esinler et al, 2008	Marquard et al, 2010
Oocyte quality	Dukras et al, 2006; Esinler et al, 2008; Marquard et al, 2010	Wang et al, 2009; Nichols et al, 2003; Metwally et al, 2007; Saeed et al, 2008 (>35 y); Matalliotakis, 2008; Robker et al, 2009; Sathya et al, 2010
Fertilization rate	Salha et al, 2001; Krizanovska et al, 2002; van Swieten, 2005; Matalliotakis, 2008; Orvieto et al, 2009; Jungheim et al, 2009; Zhu et al, 2010	Lewis et al, 1990; Lashen et al, 1999; Nichols et al, 2003; Fedorcsak et al, 2000 & 2004; Dukras et al, 2006; Dechaud et al, 2006; Martinuzzi et al, 2008; Esinler et al, 2008; Robker et al, 2009; Farhi et al, 2010; Sathya et al, 2010
Embryo quality	Carrell et al, 2001; Metwally et al, 2007 (< 35y); Jungheim et al, 2009; Zhang et al, 2010; Zhu et al, 2010	Wang et al, 2009; Fedorcsak et al, 2000 & 2004; Nichols et al, 2003; Dechaud et al, 2006; Metwally et al, 2007 (> 35 y); Saeed et al, 2008 (>35 y); Matalliotakis, 2008; Robker et al, 2009; Sathya et al, 2010; Vilarino et al, 2010
Incidence of embryo transfer	Dukras et al, 2006; Esinler et al, 2008; Fedorcsak et al, 2004; Robker et al, 2009	Lashen et al, 1999; Nichols et al, 2003; Matalliotakis, 2008; Esinler et al, 2008; Vilarino et al, 2010
No total or transferred embryos	Fedorcsak et al, 2004; Robker et al, 2009	Lashen et al, 1999; Loveland et al, 2001; Nichols et al, 2003; Dukras et al, 2006; Dechaud et al, 2006; Matalliotakis, 2008; Esinler et al, 2008; Orvieto et al, 2009; Jungheim et al, 2009; Farhi et al, 2010; Sathya et al, 2010; Vilarino et al, 2010

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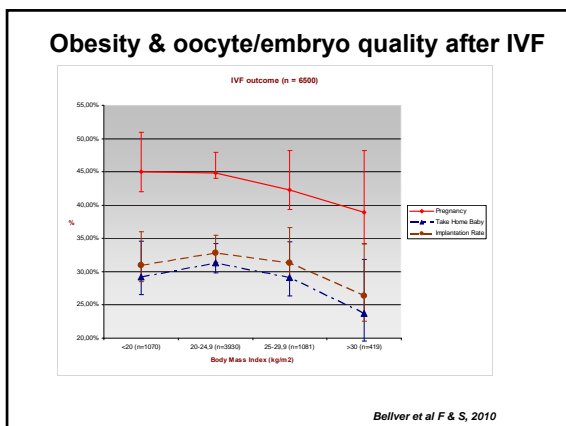
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## Obesity & oocyte/embryo quality after IVF

81581 oocytes

Obese group: ↑ Oligo-anovulation, years of infertility, FSH dose

	<20 kg/m <sup>2</sup> (n = 1,070)	20-24.9 kg/m <sup>2</sup> (n = 3,930)	25-29.9 kg/m <sup>2</sup> (n = 1,081)	≥30 kg/m <sup>2</sup> (n = 419)
Retrieved oocytes (n)	12.6 ± 7.7	12.6 ± 8.0	12.3 ± 7.9	13.0 ± 8.8
Metaphase II oocytes (n)	8.8 ± 5.5	8.9 ± 5.9	9.3 ± 5.6	9.1 ± 6.2
Insemination procedure (%)				
IVF	6.1	5.1	5.4	6.3
ICSI	17.8	18.0	16.5	14.4
IVF-ICSI	76.1	78.9	78.1	79.3
Fertilization rate (%)	72.4 ± 24.4	73.0 ± 24.2	72.5 ± 24.2	74.0 ± 24.1
Day of ET	3.4 ± 1.3	3.5 ± 1.3	3.5 ± 1.3	3.6 ± 1.3
Embryos transferred (n)	2.0 ± 0.7	2.0 ± 0.7	2.0 ± 0.7	2.0 ± 0.6
Cryopreserved embryos (n)	1.4 ± 2.6	1.4 ± 2.7	1.5 ± 2.9	1.4 ± 2.7
Blastocyst transfer (%)	29.3	31.7	34.3	35.3

Note: Unless otherwise indicated, values are means ± SD.  
P: not significant for all comparisons.  
Abbrev: IVF, in vitro fertilization; and IVF-ICSI, in vitro fertilization-ICSI.

Bellver et al F & S, 2010

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## Obesity & oocyte/embryo quality after IVF

81581 oocytes

Correlations between fertilization rate, average embryo fragmentation, average number of cells 48 and 72 hours after fertilization and BMI

	IVF/ICSI	
	r	p
Blastomeres number 48h	0.012	0.477
Blastomeres number 72h	0.011	0.505
Embryo fragmentation 48h	0.006	0.737
Embryo fragmentation 72h	0.007	0.693
Fertilization Rate	0.015	0.160

Bellver et al F & S, 2010

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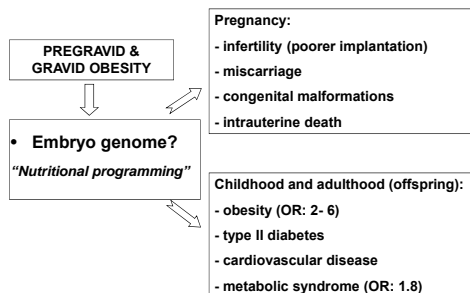
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## Obesity & transgenerational effects



Gillman et al, 2003; Whitaker, 2004; Li et al, 2005; Boney et al, 2005; Lawlor et al, 2007; Chang et al, 2008; Catalano et al, 2009; Nohr et al, 2009; Symonds et al, 2009

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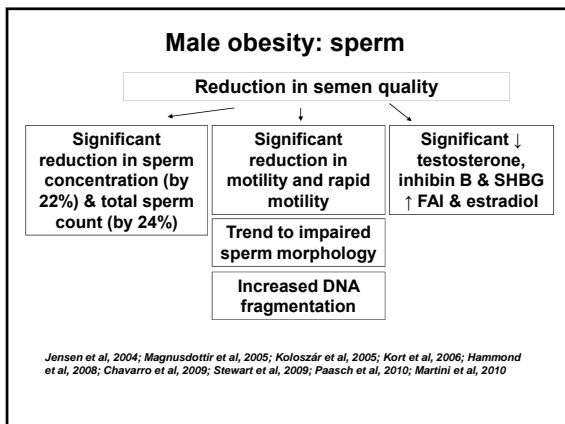
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### Associated male obesity

**OR for infertility: 1.20 (♂ overweight) 26,303 planned pregnancies**  
**1.36 (♂ obesity) Nguyen et al, 2007**

Subfecundity in overweight and obese couples **64,167 pregnancies**  
**TTP > 12 months**

C.H.Ramadan-Hamed<sup>1,2,3</sup>, A.M.Thinkstrup<sup>1</sup>, E.A.Nohe<sup>1</sup>, J.P.Bonde<sup>1</sup>, T.L.A.Sorensen<sup>1</sup> and J.Olsen<sup>1</sup>

Table 1. Odds ratios (ORs) for subfecundity (time to pregnancy of > 12 months) according to categories of men's and women's BMI

Women's BMI (kg/m <sup>2</sup> )	Men's BMI (kg/m <sup>2</sup> )				Women's OR (95% CI)
	<18.50 OR (95% CI)	18.50-24.99 OR (95% CI)	25.00-29.99 OR (95% CI)	≥30 OR (95% CI)	
<18.50	Ref	1.00 (0.82-1.22)	1.20 (0.94-1.53)	1.95 (1.06-3.58)	1.02 (0.88-1.18)
18.50-24.99	0.69 (0.34-1.38)	1.00 (Reference group)	1.18 (1.10-1.27)	1.33 (1.32-1.77)	1.00
25.00-29.99	1.03 (0.67-1.61)	1.36 (1.23-1.50)	1.48 (1.28-1.70)	1.69 (0.9-2.14)	1.27 (1.18-1.36)
≥30	3.79 (1.48-9.74)	1.74 (1.51-2.02)	2.07 (1.82-2.36)	2.17 (1.27-3.30)	1.38 (1.63-1.95)
Men's	0.97 (0.61-1.54)	1.00	1.15 (1.08-1.22)	1.27 (1.34-1.64)	—

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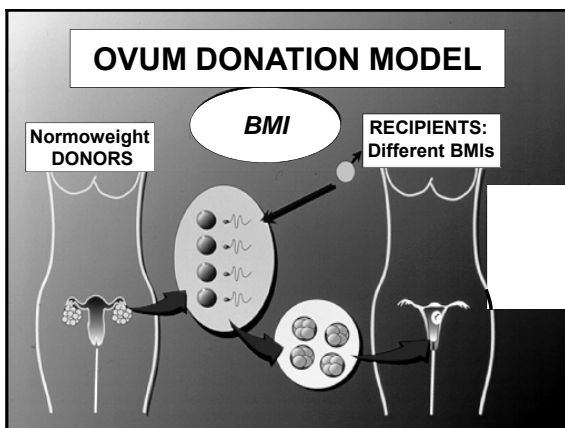
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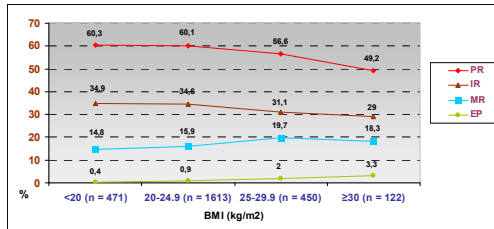
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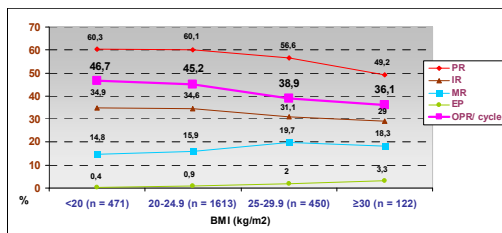
## Endometrium: Ovum donation



n = 2656

Bellver J et al. Fertil Steril 2007, 88:446-51

## Endometrium: Ovum donation



n = 2656

Bellver J et al. Fertil Steril 2007, 88:446-51

Human Reproduction, Vol. 33, No. 9, pp. 1661–1666, 2008  
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ORIGINAL ARTICLE Infertility

### Determinants of pregnancy rate in the donor oocyte model: a multivariate analysis of 450 frozen-thawed embryo transfers

Lioud Bouadla<sup>1</sup>, Etienne Roussot<sup>1</sup>, Dominique Coumes<sup>1</sup>, Romain Bouvier<sup>1</sup>, Charles Coustant<sup>1</sup>, Isabelle Maederbaum<sup>1</sup>, and Jean-Marie Aittouf<sup>1</sup>

**Table V** Multivariate analysis of 450 FETs showing determinants of pregnancy in 198 recipients included in an OD program.

Covariates	Estimate	CI lower	CI upper	Std. error	P-value
(Intercept)	-0.39037372	-3.84399661	3.06324917	1.75202571	0.82368122
With impregnation	0.57147446	-1.8107995	2.95364848	1.21125671	0.63738971
BMI	-0.09873069	-0.17995246	-0.01750893	0.04120387	0.01454825
With impregnation	0.02697094	-0.14423965	0.009949798	0.02623405	0.04557948
Endometrial thickness	0.2269703	-0.06255481	0.41149925	0.08889468	0.00746425
With impregnation	0.17323150	0.02649345	0.320369559	0.07276161	0.02221555
Ovarian support	-0.0762091	-0.22874561	0.07627242	0.53405409	0.6761752
With impregnation	-0.49385461	-1.38493710	-0.00277212	0.35150850	0.04909256
Smoking	0.69170987	-0.21492814	1.60034787	0.46095280	0.13345475
With impregnation	0.04147481	-0.55421040	0.637160029	0.30297403	0.89118727
Amenorrhea	0.13277916	-0.80249398	1.06805431	0.47446085	0.77959275
With impregnation	0.15314068	-0.49175175	0.79803311	0.32766434	0.44058453
Age	-0.01369357	-0.09182402	0.06445687	0.03963564	0.72972874
With impregnation	-0.04435683	-0.09820225	0.00948859	0.02738297	0.00610469

Multivariate analysis was performed without (upper lines) and with multiple imputation of missing data (CI confidence interval; BMI body-mass index; kg/m<sup>2</sup>; Super\* superovulation).

The following cut-off were used: 30 kg/m<sup>2</sup> for BMI, 8 mm for endometrial thickness, and 35 years for age.

PR were 30% in women with a BMI <30 and 12% in those with a BMI >30 (OR = 2.8 [1.1–7.2], P = 0.03).

### Surrogate obesity negatively impacts pregnancy rates in third-party reproduction

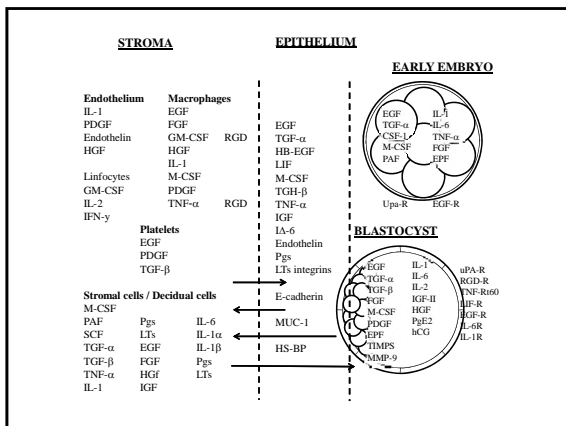
DeUgarte et al. Fertil Steril 2010; 93:1008-10

TABLE 1

Unadjusted and model-adjusted pregnancy outcome rates for all cycles and first-cycle only.

	Unadjusted (%)			Adjusted (%)		
	BMI < 35	BMI ≥ 35	P value	BMI < 35	BMI ≥ 35	P value
<b>All cycles (n = 551)</b>						
Live birth	48%	27%	.015	49%	28%	.051
Clinical pregnancy	59%	32%	.003	61%	36%	.019
Clinical miscarriage	16%	17%	.863	16%	17%	.901
Mean % implantation	35%	15%	.001	34%	16%	.003
<b>First-cycle only (n = 349)</b>						
Live birth	50%	24%	.028	49%	25%	.041
Clinical pregnancy	61%	33%	.017	61%	35%	.030
Mean % implantation	38%	16%	.006	38%	18%	.021

N = 349 women; 551 cycles of OD in surrogate mothers  
No severe male factor



### What do we know?

\* Overweight vs normoweight women with unexplained RM

- Negative correlation: BMI and endometrial glandular LIF  
- No difference: endometrial steroid receptors, leukocyte populations, endometrial morphology *Metwally et al, 2007*

\* Reduced endometrial expression of SLC2A4 & SLC2A4 mRNA in obese PCOS women *Mioni et al, 2004*

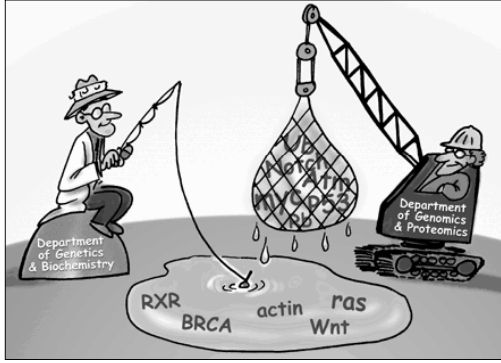
Theories about the effect of obesity on endometrial receptivity:

\* State of relative hyperestrogenemia *Erel & Senturk, 2009*

\* Insulin resistance → Hyperinsulinemia → ↓ glycoladin & IGFBP1  
*Carrington et al, 2005; Levens & Skarulis, 2008*  
→ altered receptivity  
*Strowitzki et al, 1993*

\* Elevated inflammatory markers *Eisner et al, 2008; Levens & Skarulis, 2008*

### Traditional versus genomic approach




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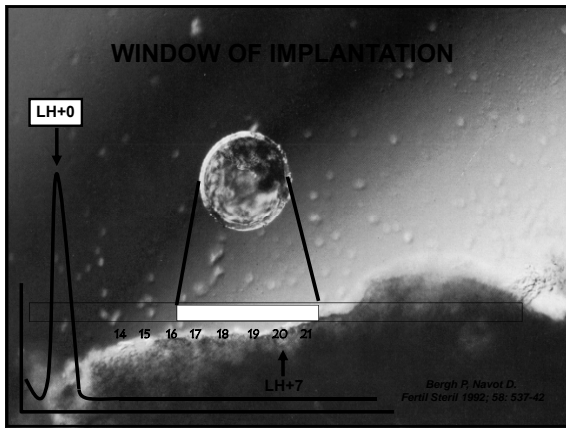
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### Endometrial gene expression

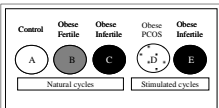


Table 1. Characteristics of the study groups

	Group A (n = 4)	Group B (n = 6)	Group C (n = 6)	Group D (n = 6)	Group E (n = 6)
Age (years)	31.00 (2.94)	29.67 (3.67)	33.17 (1.60)	31.13 (3.83)	31.50 (4.39)
BMI (kg/m <sup>2</sup> )	22.18 (1.67)	34.03 (3.09)	28.83 (2.35)	38.33 (6.16)	33.13 (3.26)
Waist (cm)	96.33 (4.88)	103.83 (5.91)	109.5 (11.98)	124.25 (12.07)	117.17 (12.84)
Hip (cm)	122.17 (7.83)	122.33 (6.95)	124.25 (12.07)	124.25 (12.07)	124.25 (12.07)
WHR	0.82 (0.05)	0.85 (0.03)	0.87 (0.06)	0.83 (0.11)	0.83 (0.11)
Basal FSH (mIU/ml)	5.82 (1.30)	6.20 (1.94)	6.76 (2.42)	4.67 (1.15)	7.30 (1.35)
Basal LH (mIU/ml)	3.10 (1.10)	3.22 (1.30)	3.42 (1.41)	8.00 (1.44)	3.60 (0.98)
Basal E <sub>2</sub> (pg/ml)	41.03 (4.82)	43.40 (9.54)	39.80 (5.40)	57.00 (12.92)	44.83 (9.93)
E <sub>2</sub> (pg/ml)*	123.00 (31.72)	118.07 (22.06)	134.00 (34.75)	330.00 (270.96)	366.6 (20.42)
P <sub>4</sub> (ng/ml)	15.20 (5.49)	16.17 (3.45)	10.76 (2.35)	13.43 (10.72)	19.8 (11.7)

\*Values are expressed as mean (standard deviation) BMI: Body mass index; WHR: Waist-to-hip ratio; E<sub>2</sub>: Estradiol; \*Estradiol serum concentration on the day of endometrial biopsy; P<sub>4</sub>: Progesterone serum concentration on day of endometrial biopsy.

Beliver et al, 2011

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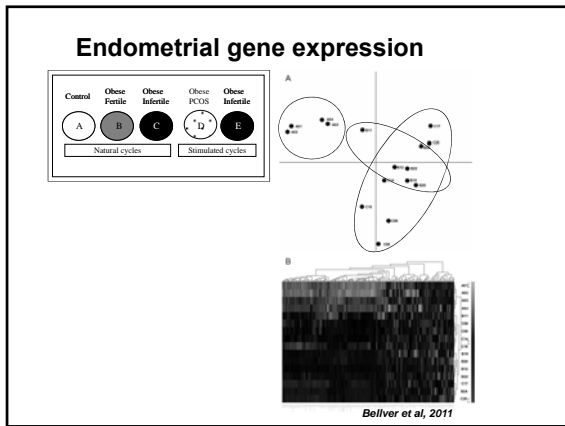
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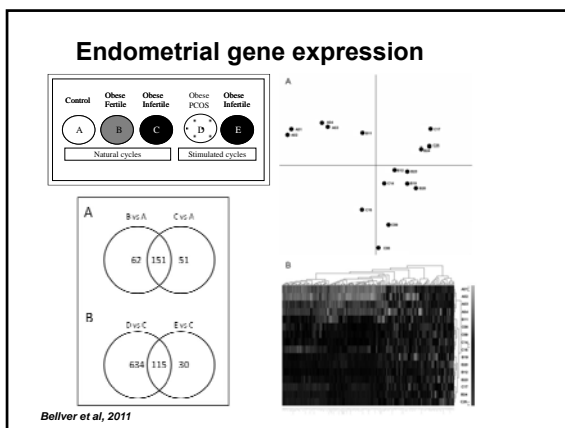
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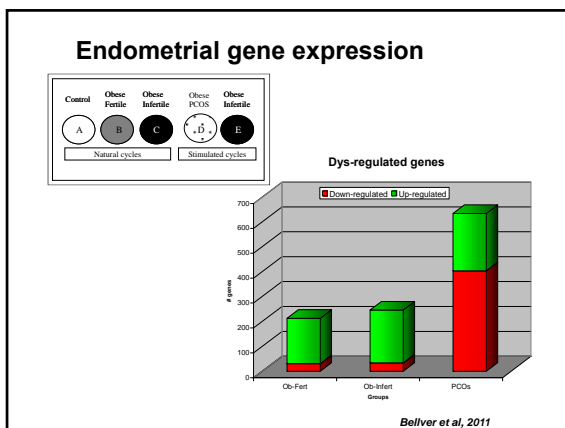
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## Endometrial gene expression

ACC#	Name	Description	NC	COX	BD	FCOR	p <sub>adj</sub>
NM_002084	GPA3	Guanilase peroxidase 3 (plasma)	25.9	-11.8	-15.4	-22.3	0.0062
NM_002571	PAIP	Placental protein 14	81.6	-9.8	-10.2	-10.7	0.0214
NM_021603	PKYD2	FXD domain containing ion transport regulator 2	4.1	-4.5	-9.4	-3.3	0.0062
NM_019155	DPH4	Drosophila protein 4	31.4	-27.1	8.5		
NM_002269	LIF	Leukemia inhibitory factor	36.6	-23.0	-4.6	-4.3	0.0133
NM_001013788	KGRFB1	Insulin-like growth factor-binding protein 3	4.0	-4.5	-3.8		
NM_001924	GADD45A	Growth arrest and DNA-damage-inducible, alpha	8.0	-3.0	-3.5	-3.3	0.0367
NM_004142	HARPE	Hyaluronan-binding protein 2	5.9	-6.4	-1.4	-12.4	0.0105
NM_003991	EDNREB	Endothelin receptor type B	8.2	-3.2	-3.4		
NM_012154	LMOD1	Lisinase 1 (smooth muscle)	20.7	-4.1	-3.1		
NM_001299	CNN1	Calponin 1, basic, smooth muscle	10.3	-6.3	-2.9		
NM_001139	CL1	Chlorin	28.8	-7.1	-2.8	-6.2	0.0020
NM_00101522	TAGLN	Transgelin	8.4	-3.7	-2.8		
NM_000771	CYP19	Cytochrome P450, family 17, subfamily C, polypeptide 9	48.8	-8.7	-2.8		
NM_014214	IMPA2	Insulin-like growth factor 2, subunit A	5.5	-8.9	-2.2		
NM_014209	CAPN3	Calpain 3	-4.6	10.3	11.2	2.1	0.0062
NM_006028	TFPI2	Tissue factor pathway inhibitor 2	-3.5	5.4	7.3	2.5	0.0110
NM_002788	MAP3K6	Mitogen-activated protein kinase 6	-4.9	8.6	6.6	2.6	0.0193
NM_004889	CTNNA2	Catenin (cadherin-associated protein), alpha 2	-4.4	7.5	6.4		
NM_003104	SORD	Sorbitol dehydrogenase	-2.4	11.6	5.9	3.0	0.0114
NM_002120	HLA-DQB	Major histocompatibility complex, class II, DQ beta	-16.5	12.2	4.9	2.8	0.0063
NM_183050	BCKRIB	Branched chain keto acid dehydrogenase E1, beta polypeptide	-3.3	10.3	4.1		
NM_000695	ALDH3B2	Aldehyde dehydrogenase 3 family, member B2	-3.1	4.3	3.5		
NM_001845	NBR2	NBRG family member 2	-6.0	5.0	7.5		
NM_016725	FOLR1	Folate receptor 1	-10.5	9.3	-2.5		

Horcajadas et al, 2007

Altnae et al, 2010

Bellver et al, 2011

## Conclusions

- Obesity impairs reproductive and obstetric outcome regardless the method of conception
- Gametes, embryos and uterus seem to be affected by obesity
- Obese women present a different endometrial gene expression than normoweight controls during the WOI which is more pronounced when infertility or polycystic ovary syndrome are associated
- Some of the dys-regulated genes have been previously related to embryo implantation
- Best advice: weight reduction before conception

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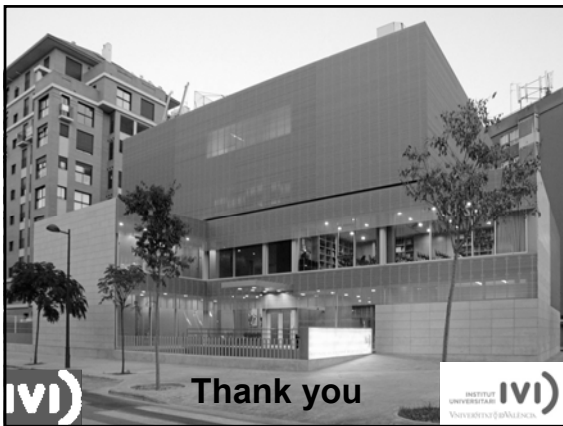
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**The role of thrombophilia/haematological disorders and impact on endometrial function**

**Lesley Regan**

Contribution not submitted by speaker

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