

# What gonadotropin physiology can teach us to improve ovarian stimulation

Stephen G. Hillier

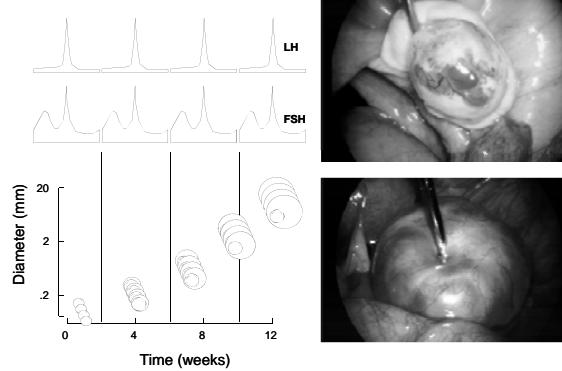
MRC Centre for Reproductive Health  
The University of Edinburgh



[s.hillier@ed.ac.uk](mailto:s.hillier@ed.ac.uk)

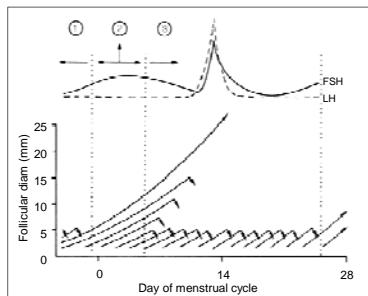


## The follicle life-cycle



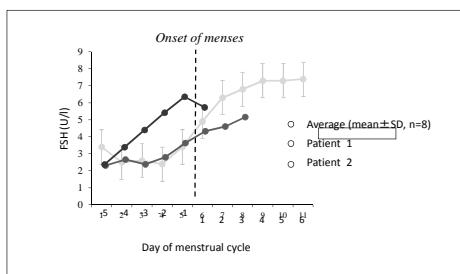
## Superovulation Strategy

1. Increase the no. of 'precursor' follicles
2. Raise the stimulus for preovulatory growth
3. Override the 'selection' process

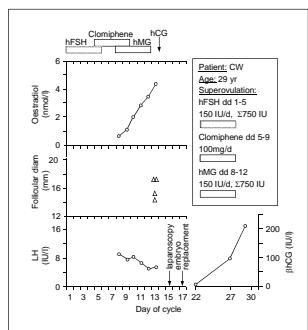


Hillier et al. 1985

Variable link between menstrual cycle onset and inter-cyclic FSH rise



## The idea of an FSH ‘syncromesh’



What gonadotropin physiology can teach us to improve ovarian stimulation

- Paracrine pathways
- Gonadotropic gearing
- Clinical impact

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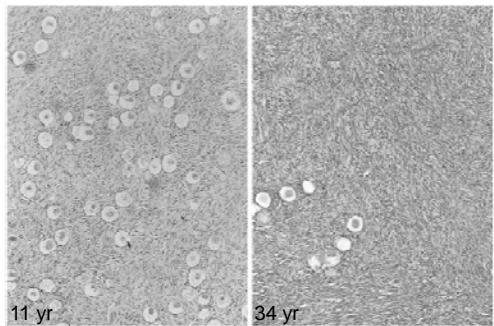
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Age-related oocyte loss



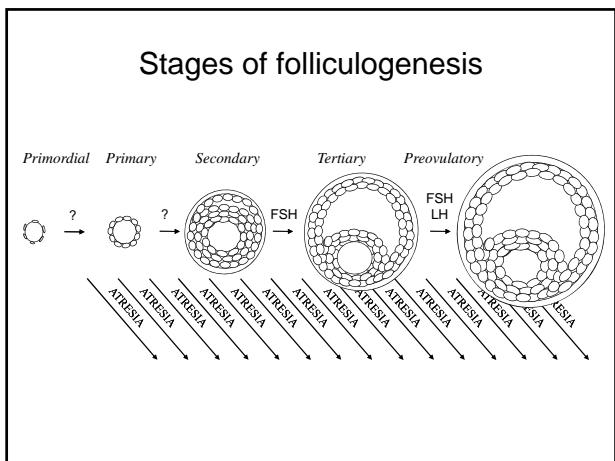
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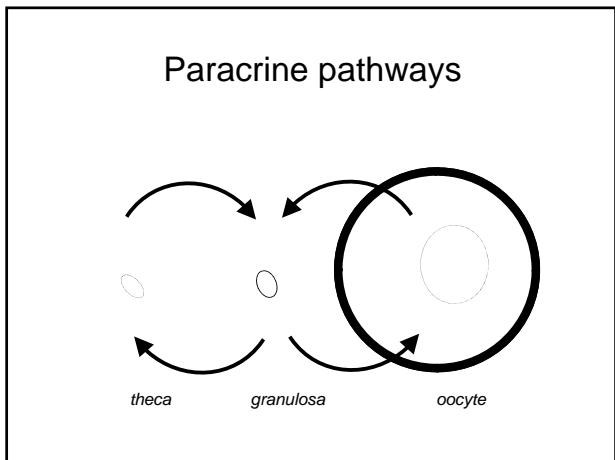

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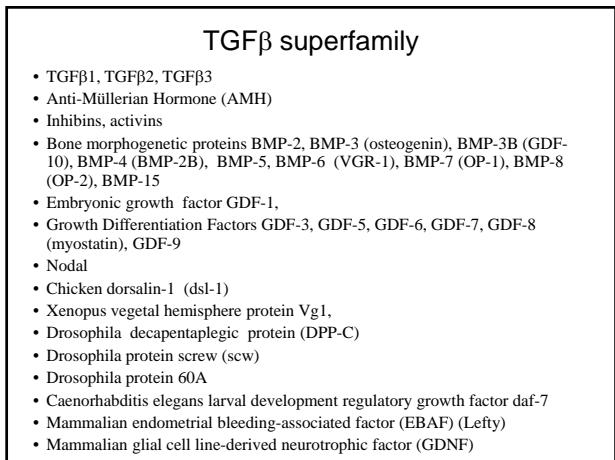

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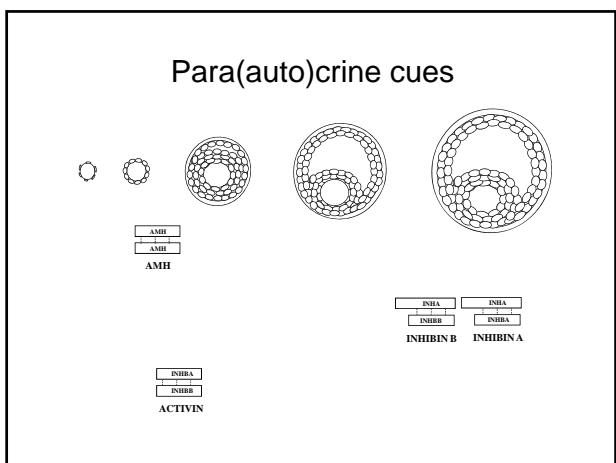

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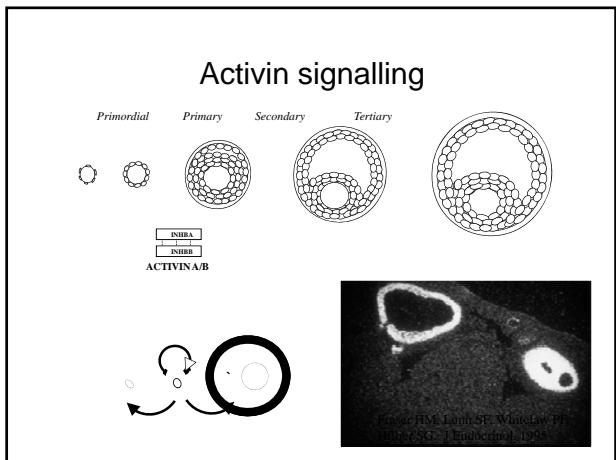
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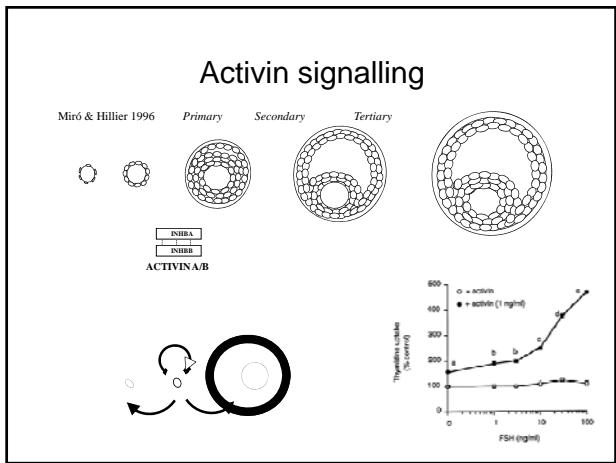
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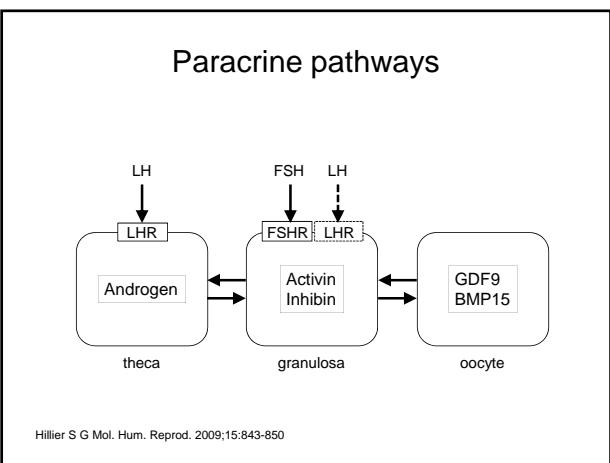
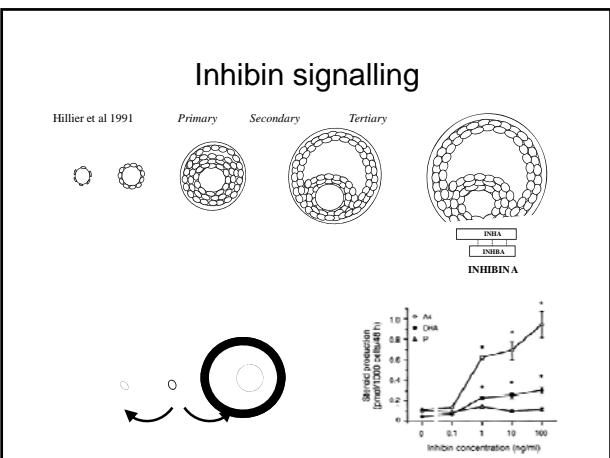
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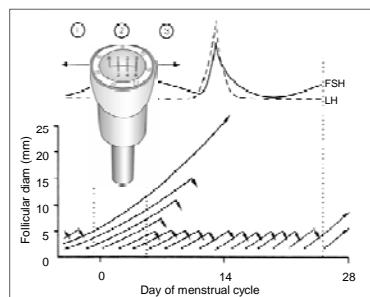


**What gonadotropin physiology can teach us to improve ovarian stimulation**

- Paracrine pathways
- **Gonadotrophic gearing**
- Clinical impact

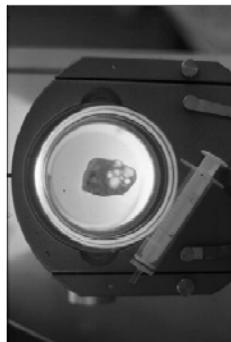
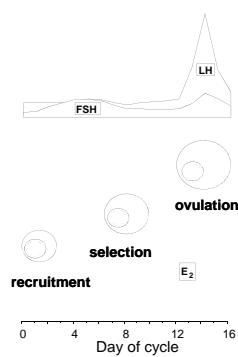
## Gonadotropic gearing

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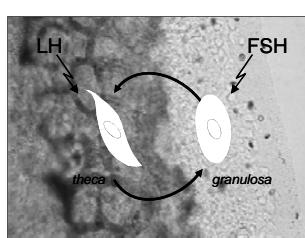
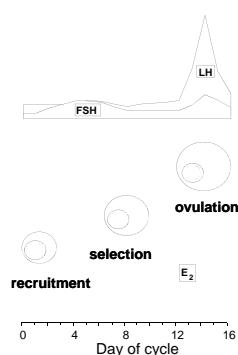


Hillier et al. 1985

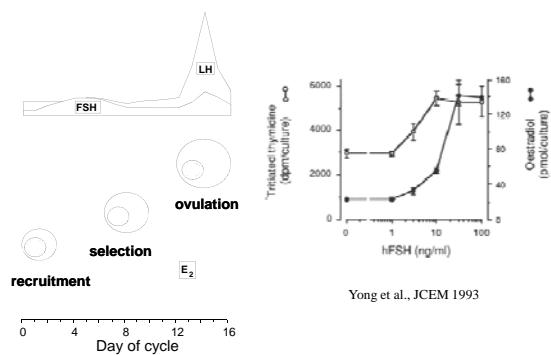
## The follicle life-cycle: Recruitment



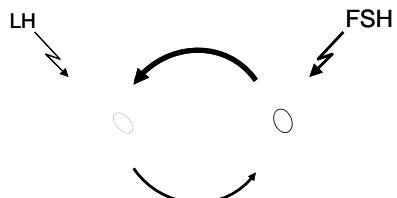
## The follicular life-cycle: Recruitment



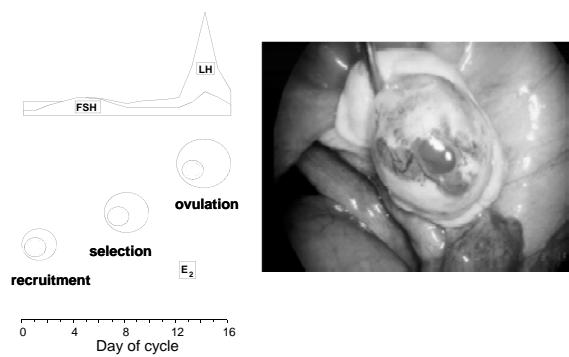
### The follicular life-cycle: Recruitment

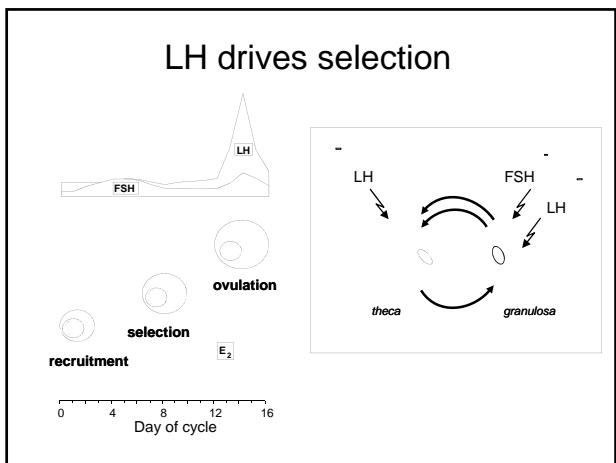


### FSH drives recruitment



### The follicle life-cycle: Selection






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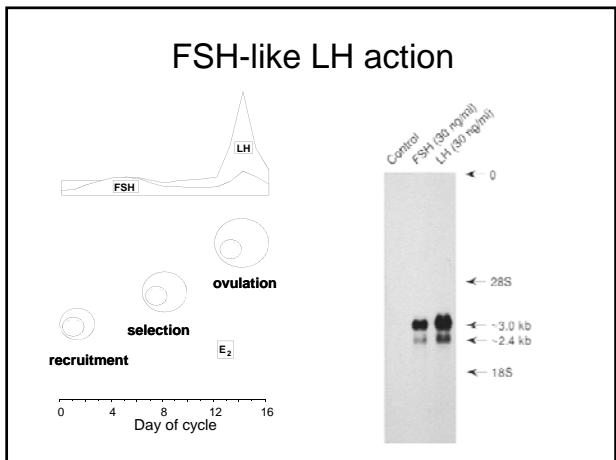
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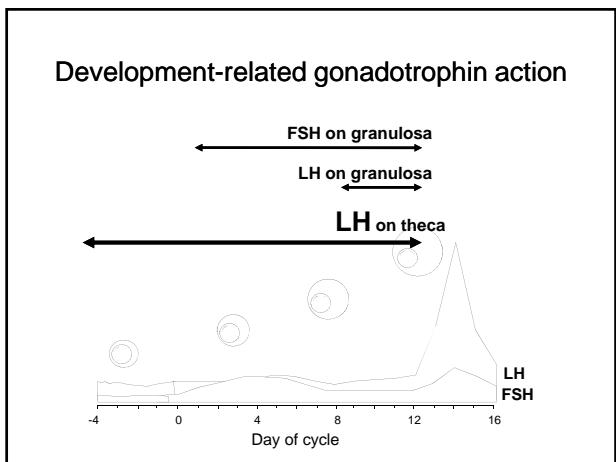
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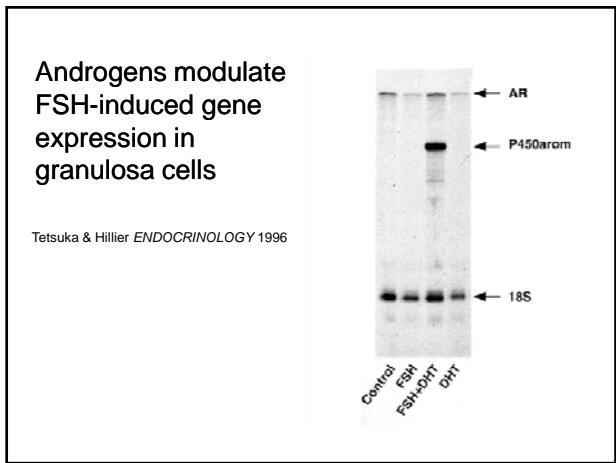
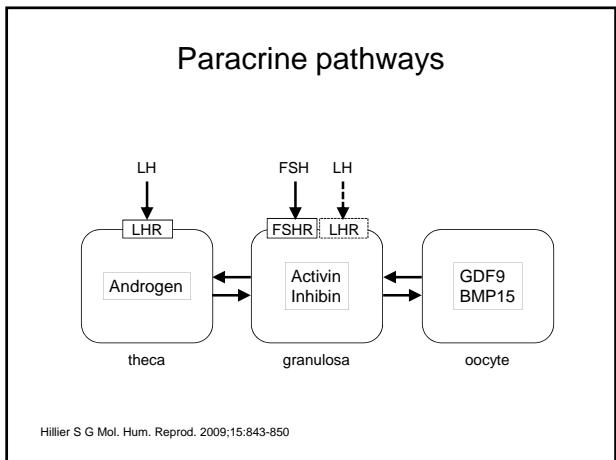
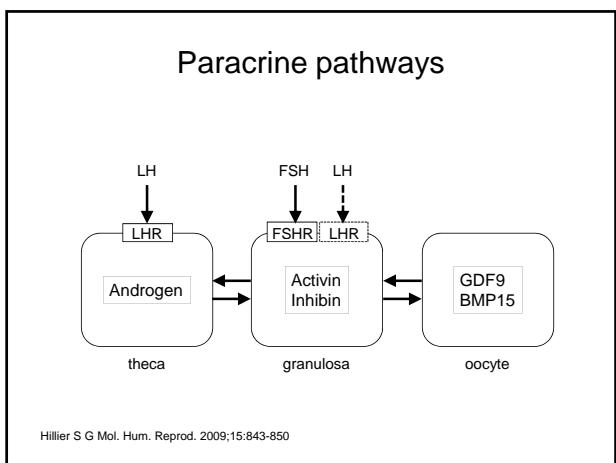
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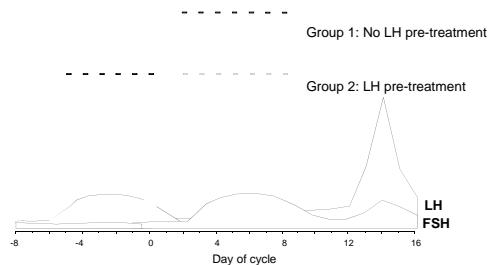


## What gonadotropin physiology can teach us to improve ovarian stimulation

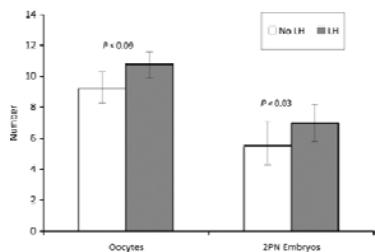
- Paracrine pathways
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- **Clinical impact**

### Effects of recombinant LH treatment on folliculogenesis and responsiveness to FSH stimulation

Durnerin CI, Erb K, Fleming R, Hillier H, Hillier SG, Howles CM, Hugues JN, Lass A, Lyall H, Rasmussen P, Thong J, Traynor I, Westergaard L, Yates R; Luveris Pretreatment Group. Hum Reprod. 2008 Feb;23(2):421-6.

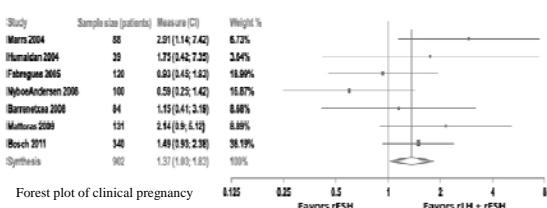


### Evidence that LH priming can improve oocyte quality



Durnerin CI, Erb K, Fleming R, Hillier H, Hillier SG, Howles CM, Hugues JN, Lass A, Lyall H, Rasmussen P, Thong J, Traynor I, Westergaard L, Yates R; Luveris Pretreatment Group. Hum Reprod. 2008 Feb;23(2):421-6.

The use of recombinant luteinizing hormone  
in patients undergoing assisted reproductive  
techniques with advanced reproductive age:  
a systematic review and meta-analysis.



Fertil Steril. 2012 Feb 24. [Epub ahead of print]  
Hill MJ, Levens ED, Levy G, Ryan ME, Csokmay JM, Decherney AH, Whitcomb BW.

Thank you!