

Endometrial-peritoneal cross-talk and development of endometriosis

Christian Becker

Nuffield Dept. of Obstetrics and Gynaecology

University of Oxford



Commercial disclosure

- Astellas
- Bayer Healthcare
- Roche
- TEVA Pharmaceutical
- ValiRx

Outline

- Background
- Endometriosis
- Peritoneum
- Stem/progenitor cells
- Mesothelial damage
- Conclusions

Endometriosis

	Number of studies	Number of patients	Number with disease	% with disease (range)	% with Stage I-II disease (range)
Pelvic pain	15	2,400	688	24.5 (4.5 – 62.0)	69.9 (61.0 – 100)
Infertility	32	14,971	2,812	19.5 (2.1 – 78.0)	65.6 (16.3 – 95.0)
Sterilisation	13	10,634	499	4.1 (0.7 – 43.0)	91.7 (20.0 – 100)

Why care?

Patients

Society

Patients

Infertility

Pain

```
graph LR; Pain --> Dysmenorrhea; Pain --> NonMenstrualPain[Non-menstrual pain]; Pain --> DeepDyspareunia[Deep dyspareunia]; Pain --> Dysuria; Pain --> Dyschezia;
```

Dysmenorrhea

Non-menstrual pain

Deep dyspareunia

Dysuria

Dyschezia

Delay in diagnosis (years)

	Symptom onset	Surgical diagnosis	Delay
Brazil ¹	20.5 *	33.0 *	7.4 *
USA ²	18.9	28.7	9.8
Australia	17.1	29.6	12.5
UK ³	22.0	30.5	8.5
USA	19.2	30.9	11.7
UK ⁴	24.4	32.6	8.0
GER/AUT ⁵	21.2	32.0	10.4

* median values
otherwise all means

¹ Arruda *et al.*, *Hum Reprod* 2003

² Sinaii *et al.*, *Hum Reprod* 2002

³ Treloar *et al.*, *Fertil Steril* 2002

⁴ Hadfield *et al.*, *Hum Reprod* 1996

⁵ Hudelist *et al.*, *Hum Reprod* 2012

Society

RESULTS (n=905)

Average annual cost = **€9,579** (95% CI €8,559-€10,599)

➤ Average cost of direct healthcare costs = **€3,113**

- surgery (29%)
- monitoring tests (19%)
- hospitalisation (18%)
- medication (10%)

➤ Average cost of productivity loss = **€6,298**

Cost of loss of productivity is twice that of healthcare costs!

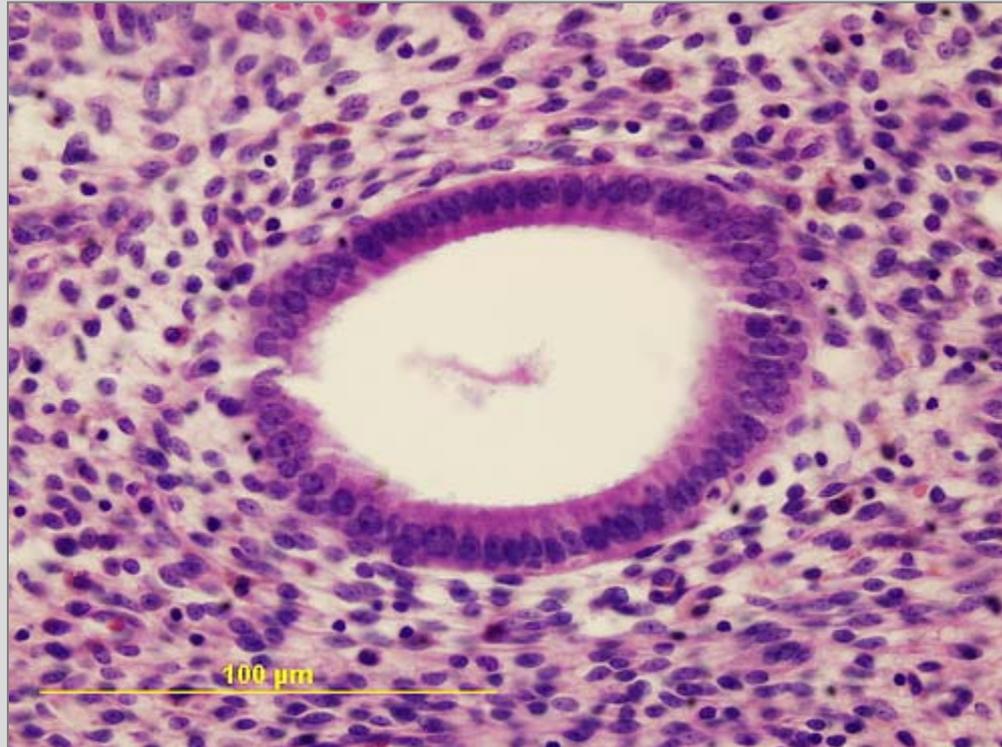
Definition

The presence of endometrial LIKE tissue
in sites outside the uterine cavity

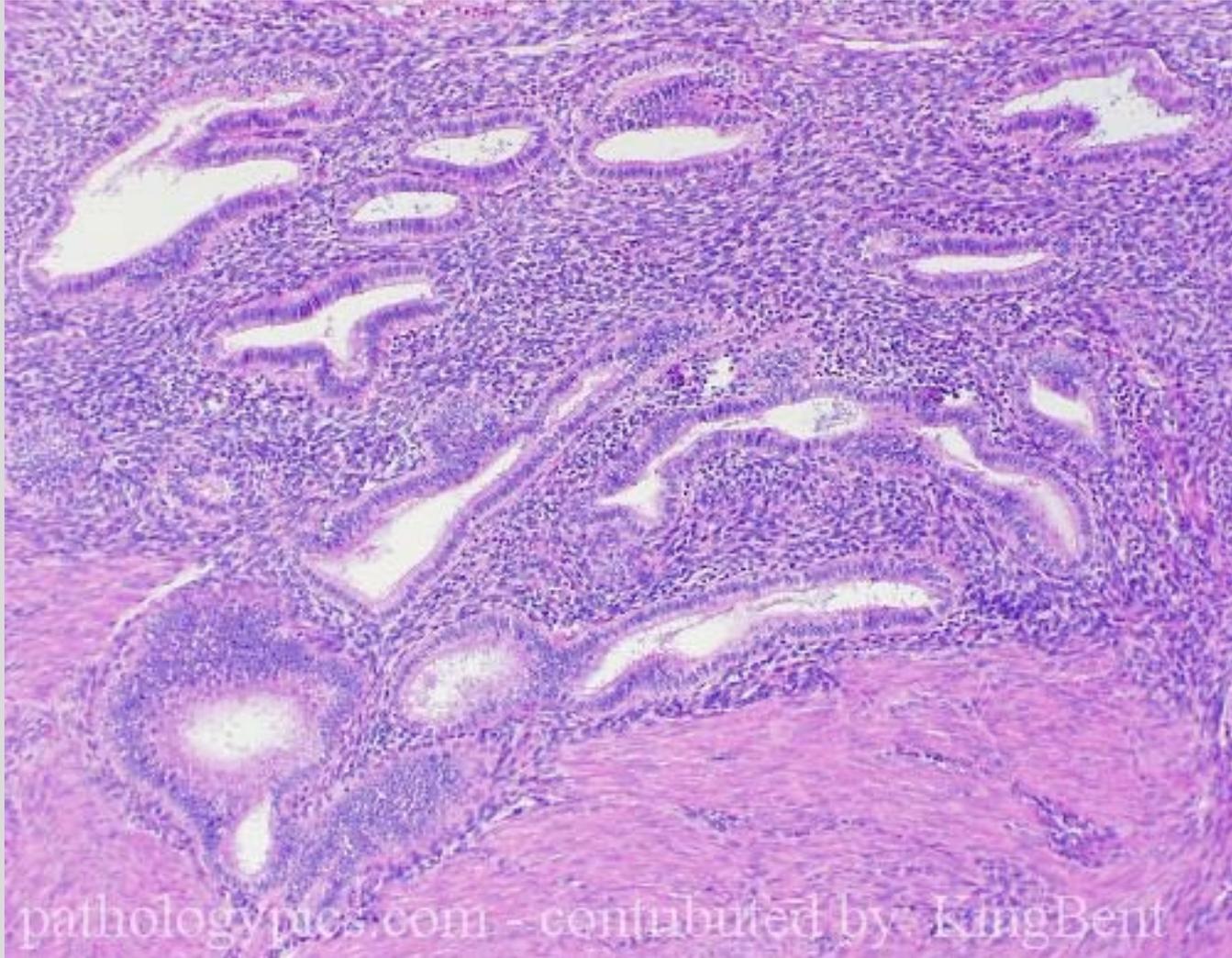
Histology

Glandular epithelial cells

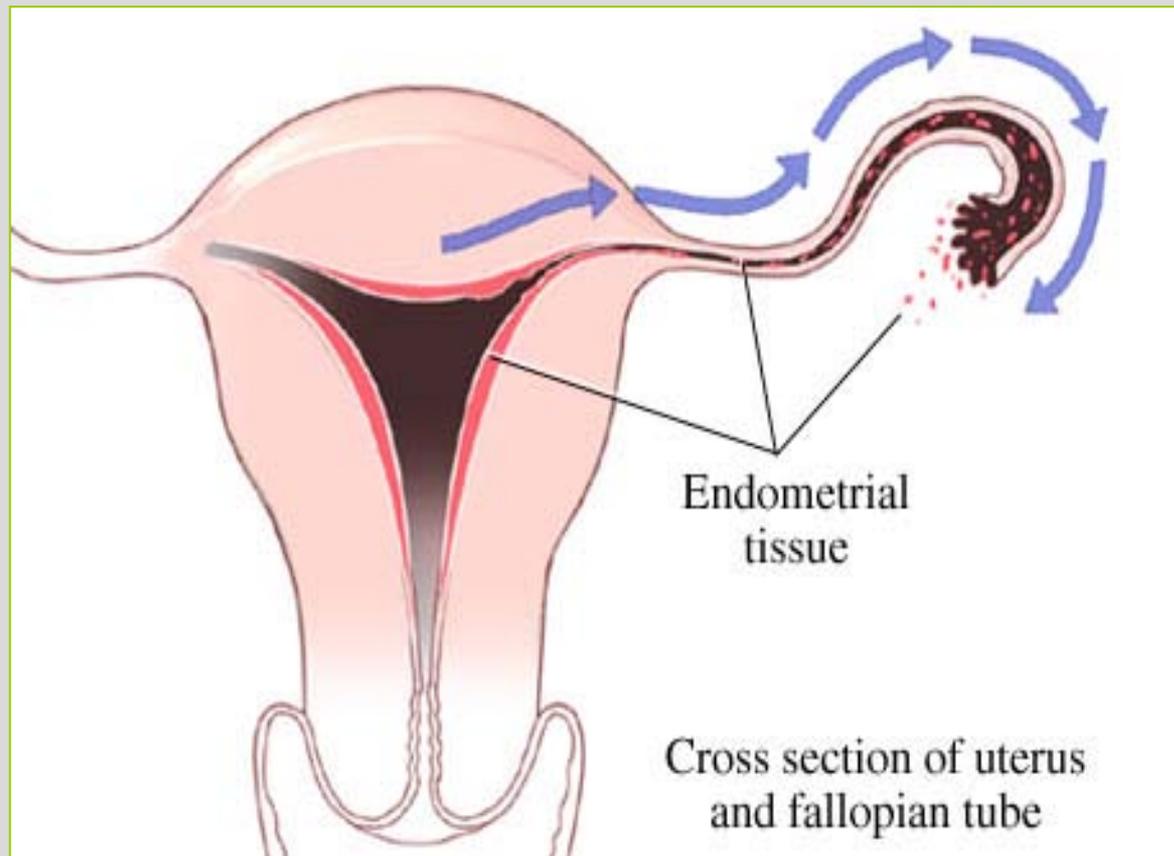
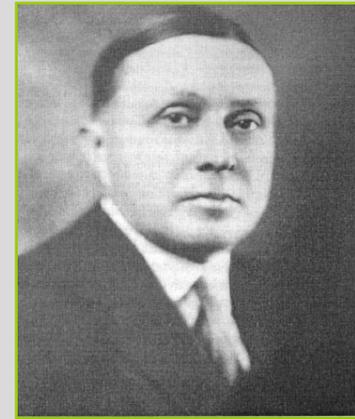
Stromal cells



Endometrium



Sampson theory? - 1927



Supporting Sampson (1)

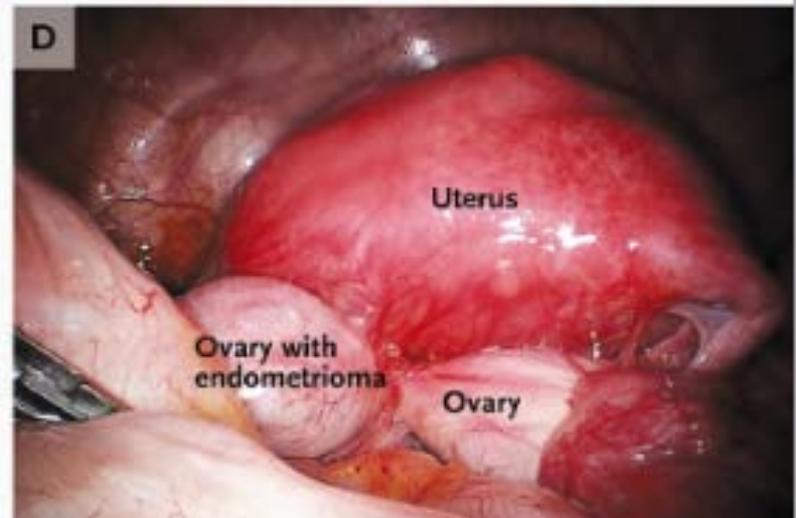
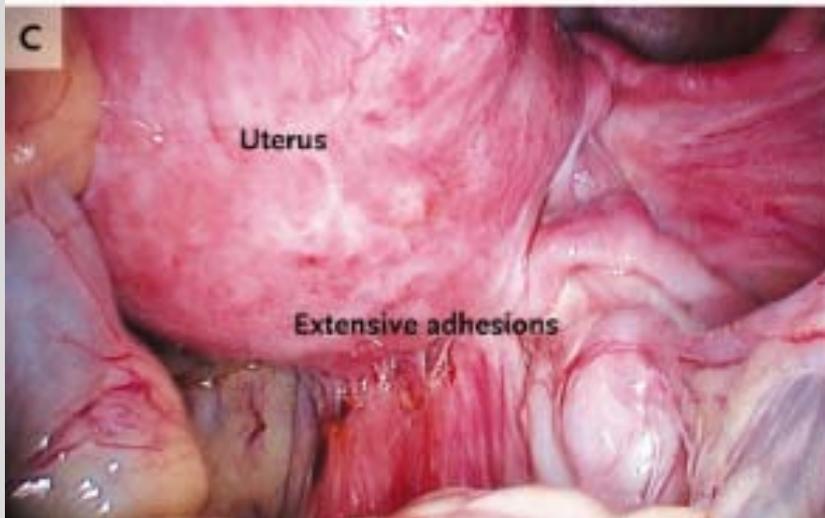
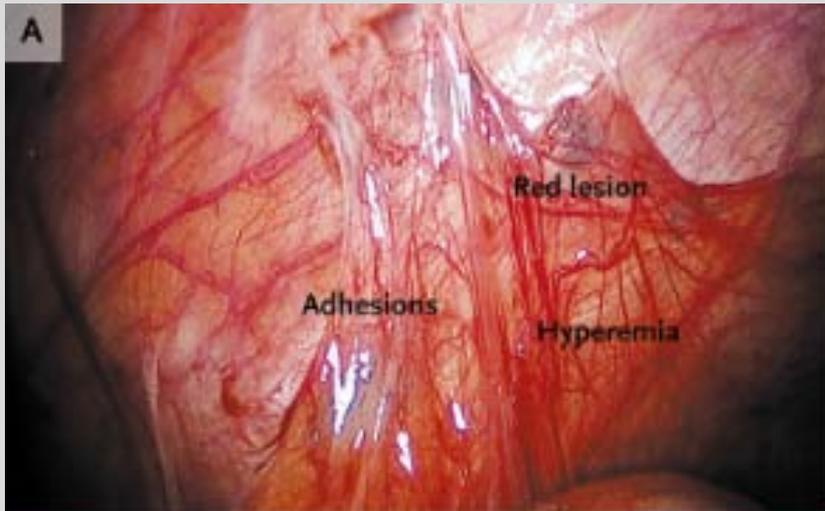
Higher incidence:

- short menstrual cycles
- increased duration of bleeding
- decreased parity
- obstructed outflow (Müllerian anomalies)

Supporting Sampson (2)

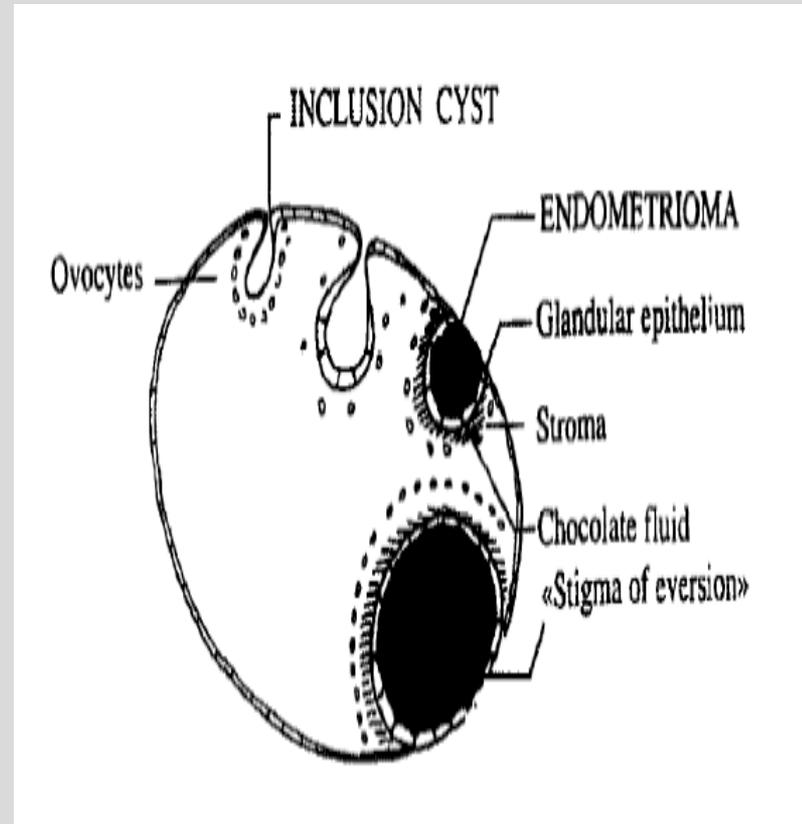
- The anatomical distribution of the disease is predominantly in dependent areas of the pelvis
- 90% of women (with patent tubes) have blood in peritoneal fluid at time of menstruation
- **Problem** – although most women have retrograde menstruation most do not have endometriosis

Clinical presentation

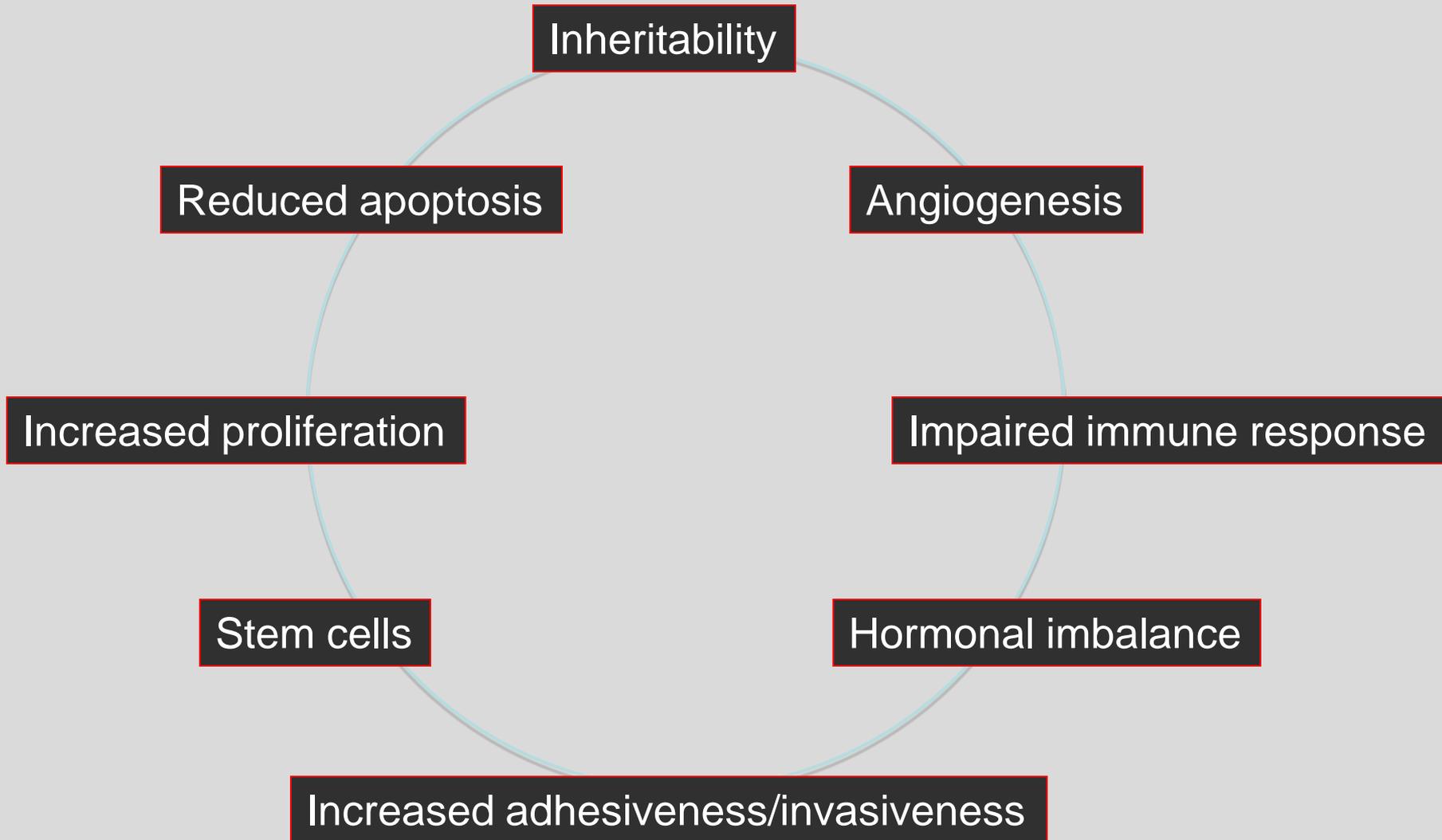


Coelomic metaplasia

- Starts with invagination of mesothelium
- Mesothelial inclusions
- Metaplastic process



Possible mechanisms



Disease progression

Always progressive – self curing?

Second look (24 wks) laparoscopy (gestrinone)

Placebo group		95% CI
Disease improved	29%	9 - 50
Disease eliminated	24%	4 - 43

Disease progression

Second look (6 months) laparoscopy (surgery)

Diagnostic laparoscopy group	n	%
Disease progressed	8	45
Disease unchanged	6	33
Disease improved	4	22

Minimal endometriosis



—
2 mm

- All ectopic endometrium = disease?
- Only physiological variant?
- Transient phenomenon?

What is the definition of a normal pelvis?

Microscopic endometriosis

Macroscopic endometriosis	No evidence of disease	
11%	6%	Balasz et al., 1996
13%	6%	Nisolle et al., 1990

One disease?



Peritoneal
endometriosis

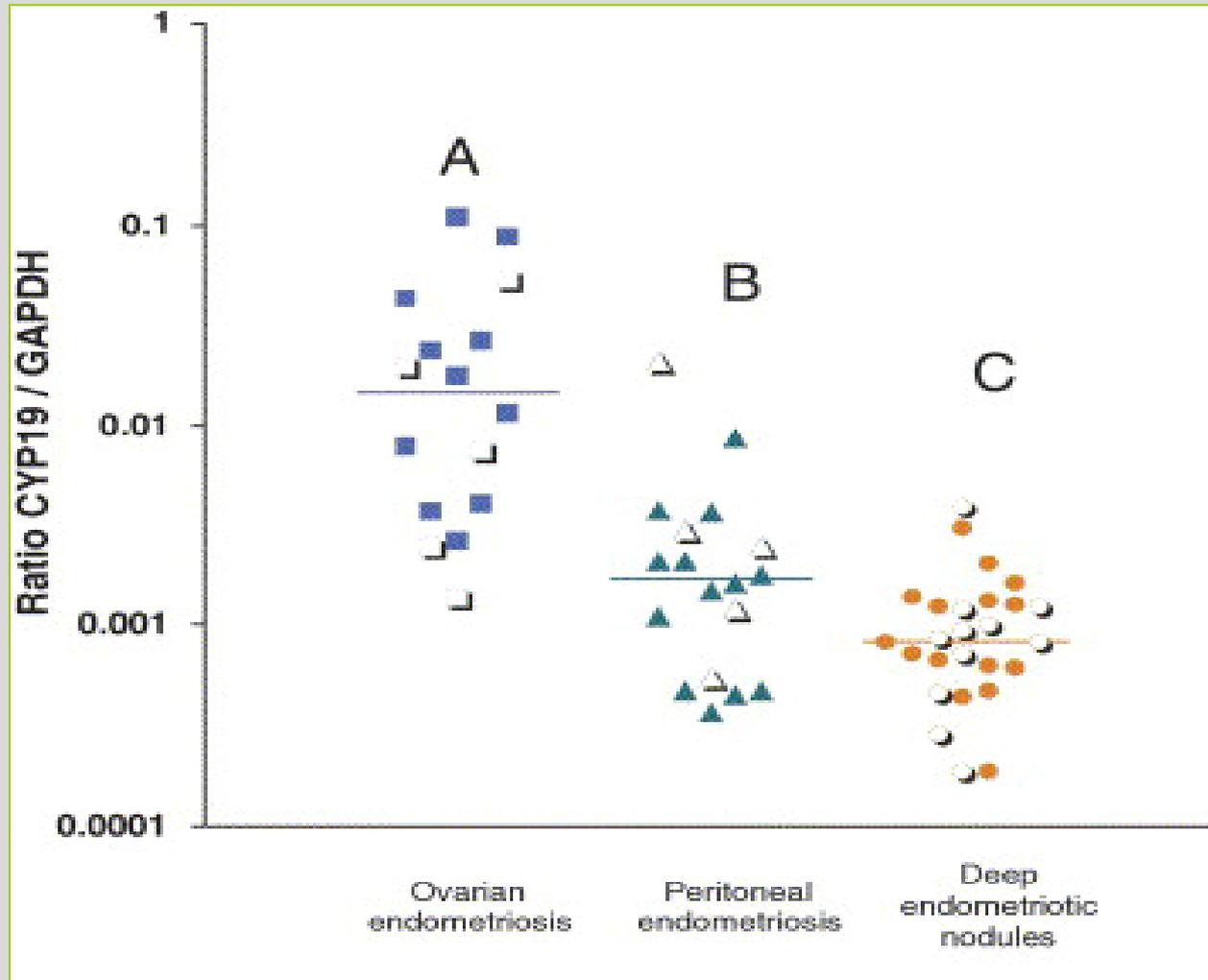


Ovarian
endometriosis



Recto-vaginal
endometriosis

Distribution of aromatase in endometriosis tissue



Peritoneum

Peritoneum

- *Peritonaion* = stretch around (gr.)
- Serous, semi-permeable membrane 1 - 2 m²
- 100 ml serous transudate daily
- 80% of lymphatic drainage through subdiaphragmatic lymph vessels
- Cavity closed in males, open in females (Fallopian tubes)
- Mesothelium
- Cubical epithelium (ovaries)
- Culumnar ciliated epithelium (fimbriae)

Peritoneum

Parietal peritoneum:

- Embryologically derived from the somato-pleural layer of the lateral plate of mesoderm
- Blood supply and innervation same as overlying body wall
- Pain sensitive (somatic innervation)

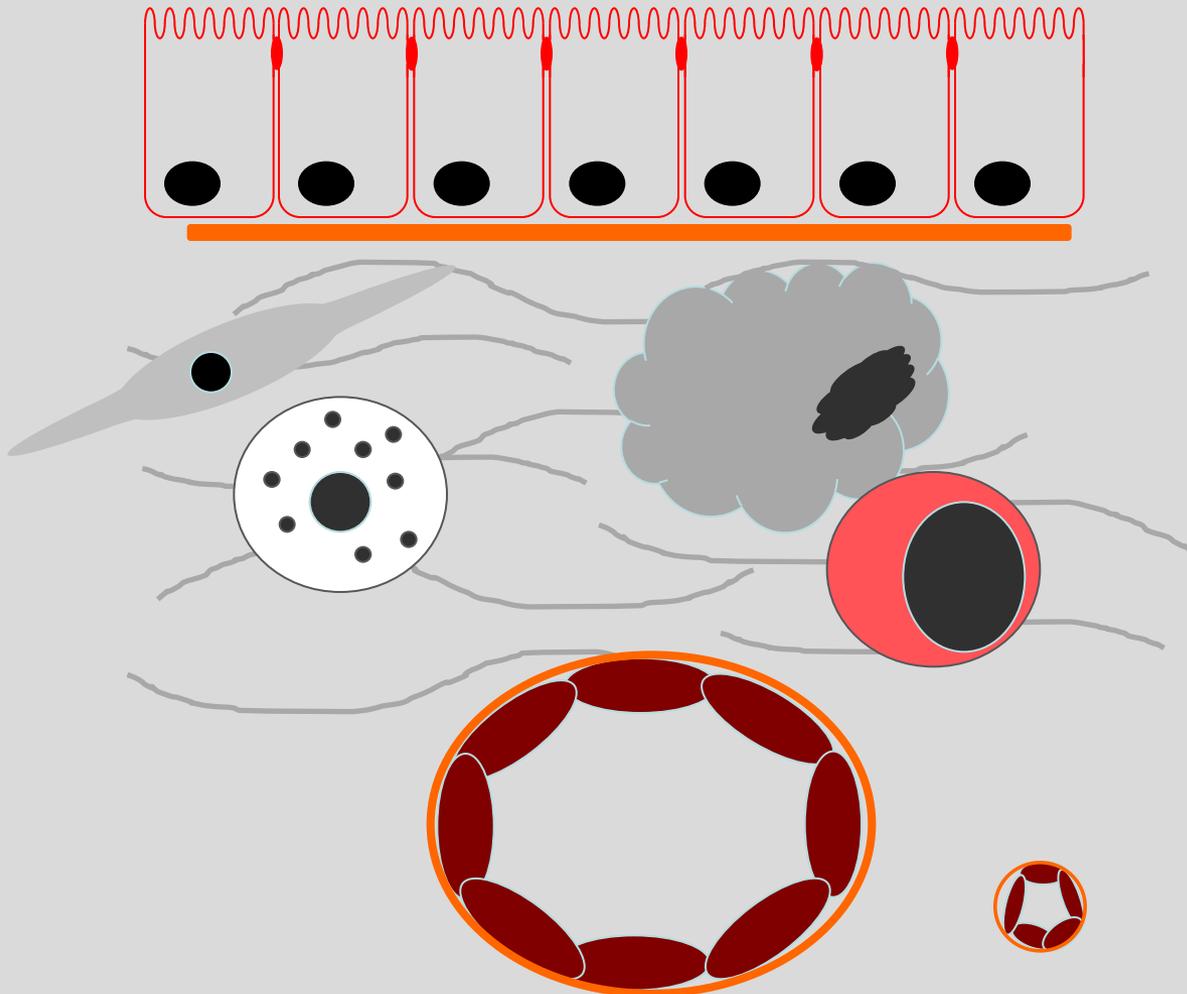
Visceral peritoneum:

- Embryologically derived from the splanchno-pleural layer of the lateral plate of mesoderm
- Blood supply and innervation same as underlying viscera
- Pain insensitive (autonomic innervation)

Peritoneal function

- Contains phagocytic cells
- Contains lymphocytes for humoral and cellular immune reaction
- Movements of viscera
- Absorption
- Storage of fat
- Transformation of mesothelial cells for wound healing

Peritoneum



Mesothelium

Basement membrane

Fibroblasts

Macrophages

Mast cells

Lymphocytes

Blood vessels

Lymph vessels

Origin of endometriotic cells

- Locally through transformation/differentiation
- Endometrium (Retrograde menstruation)
- Bone marrow
- Combination

Endometrial stem cells

Necessary growth factors:

Epithelial colony-forming units:

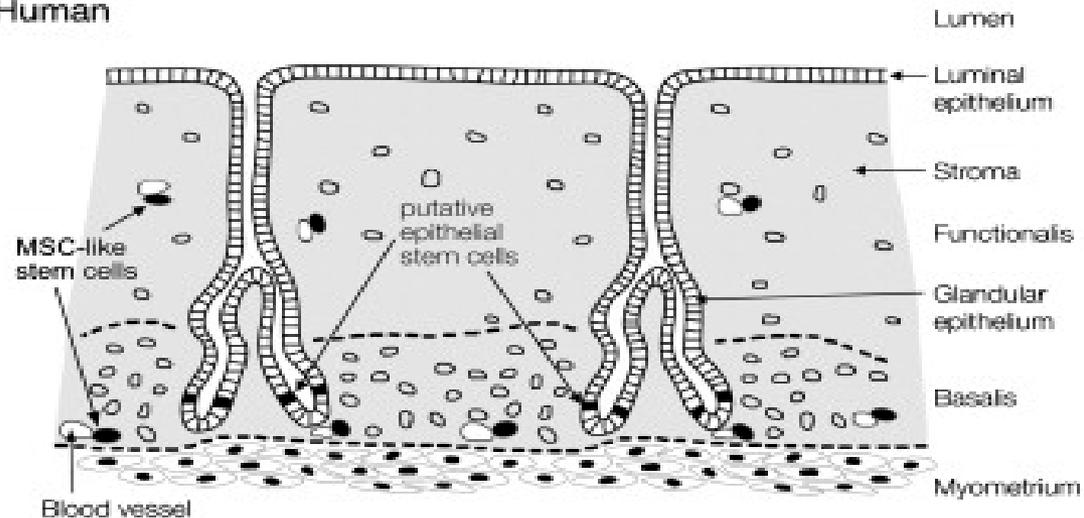
EGF
TGF- α
PDGF-BB

Stromal colony-forming units:

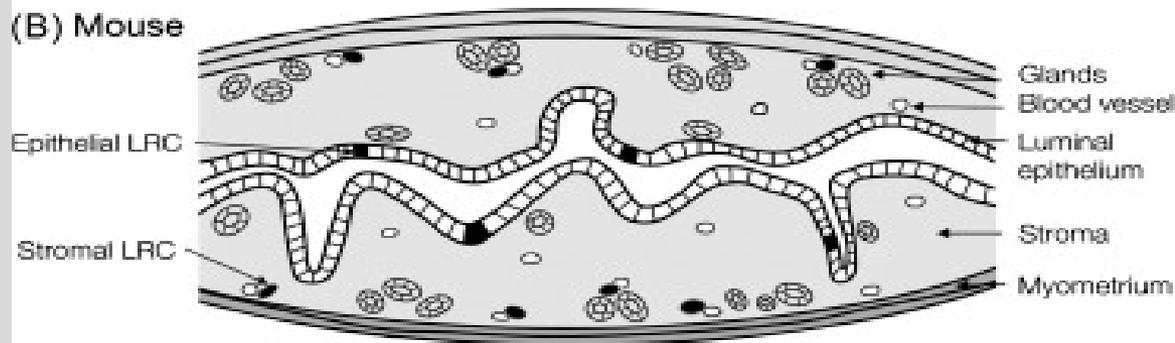
EGF
TGF- α
PDGF-BB
bFGF

Side populations

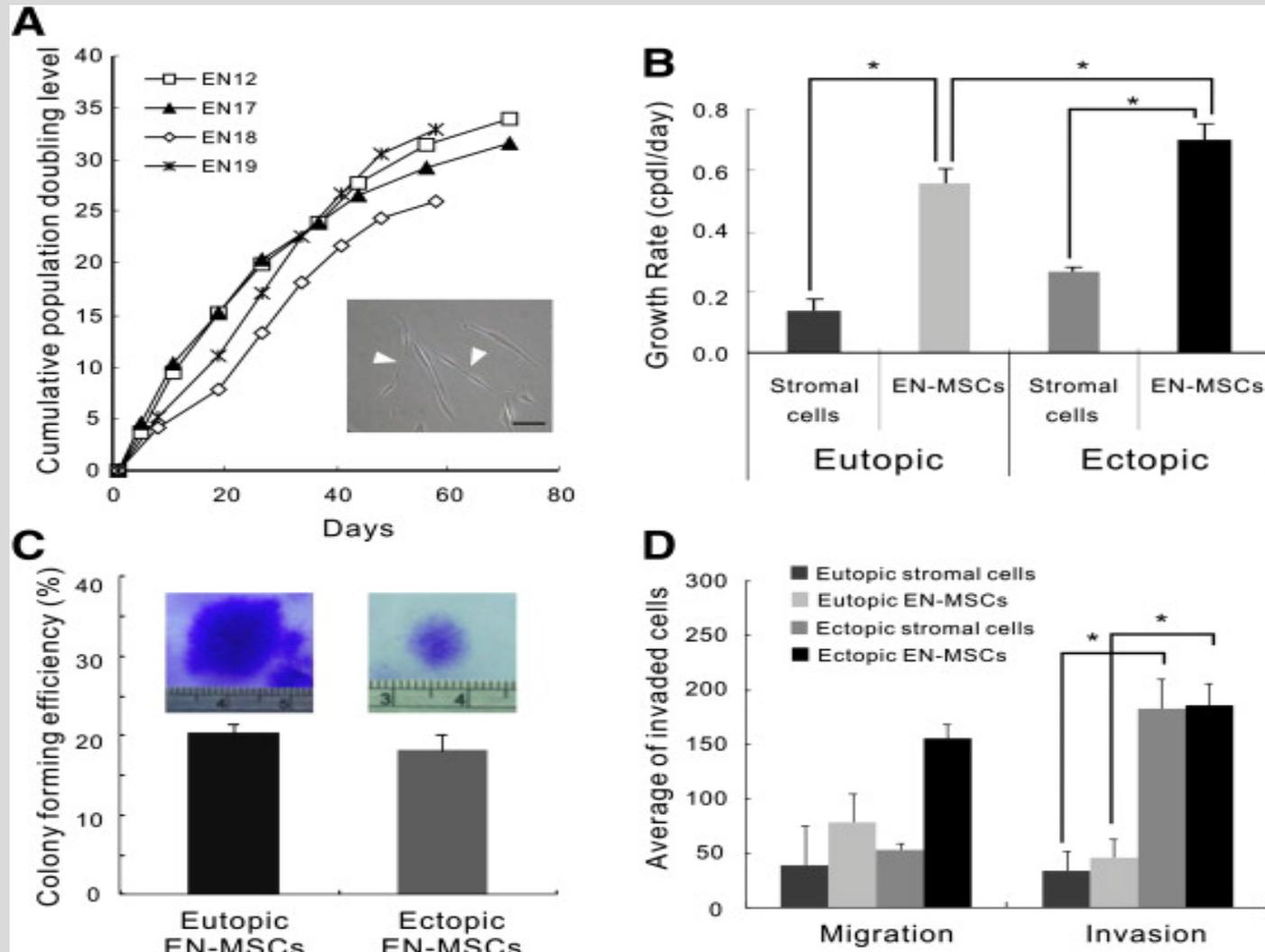
(A) Human



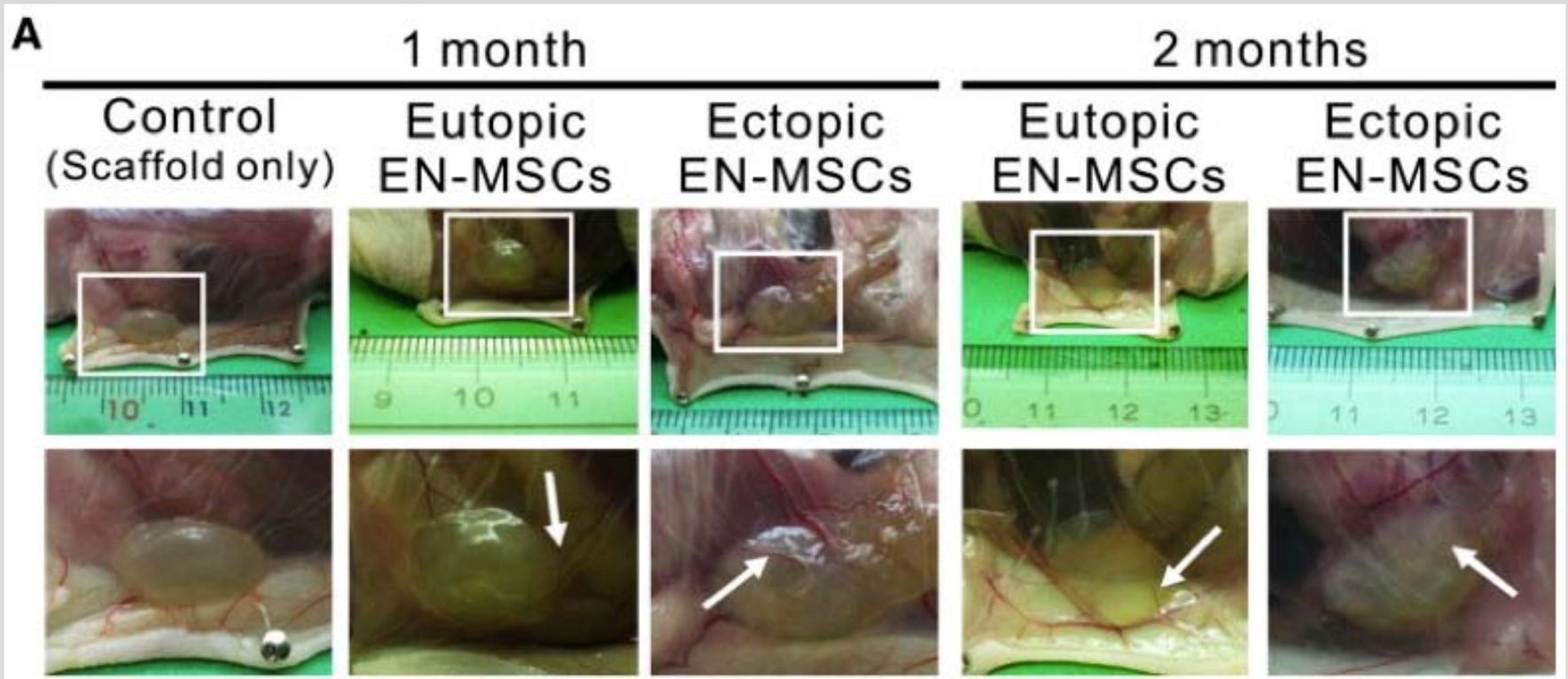
(B) Mouse



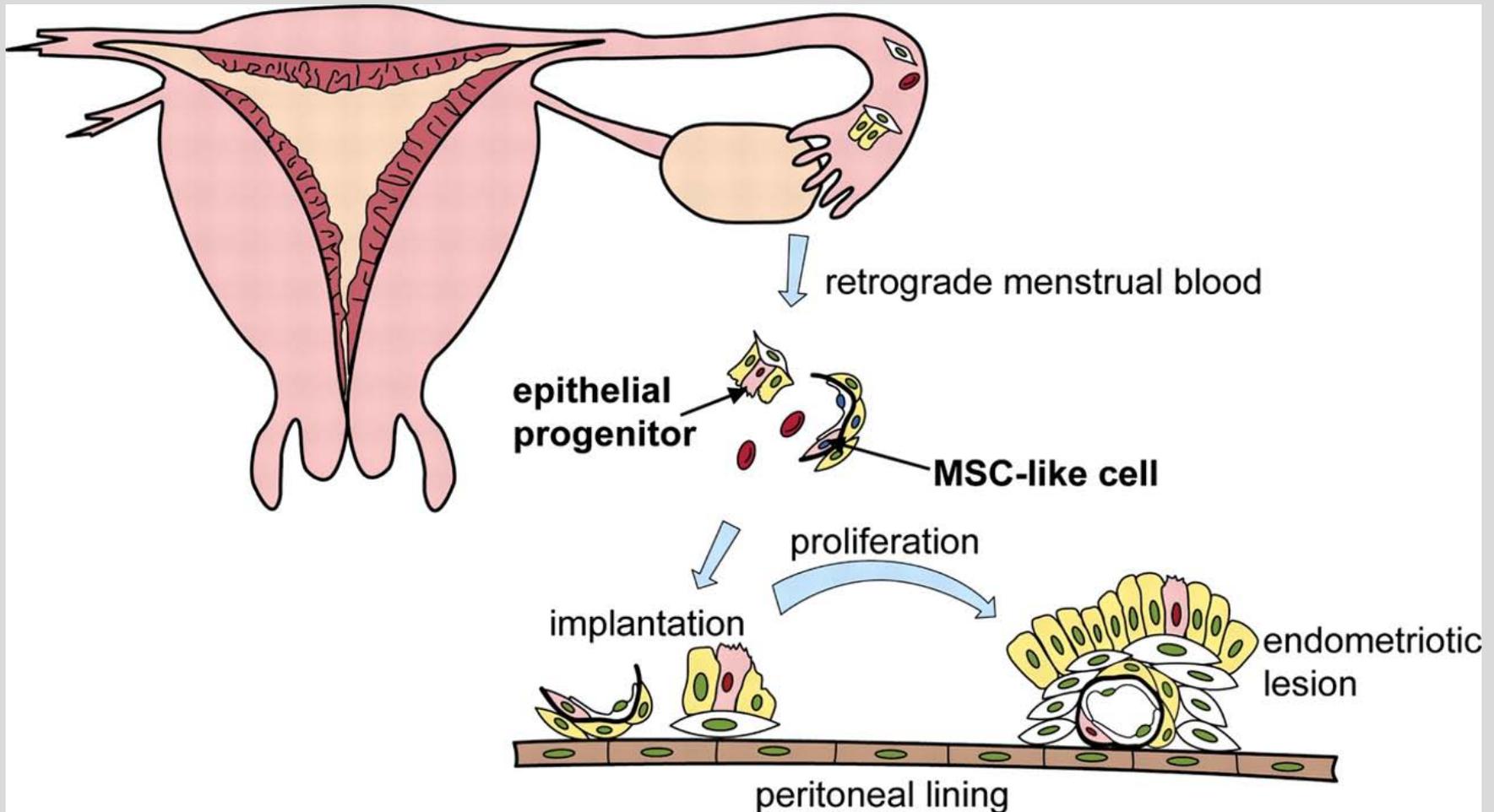
Comparative study of human eutopic and ectopic endometrial mesenchymal stem cells



Comparative study of human eutopic and ectopic endometrial mesenchymal stem cells

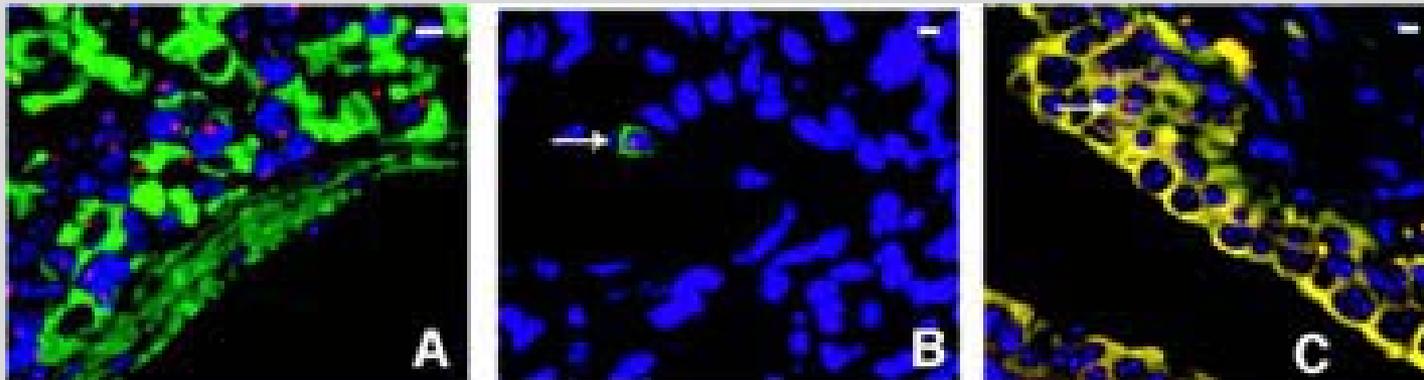
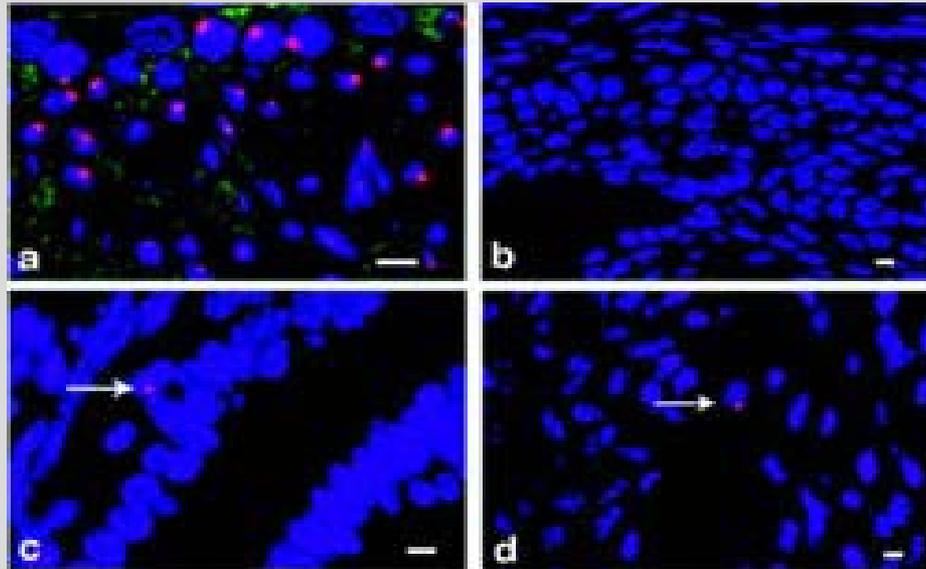


Possible role of endometrial stem/progenitor cells in the pathogenesis of endometriosis.



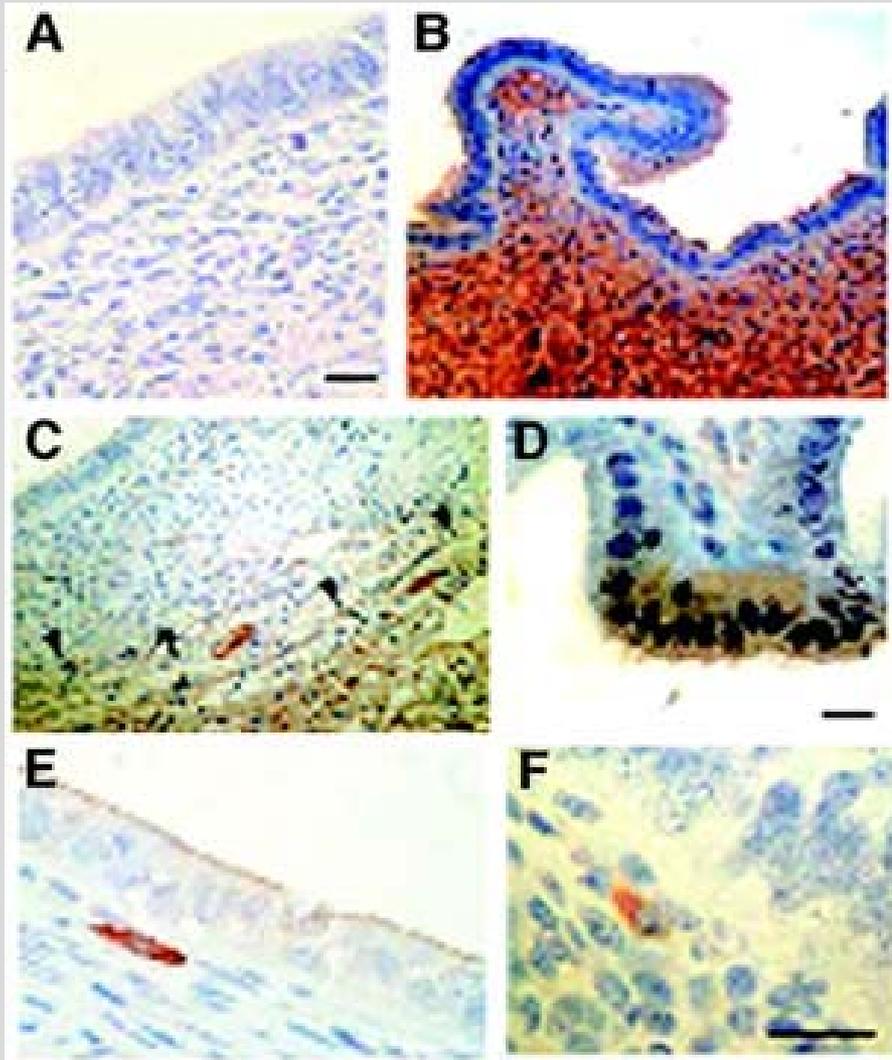
Bone marrow origin

Male-to-female
BM transplantation
model



Red = Y chromosome
Green = CD45
Blue = Nuclei
Yellow = Cytokeratin

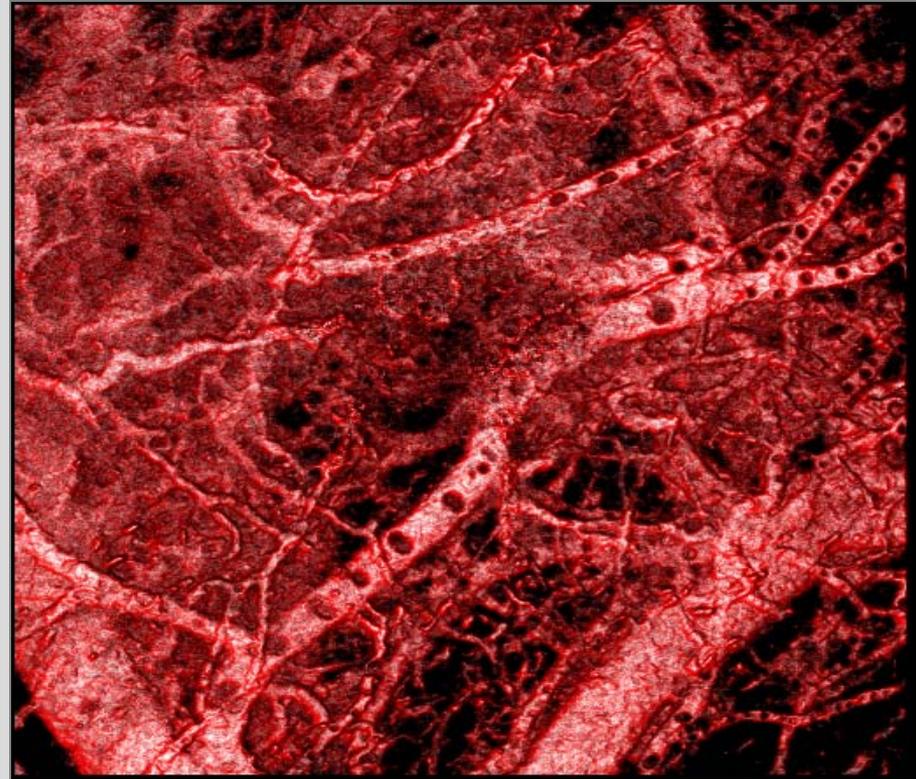
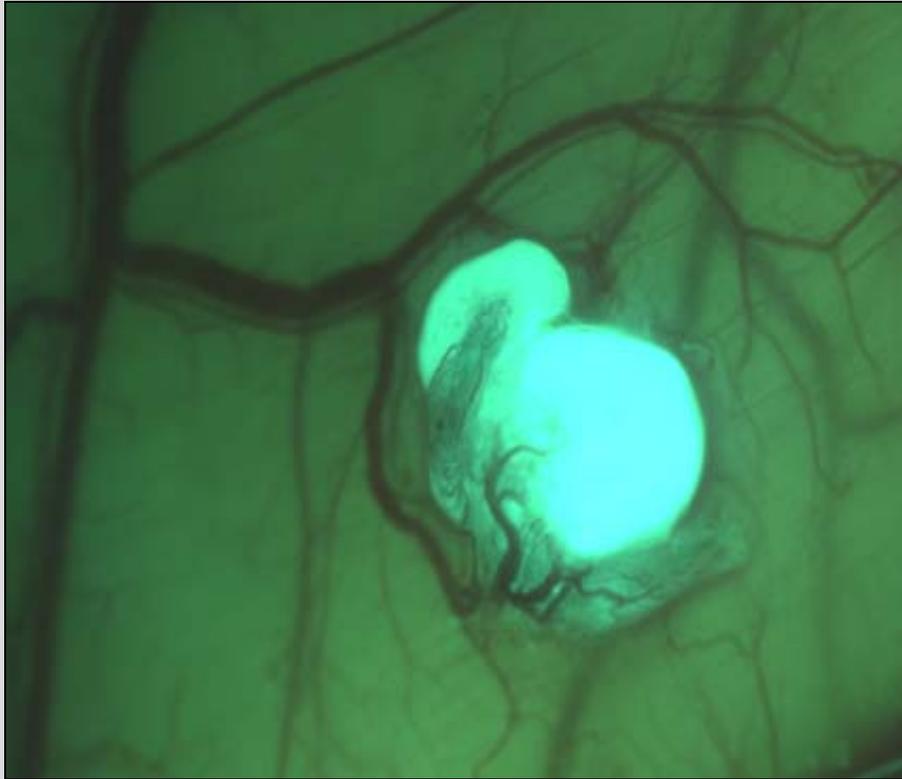
Bone marrow origin



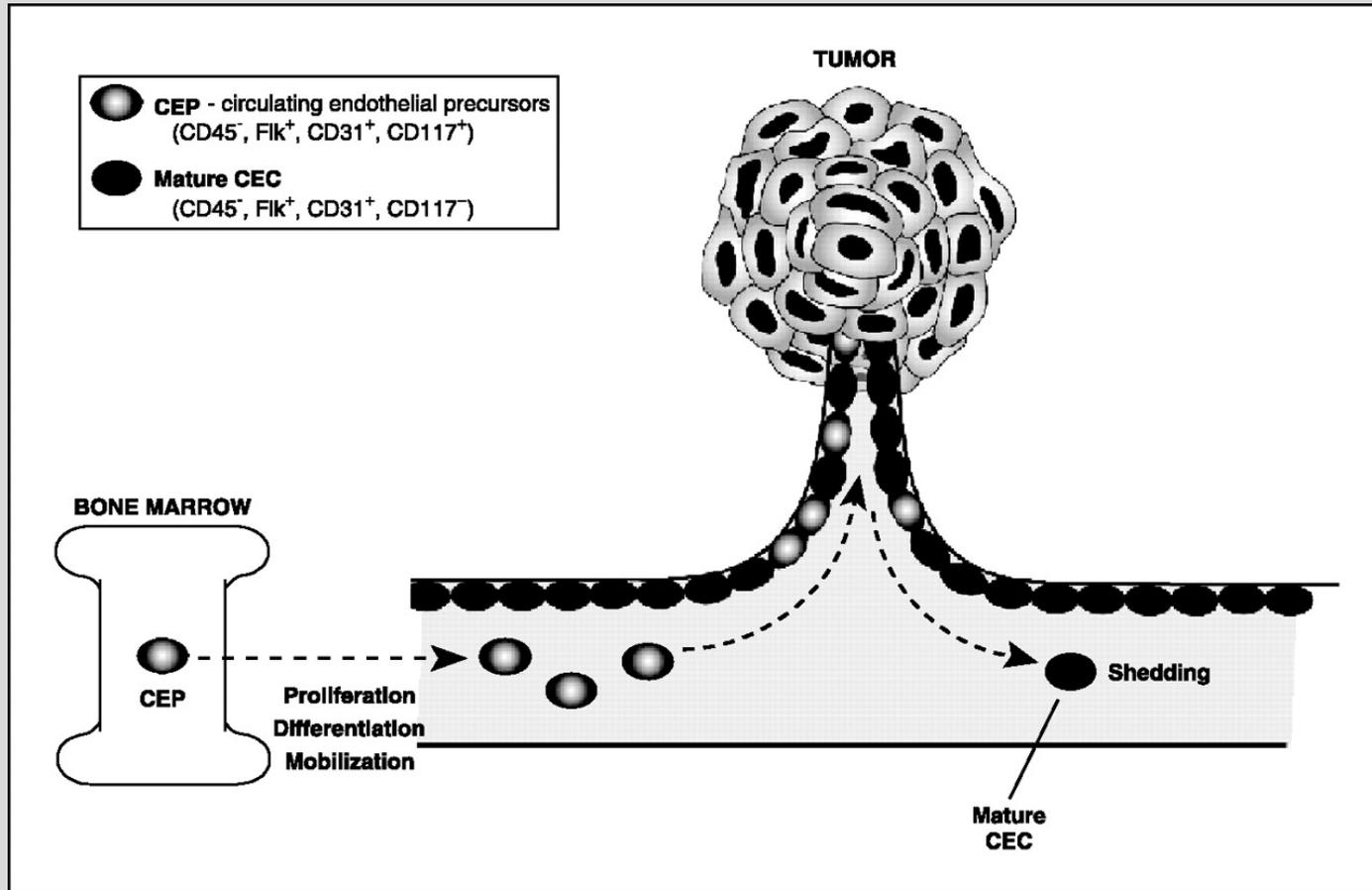
- LacZ endometriosis transplantation model
- Endometriosis auto-transplantation

➔ Incorporation of BM-derived stem cells into endometriosis-like lesions

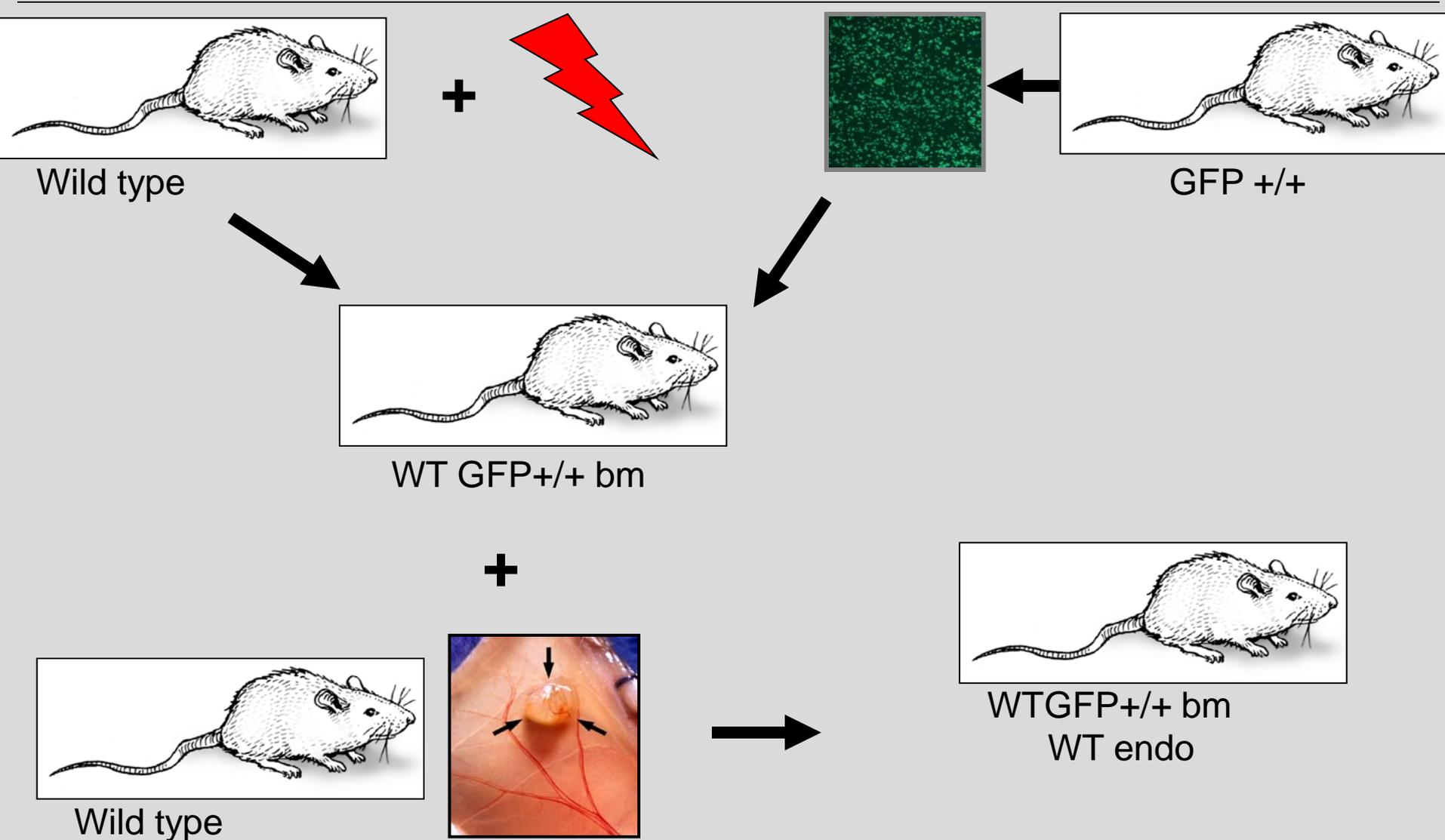
Angiogenesis



Endothelial progenitor cells

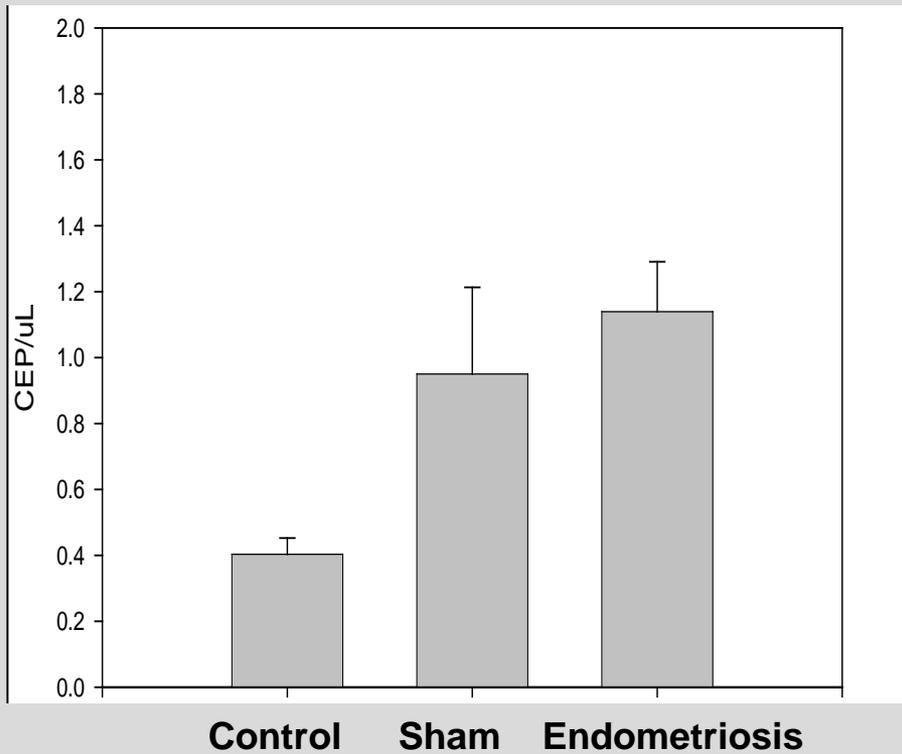


GFP +/+ bone marrow



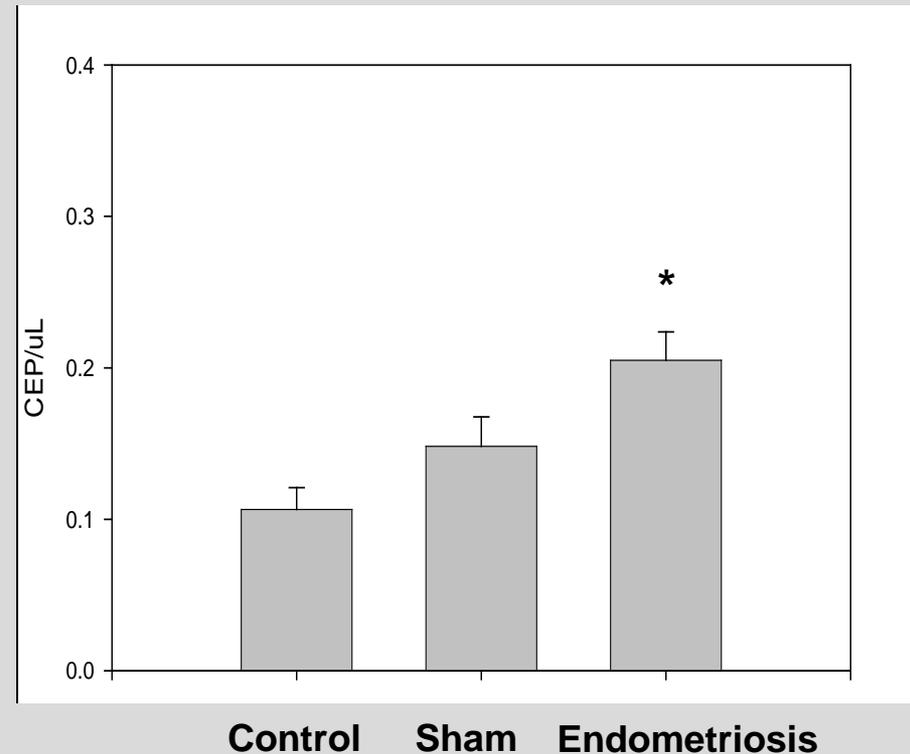
CEP in endometriosis model (C57BL/6 mice)

4 Lesions



1 week post surgery

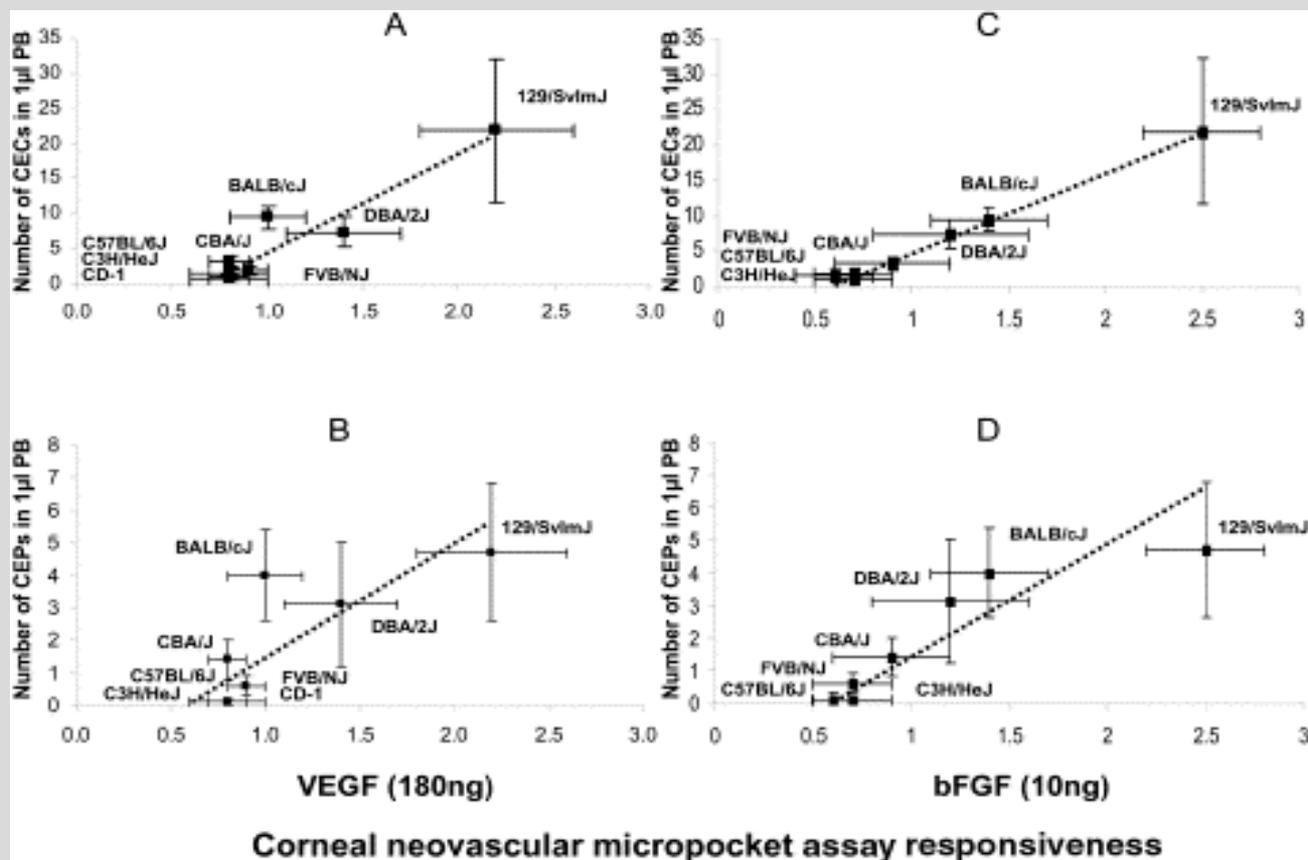
6 Lesions



1 week post surgery

Genetic heterogeneity of the vasculogenic phenotype parallels angiogenesis: Implications for cellular surrogate marker analysis of antiangiogenesis

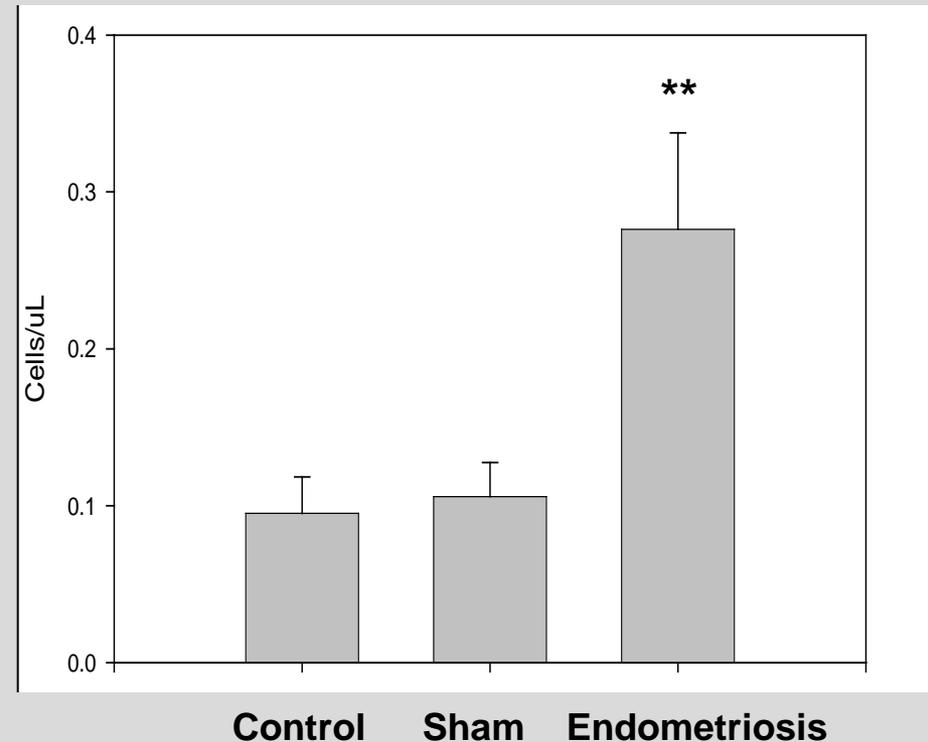
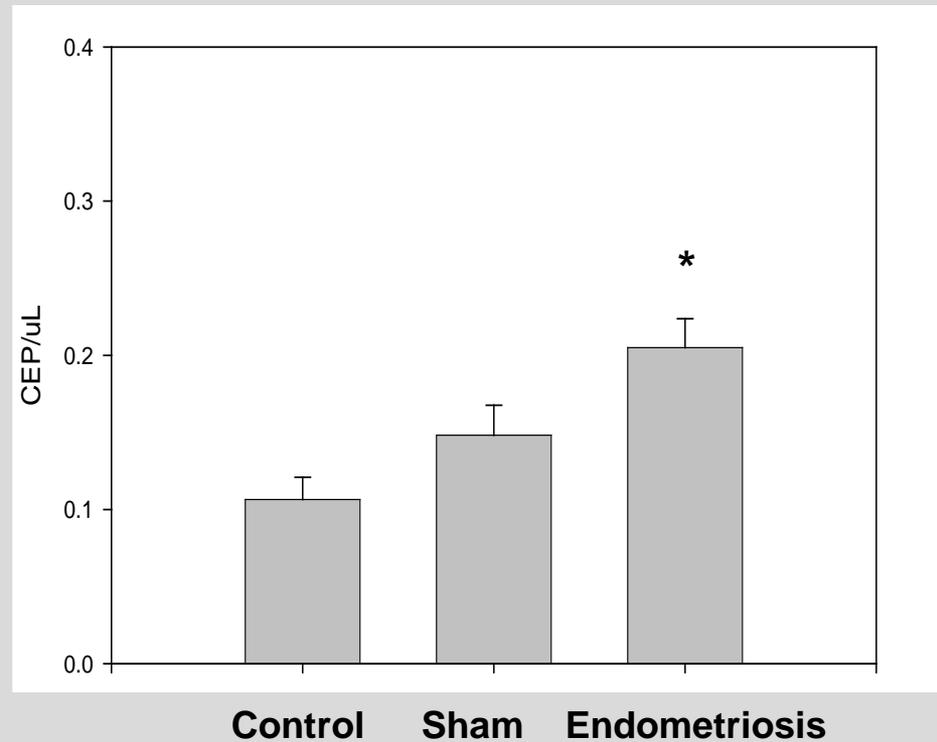
Yuval Shaked,¹ Francesco Bertolini,² Shan Man,¹ Michael S. Rogers,³ Dave Cervi,^{1,4} Thomas Foutz,² Kimberley Rawn,¹ Daniel Voskas,^{1,4} Daniel J. Dumont,^{1,4} Yaacov Ben-David,^{1,4} Jack Lawler,⁵ Jack Henkin,⁶ Jim Huber,⁷ Daniel J. Hicklin,⁷ Robert J. D'Amato,³ and Robert S. Kerbel^{1,4*}



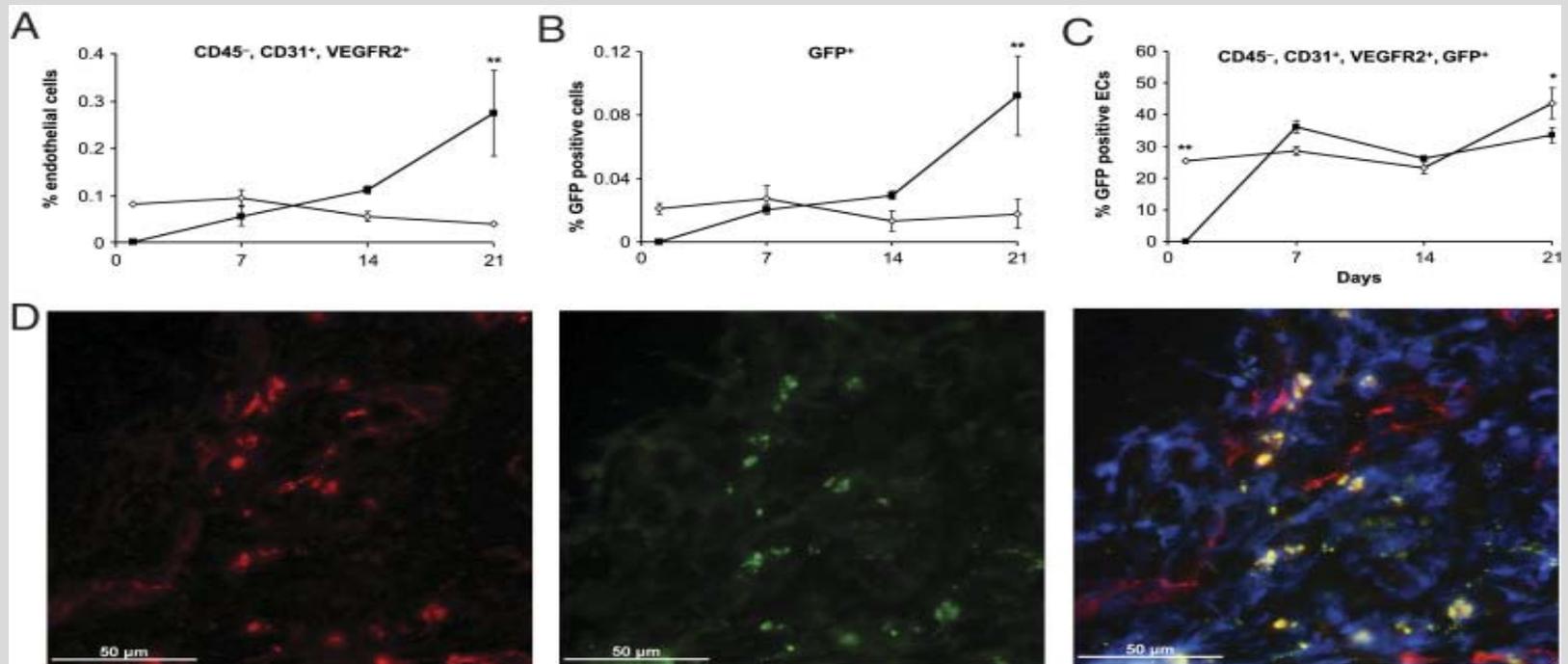
CEP in endometriosis model (6 lesions)

C57BL/6 mice

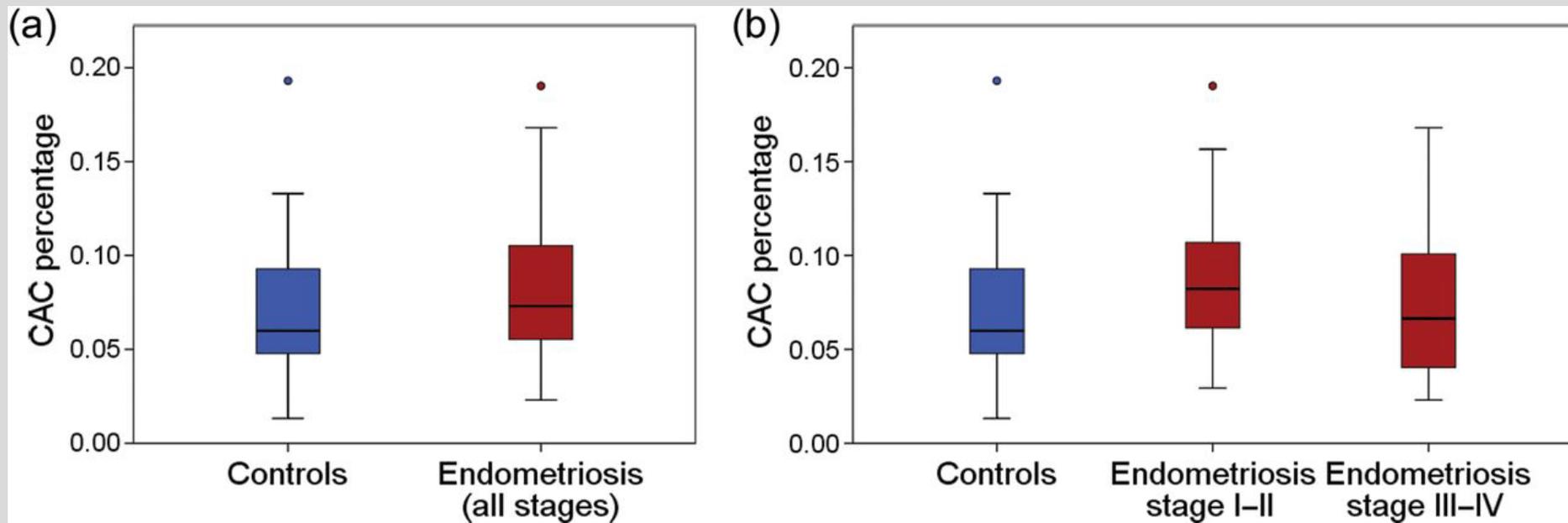
129SvJ mice



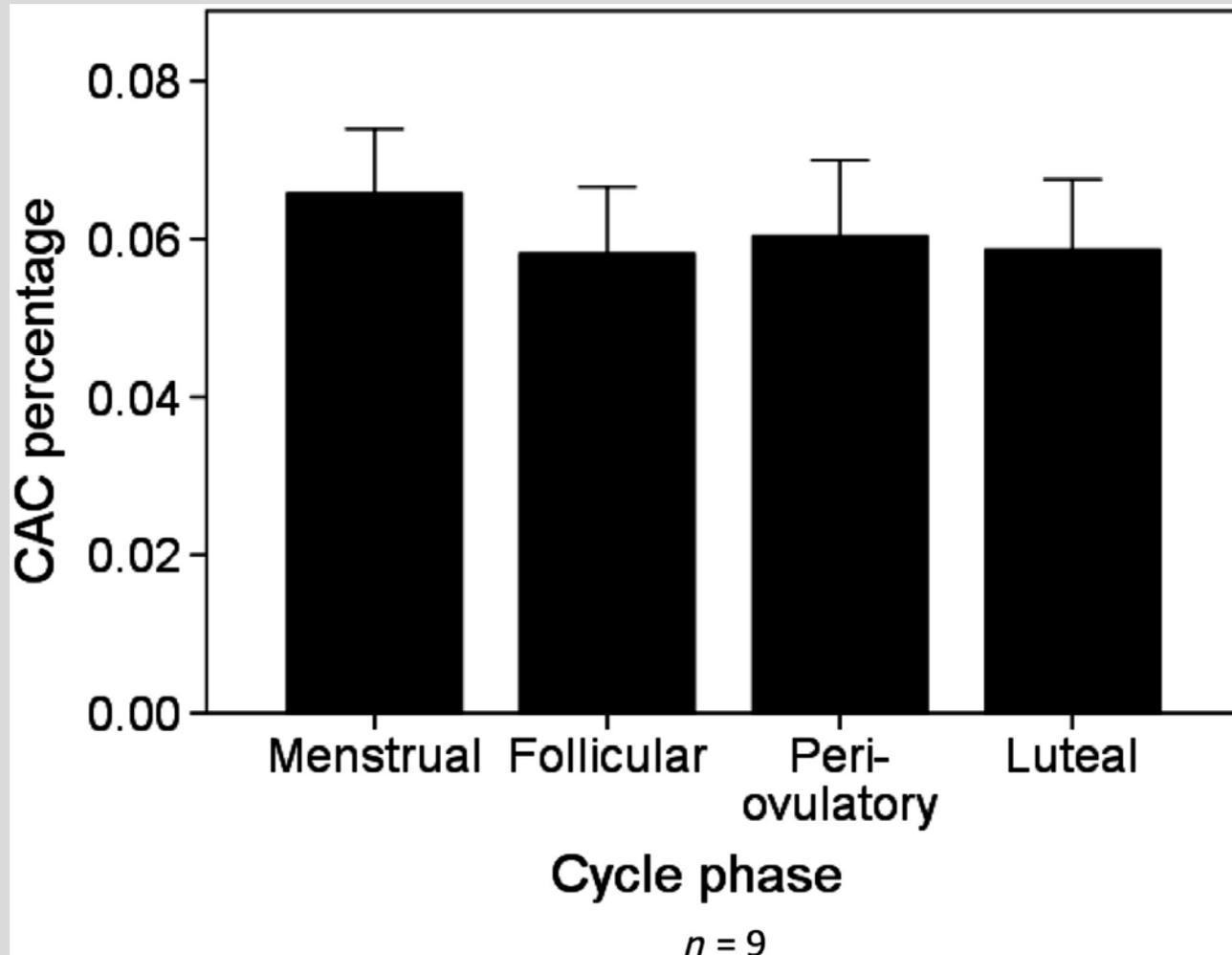
Bone marrow origin



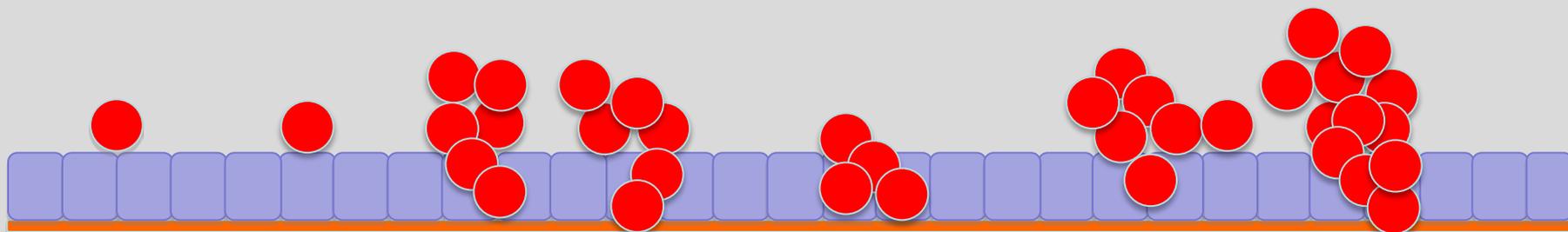
CAC levels in women with and without endometriosis



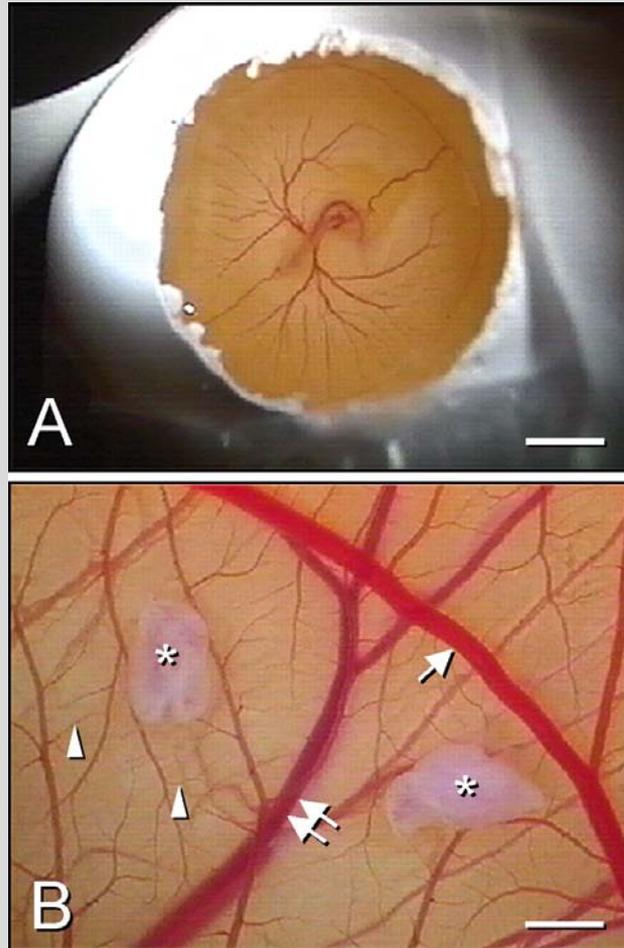
CAC levels in healthy women throughout the menstrual cycle



Mechanism



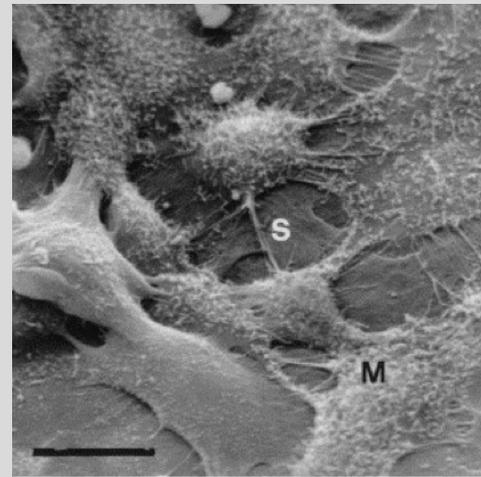
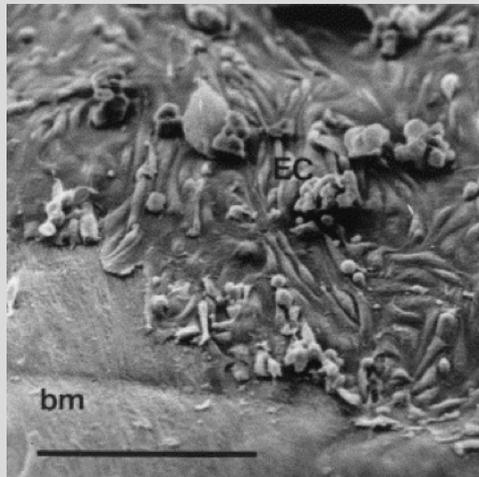
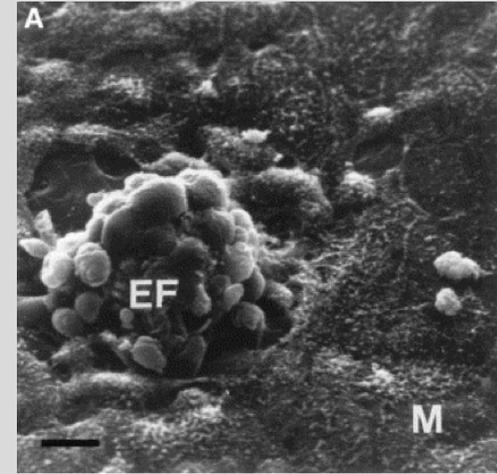
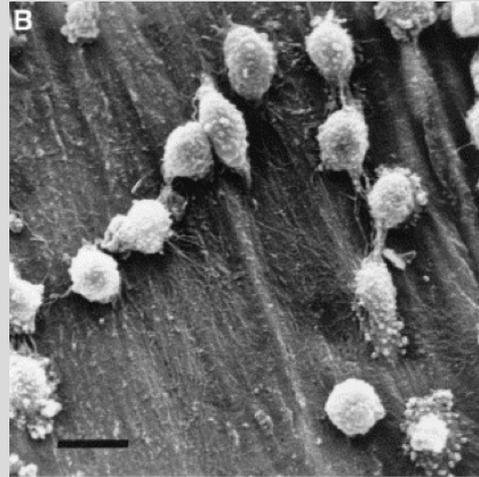
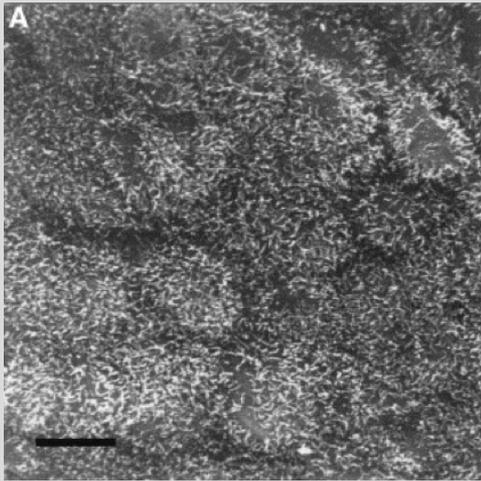
Mesothelial-epithelial interaction



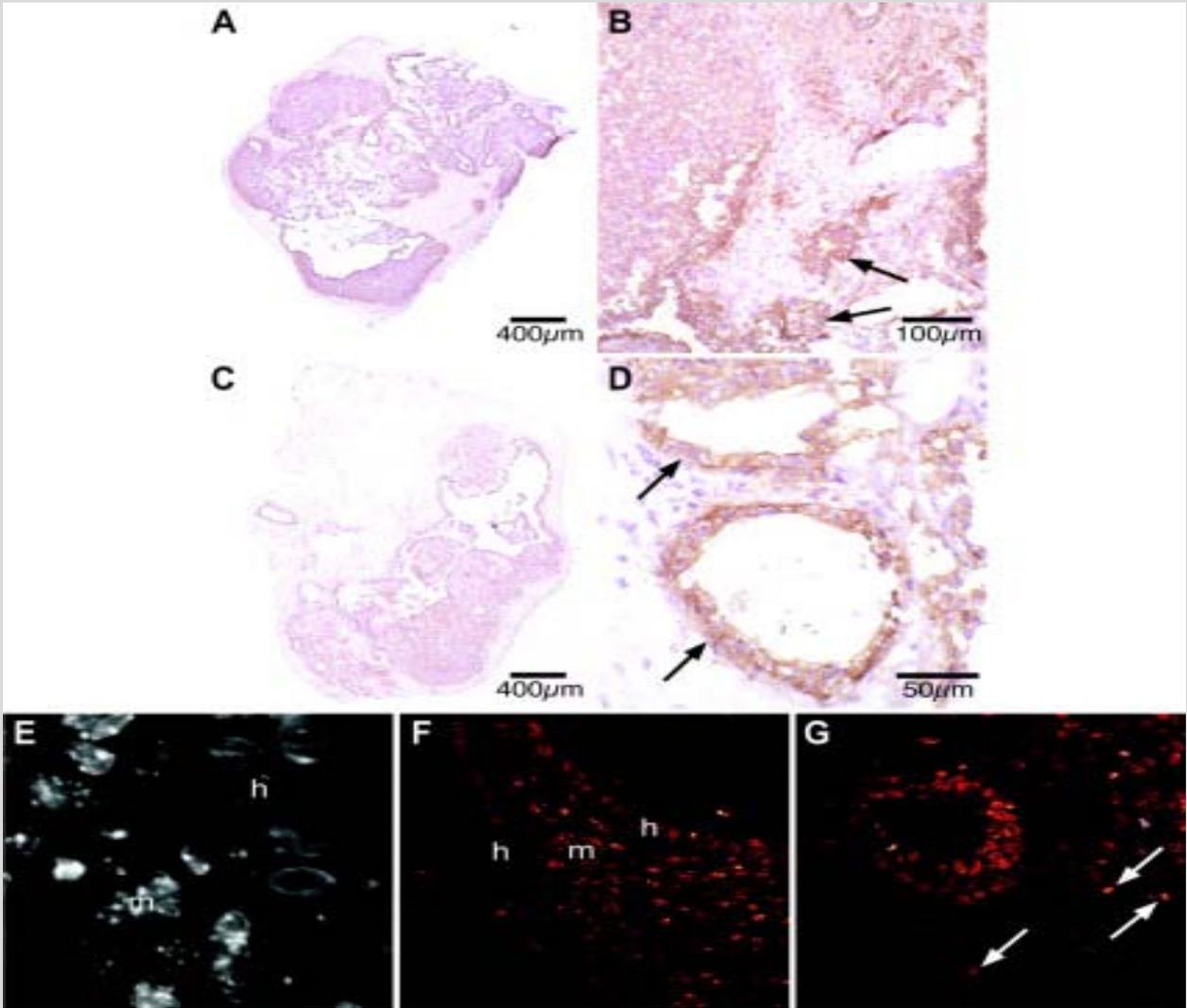
Impact of tissue integrity on infiltration and endometriosis-like lesion formation in the chorioallantoic membrane (CAM)

Endometrium	No. of CAM	Infiltration	Lesion
Biopsied cyclic endometrium	19	14 (74)	13 (68)
Biopsied menstrual endometrium	18	14 (78)	12 (67)
Endometrial cells isolated from menstrual effluent collected in Keeper	50	0 (0)*	0 (0)*
Tissue fragments in menstrual effluent collected in Keeper	16	10 (63)	7 (44)**
Collagenase digested biopsied cyclic endometrium	45	24 (53)**	1 (2)*
Biopsied menstrual endometrium, stored in Keeper	13	10 (77)	9 (69)
Biopsied menstrual endometrium, stored in Keeper, processed as menstrual effluent	11	6 (55)	4 (36)**

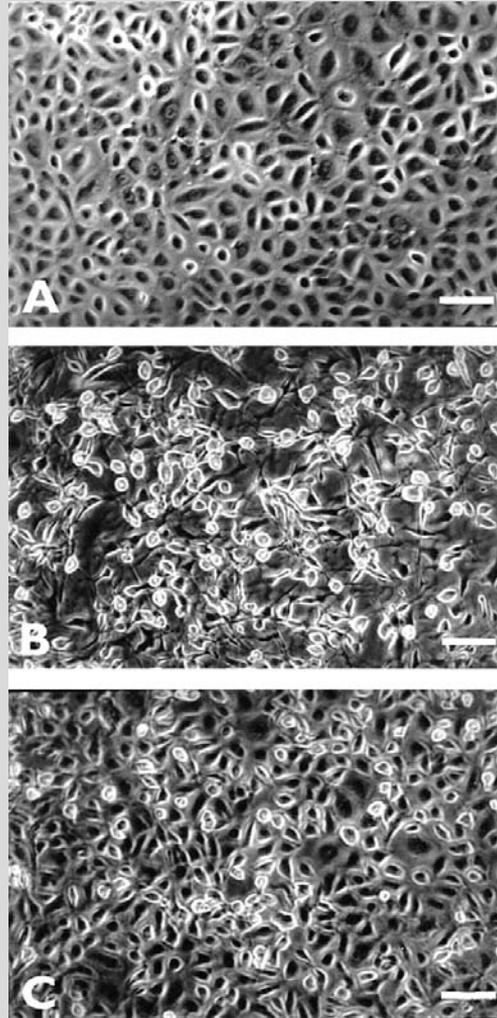
Mesothelial-epithelial interaction



Mesothelial-epithelial interaction

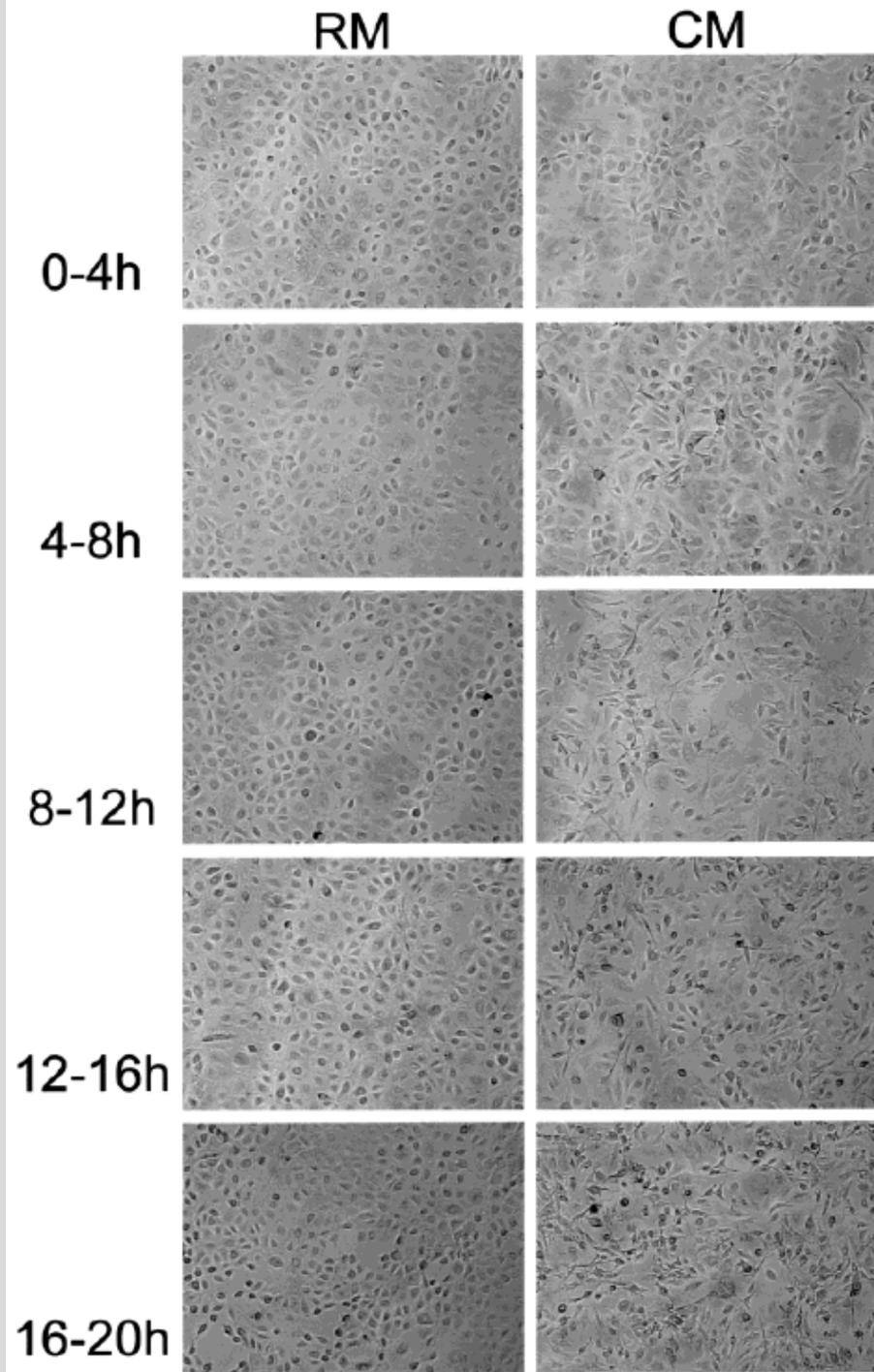


Light micrographs of HOMECE after overnight co-incubation with conditioned medium.



Epithelial mesenchymal transformation (EMT)

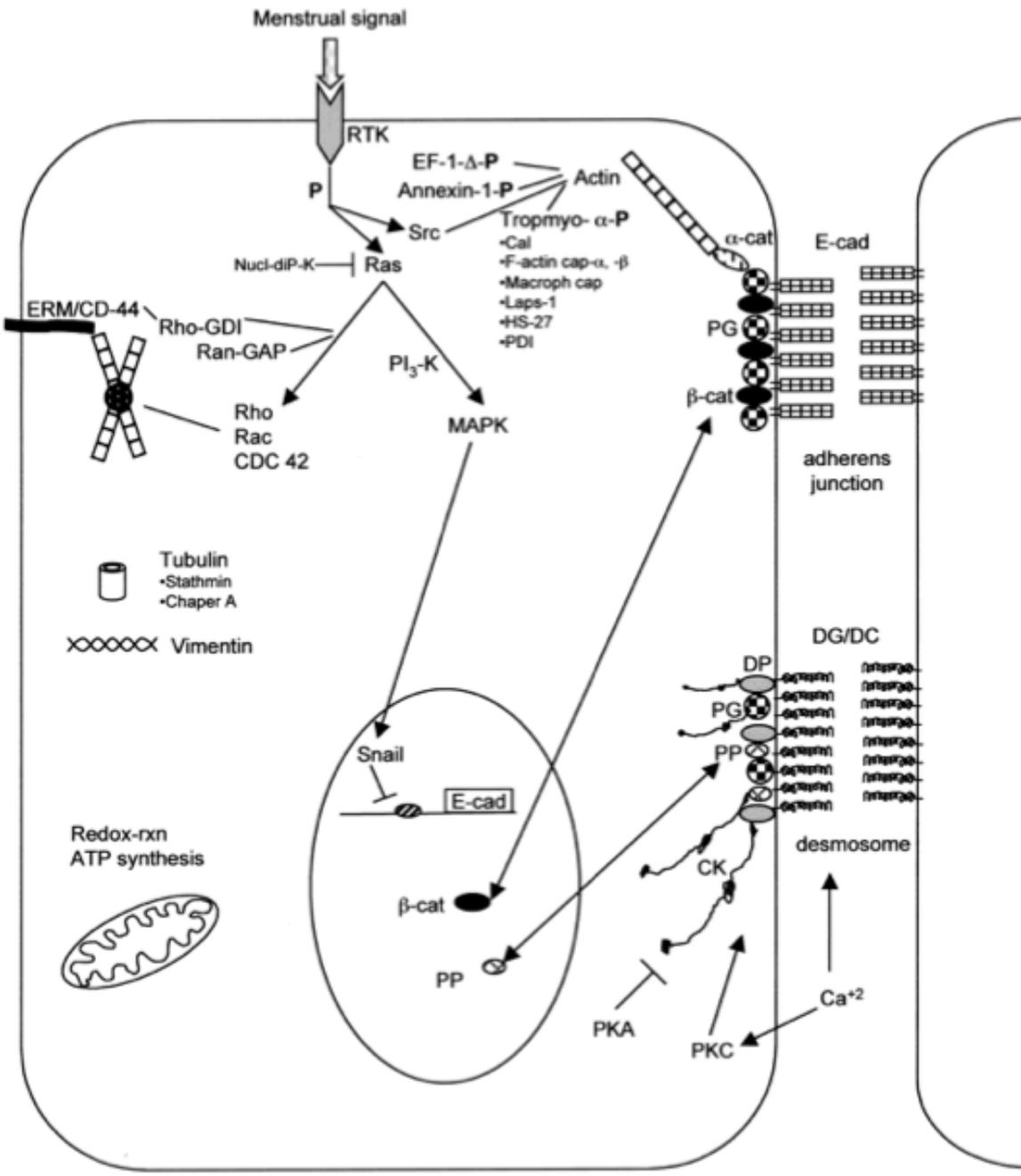
Omental mesenchymal cells incubated with normal or conditioned media (from antegrade menstruation blood)

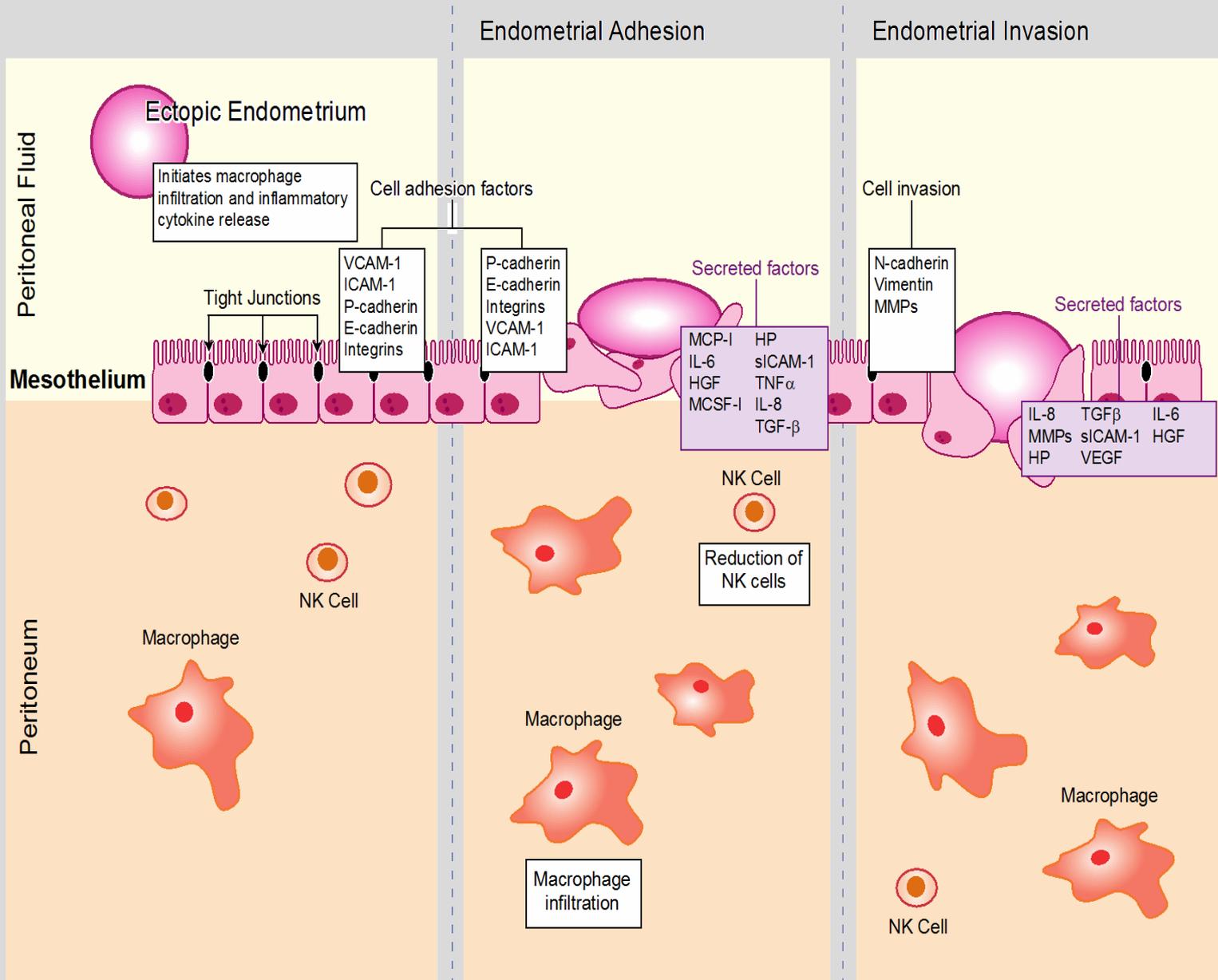


Differential expression and phosphorylation of mesothelial proteins.

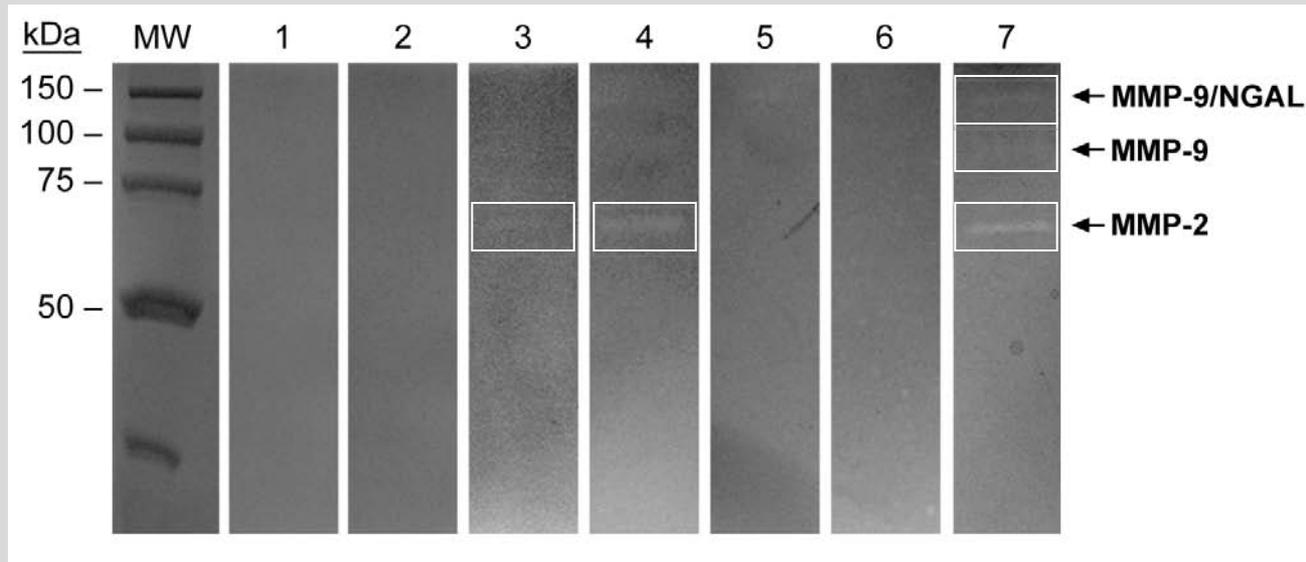
Expression of 35 proteins was altered:

- organization of the cytoskeleton
- signal transduction
- regulation of the redox state
- production of ATP





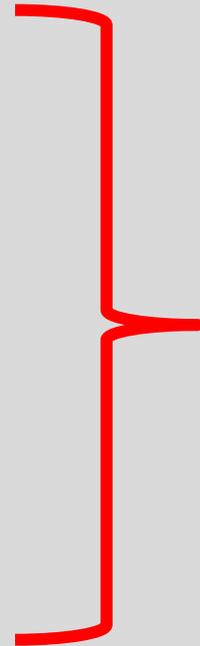
Urinary MMPs in endometriosis patients



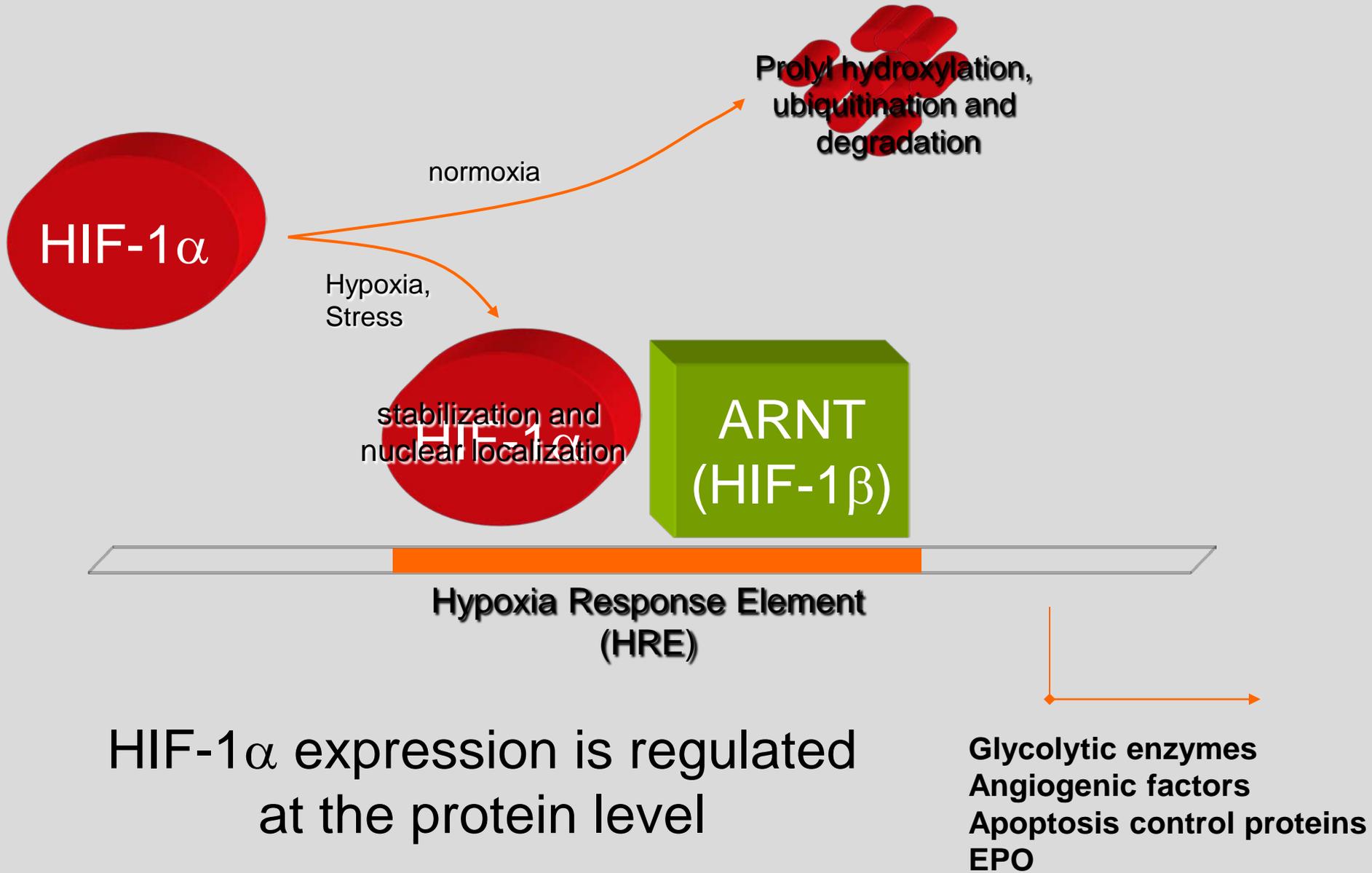
MMP Biomarker	Odds Ratio	95% CI	P value
MMP-9/NGAL	6.3	1.7 – 22.8	<0.001†
MMP-9	7.8	2.5 – 25.1	<0.001†
MMP-2	4.8	1.8 – 13.2	<0.001†
Any MMP above	8.3	3.0 – 22.7	<0.001†

Factors of mesothelial damage

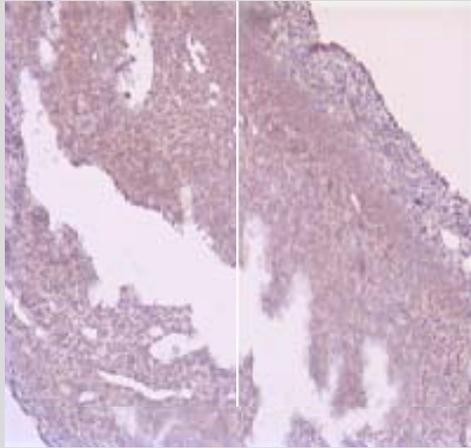
- Mechanical trauma
- Toxic insult
- Hypoxia
- Hyperoxia
- Desiccation



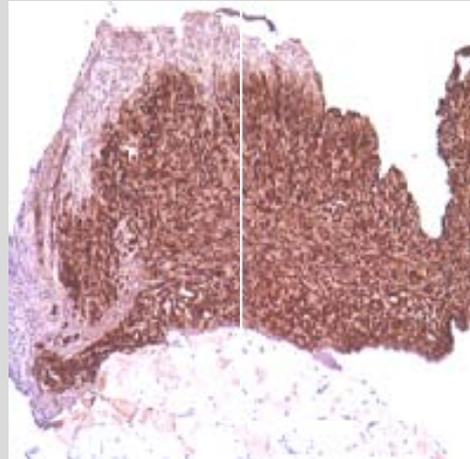
Inflammation



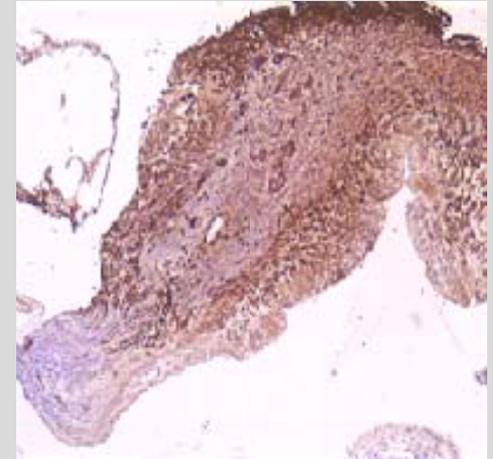
Hypoxia in uterine and endometriosis tissue (Hypoxyprobe HRP immunohistochemistry)



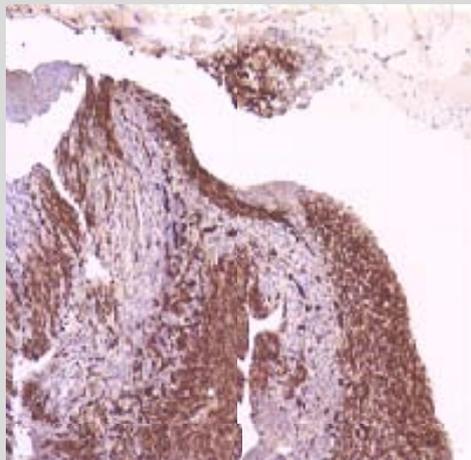
Uterus 1h



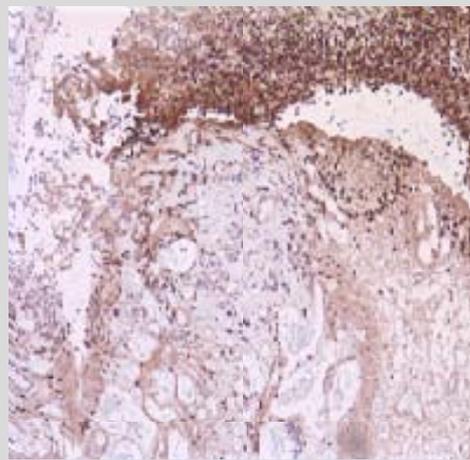
Lesion 1h



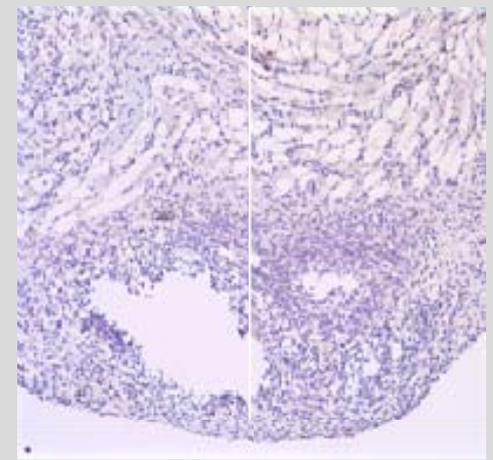
Lesion 4h



Lesion 24h

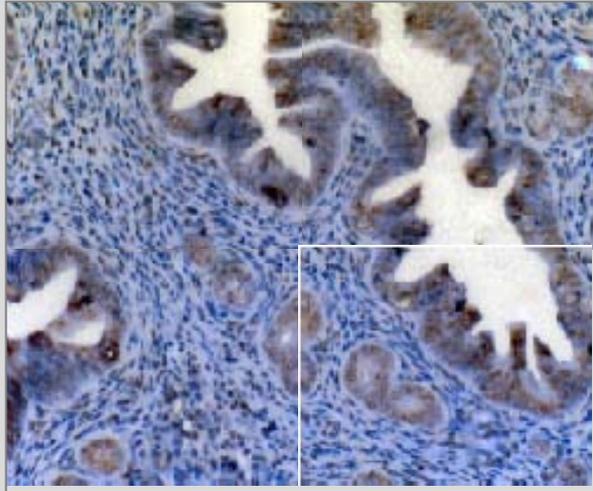


Lesion 48h

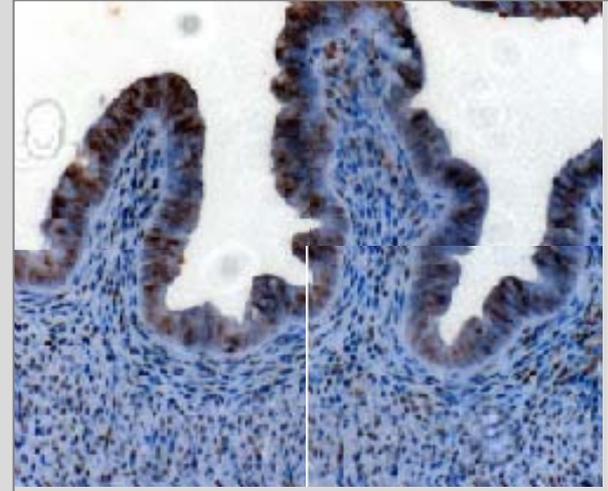


Lesion 1wk

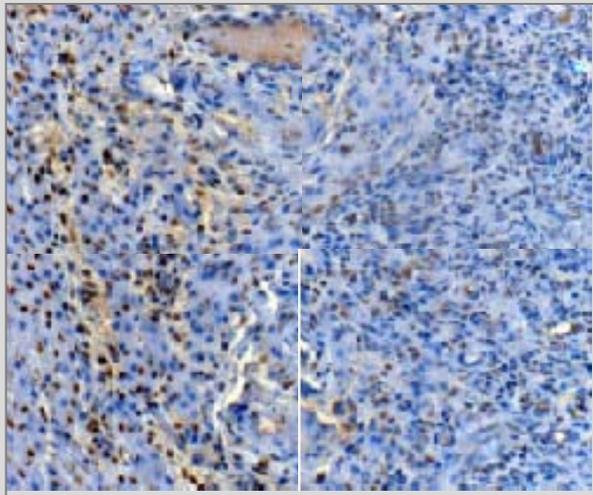
HIF-1 α expression in endometriotic tissue (HRP immunohistochemistry)



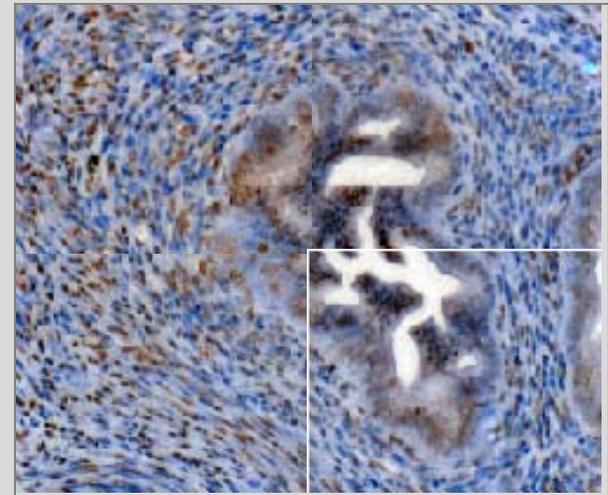
Lesion 0h



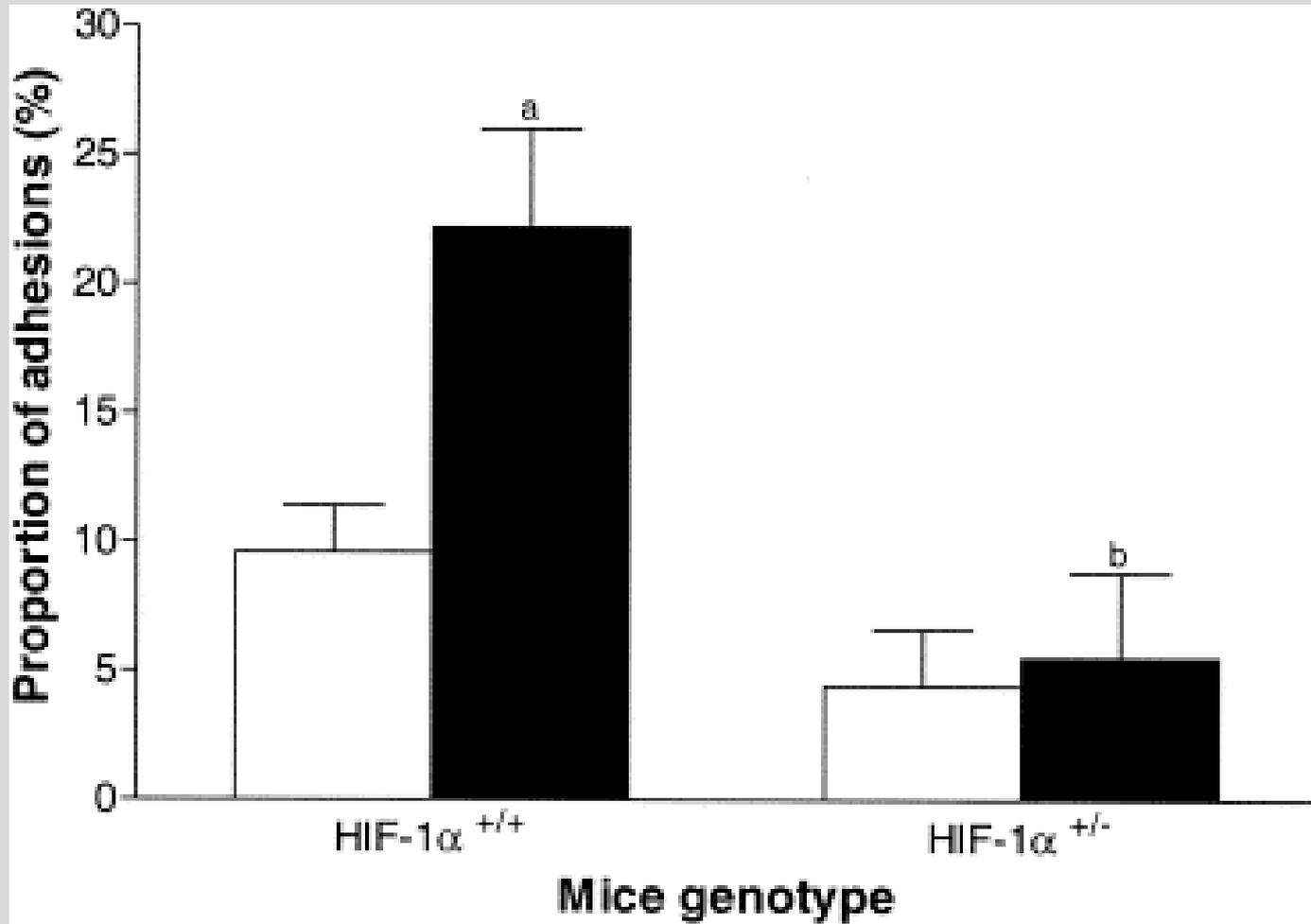
Lesion 1h



Lesion 3h



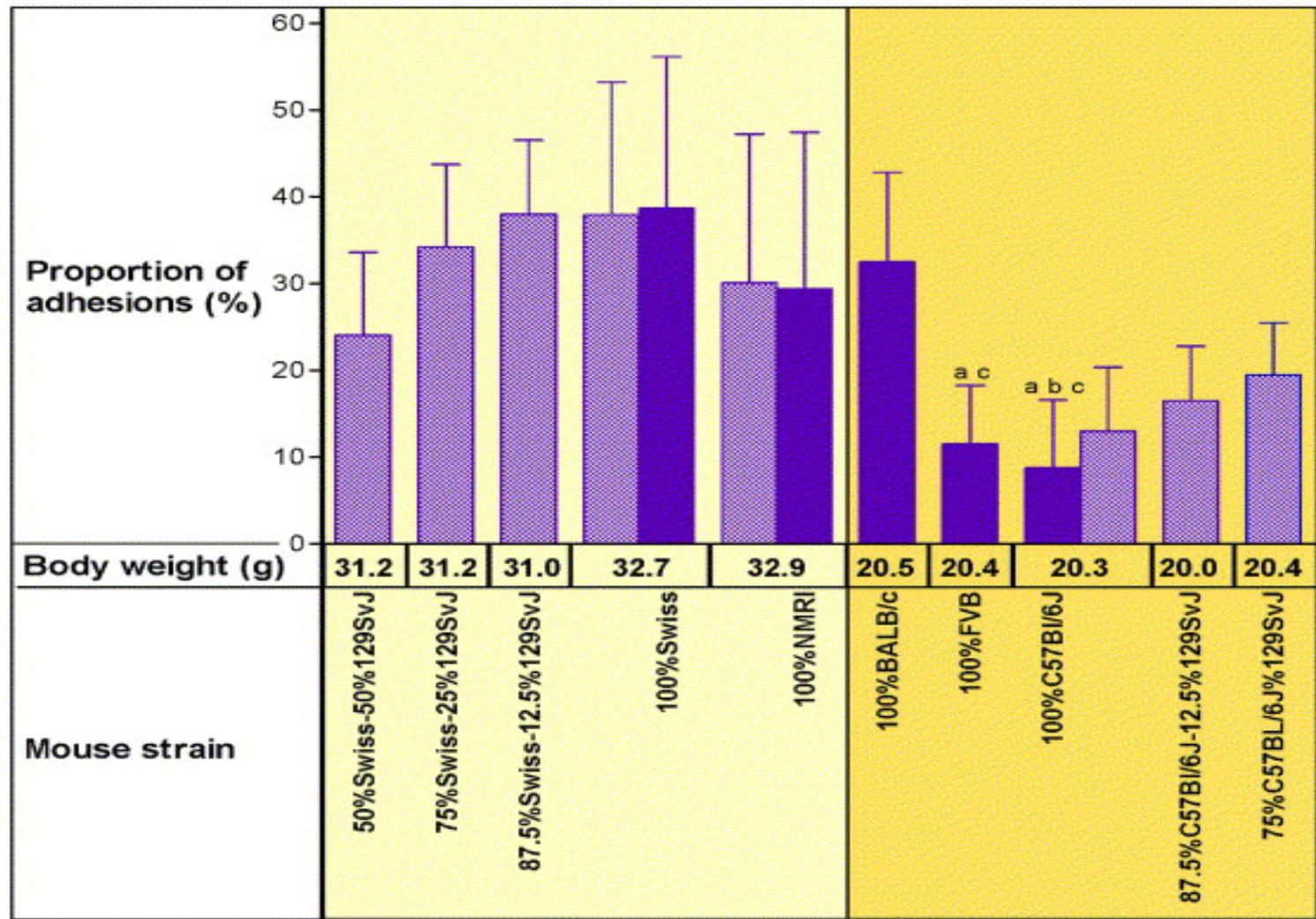
Lesion 6h



Adhesions after **10** min pneumoperitoneum



Adhesions after **60** min pneumoperitoneum



Conclusion

- Endometriosis remains an enigmatic disease.
- Stem cells or retrogradely menstruated endometrium or transformed mesothelial cells or a combination of all are likely to be involved in lesion formation.
- Mesothelial-endometrial interaction appears to be crucial for the development of endometriosis.