

# Lessons From Liver Fibrosis

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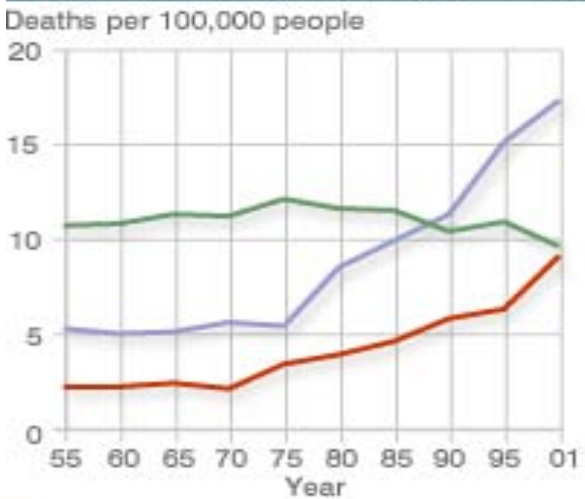


## Take Home Messages:

- Wound healing and fibrosis are generic mechanisms which demonstrate common attributes across a range of organs. Identified targets may well be valuable across organs
- The hepatic scar is dynamic with respect to both its cellular and matrix components and makes an excellent model to examine scar plasticity.
- The wound healing MFBs of the liver and the hepatic macrophages are key players in progressive and resolving fibrosis.
- Therapies targeting the TIMP/MMP balance and the dynamic functions of the wound healing MFB show promise not only in reducing fibrosis, but through alterations in contractility, portal pressure and other plastic attributes of scars.

# Cirrhosis in Scotland

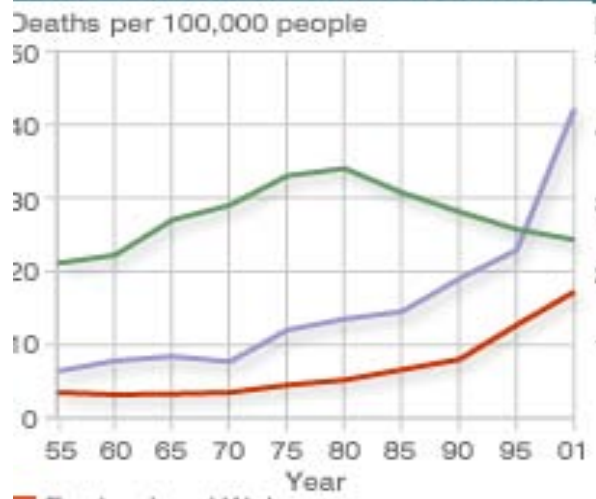
## FEMALE LIVER CIRRHOSIS DEATHS



England and Wales  
Scotland  
Other European countries

SOURCE: WHO/LSHTM

## MALE LIVER CIRRHOSIS DEATHS

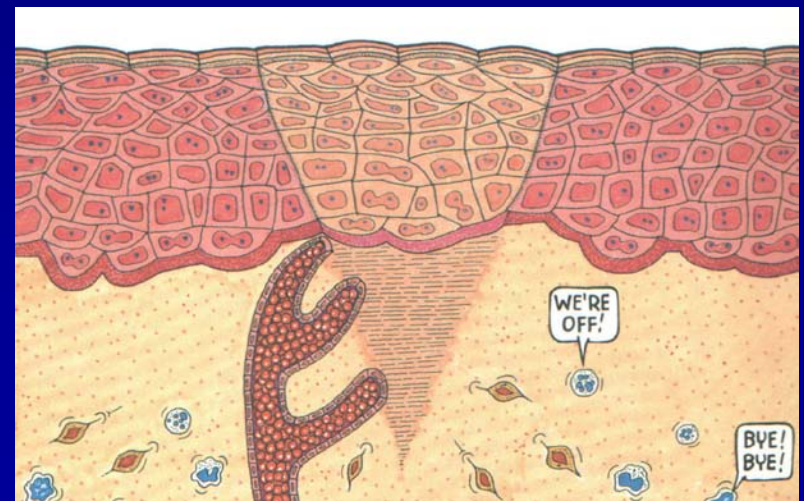
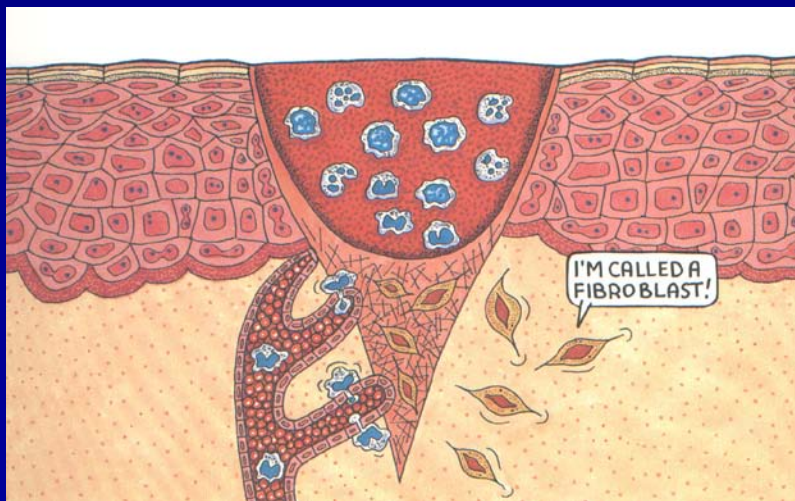
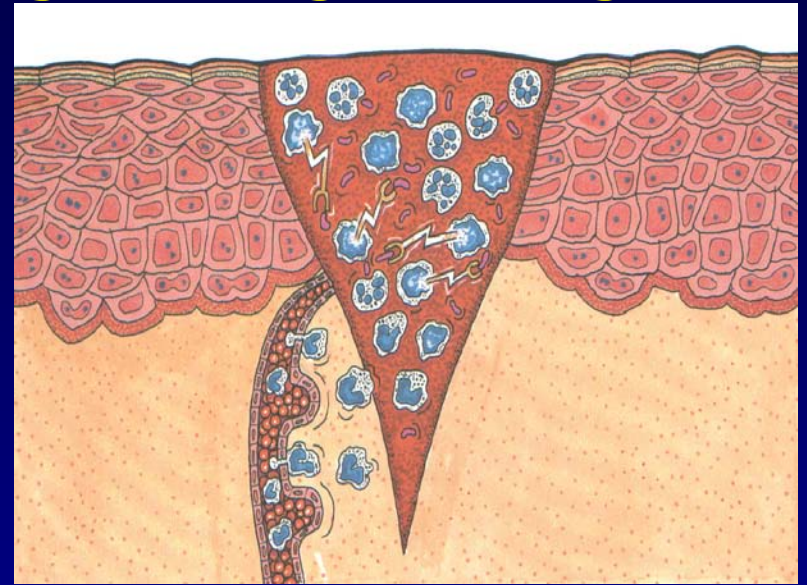
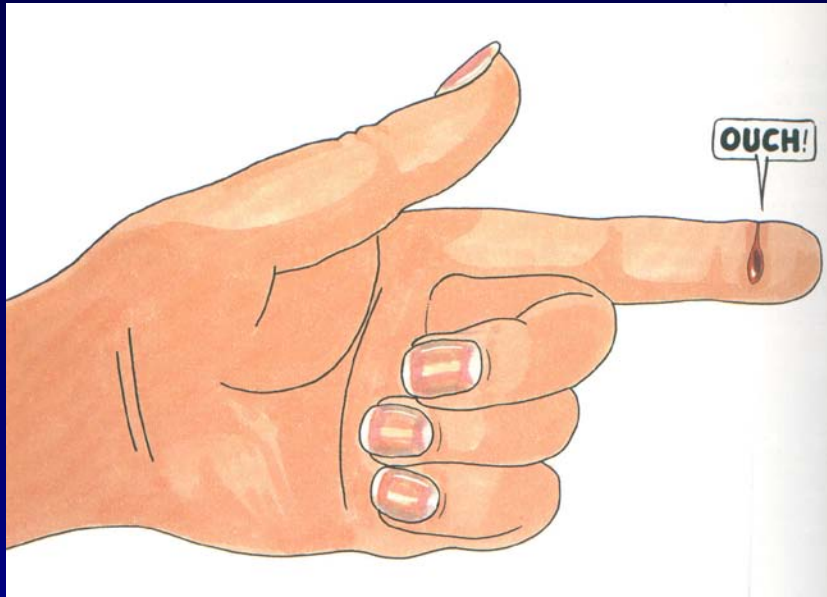


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Scotland  
Other European countries

SOURCE: WHO/LSHTM



# What do we mean by tissue fibrosis/repair? Mammalian Wound Healing: A beginners guide



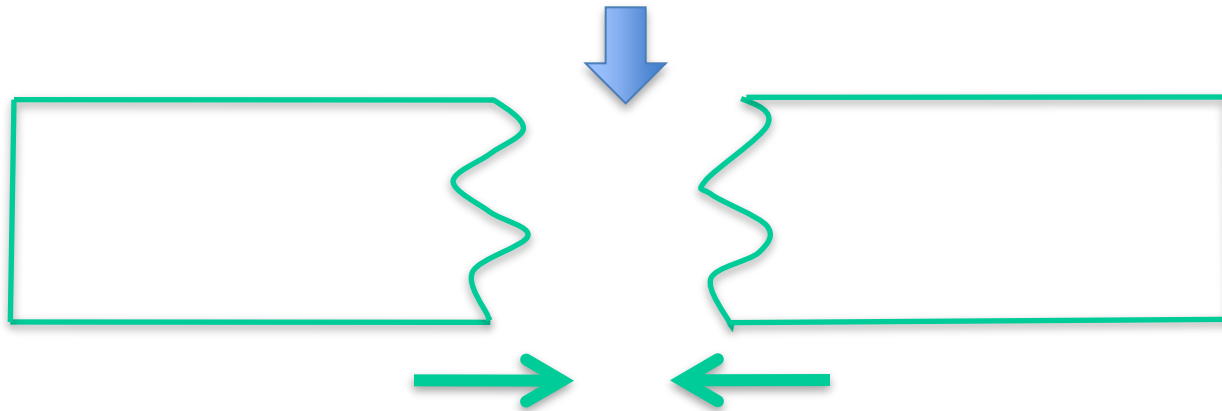
# Collaborations underpinning Inflammation, fibrosis and regenerative medicine

Developmental Biology

Inflammation

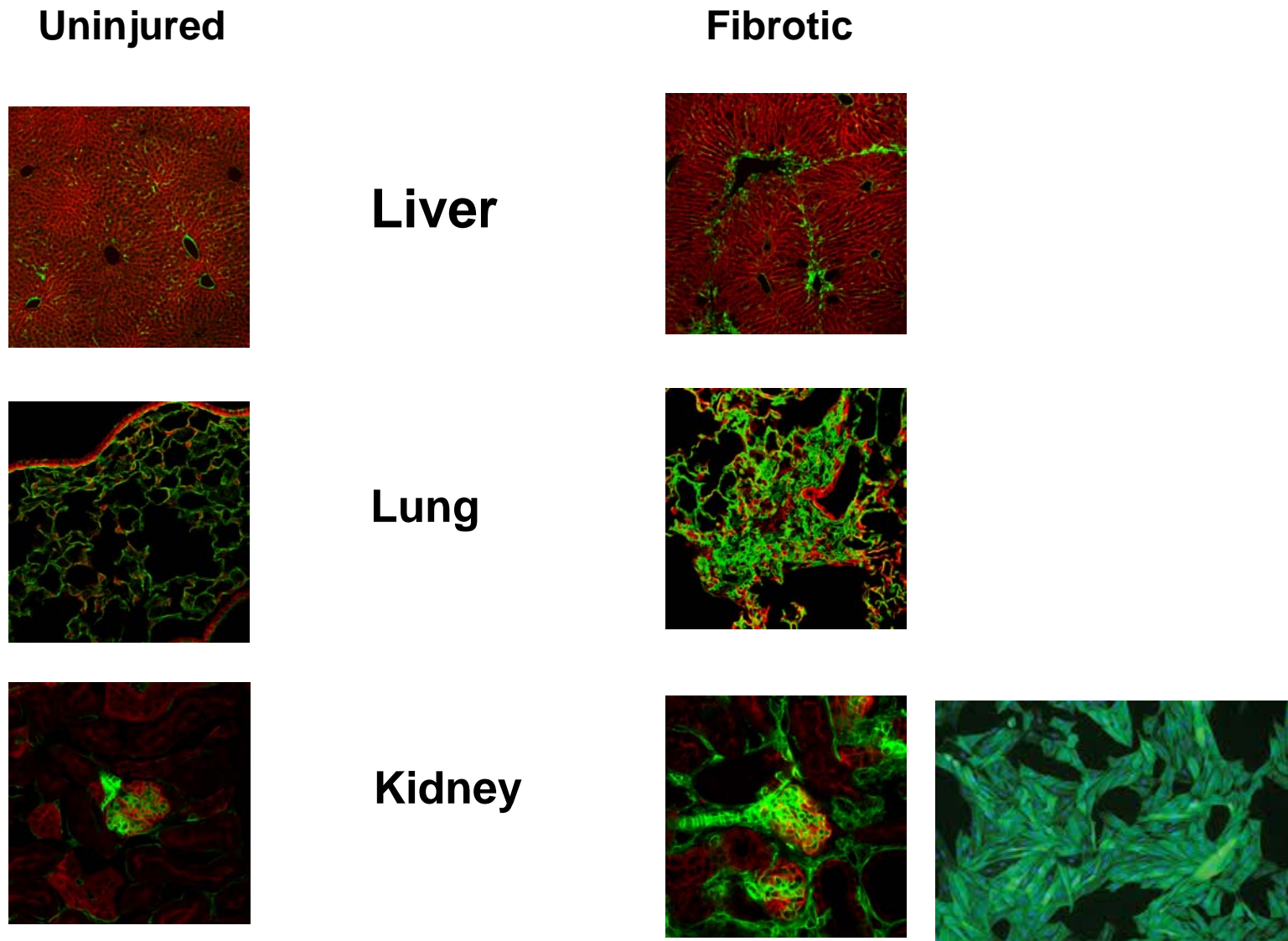
Stem Cell Biology

Promote repair

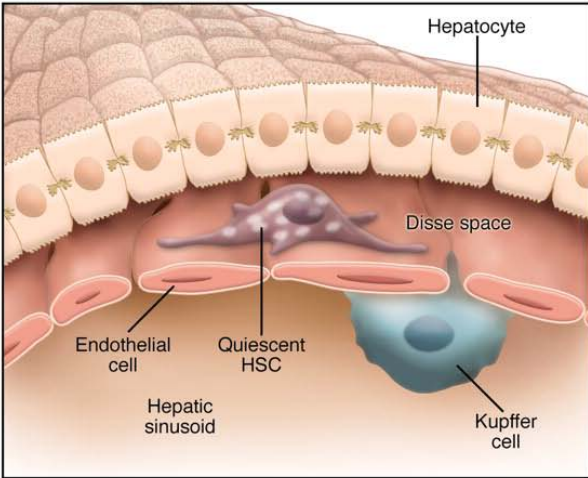


Tissue-specific Biology

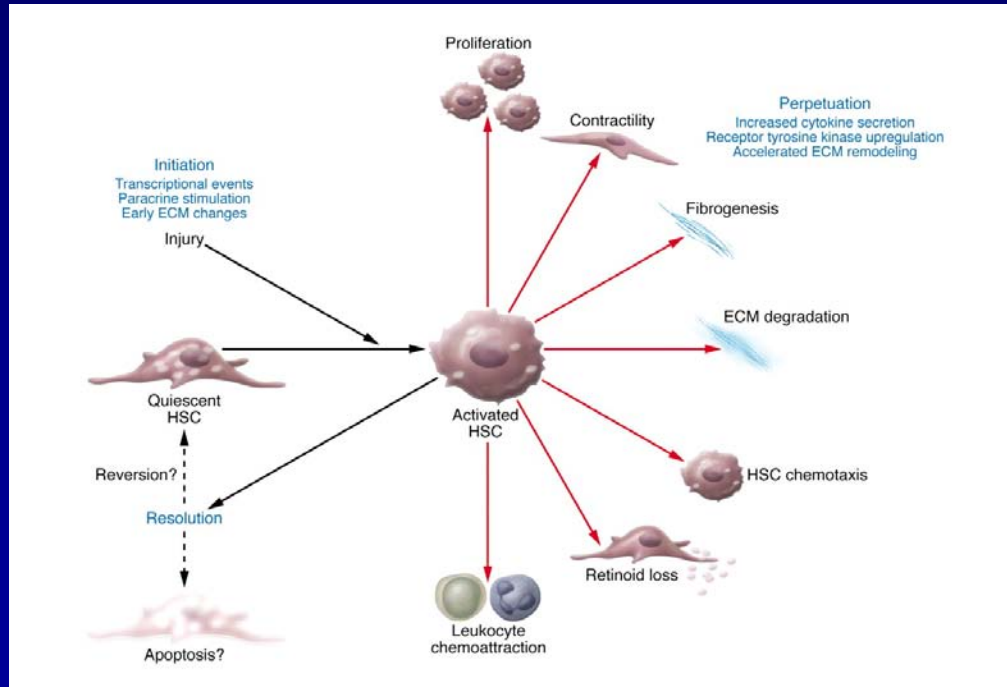
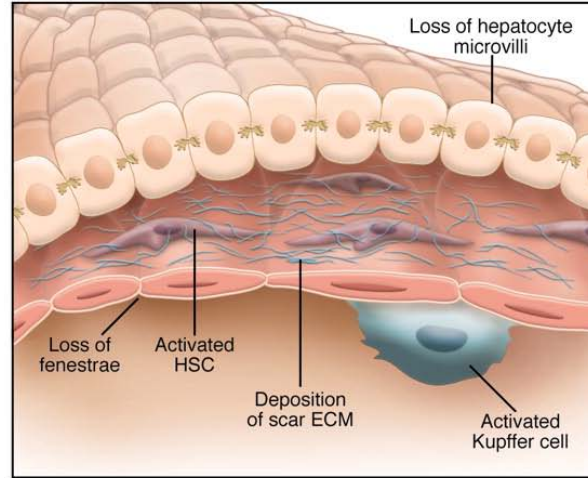
# Tattooing the fibrogenic cell: mTmG;*PDGFR* $\beta$ Cre



Normal liver

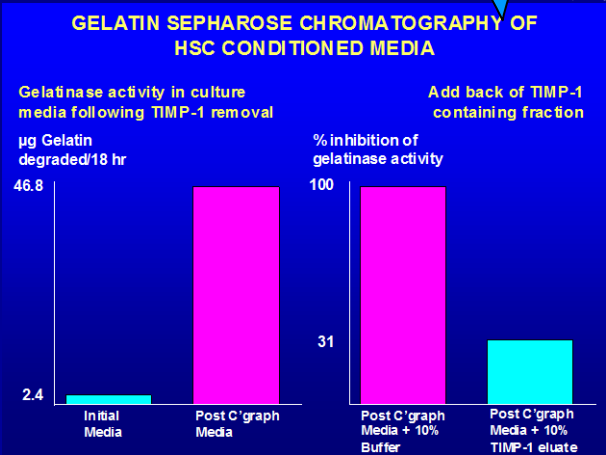
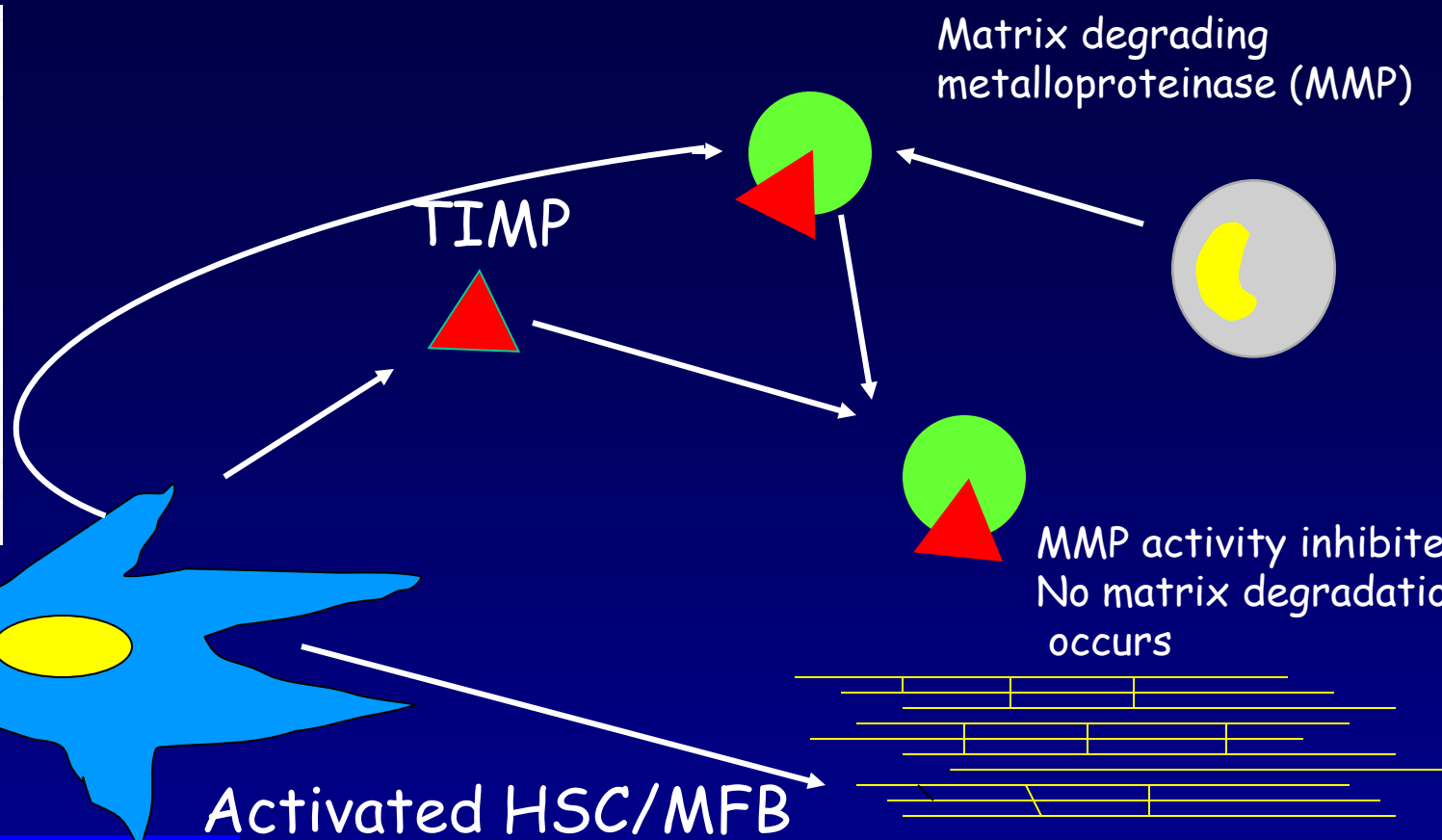
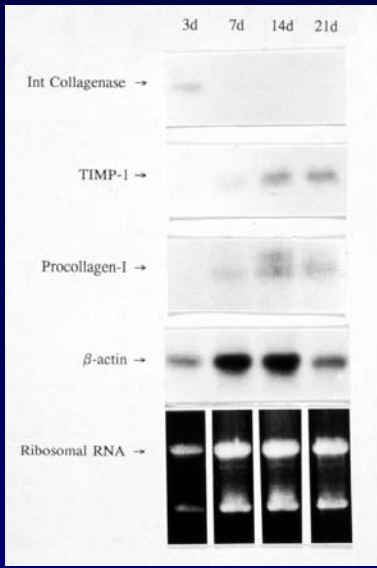


Liver injury



Friedman J Biol Chem 2000; Iredale, J. P. J. Clin. Invest. 2007

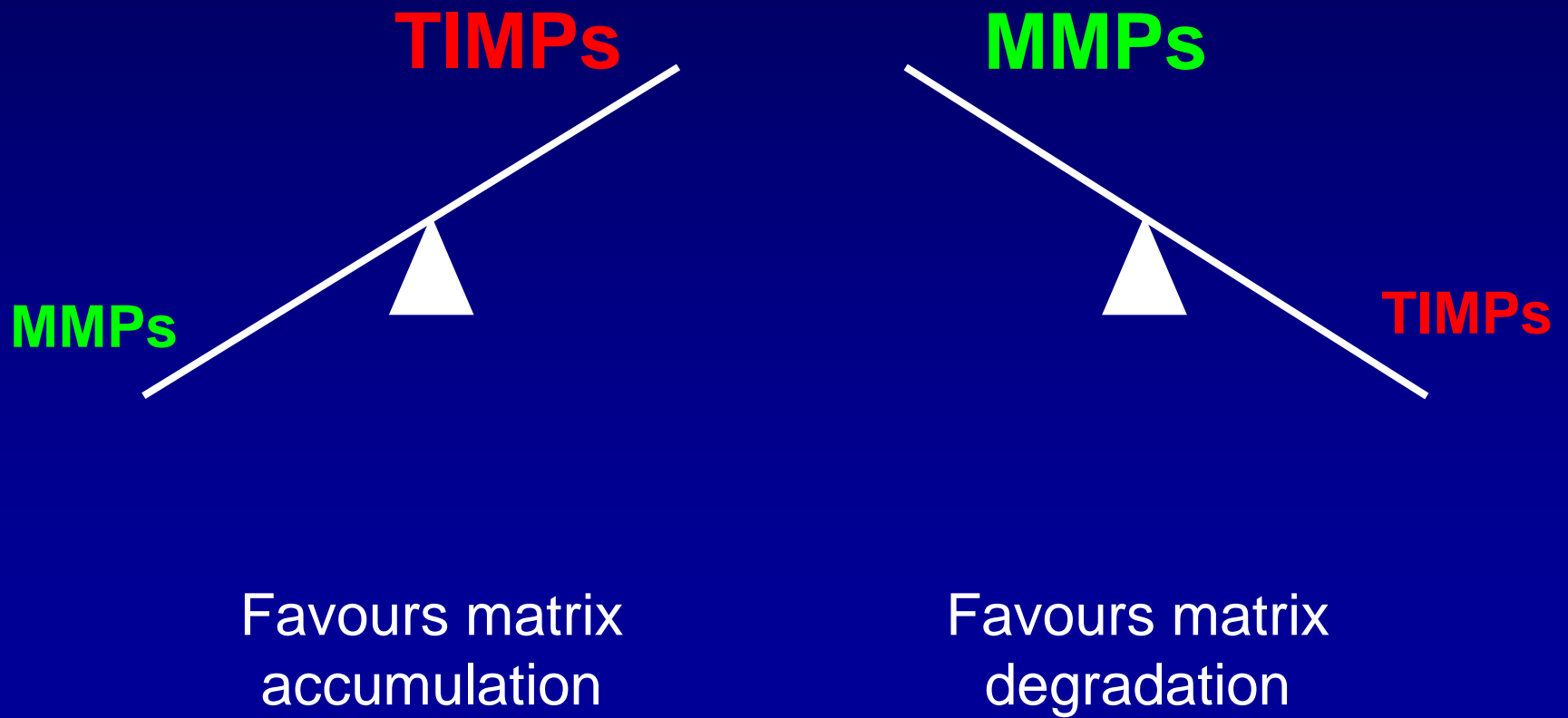




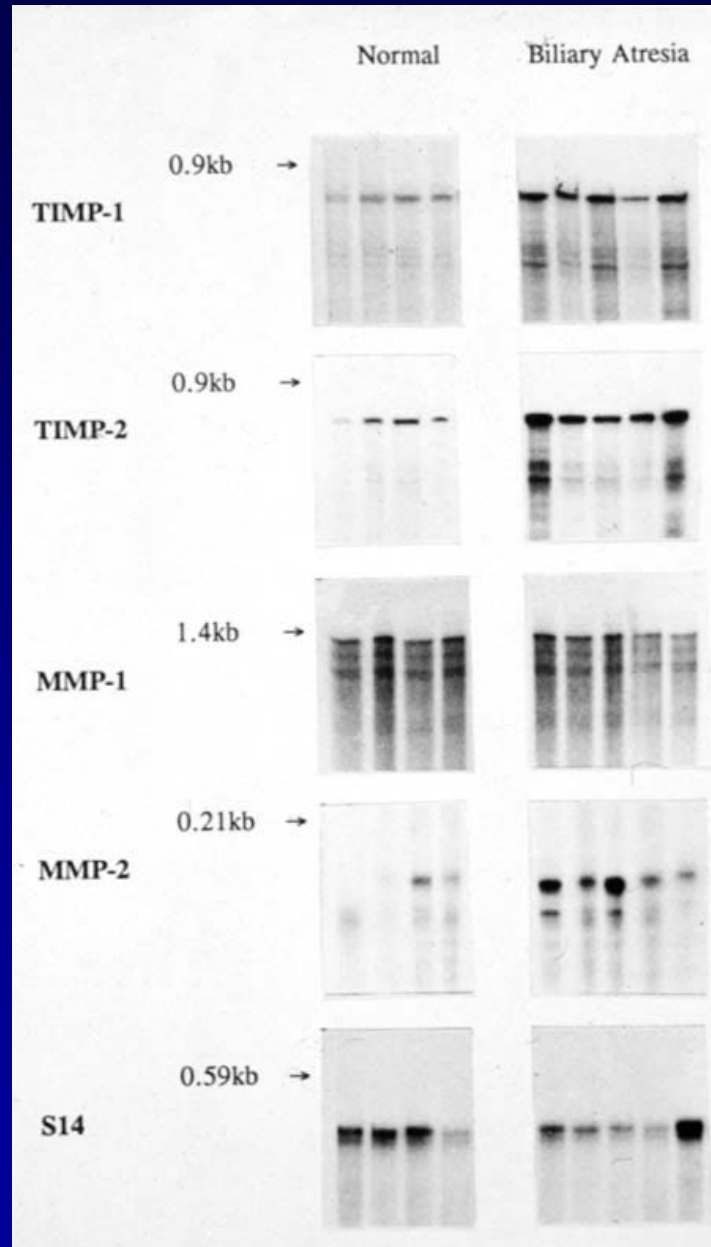
- HSC and Other NPCs/ICs express MMPs
- Latent capacity for degradation of fibrillar matrix is held in check



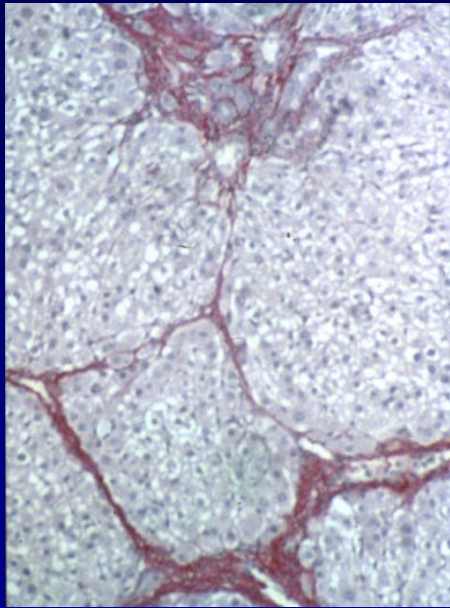
# Fibrosis results from an imbalance between collagen synthesis and degradation



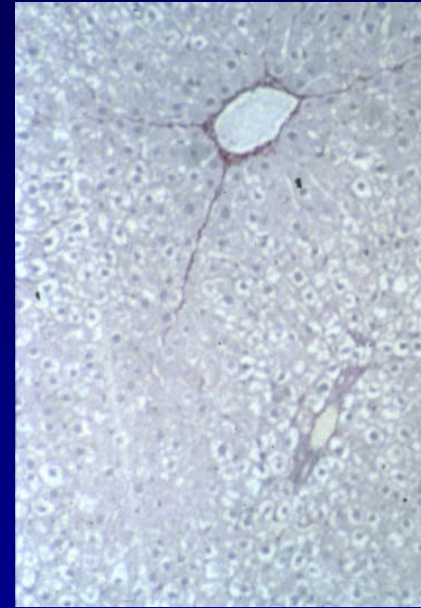
# EXPRESSION OF TIMPS AND MMPs IN HUMAN LIVER



# Central mechanisms mediating regression of liver fibrosis



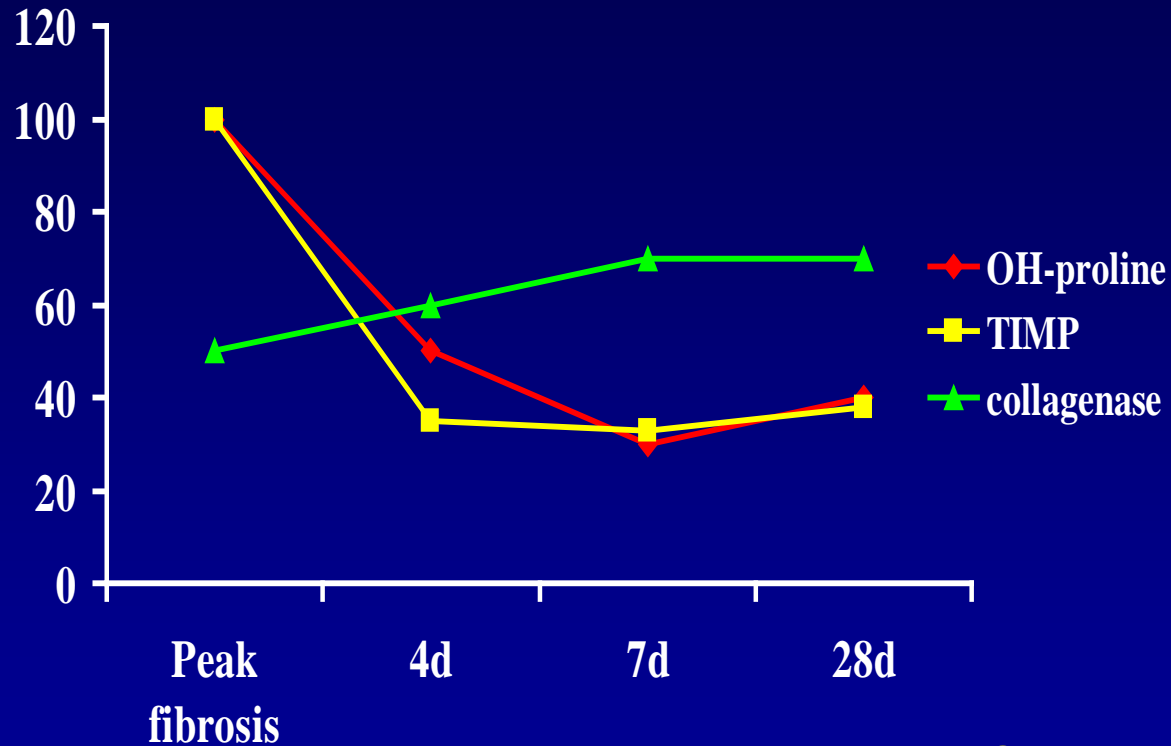
4 weeks CCl<sub>4</sub> (rat)



4 weeks CCl<sub>4</sub> + 10 days recovery

- Increased collagenolytic activity in the liver

# Apoptosis of HSCs removes the source of TIMP



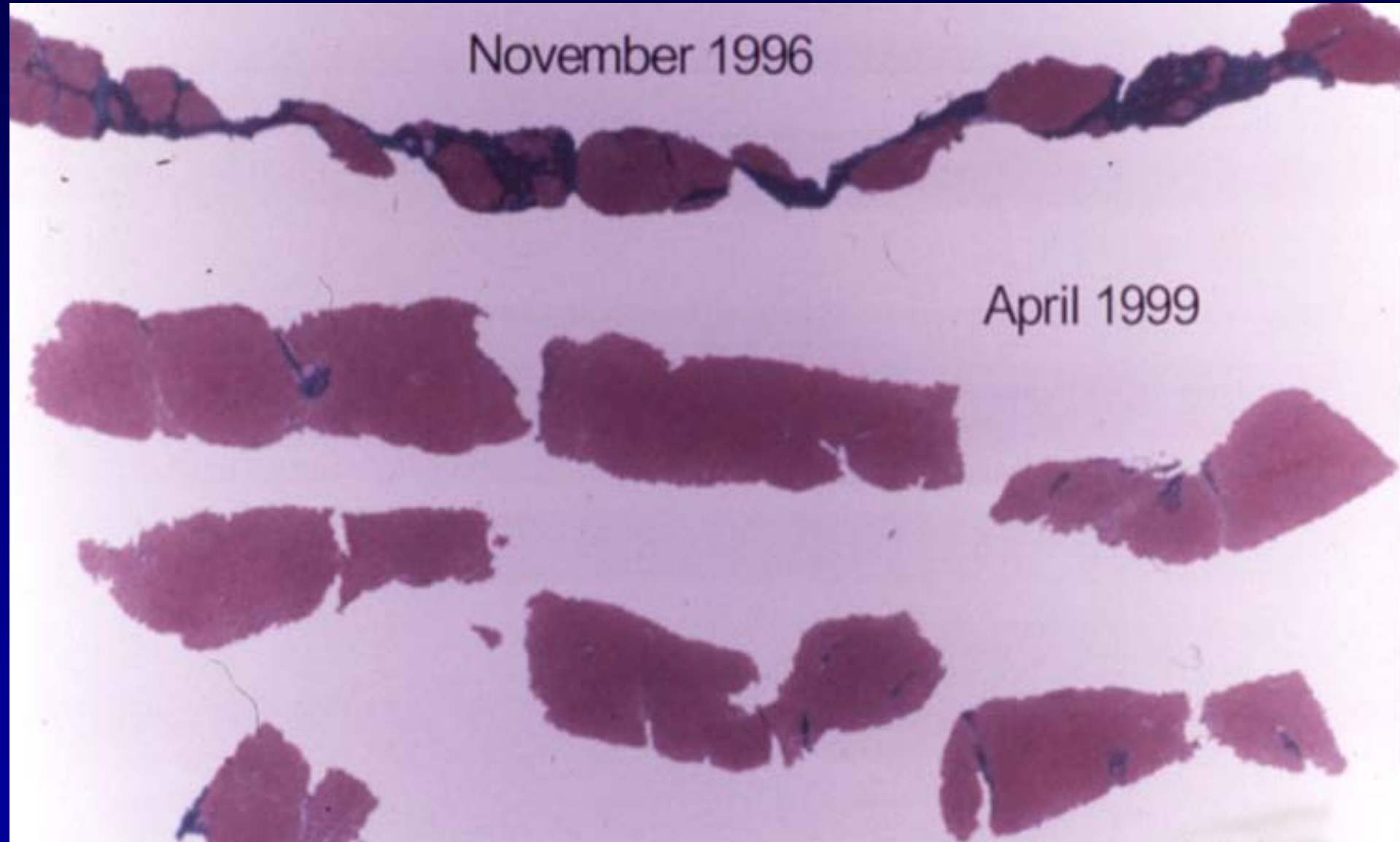
Spontaneous  
recovery in 4 week  
rat CCl<sub>4</sub> model

TIMP is reduced, scar is degraded

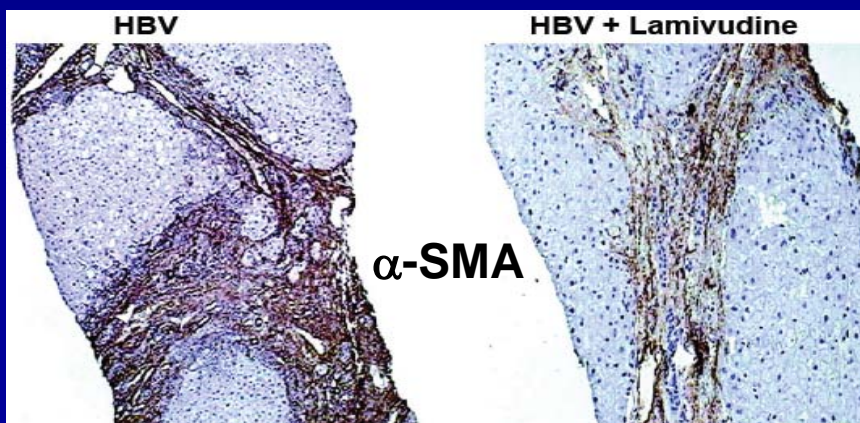
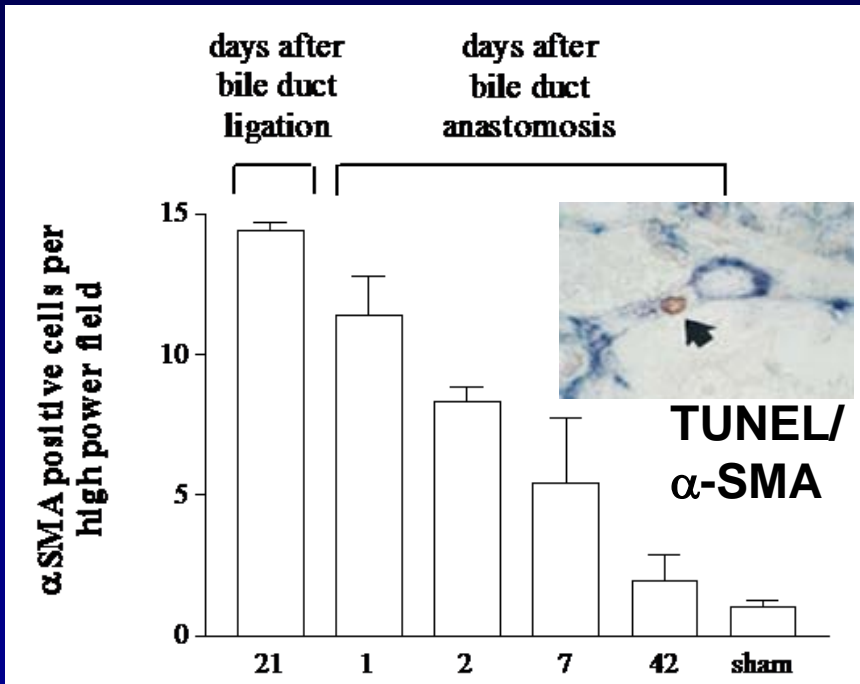
# AICAH

November 1996

April 1999



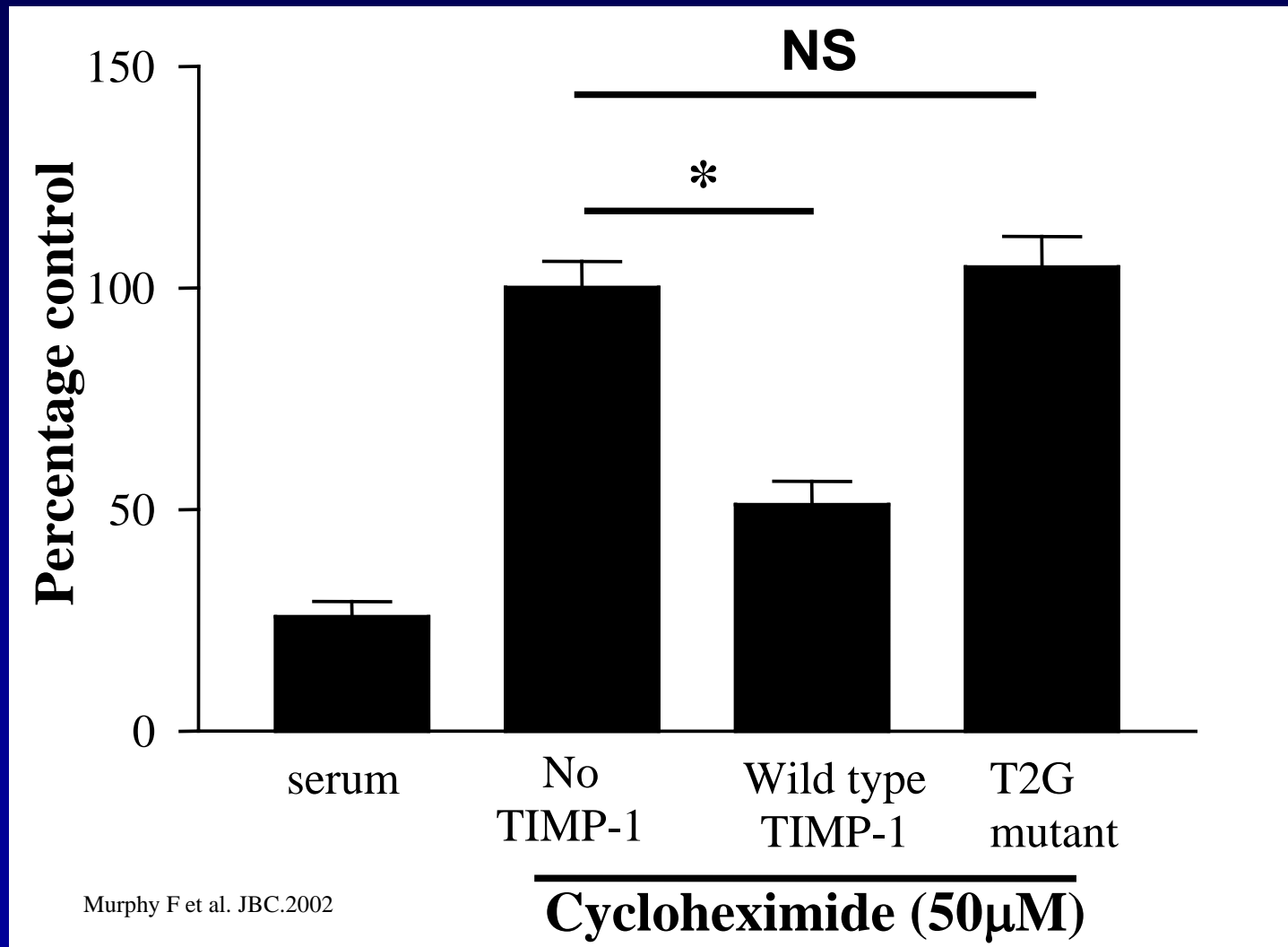
# HSC apoptosis is a pivotal process in regression of liver fibrosis



## Possible mechanisms

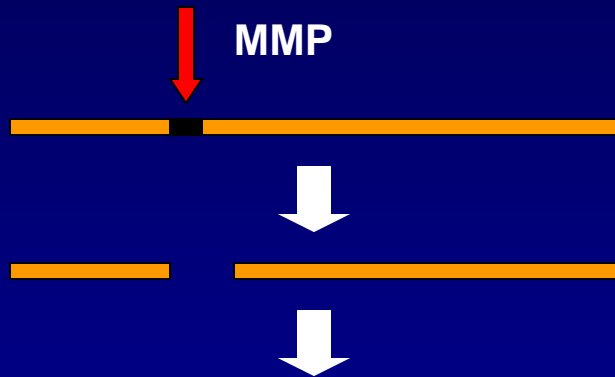
- $\uparrow$  death receptors (e.g. Fas receptor, TNFR1) and ligands (e.g. FasL, TNF $\alpha$ , TRAIL, NGF)
- $\uparrow$  pro-apoptotic proteins (e.g. p53, Bax)
- $\downarrow$  survival factors (eg matrix, N-cadherin)
- induced e.g. gliotoxin, sulfasalazine
- *NK cells*
- *HSC senescence*

# TIMP-1 reduces apoptosis by MMP inhibition



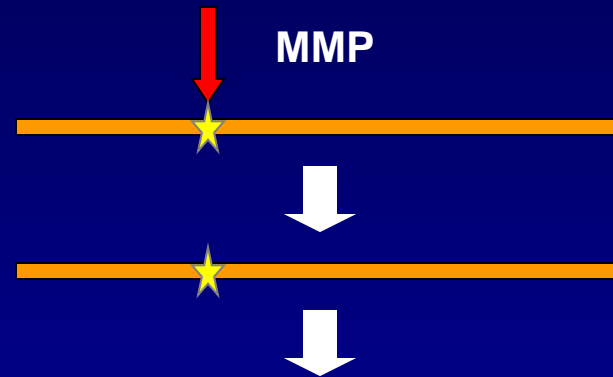
# Assessing the role of collagen-I in mediating HSC survival in rr mice

Wild Type collagen I

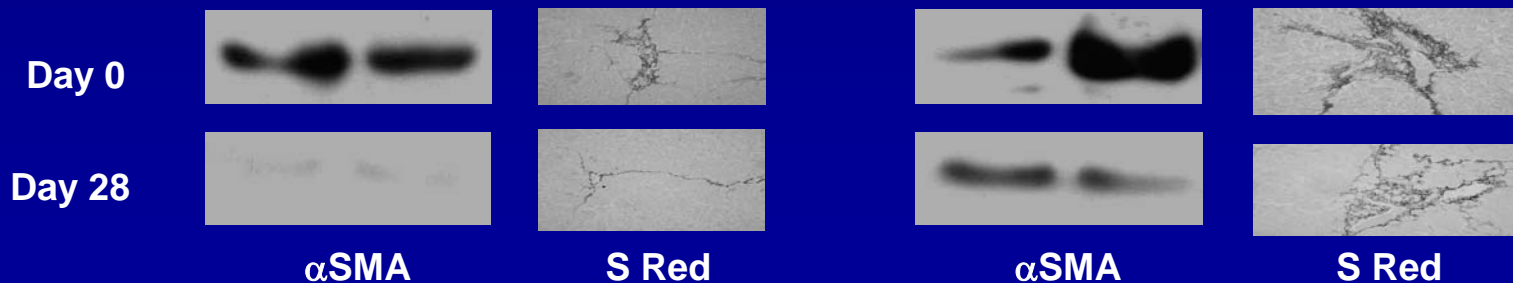


Complete Degradation

Mutant collagen I

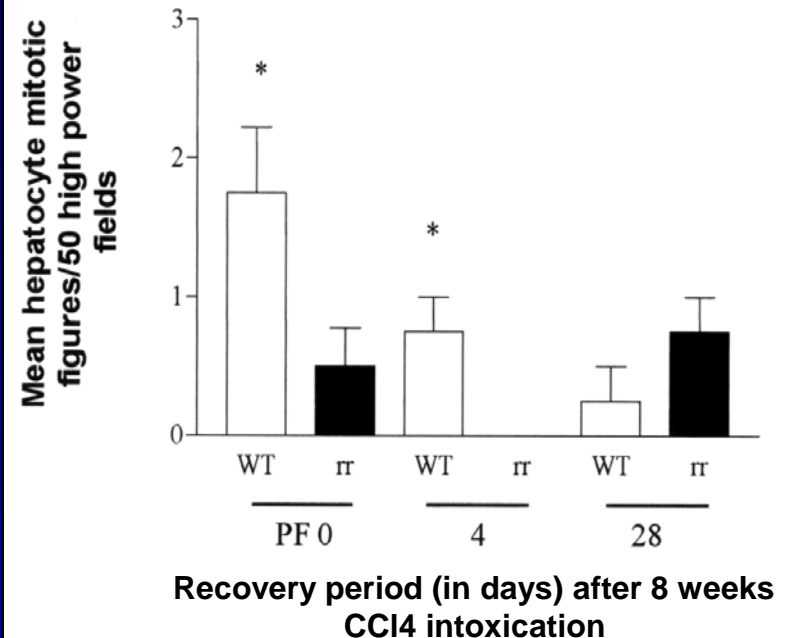
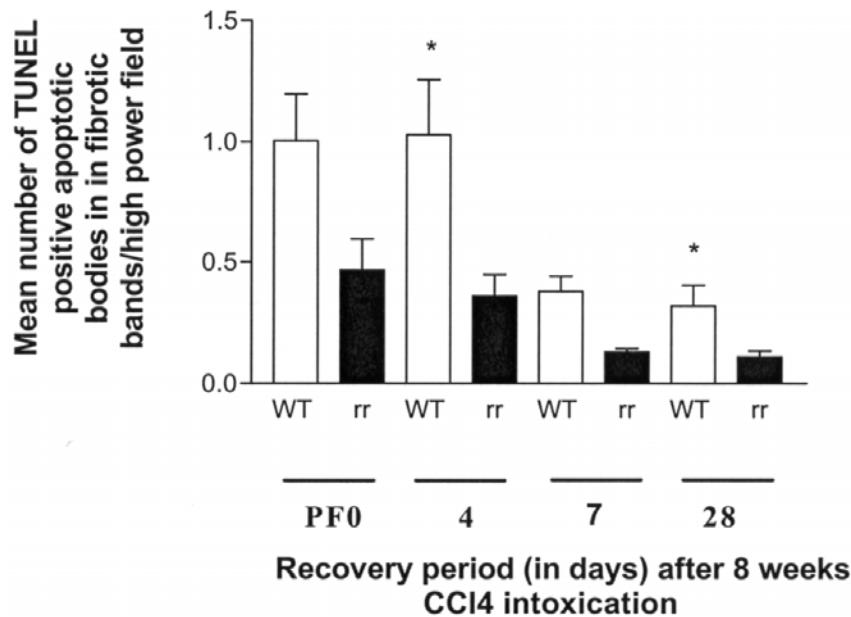


Persistence





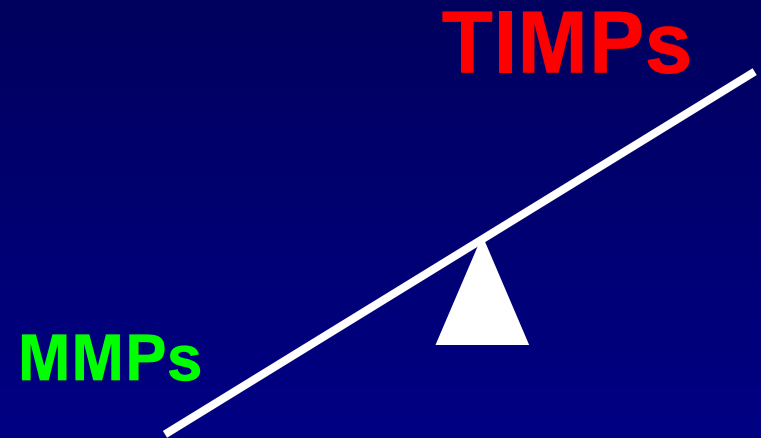
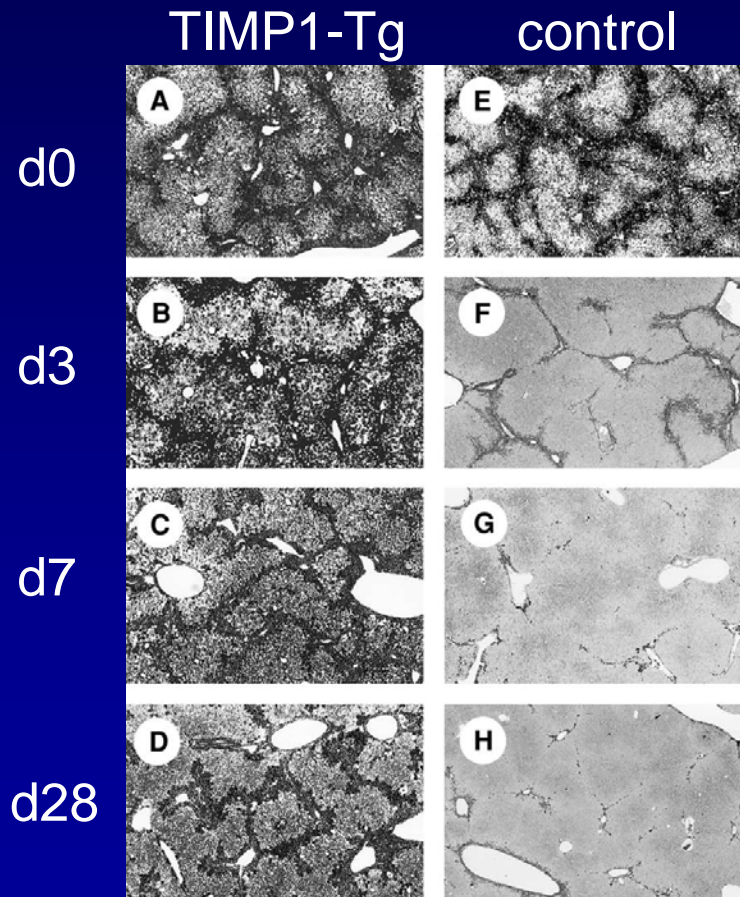
# Assessing the role of collagen-I in mediating HSC survival



Persistent Col-I:  
Inhibits HSC/MFB apoptosis

Inhibits Hepatocyte and ?OC proliferation

# Overexpression of TIMP-1 attenuates regression of experimental hepatic fibrosis



- ↓ matrix remodeling
- ↓ HSC apoptosis

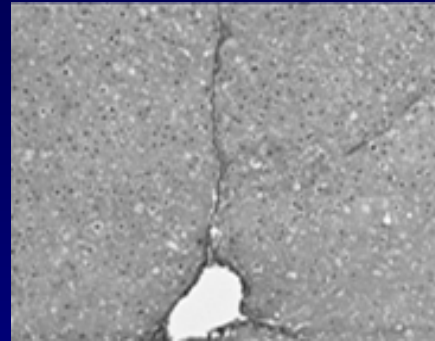
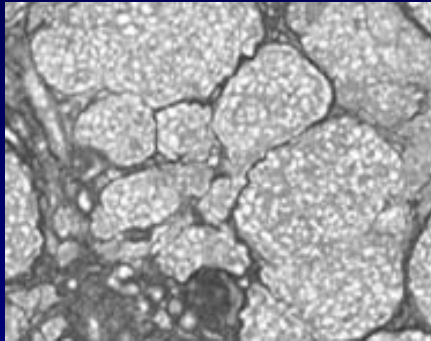
# Advanced rat cirrhosis does not completely regress

Day 0

Day 366

**collagen**

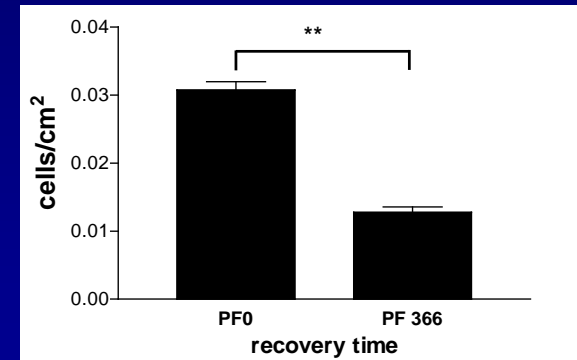
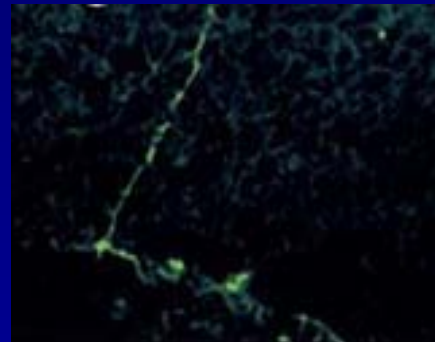
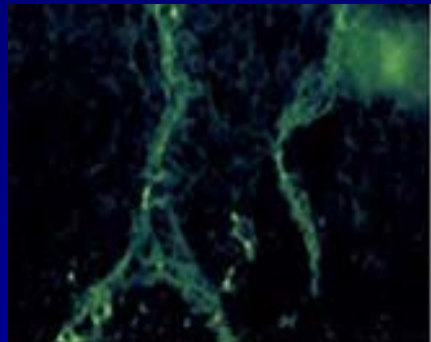
sirius red



Spontaneous recovery  
in 12 week rat CCl<sub>4</sub>  
model

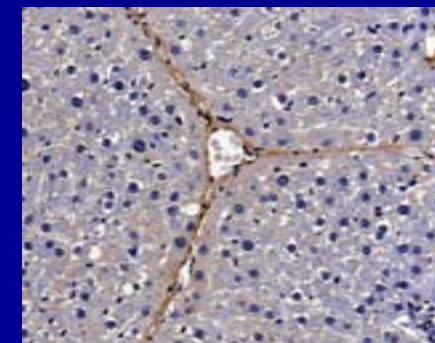
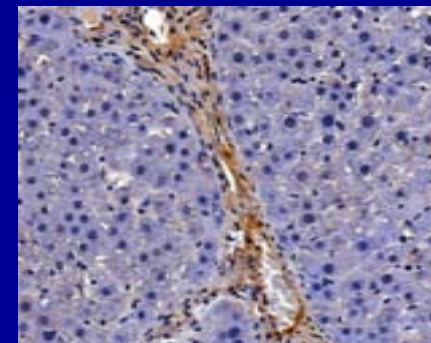
**cross links**

Lysine-(N-ε γ  
glutamyl)

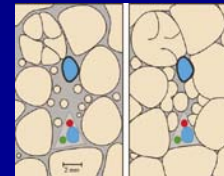
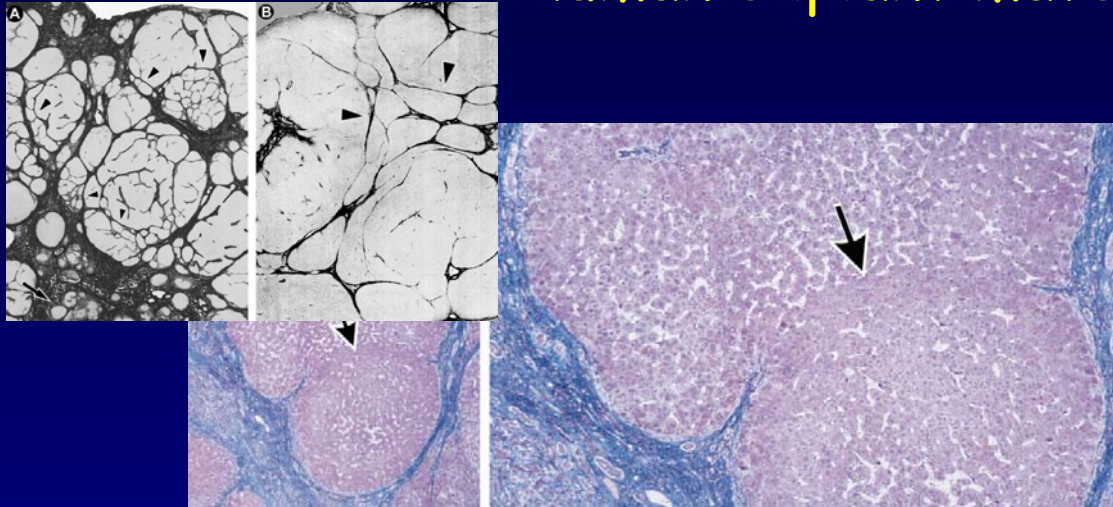


**cellularity**

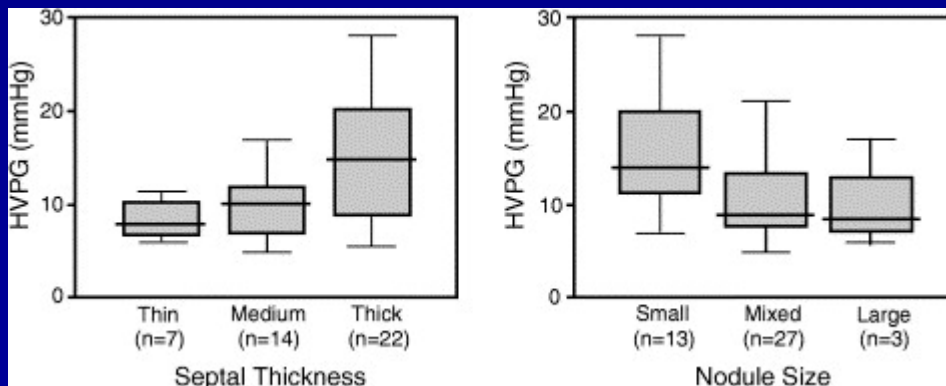
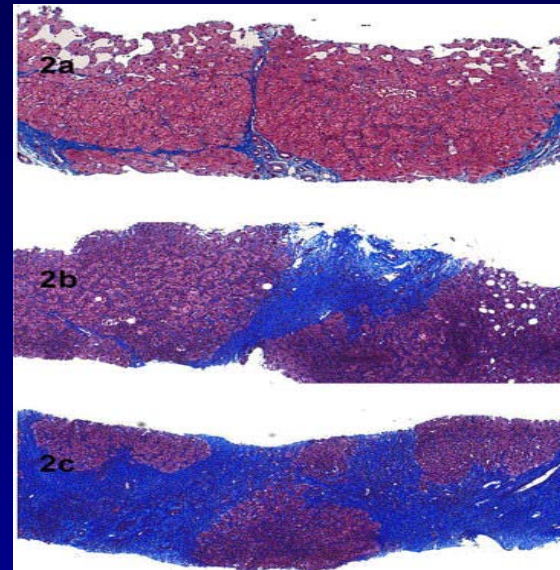
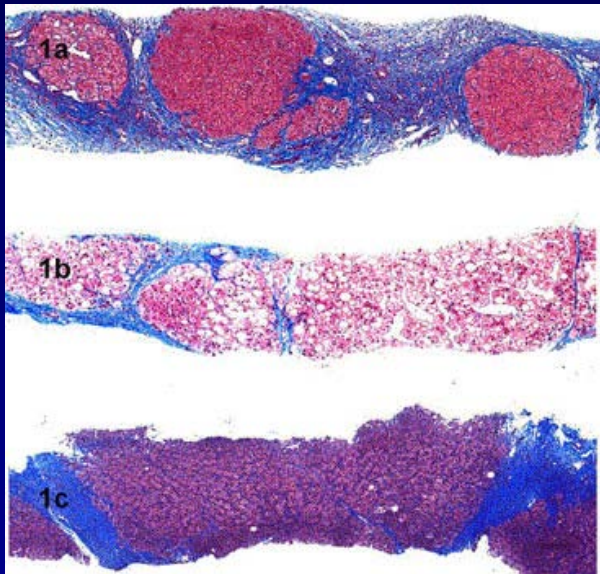
**elastin**



# Evidence for limited matrix degradation in human explant material

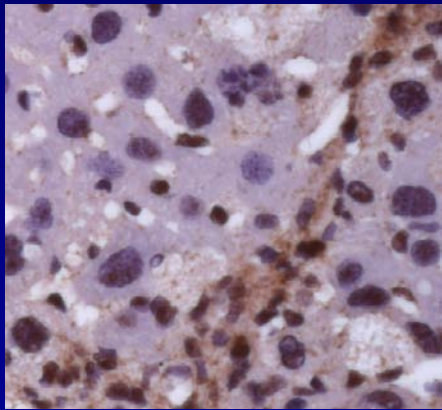


# Correlation of Histological Parameters of Cirrhosis with Portal Hypertension

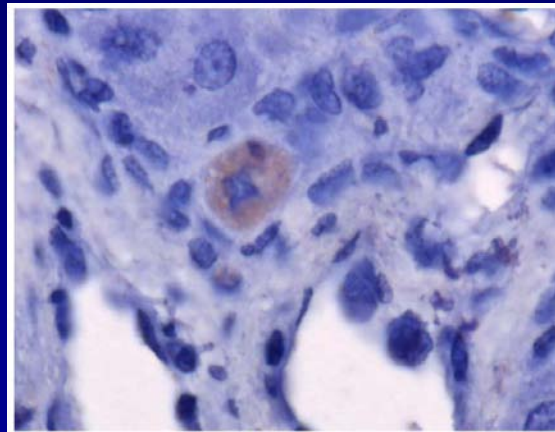


# HSC/MFBs express abundant TIMP-1 mRNA, Mono/Macrophages express MMPs 12 and 13: *in situ*

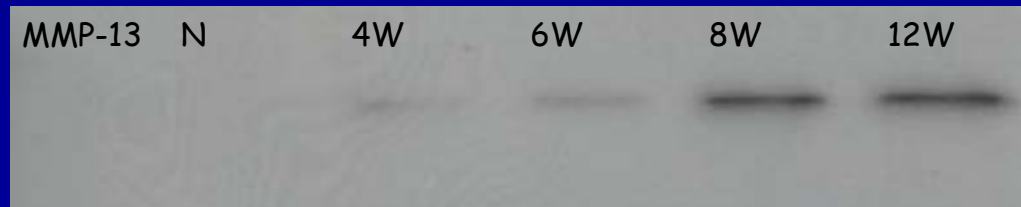
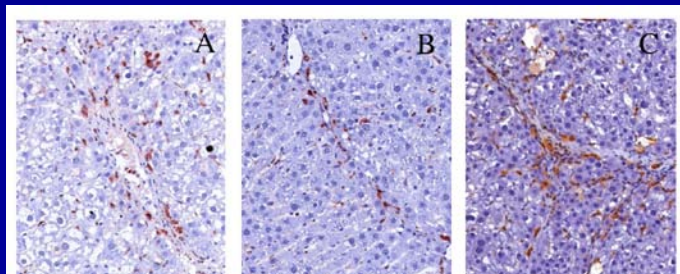
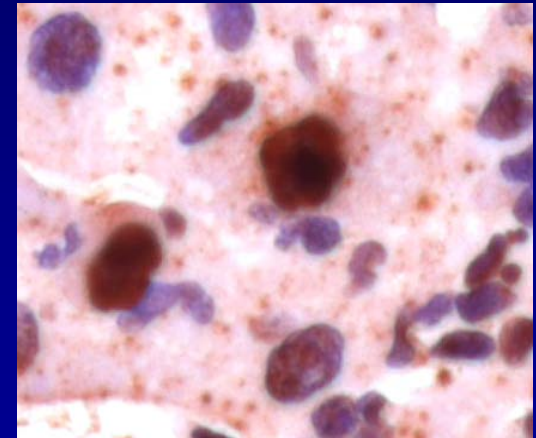
TIMP-1



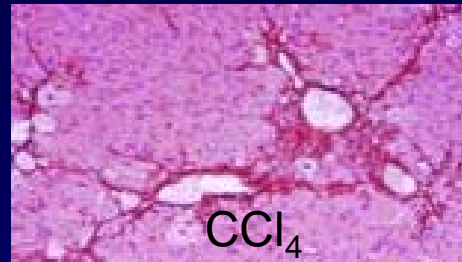
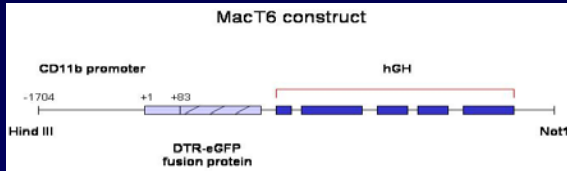
MMP-12



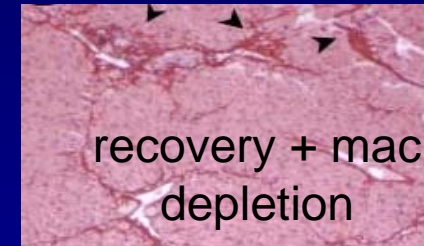
MMP-13



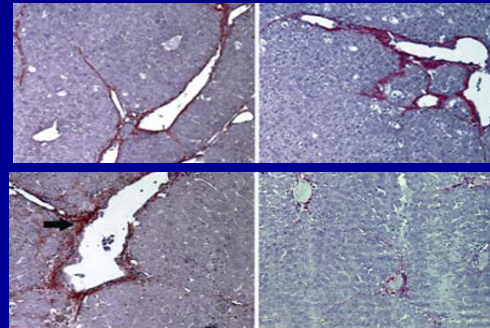
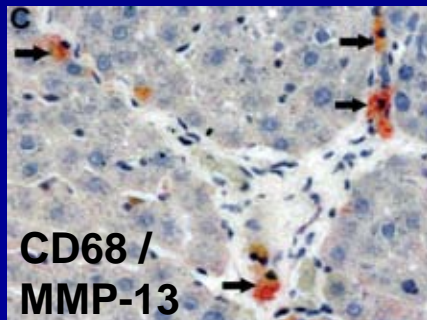
# Macrophages can be fibrogenic or fibrolytic



➤ **Conditional depletion of SAMs during injury decreases fibrosis**



➤ **Depletion of SAMs during recovery attenuates regression of fibrosis**

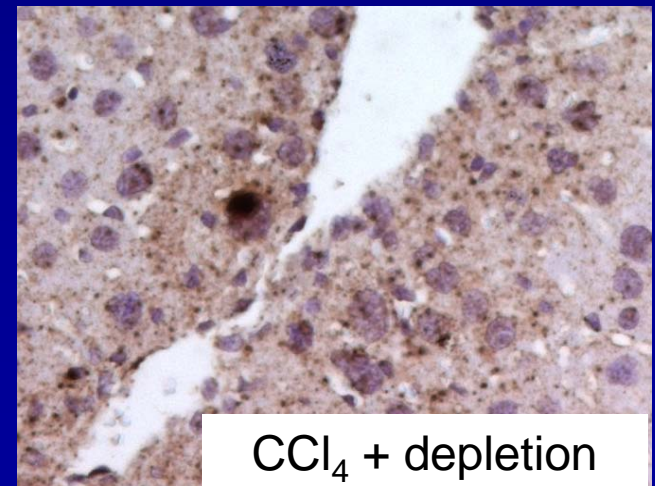
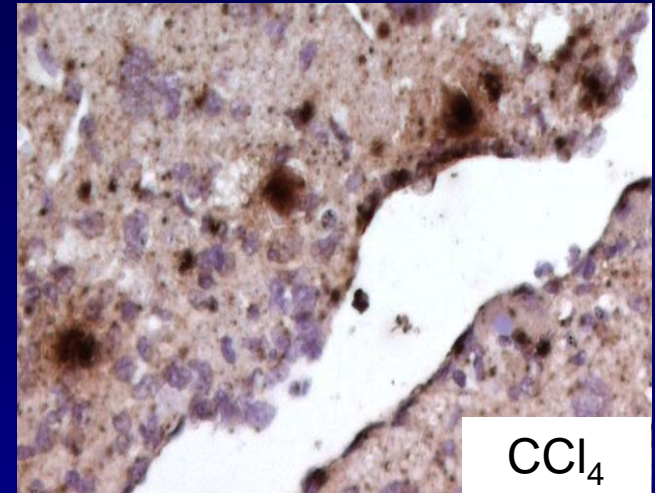
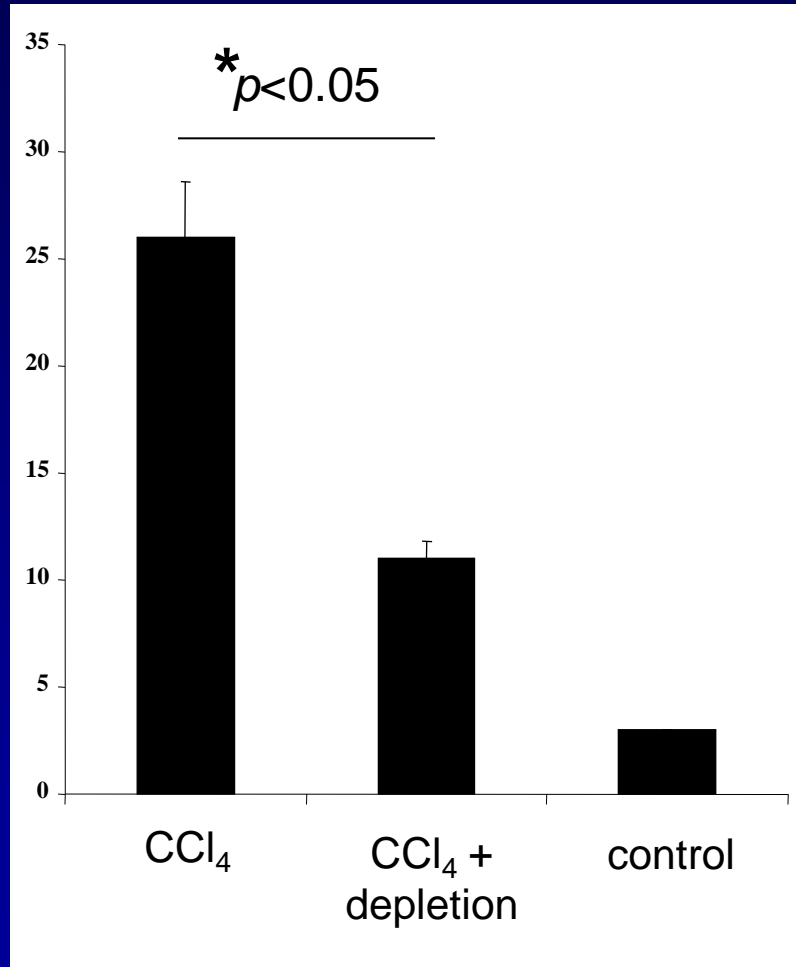


*mmp13* -/-

WT

**SAM induce and use  
collagenase (MMP-13)  
during regression of  
fibrosis**

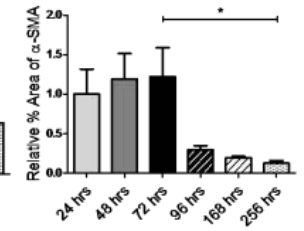
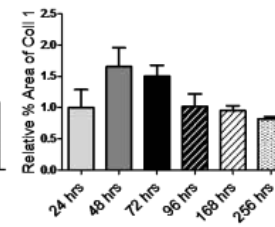
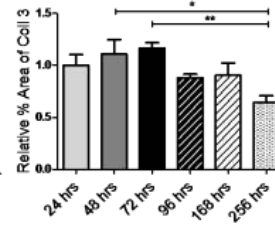
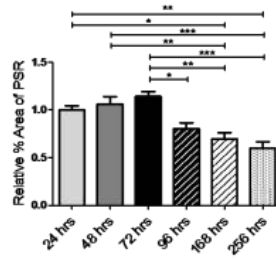
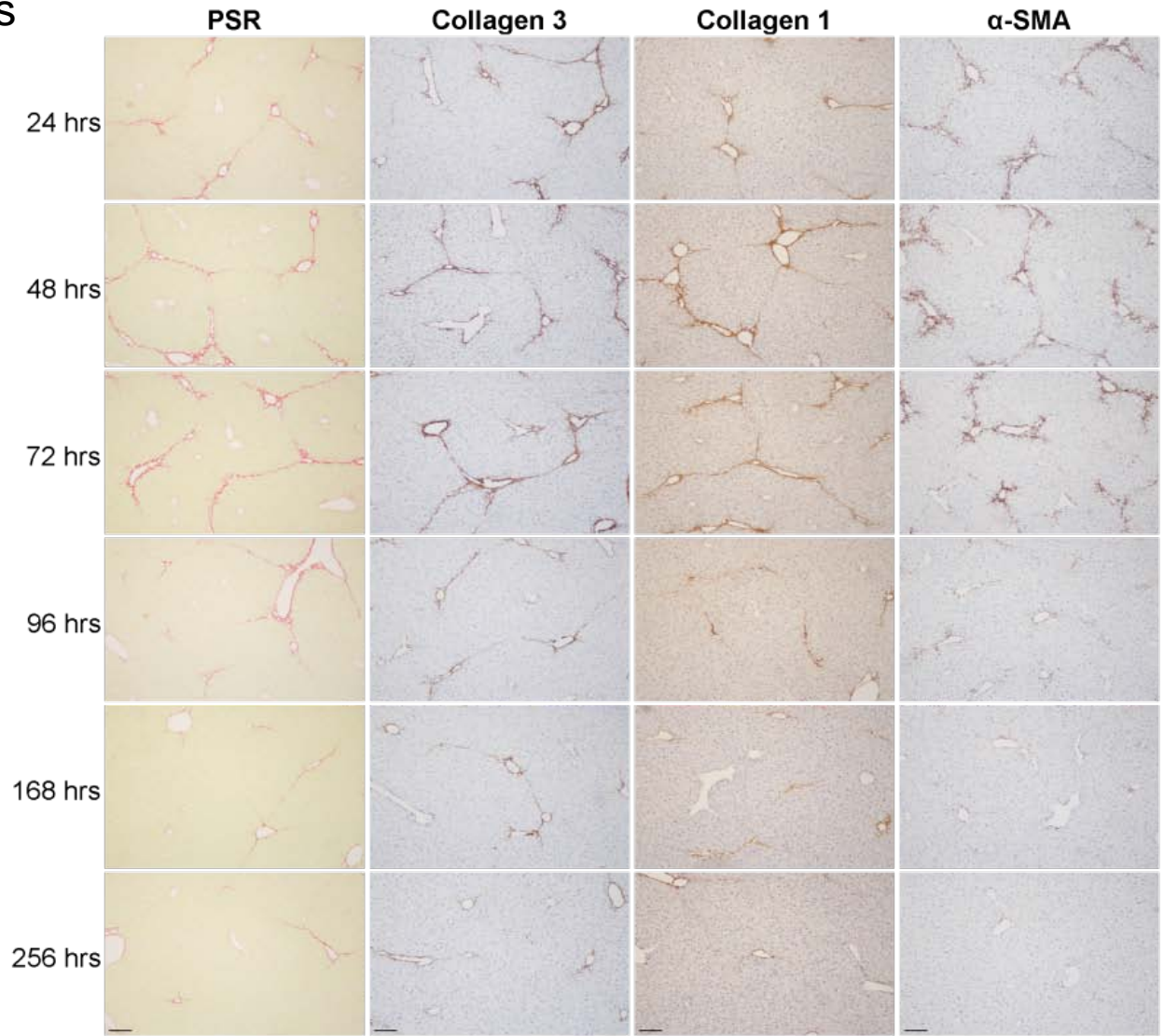
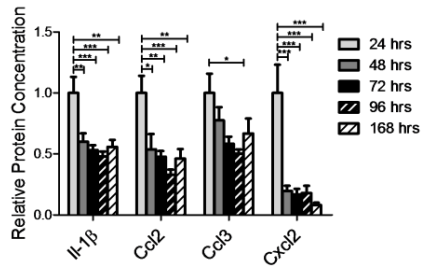
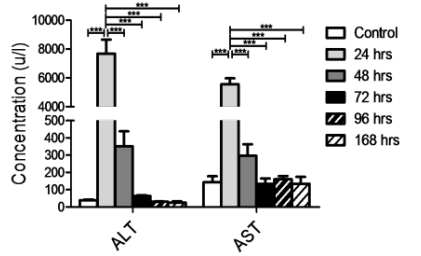
# Effect of conditional macrophage depletion on MMP-13 mRNA: *in situ* hybridisation



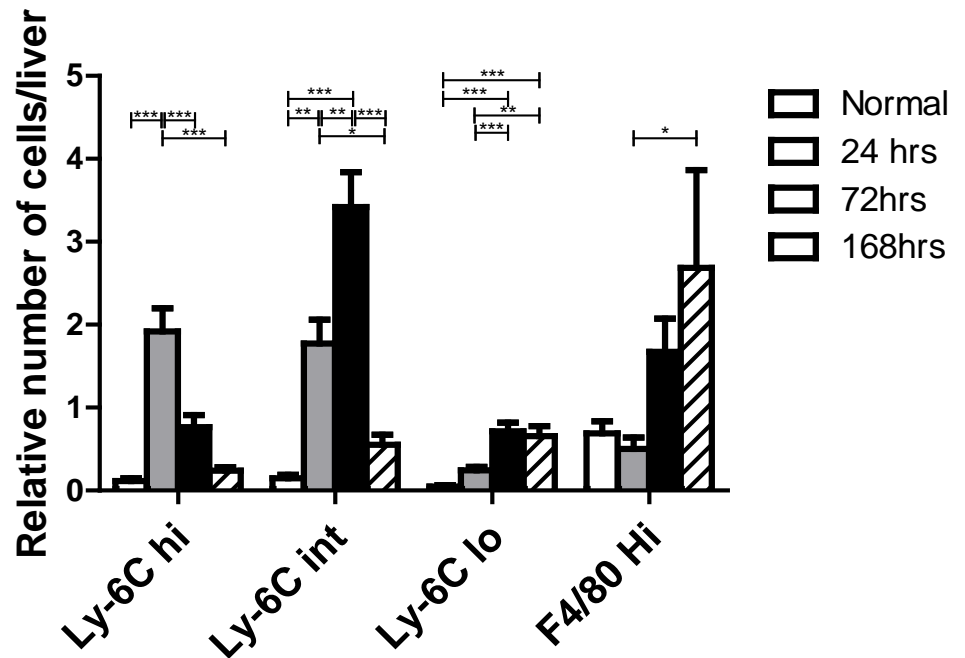
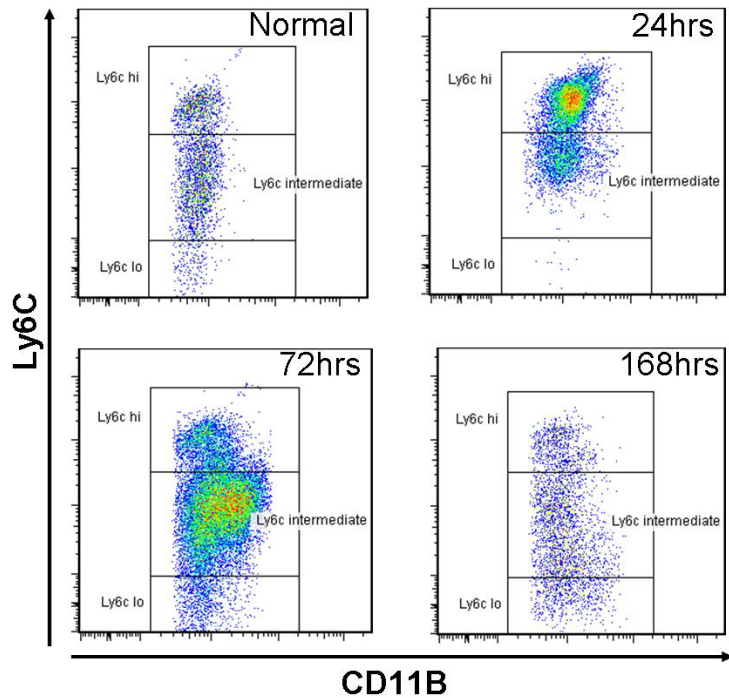
Treatment



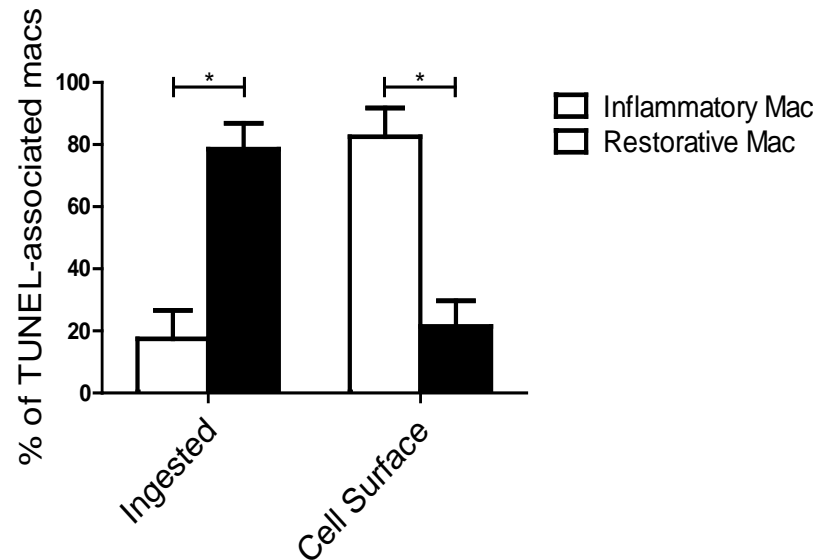
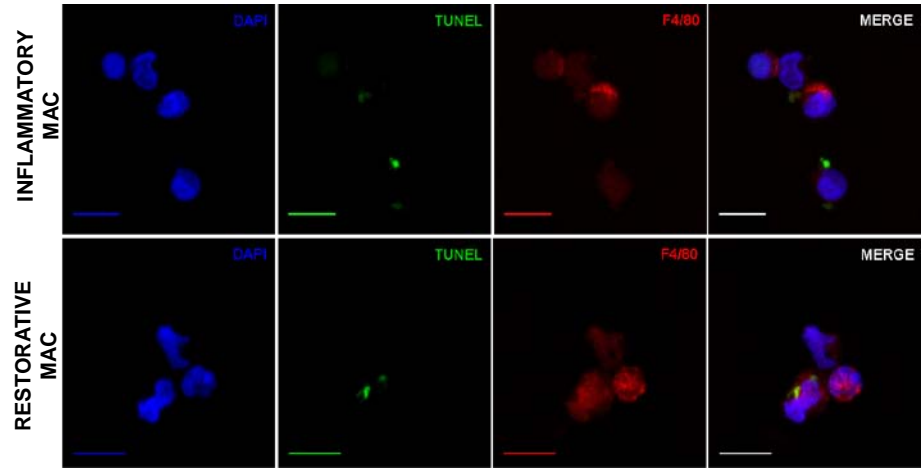
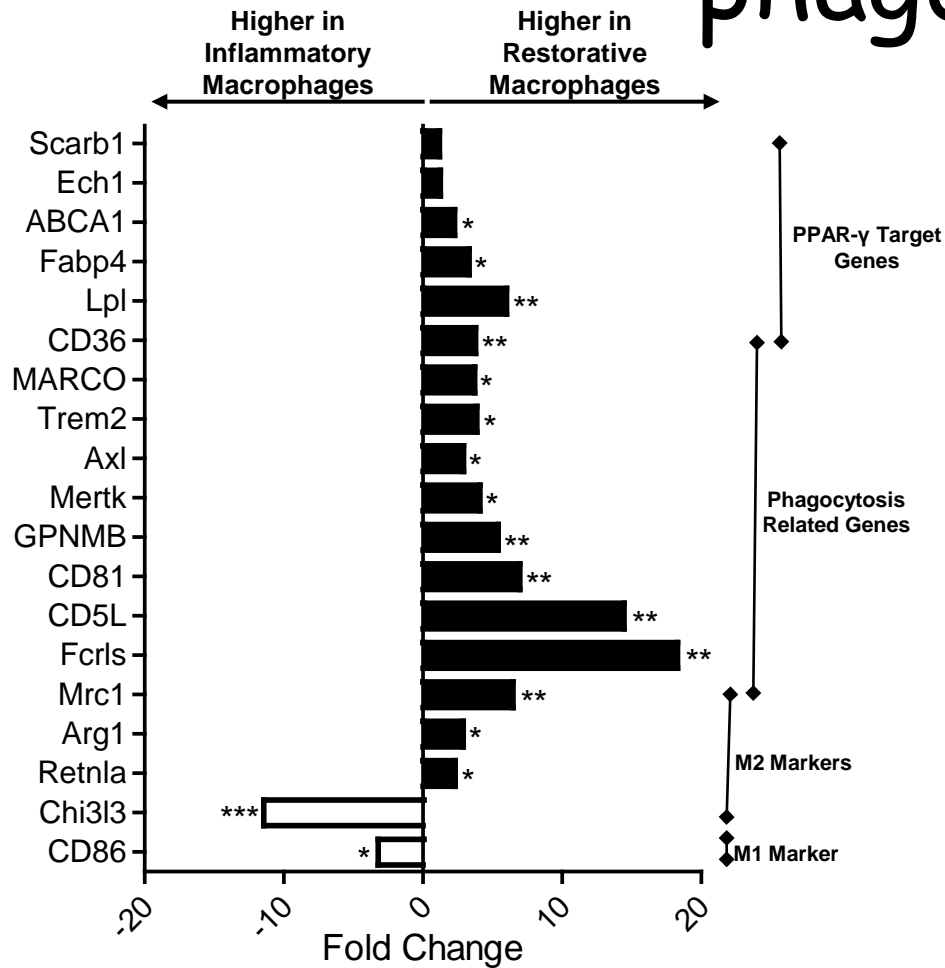
# Detailed Model of fibrosis Resolution



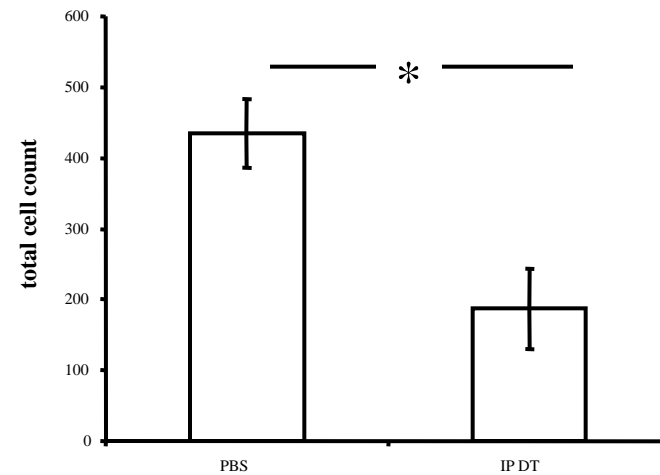
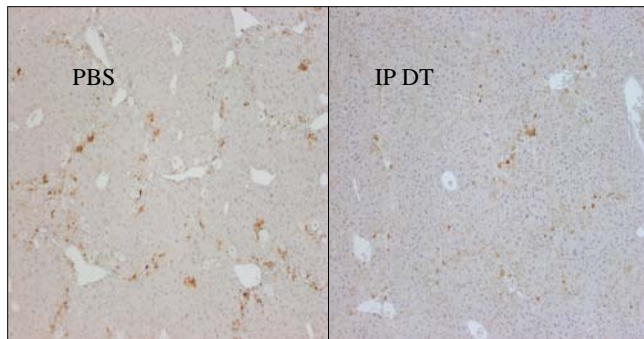
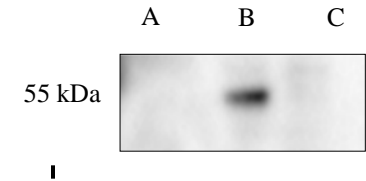
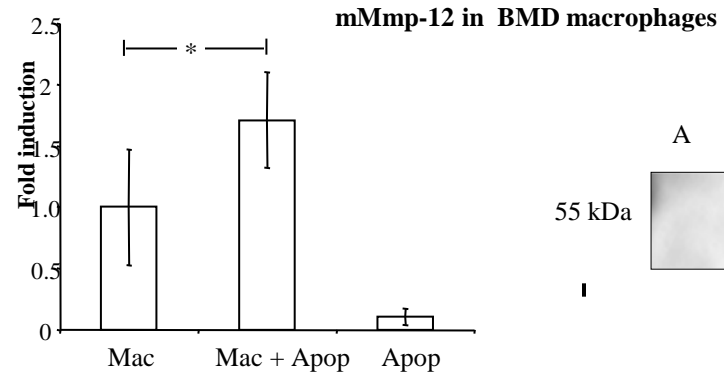
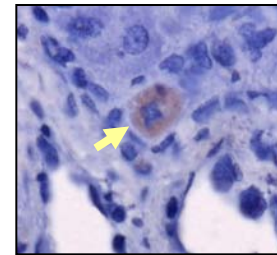
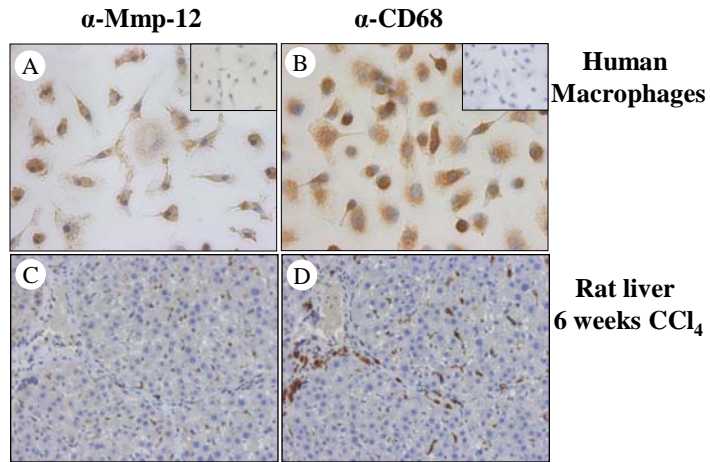
# Ly-6C<sup>int</sup> macrophages accumulate at time of scar resolution



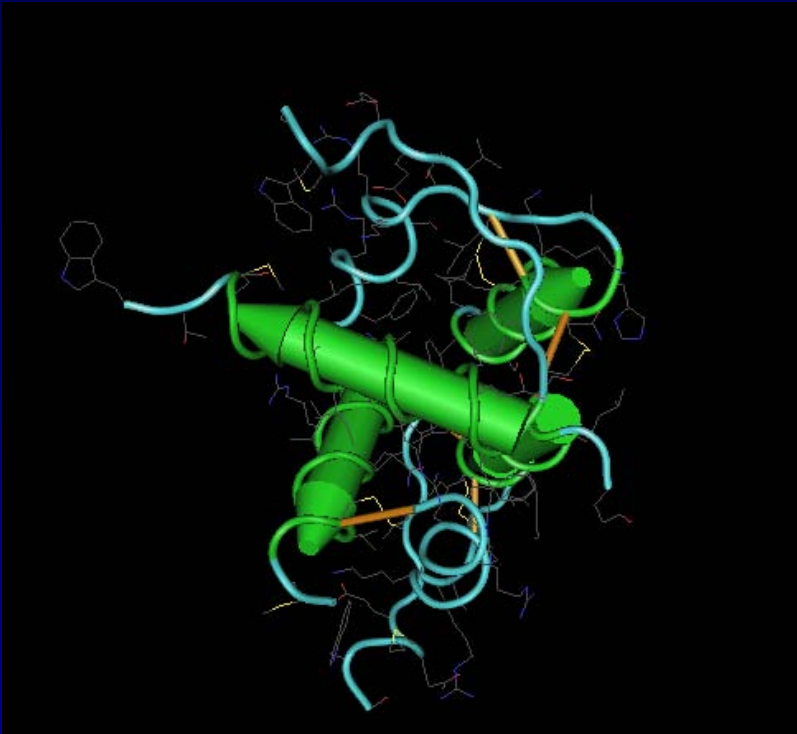
# Ly-6C<sup>int</sup> macrophages are post-phagocytic



# Macrophages are Major Source MMP-12



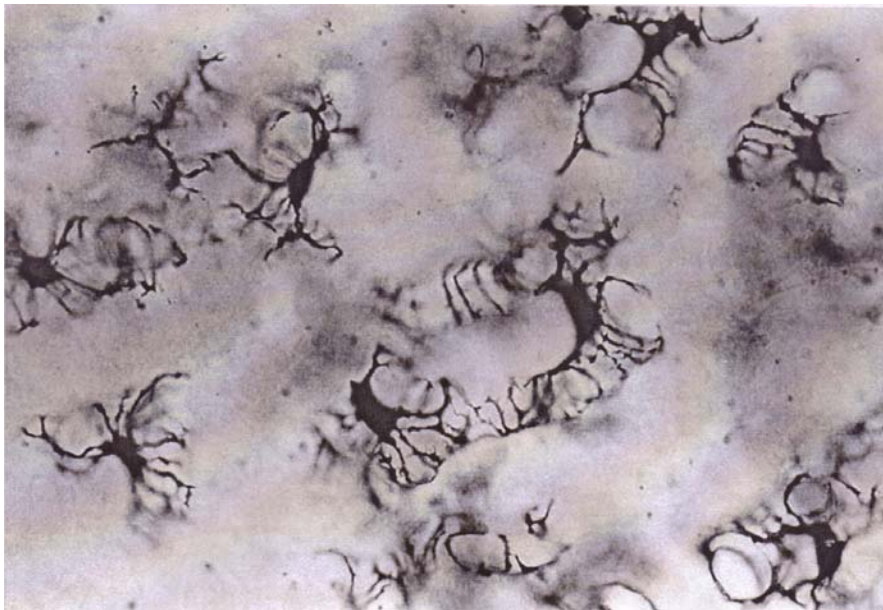
# Relaxin



- Relaxin is a hormone and was first described 75 years ago it has a specific function in pregnancy and birth
- Assist pregnancy maintenance, facilitate delivery and prepare the mammary gland for lactation
- Rlx=peptide, structurally similar to insulin
- Potentially other roles in non-pregnant females and males
- Ticks the boxes:
- Reduces TIMP, Scar Tissue and
- Accelerates scar breakdown.

# Active, dynamic component of PHT

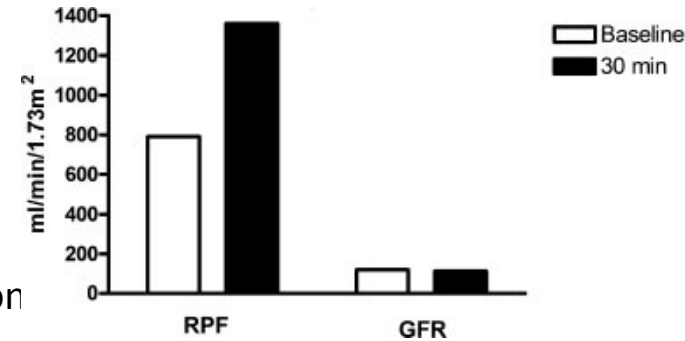
- Encircling the sinusoid, myofibroblasts (HSC-MFs) in scars contract
- HSC-MF density/ coverage of sinusoids enhanced in cirrhosis
- Cell contraction represents a dynamic contribution to PHT due to imbalance of vasoactive mediators
- **Potentially reversible/ modifiable by drugs**



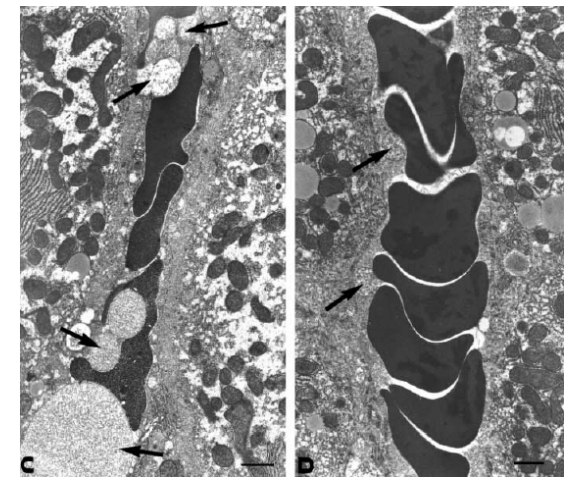
Agent	Effect	Proposed mechanism
Endothelin-1	Contraction	$[Ca^{2+}]_i$
Thrombin	Contraction	$[Ca^{2+}]_i$
Angiotensin II	Contraction	$[Ca^{2+}]_i$
Vasopressin	Contraction	$[Ca^{2+}]_i$
Adenosine	Contraction	$[Ca^{2+}]_i$ ?
Substance P	Contraction	$[Ca^{2+}]_i$
Leukotriene D <sub>4</sub>	Contraction	$[Ca^{2+}]_i$
PGF <sub>2</sub> /thromboxane	Contraction	$[Ca^{2+}]_i$
Lysophosphatidic acid	Contraction	Rho kinase
NO	Relaxation	cGMP
ANP	Relaxation	cGMP/ $[Ca^{2+}]_i$
Adrenomedullin	Relaxation	cAMP
Somatostatin	Relaxation	$[Ca^{2+}]_i$ /rho kinase?
Agents increasing cAMP/cGMP	Relaxation	cAMP/cGMP
PGI <sub>2</sub> /PGE <sub>2</sub>	Relaxation	cAMP
Y-27632 (rho kinase inhibitor)	Relaxation	Rho kinase

# Scientific rationale for use of relaxin in PHT

- Antifibrotic effect of RLN well established
  - Liver, lung, heart, kidney, skin fibrosis models
  - Serum relaxin levels ↑ in patients with cirrhosis
  - RLN receptor expressed in fibrotic rat/human liver
- Vasoactive effects of RLN ('anti-vasoconstrictor')
  - Vasodilatory responses in tissues, generally with preservation of MAP
  - Reduced myogenic activity in isolated human arteries
  - Attenuated vasoconstrictor response to Ang II
  - 47% ↑ RBF in male and female healthy volunteers
- RLN induced morphologic changes in hepatic (sinusoidal) microcirculation in normal rats
- RLN safe and generally well-tolerated in diverse human trials- **Is this dynamic HSC function an effective way to establish POC of RLX targeting in Hu Model?**
  - Scleroderma (up to 6 months), cervical ripening
  - Acute heart failure (Ph2 PRE-RELAX, Ph3 RELAX)



Smith M *et al.*, JASN 2006



Control

Relaxin

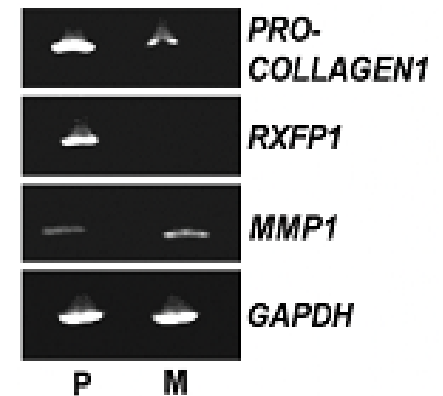
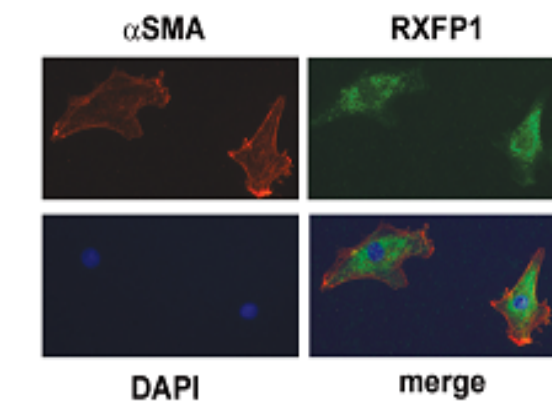
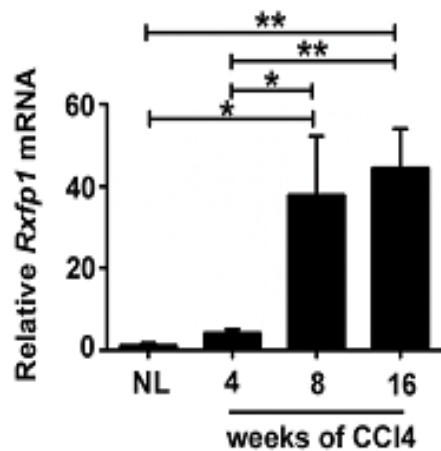
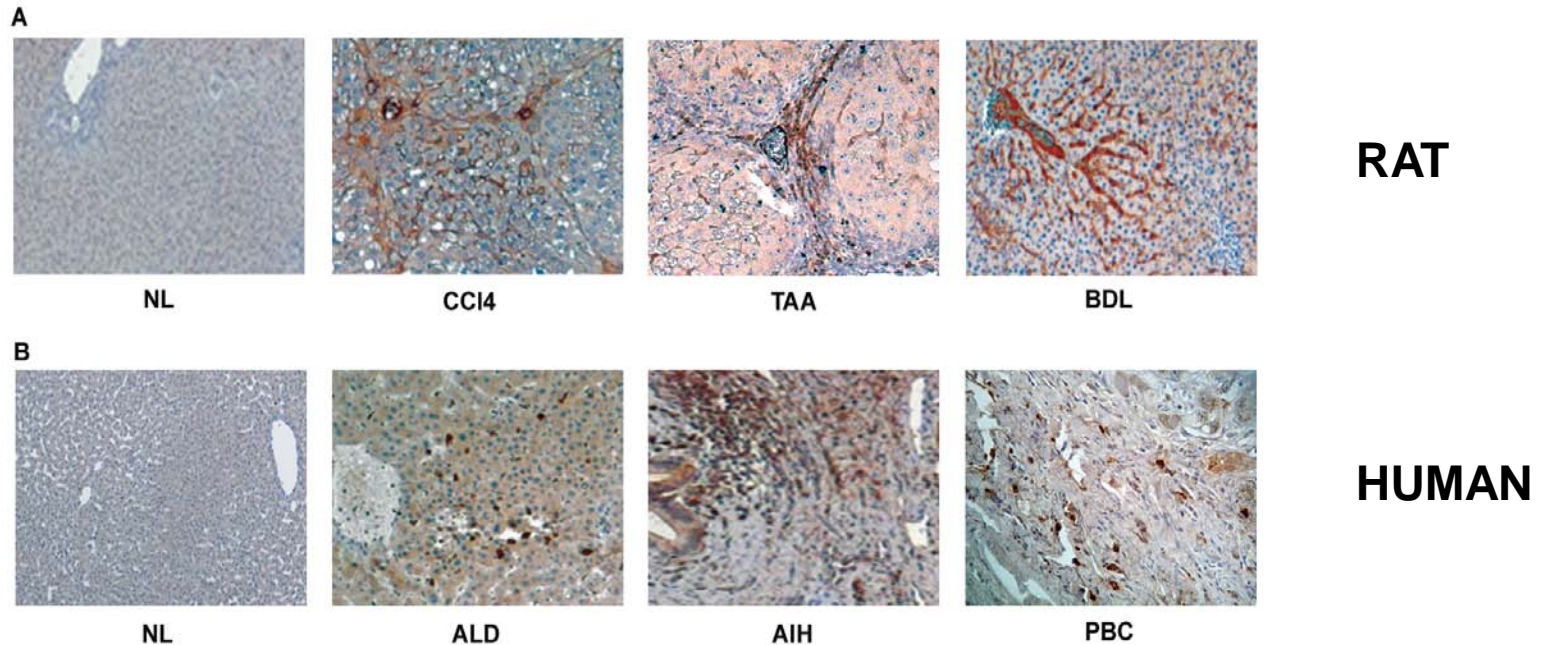
Bani D *et al.*, J Endocrinol 2000

# Hypothesis

- Relaxin can modulate the dynamic component of cirrhosis-related (sinusoidal) portal hypertension



# RXFP1 is expressed in rat and human cirrhosis and myofibroblasts are the major cellular source



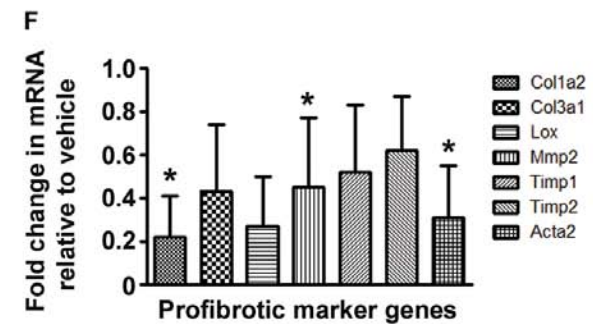
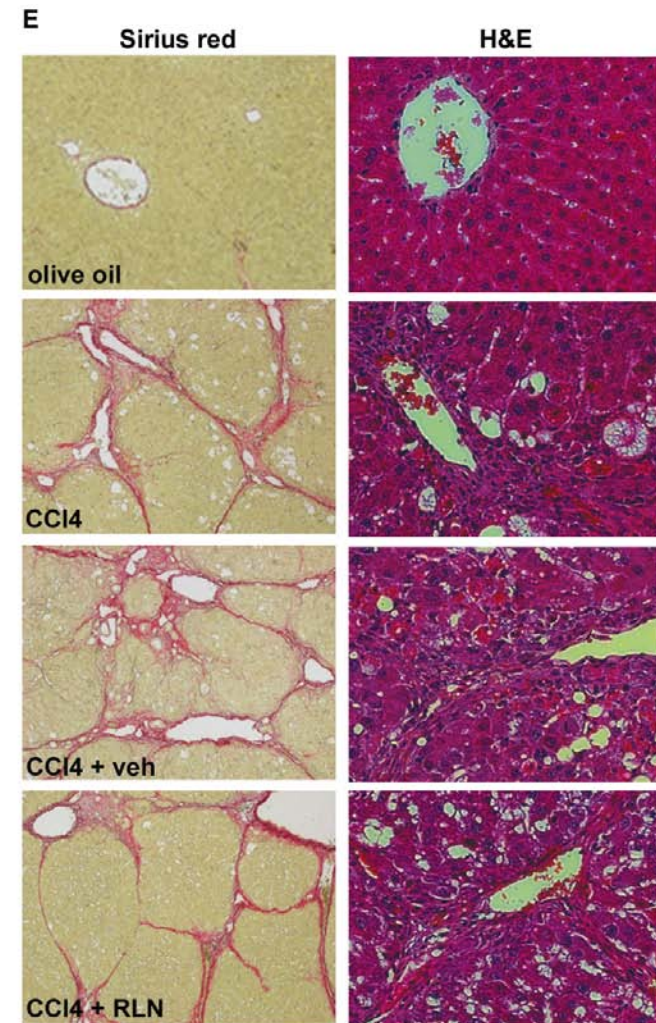
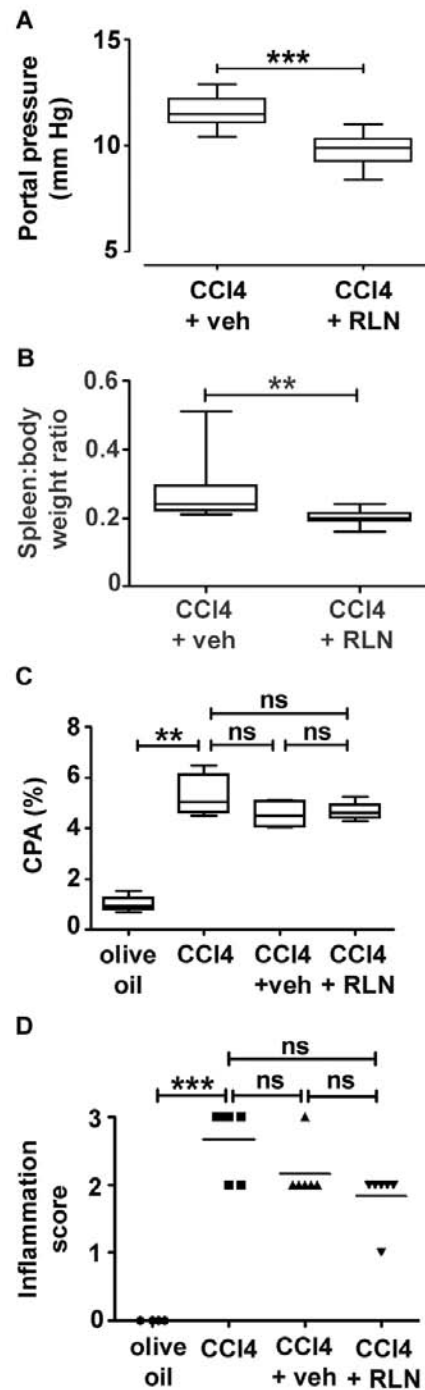
# Relaxin reduces portal pressure in experimental cirrhosis

8 weeks CCl<sub>4</sub> rat model of early cirrhosis

Relaxin or vehicle for 72 hours s.c. via osmotic minipump

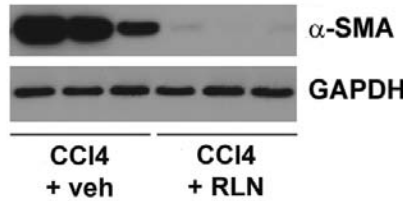
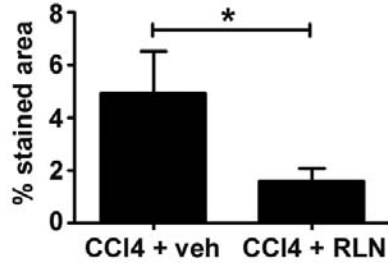
Reduction in PHT independent of fibrosis or inflammation

Key profibrotic marker genes down at gene level

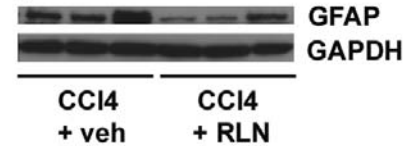
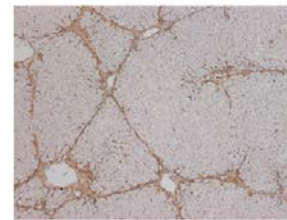
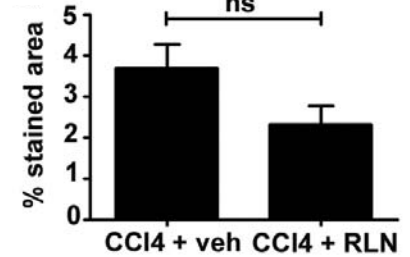
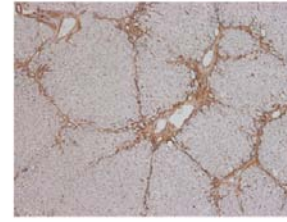


# Relaxin reduces cytoskeletal turnover and reduces cytoskeletal tension in liver fibrosis

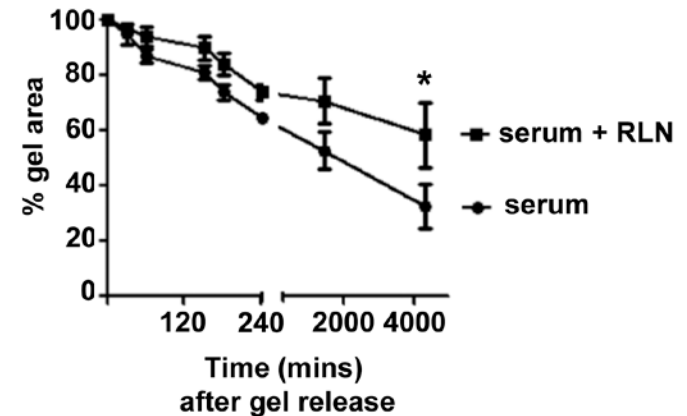
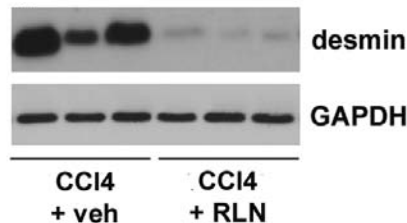
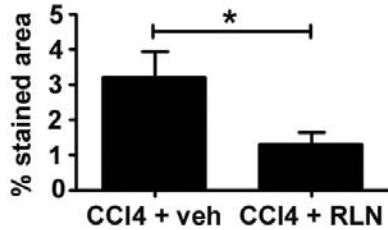
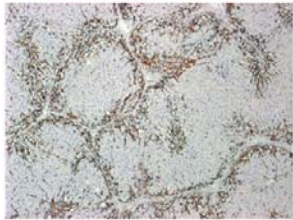
$\alpha$ -SMA



GFAP



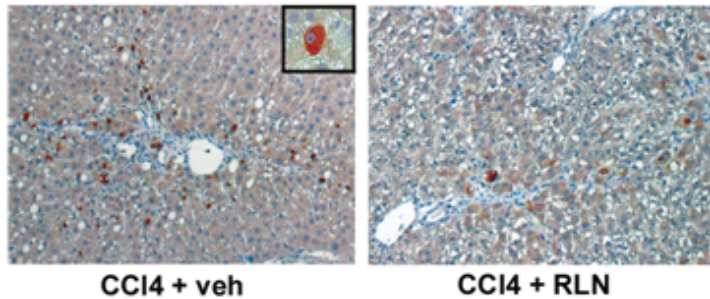
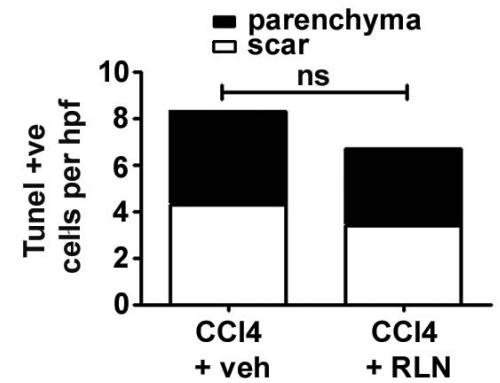
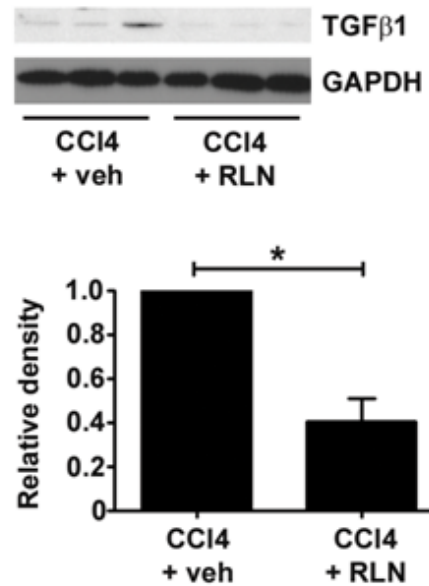
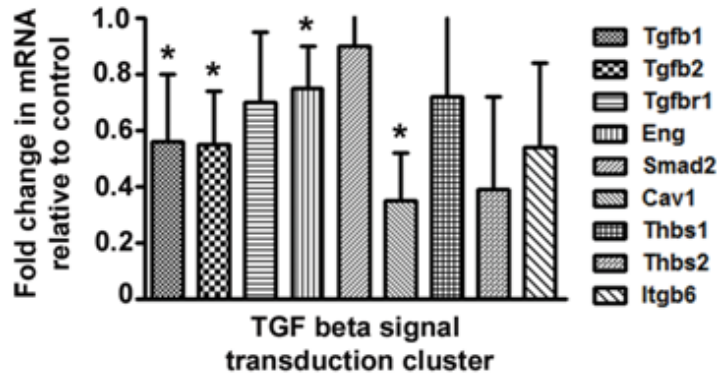
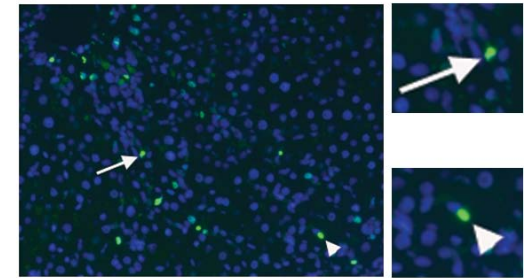
desmin



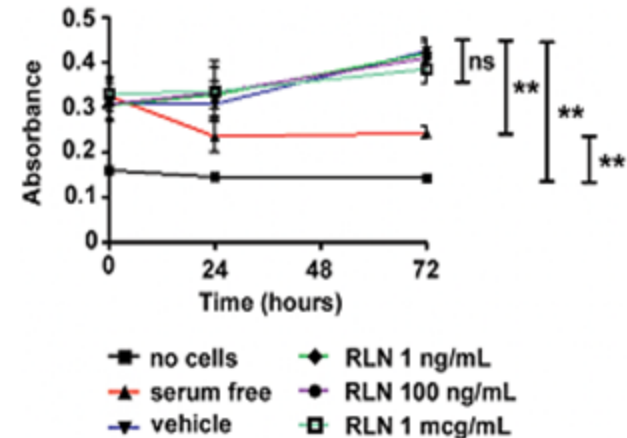
40%  $\downarrow$  gel area after RLN – effect abrogated by pretreatment with RXFP1 siRNA

# Relaxin regulates TGF $\beta$ pathway, but does not affect MFB numbers/viability

Tunel staining 8 week CCl<sub>4</sub> rat liver after 72 h RLN or vehicle



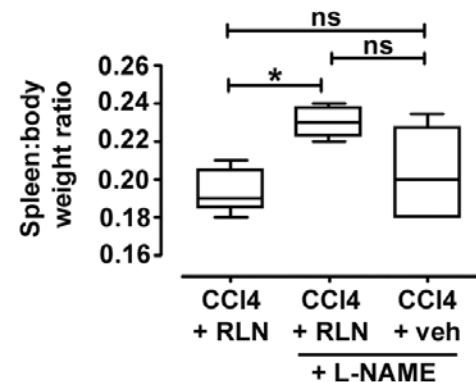
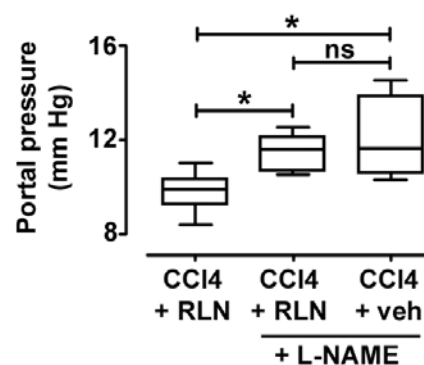
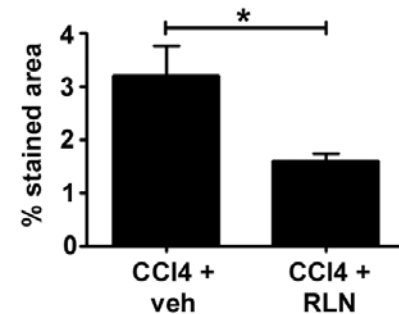
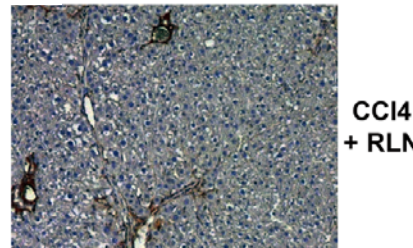
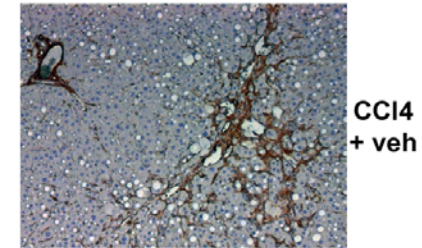
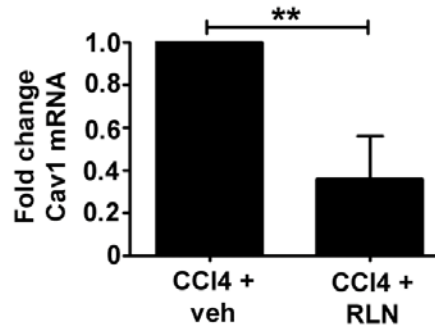
MTS assay: rat HSC-MFs



# Relaxin augments intrahepatic (but not systemic) NO and NO signaling pathway

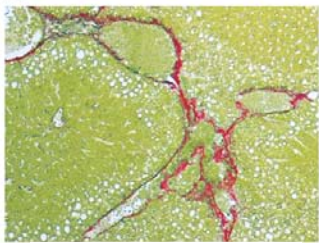
Relaxin downregulated Caveolin-1 gene and protein expression

Effect of relaxin on portal pressure abrogated by co-administration of NO synthase inhibitor L-NAME

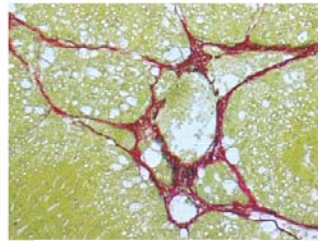


# Relaxin selectively reduces portal pressure in advanced cirrhosis models

## 16 weeks CCl<sub>4</sub>

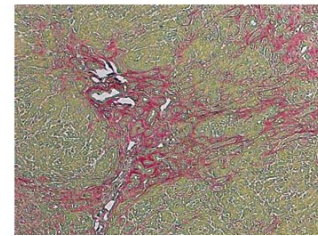


CCl<sub>4</sub> + veh

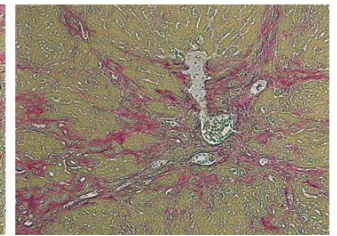


CCl<sub>4</sub> + RLN

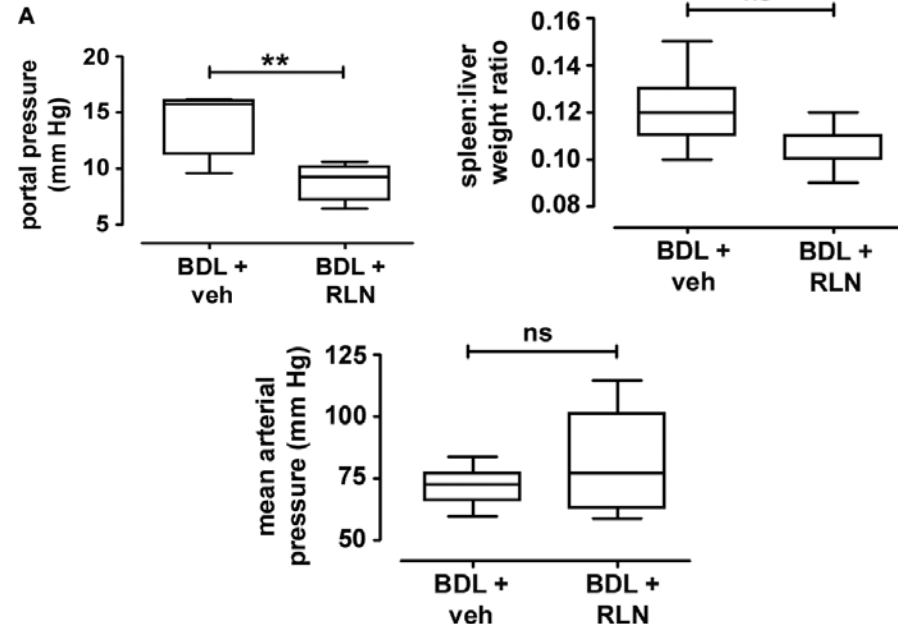
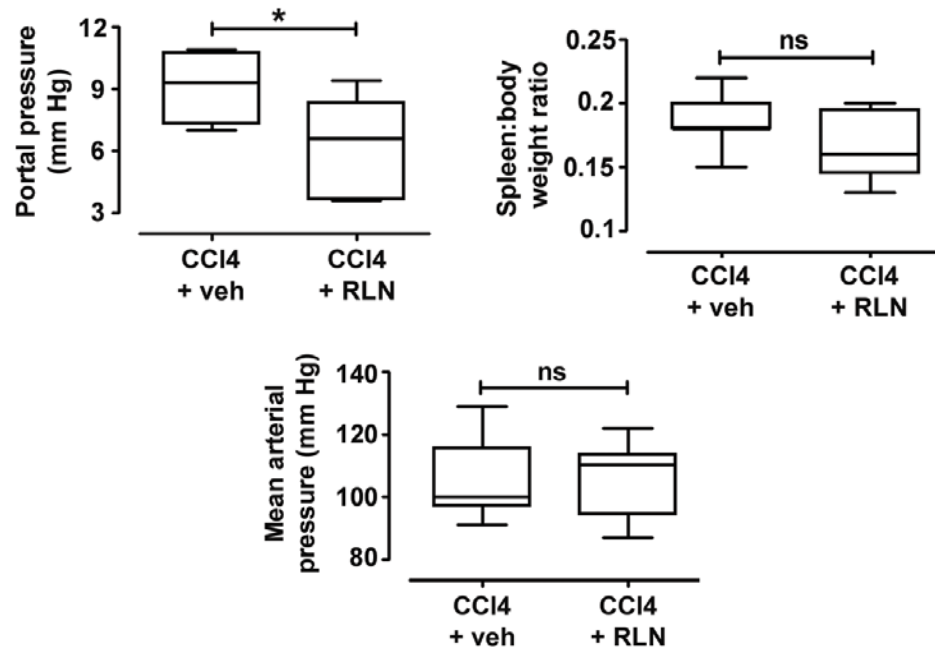
## 3 weeks bile duct ligation



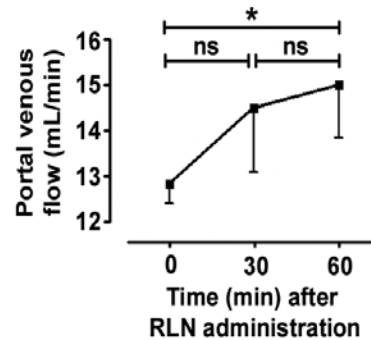
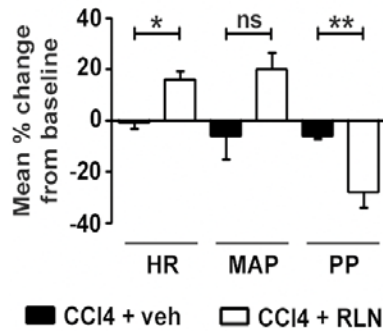
CCl<sub>4</sub> + veh



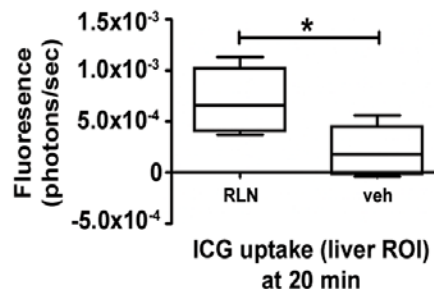
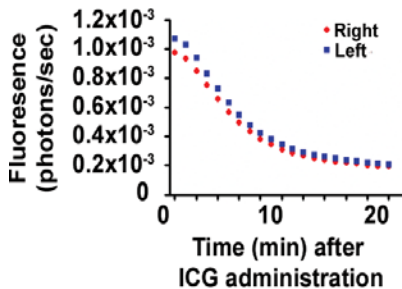
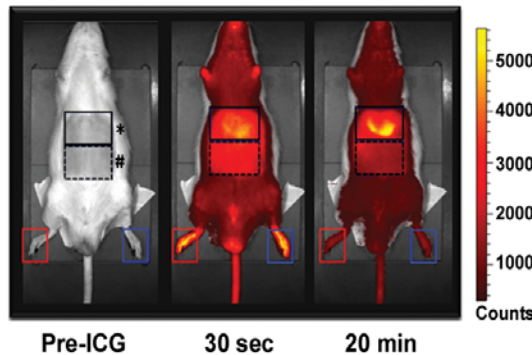
CCl<sub>4</sub> + RLN



# Acute i.v. relaxin administration reduces portal pressure, but sustains portal blood flow



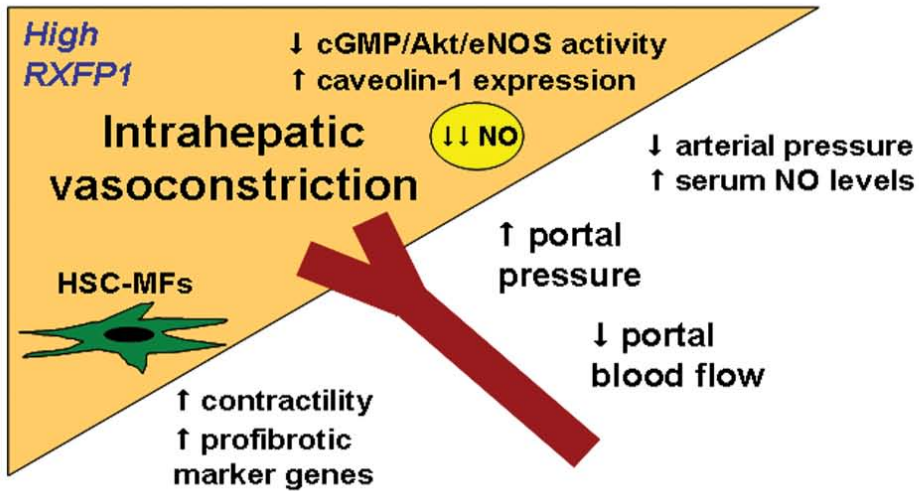
8 weeks CCl<sub>4</sub> rat: haemodynamic monitoring (HR, MAP, PP, PVBF) post i.v. RLN



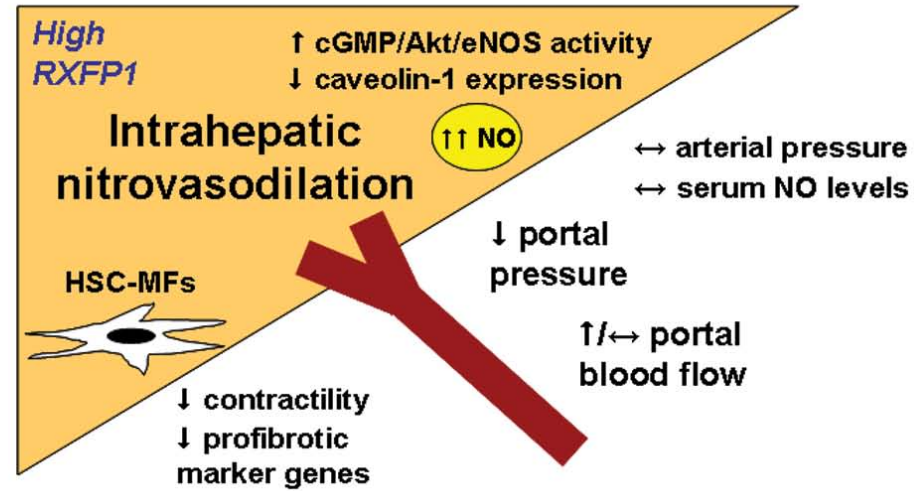
8 weeks CCl<sub>4</sub> rat: 30 min post i.v. RLN, ICG kinetics analysed over 20 min

# Summary

## Cirrhosis



## Cirrhosis + RELAXIN treatment







## Take Home Messages:

- Wound healing and fibrosis are generic mechanisms which demonstrate common attributes across a range of organs. Identified targets may well be valuable across organs
- The hepatic scar is dynamic with respect to both its cellular and matrix components and makes an excellent model to examine scar plasticity.
- The wound healing MFBs of the liver and the hepatic macrophages are key players in progressive and resolving fibrosis.
- Therapies targeting the TIMP/MMP balance and the dynamic functions of the wound healing MFB show promise not only in reducing fibrosis, but through alterations in contractility, portal pressure and other plastic attributes of scars.

# Acknowledgements

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  - J. Fallowfield
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and J Collins (Soton)



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