



The ESHRE view on PGS

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Chairman ESHRE Task Force PGS



Conflict of interest statement

I have no commercial and/or financial relationships with manufacturers of pharmaceuticals, laboratory supplies and/or medical devices.

PGD and PGS

PGD: ART used for genetic reasons

PGS: Genetic screening used to improve ART results

Different aims

- PGD aims at having a healthy child
- ART (and PGS) aim at having a child

UNESCO, 2003

ESHRE PGD Consortium Steering Committee

1997



ESHRE PGD Consortium - Aims

- To survey the availability of PGD
- To collect prospectively and retrospectively data on the accuracy, reliability and effectiveness of PGD
- To initiate follow-up studies of pregnancies and children born
- To produce guidelines and recommended PGD protocols
- To formulate a consensus on the use of PGD
- To educate in the science of genetics and reproduction

Data Collection – 13 years

1. ESHRE Preimplantation Genetic Diagnosis (PGD) Consortium (1999). Preliminary assessment of data from January 1997 to September 1998 ESHRE PGD Consortium Steering Committee. Human Reproduction, 14: 3138-3148.
2. ESHRE PGD Consortium Steering Committee (2000) ESHRE Preimplantation Genetic Diagnosis (PGD) Consortium: data collection II (May 2000). Hum. Reprod. 15, 2673-2683.
3. ESHRE PGD Consortium Steering Committee (2002) ESHRE Preimplantation Genetic Diagnosis (PGD) Consortium: data collection III (May 2001), Hum Reprod., 17, 233-246.
4. Sermon, K., Moutou, C., Harper, J., Geraedts, J., Scriven, P., Wilton, L., Magli, M.-C., Michiels A, Viville, S., De Die, C. (2005) ESHRE PGD Consortium data collection IV: May-December 2001, Human Reproduction, 20(1):19-34.
5. Harper, J.C, Boelaert, K, Geraedts, J., Harton, G., Kearns, WG, Moutou, C., Muntjewerff, N., Repping, S, SenGupta, S, Scriven, P.N., Traeger-Synodinos, J, Vesela, K, Wilton, L, Sermon, K.D. (2006) ESHRE PGD Consortium data collection V: Cycles from January to December 2002 with pregnancy follow-up to October 2003, Human Reproduction, 21, 3-21
6. Sermon, K.D, Michiels, A, Harton, G, Moutou, C, Repping, S, Scriven, P.N, SenGupta, S, Traeger-Synodinos, J, Vesela, K, Viville, S, Wilton, L, Harper, J.C (2007) ESHRE PGD Consortium data collection VI: Cycles from January to December 2003 with pregnancy follow-up to October 2004, Hum Reprod. 22(2):323-36
7. Harper, J.C, De Die, C, Goossens, V, Harton, G, Moutou, C, Repping, S, Scriven, P., SenGupta, S., Traeger-Synodinos, J., Viville, S., Wilton, L., Sermon, K.D. (2007) ESHRE PGD Consortium data collection VII Cycles from January to December 2004 with pregnancy follow-up to October 2005. Hum Reprod
8. Goossens, V, Harton, G, Moutou, C, Scriven, PN, Traeger-Synodinos. J, Sermon, K, Harper, JC (2008) ESHRE PGD Consortium data collection VIII: Cycles from January to December 2005 with pregnancy follow-up to October 2006, Human Reproduction, 23(12):2629-45.
9. Goossens, V, Harton, G, Moutou, C, Traeger-Synodinos, J, Van Rij, M and Harper, JC (2009) ESHRE PGD Consortium data collection IX: cycles from January to December 2006 with pregnancy follow-up to October 2007

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Data Collection I (January 1997- September 1998)

- The group indicated as 'aneuploidy risk' consists of patients with previous trisomy or triploidy pregnancies, age related aneuploidy or recurrent abortion.

Data Collection II (October 1998 – May 2000)

- Aneuploidy screening
- Comprised a variety of indications among which maternal age predominates. Other reasons included in this group were:
 - Repeated IVF failure
 - Recurrent spontaneous abortion

Data Collection III (May 2001)

- PGD-Aneuploidy screening (PGD-AS)
- The following groups were identified;
 - Age > 35 years
 - Recurrent IVF failure (at least 3 failed IVF attempts)
 - More than 2 miscarriages with the parents having a normal karyotype
 - Other

Data Collection IV (May – December 2001)

- The data is split up into PGD for high-risk situations and PGS

PRENATAL DIAGNOSIS

Prenat Diagn 2001; 21: 1086–1092.

DOI: 10.1002/pd.249

Preimplantation genetic diagnosis (PGD), a collaborative activity of clinical genetic departments and IVF centres

Joep P. M. Geraedts^{1*}, Joyce Harper², Peter Braude³, Karen Sermon⁴, Anna Veiga⁵, Luca Gianaroli⁶, Noelle Agan⁷, Santiago Munné⁸, Sue Gitlin⁹, Elisabeth Blenow¹⁰, Kylie de Boer¹¹, Nicole Hussey¹², Emmanuel Kanavakis¹³, Soo-Huan Lee¹⁴, Stéphane Viville¹⁵, Lewis Krey¹⁶, Pierre Ray¹⁷, Serena Emiliani¹⁸, Yung Hsien Liu¹⁹ and Stefan Vermeulen²⁰

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13 out of 20 centres offered PGS

ESHRE PGD Consortium ‘Best practice guidelines for clinical preimplantation genetic diagnosis (PGD) and preimplantation genetic screening (PGS)’

A.R.Thornhill^{1,12}, C.E.deDie-Smulders², J.P.Geraedts², J.C.Harper³, G.I.Harton⁴, S.A.Lavery⁵, C.Moutou⁶, M.D.Robinson⁷, A.G.Schmutzler⁸, P.N.Scriven⁹, K.D.Sermon¹⁰ and L.Wilton¹¹

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Among the many educational materials produced by the European Society of Human Reproduction and Embryology (ESHRE) are guidelines. ESHRE guidelines may be developed for many reasons but their intent is always to promote best quality practices in reproductive medicine. In an era in which preimplantation genetic diagnosis (PGD) has become a reality, we must strive to maintain its efficacy and credibility by offering the safest and most effective treatment available. The dominant motivators for the development of current comprehensive guidelines for best PGD practice were (i) the absence of guidelines and/or regulation for PGD in many countries and (ii) the

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Inclusion criteria for PGS:

- Recurrent miscarriage
- Repeated implantation failure
- Advanced maternal age (> 36 years completed years)

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FISH based diagnosis

PGS (*aneuploidy screening*)

For aneuploidy screening a robe set of at least 5 chromosome pairs from 13, 14, 15, 16, 18, 21, 22, X and Y is **recommended**.

Diagnosis on a single mononucleate cell is **acceptable** for PGS.

At least 10 RTCs on blastomeres

- Good prognosis patients: Jansen *et al.*, 2008; Mersereau *et al.*, 2008; Staessen *et al.*, 2008; Meyer *et al.*, 2009.
- Poor prognosis patients: Staessen *et al.*, 2004; Stevens *et al.*, 2004; Debrock *et al.*, 2007; Mastenbroek *et al.*, 2007; Hardarson *et al.*, 2008; Schoolcraft *et al.*, 2009.
- These studies have all shown that PGS has not improved the delivery rate compared to a control group, and some of these studies have shown harm or had to be terminated prematurely.

Explanations

- Not all chromosomes were tested;
- The biopsied blastomere is not a true representation of the embryo at the 8-cell stage because of mosaicism;
- The biopsy procedure might cause harm and negative influences on the developmental potential of the biopsied embryo.

Positions

- *American Society of Reproductive Medicine (ASRM);*
- *British Fertility Society (BFS);*
- *European Society of Human Reproduction and Embryology (ESHRE):*

have concluded that PGS as it is currently practiced does not improve the live birth rates in patients with advanced maternal age.

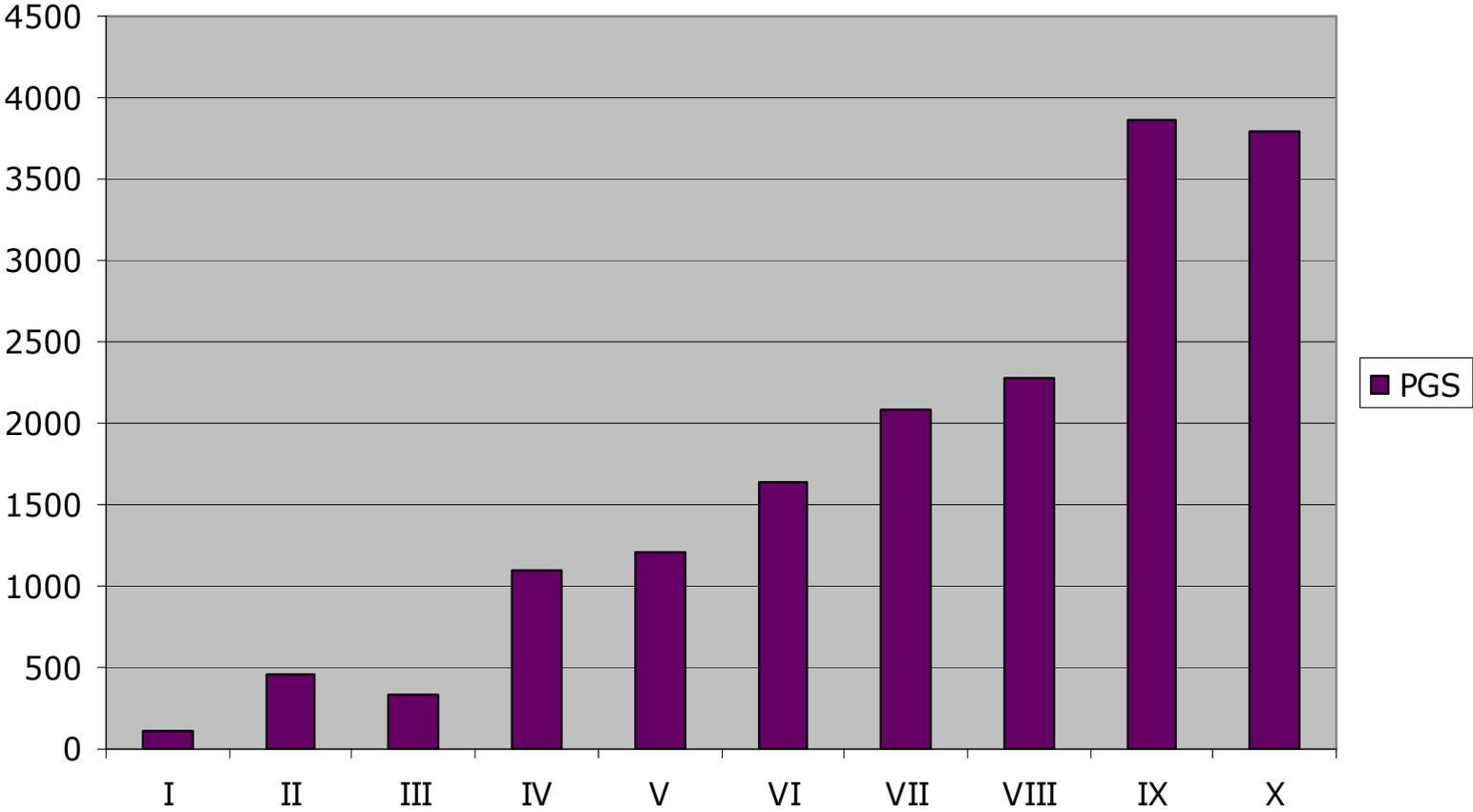
ESHRE PGD Consortium-Best Practice Guidelines for Organization of a PGD Center for Preimplantation Genetic Diagnosis/Screening (PGD/PGS)

Harton, G, Braude, P, Lashwood, A, Schmutzler, A, Traeger-Synodinos, J, Wilton, L, and Harper, JC

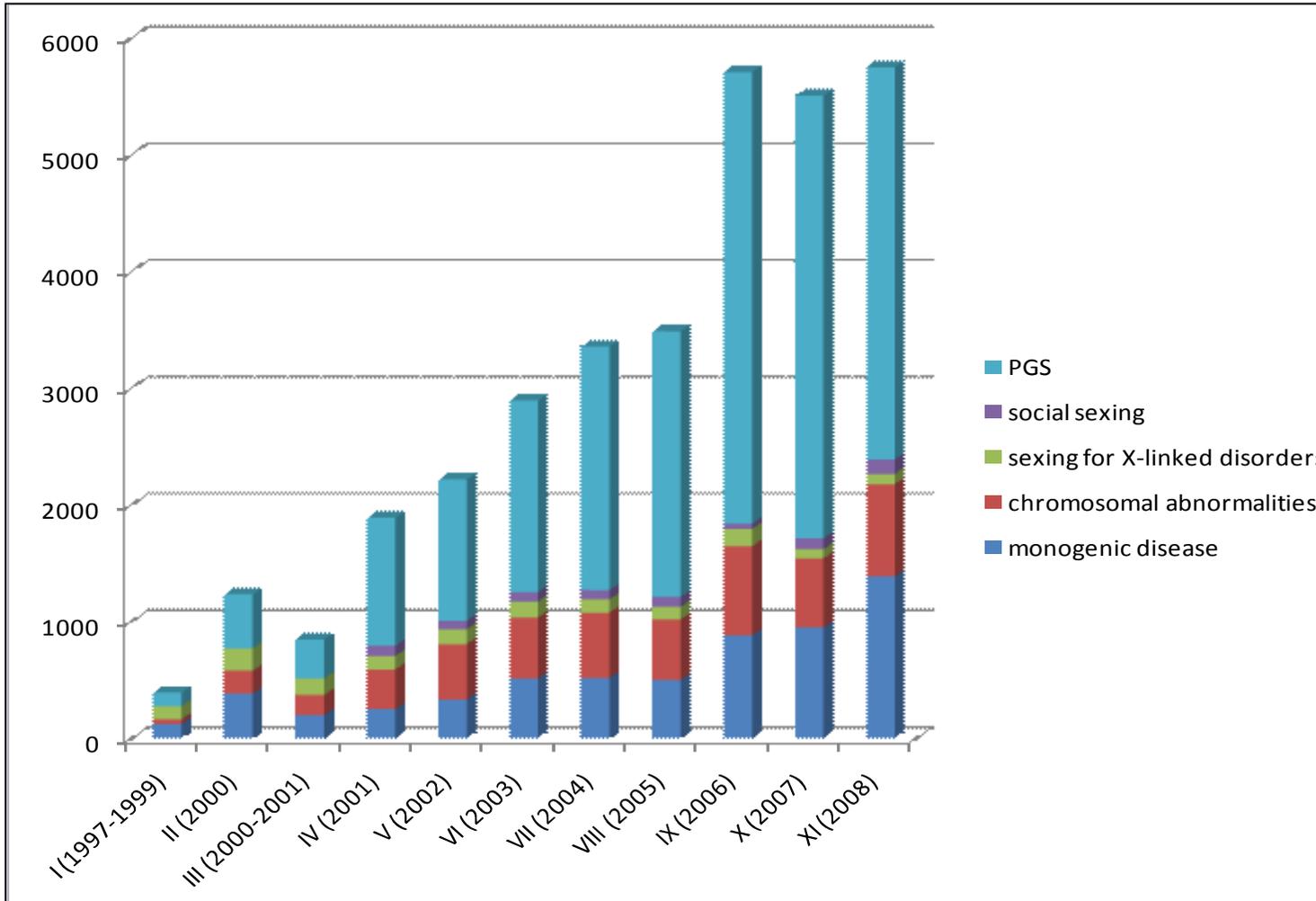
- Preimplantation genetic screening (PGS) is currently controversial. Opinions of laboratory specialists and clinicians interested in PGD and PGS have been taken into account in this document. While current evidence suggests that PGS at cleavage stages may be ineffective, there are still questions as to whether PGS at the blastocyst stage or on polar bodies might show improved delivery rates.

From document at the ESHRE website

Evolution of cycle data (I)



Evolution of cycle data (II)



Alternatives

- Trophectoderm biopsy:
 - Advantages: both maternal and paternal abnormalities can be studied and it does not touch the future embryo.
 - Disadvantages: not very much time available for the analysis, there is mosaicism, be it less than at the 8-cell stage. The trophectoderm might not be representative for the inner cell mass.
- Polar body biopsy:
 - Advantages: No mosaicism. Does not touch the future embryo. Allowed in Germany, Austria and Switzerland.
 - Disadvantage: Only maternal abnormalities.

Origin of non-disjunction in human autosomal trisomies

Chromosome	#Cases	Maternal (%)	Paternal (%)
13	42	37 (88.1)	5 (11.9)
15	17	15 (88.2)	2 (11.8)
16	56	56 (100.0)	0 (0.0)
18	176	161 (91.5)	15 (8.5)
21	880	805 (91.5)	75 (8.5)

Adapted from Nicolaidis & Petersen (1998)

ESHRE PGS task force (established 2007)



Human Reproduction, Vol.25, No.3 pp. 575–577, 2010

Advanced Access publication on December 23, 2009 doi:10.1093/humrep/dep446

human
reproduction

DEBATE

What next for preimplantation genetic screening? A polar body approach!

Joep Geraedts^{1,11}, John Collins², Luca Gianaroli³, Veerle Goossens⁴, Alan Handyside⁵, Joyce Harper⁶, Markus Montag⁷, Sjoerd Repping^{8,9}, and Andreas Schmutzler¹⁰

Aims of ESHRE PGS study

- to show that the analysis of both polar bodies can be completed within a time period that allows for fresh transfer;
- to ensure the reliable identification of the chromosomal status of an oocyte in at least 90% of polar body biopsy attempts;
- to test the feasibility of a multicentre randomized trial based on the technology used in the pilot study.

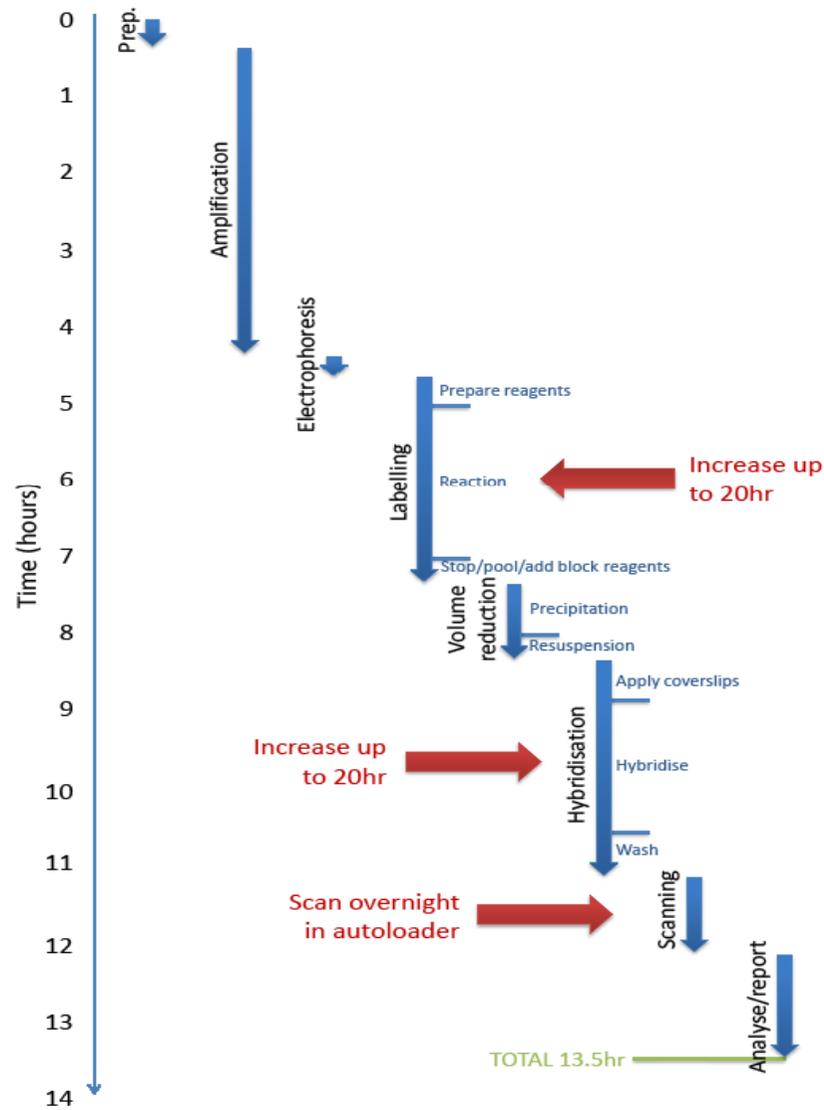
Aims of proof of principle study

- to show that the analysis of both polar bodies can be completed within a time period that allows for fresh transfer;
- to ensure the reliable identification of the chromosomal status of an oocyte in at least 90% of polar body biopsy attempts;
- to test the feasibility of a multicentre randomized trial based on the technology used in the pilot study.

Materials & Methods

- Two centres (Bologna and Bonn)
- All mature metaphase II oocytes fertilised by ICSI
- First and second polar body biopsied simultaneously
- Both polar bodies analysed separately for chromosome aneuploidy by array CGH (24sure; BlueGnome)

Protocol timings



Patient characteristics

Number of patients	41
Number of cycles	42
Average age	40.0
Average number of zygotes	5.5
Total number of zygotes	226

Results (predicted oocytes)

Total number biopsied	226	
Total number result PB1 and 2	191	85%
Euploid	43	23%
Aneuploid	148	77%

Concordance analysis

- Concordance rate ploidy status 89%
- 125/140 oocyte - PB 1 and 2 combinations concordant
- 15/140 oocyte - PB 1 and 2 combinations discordant
- All discordant cases aneuploid PBs and a normal chromosomal complement in the oocyte

Clinical results

19/42 cycles (45 %) only aneuploid oocyte

23/42 cycles with ≥ 1 euploid oocyte

Cycles with fresh transfer 23

Transfers total 24

Pregnancy (+hCG) 9

Clinical pregnancy 8

Ongoing pregnancy rate per cycle: 19 %

Ongoing pregnancy rate per transfer: 33.3 %

Conclusions

- This is the first critical assessment of 23 chromosome testing of PB 1 + 2 and oocyte using array CGH;
- It has been shown that the analysis of both polar bodies can be completed within 12-13 hours and allows for fresh transfer;
- The reliable identification of the chromosomal status of an oocyte is possible in almost 90% of polar body biopsy attempts;
- The feasibility of a multicentre randomized trial based on the technology used in the pilot study should be tested.

Acknowledgements

Steering Committees from 1997 to 2010



Markus Montag
Cristina Magli
Sjoerd Repping
Alan Handyside
Catherine Staessen
Katerina Vesela

ESHRE PGS Task Force



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